



# The Beacon



Vol. XXXVIII No. 6

Wilkes College Wilkes-Barre, PA 18766

October 10, 1985



Pictured above are, L-R: Dave Hudak, Joe Fulco, Neal McHugh, President Breiseth, Sue Cicilioni, Sandi Cohn, and Beth Cortez.

## Wilkes joins Apple network

Wilkes College recently became the only college in northeastern Pennsylvania to join the Apple University Consortium. The Consortium is a nationwide computer information network encompassing a select group of major colleges and universities.

Through the University Consortium, Wilkes College is now linked to the computer systems of universities such as Cornell, Yale, Princeton, the University of Pennsylvania and Notre Dame. Computer users at the College can swap information, technical assistance and even entire programs with these other institutions.

In a related move, Wilkes also joined the Apple Computer Purchase Plan. This program will make Apple computers available to faculty, staff and students at discount prices.

According to Dr. Joseph Bellucci, chairman of the Education Department, the College's commitment to both programs is a significant step toward expanding computer resources on campus. As Bellucci noted, "This 'Apple Link Network' makes Wilkes a vital partner in association with the finest academic institutions in the country."

The Apple Link Network also gives Wilkes access to services provided by Apple Computers. Apple's Technical Support service is an on-line telecommunications system which can receive user questions and deliver answers within a 24-hour period.

The News Center, Information Center, Research Center, Message Center and Document Center are available for technical help to any Apple user enrolled in the service.

Through the network, Wilkes College will have the opportunity to utilize software not currently available on the open market. This software can be received either from Apple or from another Consortium member.

Bellucci sees this as an added advantage of the system, since it will give the College insight into the latest developments in the field.

Because the inclusion of Wilkes College in the University Consortium represents such a unique opportunity for students, Wilkes has instituted its own program to expand computer applications on campus.

To encourage the integration of computers into all academic programs, the College is offering its faculty members a Faculty Purchase Plan. The plan allows faculty to receive grants toward a computer's purchase price, already discounted through the Apple Purchase Plan.

In addition, faculty members are allowed

cont. on page 7

## King & Queen named

by Brian Potoeski

The Homecoming King and Queen were announced at Saturday's Homecoming football game at halftime.

Sue Cicilioni was named Homecoming Queen. Neal McHugh was named Homecoming King.

Princesses Sandi Cohn and Beth Cortez and princes Joseph E. Fulco and David

Hudak were named to the Homecoming Court.

The elections for Homecoming King and Queen were held Tuesday, October 1. The male and female who received the most votes were named King and Queen. The two runners-up in both male and female categories make up the court.

Both the King and Queen were awarded a \$50 prize,

while members of the court received a \$25 prize each.

The winners of the Homecoming display contest were also announced at halftime. The award for best display overall was given to Circle K. Barre Hall was given the award for best display by a dorm. The award for best display by an organization was given to the Engineering Club.

## Coffee canned; Carlin confirmed

by Alex Kassay

At its Monday night meeting, Student Government (SG) confirmed the rumor that George Carlin is coming to Wilkes College. Carlin will appear in the Wilkes gym October 28 for one show. With a Wilkes ID, tickets will cost \$10. Only one ticket can be purchased with each ID.

Many students were present at the SG meeting to witness what turned out to be the main event of the evening. Michaelene Coffee, SG's corresponding secretary, was removed from office by an impeachment vote of 16 to 1, with 3 abstentions.

Seven reasons for

Coffee's removal were cited. Most involved Homecoming, an event the SG corresponding secretary is always in charge of.

It was noted that, first, Coffee did not go to the Homecoming dinner dance, which she was to attend. Second, she failed to secure people to take tickets at the door at the dance. Third, she failed to provide adequate publicity for Homecoming weekend. Fourth, Coffee did not allow enough time for ticket sales and did not get people to sell tickets. Fifth, she was not available to discuss bonfire plans on the day of the event. Sixth, she failed to pick up SG mail weekly. The seventh charge concerned Coffee's failure to

care for the duties of her position.

According to SG representative Beth Cortez, many students complained about how unorganized Homecoming weekend was. Cortez stated that for the first time since joining SG, she felt she was really representing the students of Wilkes by stating their opinions at an SG meeting.

In other business, SG discussed a fund request from a member of ROTC's Arnold Air Society for \$46 to cover the cost of a bus trip to a conference. The request was denied when SG discovered that the Society kept its treasury in an account at a local bank.

cont. on page 3

### Inside this issue:

Wilkes debaters do it again

Trustees retreat to the Poconos

Committee plans faculty development

Wilkes blasts Suquehanna

Gabby reveals twelve dating secrets

Editorial

Students' decision

We ran an ad in The Beacon last week entitled "Writers' Block Cured." Although it advertises a catalogue of paper topics, it is actually an advertisement for pre-written research papers. These ads are not uncommon, particularly in college and university newspapers.

Following publication last week, The Beacon's advisor and editor-in-chief received several comments about the ad. Primarily, The Beacon was criticized for supposed lack of judgment in running an "unethical" ad.

The questions raised by the publication of this particular ad resemble questions The Beacon staff has asked before. For example, The Beacon has received an ad from a couple interested in adopting a baby. We are waiting to make the decision to run the ad until its legality is confirmed. Thus, it is evident that an ad policy must be made to deal with these various circumstances.

In order to make the most effective, ethical policy decision, we must first examine the various points of view.

From one perspective, it would seem inappropriate to run the ad because it is unethical for a student to submit a paper that he did not write. Furthermore, by advertising the service, The Beacon would seemingly be aiding such an unethical practice.

But if you consider a newspaper to be a public forum, then the purpose of The Beacon is to bring information and analysis to Wilkes students so that they can make intelligent, ethical decisions. Thus, The Beacon is fulfilling its ethical responsibility to the campus by running the ad. Of course, this puts the emphasis on the individual's responsibility to deem the ad and practice unethical. But is this not the purpose of a Wilkes' education? If you refer to the essay "An Educated Man or Woman" in the Wilkes College Bulletin, Wilkes students should have "ethical standards by which to live."

Therefore, by making advertising decisions on moral grounds, not simply legal grounds, morality becomes the responsibility of The Beacon staff and not the individual. And though The Beacon is not averse to making decisions on an ethical level, the decision not to buy a plagiarized research paper should be the student's.

Along the same lines, what if The Beacon refused to print Planned Parenthood ads because the staff thought the organization to be immoral? Granted, some people probably feel that Planned Parenthood is immoral, but many do not.

Any newspaper policy which is based solely upon morality as opposed to legality will make this sort of discrimination possible.

In conclusion, we feel it is The Beacon's responsibility to bring opposing points of view to Wilkes students so that they can make intelligent, ethical decisions.

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Beacon

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Letters to the Editor

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to insure validity,

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by  
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5:00 p.m.  
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the  
latest.

**The Beacon**

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October 10, 1985

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Published weekly during the fall and spring semesters excepting scheduled breaks and vacation periods. All views expressed are those of the individual writer and not of the publication or the College. Names may be withheld from letters to the editor, but all letters to the editor must be signed to insure validity.

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by Beth Danzeis

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# Wilkes speakers place sixth

The Wilkes College Speech and Debate Union began its 37th season this weekend when members of the team participated in the Annual Fall Novice Tournament.

The Debate Union placed sixth in overall competition.

The tournament was held at Shippensburg State University. Eighteen colleges and universities from five states and the District of Columbia

participated. Over 125 individual competitors were present.

Wilkes entered only three of its newest members in the competition. Beth Stanulis, in her first competition, carried home some of the honors for Wilkes College. She completed the original persuasive oratory competition with a three-way tie for second place.

Stanulis tied with George

Mason University and James Madison University. The three-way tie was finally broken when the tournament officials went to the preliminary rounds for total points. Stanulis had to settle for a fourth-place trophy.

Another member, Michele Edwards, was awarded a certificate of excellence for her performance in extemporaneous speaking.

The third member of the unit who contributed significantly to the team's overall performance was Walter Smith.

This past weekend's placing continued the string of consecutive successful placings to 48. This gives the Debate Union the longest winning streak of any team in Wilkes history.

Both the Forensic Unit and the Debate Team are

coached by Dr. Bradford Kinney of the Speech, Theatre and Communications Department.

The Shippensburg Tournament marks the beginning of Kinney's 13th year as the director of the Forensic and Debate Teams.

Membership in the Speech and Debate Team is open to any undergraduate student. No previous experience is necessary.

## Trustees retreat

by Beth Danzeisen

September 12 and 13, members of the College's administrative staff, including President Christopher Breiseth, attended a Board of Trustees retreat at Pocono Manor.

Several issues were discussed at the retreat. According to Breiseth, one meeting included a self-study of the Board of Trustees sponsored by the

Association of Government Boards. "This gave the members of the Board a chance to look at their own understanding of the Board and also looked at areas of improvement," Breiseth said.

Another meeting dealt with the issue of the Board of Trustees' support of Wilkes' mission statement in terms of how it defines the role of the Board for support.

On the last day of the

retreat, a special session was held. "This session focused on the development of capital fund drives and fund-raising and the importance the the trustees have in accomplishing this goal," Breiseth said.

Breiseth added, "We discussed building a financial fund-raising effort in support of the mission of the college," Breiseth said.

One of the more important issues of the retreat was the issue of the Wilkes College budget. According to Breiseth, "We made adjustments to the budget that was proposed in the spring, in light of this year's student enrollment, and came up with a balance. We adopted a slightly smaller budget than what was proposed in May," Breiseth said.

When asked how he felt about the retreat, Breiseth said, "I feel it was very successful. The Board showed an understanding and a great support of the mission of the College. I feel we're off to a good start for this year," Breiseth said.

Betty McDonald  
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### SG continued

Organizations are required to keep their accounts with the Wilkes College Finance Office if they wish to receive any money from SG.

Finally, SG voted to approve its 1985-86 budget. The vote was 12 to 7, with one abstention.

**Notice:** The Beacon is in need of a typist. If you can type, stop by The Beacon office and see us.

## Communication Department

### hosts seminar

by Chris Patterson

The Department of Speech, Communication and Theatre Arts will host an informational seminar to acquaint all declared and prospective communication majors and minors with members of the newly formed department.

The seminar will be held Thursday, October 24, from 3:30 to 5:30 p.m., in the Center for Performing Arts. Refreshments will be served.

The chairman of the department is Dr. David Tucker. Tucker received a B.A. from Wittenberg and his M.A. and Ph.D. from Bowling Green State University. Tucker brings with him an expertise in broadcasting, having taught six years at James Madison University in the capacity of assistant professor of Communication Art. He also spent two years as a DJ in Freemont, Ohio, and, directly before coming to Wilkes, spent two years at Arbitron Ratings Company as a senior research project manager.

According to Jane Elmes, another of the new department faculty members, "This informational meeting is being held in order to generate a sense of identity and unity among faculty and students. It will also inform students about the department's goals and objectives."

Elmes received her B.A.

from Bloomsburg State College and her Masters from Ohio University. She is currently a doctoral candidate at the University of Pittsburgh. Elmes brings with her expertise in cross-cultural, interpersonal, and political communications. She taught speech communication at Clarion University from 1974 to 1984, and she also served as department chairperson.

In addition to Tucker and Elmes, the Department of Speech, Communication and Theatre Arts consists of Dr. Bradford L. Kinney, director of forensics, with an expertise in interpersonal, speech and public communications; Dr. Norma Shulman, who specializes in mass media, communication theory and literature; Dr. Micheal O'Neill, director of theatre; Klaus Holm, technical director; Dr. Charlotte V. Lord, adjunct faculty in theatre; and Ed Ackerman, adjunct faculty, specializing in news writing.

Invitations will be mailed to all Speech, Communication and Theatre Arts majors the week of October 14. All declared majors may not be on the mailing list, so any communication major who does not receive an invitation by Monday, October 21, should stop in the department office, located on the first floor of Capin Hall, to pick one up.

# Critter's Weekend Forecast



**ARIES (March 21 - April 19):** You can look forward to a terrific fall break. Relationships will fall into place, work will get finished, and there will be plenty of time for socializing. Enjoy!

**TAURUS (April 20 - May 20):** Well, we're well into the fall semester and already you are weeks behind. If I were you, I'd use the upcoming long weekend to get caught up on your studies. You still have the potential to do well in school this semester. Don't blow it.

**GEMINI (May 21 - June 22):** Now is the time for you to join organizations and clubs--the stars foretell of much popularity in your future, but only if you act quickly. Get involved!

**CANCER (June 22 - July 22):** An old acquaintance may make a surprise appearance within the next few days, so be prepared. Cancel any plans you may have had and show this acquaintance a night on the town.

**LEO (July 23 - August 22):** Your family will play an important role in your weekend. It seems as if you haven't seen much of them lately, and the next few days will be your chance to do just that.

**VIRGO (August 23 - September 22):** Luck will not be with you the next few days. Don't take any chances, especially with money. If you do, you'll be destined to lose it all, and you may never win it back.

**LIBRA (September 23 - October 23):** Don't miss an opportunity to make a good impression. All cosmic forces indicate that you are about to meet someone who will change your life, so don't make a fool of yourself.

**SCORPIO (October 24 - November 21):** The most important thing for you to remember is that you should remain in control at all times this weekend. Many people will test your temper. Don't let your emotions get the best of you.

**SAGITTARIUS (November 22 - December 21):** Go out and buy yourself something nice this weekend--you deserve it. It's probably been a while since you've really done anything just for you, so don't hold back. You deserve the very best.

**CAPRICORN (December 22 - January 19):** Grab the opportunity to rekindle an old romance. At first you may be hesitant to jump back into a relationship, but odds are it will turn out for the best. If you light up that old flame, you'll most likely start a forest fire.

**AQUARIUS (January 20 - February 18):** Stop letting people push you around. The time has come to assert your authority. Watch out for your feelings this weekend, and whatever you do, don't succumb to peer pressure.

**PISCES (February 19 - March 20):** Aries and Scorpio individuals will play important roles in your weekend. You'll find out the hard way who your real friends are. Tell these friends how much they mean to you. They need to hear it from your mouth.

## Some Good Advice

# Dear Gabby,



Dear Readers,

I can't tell you how many times people write in to me and ask what they can do to have a better time on dates. Well, rather than attempt to answer all these letters, I have compiled a list of 12 things one should remember when dating. This list is primarily for men, but the female list is on the way. Clip out this list and review it often.

1. Choose a date who has absolutely nothing in common with you. Remember: opposites attract.

2. Be sure the day of your date falls right after the day you take your bi-weekly shower. Use ample deodorant.

3. Borrow your friends' plastic money so that you can impress your date with your vast line of credit.

4. Read the sixth edition, 1985 printing of the World

Book Encyclopedia so you are able to impress your date with your knowledge.

5. Be prepared for anything. You may want to buy discount movie tickets in advance in order to avoid being the victim of a sellout.

6. Be sure to ask your date her age before purchasing movie tickets. (Just a reminder: the ratings are PG, PG-13, R and X. Avoid first and last when possible.)

7. Call your local Donald's well in advance to reserve a nice table.

8. Avoid ordering any food that may contribute to gastric distress.

9. Check to see that your gas gauge is almost on "E".

10. Be sure you have an extra can of gas in the trunk in case you decide that you don't want to be stranded.

11. Wear clean underwear in case of an accident.

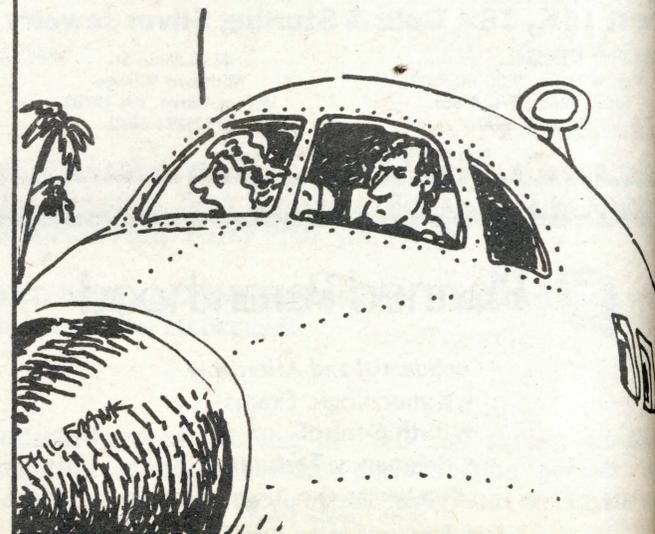
12. Above all, take things slowly, have a good time, and never use pay toilets.

Notice: "Dear Gabby" is not a psychologist and does not possess any professional qualifications that would enable her to give advice on a professional level. All letters should be in fun, and the Beacon reserves the right to edit letters as necessary.

FRANKLY SPEAKING

phil frank

BUT ROGER... WHY ARE WE FLYING AN EMPTY, UNMARKED DC-3 TO COLUMBIA FOR OUR VACATION?



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# Spe A

The 1985-86 college Speech Union kicked off its season October 1st with a team travel to the University of California at Berkeley for a competition.

The debate team's performance in the "Debate" category was ranked 12th in the state. The team has won several awards, including the "Best Team" award given by the Art Kruger.

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# Speech and Debate: A campus tradition

The 1985-86 Wilkes College Speech and Debate Union kicked off its new season October 5 when the team traveled to Shippensburg University for competition.

The debate team, sometimes referred to as "Kinney's Kids," is currently ranked 12th in the nation by Pi Kappa Delta, a national honorary forensic society. According to Dr. Bradford Kinney, "This year's team is one of the youngest, with many of last year's top debaters not returning because of graduating."

Kinney states that the team has won 897 trophies to date. Before Kinney took over the program in 1972, the program had been under the direction of various coaches. Notably, the most remembered [was] Art Krugar." Krugar was in

charge from 1948 until 1962. According to Kinney, the team more or less went into recess after Krugar's departure.

Last year, Kinney's Kids traveled over 15,000 miles, including a trip to Montreal, Canada, where they ranked among the top five schools. In the past, the team has competed against such teams as Harvard, the University of Virginia, George Mason University, Penn State University and the University of Pennsylvania.

This year, the Speech and Debate Union plans to compete in 15 tournaments to be held along the East Coast, including Montreal. The team has received invitations to the National Speech Tournament (to be held in San Francisco, California), the National Debate Topic Speech and

Debate Tournament and the American Forensic Association Tournaments.

The Debate Union is divided into four squads. The National Debate Topic (NDT) squad does the traditional debating, while the Cross Examination Debate Association (CEDA) squad performs the cross examination debate. The Lincoln/Douglas squad debates one on one. The fourth squad is a Public Speaking Bureau which travels to local high schools performing speaking and debating before school assemblies.

According to Kinney, "This year's team members are the youngest in the 39-year-old organization, but they seem eager and willing to continue the Wilkes tradition of excellence in public speaking and debating."

# 'A Necessary Evil?'

by Jim Pyrah

From ancient times to the present, man has been concerned with the development of an accurate and universally accepted method of measuring time. Most of man's accomplishments in this field are quite commendable. From the sundial to the Seiko, humans have proved that they are capable of successfully marking time. I would, however, like to point out one mistake we have made along the way. This blunder has nothing to do with the way in which we mark time, but rather with the folly of attaching a loud noise-making device to such an essential thing as a clock.

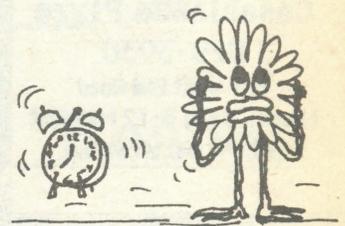
By now you have probably guessed that I am referring to an alarm clock. Most of us own an alarm clock. It sits on my nightstand next to my bed and seems innocent enough, but don't let its looks fool you. Underneath that scientific sleekness is a

perverse prankster.

Consider this: every night you sleep. Sleep is supposed to be a quiet, restful time. It is a time to recharge your battery and to lose yourself in a blur of dream and fantasy. Moreover, sleep is a time when you forget all the hassles and shortcomings of the modern world and indulge in a dream world. More often than not, it is the alarm clock which transports us from our dream world to the real world.

What upsets me even more is the way in which the device manages to wake me up. It is an "alarm" clock, and that is just what it does--it alarms me. Whether it is a buzzer, a bell, or a combination of the two, it is always loud and always impossible to shut off. In short, it is a very annoying way to be awakened from sleep, especially on a Monday.

Now, you may argue that alarm clocks are a necessary evil. I disagree. Clocks are necessary; alarm clocks are not. Surely there is a better way, a more peaceful way, of waking up when we want to. Maybe our friends in the field of psychology can come up with a way for our minds to go from a subconscious sleep state to a conscious state. Maybe our other friends in the medical field can come up with some sort of pill or shot or something. I don't know, but I sure hope someone comes up with something fast. I can't wait for the day when I pack my alarm clock away with my old vacuum tube radio.



my professor wrote in red ink, I was "rusty."

My perspective changed a great deal after that first semester. In some situations, my life experience appears to be a definite advantage. But this experience does not guarantee a 4.0. I have come to accept the fact that I can make mistakes. I don't know all the questions, I don't know all the answers, and I don't cry over a 2.5 anymore.

Dr. Taylor's Money and Banking Classes will be sponsoring a trip to the financial centers of

## NEW YORK CITY

on November 4, 1985

The trip will include visits to:  
The Federal Reserve Bank,  
The New York Stock Exchange,  
The Commodities Exchange, and  
The World Trade Center.\*

**ALL STUDENTS ARE WELCOME!**

The cost will be \$11.00 and must be paid in full by October 11th.  
Anyone interested should contact:

Dan Duttinger, Pickering 104

Doug White, Miner 440

or

Dr. Taylor, Bedford 22

\*Slight extra charge for those wishing to visit the World Trade Center

# Great Expectations

by Ellen Campbell

"It has been my experience that one of the biggest problems with returning adult students is that they expect too much of themselves." These words of wisdom came from a wise professor I met my first semester "back" last fall. I promptly proceeded to ignore the warning.

I, who had lived a decade longer than the majority of my classmates, thought I should sail easily through assignments. I, who had learned the art of tying a shoe, talking on the telephone and baking chocolate chip cookies simultaneously, would create a well-oiled system to keep current with daily class preparation, recite intelligently and respond brilliantly upon examination.

And, of course, I, who had figured out all of life's mysteries, would write insightful papers drawing from my "vast experience." I would perform all these functions, sustain harmony

at home, keep up with the laundry, serve nutritional meals and continue my volunteer commitments. I was wrong.

An initial inkling of my fatal flaw occurred with my first assignment. After laboriously reading *Beowulf*, I came to class and discovered that the rest of the class had already read it in high school. My classmates could easily define "epic" and pronounce "Ecgtheow." I sat in awe.

The next blow to my ego came with the first paper assigned. I labored with that composition. I went to the library to research. I wrote and re-wrote. I typed and re-typed. Finally, the finished product was handed in. I got a 2.5, and I cried.

It was at that point that my husband reminded me that the reason I came back to college was to learn and to grow. I was far from the point where I knew everything. I did have some life experience, but I was years removed from the academic environment. As

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Berkeley, CA 94705

# Student Govn't passes budget

by Cress Shallers

Student Government (SG) passed its 1985-1986 budget at Monday night's meeting.

Although the budget did pass, SG was not in full agreement on the issues, which was evident in the vote (12 favored, 7 opposed, 1 abstained).

According to Jacqui Kramer, Junior Class representative, "Students did not get an opportunity to see the proposed budget because it was not printed in *The Beacon* last week"; therefore, a vote should not have been taken.

Ronda Fahmy, SG parliamentarian, disagreed with Kramer, saying, "I think it's urgent that we vote on the budget tonight."

The discussion then turned to specific budget cuts.

Keith Dorton, IRHC

president, wanted to know the reasons behind the \$1,500 cut in the IRHC budget.

Fahmy said, "This is not a playoff between organizations. We're tightening the purse strings."

Eric Chase, SG president, said, "We felt it was more important to cover our own asses before we covered the other organizations."

Dean Hoover, SG advisor, said, "You have to look at the fact that we have fewer students, so we have less money. Last year we had \$92,475, and this year we only have \$87,500."

"SG needs to see that money is spread like manure -- spread around the greatest number of organizations," said Hoover.

"SG has a responsibility to benefit the greatest number of students," said Hoover.

# Student Government Budget

	'84 - '85 Granted	'85 - '86 Granted	Change
Student Government Fund	\$ 4,000	\$ 6,000	\$2,000
Special Projects	5,000	4,000	(1,000)
Various Clubs	2,250	2,250	none
I.C.C.F.	2,000	2,000	none
Student Government Film	4,000	3,500	(500)
Student Government Social	1,000	0	(1,000)
All College Weekend (total)	10,500	11,800	1,300
Homecoming	5,000	5,000	none
Cherry Blossom	2,750	2,500	(250)
Winter Weekend	2,750	2,500	(250)
Casino Night	0	1,800	1,800
Human Services	300	300	none
Commuter Council	7,500	6,000	(1,500)
I.R.H.C.	7,500	6,000	(1,500)
Student Center Board	2,000	1,750	(250)
Amnicola	23,300	24,000	700
Senior Class	3,500	3,000	(500)
Junior Class	3,000	2,000	(1,000)
Sophomore Class	2,500	2,000	(500)
Freshman Class	2,250	2,000	(250)
Circle K	200	200	none
First Aid Team	500	700	200
Calendars	2,675	2,500	(175)
Concert & Lecture	6,000	5,000	(1,000)
Buffer	2,500	2,500	(1,000)
	\$92,475	\$87,500	(\$4,975)

# Beacon Corrections

The following error appeared in the September 26th issue of *The Beacon*. In the article entitled "SG budget debated," the SG

budget increase was reported to be \$6,000. The \$6,000 was actually the total amount in their general fund. We apologize for our error.

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Oct. 14-Oct. 18  
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VACATION  
**Tuesday**  
VACATION  
**Wednesday**  
Minestrone Soup  
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Corn  
**Thursday**  
Chicken Corn Soup  
Chicken Chow Mein with Rice  
Mixed Vegetables  
**Friday**  
Manhattan Clam Chowder Soup  
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by Bill B

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Fun and fitness

# Headaches: A common problem

by Bill Buzzza

Vow, what a weekend! This was definitely the best Homecoming I can remember. Congratulations to King Neil McHugh and Queen Susan Cicilone and their fine courts. I would also like to congratulate the football and cross-country teams for their impressive victories. They also added to the flavor of Homecoming. The theme of last weekend was "Eat, drink and be merry." I would have to imagine that most of the campus, including me, were participants in the festivities. Sunday morning, however, brought a new theme. I am sure that many students, after getting rid of the beer bottles, traded in Saturday's theme for the soothing sound of "plop, plop, fizz, fizz."

All of this babbling has finally brought me to this week's topic--headaches. Millions of Americans suffer from headaches and spend hundreds of millions of dollars each year on pain relievers.

There are three kinds of headaches: tension headaches, from muscular contraction; vascular headaches, related to the blood vessels; and organic headaches, which have to do with constitutional well-being or over-partying. Tight muscles in the head and neck regions remain the biggest cause of headaches. College is a very intense atmosphere. Studying in excess of eight hours daily is not uncommon. This would be a prime example of a cause for a tension headache.

Another cause of headaches could be day-to-day

depression. This also puts stress on the head and neck muscles. The best way to treat this type of headache is to treat the depression.

Constriction or dilation of blood vessels in the brain can also cause headaches. Some chemicals such as tyramine can cause the dilation of blood vessels. You are probably saying, "So what?" Well, the reason that this is important is because tyramine is found in many of our favorite foods. Among these are chocolate and red wine.

Another type of headache which results from dilation of the blood vessels is the dreaded migraine. Migraine headaches last up to 18 hours and are often accompanied by blurred vision, nausea and numbness of the limbs.

Headaches may also result from extreme

exertion--coughing or lifting heavy weights are good examples. This type of headache will go away with some rest. If you suffer from this type of headache, a longer, less intense training program will undoubtedly help.

A headache can also be a symptom for a more serious disorder. The one most frequently related to headaches is high blood pressure. So, if you are over 40 and have frequent headaches, I suggest that a check-up is necessary.

For the basic non-chronic headache, over-the-counter pain relievers are fine. Let it be known, though, that these drugs can aggravate a headache caused by a strenuous workout. If pain killers fail and the headache continues, see a doctor. It could be telling

you that you have low blood sugar or worse.

If you do not believe in over-the-counter drugs, there are other alternatives. Hot baths, hot or cold packs on the neck or head and a massage are known to be quite helpful. Migraine

sufferers may relieve blood pressure in the head by putting their hands in hot water.

There are also more expensive ways for relieving headaches. These include relaxation techniques or bio-feedback lessons. Non-addictive drugs and

anti-depressants may also be prescribed if these methods fail. Even with all this, the best way to relieve the stress and strain of the day which could lead to a headache is regular exercise and a well-balanced diet. Enjoy your workouts!

## Volleyball notice

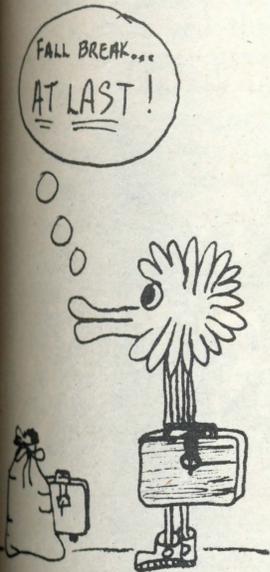
Any women interested in participating in intramurals for women's volleyball are asked to register as soon as possible in the Intramural Office, third floor of Weckesser Hall. Teams consist of a minimum of six players. For further information, contact the Intramural Office at ext. 444.

## Hockey notice

**Attention ice hockey players:** Anyone interested in playing ice hockey for the Wilkes Ice Hockey Club (equipment not included), please contact Mark Aguilar at 826-0930 or Joe Sicemo on the second floor of Evans Hall.

## Women's soccer

Are you a female athlete tired of the same ho-hum sports? Well, a proposal is being considered to inaugurate women's soccer as an intercollegiate sport next fall. If you would be interested in playing, please contact Dr. Berlatsky at ext. 485 before Oct. 29.



### Apple continued

deferred payment over a two-year period at no interest.

To Bellucci, the Faculty Purchase Plan is an important step in introducing computer use into the college curriculum. The fact that Wilkes, as a private institution, has developed its own program in support of Apple's national program shows a real commitment to expanding technology. That kind of progressive thinking can only help our growth as a learning institution," Bellucci said.

## Presenting...



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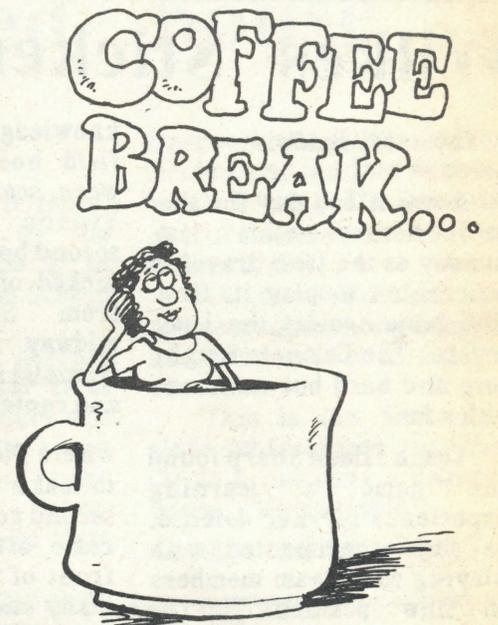
**October 24, 8:00 p.m.**

**Ticket sales begin 10/9  
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**Student tickets are \$10  
One ticket per I.D.**

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**again**

**Thursday**

**October 24th**



## Colonels record big Homecoming win

by Bill Kern

The Wilkes College football team upped its record to 3-1 with a hard-fought victory over Susquehanna University.

In the beginning of the game, Susquehanna had the upper hand. The Crusaders took the ball 63 yards in 18 plays for the game's first points, a 27-yard field goal by Randy Pozsar.

The Colonels then gave Crusaders great field position on the Colonel 27. Brad Scarborough hit Joel Zlockie with a four-yard pass, but a hard hit forced a fumble.

Susquehanna then moved the ball to the Wilkes four, but a very stingy Wilkes defense would not let the Crusaders score. Susquehanna tried a field goal and missed.

Wilkes' bad luck continued with Brad Scarborough's punt blocked and put the Crusaders in excellent field position deep in Wilkes territory. Two fine defensive plays by Dave Roebuck and Chris Mann forced the Crusaders to try for a field goal. Pozsar then hit a 34-yard field goal to give Susquehanna a 6-0 lead.

Wilkes' special teams

have come up with big plays, and Saturday was no exception.

With Susquehanna back in punt formation, Bernie Kusakavitch blocked the punt. Jim Pyrah picked up the ball and ran it in for 11 yards to tie the score at 6-6. Dan Kolan kicked the point after to give the Colonels a 7-6 lead.

In the second half the Wilkes offense came out with fire in their eyes. After a SU punt, Wilkes took over at its own 27. Scarborough then hit four big gainers to bring the ball to the SU four yard line. Courtney McFarlain,

who in the second half amassed 62 yards on 14

carries, ran the ball in off line blocks from Ron Drogan and Mike Byrne to give Wilkes a 13-6 lead. Kolar's kick made the score Wilkes 14, Susquehanna 6.

After recovering a Wilkes fumble at its own 39, Susquehanna scored on a 56 yard pass from Hughes to Joe Witt. The two-point conversion try was no good, and the Colonels had a 14-12 lead.

Brad Scarborough went back to the airways and found a streaking Jon Smith down the left sideline for a 37-yard touchdown pass.

Dan Kolar's third kick was good, and Wilkes had a 21-19 lead.

Wilkes then suffered another turnover, and was at the Colonel 37. Quarterback Ken Hughes completed two passes to Wilkes 31. Then a pass interference call moved the ball to the Wilkes 16. Hughes hit Rob Sochovka for a yard touchdown pass. Pozsar kick cut Wilkes to 21-19.

Wilkes then managed to run the clock down and preserve the Colonel victory.

The Colonels will play next week away at Moravian

## Wilkes Stickers split pair

by Stacey Baldwin

It was a bad day for the field hockey team last Tuesday as the team traveled to Scranton to play its first MAC game against the Lady Royals. The Colonels fought long and hard but came out with a loss.

Coach Eileen Sharp found the game a learning experience for her defense, as she experimented with playing some team members in new positions. The change didn't help much in the game against Scranton, but in the Marywood game on Thursday, it showed.

Wilkes played an excellent game, showing skill, quickness and a true

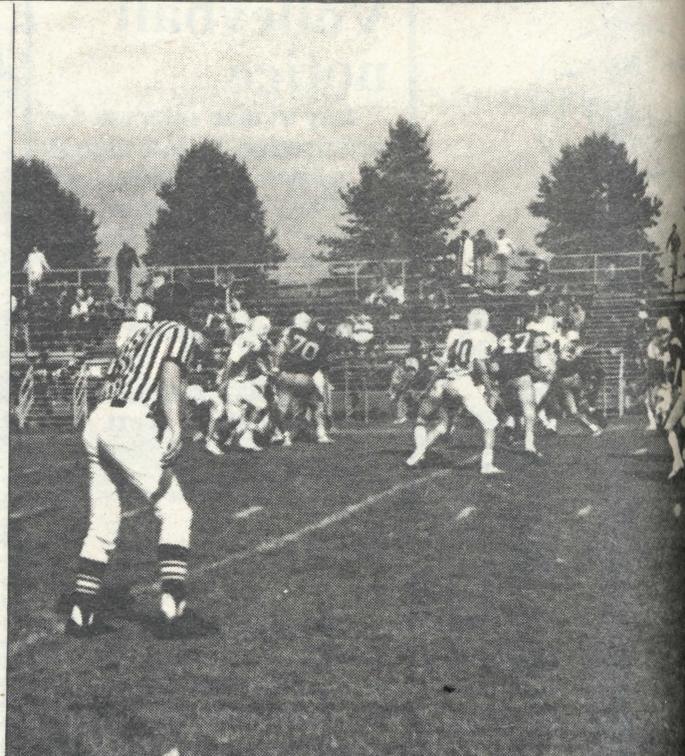
knowledge of the game of field hockey. Both goals were scored by co-captain Yvonne Pierman in the second half of the game. She picked off a beautiful pass from Sharon Domzalski midway into the half. Domzalski carried the ball and centered the shot at goal,

where Pierman knocked it in to make the score 1-0. The second goal, also by Pierman, came after a scramble in front of a goal. It touched many sticks in an attempt to score. Joyce Dait who sent the original shot.

The ladies played the alumni for their Homecoming game. This was a long-awaited game because many old friends were

present. The stickers were also eager to play because their old coach, Gay Meyers, was on the field playing for the alumni. Their present assistant coach, M.J. Hiranckek, also played. Sally Voiteck and Zig McGrath scored the goals for Wilkes, and Jean Dougherty, a 1985 graduate, put it in the net for the alumni.

The stickers' game against Misericordia was postponed Sunday because no officials were present and two must be present for each game. Apparently, no officials were scheduled, so the game was postponed. The Lady Colonels are on the road at Lycoming this week and home against Juniata on Saturday for Parent's Day.



## Harriers shutout Lycoming

by Mike Keohane

At Homecoming this past Saturday, the harriers had their first home meet on their new course. The large Homecoming crowd saw the harriers shut out the Warriors of Lycoming College. The lady harriers, now running with a full

team, also did very well against the more experienced Lady Warriors.

Coach Bill Kvashay was very impressed to see his top five runners not only take the first five places but also finish within 60 seconds of one another. "This is exactly where I want the team to be at this point in the season,

I'm even more optimistic now," said Kvashay.

Now that junior Neil Williams and sophomore Tom

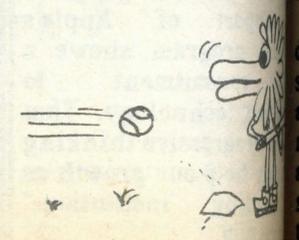
Urso have rejoined the roster, the harriers are again at full strength, and the Allentown Invitational title, October 12, can be a reality.

## Softball notice

The Intramural Office is sponsoring a coed softball tournament to be held on October 19 and 20. The tournament is open to all teams who consist of full-time students and/or faculty. Each team must consist of five men and five women. Roster limit is 15 players. Prize money will be awarded for teams finishing in the top four of this single-elimination event.

For further information

and an application, contact the Intramural Office at 444 or stop by the third floor of Weckesser Hall. Deadline for registration is Wednesday, October 16 at 5 p.m.



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