

The BEACON

Tuesday, September 28, 2010

THE NEWS OF TODAY REPORTED BY THE JOURNALISTS OF TOMORROW

Volume 63 Issue 3

FRIENDS
DONATE
HAIR
LIFE | PAGE 10



Campus vehicles left vulnerable, cars broken into

BY CHRISTINE LEE
Staff Writer

Several students with cars on campus, as well as those in the surrounding community, have reported items of value stolen from their vehicles.

Public Safety Manager Jerry Rebo said that these break-ins have been reported for over a little over a month, and the most common items that have been reported stolen have been GPS systems, stereos, loose change and other valuable items, such as cameras.

The most common areas that the break-ins have occurred have been the parking lot of the Student Center. Most of the break-ins have been reported in the late afternoon and early evening. The Public

Square parkade, the Ramada and the King's College parking lot are other areas in Wilkes-Barre where car owners have also reported their vehicles broken into.

"There have been over 500 break-ins all over the city. King's had 13 cars broken into in one day. There were four on [last] Saturday [in the Public Square] where you park for shows," Rebo said.

Rebo also says that most of the break-ins aren't done by breaking windows, but by the suspect(s) reaching through a cracked window or door left unlocked.

"[In] 25 to 30 percent [of the cases], the doors are open and/or the windows are down and in the other ones the windows are broken," said Rebo. "The windows have been left down on the hot days and they

SEE BREAK-INS, Page 5



The Beacon/Allison Roth

Due in part to a lack of discretion, valuable items have recently been stolen from vehicles on campus.

Students not completing aid process, not receiving funds

E-mails stating information of an outstanding balance ignored by recipients

BY CATHRYN FREAR
News Editor

Wilkes students aren't receiving their full financial aid because they aren't completing new tasks and verification audits implemented by the federal government.

Joe Alaimo, director of financial aid, said that the main reason for this is that students aren't checking their portals.

"We've been sending out notifications about this issue electronically," Alaimo said. "However, for

one reason or another, students just aren't checking or are ignoring the notifications and then aren't receiving their aid."

The verification process is done through financial aid in the UCOM. Students are asked to bring in forms such as their and their parents' tax forms.

"The department of education selects a certain number [30 percent] of students to verify and make sure that that information on the FAFSA is accurate," Alaimo said. "A lot of [the process] is tracking, where it's asking for copies of

tax returns, W2s, the verification form...in order for us to finish up our paperwork so we can get those funds paid."

The financial aid department has not tried to reach out any other way other than electronically. Alaimo said that this is because e-mail is the easiest way to reach a large number of students.

"There really is no more efficient way," Alaimo said. "But the problem is that students aren't looking."

The other major issue that the financial aid department is facing

is the new regulations recently put into place by the Obama administration.

Without the completion of the new master promissory notes, students will not receive their full financial aid from the government.

Alaimo went on to say that the financial aid department started to work on the issue straight away in March, after the bill had passed.

"Now that we've gone into a new loan program, due to the federal government regulations that everybody had to complete a new master promissory note and we have stu-

dents who haven't done that, yet," Alaimo said.

He continued, "If they don't complete that master promissory note, and fully complete it where they get a confirmation that it's done, the loans aren't going to pay onto the students' accounts and reduce their balance."

While it does say in students' portals what the balance on their account is, Alaimo said that is another thing that students are not checking.

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Opinion Pages 6-9

Internet addiction

People are spending too much time on the Internet and should be more aware of the potential for addiction.

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Life Pages 10-12

Club Corner: SAM

Co-presidents, Lindsey Fernald and Miranda Bonetsky discuss The Society for Advancement of Management.

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Arts & Entertainment Pages 13-15

Funny man Kevin Hart

Hart is performing a new routine at Wilkes on Thursday, Sept. 30 at 9 p.m. in the Marts gym.

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Sports Pages 16-20

Athlete Spotlight: Hallowell

Taryn Hallowell had her fourth career hat trick in the Lebanon Valley game.

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Beacon Briefs

BY JACQUELINE LUKAS
Editor-in-Chief

PARTY ON THE SQUARE – Wilkes University won the 2010 Collegetown Cup at this year's Party on the Square. King's College has won every year since the first event in 2008. Wilkes University beat King's College in the attendance, banner, mascot, pizza eating and mechanical bull-riding competitions. The cup is on display in the Student Government office.

BLOOD DRIVE – The American Red Cross will host a blood drive on Sept. 29 from 10 a.m. to 4:30 p.m. in the Henry Student Center Ballroom. The Red Cross will be accepting regular blood donors and double red blood donors. If interested in signing up to donate contact Megan Boone at community.service@wilkes.edu or call at 408-5905.

U.S. ARMY RECRUITER – There will be a recruiter from the U.S. Army in the HSC Lobby on Sept. 30 from 11 a.m. to noon and a presentation from noon to 12:50 p.m.

KEVIN HART TICKETS – Tickets for comedian Kevin Hart will be on sale Monday through Friday from 10 a.m. until 8 p.m. in the Henry Student Center. The show will be on Thursday in the Marts Center. Doors will open at 8 p.m. and the show starts at 9 p.m. Tickets prices are as follows: students, \$10; faculty and staff, \$15; general public, \$20.

BRAS ACROSS THE BRIDGE – The third annual Bras Across the Bridge will be held Saturday, Oct. 2 from 10 a.m. to 12 p.m. in Kirby Park. A table will be set up in the HSC from Sept. 24 until Oct. 1 to collect bras to hang from Kirby Park from end to end. There is a \$5 donation with each bra collected.

FOOD DRIVE – The office of Campus Interfaith will be hosting a food drive called "Replenish the Pantry" from Sept. 27 to Oct. 4. Donations can be dropped off in the Campus Interfaith office, HSC Room 204. Campus Interfaith is pasta and sauce, soup, tuna fish, canned fruit, macaroni and cheese, canned pastas and packaged cookies or crackers.

INTRAMURALS – Intramural sports began yesterday. A meeting for flag football will be held at 11:15 a.m. Sept. 28 in the Marts Center, Room 15B. A soccer meeting will be at 11:30 a.m. Sept. 28 in the Marts Center, Room 15B. For more information, contact neal.biscaldi@wilkes.edu.

WORKSHOPS BY CAMPUS COUNSELING – Campus Counseling will host workshops on building relationships every Wednesday evening from 5 to 6:30 p.m. on Sept. 15-29 from on the first floor of Pas-san Hall. Susan Biskup, M.A., NCC will administer the workshop, which will include information about managing relationships and finding relationships. Anyone interested in attending should contact susan.biskup@wilkes.edu.

CROSS-COUNTRY VOLUNTEERS – Volunteers to direct runners through the course for the Homecoming cross-country race are needed on Oct. 2. Interested students should contact nicholas.wadas@wilkes.edu.

TOMS STYLE YOUR SOLE – TOMS shoes, in conjunction with Wilkes University, is selling shoes for \$44. For every pair of shoes purchased, TOMS shoes gives a pair to a child in need. Order forms are located in Weckesser Hall and can be picked up Monday through Friday. Shoes must be ordered by Oct. 4. Shoes will arrive on campus and there will be a "Style Your Sole" event to

design your shoes. The event will be held on Oct. 26 from 4:30 p.m. to 7:30 p.m. in the Henry Student Center.

POLISH HERITAGE SCHOLARSHIP – The Polish Room Committee Scholarship and Judianne Stanitski Scholarship are accepting applications from Luzerne County students. To be considered, students must write a brief description of their Polish heritage and what it means to him or her. This must be submitted, along with the student's name and WIN number, to melanie.mickelson@wilkes.edu with the subject line of "Polish Heritage Scholarship" by Oct. 15.

HOLIDAY CARD CONTEST – Dr. and Mrs. Gilmour invite students to enter a design for this year's Wilkes University holiday card. Prizes will be awarded to the win-

ner, \$175, and an honorable mention, \$75. Entries should be submitted to Susan Di-Bonifazio in UCOM 221 by Oct. 18.

WEEKLY MEDITATION – Weekly meditation will be held every Wednesday from 5 to 5:30 p.m. in the salon of Kirby Hall. First-time meditators should come to the question and answer session from 4:45 to 5 p.m. For more information, contact mischelle.anthony@wilkes.edu or linda.paul@wilkes.edu.

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Beacon Correction

In Issue 1, *The Beacon* reported that the Curriculum Committee was attempting to get more languages offered at Wilkes. The correct committee is the General Education Committee. *The Beacon* regrets this error.

Students study abroad in Spain



Courtesy of Dr. Paola Bianco

Wilkes students from various disciplines travelled to Spain this summer. Above, students join Dr. Paola Bianco at El Cabanon to enjoy tapas, which are varied appetizers.

The BEACON

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Meet the Staff



Cathryn Frear
News Editor

Speaker to address destructive aspects of drugs

BY KIRSTIN COOK

Assistant News Editor

Carmen Ambrosino will be continuing his mission to spread awareness on the destruction caused by drugs and alcohol.

The event will be held today, Sept. 28, at 4:30 p.m. in Marts Room 214. The presentation, entitled "Drug and Alcohol Problems' Impact on Public Schools," is open to all students, faculty, parents and any other interested community members. Dr. Judith Gardner, who is coordinating the event with her husband, said that there will be a great value to any student in attendance, regardless of their career field.

"All students need to know about drug and alcohol problems because no matter what they choose to do with their lives, it's a problem," Gardner said.

Gardner said that anyone from majors such as business, psychology, sociology, nursing and pharmacy would benefit from

this event. However, the most significant area affected is education.

"For education students, they need to be able to identify who in their classes might be using drugs, or who might be in homes, unfortunately, where drug use is a problem," Gardner said.

The presentation, which is a part of the Educational Forum Series, takes advantage of Ambrosino's 38 years of experience from working at the Wyoming Valley Drug and Alcohol Center and conducting presentations. One aspect that he is going to focus on is the major destruction that drugs cause.

"I tell audiences if you look for weapons of mass destruction in Iraq, you are looking in the wrong place," Ambrosino said. "They're in the United States. They're called drugs."

Ambrosino will be presenting data on the number of annual drug overdoses in Luzerne County to show the impact of drugs in this area. He will also discuss the link of drugs to suicide, the age of experimentation with

drugs and how the profile of a drug user has changed.

Audience members will be able to learn about common drugs of abuse as well as frequent symptoms. They will also uncover reasons behind the significant drug and alcohol problems, receive recommendations from Ambrosino on solutions, receive information on community resources and be instructed on how to make a referral.

Ambrosino will explain how damage from drugs impacts the individual, family, community, state, nation and world.

"It's a mushroom effect of drug use, on not only the user but every significant other who comes in contact with them," Ambrosino said.

Gardner explained that the presentation will be more than just facts, and will contain an emotional background.

"This is not just about 'Well, we'll give you a few guidelines and here's a handout,'" Gardner said. "Carmen speaks from the

heart, and he gives some powerful testimony too, to what he's been through."

Gardner said that anyone who attends the forum will notice a sense of passion and charisma within the speech.

"[Ambrosino's] love of all children and his commitment to our community, to make things better, are very obvious," Gardner said. "I think that anyone who has the opportunity to be there is going to be pleasantly surprised."

Ambrosino aims to show that intervention and awareness are not just roles for counselors and physicians, but roles for everyone. He said that he was meant to follow this career and goal.

"This is not a job for me, this is a mission," Ambrosino said. "I believe I was called into this profession 38 years ago by my higher power."

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Sports complex adopts no-pet policy over summer

New policy developed to create more family-friendly environment at events

BY EMMA ZIMMERMAN

Staff Writer

A new policy at Ralston Field states all animals that are not required for people with a medical condition are no longer allowed in the field and stadium area.

"We have had many complaints over the years from fans at games complaining about the presence of dogs," said Dr. Paul Adams, vice president of student affairs. "We had issues where dogs have snapped at people nearby or when dogs encounter each other and begin to fight."

This decision wasn't based on one instance, but rather a number of calls and complaints over time.

"I've fielded numerous calls over the last couple of years about children in strollers and dogs in the only walkway we provide," said Wilkes athletic director Addy Malatesta. "The person with the dog, not necessarily paying attention to the dog, and the child is on face level will tend to reach out and touch the animal."

"The dogs need to be curbed somewhere," she added. "During football, the obvious choice was the men's and women's lacrosse and soccer field. That was upsetting to people."

Also, allergies can be an issue. Malatesta has received several calls from fans who

were allergic and faced dogs that were in the bleacher section.

"The dogs sort of moved in around them and they [the callers] were asked to get up and move," Malatesta said. "There was a little bit of a confrontation about who arrived first."

While animal lovers may want their pets at games, there are legal reasons that support the decision to make the field animal free.

"We would be held liable should a dog decide, it's been startled and bite or snap at [someone]," Malatesta said.

Malatesta said that, before any measures were taken, she did some research.

"We did some homework and a lot of the schools for the very same reason said it's very hard to manage the site and sort of make it an equal opportunity site for everyone to come and enjoy, what is really, primarily the athletic contest," Malatesta said.

In the end, the policy is for the students and their supporters to be able to enjoy the field.

"It should be a family-friendly environment," Malatesta said. "I respect our students and our fans because... they've been so good at understanding."

Anyone who brings their pets to the field will be asked to leave.

"Those who arrived unaware of the policy were very cooperative," Adams said.



The Beacon/Allison Roth
Fans sit with a dog during a baseball game at Artillery Field. As a result of a new policy, pets are only allowed at the sports complex if required for a medical disability.

"This is the first year I have not received a single [complaint] phone call," Malatesta said. "We are all amazed by this."

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KaBOOM! Playground to be built in Wilkes-Barre's Iron Triangle

BY CATHRYN FREAR
News Editor

KaBOOM! Playground builders, in partnership with Kraft Foods and the City of Wilkes-Barre, are looking for volunteers from Wilkes University and the surrounding area to help build a new playground at Hickory and Metcalf Streets in Wilkes-Barre's Iron Triangle neighborhood.

According to the KaBOOM! Web site, "KaBOOM! is a national non-profit dedicated to saving play for America's children."

Megan Boone, student development community service coordinator, said the build will occur Thursday, Oct. 7 from 8:30 a.m. until 4 p.m.

There will be two days of work to clear out the site prior to the build; however, Wilkes students will not be required to volunteer during those times.

"There are two prep days, October 5 and 6, where they're going to prepare the ground," Boone said. "So that means digging up anything that is there already. They'll take it down to the dirt. They'll move out any big rocks, things like that to clear the site."

Boone also said that the whole process will be a fairly quick one since the playground is being put together in nine and a half hours over the course of one day.

"It's going to be bare earth for two days and then 200 volunteers will come in and

put [everything together]," Boone said.

In order to get the builders to come to Wilkes-Barre, the city had to apply and get approval from the organization.

According to Krista Hill, Wilkes' AmeriCorps VISTA, KaBOOM! recently built a playground in Lehigh. The organization's coordinators are trying to reach out to as many children as they can.

"[KaBOOM!] goes all around the United States," Hill said. "The goal is to build a playground to build a playground within walking distance of every kid in the United States."

Hill also wanted to make clear that no experience with building or construction of any kind of anything is necessary to participate.

"I'm sure they are going to have those of us without any experience do something easy," Hill said.

Though Boone and Hill both said that the build won't be especially difficult, they said that this playground won't be a frail and unsteady imitation of a park, nor will it be poor quality.

"They are nice, good quality parks," Hill said. "They are made out of metal and sturdy."

In regards to distance and site transportation, Boone estimates that the playground will be about six blocks from campus and Hill says she will be driving volunteers back and forth throughout the day.

"I'm going to rent out one of the vans so that I can take people at different parts



The Beacon/Allison Roth

KaBOOM! Playground builders will be using the site above, on Hickory and Metcalf Streets in Wilkes-Barre's Iron Triangle neighborhood, to build a KaBOOM! playground. One of the goals of KaBOOM! is to build a playground within walking distance of every child in America.

of the day to and from campus," Hill said.

Because the build is an all-day project during a weekday and because students may be worried over having class, as well as the fact that the build is over the course of a substantial period of time, Boone said that volunteers are not expected to stay throughout the entire project.

"We figure people will filter in and out,"

Boone said. "We don't care how long people stay, just as long as they give whatever time they can."

For more information, interested members of the Wilkes community can e-mail community.service@wilkes.edu.

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SG approves funding for PRSSA conference

Subject of clubs versus organizations debated in fund request discussion

BY CATHRYN FREAR
News Editor

Student government allotted \$900 to Zebra Communications for them to go to the Public Relations Student Society of America conference in Washington, D.C. The motion passed 13-8-3.

This was the subject of much discussion in the weekly SG meeting because Zebra is not recognized as a club because it doesn't follow the correct criteria.

In order to be considered a club by SG, the following criteria must be met: clubs must be open to all students without tryouts or cuts, cannot charge dues, cannot solicit outside organizations, must complete one community service project per semester and

must abide by all University rules and policies.

The general rule is that SG does not give money to organizations on campus, only clubs. However, according to SG President Ben Beidel, there are exceptions.

"Some organizations receive funding from us," Beidel said. "BACCHUS [Boosting Alcohol Consciousness Concerning the Health of University Students] does a lot of health awareness for the University community, so they receive a certain amount of funding."

Zebra is also reaching out to the campus community. According to Amanda Gunther, president of Zebra, after the conference, they will be hosting a conference here at Wilkes for the surrounding community.

Both Beidel and Tara Kennedy, secretary of the senior class, approve of the decision to allot Zebra the funding because they do so much work in the community.

"One of the things we look at is if what they are doing is going to be passed on," Beidel said. "And they are going to bring this back to the campus community."

"They are going to hold their own conference, free of charge, to allow others to learn what they learned at this conference," Kennedy said.

She continued, "On top of that, they have made efforts to get a mentor and they are continuing fundraising efforts."

Zebra also said that they would return any excess money to SG once they are done with the conference.

Meeting Notebook:
Treasurer's Report:
All College: \$2,689
Conferences: \$10,000
General Funds: \$7,500
Leadership: \$1,000
Spirit: \$3,000
Special Projects: \$2,000
Start Up: \$1,500
Total: \$27,689

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BREAK-INS

Continued from FRONT PAGE

reach right in."

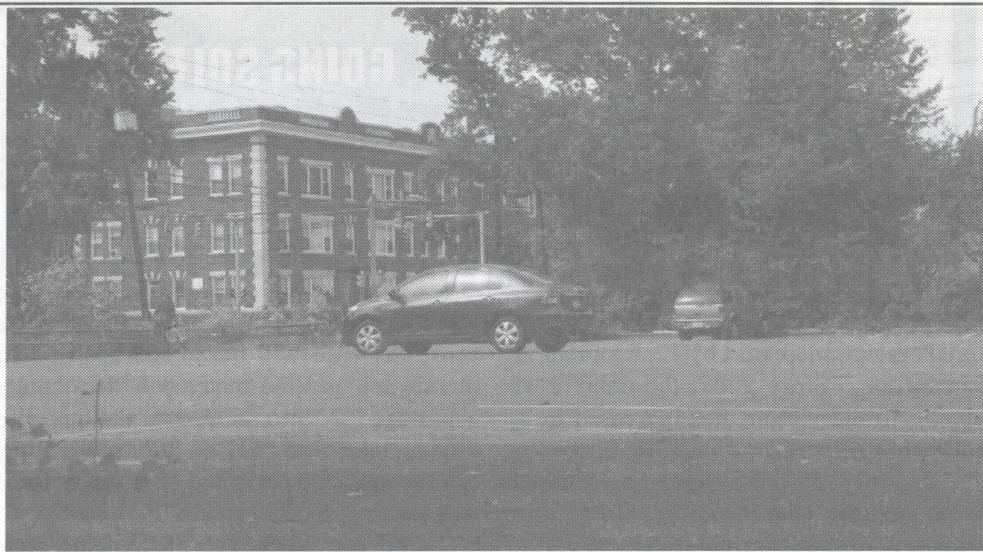
Elizabeth Swantek, director of residence life, said areas that are more vulnerable to this type of vandalism are those areas with less foot traffic by students.

"Anywhere on campus is vulnerable," Swantek said, "but places that students are walking less tend to be the most vulnerable, like a parking space in a parking lot at the mall that is far away."

Public Safety has been taking steps to prevent further break-ins. This includes putting its officers undercover in plain clothes to investigate and working with the Wilkes-Barre police, as well as organizing extra campus patrols on both bike and foot.

"Light-walking, in which Student Government, Public Safety, Student Affairs, and Campus Maintenance all do a walk to see that every light on campus is working, is done early during the semester to ensure that all lights on campus are working, so that the campus is well-lit at night," Swantek said. "But what is best is to avoid parking in the middle of nowhere, make sure items of value are properly stored and make sure all windows and doors are locked."

The police have some suspects, but so far there have been no arrests made in connec-



The Beacon/Allison Roth

Pictured above is the Creative Printing parking lot, which has been a frequent location for vehicle break-ins.

tion with the break-ins.

"I'd say the majority [of the reported cases] are the same person, but you always have copy-cats," Rebo said. "They see an easy target and so they get involved. Theft is a crime of opportunity and that is what they do."

Rebo and Swantek both emphasize that the best way to prevent a break-in from happening to your car is to not leave any valuables in your vehicle or to store valuables in the

trunk of the car. They also said to make sure that all doors are locked and all windows are rolled up, even if the weather is pleasant outside.

If your vehicle has been vandalized or if you suspect a break-in, call Public Safety at 408-4999.

CONTACT CHRISTINE LEE AT:
christine.lee@wilkes.edu

AID

Continued from FRONT PAGE

"I'm trying to educate our students as much as I can to be responsible to check their portal to see if their bills are covered and the aid has been paid and make sure that they take care of whatever they need to take care of," Alaimo said.

As far as advice for students, Alaimo said to check out the portal and if there is an outstanding balance, investigate why and take the proper steps to remedy a negative balance.

Alaimo said that while students can technically wait until June 30, 2011, the problem that they face is that students may not receive their aid for the fall if they do not complete the necessary forms by the end of the fall semester.

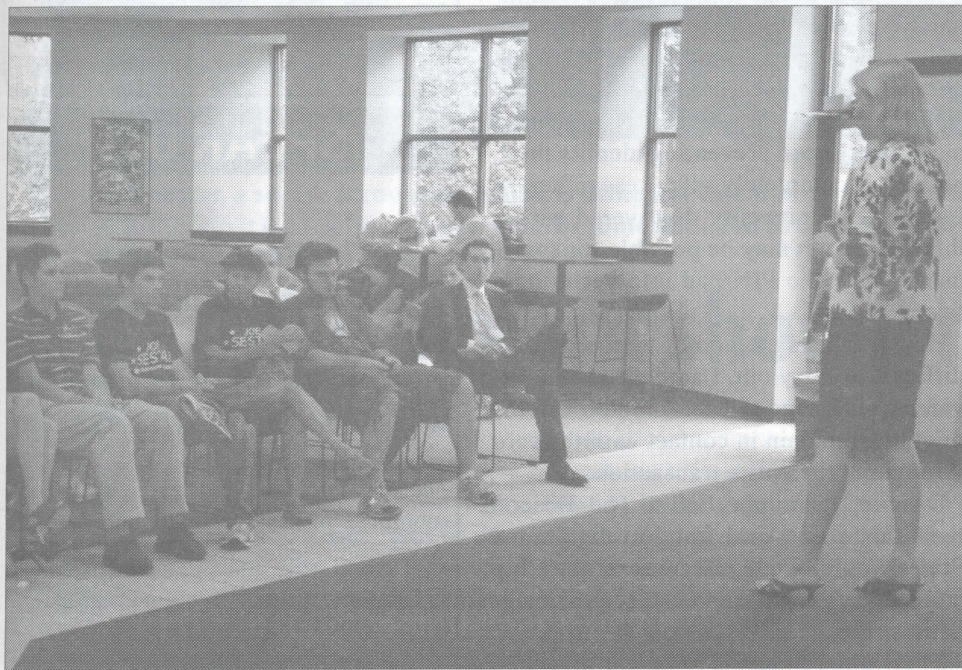
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for more information check out...

wilkesbeacon.com

GO!

Susan Sestak speaks at Wilkes



The Beacon/Allison Roth

Susan Sestak, wife of Senatorial candidate Joe Sestak D-Pa., spoke to members of the Wilkes University community on Thursday, Sept. 23. The discussion took place in the lounge of the Henry Student Center. One of the issues Mrs. Sestak talked about with the students was the importance of pediatric research. Candidate Sestak recently donated \$4 million to the cause. Some other issues that Mrs. Sestak discussed were candidate Sestak's support of small businesses, his views on the importance of education and the fact that her husband is not driven by ideology. General elections will be held Tuesday, Nov. 2, 2010.

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SEPTEMBER 28, 2010

CONTACT US: wilkesbeacon.oped@gmail.com

Chip and PIN will reduce credit card fraud

BY THE BEACON
Editorial Board

Credit cards have been making purchases easier for United States consumers since the late 1950s. Unfortunately, credit cards also make thievery easier.

The Beacon feels that United States credit card companies must follow the United Kingdom's lead by ditching the magnetic stripe and adopting the Chip and PIN system to prevent cases of credit card fraud.

According to Javelin Strategy and Research, the self-proclaimed "leading provider of quantitative and qualitative research focused on the global financial services industry," identity fraud has been on the rise over the past few years.

From 2008 to 2009, Javelin Strategy and Research discovered that "the number of identity fraud victims in the United States increased 12 percent to 11.1 million adults in 2009, while the total annual

fraud amount increased by 12.5 percent to \$54 billion." Since 2007, the number of identity fraud victims has increased by a whopping 37 percent.

A majority of credit card fraud cases occur because of our nation's use of the outdated magnetic stripe system. A credit card thief can spend hundreds, maybe even thousands of your hard-earned dollars in minutes with little to no difficulty. All the thief would need to do is forge your signature. Even then, many cashiers do not even bother to compare signatures or request identification. Upgrading to the Chip and PIN system would make these simple acts of thievery much more difficult.

The Chip and PIN system prevents identity theft by making credit purchases similar to debit, in that the user will need to enter a PIN for every purchase.

When paying, the consumer will place his or her card in a PIN pad, which will access the microchip embedded in the

card. The card will be automatically authenticated and the buyer will then enter his or her PIN into the pad. If the buyer's PIN matches the PIN on the microchip, the receipt will print and the transaction will be complete.

The biggest advantage of the Chip and PIN system is that your card will never leave your sight. When making purchases at places such as restaurants or gas stations, there is always the possibility that the employee handling your card will write down the credit card number and order 2,000 Kitten Mitten T-shirts online before you have any idea your credit card number was stolen.

Even if your credit card number is stolen from a Chip and PIN card, the thief will still be unable to make a purchase without knowing your PIN.

The United Kingdom has been using the Chip and PIN system since 2006 and has seen a massive decrease in credit card fraud.

According to the UK Payments Administration, since the Chip and PIN system was implemented, fraud losses have decreased 67 percent from 2004 to 2009.

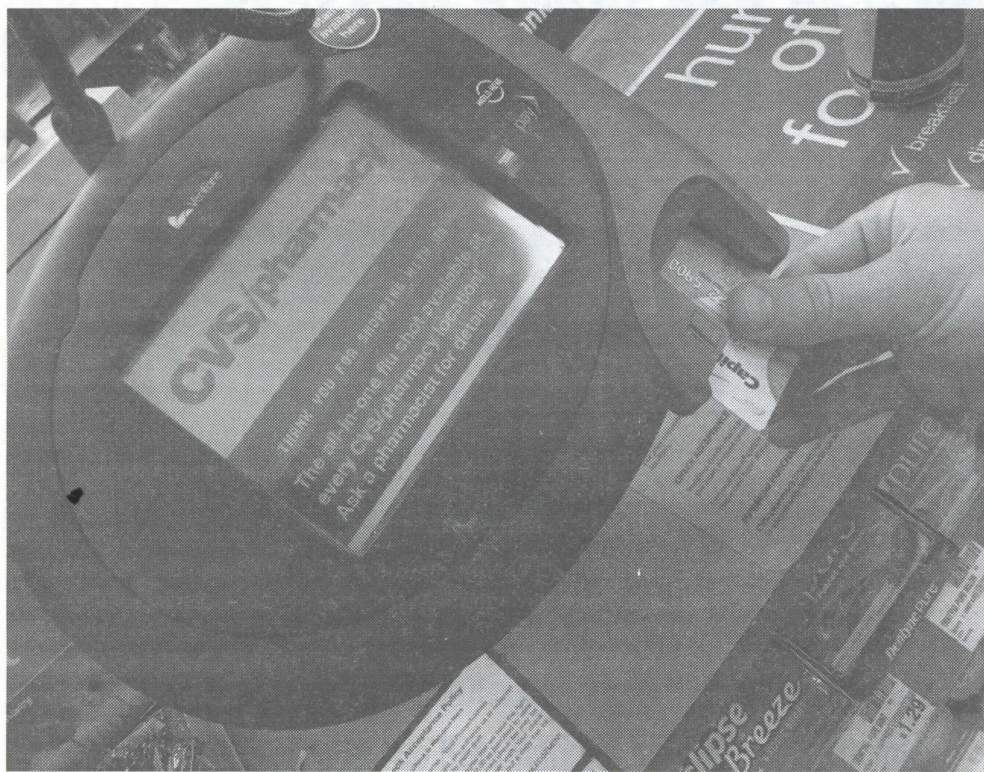
Although the Chip and PIN system is more effective in preventing identity theft, nothing is completely safe. Researchers at Cambridge University discovered earlier this year that it may be possible for someone to trick the PIN pad into verifying a false PIN.

However, this method of theft would be difficult to carry out. Large electronic devices would need to be concealed and the thief must remain in contact with the card throughout the entire transaction.

Despite its minor flaws, The Beacon feels that credit card fraud in the United States would notably decrease if the Chip and PIN system were to replace the magnetic stripe.

The United States is reluctant to switch to the Chip and PIN system because of the high cost of making the cards and the purchase of PIN pads.

Even though implementing the Chip and PIN system may be more costly, the large decrease in identity theft would save millions of dollars for buyers and merchants over the years.



The Beacon/Tom Reilly

Credit cards like the one pictured above can be stolen and used anywhere in the United States with minimal effort. If the United States government and businesses spent a few extra dollars, we could upgrade to the Chip and Pin System and make credit card fraud much more difficult.

BEACON POLL

The Beacon poll is unscientific, and does not claim to reflect the overall attitudes of students on the Wilkes campus.

Last week's question:

Do you think the Don't Ask, Don't Tell policy should be removed?

Due to technical difficulties, the results are unavailable.

This week The Beacon asks:

Do you think the United States should switch to the Chip and PIN system for credit cards?

- Yes
- No

Cast your vote online at:
www.wilkesbeacon.com

SPEAK UP!

The Beacon wants to hear your voice.

Send your name, major, year and opinion to:
wilkesbeacon.oped@gmail.com

The Beacon reserves the right to edit submitted pieces for space and content. Anonymous letters will not be published.



Internet addiction is real

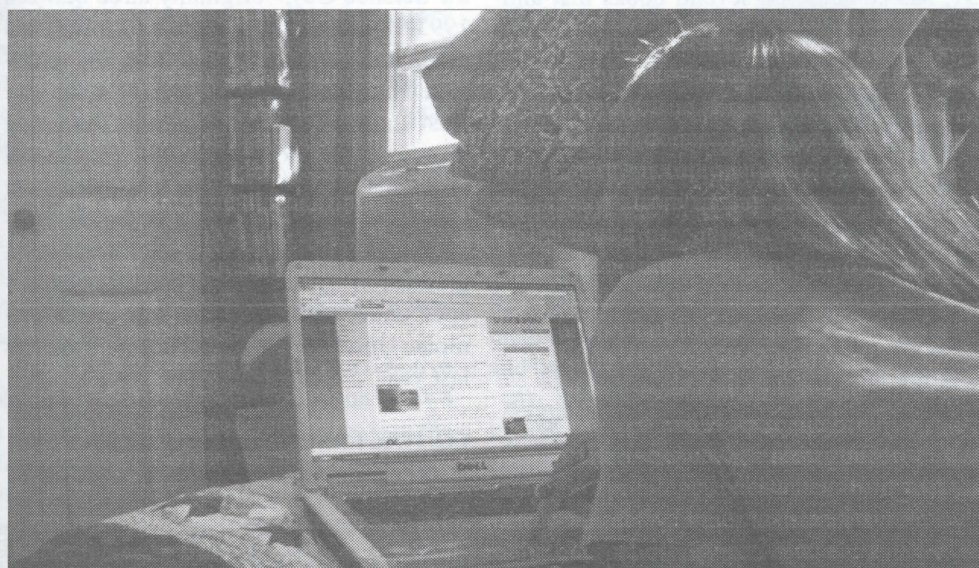
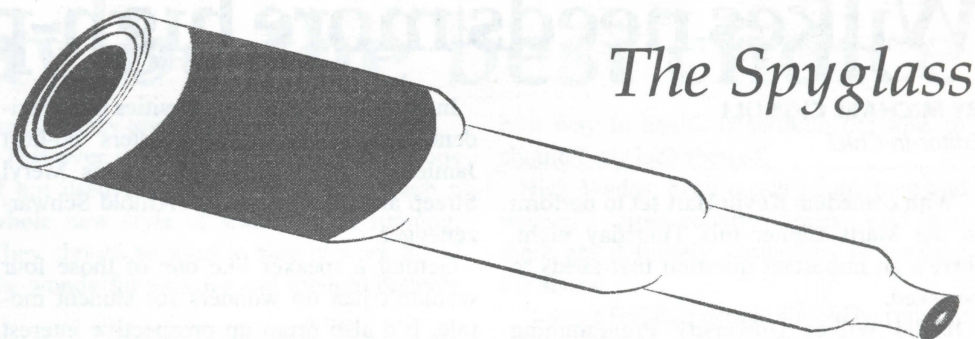
BY ANTHONY TRUPPO
Opinion Editor

The Internet is perhaps humankind's most remarkable invention. It is an endless library, a practical tool for communication, a worldwide marketplace and so much more. Despite the Internet's usefulness and the improvement it has made in our lives, people across the globe are becoming psychologically damaged by addiction to the Internet.

According to a study by the Stanford University School of Medicine, one out of every eight Americans suffers from Internet addiction. Over the past decade, Internet addiction has become much more common

with the increased popularity of online gaming and social networking web sites, such as Facebook. In this day and age, the Internet has become such a major part of our everyday lives that anyone in their late teens or twenties without a Facebook profile is often looked down upon by his or her peers.

Addiction to the Internet is not only confined to include social networking and gaming, as people can also become addicted to online shopping or gambling. An Internet addict can spend thousands of hours scouring online marketplaces for every Homer Simpson decorative plate ever created or may gamble away thousands of dollars before realizing he or she has been



The Beacon/Tom Reilly

Jessica Webster, a senior accounting major, is using her free time to browse the Internet. Although it is a useful tool, users can become addicted to the Internet if they use the Internet for more than five hours each day.

sitting in front of their computer for eight hours straight.

I am guilty of using the Internet excessively; therefore, I realize how powerful an addiction to the Internet can be. Whenever I have a few hours to kill, I use the Internet to listen to old Pavement albums or catch up on the latest episode of Futurama. On some days, I can easily spend five or more hours on the Internet, so I realize that the potential for addiction for any Internet user is real.

Internet addiction is not yet a formal diagnosis, but it can be just as damaging to one's mental and physical health as other addictions.

Spending too much time on the Internet can cause one to isolate one's self from friends and family, neglect duties, refrain from sleeping and lose interest in other activities he or she used to enjoy. Internet addiction can even cause physical symptoms, such as headaches from staring at the screen for too long, backaches from sitting uncomfortably or carpal tunnel syndrome from excessive typing.

Even though Internet addiction is genuine and has been affecting people around the world for years, many college students are unaware that addiction to the Internet even exists.

Brad Mossbarger, author of "Is 'Internet addiction' addressed in the classroom? A survey of psychology textbooks", searched through 44 college-level psychology textbooks for any references to Internet addiction. Mossbarger's results were surprisingly underwhelming, as only three of the 44 textbooks specifically mentioned Internet addiction.

Fortunately, Internet addiction is gaining awareness in the medical community and can be cured. The difference between an Internet addiction and many other addictions is that an Internet addict should not completely abstain from going online, as the Internet is useful in many ways.

Whereas an alcoholic will recover from avoiding all alcohol consumption, an Internet addict must limit his or her Internet usage. According to netaddiction.com, Internet addiction can be treated through counseling, inpatient and outpatient programs, support groups and educational workgroups.

If you ever wonder whether you are addicted to the Internet or not, you can take a test at netaddiction.com.

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The Government should not raise taxes on job creators

BY AMANDA LEONARD
Assistant Opinion Editor

The United States is still plagued with economy problems and varied rates of unemployment in 2010. Now, more than ever, we need employers hiring and local companies open for business.

The creation of jobs is desperately needed and business owners should be encouraged to create job opportunities in any way they can. In no way should business owners have to think twice about hiring more employees and expanding their companies, nor should one be penalized for making money and providing jobs to those who need one.

However, that may occur if President Obama plans on readjusting the distribu-

tion of tax cuts, resulting in social class warfare.

Bush-era tax cuts are set to expire in December. In the meantime, Obama is planning to implement a new plan that would keep only certain sections of Bush's plan, which is an interesting and potentially detrimental move.

He plans to extend Bush's tax cuts for American households earning less than \$250,000 and individuals earning up to \$200,000, while allowing the tax cuts to expire on those who make more than that amount, such as small business owners. As it is nearing election season, Democrats are torn between extending the Bush-era tax cuts for the middle class now or after the election.

Many Democrats are trying to dodge the

vote to extend tax cuts only for the middle class and let tax cuts for wealthy Americans expire in order to gain more votes. In all honesty, who would want to vote for anyone in favor of higher taxes? Therefore, if the election goes in their favor, our country may see some changes during tax season.

What does this mean for some of us? It means that it will be even harder to get a job. Small business owners wouldn't want to get taxed more and more for bringing in a higher revenue and being responsible for more employees.

Theoretically, the government, as well as taxpayers, could make out well if Bush's tax cuts are renewed. If there are less unemployed people in the country, there will be less people applying for welfare, which

is supplied from tax-paying citizens of the working-class, anyway.

Harvard University economics professor Martin Feldstein said that President Obama's proposal for allowing tax cuts for the wealthy to lapse is "going to slow the economy down and could push the economy into recession again next year."

The thought that this is a possibility is surely frightening and not the path our country should be taking.

Many believe this can happen. Many small restaurants, stores and farms have laid off many employees. Many more have gone out of business. The bottom line is that taxes should not be raised on job creators.

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Wilkes needs more high-profile graduation speakers

BY MICHAEL CIGNOLI
Editor-in-Chief

With comedian Kevin Hart set to perform in the Marts Center this Thursday night, there's an important question that needs to be asked.

If the Wilkes University Programming Board can secure multiple high-profile acts to appear on campus every year, why can't university administration consistently secure a high-profile speaker for Wilkes' spring commencement ceremonies?

Sure, Wilkes has had some hit graduation speakers over the years. Bill Cosby and former U.S. Attorney General Janet Reno come to mind.

But they've also struck out completely plenty of times; occasionally bringing in speakers — John Brooks Slaughter, for one — so far off the wall that even Google has a difficult time figuring out what they are famous for.

Last year, Programming Board brought stand-up comedian Demetri Martin and the ever-popular Third Eye Blind to campus, whereas the brass brought Pennsylvania Gov. Ed Rendell to address the graduating class of 2010.

While Rendell was actually one of Wilkes' better speakers in recent memory, the committee that selects the graduation speaker can do a lot better.

In 2010 alone, other universities had President Barack Obama, "Mythbusters" co-host Jamie Hyneman, legendary actress Meryl Streep and California Gov. Arnold Schwarzenegger.

Getting a speaker like one of those four wouldn't just do wonders for student morale, it'd also drum up prospective interest in Wilkes and make the school look good. The school got a decent amount of exposure when Rendell delivered the commencement address, but not nearly the amount it could have gotten if they had secured an appearance by The Terminator, as an example.

That said, here are three people I'd love to hear at this year's spring commencement.

3. Betty White, American actress

Best known for: Her role as Rose Nylund in "The Golden Girls."

Alma mater: Beverly Hills High School, 1939

While Wilkes may be hesitant about bringing someone who didn't graduate from college to speak at commencement, the hilarious octogenarian has obviously accumulated a ton of life lessons during her 71-year showbiz career that she can share with students. She may be 88, but her career is as alive as it ever was. Her Super Bowl advertisement for Snickers was easily the best commercial in recent years and on May 8, she became the oldest person to host "Saturday Night Live." Anyone who saw White's performance that

night knows that she'd definitely entertain the graduating class, but due to her lengthy and diverse career, she's also someone that would interest the parents and older relatives of graduates.

2. Henry Winkler, American actor

Best known for: His role as Arthur "The Fonz" Fonzarelli in "Happy Days."

Alma mater: Emerson College, 1967

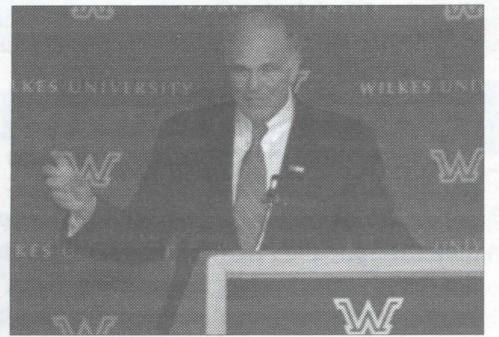
While the character that many associate Winkler with did some pretty cool stuff — water-skiing over a shark while wearing a leather jacket, for one — Winkler's work outside of his acting career is arguably cooler than anything "The Fonz" ever did. Winkler, who found out he was dyslexic at the age of 31, has co-authored several books that aim to empower children with the disorder and tell them that they're not alone. He's also done a great deal of charitable work, too. If the New England Institute of Technology could front the bill in order for Winkler to address its class of 2006, I'm sure Wilkes can come up with the change.

1. Bill Nye, American science educator

Best known for: His television persona Bill Nye the Science Guy.

Alma mater: Cornell University, 1977

While I'll admit my other two suggestions are somewhat reaches, this choice is something that I think Wilkes might actu-



The Beacon/Archives

Pennsylvania Gov. Ed Rendell delivered the spring commencement address at Wilkes University last year.

ally — and should — go for. Nye's multi-award winning television show, "Bill Nye the Science Guy," originally aired between 1993-98 and many members of this year's graduating class watched him on television when they were younger, or at the very least know who he is. In addition to starring in one of the most successful educational programs of all time, Nye graduated from Cornell with a degree in mechanical engineering, so he's definitely qualified to be a graduation speaker. He's also got experience under his belt, as he delivered Quinnipiac University's commencement address last year.

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Why should a student pursue a degree in engineering at Wilkes?

BY DR. JOHN GILMER
Professor of Engineering

Why should Wilkes offer engineering programs? Why should students enroll in them? The leaders of this country and its industry seem determined to send all of our jobs overseas, especially manufacturing and engineering jobs related to manufacturing.

First, things are not as perverse as the question assumes. Many of the engineering jobs lost — and those replaced by computers — are what used to be called "grunt level" jobs.

After all, "computer" used to be a job description of a person who computes things. Those jobs, along with many other drudgery jobs, are gone. What are left are the more important positions, where engineering meets applications and businesses in the real world.

These are the creative jobs where products are envisioned and then defined. There

is still a need for people who can do that. The challenges, opportunities and rewards are greater than ever.

An engineer is someone who invents or creates things. These things are typically numerous, important and complex and you need scientific principles and engineering practices to get it right. Thanks to progress in technology, the nature of inventions that are possible has been expanding enormously.

Using microelectronics, you can put a computer costing less than a dollar into almost any product now. Autos, microwave ovens and music players all contain small computers.

Soon, micro-mechanics will allow the same kind of revolution in what can be done with mechanisms. Micro-mechanic and micro-fluidic devices, in combination with discoveries in biology, will enable amazing inventions that will change the world dramatically.

The human imagination is the only real limit on what can be done. For example,

suppose computation is free. What can you do? Suppose micro-machines are possible, practical, and inexpensive down to a scale of, say, 1/1000 of an inch or less. What could you do with that?

This is where engineering comes in. Dream big, then refine the dream to fit within the capabilities that are here or will come soon. Then build it. That's what engineers do.

My own story is like that. When I was in high school, computers were big, slow and clunky. I tried to write a program that would create poetry. Why? I don't know; it seemed to be an interesting goal. You can mark that as far from accomplished. If it was poetry, it was very bad poetry.

As an undergraduate, I wrote a computer program to simulate the game of football. Only a bit of progress was made on that.

I also built a color oscilloscope, somewhat successfully, before such things were common. I had imagined it writing "Merry Christmas" on the screen. It never got that far, but it made a cool light show to go with music.

All those projects contributed to my education. So, later when I was in industry, I was able to build practical computer war games that the Army used for analysis, planning and testing doctrine. I had imagined such a simulation when I was young, and I was able to make it a reality later, in credit to those earlier attempts.

So, dream big! The means to make your dream a reality may just come along.

If you go into engineering, you have a chance to get to the forefront of knowledge and create amazing things that have never before been seen.

If you are not in engineering, you still should use your creativity. Imagine the concept, or figure out who could use it and how, or plan the business model.

Ask an engineer to help make it a reality. The world is more open to possibilities than ever before.

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Becoming soleless may be the best choice

BY MARK ATTILIO
Staff Writer

The first thing many people do when they get home is take off their shoes. This begs the question, why are we so keen to remove our supportive sneakers and flip flops? The answer may be slightly more shocking than one may expect. Our supportive, comforting, shock absorbing sneaker and insoles can actually produce negative consequences.

The book, 'Born To Run', by Christopher McDougall, shows the hidden truths about our feet. Facts like feet have more nerves than hands, while seemingly insignificant, expose concealed anatomical truths. Simply, the foot can work as an intense sensory organ. Since the dawn of time, feet were meant to work in this fashion and take in senses in order to perfect a simple science, known as movement.

By shrouding the foot in thick layers of cloth and placing the foot on a thick insole, it is removed from the role of sensory organ. Instead of walking, running or jogging as one should, the body compensates to a new and unnatural form of movement.

This may have affected our locomotive abilities in a big way. 'Born To Run' shows a possible explanation by taking us into the Tarahumara tribe of Mexico's Copper Canyons. When these Indians hunt, they do not use guns. In fact, they use no weapons or tools at all to hunt. Instead they practice an art that baffles the minds of even the greatest of track stars. These Indians run their prey to death.

The Tarahumara Indians can run for hundreds of miles without rest. Do they have fancy insoles to protect their feet? No, they don't. Their feet are all natural in a sense and remain bare for activities. Humans have a unique design that enables these functions.

Humans have the ability to fluctuate heart beat, perspiration and respiration, as needed. Animals are very limited in their ability to run. While animals are unmatched by humans in short burst, our human ancestry evolved for the sole purpose of endurance running, and running shoes were never taken into account.

Going without any form of foot protection at this day in age, is not only risky, but can be downright deadly. So where is the happy median between shoes and being barefoot?

An Italian company known as Vibram has come up with a solution known as Five Fingers. These shoes were originally designed for boat workers to have grip on the ground while maintaining a barefoot feeling. However, an European group advocating barefoot running, picked up Five Fingers to make them the

success they are today.

However, these shoes can be dangerous if not used correctly. Five fingers teach a whole new style of walking and running. They should be used to slowly work all of the wonderful muscles and thought patterns



The Beacon/Mark Attilio

Pictured above are the Vibram Five Finger shoes. This footwear can help one's feet adapt to running barefoot naturally, but should be worn cautiously as feet are used to supportive and shock absorbing shoes.

on running and walking that have been concealed for years.

Once mastered, these shoes are good for everything. My recommendation is to read 'Born to Run' in full, and if you are sold, give Five Fingers a try. In all honesty, the

best way to health is through the sole, or should I say lack thereof.

Nick Wadas, head coach of the men and women's cross-country teams, said that there are definitely limitations to wearing the shoes.

"I don't feel that people should be running races or training in them," Wadas said.

He said that since they are lacking the support that normal shoes offer, it is easy to get injured in them if not worn properly.

"I don't think people have enough knowledge of biomechanics and shoes," Wadas said, "They don't understand the science of it."

Wadas recommended that anyone who decides to run in the Five Fingers should use the same guidelines as if they were running barefoot.

Tim Fisher, a sophomore criminology major and a member of the cross country team, learned the hard way when he tried to run long distances in the Five Fingers. He also suggests that users take a light approach.

"Don't try to push yourself in them, because it's a big transition from a supportive shoe to basically nothing at all," Fisher said.

From running in the Five Fingers over the past summer, Fisher found that it is harmful to run long distances in them at first, and that they have a lack of traction. However, he said that he could literally feel the different types of terrain under his feet and that they are adaptable to other activities, such as swimming.

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Students: Do you know where your tuition payment goes?

BY STEPHANIE WILKIE
Staff Writer

Every student pays about the same amount of money to go to Wilkes, but not many know where their tuition actually goes. For \$25,000 a year, I bet someone was expecting Egyptian cotton lining their bed. The truth is that part of the tuition goes towards paying faculty salaries or even cutting the grass. The rest may be going towards activity fees, lab fees and health services.

There are some fees that students do not even know exist. These new Macs seen throughout campus certainly were not handed to us by Apple CEO Steve Jobs himself. The technology fee included in every student's tuition covers the cost for the new computers, keyboards, and scanners.

There is also a recreational fee for use of

the Marts Gymnasium and UCOM.

Additional fees can range from purchasing a meal plan for the cafeteria to a parking pass or to dorming. The meal plans certainly are not money-friendly and a lot of students seem to be unhappy with it. Parking is usually a hassle for those neglecting their privileges of using the UCOM garage. These passes do not come cheap, so let's not be picky people. Dorming is one of the biggest expenses a college student can have. Take advantage of the cold air and friendly people down the hall that you are funding.

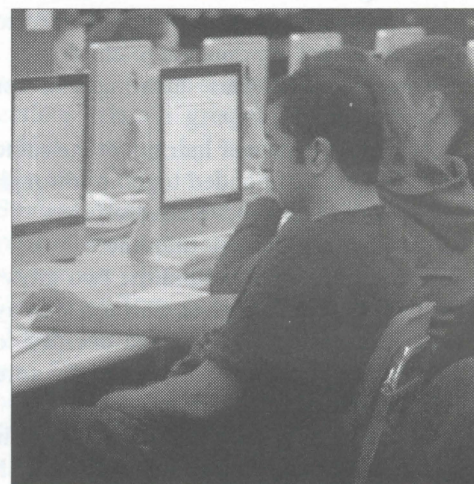
There are tutors and counselors getting paid by the hour around campus every day to aid students in editing their papers or to catch up in a class they may be falling behind in. We can all admit that college is definitely not easy. Use these resources. Whether you need help on your stoichiometry homework or if

your life at home is not so great, the tutors and counselors are here to help. This is one huge benefit from the money you are paying, that you may be throwing away.

Those extra costs of college, in addition to tuition, can be a huge headache. Be careful of where you're buying those textbooks, people. Chegg.com offers a rental fee for books, which sometimes adds up to the cost of the book anyway, but it is worth checking out. Also, do not forget that food and gas are not luxuries. If you are commuting, try to bag a lunch or take the bus.

The ultimate situation is that our tuition can pay for a multitude of things, and students should take advantage of the things they are funding.

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The Beacon/Alison Roth

Students in the library enjoy the new computers, made possible by the technology fee included in every student's tuition.



Friends donate 38 inches of hair to charity

Two organizations create wigs for people who have undergone medical treatments

BY RUTH WHISPELL

Life Editor

Sometimes a haircut can be more than just a haircut.

For four friends getting their hair cut this summer, it was about helping those in need and supporting a cause that had affected people they love.

Cortny Sasserson, a junior business administration major, and Erin Hanley, a junior pharmacy and Spanish major, cut their hair and donated it to Pantene Beautiful Lengths.

Meribeth Derkach, a sophomore pre-pharmacy major, and Abby Kasprenski, a senior biology major, cut their hair and donated it to Locks of Love.

Pantene Beautiful Lengths and Locks of Love are programs in which someone can donate their hair which is used to build a wig for someone who has lost their hair due to a type of medical treatment.

Pantene Beautiful Lengths has more lax donation requirements than Locks of Love. For example, hair being donated to Locks of Love must have the longest layer measuring at least 10 inches, whereas Pantene only requires eight inches of donated hair.

Also, hair donated to Pantene is used to make wigs that are donated to women. The hair donated to Locks of Love is used to make wigs that are donated to children.

It was the first time donating hair for Sasserson and Hanley.

"Erin and I grew our hair out at the same time. We kind of bonded together through growing our hair out," Sasserson said.

Sasserson explained that there wasn't any real motivation behind the two growing their hair out together. She and Hanley were just talking about it and decided to do it at the beginning of their sophomore year at Wilkes.

"I finally got to the point where my hair was long enough," Sasserson said. "I wish I could say there was a specific person I was doing it for, but I just have too much hair and my hair is too thick. I'm really into community service so I wanted to help in any way."



Photo courtesy of Meribeth Derkach

Pictured above left to right is Erin Hanley, Cortny Sasserson and Meribeth Derkach after donating their hair to Locks of Love and Pantene Beautiful Lengths over the summer. Absent from the photo is Abby Kasprenski.

Around the same time, Hanley had her hair cut and also donated nine inches to Pantene.

"I've wanted to do it for the experience and a friend of mine was diagnosed brain cancer. I did it in honor of her," Hanley said.

This was Derkach's second time donating her hair to Locks of Love.

"My mom has ovarian cancer so I always said that every time my hair got long enough I would donate it," Derkach said.

Her first time donating her hair was two years ago when she was a junior in high school. She also just donated 11 inches in July of last summer.

Kasprenski had nine inches cut off her hair in August for Locks of Love.

"I've been debating on whether or not to do it for years now. I would grow it out to

a certain length and then get antsy and cut it before it was long enough," Kasprenski said.

She finally decided to cut her hair and donate it because at the time a close family friend had just found out that she had cancer.

"I did it for her. I know Locks of love goes to children, but it's still a good cause," Kasprenski said.

Before their haircuts all four girls explained that their hair was grown to about their mid-back.

Derkach loves her new haircut, but had a hard time parting with her old locks.

"I had to prepare myself the week before. I kept playing with my hair knowing it wasn't going to be there soon," Derkach said.

Kasprenski was also questioning whether or not she wanted to cut her hair.

"I like my hair cut I was skeptical at first about getting it cut so short because I have curly hair and it's hard with the up keep," Kasprenski said. "I miss my long hair there's times when I want to put my hair up in a ponytail and not all of it will go up."

Sasserson explained that her hair hasn't been this short since she was a kid. Both Hanley and Sasserson love their new styles. The only complaint is that there is a wider variety of styles for longer hair and shorter hair requires more maintenance.

All four agreed that even though they miss their long hair, they would get their hair cut again and donate again.

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Club Corner: The Society for Advancement of Management

BY LAURA PREBY
Staff Writer

The Society for Advancement of Management is a club that may not have a lot of members, but that's not stopping them from having big ideas.

Co-president Lindsey Fernald said that SAM "fulfills the interests of people who are interested in business management."

The club was inactive, but has been successfully resurrected since last year and is hoping to continue to gain new members and stay active. With 10 members this year, they are initiating some changes that will affect the club.

"It's been here for a couple years, but this year we are planning on taking it to a new level. We're bringing it back," Fernald said.

Fernald and fellow co-president Miranda Bonetsky, along with the six other officers, are preparing to go to a conference in Orlando, Fla. Their main focuses right now are preparing for the presentation they will help give at this conference and raising enough money to attend.

The club's current fundraiser is a Blue Mountain Candle sale and, of course, they'd like people to help them out. Within the next two weeks, vice-presidents

Andrew Picatagi and Corey Conrad will be setting up a table in the Henry Student Center where you can purchase the candles for \$13 each.

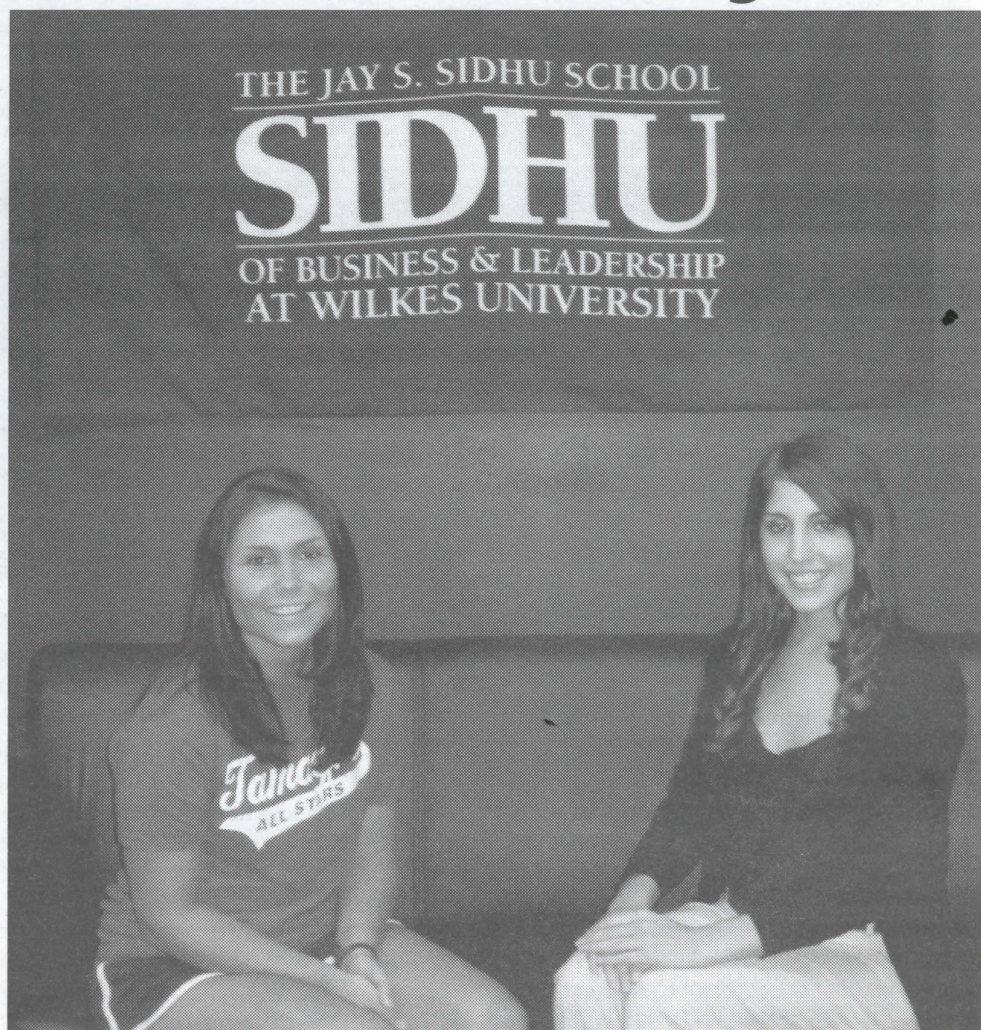
For business students interested in becoming a member of SAM, meetings are held on the third floor of Weckesser Hall every Tuesday during club hours. Interested students can speak also with the club's moderator, Dr. Dean Frear.

However, only 10 to 12 members can attend the trip to Florida, so interested students should get involved as soon as possible. There will always be help needed within the club, whether it is with preparation for the Florida trip or fundraising around campus.

SAM is beneficial to business majors because the club can be used as a resume builder and it can aid with public speaking and presentations. The club can also teach students about fundraising, expenses, budgets and revenue.

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The Beacon/ Marjorie Whispell
Miranda Bonetsky (left) and Lindsey Fernald (right) are co-presidents of the Society for Advancement of Management. The club is guided by Dr. Dean Frear.



Homecoming to experience some changes this year

BY MELANIE THOMAS
Staff Writer

Students and alumni will notice several changes during this Homecoming weekend. The biggest changes are due to the cooperation between Student Development and the Alumni Relations office.

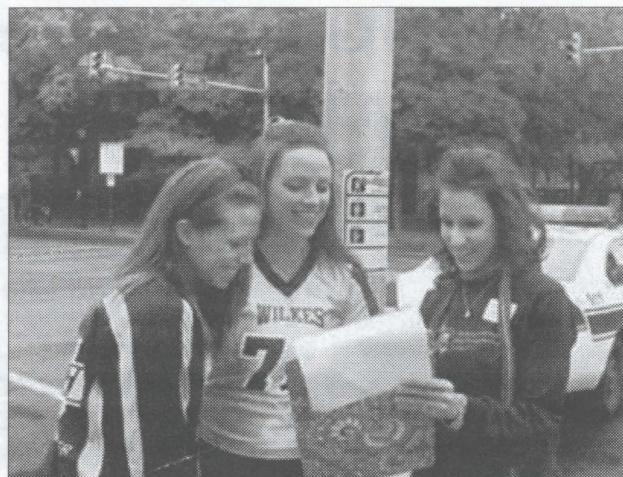
"We are really trying to bridge the gap between students and alumni," said Bridget Giunta Husted, associate director of alumni relations.

Some of the new activities include the Star Fires Concert on the Greenway at 7:30 p.m. on Friday. The community is invited to attend the concert that will feature Eddie Day and the Star Fires, who will play classic rock.

There will be a Tent Festival held from 4 to 6 p.m. on the greenway.

Reunion groups such as political science, programming board, psychology and Circle K are expected to attend the tent festival.

According to Giunta Husted, students



The Beacon/Archives

In this file photo, Jessica Short (left) and Meribeth Derkach (center) speak with Bridget Husted about last year's Homecoming parade. The parade was Husted's first event that she planned as the associate director of Alumni Relations.

are encouraged to go to these events and use these opportunities to network and get to know alumni.

The Polish Room, located on the third

floor of the Farley Library, will be opened for visitors from noon until 5 p.m. Light refreshments will be available for those visiting.

Other attractions during the weekend include the dinner dance, sponsored by Student Government.

The Homecoming football game will be held on Saturday. Kick-off is at 1 p.m. Before the big game you can head over to the Tailgate Tent at Ralston Field. The tent will be open from 11 a.m. through the end of half time.

The Tailgate Tent will feature a variety of foods and drinks, children games and much more. Tickets are \$15 for adults and \$10 for children (5-12), children under five are

admitted free.

Also on Saturday is the Homecoming Parade, which will begin at 10:30 a.m.

The parade route is also new this year. Instead of beginning on South Main Street and continuing towards Public Square, the parade will line up between West Ross Street and South Franklin Street. The parade will then travel down South Franklin Street.

Spectators can watch student clubs and organizations, alumni groups, bands and floats while standing by Weckesser Hall and Capin Hall.

The Student Alumni Association will be throwing Colonel hats and anyone who catches a hat can win a prize.

On Sunday at 10 a.m. the Burns Bell Tower, located on the greenway in back of Kirby and Chase Halls will ring its bells in honor of alumni that have passed away since Homecoming 2009.

Some events have a limited number of tickets or room. Students interested in any Homecoming events can contact Bridget Giunta Husted at 408-4134.

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Wilkes University's Health & Wellness Corner

Wilkes University's Health and Wellness Corner is a weekly feature in The Beacon. Students who ask questions will remain anonymous. All questions will be answered by Health Service staff.

Q. I seem to have many acquaintances in my life, but I am having trouble building good friendships. What can I do?

A. Like anything worthwhile in life, building relationships takes time, patience and practice. There are a few important components to consider when fostering a relationship.

Be a good listener. Friends tend to appreciate those who are both willing and able to listen to them. Offer your full attention and really listen to what the other person is saying.

Healthy relationships are not built on always having to be right or needing to win arguments. Maintaining harmony and working through disagreements in a caring, constructive manner helps to develop the relationship. Avoid gossip about any-

one. We tend to value, respect and trust those who do not criticize others.

Capitalize on positive qualities without dwelling on the negative. Forgiveness is essential to sustaining healthy relationships. Mistakes and misunderstandings occur as part of any relationship. But, it's our ability to forgive that truly allows a relationship to thrive.

It's important to offer emotional support to friends without attempting to live their life. You are doing yourself a disservice if you take responsibility for others actions. Remember that true friendship is based on mutual respect, trust, support, and good intentions, without regard for personal gain.

Do you have a question for the Health & Wellness Corner? E-mail your questions to wellness.services@wilkes.edu, and you may see your question in next week's Wellness Corner. Your privacy will be protected. You can reach those working at Health Services at 408-4730 or by visiting their office on the first floor of Passan Hall.

WUPB helps students catch air



The Beacon/ Marjorie Whispell

Last Tuesday, the Wilkes Programing Board hosted an event in the Student Center parking lot that allowed students to take flight. Students were suited up in Superman outfits and flew for about five minutes. Pictured above is a demonstrator.

Rodano's

53 Public Square

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DOWNTOWN COLLEGE SPECIALS

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SEPTEMBER 28, 2010



HE DID IT!
PAGE 15

One Act Plays at Wilkes: *Little plays by big authors*

BY JACQUELINE LUKAS
Editor-in-Chief

The Wilkes University theatre department is performing One Act Plays: Little Plays by Big Authors. The plays are being held from Sept. 30-October 2 at 8 p.m. and October 3 at 2 p.m. in Dorothy Dickson Darte Center.

Admittance is \$10 for the general public and free for students that present their Wilkes ID. The play will feature Globe Theatre style seating, which is a circular seating on the stage. The cast built the seating for the plays.

The plays being performed are "The Creation of the World and Other Business" by Arthur Miller, "No Skronking" by Shel Silverstein and "The Long Christmas Dinner" by Thornton Wilder.

The plays will be directed by Naomi Baker, assistant professor of the visual and performing arts; Theresa Fallon, director of the visual and performing arts and Joseph Dawson, chair of the visual and performing arts, respectively.

"It's a lot different," said Kelly Pleva, freshman musical theatre major. "There's a lot of dynamic that goes into this, regarding acting, because of the way we have the stage set up for this show, which is trying to mimic the Globe Theatre."

Pleva notes getting used to the 360-degree stage may have been one of the biggest challenges in preparing for the play.

"We're only used to facing one side of the

stage," Pleva said. "We have to work to appeal to all sides of our body because the audience is going to be surrounding us."

Lacey Willis, a junior theatre and communication studies major, is the stage manager for One Act Plays. Willis said that the new stage set up has been a "welcoming challenge" because it is a different style.

"We have to remind [the actors], 'You have to constantly be acting because the back-stage audience can see you,'" Willis said.

One Act Plays feature 18 students who have been rehearsing for about four weeks; some are in two of the One Act Plays.

An audition open to anyone on campus was held to form the cast of the plays. In preparation for the show, the rehearsals have been scattered, depending on how many plays for which each particular actor is cast. For example, Pleva is involved with two plays, and she rehearses four times per week.

Before the play and rehearsals, Willis, and her assistant stage manager, Cassidy Conroy prepare all the props and make sure that the three plays will flow nicely. In between each play, there is a short scene to connect each play together.

Willis said that one challenge during rehearsals was getting used to three different directors.

"We've never had three separate plays, with three separate directors, so it's just getting used to what each [director] wants and their style," Willis said. "Each one has a totally different style that works beautifully."



Courtesy of The Theater Department

Seniors Alyssa Glueck and Tim King on stage during one of the many shows presented in the theater department one act plays held on September 30.

Fallon released a media packet with a short synopsis of each play.

"The Creation of the World..." is inspired by the Book of Genesis in the Bible and plays out the classic creation of man and woman. This comedic performance shows God befuddled when he needs Adam and Eve to procreate. Lucifer comes into the play and brings evil with him, which then begins the conflict.

"The Long Christmas Dinner" shows an accelerated version of ninety Baynard-family Christmas dinners. Development of land, customary changes in tradition, growth of the Baynard family and accumulation of property shows the typical multi-generational American lifestyle. The play's

tone is serious, with humor based on character.

"No Skronking" has two main characters, Arnold and Bertha. When Arnold sees a "No Skronking" sign posted, he becomes obsessed with finding out what skronking is and begins to probe Bertha with questions. The two characters talk about skronking and Bertha then becomes convinced that Arnold is a skronker, whatever that may be.

Willis said that One Act Plays are different than normal plays that people see.

"It's an intimate setting and it's just different than how we usually hold our shows," Willis said.

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Kevin Hart to bring laughs to Wilkes University Thursday

BY RACHEL LEGGIERI
Staff Writer

Wilkes University Programming Board will be sponsoring a performance by comedian Kevin Hart on Thursday, September 30 in the Arnaud C. Marts Center. Doors open at 8 p.m. and the show begins at 9 p.m.

Tickets to the performance are \$20 for general admission, \$15 for Wilkes faculty, staff and alumni, and \$10 for Wilkes students. All seating for the event is on a first-come, first-serve basis.

Programming Board member Christina D'Ippolito explained performances by comedians at Wilkes have always had good results in the past. She also thinks that it will bring a good variety to the entertainment provided to the student body.

"The Programming Board is known mostly for the concert that we hold in the spring," D'Ippolito said. "Through the addition of a comedian in the fall, we hope that we're reaching out to the larger student body who might not be interested in the musical acts we bring. We want the students to get to enjoy all different aspects of entertainment."

Hart has become known as one of the most versatile comedians on the scene, starring in a variety of roles. He is featured on and off the big screen, and is currently conducting a comedy tour with stops all over the country.

Major events chairperson Todd Oravic explained that Hart's performance will be much different from the comedians that have visited Wilkes in the past.

"I think his performance persona is a lot different than last year's performer Demetri

Martin," Oravic said. "Kevin Hart is very expressive and his humor is very off the wall. I think it's a great contrast and we're really looking forward to it."

Hart's television appearances include roles on hit shows such as "The Big House," "Undeclared" and "Barbershop." Last year, he premiered his own one-hour comedy special on Comedy Central titled "I'm a Grown Little Man." His most recent television gig came this month when he landed a spot as host of "Comic View: One Mic Stand," BET's stand-up comedy series that showcases up-and-coming comedians.

Some of his most famous big screen premiers include spots in "Scary Movie 3" and "Along Came Polly." He can also be seen in other movies such as "Superhero Movie," "The 40 Year Old Virgin" and "Soul Plane."

Programming board president Jeff Simpson explained that Hart's performance at Wilkes is expected to have all new, never-before-seen material from the comedian.

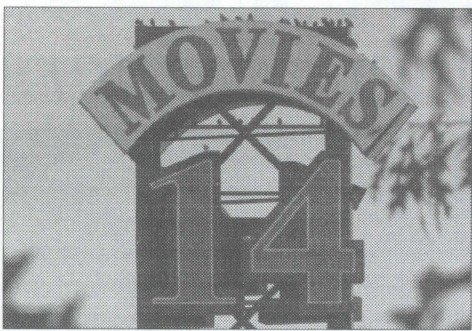
"From what we've been told, Kevin has plans to bring a whole new bit to Wilkes University," Simpson said. "The stuff he will be performing won't be the same stuff he's performed before, so I think that will definitely be something worth coming out to see."

To purchase tickets for this event, students can visit the Henry Student Center at Wilkes from 10 a.m. to 5 p.m. daily or purchase online at wilkesuniversity.tickets.musictoday.com.

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Movie Review: 'Easy A' scores an A+ in our hearts

BY MOLLY KURLANDSKI
Interim A&E Editor



The Beacon Archives/Tom Reilly

Warning: This article may contain spoilers

If any teen has ever been ridiculed and mocked for how they acted, how they dressed, or even just because they weren't considered 'cool,' this movie is for you. Similar to, "The Scarlett Letter", by Nathaniel Hawthorne, "Easy A," takes a whack at revealing a modern version of how rumors spread everyday in high school, true or false.

Olive (played wittingly by Emma Stone) is a typical high school student with typical high school problems: nobody notices her.

Her best friend Rhiannon (Alyson Michalka) hardly listens to her, and the boy (Penn Badgley) that she's been crushing on since elementary school doesn't know she exists.

Like any teen girl, hoping for acceptance, Olive lies to her best friend about a weekend fling with a fictional college freshman, not realizing that the minute the statement leaves her mouth, word spreads throughout the whole school of her promiscuity. Any girl in Olive's position would probably never have the guts to embrace the attention, but Olive does and she soon begins to thrive on the gift of finally being acknowledged.

Things get interesting when a bullied classmate asks Olive to pretend to sleep with him, to boost his own image. Knowing what it's like to be an outsider, Olive says yes and soon begins to help more and more classmates gain acceptance by "sleeping with them." Her once clean and pristine high school status soon turns into a scandalous one. As the movie progresses, the rumors build about Olive. However, the rumors start to diminish her status, rather than enhance it.

Honestly, this is the sharpest comedy this year. Emma Stone is remarkable as a lead-

ing lady and pretty much steals the show. She is a heroine for girls in the past, present and future.

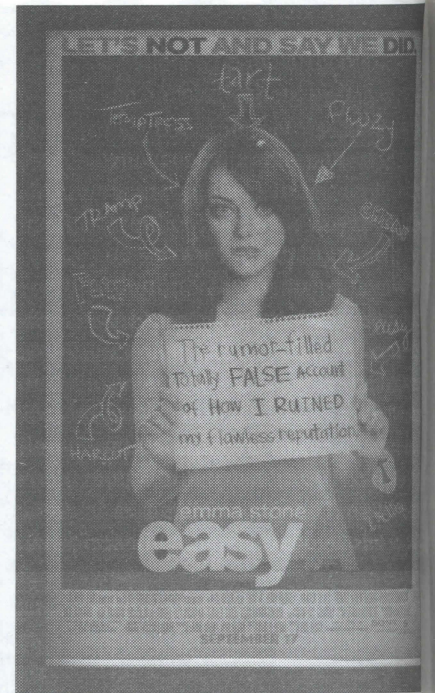
We have all been in a situation similar to Olive's. She is someone that most teens and even adults can relate to and even when Olive's character is on a downward spiral, the audience is rooting for her. She is not a tramp. Olive is brave, endearing, and a heroine to girls throughout the world who have been the victim of a rumor.

The best line of the movie comes from Olive's mouth herself when video chatting about Todd (Badgley):

"I think I'll lose my virginity to him. Maybe in five minutes, maybe tonight, maybe sixth months from now, or maybe on the night of our wedding. Either way, it's really none of your business."

Co-stars include Amanda Bynes, Thomas Hayden Church, Dan Byrd, Patricia Clarkson, Cam Gigandet, and Lisa Kudrow. "Easy A" is rated PG-13.

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The Beacon/Allison Ro

"Easy A" is now playing at RC Theater located on East Northampton Street in downtown Wilkes-Barre.

Fall TV schedule brings back glee and a little bit of sun

BY MOLLY KURLANDSKI
Interim A&E Editor

With the transition of summer into fall, two things usually happen; a change in temperature and our favorite shows return. For all those Wilkes students who can't resist turning on their TV to "Jersey Shore," "Teen Mom," and Bravo's "The Real Housewives" series, it's time to put reality TV away for a bit, and to devote our time to two shows that we know, and love: "Glee" and "It's Always Sunny in Philadelphia."

First, with the success of the Disney's "High School Musical," why wouldn't FOX's original series "Glee" be a huge success? "Glee" debuted last year and since then, kids and adults have been singing along to the show's covers of songs such as Journey's "Don't Stop Believin'" and Kelly Clarkson's "My Life Would Suck Without You." The show's cast, which includes Broadway alums Matthew Morrison and Lea Michele, has such a wide variety of vocals and music that it is appealing to all ages. Even if you're not a fan of the show, the music is usually straight from the top of the charts, so that attracts listeners.

"I don't watch 'Glee' but I do enjoy the music that they sing. They're very talented," said James Wismer, a junior pharmacy major at Wilkes.

"Glee" is not just a musical; it's a taste of high school. Studnets don't normally sing out their feelings in a choreographed routine that everyone immediately picks up, but most if not all high school kids experienced the same issues that the characters on this show do. All of the kids in Glee Club are talented, and it's obvious they belong there.

"Glee" has become a phenomenon and it seems everyone wants to be a part of it. The show has had frequent recurring guest stars including; Idina Menzel, Kristen Chenoweth, Neil Patrick Harris, and Jonathon Groff, all of who have appeared on Broadway. Episodes themed around pop icons such as Madonna and Lady GaGa have been major successes, and ironically enough, tonight's episode is Britney Spears-themed and is featuring a cameo from miss pop sensation herself, Britney Spears. This is sure to be a fan-favorite, especially for all those Britney fans in the audience.

What's next for "Glee?" Well, hopefully more themed episodes and special guests. Rumors are circulating on the net that stars such as Jennifer Lopez, Paul McCartney, and even "High School Musical" veteran Zac Efron are interested in appearing on "Glee." According to online sources, Gwyneth Paltrow and John Stamos are both set to appear later in the season.

When asking Wilkes students about "Glee," many of them agreed that it is a very entertaining show. Although there are many "Glee" fans in the Wilkes University population, many students slated "It's Always Sunny in Philadelphia" as one of the top series on TV right now.

Originally starting out with the lowest television budget of any show, "It's Always Sunny in Philadelphia," is now one of the can't miss shows on TV. Debuting in 2005, the show centers around four self-centered friends, and the day to day disasters they encounter because of how truly rotten they are. Written and produced by the male leads of the show, Charlie (Charlie Day), Dennis (Glenn Howerton), and Mack (Rob McElhenney), are all owners of a bar called Paddy's Pub located in Philadelphia. They are alongside Dennis' sister, Dee (played by McElhenney's real-life wife, Kaitlin Olson) and Frank (the always enjoyable Danny DeVito). All of their characters are equally funny and make for one of the best casts on TV.

"I love Charlie, he's my favorite. He's the main reason I watch it. He's hilarious," said Peter Polyak, a senior psychology major at Wilkes.

Even with the hysterical cast, one of the reasons the show has been so successful is that with each episode, they tackle an every-

day issue that society is currently having and add a comedic and disastrous touch to it. Most of the instances in which they are trying to do good, they are doing it for the wrong reasons, and end up worse off than they were in the beginning. "The Gang" constantly teams up and competes with one another for different titles within the group, ultimately providing for a laughable situation that audiences just can't get enough of.

"It's really the only TV show that I can get into, that I'm constantly laughing at in every episode," said Carolyn Holeck, a senior nursing student.

The last episode ended with Dennis getting a divorce from his crazy wife. This week, the gang will be purchasing a boat. Need I say more?

Too see both these shows and decide for yourself which is the best show on TV now, "Glee" airs Wednesdays at 9 p.m. on FOX and "It's Always Sunny in Philadelphia" Thursdays at 10 p.m. on FX.

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for more information check out...

wilkesbeacon.com

GO!

Zercross: "Name the show from the actors"

BY ASHLEY ZERFOSS
Correspondent

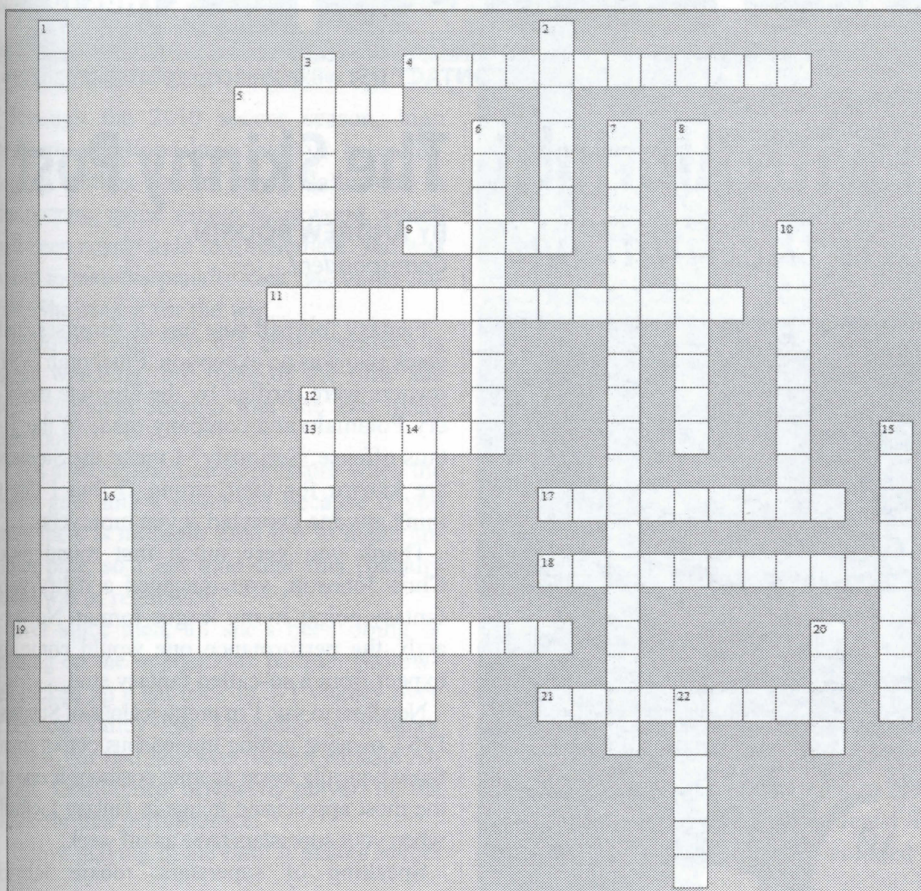
ACROSS

DOWN

4. Ed O'Neill, Sofia Vergara, Julia Bowen, Ty Burrell
5. Hugh Laurie, Lisa Edelstein, Omar Epps, Jennifer Morrison
9. David Boreanaz, Michaela Conlin, Emily Deschanel, Eric Millegan
11. Christopher Meloni, Mariska Hargitay, Richard Belzer, B.D. Wong
13. Stana Katic, Nathan Fillion, Jon Huertas, Seamus Dever
17. Matt Stone, Trey Parker, Isaac Hayes, Vernon Chatman
18. James Lafferty, Sophia Bush, Chad Michael Murray, Paul Johansson
19. Neil Patrick Harris, Josh Radnor, Jason Segel, Colbie Smulders
21. Rainn Wilson, Jenna Fischer, John Krasinski, Steve Carell

1. Ray Romano, Brad Garrett, Patricia Heaton, Doris Roberts
2. Courtney Cox, David Schwimmer, Matt LeBlanc, Lisa Kudrow
3. Billy West, Katey Sagal, John Di Maggio
6. Jeffrey Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless
7. Marcia Cross, Felicity Huffman, Teri Hatcher, Nicollette Sheridan
8. Tom Welling, Allison Mack, Erica Durance, Michael Rosenbaum
10. Kyra Sedgwick, J.K. Simmons, Corey Reynolds, G.W. Bailey
12. Pauley Perrette, David McCallum, Mark Harmon, Michael Weatherly
14. Anna Paquin, Sam Trammell, Ryan Kwanten, Rutina Wesley
15. Seth MacFarlane, Mila Kunis, Seth Green
16. David Caruso, Emily Procter, Adam Rodriguez, Rex Linn
20. Matthew Morrison, Lea Michele, Jayma Mays, Cory Monteith
22. Anna Torv, Joshua Jackson, Lance Reddick, Blair Brown, John Noble

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Nikles surpasses world record

BY MICHAEL CIGNOLI
Editor-in-Chief

Aaron Nikles, a junior mechanical engineering major, eclipsed the previous Guinness world record for longest Guitar Hero marathon, but he's not the official record holder just yet.

Nikles, who began playing Guitar Hero at 11:15 a.m. Saturday in the Henry Student Center, played for a total of 25 hours and two minutes before calling it quits Sunday afternoon.

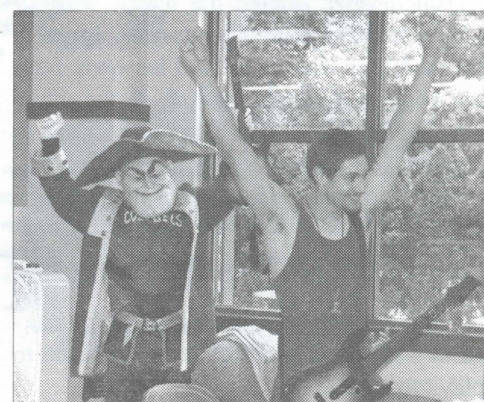
Though that number is shorter than his original goal of 36 hours, it's still higher than the current Guinness world record of 24 hours and two minutes, set in 2009 by four guys from Finland.

Nikles surpassed the old record at 11:18 a.m. Sunday morning while playing Iron Maiden's "2 Minutes to Midnight." He followed that song with Queen's "We Are the Champions."

"It feels great," Nikles said following his record-breaking performance. "It really hasn't set in yet. Hopefully in the next few days it will."

Nikles needs to submit evidence of his concert to Guinness before he is declared the new record holder. He hopes to receive a certificate from Guinness in the next couple weeks.

Approximately 40 people were on hand to witness Nikles break the record, but many more filtered in and out throughout the 25-hour stretch.



The Beacon/Bryan Calabro
Aaron Nikles celebrates after eclipsing the Guinness World Record for longest Guitar Hero Marathon.

Many of the onlookers donated a dollar to play a song with Nikles and the event raised over \$100 for the American Cancer Society.

"He's waited a whole year to do this," said Garrett Schrader, Nikles' roommate. "I'm really excited for him."

After finally shutting down his Xbox 360, there was only one thing that Nikles wanted to do.

"I'm going to Disneyland," Nikles said. "Just kidding, I'm going to bed."

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Women's volleyball falls in re-match with Albright

Colonels comeback falls short; Lose 3-2 in the final set

BY ANTHONY DORUNDA
Sports Editor

Staring up at a 2-0 deficit, the Wilkes women's volleyball team rallied and mounted a spirited comeback to even up the series 2-2. After a back-and-forth fifth game, the Lady Colonels eventually bowed out 15-8 in a sizzling final stanza.

"We weren't able to shake off our early mistakes and continued to dwell on them," junior setter/outside hitter Kate McGurk said. "We need to work together as a team to reduce our mistakes. There wasn't one specific thing they did to bring us down but we just need to overcome our own obstacles."

Those obstacles were aplenty in the loss to the Lions, who clawed their way to their third win of the season. The ladies were unable to capitalize on early mistakes by the Lions, and found themselves in a deep hole from the get-go.

Danielle Ozment led the match with 19 kills, while Alyssa Hoogendoorn chipped in for the Lions with 11 kills of her own. Lauren Higgins tallied 41 assists in the while Ozment combined with Casey McFadden to register 47 digs defensively.

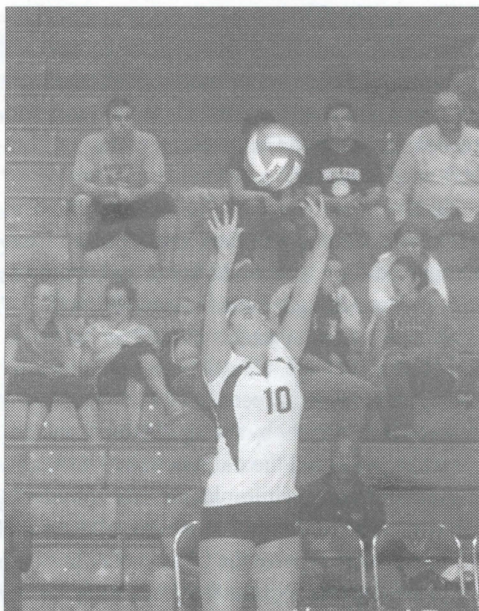
"We didn't start off the game playing Wilkes volleyball," junior middle hitter Emily DeBuck said. "By the second game we were aggravated we were losing to a team we had previously beat 3-0 this season and we talked to each other and got more motivated to play 'our' game."

Led by senior Marissa Harrison's 14 kills and McGurk's 22 assists, the Lady Colonels never faltered, but instead fought back and made a potential blowout a fight to the finish. Freshman middle/outside hitter Casey Bohan chipped in with 11 kills of her own for the Lady Colonels, while sophomore setter Alex Zero added 14 assists in the five-setter. Erin Nothstein and Allie Kelleher led the defensive effort for Wilkes, as Nothstein collected 26 digs and Kelleher chipped in with 21. McGurk added 17 digs of her own, as the lady Colonels demonstrated they're 'never-give-up' attitude in their determined comeback.

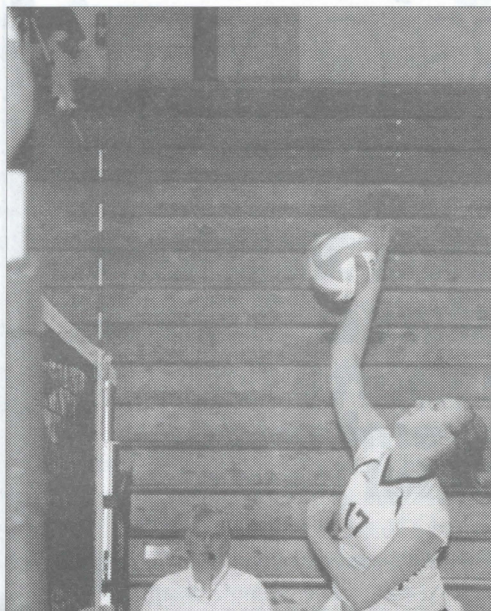
"I think it shows our team has heart, and we won't go down without a fight," DeBuck said. "We know we can win, and we know



The Beacon/Melissa Polchinski



Junior Kate McGurk (above) and sophomore Alex Zero (left) set their teammates for a return. Junior Emily DeBuck (bottom) spikes the ball back to Albright.



we have the potential to win every game, we just have to play each game like it is our last and play our hardest no matter who we are playing."

After the loss, Harrison stands just 22 kills shy of the all-time school record for kills in a season with 1,188. She gets her first crack

at breaking that record when the Lady Colonels slip on the spandex versus cross-town rival King's College on September 29 at 7:00 p.m. at the Marts Center.

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The Skinny Post

BY ANDREW BOOKIN
Correspondent

Fantasy football sure has its surprises, and week two was no exception. Pittsburgh D/ST owners were thrilled by the absolute mockery Polamalu and company made of the Titans offense. Seriously? I mean the Steelers are known for their strong D, but I don't think anyone expected seven turnovers.

Thank you very much first round pick Chris Johnson; you managed a paltry two fantasy points in my league format. Not exactly the performance one would come to expect from a so-called fantasy stud.

Needless to say, I'm pretty jealous of Steelers D/ST owners; getting tremendous output from those typically lower scoring positions is one of the most appreciated things in fantasy football when your superstars have an off week.

Speaking of superstars, rookie Jahvid Best, out of Cal, is shaping up to be one of the league's most explosive backs. He's the standout of all the rookies that were causing a lot of buzz among fantasy owners before the season began. Other hopefuls like C.J. Spiller and Ryan Matthews have been big disappointments.

Bills running back Spiller has eight carries for only nine yards and no TDs. The story with Chargers rookie running back Ryan Matthews is he suffered an ankle injury during last Sunday's game against Jacksonville. Look for Best to continue putting up great numbers in the revamped Detroit offense.

For all of you Eagles fans looking forward to seeing Kevin Kolb get the starting position under center, sorry to rain on your parade, but Vick is the better man for the job. His week two performance truly showcased his potential. Vick is battle-tested and one of the most mobile QB's in the league.

His rushing threat will give defenses, specifically defensive ends, fits. If the ball-side coverage pinches in to cover LeSean McCoy, Vick will be able to book it right outside like he does so well. If the end decides to contain the outside, then McCoy will have much more daylight to work with.

After it's all said and done, expect good things from Vick and the Philly offense in the coming weeks; scratch that, expect great things.

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Athlete Spotlight: Taryn Hollowell, goalscorer

BY PHAT NGUYEN
Correspondent

Through the 2010 soccer season, high pressure situations have always been following Wilkes senior Taryn Hollowell. In the opening game versus Marywood, which had been nearly held to a stalemate, she was asked to take the penalty kick late in regulation. She sunk it for the win.

Hollowell said that big game pressure is nerve wracking, but most of the time she feels confident enough that she can make that shot.

"It's always much more pressure when the game goes into a shoot out because if you miss there is no more time left to make another play, so I am glad that this [penalty kick] was in regulation."

Ever since then, all she's been doing is raining on the oppositions parade. Hollowell picked up a hat trick in 3-1 victory over Lebanon Valley last Thursday in a rainy contest, for that she was named Middle Atlantic Conference offensive player of the week for that performance.

"I love playing in the rain. It makes soccer



Photo Courtesy of Steve Finkernagel

Senior forward Taryn Hollowell has been on a tear thus far this season, totaling four goals and eight points in nine games this season.

so much more fun and even more unpredictable," Hollowell exclaimed.

Ever modest, Hollowell is quick to credit to her teammates Seneca Tucker, Jenna Sargent and Maura Kelly, who all assisted on

her hat trick goals, for making all of her success over the last four years possible.

"I [want to] give credit to everyone else that is out on the field with me, because every play counts, and when we are all work-

ing hard, that's when we score goals," said Hollowell.

Obviously, they are all doing something right as this marks the senior forward's fourth career collegiate hat trick.

Hollowell's success is also evident in the classroom where she has made the dean's list every semester as a senior business/education double major, usually taking as many credits possible.

"I think goal setting and time management are very important in succeeding in the classroom and on the field," Hollowell said. "I know that I want to make dean's list every semester and the only way I am going to be able to do that while taking 22 credits is to manage my time wisely. I still find time to do things I want to do as well, which is always a plus."

So far, Hollowell has scored 24 goals and 60 points in her illustrious Wilkes career, and stands six goals and 13 points shy of entering the school's all-time top five in each category, but let's save that for a rainy day.

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FOOTBALL

9/25 @ Utica 10-24 L

WOMEN'S SOCCER

9/21 @ Centenary 0-1 L

9/24 @ NYU 0-1 L

MEN'S SOCCER

9/23 vs. Baptist Bible College 5-4 W

9/25 vs. Lebanon Valley 2-0 W

FIELD HOCKEY

9/21 vs. William Paterson 1-2 L

9/25 vs. Eastern 0-2 L

VOLLEYBALL

9/25 @ Stevenson 0-3 L

9/25 vs. Albright 2-3 L

MEN'S CROSS COUNTRY

9/26 @ Philadelphia Metro Small
College Meet 16th Place

WOMEN'S CROSS COUNTRY

9/26 @ Philadelphia Metro Small
College Meet 11th Place

WEEK AHEAD

FOOTBALL

10/2 vs. Albright

WOMEN'S SOCCER

10/2 vs. Delaware Valley College

MEN'S SOCCER

9/30 vs. PSU Hazleton

10/2 vs. Delaware Valley College

FIELD HOCKEY

10/2 vs. FDU-Florham

VOLLEYBALL

9/29 vs. King's College

10/2 @ Messiah

10/2 @ Widener

CROSS COUNTRY

9/26 @ Colonel XC Classic



FACE OFF



Who are this year's Cy Young award winners?

The doctor is in



Sports Editor
ANTHONY DORUNDA

The baseball season is quickly winding down and the postseason is creeping its nasty head around the corner. That means it's about time to start handing out some hardware. You've come to the right place for that. My partner and I are about to unveil some classified info and let you be the first to know who is going to be taking home this year's trophy named after the one they called "The Cyclone."

Instead of battling wits, we're going to divvy it up this week; I get the National League — Chris the American. So without further ado, I present to you the 2010 National League Cy Young winner: Roy "Doc" Halladay.

It was not an easy decision, however. Doc faced some heavy competition by the name of Adam Wainwright. Choosing between these two is like trying to choose between Coke and Pepsi. Both offer their own different intangibles, but when you look at the

label, they're still both a cola, and they are virtually the exact same thing.

That's the case with these two studs. I can use every number imaginable — Halladay's 2.53 ERA to Wainwright's 2.42; Halladay's 20 wins, Wainwright's 20; Halladay's 1.07 WHIP, Wainwright's 1.05; Halladay's 213 strikeouts, Wainwright's 213.

And if you crunch the numbers, they're almost identical, just like if you take a look at the ingredients of Pepsi and Coke — nearly indistinguishable. Although Halladay has thrown about 18 more innings and has three more complete games, it's like splitting hairs trying to choose between the two.

So we're going to have to delve deeper into this issue — to why Halladay gets the hardware.

With Halladay's win on Sept. 21, he became the first Phillies pitcher to win 20 games since Steve Carlton went 23-11 in 1982, and the first right-hander to reach the plateau since the late Robin Roberts did it in 1955. This guy has been counted on to win every single game he's pitched, literally. In six of his 10 losses, Halladay has given up

three runs or less, and has still managed to crank out an astounding 20 wins and counting. Imagine if those losses were wins, we're talking about a sparkly 23-4 record here, a runaway Cy Young winner.

And while you dizzy over those numbers, feast on this: six of Doc's wins came when he got no more than three runs of support. This guy is a legit machine. Of his 32 starts, only four of them have lasted less than seven innings-four! The dude's averaging seven and two-thirds innings per start, by far tops in the majors. Oh and before I forget, he also threw a little something called a perfect game earlier in the season as well, that bolsters the resume a bit.

Unfortunately for Wainwright, his team faded down the stretch while Halladay's soared. I feel bad, too, because he put up Cy Young numbers. But for the second straight year, someone edged him out, if only by a hair. The Phils just got stronger and the Cards disappeared. That's a credit to the ace of their staff — and why Halladay, who will make his first career playoff appearance, deserves the award.

Felix is king



Assistant Sports Editor
CHRISTOPHER HOPKINS

The air is cooling, the leaves are changing, and everyone's starting to get back into the swing of having to go to classes. It can only mean one thing: postseason baseball. With the regular season all but over, teams have already started to set their rotations for the playoffs. As the season winds down, it's time to step back and take a look at the 2010 season and begin to think about who's most deserving of the coveted individual awards, including that holy grail for pitchers, the Cy Young Award.

With this season being dubbed "the year of the pitcher," it is one of the more difficult seasons to decide who out of the elite group deserves to be crowned the best. The American League, usually difficult for pitchers with the DH in the lineup, features six starting pitchers with a sub three ERA, 10 pitchers with 15 + wins, and four pitchers with 200 + strikeouts with more time in the sea-

son for a few more pitchers to add to the list.

With so many pitchers having great years, it may seem hard to pick out just one to bring home the trophy. However, there is one that may have gone under the gun because of his team's poor record, who clearly deserves the award. Felix Hernandez of the Seattle Mariners has put up stellar numbers all year despite playing for a last place team.

Unlike the MVP award, which goes to the most valuable player for his team, the Cy Young goes to the pitcher with the best numbers. Hernandez has certainly proven himself to be that player. Even though the Mariners are in last place in the American League West, he has been the best pitcher in the whole American Leagues for the whole season.

Hernandez has shown he is a rarity in baseball today, proving he's a true workhorse by throwing more than 240 innings, the most in the league, with six complete games mixed in there. He has struck out 227 batters while posting a 2.31 era, both the best in the league.

Aside from his measeley 12-12 record, Hernandez is right at the top in every ma-

nor category. However, you cannot penalize him for a poor win-loss record because of the team he plays on. You can shut down the other offense better than anyone, but when you're not getting run support from your offense, it's hard to rack up the wins as a starting pitcher. Hernandez has the lowest run support this season in the AL with a measeley 3.09 runs a game from his offense. Just look at his last start against the Toronto Blue Jays, where he threw a complete game two-hitter, but lost the game 1-0.

Hernandez also leads the AL in Wins Above Replacement, a sabermetric stat that measures just how valuable a player is by combining all of the major pitching categories. His 5.5 WAR tops all other pitchers and proves that he is above all others.

So with all of this in mind, it's hard to think Hernandez can be overlooked just for playing on a last place team. The Cy Young Award belongs with Hernandez after throwing a stellar season. Despite some pitchers from contending teams having good years, it is Hernandez, from the last-place Mariners who truly deserves the title "King Felix."

Soccer nets first win of season; tops Defenders

Colonels defeat Baptist Bible College behind flurry of second half goals; late game-winner

BY BILL RICCETTI
Correspondent

When TJ Brandt woke up Thursday and went about his daily business, he had no idea that come that evening he would be the hero in his team's first win of the season. Yet that's exactly what happened, as the junior midfielder's goal in the 86th minute gave the Colonels a 5-4 win over the Baptist Bible Defenders at the Ralston Athletic Complex.

After the score toggled between the Defenders and the Colonels the entire game, the score was tied 4-4. With just five minutes left the Colonels had to count on their offense to win the game. And that's when Brandt stepped up. Brandt found the back of the net for the game-winning, unassisted goal, giving the Colonels their first win of the season.

"It feels good to win, even though the game should not have been that close," Brandt said about the win. "It was really a team effort."

The Defenders opened the scoring with a tally by forward Ben Clark in the 18th minute of the game. But a defensive miscue allowed the Colonels to tie the game with a goal of their own. A sideline kick hopped over a Defender and bounced into the net behind Baptist Bible goaltender, Ian McGovern. Senior defender Tom Joyce was credited with the goal for the Colonels.

The Wilkes defense was stout after the goal, knocking the ball out of their defensive zone and coming up with very key stops. Junior

goalie Dakota Cole played exceptionally well in the first half, but his offense could not give him any support.

The Colonels couldn't hold the ball in the attacking zone for very long in the first half, which was partly due to the exceptional defensive skills of Baptist Bible.

With many early scoring opportunities denied, Baptist Bible caught a break in the 41st minute when midfielder Josh Jackson slid the ball past the defense to Josiah Mantz, who put the Defenders back on top, 2-1.

As they did after Baptist Bible's first goal, Wilkes equalized the score when Joe Brennan booted a free kick ball to forward Michael Turner, who netted a goal with two minutes remaining in the half.

Once the second half started the Colonels offense started to surge. Their forwards kept possession of the ball for most of the second half and capitalized on nearly all their chances. Freshman forward Andre Asare scored the first goal of the half in the 52nd minute to put Wilkes up 3-2.

But as the Colonels offense started to shine, their defense began to slump. Ten minutes later, Mantz netted his second goal of the game to tie the score at 3-3.

But the Wilkes offense responded in a big way four minutes later, when senior midfielder Phillip LaBelle scored his first goal of the season on a free kick.

After the Colonels went on top, the defense stepped up. They kept the ball out of their zone and refused to let the Defenders get off clean shots. Then, the Defender of-



Soccer Photos: The Beacon/Michael Cignoli

Freshman forward Michael Turner celebrates Wilkes' second goal as a Baptist Bible defender looks on in anguish (above). The Colonels won the game 5-4, their first of the season. Sophomore Joe Brennan takes a free kick against Lebanon Valley below.

fense found a hole in the Colonel defense when Ben Clark scored his second goal of the game in the 75th minute.

"It feels good [to get the first win]," said Senior midfielder Sean Stitt. "It's a step in the right direction towards our goal and it always feels good to have your efforts turn into results."

The Colonels take the field again looking for their third consecutive win Thursday night at 7 p.m. versus PSU-Hazleton at the newly renovated Ralston Athletic Complex.

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Cross country runs away with it



Courtesy of Stephanie Smith

The Wilkes women's cross country team finished third overall at the Falcon/Mule Classic, their highest finish since becoming an NCAA sport three years ago.



SMALL SIZE, BIG BOND

With only 13 players, Wilkes field hockey starts season strong

BY CHRISTOPHER HOPKINS
Assistant Sports Editor

The Wilkes field hockey team may be lacking in roster size, but that hasn't stopped them from coming out strong this season. The Lady Colonels are 4-3 with a roster of only 13 women, a size much smaller than most of their opponents.

Coach Mollie Reichard, who is in her first season of coaching at Wilkes University, doesn't see the small roster as a disadvantage for her team because of the strong work ethic that they put in every day in practices and games.

"They're buying into the system," Reichard said. "They believe in the new tactics and techniques and are using them out there on the field, which is what we want to see."

Reichard said that the small numbers and fewer subs who can give them a breather during games haven't slowed down the team so far.

"They are still giving 100 percent during practices and games. The team plays at a fast pace all game, which is where we want to be at. They have really learned that they need to pull together and work hard and they do that by feeding off of each other's intensity."

One thing that has really been important for the Lady Colonels this year in their success in team chemistry and how well they have come together. Junior midfielder/forward Amanda Peters credited the small size of the team as a means for how close-knit the team has become.



The Beacon/Melissa Polchinski

Sophomore midfielder Lauren Pawling battles for possession during the Colonel's 2-1 loss to William Paterson last week.

"Having low numbers really did bring us close," Peters said. "It's not an individual game by any means. It's everyone working together. With small numbers, we know we all just have to work that much harder and work together."

The team connects on and off the field, building the bond. Every Friday night before a Saturday game the team holds a team dinner, where they have a chance to sit down together to further the team comradery.

Reichard does recognize that having a small roster could be means for fatigue or injury and does take precaution to preventing this. NCAA rules require at least one day off every week, but the team will throw in an extra off day after games and back-to-back practices to make sure their players have enough rest and to keep them healthy.

Wilkes, which has outscored its opponents so far this season 12-10, uses its small numbers to its advantage. Senior defender Rachel Cannuli

attributes the lack in numbers as motivation for the team to play that much harder.

"It makes everybody a lot more aggressive when playing because we know just what we have to do," Cannuli said. "When teams come into play us, they're not expecting it. We have a little trick up our sleeve, and we know it."

It certainly is a surprise to the other teams who come into play what they think will be a weak team because of the size.

"Other teams are underestimating what our kids can bring to the table. Other teams are going online and seeing we only have a few subs and automatically think they can outplay us, but then they come in and find out that that's not the case at all," Reichard said. "They get very frustrated at that and our kids just feed off of that and adds to their aggressiveness."

Moving ahead, Reichard doesn't think the team needs to do anything different to continue to win.

"We just need to continue to improve as a team first and as individuals," Reichard said. "Improvement is the most important thing and that will translate on the field."

The Lady Colonels return to action Oct. 2 versus FDU-Florham at the Ralston Athletic Complex.

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The Beacon/Melissa Polchinski

Sophomore forward Kaitlyn Bevans fakes out William Paterson's Shannon Thomas during last week's 2-1 loss.

BY THE NUMBERS

1

Number of seniors on the 2010 squad - Rachel Cannuli. The team is comprised of a number of underclassmen, including five juniors and five freshmen.

12

Number of goals by the Lady Colonels this year. The 12 goals are divided amongst five different players, with three netting three goals apiece.

13

Number of players on the 2010 field hockey roster, down from the 18 on the roster in 2009.

23

Number of players on Eastern University's field hockey roster, who beat the Colonels 2-1 on Saturday. Wilkes has had to go up against bigger rosters all season long.

