

The BEACON



Tuesday, November 9, 2010

THE NEWS OF TODAY REPORTED BY THE JOURNALISTS OF TOMORROW

Volume 63 Issue 8

Budget currently in financial deficit

Admin trying to close financial gap

BY CATHRYN FREAR
News Editor

Last April, the Wilkes University board of trustees approved the budget for the current fiscal year.

However, Wilkes' administration is presently trying to find a way to bring the university a projected financial deficit for the 2011 fiscal year.

Dr. Reynold Verret, Wilkes University provost, said that the University is looking to close that gap in funds before the approval of the next budget, fiscal year 2012, in April.

Wilkes' administration is working through different aspects of the current budget to prevent the financial problem before the year ends.

This effort is being made in order to eliminate the deficit so that it doesn't build in the upcoming years into something that the University won't be able to handle.

"We need to take another look at our spending in order to not have a deficit for this year," Verret said. "We are not cutting or eliminating any programs...to be clear about that."

Wilkes University Controller and Interim Vice President of Finance and Support Operations Janet Kobylski said that there are a few factors that contributed to this year's present deficit.

"Well, the economy definitely played a major factor in the deficit," Kobylski said. "The econom-

ic climate has affected our enrollment significantly."

Kobylski said that graduate enrollment is not at the University's average due to the fact that companies that do not want to spend as much money paying for their employees to attend graduate school.

"There is less discretionary spending with adult learners," Kobylski said. "A lot of companies are scaling back on those programs."

Verret said that at the time of the budget approval, graduate enrollment was actually expected to increase this year.

"Our projections for graduate schools have fallen short because we expected there to be an increase and that increase has not materialized," Verret said.

Kobylski said that the University revises expectations as the year progresses in these type of enrollment situations.

A few different factors are causing the University to reevaluate spending.

"It is early in the year, but we do have our fall enrollment and it landed wherever it was," Kobylski said. "There are a lot of areas we're going to be looking at but we're definitely going to be looking (to keep) any programs or capital projects that have students' interest at heart."

However, Verret said that as of right now, there is no set plan be-

SEE DEFICIT Page 5



The Beacon/Allison Roth

Many people are seen congregating on the Wilkes-Barre Public Square during the day. Some people have their belongings with them and others sleep on the benches throughout the square. Homelessness is also an issue in Kirby Park, where many homeless sleep at night.

Changes for Hunger & Homelessness

BY KIRSTIN COOK
Assistant News Editor

Sleeping in a cardboard box and having a "dinnerless dinner" are a few of the opportunities the office of campus interfaith is offering during Hunger and Homelessness Week from Nov. 15 to 19.

The activities are being coordinated through campus interfaith in conjunction with the community service office.

There will be various volunteer opportunities on each day of the week with the goal of increasing awareness of the issues of hunger and homelessness in the community.

One Night without a Home, an

event on Monday, Nov. 15, will be a chance for students to sleep on the greenway to create awareness of homelessness.

Caitlin Czeh, Wilkes' interfaith coordinator, said that this event was held at Wilkes five or six years ago, but they are bringing it back this year.

"It's been done in the past but not recently where we'll spend one night out, probably on the greenway, just to see what it's like to be homeless for a night, to not be able to be in a warm bed," Czeh said. "For the most part, for us it's one night, but for a lot of people this is something that is an every night occurrence."

Participants will be given a card-

board box for shelter, and will be allowed to bring blankets.

Jennifer Hartman, Scholar In Service to Pennsylvania AmeriCorps, is planning this and other events that will be held during the week. She said she came across this idea when looking at what other schools have done in the past.

"I think it would be a really big eye-opener for kids who haven't experienced that to see it," Hartman said. "I know walking down on the square is an eye-opener, but actually experiencing and watching other students do it that should bring more awareness to those students who have no idea what it is."

SEE HOMELESS Page 5

Opinion Pages 6-8

Holiday donations

Those in the Wilkes community should donate time, food and money to the needy during the holiday season.

PAGE 6

Life Pages 9-12

Chatting with Faculty

Dr. Dana Burnside talks about her experiences in college and what made her the person she is today.

PAGE 9

Arts & Entertainment Pages 13-15

Trips to the Big Apple

Commuter Council and the Alumni office are putting together two separate trips to New York City before the semester is over.

PAGE 13

Sports Pages 16-20

Athlete Spotlight

Freshman cross-country runner Matt Buono broke the school record for the 8K during the MAC championships.

PAGE XX



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CONTACT US: wilkesbeacon.news@gmail.com

Beacon Briefs

BY CATHRYN FREAR
News Editor

POLKA DANCE CLASSES – The Polish Room will be offering free polka lessons tomorrow, Nov. 10 from 6 to 8 p.m. and Sunday, Nov. 14 from 2 to 6 p.m. in the ballroom on the second floor of the Henry Student Center. All are welcome.

VETERANS DAY – Wilkes' Veteran's Counselor, retired Lt. Col. Mark Kaster will be available to meet and answer any questions the attendees may have on veteran's benefits and financial aid. The event is being held Thursday, Nov. 11 from 11 to 1 p.m. in the ballroom on the second floor of the Henry Student Center. Lunch will be provided. All members of the Wilkes community are invited to attend.

BENEFIT CONCERT – The Wilkes Office of Campus Interfaith, King's College, Misericordia University, the Penn State Wilkes-Barre Navigators and Making a Difference Ministries will be holding a benefit concert is for Erin Redmond, a 3-year-old Dallas girl. The concert is being held Saturday, Nov. 13 from 6 to 9 p.m. in the Henry Student Center Ballroom on the second floor. Tickets can be purchased by contacting Caitlin Czeh of the Interfaith Office at caitlin.czeh@wilkes.edu.

TASTE OF WILKES – The 18th Annual Taste of Wilkes "Thanks-for-Giving" luncheon will be held Thursday, Nov. 18 from 11:30 a.m. to 2 p.m. Admission for faculty and staff members is \$6 and \$3 for students and guests. Chefs in attendance receive complimentary admission. All proceeds benefit the United Way of the

Wyoming Valley. There will also be a silent auction at the event. Those interested in being chefs or anyone with questions, comments or concerns should contact Megan Boone at megan.boone@wilkes.edu.

CONFESSIONS OF A BARGAIN HUNTER – Monday, Nov. 22 at 6 p.m., Marketing Club will be holding an event called "Confessions of a Bargain Hunter." The event will provide attendees with information on how to save and where they can find deals. There will also be a runway show put on by Twenty Something Consignment and Boutique.

SALVATION ARMY KETTLE KICK-OFF CLASSIC – Zebra Communications and the Salvation Army will be hosting the annual Kettle Kick-off Classic Relay Race Saturday, Nov. 13 at noon in Nesbitt

Park. The race is meant to benefit the 2010 Kettle Campaign. Sign-ups are being held Tuesdays and Thursdays from 11 a.m. to 1 p.m. There is a registration fee of \$10 for those who sign up in advance and \$12 for those who sign up the day of the event. All proceeds benefit the Salvation Army of Wilkes-Barre.

LIBRARY REFERENCE BOOK SALE – Now through Dec. 10, the Farley Library will be holding a reference book sale. The books that are for sale are available on the bookshelves in the basement of the library. Also on the shelves are bags that buyers can fill with books. The cost for a bag of books is \$1.

CONTACT CATHRYN FREAR AT:
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SG asked to contribute to making Adventure Education full-time

BY CATHRYN FREAR
News Editor

A two-week fund request was presented by Adventure Education. The request was for \$22,000, which would fund an increased use of the program. This money would also pay for increased hours that Adventure Education is looking to give a faculty coordinator.

"We are looking into bringing the adventure education position from part-time to a full-time position," said SG President Ben Beidel, a P2 pharmacy student, said.

Beidel is also one of the facilitators of the adventure education along with Thomas Markley, a senior computer science major. "The demand for the program has in-

creased," Markley said. "It makes sense with such a demand to increase the availability of the program."

Markley also said that the low ropes and high ropes courses alone have increases in usage by 1,300 percent. The usage of the rock wall, which is currently open twice a week for two hours, has increased by 700 percent.

"First year students get to use the program for things like hiking trips and outdoor adventure trips," Beidel said. "I really see a significant difference in the way these students bond with one another having shared this experience."

Beidel also said that Dr. Anne Batory, professor of business, uses the ropes courses as an exercise in communication for her personal and professional development courses.

Some concerns raised during the discussion at the meeting were things like whether SG would be able to pay for the program every year and if this project was an interest to students.

Beidel said that there is a demand and that the funds being requested would have to be approved within the budget of SG every year in order for the payment of the new position to continue.

"The way that the funding would work is that we would pay for the position to be full-time in such a way that would give the person working the full-time position from January till June with job security," Beidel said. "Then, if it wasn't approved in May of the following year, that would give them from June to January to find another job."

SG will vote on whether or not the mem-

bers approve this program this Wednesday, Nov. 10 at the 6 p.m. the meeting is in the Miller Conference Room.

Meeting Notebook:
Treasurer's Report:
All College \$53.65
Conference \$600.00
General \$2,000.00
Leadership \$341.20
Special Projects \$500.00
Spirit \$-
Start-up \$300.00
Total \$3,794.85

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Meet the Staff



Ruth Whispell
Life Editor

Freshmen communities try to help environment

BY ANGELO BLADES

Staff Writer

Because Evans Hall is one of the dormitories on campus that is mostly occupied by freshmen students, most all of these students are beginning their college journey with First Year Foundation course.

Through this, each of the four floors of Evans has separate "communities," which house students from the FYF classes.

The second floor is a combination of a Leadership Community and a Environmental Sustainability Community.

The Leadership Community is a group of freshmen in the FYF course entitled Learning Through Leadership. A member of this community, freshman political science major Ian Foley, has described the class taught by Mark Allen, dean of student affairs, as being about the "science of leadership."

"There are a lot of hands on activities," Foley said.

Foley explained that one activity was creating a political party with a set of ideals and having a candidate run for an election based from these beliefs. Other activities in the class include team building activities, which includes the low ropes course in UCOM. These activities make the learning of the



The Beacon/Allison Roth

Freshmen communities in Evans Halls are trying to help the environment by writing a plan to get more sustainable appliances in dorms. The students are hoping to replace dryers in Evans with more sustainable ones.

skill of leadership an enjoyable experience for the students in the class.

The Environmental Sustainability Community, is a the other group of freshmen in the Topics in Urban Sustainability FYF course, which is taught by Paul Lumia. This FYF course makes sustainability accessible

for students because they are writing plans for new, "green" appliances to be installed in Evans Hall. The class also takes trips to places around the area that are positive for the environment.

Julie Miller, a freshman enrolled in the class, said it is a course with a lot of field

experience with the places around the Wilkes-Barre area that are helping to sustain the environment.

"We go on field trips to areas around town like the water treatment plant," Miller said.

The Topics in Urban Sustainability is also vying for the purchase of various greener appliances for Evans.

"We have written up plans in which we justify why we want new appliances in order to make them more sustainable for the university such that the cost outweighs itself," Miller said.

Miller said that the dryers in Evans Hall are an example of their plan to get new appliances. She said the dryers do not have a spinning component, which leads to excessive time and energy usage to dry clothing.

Both communities in Evans are working to make the student body play a positive role in the campus. The Leadership Community is doing this through the building of strong leaders within the freshman class, and the Environmental Sustainability Community is doing so through projects for "green" appliances.

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Coats for Kids strives to collect 100 coats for needy

BY LAURA PREBY

Correspondent

Winter is approaching quickly and Northeast Pennsylvania needs to prepare for snow storms and negative temperatures by getting new coats, gloves and boots. For those in need of warmth, Coats for Kids is holding their third annual coat collection.

This project is held to help out the kids and families of Luzerne County Head Start. Anyone is encouraged to bring in their old, lightly-worn coats to donate to people who are not as privileged as others.

"The coats can be dropped off at the Interfaith Office on the second floor of the Henry Student Center," said Jennifer Hartman.

Hartman is a coordinator of this event and Scholar In Service to Pennsylvania American Corps at Wilkes.

"This project was presented to the Interfaith Office from the Community Service Office. Work between these offices is closely related," Hartman said.

This project was kicked off by Eye Care Specialists and is designed to help those who don't have coats and are unable to pur-

chase them. As of publish date, not many people from the Wilkes community participated in this project.

"The count of coats that we have so far is 5, and our goal is 100," Hartman said. The program runs until Nov. 25.

"The goal that we have set at Wilkes is to collect 100 coats. It would be really great if the drive brought in enough coats to provide every child and parent within the Luzerne County Head Start Program with at least one winter coat for this year," said Caitlin Czeh, the Interfaith Coordinator at Wilkes.

Coats can be donated ranging from small, children's coats to adult-size coats.

"I am personally going through my own coat closet, as well as trying to get the word out to the campus about what we are doing," Czeh said.

Members of the Wilkes community can bring lightly-used winter coats to Room 204 on the second floor of the Henry Student Center until Nov. 25.

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The Beacon/Allison Roth

Coats for Kids is an event that helps provide coats to families that can not afford them. Coordinators from the Campus Interfaith and Community Service offices request that people donate lightly-used coats that they no longer need. Coats can be dropped off at Room 204 on the second floor of the Henry Student Building before Nov. 25.

Alumna reveals deeper meaning to eating disorders

BY KIRSTIN COOK
Assistant News Editor

A Wilkes alumna is in the process of publishing findings that show how eating disorders are about deeper issues than simply staying thin.

Dr. Christine Kiesinger, who majored in communication studies, has been conducting research on anorexia and bulimia since 1993. She collected her information from speaking directly to women who suffer from eating disorders, which she said is a perspective that is lacking in previous research.

"We have a lot of experts speaking on behalf of sufferers, but how do sufferers make sense of their condition?" Kiesinger said. "I wanted to go directly to the source, which means the women that I work with are actively involved in their conditions."

Kiesinger said the most significant finding that she has uncovered is that disorders are often used as forms of expression.

"Often times, anorexic and bulimic states are very strong modes of communication and through them, sufferers are expressing a lot about their pain, suffering and unresolved

emotional and relational issues, so that the disordered eating becomes a survival strategy," Kiesinger said.

Her findings also link relationships and body image in the perspective of people with eating disorders.

"Body image and self-concept is intimately linked to modes and patterns of interaction that exist in our most significant relationships," Kiesinger said. "As a result, so much care must be taken when communicating with those we love about our bodies."

Kiesinger said that people often have a changed view on eating disorders after reading her work. She said that there are many surface interpretations about eating disorders, but there is deeper meaning in the context of sufferers' lives.

"My goal is really to get us out of thinking about disordered eating as strictly a means to stay thin," Kiesinger said.

Chelsey Schoch, a sophomore English major and psychology minor, sees a value in understanding people with eating disorders because of the large-scale effects.

"I think it's a major problem in our society, so it effects a lot of people, and I feel that

it could happen to anyone in any stage of their life," Schoch said. "It would definitely be something that I would want to help people with."

Parallel to Kiesinger's research, Schoch said that sufferers are probably trying to communicate through their disorders and reaching out for someone to listen.

"A lot of people who have that kind of disorder also have low self-esteem, and that's part of the problem with it, so I think they're actually asking for help and not having anyone to talk to is actually hurting them more and probably causing it."

Kiesinger's book, tentatively titled "Anorexic and bulimic lives: making sense of food and eating," is in manuscript form. She is in the process of searching for a publisher so that she can release this compilation of her research.

CONTACT KIRSTIN COOK AT:
kirstin.cook@wilkes.edu



Photo courtesy of Christine Kiesinger

Christine Kiesinger, above, is looking to publish her research on eating disorders. She found links between eating disorders and relationships.

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HOMELESS

Continued from FRONT PAGE

Another activity that has changed since last year's Hunger and Homelessness week is the food drive that will be going on all week. The drive will be a competition with teams made up of resident halls, clubs, sports teams, classes or friends.

The team that contributes the most canned goods will win a party of their choice, such as a pizza party, an ice cream social or a wing party. Hartman said that she got a lot of feedback about including a prize.

"It'll be an incentive, something to work for," Hartman said.

This year the events blanket for a banquet and dinnerless dinner party will be combined to take place in the ballroom on Tuesday, Nov. 16 from 5 to 7 p.m. The dinnerless dinner party was a new idea last year, but Czeh said they only got a few attendees.

The party will contain just appetizers and deserts, and participants are asked to bring a donation such as a blanket, coat or toiletries.

Czeh hopes for a greater student involvement this year, because she said that hunger and homelessness are issues that are both major and local.

"Many of those in our own community

are suffering from hunger and homelessness right down the street, on the square, as opposed to being in some big city, it's right here," Czeh said.

Hartman also said that the locality is something that gives these issues a greater importance.

"I think it's big also because we're trying to fight hunger and homelessness in other countries while it's happening everywhere in the United States, so (we're) bringing it closer to home so everyone realizes that it's not just in Africa but it's also in America with people that you know," Hartman said.

Students interested in becoming involved are instructed to check the MyWilkes portal and the Student Development Facebook page for updates. They can also contact Hartman at jennifer.hartman@wilkes.edu.

Hartman said that if students cannot participate in the activities during the week, there are plenty of other ways to be involved year-round. She said that the times are flexible and there's a great benefit to involvement.

"I think that if more students were volunteering it would just give them a better feeling inside that they're also helping other people with their time," Hartman said.

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The Beacon/Allison Roth
Pictured is someone's belongings sitting outside of Frank's News, located on the Public Square in Wilkes-Barre. This sight is common, because homeless often place their items around while they are in the square. Hartman said that these sights are eye-opening for many.

DEFICIT

Continued from FRONT PAGE

cause is too early in the process to know where and what areas will see cuts.

"We don't have a defined plan that I can take action on today. We're working on those areas right now," Kobylski agreed.

Kobylski said that she and Verret will be holding a forum on campus to discuss where Wilkes stands and what direction they plan on going with the financial situation.

"We will be holding a campus forum sometime in the next two weeks or so and I know we're going to be sharing the details at that point," Kobylski said.

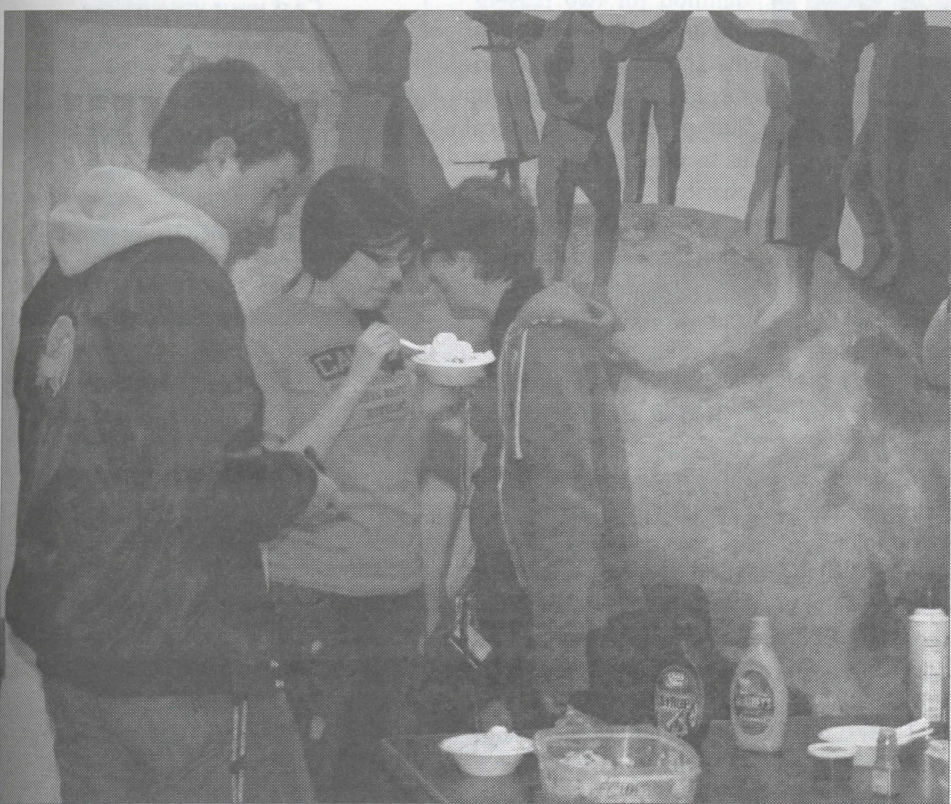
She also said that all are welcome to go to the forum with any questions or concerns they may have as well as to sit and listen.

"It's a good open dialog with a lot of questions going back and forth," Kobylski said. "I think it's a great environment to get a better understanding of what we're seeing on our side."

The time and date of the forum had yet to be announced at the time of print.

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Scoops for Spirituality



The Beacon/Marjorie Whispell

Every first Monday of each month, an ice cream social is held called Scoops for Spirituality in the Savitz Multicultural Lounge on the second floor of the Henry Student Center. Members of the Wilkes community are invited to attend and socialize.

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Helping others is important to society

The Beacon urges students to donate time, food and money during the holiday season

BY THE BEACON
Editorial Board

The upcoming holiday season gives people something to look forward to because it is a time to spend with family and friends and to be surrounded by more commodities than the average day.

Some people may look at this festive time as a reward for their hard work throughout the year, but there are many people who may not be able to put on a big dinner like last year and there are those who cannot treat this holiday season any different than any other day.

During these tough economic times, spending money on a feast and gifts during the holiday season is fiscally irresponsible for people who cannot find work, are not financially stable and have no job security. The projected outlook for the economy is still quite foggy.

According to the U.S. Bureau of Labor Statistics, the unemployment rate in Pennsylvania was at 8.9 percent in August of 2010 compared to the unemployment rate of the entire U.S. at 9.2 percent in September of 2010.

Keeping those statistics in mind, the vast majority of the population is still employed. *The Beacon* believes we should get rid of the "survival of the fittest" motto and start helping others to not only benefit the direct recipient, but also for the betterment of our country and for the individual willing to help.

For example, there are plenty of food drives on campus every year during this time. Just because college students don't have much money doesn't mean that a few cans of food cannot be given to an organization.

If everyone that went to Wilkes University gave one can or box of food, we could have more than 2,000 goods for local fami-

lies who truly need them. That is a remarkable number, even for a smaller school like Wilkes.

The Salvation Army has a campaign called "Need Knows No Season" to try to influence others to donate to the Salvation Army year-round. Food banks at the Salvation Army are bare during the year and especially during the holiday season because people are so in need in Wilkes-Barre and

with that office and any student can become involved in their events.

Just this year, the Community Service and the Interfaith Office completed a number of projects such as donating Coats for Kids, building the KaBOOM! playground in Wilkes-Barre and hosting a concert for a local child called "Carin" for Erin." Also, the week of Nov. 15 is Hunger and Homelessness Week, which has a number of events that show students what it is like to be homeless or go without meals.

As always, students can also give their money toward a good cause, like a charity. Many projects are shut down because there is not enough funding to keep the project going.

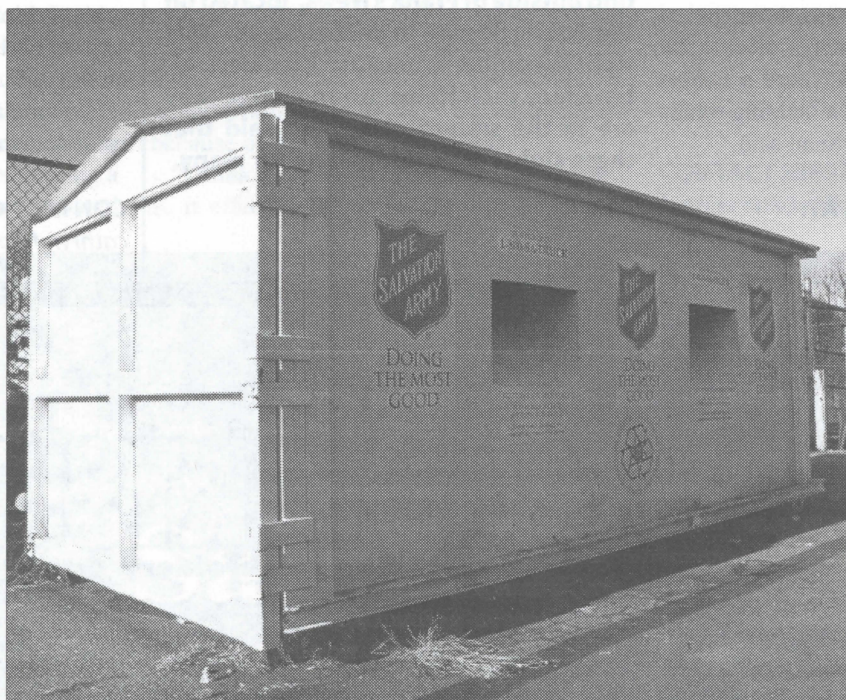
In addition, there are plenty of organizations that don't receive any recognition for two reasons. For one, with the advent of the Internet, bogus charities have been popping up and people are skeptical as to what is truly a good charity.

Secondly, there are more choices for which people can donate money; so choosing the right charity is not always easy.

On another note, as opposed to local charities, there are also international charities, which can stretch a donor's dollars even farther. For example, there is a charity called "charity: water" and the mission is to start clean water projects all over the world. People who want to help can donate \$20, which the organization claims can give one person clean water for 20 years.

Lastly, this week, the CEO and founder of TOMS Shoes, Blake Mycoskie, will be speaking at Wilkes at 8 p.m. on Nov. 9. TOMS Shoes is a company that gives a pair of shoes to a child in need when one pair is

SEE DONATE, Page 8



The Beacon/Tom Reilly

The Salvation Army's clothing bins, as pictured above, can be found throughout the Wilkes-Barre area. Donating clothing is one of the many ways one can help needy families during the holiday season. We should consider donating unused items to those less fortunate than us.

the surrounding areas. Donating nonperishable goods to the Salvation Army is just one way of bettering society.

The Salvation Army accepts used clothing for families in need to sell at very discounted prices, as well. Students can donate some older clothing or something that no longer fits to the Salvation Army for people or families in need.

Students who don't have food to give to others can donate their time toward helping people. One way to do this is through Wilkes' on-campus Community Service office. There are many students who volunteer

BEACON POLL

The Beacon poll is unscientific and does not claim to reflect the overall attitudes of students on the Wilkes campus.

Last week's question:

Do you support the EPA's plan to boost the ethanol content in gas?

- Yes 25%
- No 75%

This week The Beacon asks:

Did you donate food items or clothing to the needy last holiday season?

- Yes
- No

Cast your vote online at:
www.wilkesbeacon.com

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Processed meats are dangerous for consumption by humans

BY AMANDA LEONARD
Assistant Opinion Editor

No matter where one looks, there is usually an advertisement or product aimed toward bettering one's health. With low-calorie and low-fat foods, food companies are always trying to appeal to their consumers.

It would seem reasonable to think that consumers can trust the FDA and that if there was ever a harmful product or ingredient, that it would be taken off the shelves immediately.

However, unbeknownst to many, companies purposely try to make the appearance of certain foods, such as processed meat, like bacon, hot dogs, as well as other meats, look fresh and appetizing with a chemical called sodium nitrite. This chemical simply provides color to the food, making it look fresher than it really is, without any actual benefit.

For years, meats have been preserved by salting to prevent bacteria that would spoil the meat. Salt has a drying effect that directly inhibits bacterial growth to occur. As salting meats became more popular, nitrate was found in some salts to be responsible for adding color and flavor.

Sodium nitrite, when combined with certain components of protein rich food, can turn into a carcinogen.

The American Institute for Cancer Research and the World Cancer Research Fund report that there has been enough evidence gathered that no amount of processed meats

should be deemed as safe and that they should all be avoided if possible.

Processed meats are those that are preserved by smoking, curing or salting.

If these foods are as dangerous as the numerous studies have revealed, it is frightening that the majority of school cafeteria food, frozen meals, restaurants and hospitals that sell or serve red meat are still serving processed meats without any concern.

It plagues the minds of many that the FDA and USDA continually allow the cancer-causing chemical to be placed into foods that many consume on a daily basis.

In the late 1970s, the USDA tried to ban sodium nitrite, but that plan was quickly squashed by the meat industry. Fingers were then pointed at the USDA for attempting to "ban bacon," a preposterous claim made towards an association that is merely looking out for the health of consumers.

Processed meats not only have been found as factors of certain cancers, but for diabetes as well. A Harvard University study found that those who ate hot dogs, salami, bacon, or sausage two to four times per week increased their risk of diabetes by 35 percent.

Luckily, those who do not eat as much meat will be able to absorb a certain amount of sodium nitrite without it leading directly to cancer or any other disease. But for those who consume a lot of meat, cured meats should be avoided the most.

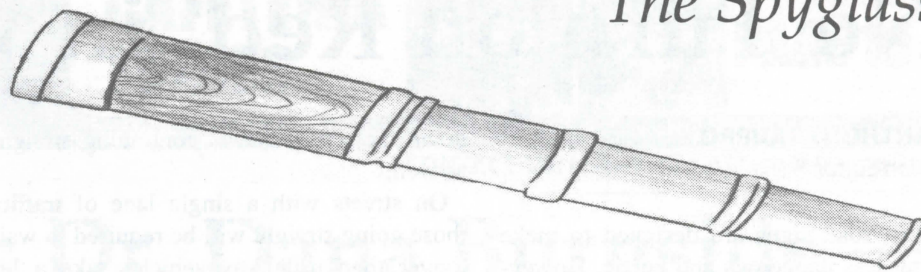
SEE MEAT, Page 8



The Beacon/Tom Reilly

The wide variety of meats sold in stores are tempting to many people. Though many are unaware of the health effects, the results of the research studies should be more publicized.

The Spyglass



Vinyl records produce a sound quality better than that of CDs

BY ANTHONY TRUPPO
Opinion Editor

In an audio world dominated by CDs and MP3s, many are forgetting about the better sounding predecessors to our current modes of listening.

Although many view vinyl records as a thing of the past, records have been increasing in popularity over the past few years and should be considered by all serious music listeners. The stellar audio quality of vinyl records proves that newer is not necessarily always better.

In 1877, Thomas Edison developed the phonograph, which was the primary device in playing and recording music throughout the 20th century. Little did Edison know, his invention would continue to play a major part in the music community nearly a century and a half later.

The phonograph eventually evolved into what humankind now knows as the record player. Although many are weary of listening to records because of the audible crackles and pops, the crisp sound delivered by records has been proven to be superior to the sound quality of CDs.

For one to understand the major difference in sound quality between records and CDs, one must learn some basic concepts of how audio is played from records and CDs.

When the needle on a record player fits into a groove on the record, an exact reproduction of the original recording is played. You will hear your favorite band's music as if you are sitting in on the actual studio recording. Audiophiles like myself prefer vinyl records mainly for this reason.

According to Phil Dotree, featured music and technology contributor at Associated Content, records provide better sound quality than CDs because of their analog recording format. A record is an analog recording, which is an exact copy of the original sound without any loss of information. A CD is a

digital recording, which, put simply, takes samples of a sound. These samples are made audible by a CD player.

According to Dotree, "The CD is basically an image of a sound, while the (record) is the sound itself, as it left the artist's studio." I agree with Dotree that analog allows for a much better sound than digital, as digital is pretty much a less perfect copy of analog.

Over the past four years, more listeners have come to realize the benefits of listening to records.

According to The Nielsen Company, from 2006 to 2007, vinyl record sales climbed 14 percent from 858,000 to 990,000 albums sold in the United States. In 2008, this number nearly doubled from the previous year to 1.88 million. Last year, 2.5 million records were sold.

While record sales have been increasing over the past few years, CD sales have plummeted. From 2006 to 2008, CD sales decreased from 553.4 million to 360.6 million units sold.

Unfortunately, many listeners may be bothered by a record's relatively short life. If you are one who enjoys listening to the same album repeatedly, you may find that a record wears out faster than a CD.

Another reason people may ignore records is that they require the listener to work. Whereas with a CD you can just pop the disc into a CD player and the music will begin to play automatically, records require a bit more effort on your behalf because of the necessity of carefully placing the needle from the record player on the record in the correct position.

I feel, however, that having to carefully place the needle onto the record and having to flip the record over after the first side has finished playing add to the listening experience by deeper involving the listener in the act of enjoying music and listening attentively.

SEE VINYL, Page 8

'No Turn on Red' in Wilkes-Barre? No way!

BY ANTHONY TRUPPO
Opinion Editor

Most road signs are designed to make driving less dangerous and hectic. However, not all road signs are created equally, as many "No Turn on Red" signs serve to make driving more frustrating.

The city of Wilkes-Barre, a home to many of us and a home away from home for the rest, recently installed a brand new "No Turn on Red" sign on the corner of South and Franklin streets.

Unfortunately, these "No Turn on Red" signs seem to be growing in numbers in Wilkes-Barre. One was placed on the corner of Union Street and Pennsylvania Avenue nearly a month ago.

The stopping line on Franklin Street was moved back several yards, which also seems futile.

These signs do not seem to make driving easier for anyone involved. Anyone who has ever driven in Wilkes-Barre will likely agree that he or she spends more than enough of his or her driving time waiting at traffic lights.

The presence of "No Turn on Red" signs often creates a lengthy queue of vehicles waiting to turn right, which is not only frustrating to those hoping to turn right when the intersecting street is vacant, but can slow

down the traffic that is continuing straight as well.

On streets with a single lane of traffic, those going straight will be required to wait longer than usual, as vehicles take a bit more time to make a right turn than to drive straight ahead.

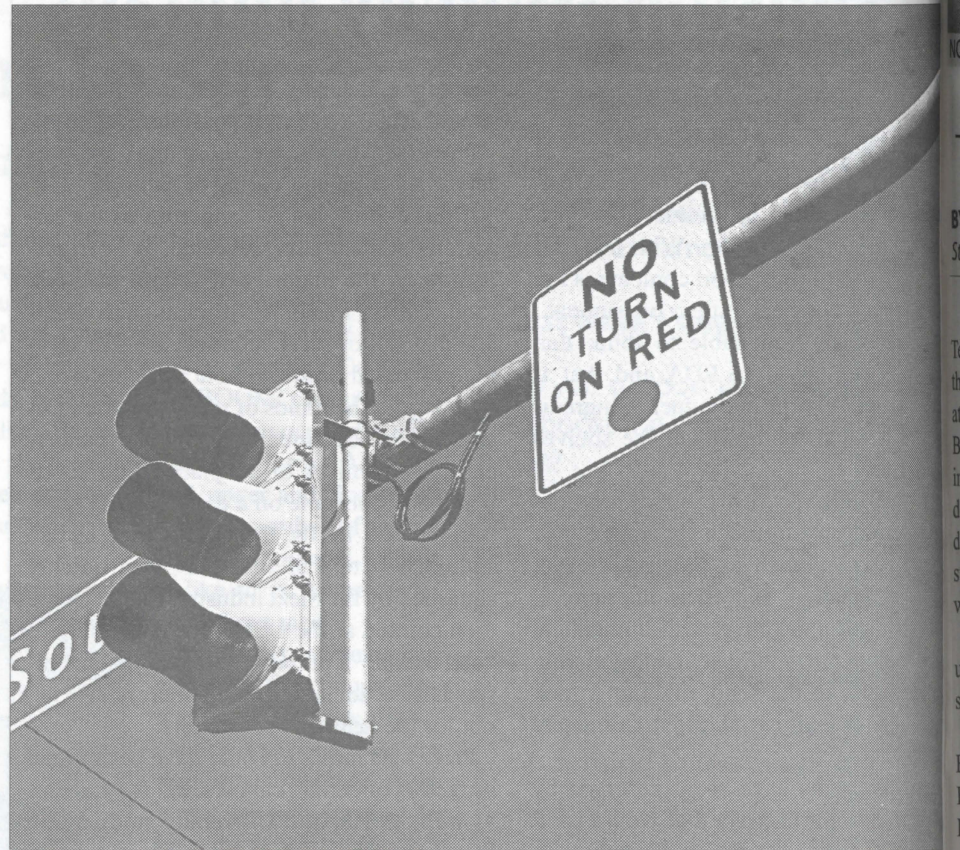
The traffic turning left from the opposite side of the street is also delayed. Drivers not only need to wait for vehicles in the adjacent lane to go straight, but they will also be forced to wait for those turning right when the traffic light becomes green.

At some point in their lives, all drivers will undoubtedly be forced to wait through two or three light changes to make a left turn.

I understand that "No Turn on Red" signs can make driving safer for vehicles coming down the intersecting street, in that the signs can prevent oblivious drivers from turning into oncoming traffic without looking; however, many drivers tend to ignore "No Turn on Red" signs altogether.

I do not in any way support purposeful disregard of any road sign, yet I feel that "No Turn on Red" signs placed on intersections that do not receive large amounts of traffic are a bit superfluous and do not necessarily contribute to safety.

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The Beacon/Tom Reilly

A "No Turn on Red" sign was recently placed on the corner of South and Franklin streets in Wilkes-Barre. These signs do not help to make driving safer and only increase frustration and waiting time for drivers.

VINYL

Continued from Page 7

Even though many prefer the simplicity of CDs, vinyl records provide not only better sound quality, but a more interactive listening experience as well.



The Beacon/Tom Reilly

Many music shops offer vinyl records, yet they are much more hard to come by than audio CDs. Fortunately for those who prefer better sound quality, vinyl record sales have gone up tremendously over the past four years and continue to climb.

The next time your favorite music artist releases new material, before settling with a CD, check to see if a vinyl release exists as well. Your favorite music will never have sounded better.

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DONATE

Continued from Page 6

purchased, hence the company's popular slogan "One for One." Although the shoes are a bit on the pricey side, someone in this world is going without shoes, while many Americans have multiple pairs of shoes.

To put it simply, there is someone in this world with a worse life than the life college students are living. We are being college educated, which is the norm in the U.S., and much of the world has less than a high school education or no education at all.

In addition to being thankful, *The Beacon* strongly urges students to break the standard and help others this year by donating food, partially used clothing, time or money.

So this holiday season, think about giving to someone who truly needs it. And for those who think they will never need help from anyone, think again. There will always be a time in a person's life when he or she is asking for help and depending on his or her past, they may or may not receive it.

MEAT

Continued from Page 7

The Cancer Prevention Coalition has also recommended that children should not eat foods that are heavy with the chemical, such as hot dogs, more than 12 times per month because of the risks involved. However, there are hot dogs available for sale that are nitrite-free.

According to The Cancer Project, a non-profit organization dedicated to cancer prevention, the average American eats 32 pounds of processed meat yearly.

Also, the processed meat industry in the United States generates \$22.5 billion per year, yet the wish for a ban or reduction of sodium nitrite continues.

Although many have meat in their daily diet, people should look for more organic, less-processed meats in order to maintain a healthier lifestyle.

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BY JOHN
Staff Writer

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CONTACT US: wilkesbeacon.lifestyles@gmail.com

— Chatting with faculty: Dr. Dana Burnside —

BY JOHN CARROLL
Staff Writer

Dr. Dana Burnside, director of the new Teaching Commons in the basement of the Farley Library and professor of graduate students, is in her first year at Wilkes. Burnside is also the designer of the teaching center's website. This resource was developed as a means to aid professors in developing new ways of approaching their subjects and to use alternative techniques when teaching.

She teaches graduate level courses in education including ethics and administrative subjects.

Burnside holds a B.A. and an M.A. in English from Bloomsburg University in English and communications, respectively. Her doctoral degree is in higher education from George Mason in Virginia.

The Beacon: Where did you grow up?

Burnside: Altoona, Pa., near Penn State. In fact, I grew up playing on the Penn State-Altoona campus.

The Beacon: What do you feel is your greatest accomplishment to date?

Burnside: I think my greatest accomplishment is more in my personal life than in my professional life, though I'm very proud of my professional accomplishments. I have a 5-year-old who started kindergarten this year, and I'm very proud that we seem to have instilled a love of learning in her, and at 5 I'm thrilled that she loves school and to read and that she's very curious. I feel my greatest accomplishment is as a parent.

The Beacon: What is your happiest memory?

Burnside: This is a tough one. I think it's tough not because there aren't many to choose from, it's tough because there are so many to choose from. I would say one of my more recent memories was walking across the stage and being hooded with my doctoral degree. It was a goal, and it was a challenge. Accomplishing that certainly made me very happy. I think knowing that my family was proud of me and seeing my husband and daughter's smiling faces made me very happy.

The Beacon: If you were stranded on a desert island what three things would you bring with you?

Burnside: My iPad for music, to read and



The Beacon/ John Carroll

Dana Burnside is the director of the new Teaching Commons in the basement of the Farley Library. She also teaches graduate courses in education at Wilkes.

to draw; a camera so I could document my surroundings; and a picture of my family. I guess if the picture was on the iPad my third thing could be a book of contemporary art.

The Beacon: What were you like in college?

Burnside: Motivated, hard-working. I finished my B.A. in three years. I was also in a sorority called Phi Delta. I was the president in my last year. I feel like I became the person I am today in college. I figured out who I was and made significant friendships that have lasted ever since.

The Beacon: Do you miss college?

Burnside: A little bit. I've been in the college environment since I left, working in different universities. I feel as though I'd miss it terribly if I wasn't working at one. I love the college atmosphere and I feel that's where I belong.

The Beacon: What do you do in your spare time?

Burnside: I like to write.

The Beacon: What do you write?

Burnside: Mostly children's books, actually. I'm working on one now that I hope to soon submit for publication.

The Beacon: Describe yourself in three words.

Burnside: Creative, genuine, fun-loving.

The Beacon: What's a random fact that you're willing to share?

Burnside: I don't eat any condiments. I don't eat ketchup or mustard or relish, or virtually any kind of sauce. People think it's strange that I'd rather a plain hot dog and no ketchup for the French fries.

The Beacon: Do you have any words of advice for students?

Burnside: Take advantage of everything that school has to offer. Use student services, talk with your professors, and take advantage of their wisdom and expertise because never again in your life will you have such a collection of people whose job it is to help you and support you. Just take advantage of everything you have here because it's lonely out there once you leave and you have to do it on your own.

The Beacon: Do you have any goals for your future?

Burnside: Professionally, I would like to see the Teaching Commons be a success. And my goal is to become a very important part of Wilkes University and successfully support the Wilkes University teachers. Personally, a short-term goal is to be able to illustrate my own books. I've always wanted to do that, since I was a child. A short-term goal is to take some art classes and improve my artistic ability. Long-term, I hope to raise a happy, centered, confident, self-reliant daughter who will become a successful young woman.

The Beacon: What's the most difficult thing you've ever done?

Burnside: I would say that, professionally, certainly, I thought that getting my doctoral degree was a challenge; writing the dissertation was a challenge. Recently, last year, my best friend was killed in a car accident. I think dealing with that kind of loss, that tragedy, has been more difficult than any physical thing I've ever tried to do.

The Beacon: What kind of music do you listen to?

Burnside: I love music. I listen to jazz, adult contemporary, the blues. I was an intern at a blues radio show for a while. That really fostered my love of the blues. I love the Grateful Dead. My favorite artist is Bob Dylan.

The Beacon: If you could have one wish come true what would it be?

Burnside: World peace? I feel so selfish if I make it something for myself. Globally, I would wish for less poverty and less children to go hungry on a daily basis. Personally, perhaps a more shallow wish, is that my family would relocate to the Wilkes-Barre area so I could diminish my one-hour commute.

The Beacon: What was your favorite toy as a child?

Burnside: Do books count? When I wasn't reading, I loved playing with dolls. I had a Darcy doll with red hair. That was my favorite.

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Ladies of the Henry Student Center cafeteria

A look at some of the cafeteria workers who serve our meals every day

BY KIRSTIN COOK
Assistant News Editor

The grill sizzles and a variety of fresh vegetables, meats and cheeses sit next to a large container of liquid eggs waiting to be cooked.

This is how a typical day at the Henry Student Center cafeteria starts for line cook Susan Basham.

Basham, whom many students affectionately refer to as "the omelet lady," has been working at the cafeteria for 20 years. Her day usually begins with making omelets for customers from 8 a.m. to 10:30 a.m. every weekday. She quickly transitions to prepare the international section, where she works until 3:30 p.m.

"I have a pretty good interaction with students," Basham said. "I know a lot of them, their names... and (I try to) be on a first name basis because, you know, they would come in every day."

Basham, who is from Wilkes-Barre, said that she enjoys working with the college student age group because they are easy to get along with. She said that serving college students does not come with many of the difficulties of serving children or elderly.

Along with first names, Basham often memorizes the omelet orders of students, especially those who visit her omelet station every morning.

"I remember what they have... a lot of the regulars, after you make them every day, you kind of (remember)," Basham said.

While Basham said she enjoys working in the friendly atmosphere, another bonus of her position is the breaks that follow the school calendar. She said this vacation time is one of the reasons why she and many of her colleagues have continued working at the cafeteria for many years.

"None of us would be here today if we didn't have the time off, the summers off, the four weeks in the winter, there's always that break," Basham said. "You're always working for that next little milestone, and if we didn't have that I honestly think we wouldn't be here because it's just too hard, it's just too much."

Basham said that the hardest part about her job is being on her feet all day.

Muriel Grant, a line server at the cafeteria, prefers to stick to the classics.

Grant, who has worked at the cafeteria for six years, usually works in the classics section from 4 p.m. to midnight.

Grant said that students often get a wrong impression of her and feel intimidated. She said that students would be surprised to know that she is actually nice.

"I'm not as mean as (students) think I

am," Grant said. "I have a loud voice so I think sometimes they think I'm yelling, but I'm not."

Grant, who is also from Wilkes-Barre, said that the majority of students she serves are friendly and she enjoys talking to them. However, she said that not all of them are so nice.

"Some are rude and I don't say anything back," Grant said. "They have bad attitudes and if you say something back then you're in trouble, and they're not. They're always right."

Grant began working at the cafeteria simply to have an additional position besides her day job, and the line server spot fit her schedule.

"I was working at a high school during the day and I just wanted something at night," Grant said.

Grant used to balance two jobs, but now

she is satisfied by just working at the cafeteria.

"This is enough for now," Grant said. "I really enjoy it."

Grill cook Rachel Delgado considers herself to be a teenager at heart. Delgado, who has worked in the cafeteria for three years now, said she enjoys having fun and laughing.

"I am cool," Delgado said. "I am 33, but I still feel young. I know how it is to be in college and I know exactly what you guys are going through."

Delgado said she likes to start conversations with students while she is working to help pass the time.

"You guys come in and you have great stories, it's hilarious," Delgado said.

Delgado said the end of the night is the hardest part of her job, since she has to clean everything and it is time-consuming.

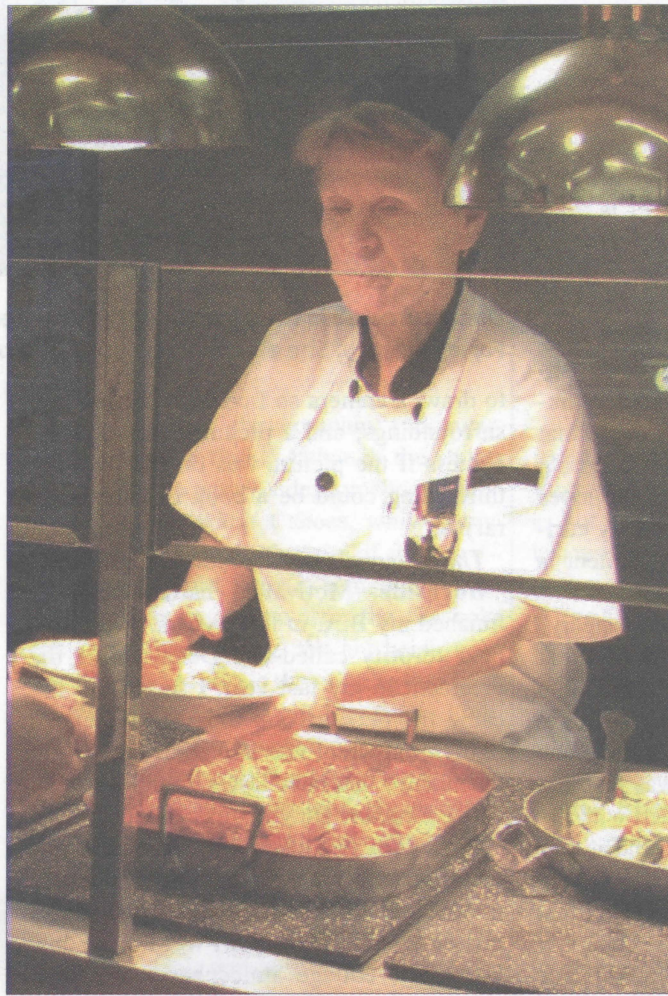
"I'm a clean-aholic, I will clean everything, so that's why it takes me so long," Delgado said.

Delgado, who is originally from Brooklyn, N.Y., has lived in Wilkes-Barre for 10 years. She said she finds the area to be quiet and peaceful.

"I love it," Delgado said. "It's not like New York, you don't hear sirens, you don't hear gunshots, you don't hear nobody fighting, it's nice and quiet. If I want to see anything bad, I'll just turn on the television."

Delgado said she loves her job so much that her typical 4:30 to midnight shift is not enough for her and she has to visit the cafeteria.

"I'm always here," Delgado said. "Even on my days off I'm here."



The Beacon/Marjorie Whispell

(Above left) Muriel Grant has been serving food to Wilkes students during late night for 6 years. Grant explained that sometimes students get the wrong impression of her, but she is actually very nice. (Above right) Susan Basham is often referred to as "the omelet lady." She has been working in the Henry Student Center cafeteria for 20 years and knows many students on a first-name basis.

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Carl Brigido is keeper of the Thomas P. Shelburne TV studio

BY ANTHONY DORUNDA
Sports Editor

Carl Brigido is a man with many homes. For its entire 14-year existence, Carl Brigido has called the Thomas P. Shelburne Telecommunications Center home.

Well, his home-away-from-home anyway.

Decked out with three television production studios, a master control center, a state-of-the-art production control center, three editing suites and an audio recording suite, the 5,500-square-foot, 13-room basement-dwelling hole in the wall that houses Wilkes University's broadcast media hub is a splendor of technology. The studio's grandiose appearance and advanced technological operations rivals that of local network studios.

And behind the safekeeping and maintenance of the entire operation is the soft-spoken, modest Brigido — acting as what Wilkes University Communications Department Chair Dr. Mark Stine describes as a “three-man workforce.”

“Carl performs the job of really three people at the studio,” Stine said. “He manages the entire studio, so he’s a manager. He has an excellent engineering background, and he saves the university a great deal of money by fixing all of the electronics and not having to hire a contract engineer, so he’s an engineer. And he provides teaching assistance to me when I’m down there (in the Shelburne Communications Center) teaching television classes.”

“Without Carl, we would have a very difficult time delivering the broadcast media part of our program here.”

But don’t even bother telling Brigido that it’s all because of him. He’ll sharply disagree.

“Nobody’s irreplaceable,” Brigido said.

Both Stine and Brian Switay, a 2010 Wilkes graduate who worked at the television studio for four years as an undergraduate, said Brigido is the alter-ego of a media professional: a humble and unassuming stand-up guy who goes about his business with a workmanlike approach, expecting nothing from it and deflecting any recognition he may receive.

“(Carl is) the best person to work with and would sacrifice himself for the betterment of the school, student or project,” says Switay, who served as host and director of the student-run television show “Wilkes World,” which is overseen by Brigido. “He’s considerate because he always puts students first and he always knew how to help out; and if he didn’t he would find out.”

“Working with Carl is very refreshing because he goes about doing his job, and



The Beacon/Britney Hazleton

Brigido is seen here experimenting with equipment in the television studio.

then some, and doesn’t necessarily expect any kudos nor does he try to be in the limelight,” Stine says. “Quite honestly, many of us could learn from him a little bit in that he sets a great example for humility.”

To learn from him, you have to learn a little bit about the 64-year-old technical guru. He lives in Scranton, but his real home is Old Forge. And first things first — without a doubt, Old Forge pizza is the best. That’s not even a question. The only real question is what makes Old Forge pizza so much better?

“Ya know, Old Forge has a unique crust,” Brigido explained. “It’s none of that thin crust you find out in other places. And their cheese; although it may not be as special today as it used to be but at one time the good places used six different types of cheese.”

Brigido — who has taught himself how to play the piano and is in the midst of learning Spanish — is fascinated with learning new things. As a child, Brigido frequently would take items apart (radios in particular) and rebuild them from scratch, or simply just create something with makeshift parts he could round up. When he was a pre-teen, he decided to build a projector — out of cardboard and descriptions from an encyclopedia.

“When I was just a little kid I used to be lost in my room taking things apart,” Brigido says. “It (the projector) had two 60-watt light bulbs to project something on a wall. I took a small cardboard box and cut a hole to put the pictures to project on the wall. I made a mount for the bulbs, put reflectors in and a lens in the front.”

“I blew the fuse in the house when I first plugged it in. I was just a really young kid. I followed the plans in the encyclopedia of how to make it.”

He also developed another love as a child: pool. When he was 11, Brigido wanted to

shoot pool at a pool hall down the street from his house. When the owner said no, he would simply keep showing up — everyday for a month — until the owner finally caved and let him in.

The pool hall became another home for Brigido.

“I used to sit with him every day on the steps of his place and we would just talk,” says Brigido. “After about a month he said I could come in, but I couldn’t play, I could just look. And it wasn’t long after that that he started letting me play, and I wouldn’t miss a day. I was there every single day — that was my place every day.”

“I just wanted to play it, I don’t know why I loved it so much, I could play at the recreation place in Old Forge where I could get in, but going to this old pool room made me fall in love.”

He still plays pool — every Monday night for four or five hours with some of his buddies at Jack & Jill’s Billiards for 11 years now.

He didn’t hit his television production stride, however, until after he fulfilled his tenure in the Navy. That’s when his itch for electronics returned. So he began calling television stations in the area, prodding the minds of chief engineers on what he needed to do to be involved in television production. When told the key was to obtain a Federal Communications Commission license, Brigido went to school, earned the license and started his first job in the television industry two weeks later with WVIA.

After WVIA, he had a six-year stint as assistant chief engineer at Hahnemann, a medical television network that connected the Hahnemann Hospital in Philadelphia to hospitals in Hazelton, Wilkes-Barre and Scranton from the campus of Wilkes University. From there, Wilkes hired Brigido in 1983.

“There was a (communications) department — SCTA — I’m not sure what the letters mean,” Brigido chuckled. “There was some type of communication course being taught, but it was in awful shape. The cameras were in the corner of the room — three color cameras that were just awful — and there was no studio, no control room, there wasn’t anything like that.”

So, naturally, the first thing Brigido did was lobby for new cameras — two JVC color cameras that were already way over the budget — and converted some second floor rooms in the Stark Learning Center into something that resembled a studio.

“We took a room and converted it to a studio,” Brigido says. “We took the ceiling tiles out and put the studio lights up, had it sprayed black, put a divider up, had a wall taken down to other rooms, put a window in it and made it a control room.”

“That’s where ‘Wilkes Today’ started, we actually did four shows a week live at noon with news, weather and sports. It went only to the lobby of the Stark Learning Center, because that’s where all the commuters congregated because there was no Student Union Building. That was our audience.”

Brigido ran all of the broadcast-related technologies out of that makeshift room until 1996, when, thanks to a generous donation from Thomas P. Shelburne and other donors, a brand new studio Brigido helped design was constructed in the basement of the Stark Learning Center.

Since its inception, Brigido has spent nearly every single day there, working on different machines and toying with the editing systems, and most importantly, assisting students who venture down to the basement with whatever questions they may have.

“Carl taught me how to completely run the TV station inside and out as well as other little things that others would overlook in teaching broadcasting to students,” Switay says. “He shared what he knew about TV and is always there in times of need.”

When in the studio, you instantly recognize the tranquil, lighthearted atmosphere. And that is a direct reflection of the persona of the studio’s CEO.

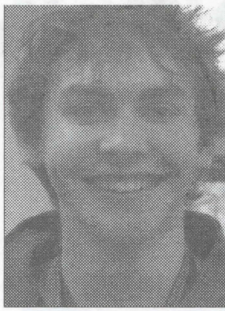
“I like to joke around; it’s just what I do,” Brigido says. “I always say that there’s nothing to be taken that seriously. We have to be able to laugh, because if you’re not having a good time and enjoying yourself on a day-to-day basis, life becomes too humdrum. And, frankly, I’m always in a good mood from the time I get up.”

“That’s just me, that’s who I am.”

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STREET BEAT

What was your favorite gift?



Ryan Wood

Sophomore communication studies major

"My favorite gift was my Fender Jazz Bass guitar."



Omar Richardson

Freshman pharmacy major

"The gift of life itself."



Carrie Early

Junior biology major

"A trampoline."

Photos: The Beacon/Marjorie Whispell



Bea Kopec

Cashier at Rifkin Cafe

"A picture of my grandkids."



Keri Meerholz

Freshman undeclared major

"A cell phone."



Jamie Miller

Assistant Activities Director of Student Government

"My mom, for Christmas, got me Billy Joel tickets at Madison Square Garden."



Gerard Bennett

Freshman computer science major

"A Playstation 3."

Wilkes University's Health & Wellness Corner

Wilkes University's Health & Wellness Corner is a weekly feature in The Beacon. Students who ask questions will remain anonymous. All questions will be answered by Health Services staff.

Q. My friend told me to stop by Health Services and ask for some antibiotics because I have cold symptoms like a runny nose, a little cough and a stuffy nose and antibiotics will help me feel better quicker. Can I just stop by and get an antibiotic?

A. You surely can stop by Health Services and be evaluated for your cold symptoms. Diagnosing whether you have a viral or bacterial infection would determine if an antibiotic is required or not.

Most illnesses are caused by two kinds of germs-bacteria or viruses.

Bacteria can cause strep throat, some pneumonia and sinus infections.

Viruses cause the common cold, most coughs and the flu.

Antibiotics can cure bacterial infections.

Antibiotics do nothing to help a viral infection. So using antibiotics for a virus will not cure the infection, will not help you feel better and will not keep others from catching your illness.

If you are diagnosed with a viral illness, supportive care such as Tylenol, Motrin, cough medicine and decongestants can make you more comfortable during the course of the illness.

With any cold symptoms, viral or bacterial, it is so important to cover your mouth when coughing and sneezing, dispose properly of tissues and wash your hands with warm soap and water frequently.

Do you have a question for the Health & Wellness Corner? E-mail your questions to wellness.services@wilkes.edu, and you may see your question in next week's Wellness Corner. Your privacy will be protected. You can reach those working at Health Services at 570-408-4730 or by visiting their office on the first floor of Passan Hall.

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Commuter council and alumni office offer NYC

BY MOLLY KURLANDSKI
A&E Editor

Students will have the opportunity to spend a day in the "Big Apple" before the holiday season begins. Commuter Council will be offering its annual New York City trip on Nov. 20.

Tickets for Commuter Council's largest events are \$20 and can be purchased in the Henry Student Center up until a week before the trip.

Commuter Council, which has sponsored past events including the pumpkin-carving contests, tie-dying parties and the annual mad tea party, offers the New York City trip every semester. With transportation to NYC by the Martz Bus company students are given free time to do whatever they would like to do in the city for the entire day. Shopping, seeing the sights and viewing a Broadway show are just a few of the numerous activities one can do in New York City. The trip's basic appeal is that it caters to the students.

The bus will leave 7:15 a.m. on Nov. 20 and will depart New York City at 7:30 p.m.

"It's a successful trip," said Cortny Sasser, commuter council president. "It's unique because it's a cheaper way of trans-

portation and students can basically do whatever they want in the city."

However, students are not the only ones who will have an opportunity to spend the day in the city. Also being held on Nov. 20, is Wilkes' alumni office's annual trip to New York City.

For Wilkes alumni, tickets for the bus are \$25 per person, and \$90 more for tickets to a matinee performance of either the "Radio City Christmas Spectacular" or "Memphis." In the past, the Wilkes alumni office has offered trips to New York City offering the option to attend a Broadway show (last year's was "Mamma Mia").

The alumni office plans a variety of events for past Wilkes grads throughout the year ranging from Broadway shows, sporting events, and professional networking opportunities.

"Most alumni are from northeastern Pennsylvania or the New Jersey area, while others reside out as far as California," said Bridget Giunta, office of alumni. "It's always nice to get people together and be seen outside of their residence."

Tickets are limited for both trips offered to students and alumni. For more information about both, students can email cortny.sass-



Courtesy of Facebook/Times Square

Between November and December, tourists flock to New York City to start their holiday shopping. Both the alumni office and commuter council offer an annual New York City trip around the holiday season for students and Wilkes alumni.

erson@wilkes.edu (student trip) or bridget.giunta@wilkes.edu (alumni trip).

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November Horoscope: Find out what the stars say this month will bring

BY DR. KAPOLKA'S FYF 101 CLASS
Special to The Beacon

Aries (March 21-April 19)

A focus on relationships this month will lead to a pleasant surprise as you try things you've never done before. Things just seem to come together and the romantic balance is in your favor – as someone is chasing you! You are conscious of the time this is taking away from your studies, but if you can combine forces you may re-channel the passion and prolong the anticipation. School work may never be this fun again!

Taurus (April 20-May 20)

You are a person of passion, patience, and need for a good relationships. Although a quiet and stubborn person, you are committed and reliable. You are going to have trouble this month, perhaps a misunderstanding in your relationships. You want to keep your distance and stay quiet,

but it's probably best to talk out your problem instead of waiting for the person to come to you. You are extremely sensitive and possibly paranoid about other people's judgment of you. You may feel insecure and worry whether others actually care about you. Again, this will make you want to stay away from them and wait to see what happens. Happiness and good relationships will come to you now, but will require much effort at this time.

Gemini (May 21-June 20)

Creativity flares this month for the twins as you feel physically alert and attack school work with unusual vision. Your family misses you terribly. When they reach out this month, reassure them of their importance. Uncharacteristically, you are over-thinking romance, and your boy-girl relationships would benefit from a return to your carefree self. That's what attracts people to you.

Cancer (June 21-July 22)

During the month of November your sensitivity will increase and affect your emotional state. This may or may not be taken advantage of by others. You should focus on the business part of your life. It is a prime time to make a good amount of money. Be patient as it may not come at first. Remember you are better working with others than alone. There will be the ability to delegate. Your hard work will pay off in the end. In this month you will make a passive and sensual romantic partner. However the loved one will become a much more cherished belonging. People close to you will positively influence your life.

Leo (July 23-August 22)

Look out, love will strike you hard and suddenly this month! The planets are aligned in a way that will spark your interest in a potential partner. Use your tendency to take risks to your advantage and

be the one to make the first move. If you don't you may be letting a good thing pass you by. Be conscious of your aggressive nature however and refrain from being overly assertive. Difficulties may arise when it comes to commitment due to your conscious focus on your work. Your intellectually energy is strong this month so don't let love blind you from what needs to get done.

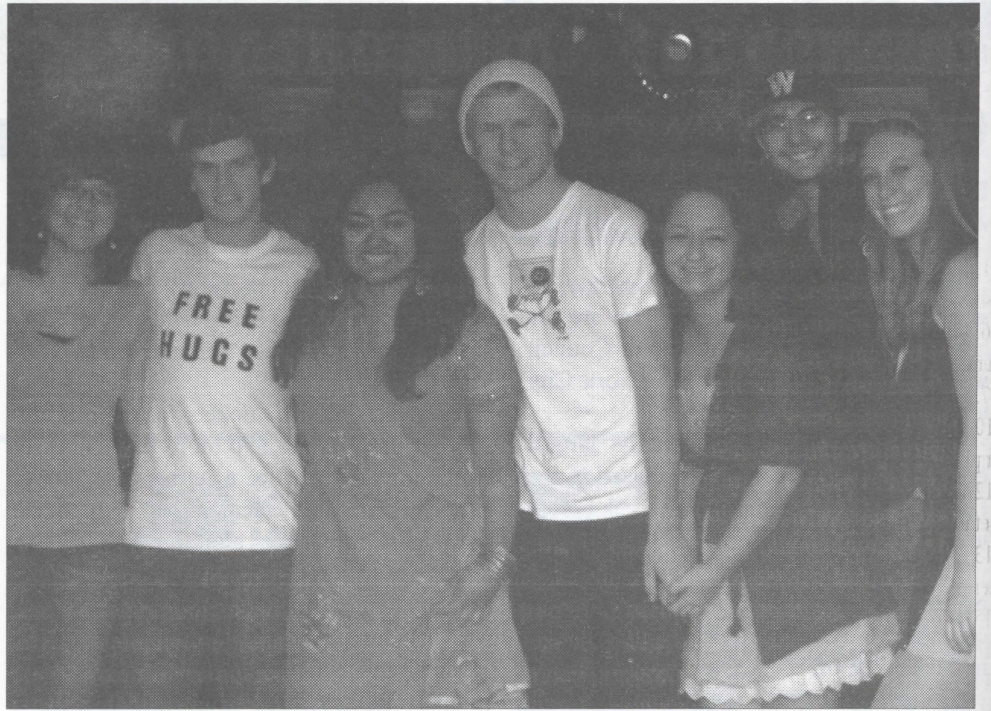
Virgo (August 23-September 22)

Shopping! This looks to be a month where you scan shops for pre-holiday sale bargains, assuring yourself that with the extra time you can get the best deals. But while you are going through the motions, the bulk of your thoughts are extremely self-focused this month as reflecting on whether your needs are being met. This is a good month for making decisions.

MSC Talent Show provides great entertainment for Wilkes



The Beacon/Jonathan Bowman



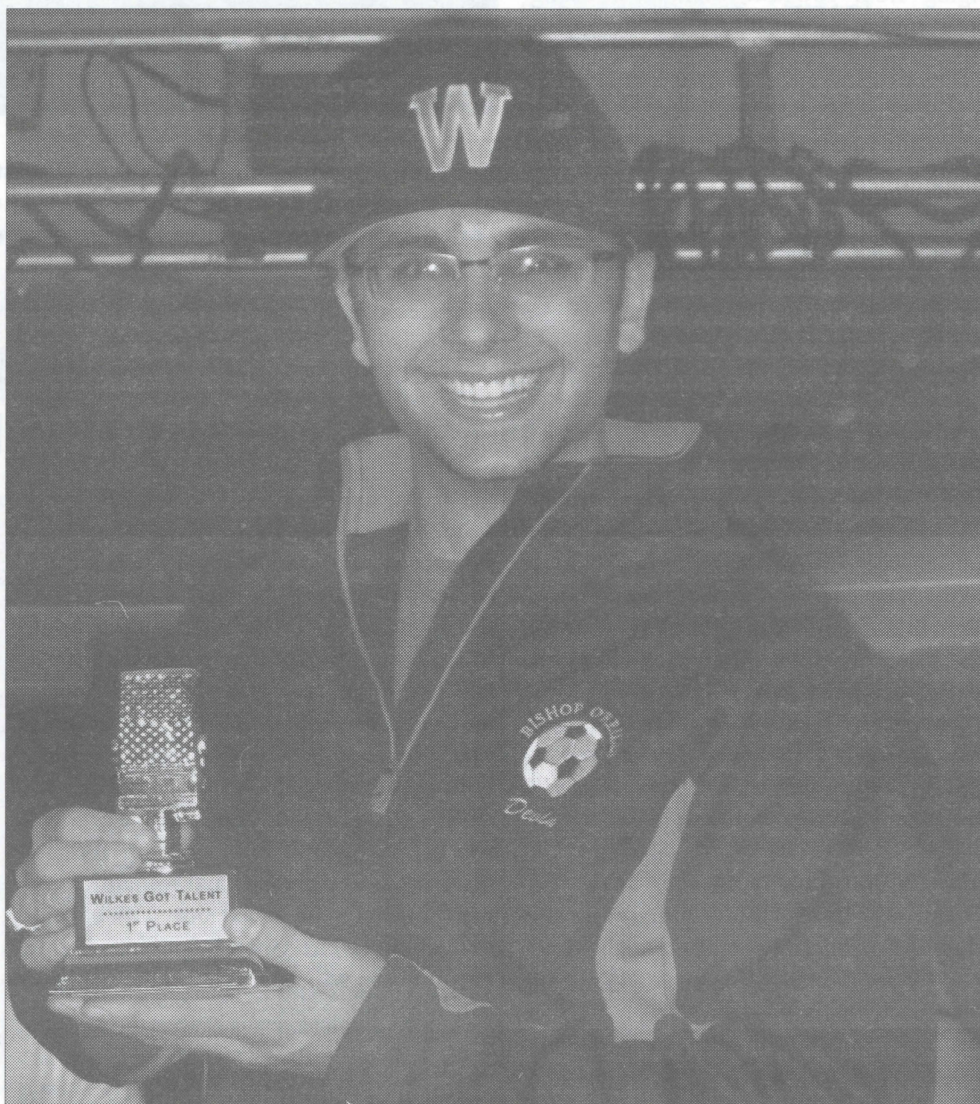
The Beacon/Jonathan Bowman

MSC's talent show was held last Thursday night, Nov. 4 at 7 p.m. in the Henry Student Center Ballroom. Contestants displayed a variety of talents including guitar playing, dancing, baton twirling, piano playing, singing and even stand up comedy. The judges included various professors and faculty.



The Beacon/Jonathan Bowman

Zobaida Azad, a freshman at Wilkes, performed an exciting ethnic Indian dance that won her 2nd place in the talent show. Azad recieved a \$100 gift card.



The Beacon/Jonathan Bowman

Devin Albrecht, a junior at Wilkes, won 1st place for his entertaining rendition of "Piano Man" by Billy Joel. Albrecht played the piano while singing and playing the harmonica earning him the top prize of \$200.

Pictured from left to right, Katie Cirone, Adam Bailey, Zobaida Azad, the musical duo "At Home," Devin Albrecht and Jessica Short were the final seven. The show offered a dance competition for the audience with a \$50 iTunes gift card as the prize.



The Beacon/Jonathan Bowman

Katie Cirone, a sophomore at Wilkes, played the piano while singing "Miserable at Best" by Mayday Parade. Cirone-won 3rd place in the talent show. She recieved a \$50 gift card.

ZerCross

"All Things Thanksgiving"

BY ASHLEY ZERFOSS
Correspondent

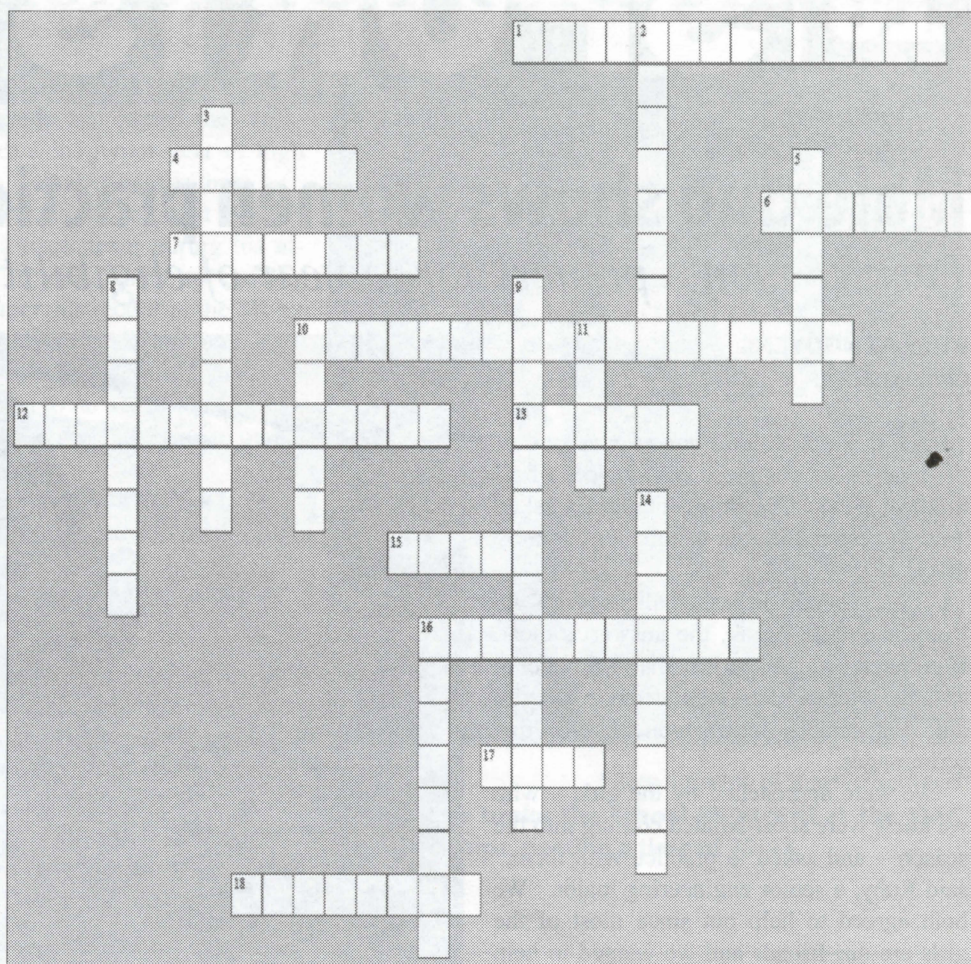
Across

1. Made from small, floating fruit
4. Spread usually used on bread
6. Orange vegetable that is grown in the ground
7. Dessert made from the fruit of Eden
10. Long green legumes + a can of Campbells
12. Dish made from a single crushed vegetable, often served with gravy
13. The bird that Thanksgiving dining is generally centered around
15. A dish for the vegetarians
16. Yam
17. Loosen this after indulging in the feast
18. Popular summer squash which is either grilled or mashed

Down

2. Small appetizers made from yeast and flour
3. Dessert made from the remains of Halloween
5. Gather this around the table before you eat
8. Break this apart as a good luck charm, but only if you get the bigger piece
9. Every table has these to add a little burst of flavor to any dish
10. Sauce made from the juices that drip from meats during cooking
11. Vegetable that can be served as creamed, whole kernel, or on the cob
14. Your family will be eating these for about a week after Turkey Day
16. Bread crumbs, onion, celery, salt, pepper, and poultry seasonings all rolled into one

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HOROSCOPES

Continued from Page 13

Libra (September 23-October 23)

Others will tend to misunderstand you Libra. You may seem more withdrawn than usual. There may be more money coming in than usual, but you should use it to prepare for something further down the road rather than simple luxuries. They aspire in a good marriage and doing things on their own, very independent. There may be more money coming in than usual, but you should use it to prepare for something further down the road rather than simple luxuries. You will communicate in a more direct manner and be more impatient than usual when it comes to others who do not speak as directly as you. Be careful of being overly protective of your values that you live life by. This could lead to arguments with anyone who questions them. Talking, writing and studying are good ways to take care of any unwanted stress.

Scorpio (October 24-November 21)

Lately you have been thinking too much and holding back on your emotions, even-

tually if you do not release your emotions you are likely to explode. Do not hold things back; it may result in a strained relationship. Soon you will be given the opportunity for commitment. Do not be afraid to be vulnerable because casual relationships are only going to hurt you. Scorpios love knowing it all, but do not stick your nose into too much. Even though you can get to the root of problems, some things just aren't your business. People will judge you even if you are just trying to help, you may make matters worse. Just be happy that you are a powerful person and can accomplish much. A great achievement is likely to come soon.

Sagittarius (November 22-December 21)

November possesses a sense of adventure for Sagittarians and for love of life that makes one of the most optimistic zodiac signs of all of them. They aspire in a good marriage and doing things on their own. You will be very busy this month, both socially and professionally. You will have many responsibilities to complete, which sometimes exhausts you. However, Mars increases your energy and determination to complete all of your commitments. You will take chances and feel

powerful and confident since Mars will be on your side all month. Be aware of people becoming jealous of you since you will be the confident and brave one in November. By the end of the month you will feel energetic and optimistic.

Capricorn (December 22-January 19)

You will also need to release your energy this month and try some new things. Don't keep your dreams and aspirations bottled up inside you forever. However, you will have difficulty in doing so. You will lack the confidence inside of you to achieve this on your own. You will need to rely on your friends for guidance and encouragement. However, be wise in choosing just who to rely on. As choosing which people to turn to will have consequences. But in the end, you will find yourself in a better place. Whether you accomplished what you set out to do or not, the experience itself will strengthen you as a person, both physically and emotionally.

Aquarius (January 20-February 18)

You are generally an intelligent and focused individual, but you can be too accepting of other people's actions. Don't let people fill your mind with false propagan-

da, instead go with your gut feeling and stay focused on tasks that are objective in your life. You will be tested this month and distractions will present themselves to you. Stay vigilant and get done what needs to be done. Don't let the temptation to solve other people's problems hamper your efforts to succeed. You tend to help other individuals, but now is the time for you to focus on yourself and your goals.

Pisces (February 19-March 20)

This month is a month of great opportunity for you if you are willing to make some effort. If you keep an open mind to new ideas and keep good communication with those close to you, your relationships with these people can grow exponentially stronger. You will also have many opportunities to forge a few new friendships and you should take the initiative to try and create these bonds as they will grow strong fast. As long as you keep working hard and pushing yourself, all the effort will pay off in the end and you will be rewarded in many different ways.

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NOVEMBER 9, 2010

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Male duo shows women practice makes perfect

Former men's players forgo year of eligibility to join practice squad

BY PHAT NGUYEN
Correspondent

Back in 2002, Allen Iverson gave one of the most infamous press conferences of all time when asked about practicing. He asked how you can make your teammates better by practice.

For former Wilkes basketball players Kyle Ruby and Josh Pstrak, the answer is clear. Both have been doing just that — practicing with the women's basketball team in order to allow the small team to conduct five-on-five scrimmages.

"We were approached by the girls — who we knew were short-handed coming into the season — and asked to practice with them," said Ruby, a senior engineering major. "We both agreed to help out since most of the girls are our friends and we wanted to help them out."

Ruby and Pstrak both decided to take a season off from playing for the Wilkes team due to tough senior schedules and internships, respectively.

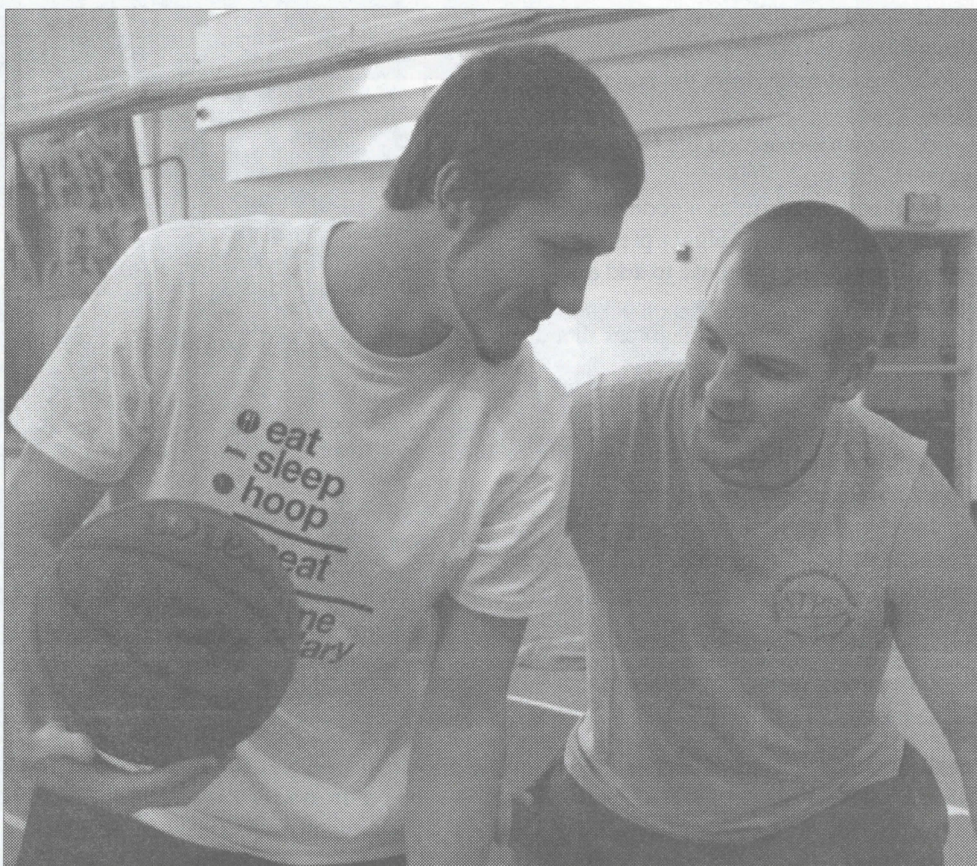
Members of the women's team agree it was a great idea to have the guys on as practice squad players. While the idea may have been met with apprehension at first, it is now seen as a great move by players and coaches alike.

"At first, I wasn't sure how serious we would all take the game while competing against men," sophomore point guard Amanda Pawlowski said. "I truly think it is making each and every one of us stronger players. Josh and Kyle throw everything they have at us and we have to adjust to a much faster and different style of play."

The addition of the Ruby and Pstrak not only allows the girls to have full court scrimmages, but also helps each of them improve on the basic fundamentals of the game.

"Josh and Kyle make me work for anything I can get," Pawlowski said. "They never just let me drive down the lane and make an easy lay up. They play great defense and if they get the opportunity to block me, they surely will."

"They pick off bad passes, block bad shots, and steal the ball off you when you're not protecting it," senior guard/forward Brittany Ely said. "These might seem like negative aspects but in the long run they will be good for our



The Beacon/Allison Roth

Josh Pstrak (left) and Kyle Ruby (right) have donated their free time as practice players for the women's basketball team.

team. It helps us learn that things we get away with during normal practices are going to result in turnovers against good teams."

Ely, 5'7", is one girl who has been a benefactor of playing against the men. Her post game has improved dramatically against Ruby and Pstrak, who are both over six feet tall.

"She wasn't used to playing against someone my height," said Pstrak, who is 6'3. "Now she has been working on her post moves and is getting better knowing when and what move to use and she is getting better at moving me around so she can get easier shots up"

But Ely isn't the only team member to benefit from the men's skills. Pawlowski was quick to point out while they are individually improving whoever they defend, the entire team is benefitting from the guys' style of play.

"They really do make us perform the little things that normally in practice with just each other, we would take for granted and

not do," Pawlowski said. "They play great defense against all of us and rebound very well, making it ten times more important that we box out."

By joining the practice squad, both Ruby and Pstrak are limited to a single practice a week. And if they were ever interested in playing competitively at the NCAA level again, would have to give up a season of eligibility. But that's the last thing on their mind.

"It's not that big of a deal losing a year because I feel like I am done playing basketball at the college level," Pstrak said. "But if ever wanted to, I still do have one more."

"I am sure it isn't easy for them to come play with a group of seven girls, but these are great guys who love the game and are willing to play and teach it to benefit our team," Ely said. "We are very privileged to have such great guys play with us."

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The Skinny Post

BY PHAT NGUYEN
Correspondent

A popular trend that I have been stressing since week one is great quarterbacks on average or subpar teams. If your team goes down early, it only makes sense to air it out through the passing game. Running the ball is meant to run out the clock, and unless you have the lead or are getting crushed late in the game, those garbage carries are for time management and also make or break for all you fantasy junkies!

With that said, let me also dust off the archives and bring you back to week two where I stated that trend with the Peyton Manning and the Colts. The Colts offense did not miss a beat with Austin Collie, Dallas Clark and Joseph Addai who are all out with injuries.

You would think with that many big name players out so far this season; the team would be struggling to win. But the fact of the matter is that until they lose that MVP candidate Peyton Manning, it really doesn't matter who is starting in the skill positions.

The Colts utilize a complex precision passing offense based almost entirely on timing. For that same reason, they hardly ever need to trade for skill players and instead develop players through this system to become great players. That is why you must know about all the skills players on the depth charts for the Colts.

So without further ado, let me introduce you to that must-know crew. Jacob Tamme is nearly a mirror image to Dallas Clark and his numbers with six catches for 64 yards and a score. Austin Collie stepped up this season and was key for the Colts when Pierre Garcon went down with injuries.

Other notables that you need to be keeping up on include Ryan Fitzpatrick, who is on a arguably the worst team in the NFL, but he has managed to find the end zone quite often. And when he does, it has almost always been wide receiver Steve Johnson who has touchdowns in five straight weeks.

Look for similar patterns in San Diego's Philip Rivers' to Antonio Gates, who scores in every game he ever played and Cincinnati's Carson Palmer to Terrell Owens, who has scores in four straight games.

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Athlete Spotlight: Matt Buono, XC record-breaker

BY JUSTIN JONES
Correspondent

With the semester boiling down to its end, most Wilkes students find themselves running out of free time. But, freshman cross-country runner, Matt Buono, can't seem to stop being written into the Wilkes record books. After his performance during the MAC Championships, the fiery-footed freshman has joined the ranks of first-time Athlete Spotlight recipients.

Buono, who has competed in all eight competitions this year, broke the Wilkes record for the fastest finish in the 8K with an end time of 30:23 at the Falcon/Mule Classic in September. In the MAC Championships last week, not only was Buono the first Wilkes runner to cross the finish line, but he also broke his own personal record when he finished the 8K in 29:47.

Buono admits that the feeling of being a record holder is beyond extraordinary. "[Holding the record] feels awesome. When I came here I never thought I

would own the school record my first year on cross-country."

The fact that not only did Buono set the record, but also break the one he set only a month later shows that by the time he graduates from the university, he might own the record book. The cross-country star knew that he could improve upon the original record from Falcon/Mule Classic, saying that he "thought I would be able to improve since it was so early in the season," but even the runner himself has to be surprised and proud of his ability to improve so quickly.

Buono wouldn't be able to break these records if he didn't work hard.

"I just go to practice everyday, run six days a week, and keep adding the miles on."

His hard work has paid off because he finished in the Wilkes top four in each race.

"It feels great especially coming in as a freshman and being able to do that," the fast-paced freshman commented.

On paper, Buono's accomplishments should not surprise. Before coming

to Wilkes, he started running track in ninth grade and joined the cross-country team his junior year of high school, so the experience is there.

While Buono hopes that Wilkes will add a track team during his attendance, Buono wants to quickly improve upon his record in the 8K by finishing in less than 28 minutes.

When asked what would motivate him the most to do so, Buono replied, "the people behind me trying to pass."

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BUONO'S SEASON TIMES

9/1 18:24 (5K)
9/4 32:32 (8K)
9/18 30:23 (8K)
9/25 38:53 (8K)
10/9 31:18 (8K)
10/23 17:40 (5K)
10/30 29:47 (8K)

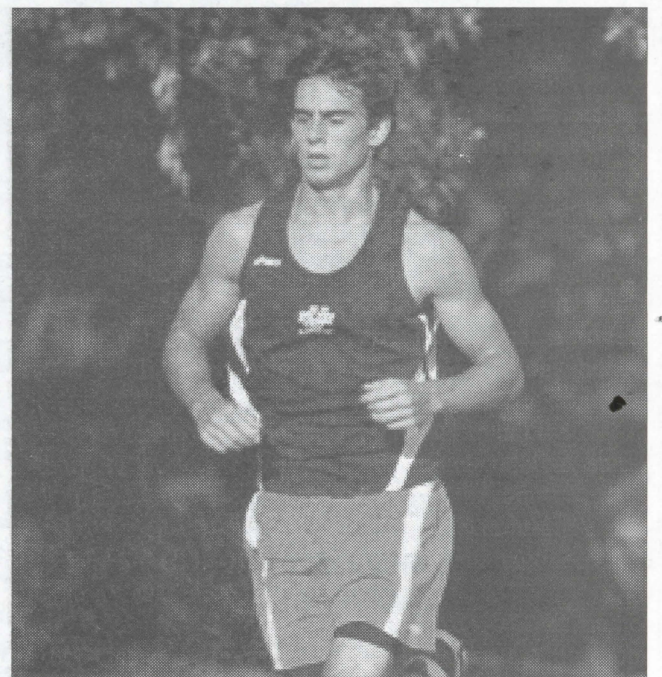
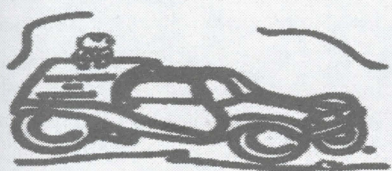


Photo Courtesy of Steve Finkernagel
Matt Buono broke the school 8K record at the MAC championships, posting a time of 29:47.



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MEN'S BASKETBALL

PROJECTED STARTING FIVE

F - #34 Kendall Hinze - 6'5 - Jr.
F - #24 Pat Furst - 6'3 - Fr.
G/F - #30 Paul Huch - 6'6 - Jr.
G - #4 Matt Mullins - 6'2 - Jr.
G - #1 Chris DeRojas - 5'9 - Sr.

KEY BENCH PLAYERS

G - #12 Cliff Richardson - 6'0 - So.
F - #42 Brendan Sheldon - 6'5 - Fr.

NUMBERS GAME

8

Players on the Colonels roster who are new to the team this year.

SCHEDULE

NOVEMBER 2010

		1	2	3	4	5	6
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
	PS 7:30				SW 3:00	SW 6:00	
21	22	23	24	25	26	27	
	LV 7:30						
28	29	30					

DECEMBER 2010

			1	2	3	4	
			M 8:00			FD 3:00	
5	6	7	8	9	10	11	
		BB 7:00				LC 1:00	

JANUARY 2011

							1
2	3	4	5	6	7	8	
WB 6:00	WB 1:00		MW 8:00			MV 3:00	
9	10	11	12	13	14	15	
			E 8:00			K 3:00	
16	17	18	19	20	21	22	
			D 8:00			DV 3:00	
23	24	25	26	27	28	29	
	PC 7:00					FD 3:00	
30	31						

FEBRUARY 2011

		1	2	3	4	5	
		M 8:00				MV 3:00	
6	7	8	9	10	11	12	
		E 8:00				DV 3:00	
13	14	15	16	17	18	19	
		D 8:00				K 3:00	
20	21	22	23	24	25	26	
27	28						

HOME AWAY TOURNAMENT

BB - Baptist Bible
D - DeSales
DV - Delaware Valley
E - Eastern
FD - FDU-Florham
K - King's College
LC - Lycoming College
LV - Lebanon Valley
M - Misericordia
MV - Manhattanville
MW - Marywood
PC - Penn College
PS - PSU-Hazleton
SW - S. Wood Tournament
WB - Wilkes-Barre Challenge

COLONEL CHEMISTRY

DeRojas is lone senior on tight-knit Wilkes team

BY CHRISTOPHER HOPKINS
Assistant Sports Editor

They might look young on paper, but don't let that fool you.

Wilkes' men's basketball team returns several players that played a key role on last year's 13-12 team and the experience they gained on the court last year will help them as they collaborate to fill the void created by the loss of three starters to graduation.

Guard Chris DeRojas, the lone senior on the Wilkes roster, has been a marquee player for the Colonels since his freshman year. He'll anchor the team this season and will provide veteran leadership for a strong recruiting class that are set to make their Wilkes debuts.

The Colonels will be bringing in three players that will have a significant role this year, freshman forwards Pat Furst and Brendan Sheldon, and junior transfer Matt Mullins.

"With new guys, you have to evaluate how you teach and what kind of team you have and set the course from there," said Wilkes coach Jerry Rickrode, who is entering his 19th season in charge of the Colonels. "You don't like your players to have to adjust to you. You have to adjust to them."

Furst and Sheldon will split time at forward in only their first year out of high school, joining a likely starting five of DeRojas, Mullins and juniors Paul Huch and Kendall Hinze.

However, having young starters doesn't concern Rickrode.

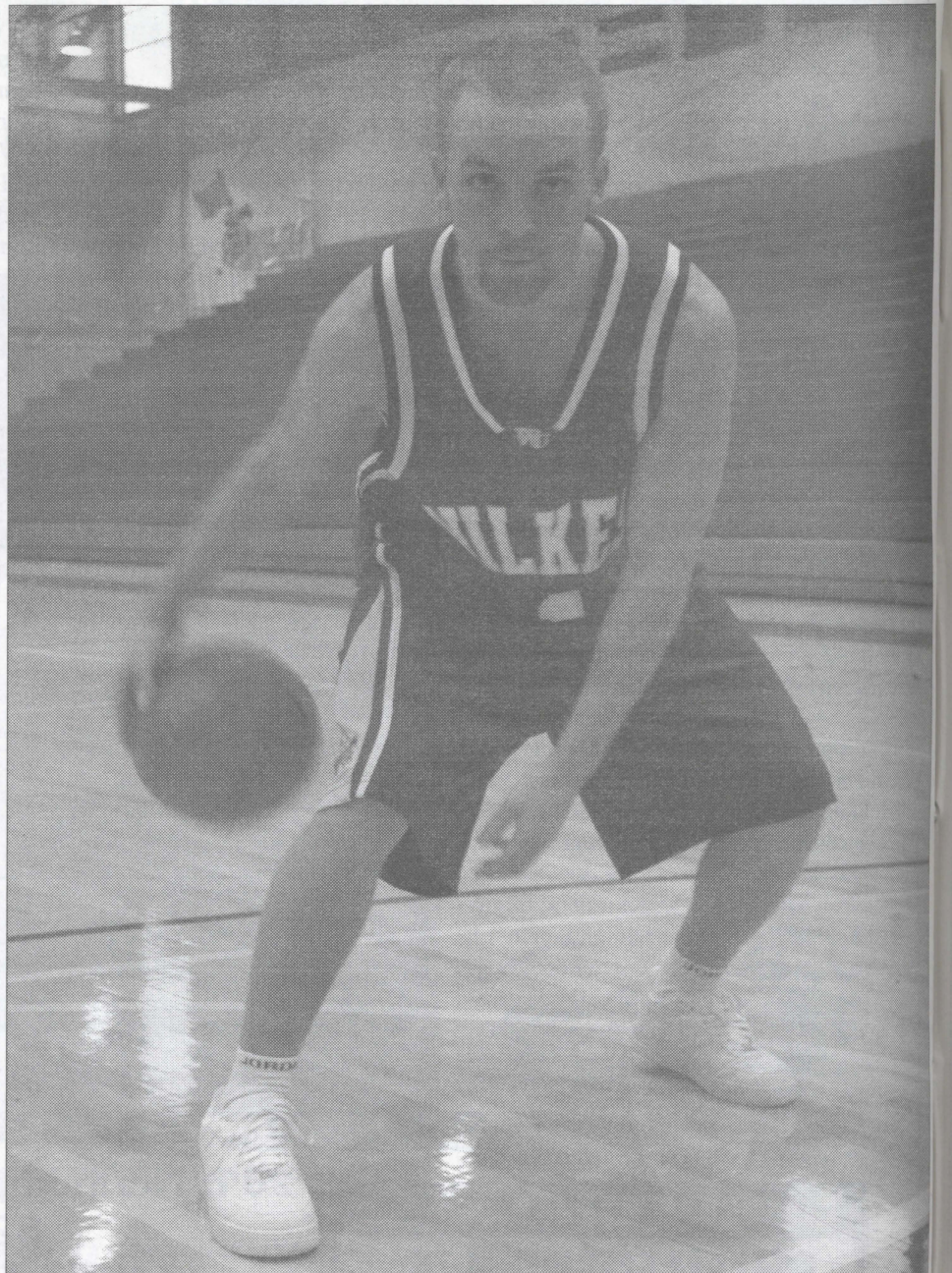
"With freshmen, you don't usually expect that much out of them early, but I think these two guys are guys that have a great basketball mind. They bring a little bit of a different intangibles to the floor," Rickrode said. "I've talked to them about being good role players."

It's a different story with guard Matt Mullins, who transferred to Wilkes after previously playing with Division-I Binghamton University.

"Matt is a little older being a transfer. He's able to play both guard spots and even the three," Rickrode said. "He's definitely beyond most newcomers that you get."

DeRojas, one of Wilkes' three captains this season, doesn't worry about being the oldest on the team.

"I'm not taking it as any extra pressure," he said. "I'm just looking forward to playing. We've got two other great leaders on this team in (fellow captains) Kendall (Hinze) and Paul



The Beacon/Michael Cignoli

Senior Chris DeRojas will provide leadership to a young but talented Colonel squad

(Huch) and we're able to help each other out."

Rickrode sees how the way this team is able to play together as a key factor that will help make every individual a better player.

"They share the ball very well. Chris had to be very ball dominant in the past, where this year with what we're running he doesn't have to be," Rickrode said. "It will help the individual pieces be better than they were before."

DeRojas credited the early team comradery as a big part of why this team can play so well together.

"We're really close and get along well already," DeRojas said. "We're able to joke around with one another and our team's chemistry seems to be better than it has in the past."

Hinze and Huch enter this year in their first full seasons as captains and look forward to helping out DeRojas lead the Colonels to what

they all hope will end in a MAC championship and a trip to the NCAA tournament.

"At practice, we just keep trying to get better everyday to become one of the elite teams in the area," Hinze said. "I'm trying to be more of a vocal leader this season as well as by playing hard on the court to get us there."

"As captains, we're just trying to make sure the younger guys are doing what they need to do," Huch added. "We try to set an example by playing hard all the time, so that in the end we can wind up dancing."

As far as looking forward this season, Rickrode prefers to take things one day at a time.

"I'm not really looking ahead, but instead enjoying each day with these guys," Rickrode said. "I don't have a lot of mental fatigue from this group. They get along and they're just enjoying playing basketball."



DOUBLE TROUBLE

Pawlowski, Kazmerski provide 1-2 punch for women

BY ANTHONY DORUNDA
Sports Editor

Amanda Pawlowski and Megan Kazmerski weren't always the best of friends.

In fact, until their junior year of high school, the sophomores on the Wilkes women's basketball team say they were bitter rivals.

"We played each other since grade school, and I had to guard her all the time," Pawlowski said. "We were rivals and then we had to be teammates. It was so awkward, but we got over it fast."

After four Catholic schools in Luzerne County were consolidated into one central school in 2007, Pawlowski, who was from Bishop Hoban, and Kazmerski, who was from Bishop O'Reilly, went from heated rivals to teammates at Holy Redeemer.

For Pawlowski, the transition was easy. After all, of the players that made up Redeemer's squad that year, five were from Bishop Hoban. But for Kazmerski, the switch was no walk in the park.

"It was terrible," Kazmerski said. "I wanted to quit and it crossed my mind a lot of times, but after awhile, they accepted me."

It's a good thing they did.

Pawlowski and Kazmerski teamed up to lead Redeemer to a pair of district titles and state quarterfinal berths in their two years together - the

second of which was played the Arnaud C. Marts Center.

Now they will be looking to recapture that high school magic on that same court this season, as they lead a small, but experienced Wilkes squad that will be looking to silence the critics that picked them to finish dead last in the conference this season.

The duo, who combined to start 45 of 50 games as true freshmen, almost didn't stay together after high school. Although Kazmerski was coming to Wilkes to play basketball, Pawlowski originally wasn't.

She was all but on the campus of Lebanon Valley, when she had a sudden change of heart and enrolled at Wilkes a week before classes started.

"I called Megan and asked her if she was playing basketball for Wilkes, and she said yes," Pawlowski said. "We've been attached at the hip ever since."

Last season, Pawlowski was the only player to start all 25 games for the Lady Colonels, averaging 28 minutes per game. Kazmerski - whom Wilkes coach Rachel Emmerthal described as a "natural scorer" - led the Lady Colonels in scoring and steals; averaging 11.5 points per game and adding 40 steals on the year.

On the court, their personalities couldn't be any different. Pawlowski is the vocal leader - Kazmerski prefers to lead by example.

"Amanda is very quick is a great defender and

has a great personality," Emmerthal said. "She's one of those kids you can easily get behind because she is going to leave it all on the floor. Megan is a natural basketball player. She can easily find the basket and shoots well."

"Being a point guard (last year) I was afraid to talk because all the girls were upperclassmen," Pawlowski said. "This year, I have to be that person who calls people out and tells them where to go, I feel more comfortable doing it."

"She's like my boss," Kazmerski chuckled. "She's the point guard and she runs the game. I don't take the leading role big. I like to listen and I follow under her footsteps."

Along with Kazmerski and Pawlowski, the women return three other players that averaged over 20 minutes per game.

According to Pawlowski, to turn the tides of the program, what they need to do is relatively simple.

"We have to change every single thing from what we did last year," Pawlowski said.

"After we lost so many games, although it's terrible to say, we kind of got in a comfort zone," Kazmerski said. "We don't want to be that team."

"We are going in with no expectations and we don't have to exceed any expectations. People think we're going to be any easy win for them, but when we get on the court, it's going to be a different story."

WOMEN'S BASKETBALL

PROJECTED STARTING FIVE

C - # 21 Angela Palmerio - 5'9 - So.
SF - #32 Megan Kazmerski - 5'8 - So.
PF - #13 Whitney Connolly - 5'7 - Jr.
SG - #12 Samantha Lynam - 5'7 - Sr.
PG - #3 Amanda Pawlowski - 5'4 - So.

KEY BENCH PLAYERS

PF - #22 Brittany Ely - 5'7 - Sr.
F/G - #20 Erin Schneider - 5'4 - Sr.

NUMBERS GAME

42.7 PPG returning to the Lady Colonels this year of last season's average of 54.9.

SCHEDULE

NOVEMBER 2010

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 PS 7:00	16	17	18	19 GB 6:00	20 GB TBD
21	22	23 MW 7:00	24	25	26	27
28	29	30				

DECEMBER 2010

		1 M 6:00	2	3	4 FD 1:00
5 BB 7:00	6	7	8 S 7:00	9	10 R1 6:00
				11 R1 1:00	

JANUARY 2011

				1		
2	3	4	5 A 7:00	6	7	8 MV 1:00
9	10	11	12 E 6:00	13	14	15 K 1:00
16	17	18	19 D 6:00	20	21	22 DV 1:00
23	24	25	26 L 7:00	27	28	29 FD 1:00
30	31 CC 7:00					

FEBRUARY 2011

		1 M 6:00	2	3	4	5 MV 1:00
6	7	8	9 E 6:00	10	11	12 DV 1:00
13	14	15 D 6:00	16	17	18	19 K 1:00
20	21	22	23	24	25	26
27	28					

A - Albright
BB - Baptist Bible
CC - Cedar Crest
D - DeSales
DV - Delaware Valley
E - Eastern
FD - FDU-Florham
GB - Golden Bear Hoop Classic
K - King's College
LC - Locomotive College
M - Misericordia
MV - Manhattanville
MW - Marywood
PS - PSU-Hazleton
R1 - R1 Sports Blue Jay Classic
S - Susquehanna

GET READY



MAC



Jan. 22, 3 p.m.
Feb. 12, 3 p.m.

MEN'S BASKETBALL 2010-11 CONFERENCE SCHEDULE (HOME GAMES IN BOLD)



Jan. 19, 8 p.m.
Feb. 15, 8 p.m.



Jan. 12, 8 p.m.
Feb. 9, 8 p.m.



Dec. 4, 3 p.m.
Jan. 29, 3 p.m.



Jan. 15, 3 p.m.
Feb. 19, 3 p.m.



Jan. 8, 3 p.m.
Feb. 5, 3 p.m.



Dec. 1, 8 p.m.
Feb. 2, 8 p.m.

W
WILKES UNIVERSITY