

THE BEACON

Wilkes University - Wilkes-Barre, Pennsylvania

The news of today reported by the journalists of tomorrow.

Vaccine booster shot clinic held at Wilkes University

By Genny Frederick
News Editor

The City of Wilkes-Barre held a clinic to provide qualified residents an opportunity to receive the Moderna COVID-19 vaccine booster. The clinic was held in the McHale Athletic Center on Oct. 28 and members of the community, as well as members of the university, took advantage of the event.

The clinic comes after the Food and Drug Administration approved boosters for both the Moderna and Pfizer vaccines. Boosters can be administered six months after the original vaccine except in the case of the Johnson and Johnson vaccine, in which boosters can be administered after two months. According to the FDA, people 65 years of age and older, 18 through 64 years of age at high risk of severe COVID-19 and 18 through 64 years of age with frequent institutional or occupational exposure to SARS-CoV-2 are eligible to receive the vaccine. The Centers for Disease Control and Prevention also gives similar guidelines, but adds that anyone 18 and older who lives in long-term care settings or who have underlying medical conditions are recommended to receive the vaccine.

Because COVID-19 can be transmitted quickly across college campuses, students at Wilkes are able to receive the vaccine.

Some students took advantage of the booster as soon as it was available.



The Beacon/ Genny Frederick

Chris Sickle, sophomore political science major, was at the clinic and eager to receive the booster.

"I got an email from the school saying that they were doing the booster and the closest day was today," said Sickle. "I want to get my booster now because I'm eligible for it now."

The most recent reports from the CDC

state that 192.0 million Americans have been fully vaccinated, and 16.7 million people have received the booster.

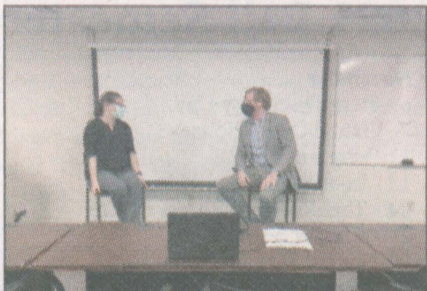
Dr. Kendall Tucker, assistant professor of pharmacy practice, advised students who are considering the vaccine.

"Boosters are not currently recommended for the general public who do not meet certain criteria as laid out by

the CDC," said Tucker. "Wilkes students should only consider getting a booster shot if they are eligible based on the Centers for Disease Control criteria which are available on the CDC.gov website."

While guidelines are still in place to receive the booster, other approvals can make it more convenient to receive the

BOOSTER, page 3



The Beacon/Maddy Kinnard

Dr. Ellen Newell gives social psychology lecture to Barre Scholars, page 5



Graphic by Zoey Rosenzwee

Marvel Studios' new movie "Eternals" coming to theaters soon, page 9



Graphic by Madi Hummer

'Bre's Beats: Review of Love On Tour, page 18



The Beacon/Ariel Reed

Men's and women's ice hockey: New season, new perspectives, page 19

News

Have a breaking story or a press release to send? Contact the news editor: Genevieve.Frederick@wilkes.edu

Student Government notes: Oct. 27 weekly meeting

By Zach Paraway
Staff Writer

Student Government held its seventh meeting of the semester. It started in traditional fashion with a call to order and roll being taken. Next was the approval of minutes and the treasurer's report. The treasurer's report stated that there is a total of \$42,713 across all SG accounts.

The first order of business was a presentation from the Student-Athlete Advisory Committee or SAAC. Members came to request \$3,000 to help create events for the community and the student-athletes. This was week one of two, and the request will be voted on next week.

The second order of business was a request for the Accounting and Business Club to be reactivated. The presentation was given by Professor Anuradha Ghai. The only business-related club at Wilkes as of right now is the Finance Club and the members of the club use this as a way to be more inclusive for all business majors. They plan for the club to offer networking opportunities for members and look to provide services for the Wilkes community. This was week one of two, and the request will be voted on next week.

The third order of business and a final

new proposal for the week was from the Fly Fishing Club. It was presented by Jacob Smith, a senior environmental engineering major. The club came for the activation of the club and highlighted Wilkes-Barre as a great area for fly-fishing. The club is looking to be recognized and help students around campus learn how to fly-fish. This was week one of two and will be voted on next week.

The fourth order of business was week two of two for the Air Force ROTC request for a field training trip for their cadets. The presentation was given by Shawn Cottee. The request was for \$900, down from \$1,800, to go toward a trip to Paintball Asylum to gain field training that they believe will be beneficial to the cadets. The request was approved and the funds were given to AFROTC.

The fifth order of business was week two of two for the Table Tennis Club. The presentation was for a review of their

constitution and asking to be activated as a club on campus. It was presented by the president, first-year chemistry student Saurabh Patel. This would be a new intramural on campus for students. The club has asked for \$300 to afford table tennis racquets and balls. It was approved; funds and recognition were given to the club.

The sixth order of business was week two of two for the Ski and Snowboarding Club. The presentation was given by Zach Niemiec, a P3 pharmacy student. It was last active in 2019. The club hopes to

visit ski resorts in the greater Northeastern Pennsylvania region for students who have a desire to ski and snowboard. The club now has interest from over 75 students and the vote was approved.

The seventh order of business was week two of two for the constitution and activation of the Tap Club. It was presented by Olivia Schanbacher, junior musical theater major. This would be different from the the

existing dance and cheer clubs at Wilkes as club members would focus on strictly tap dancing. The club has 22 members and is looking to be recognized by the university. While the club is mainly for those with a tap background, Schanbacher made it a point to mention that those with no experience will be accepted, and club members are willing to help teach the style. The club passed.

The final order of business was week two of two for the budget approval for Monopoly week. Monopoly week will replace Casino Week and run from Nov. 8 to 12. Many events are planned and will be announced as the week comes closer. The budget for the week was finalized and approved at \$17,000.

The next meeting will be Nov. 3.

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Table of Contents

- News.....2
- Life, A&E.....7
- Opinion.....14
- Sports.....19

Upcoming Events: 2021 Fall Semester

- November**
- 6 - Stem Discovery Day
 - 7 - Virtual Open House
 - 11 - Veterans Day
 - 13 - In-Person Open House
 - 24 - Thanksgiving Recess Begins
 - 29 - Classes resume
 - 29 - Spring Parking Application Deadline

- December**
- 13 - Final Examinations begin
 - 20 - Final Examinations end
 - 22 - Residence Halls Close

Beacon Briefs: Upcoming campus events

Compiled by Beacon News Staff

Celebrate Panamanian Culture

Join the Wilkes IFARHU Program students, the Friends of Panama Club and the Office of International Engagement to commemorate Panama Separation Day with the event "Viva Panama! Go Wilkes!" Come to the Henry Student Center Ballroom on Nov. 3 from noon to 1 p.m. and celebrate with cultural dance, crafts and food.

Ten Week Withdrawal Deadline Approaching

Nov. 5 marks the last day students can withdraw with approval from academic advisor and course instructor. Past this date, students can only withdraw with the approval of the dean of the school of the course and the course instructor. Visit the

Registrar's web page to find withdrawal forms.

Open House on Nov. 5

Join the Center for Career Development and Internships, AmeriCorps VISTA, Bonner Leaders and Civic Engagement offices for an open house on Nov. 5 from 1 to 3 p.m. to meet staff and students who work in the offices. The event will be held on the Gateway near the Center for Career Development and Internships. Food and drinks will be provided.

Design the President's Holiday Card

Are you feeling creative and ready for the holiday season? Put both to good use by designing the holiday card which will be sent out from the President's Office.

The campus will vote on the submissions and the winning submission will be printed on thousands of cards. Winners will receive

gift cards and Wilkes swag totaling a value of more than \$250. Submissions will be open till Nov. 12.

Backpack project seeks donations

Cam Ritter and Dr. Roke Thomas will be collecting donations of shaving cream, shampoo, conditioner, deodorant, gloves, razors, bars of soap and athletic socks for the backpack project. The goal of this project is to fill 200 men's and 50 women's backpacks with one of each of these products, then distribute the backpacks to people without homes in Wilkes-Barre.

Ritter and Thomas hope to have all backpacks filled by the week before Thanksgiving. They are also accepting monetary donations as well.

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BOOSTER, from front

vaccine if eligible. The 'mix and match' approach allows boosters from either Moderna or Pfizer, regardless of the original vaccine received.

"The allowance of mixed vaccine boosters will certainly have an impact on the amount of people who receive boosters," said Tucker. "It makes boosters available to previously high-risk populations that may not have been eligible based on the type of vaccine they received, while also bypassing some vaccine supply limitations."

While the ability to receive boosters is a step toward the ending of the pandemic, the CDC and other groups are primarily focused on ensuring that a high percentage of the population has been fully vaccinated. With new approvals of vaccines for children and teens in effect, this goal is even more possible.

While there may be concern about administering vaccines to children, Tucker explained the safety of the vaccines.

"The COVID-19 vaccines were tested in clinical trials to ensure that they meet

certain safety standards including prior to emergency use authorization for children," said Tucker. "Additionally, millions of doses of vaccines have been given nationally and are subject to long-term safety monitoring. In terms of vaccination, these new vaccines have much more safety data available to them at this point in the process compared to historical vaccines."

The focus on vaccinating a high percentage of the population is also a goal at Wilkes. Currently, 85.9 percent of individuals on campus have been fully vaccinated.

The clinics being held on campus assist the overall mission of the University to keep everyone healthy in light of the pandemic.

Community member John Mellon came to the clinic when he heard about it from his wife.

"I'm just thankful that they're here for myself and for society," said Mellon. "I do have the booster and I'm trying to do my part for society."

Students can sign up to receive a booster shot on either Monday, Nov. 8 or Friday, Nov. 12. Appointments are required.



The Beacon/ Genny Frederick

John Mellon gets directions from Susan Kennedy at the booster shot clinic.

Barron's in Education hosts career fair for Wilkes students

By Jake Maskulyak
Staff Writer

Students recently had the opportunity to participate virtually in the Barron's in Education Career Fair. Attending students had the opportunity to pick and choose different conferences and meetings over the course of the two days, with several varying topics available to choose from.

Barron's in Education is set up to provide quality experiences for students, specifically by introducing students to real-world business information and analysis that can help prepare them for the professional business atmosphere. The program gives students the opportunity to meet with high-level professionals in the field across Barron's community, further preparing them for the real world of business.

Senior accounting and corporate finance major Jessica Smith was happy about the event. The sessions that interested her included "The Importance of Networking & How to Do it Right," courtesy of Mary Hirthler, Wealth Advisor at Jacobi Capital Management and the panel "Women in Finance."

"Career fairs like that hosted by Barron's are a one-of-a-kind resource given to students who are looking for career opportunities and advice," said Smith. "I am so glad that Barron's was able to host this year's first Virtual Career Fair as their sponsoring firms provide incredible perspectives into the finance

industry for business students, but also for any individual interested to learn more."

In the section on "Diversity in the Workplace," students were able to hear about changes coming in the industry in terms of equality and diversity. Speakers in this section talked about what their companies were doing to try and reach underrepresented

and minority groups as well as how to better prepare all potential candidates in the business world for the ever-changing climate.

Junior corporate finance major Nick Kinzler was sure to add that the Barron's career air was open to all students from all majors.

"The Career Fair was open to anyone, no matter what major they were or what topics

they were interested in, but the firms that hosted informational sessions were related to the business field."

Financial topics are not an uncommon conversation among college students, and the notion that all students could participate and gain valuable education from this event was something very important to Kinzler.

Students are still adjusting to newer online types of career fairs like this one put on by Barron's. Career fairs like this, however, are what Dean of the Sidhu School of Business and professor Dr. Abel Adekola says are preparing students for newer opportunities like this in the real world.

"In general, the drawback is that if students are not well prepared for this new type of virtual recruitment, it could be challenging," said Adekola. "The good thing, however, is that our Sidhu School students are well prepared to face such challenges as a result of the series of four courses they take from our personal and professional development (PPD) program, which are actually designed to get them ready for such challenges in the job market."

The contents of the career fair provided students with real insight into what is going on in the field. For more information on what Barron's is doing with their educational program, visit <https://go.dowjones.com/barronsineducation>.



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Graphic by Jack Malatesta

Study Buddy tutoring program helps local elementary students

By Genny Frederick
News Editor

Members of the Wilkes University Reading Buddies Program, in partnership with the Civic Engagement Office, have spent this semester organizing and planning to help increase literacy in area children.

Monica Morrison, a 2020 Wilkes graduate in psychology, is the AmeriCorps VISTA Coordinator of the Wilkes Reading Buddies Program. Each VISTA participant does one year of service to help toward eradicating poverty. While also attending Misericordia University to get a master's degree in occupational therapy, Morrison has spent the semester planning, organizing and launching the Reading Buddies Program.

"We want to decrease poverty by increasing literacy one child at a time," said Morrison.

AmeriCorps VISTA is a federally funded program meant to fight the challenges in the United States through service and volunteering. It was established in 1993 by the Clinton Administration.

Morrison cited FutureReady, PA Index from 2018 which said 80.2 percent of students in the Wilkes-Barre area are economically disadvantaged. Along with this, Morrison also noted that the Literacy Project from 2019 reports that one in four children grow up without learning how to read.

For Wilkes students, helping the community comes in 30 minute sessions. College tutors meet with students in first

through fourth grades in one-to-one group tutoring sessions for 30 minutes at a time.

"Each session is what each college student tutor makes of it," said Morrison. "The sessions typically last for 30 minutes and begin with some type of mindfulness or movement based activity for about 10 to 15 minutes and ends with various educational hands-on activities and reading games to get children moving and to keep the session fun and engaging. We have a lot of fun each week, and we try to keep tutoring fun with games like Beach Ball Tosses, Red Light Green Light Reading and Go Fish card games."

Billy Costner, senior management major, goes to sessions often.

"During the sessions we usually will talk to the kids and ask how their day is going, help them with their homework, and if we finish their homework we will do reading and math activities with them to get them more confident and comfortable doing their work on their own," said Costner.

This is not the first semester the program has been active. Morrison continued the project that was begun by the previous AmeriCorps VISTA. It was when this VISTA talked to Morrison's CAR 398 class that she was interested in continuing it.

"I wanted to continue this literacy project established by the previous VISTA to help mend an issue I was passionate about," said Morrison. "It seemed like a perfect opportunity to contribute time and service to an existing need within the local community

while simultaneously gaining leadership experience and professional development."

Sara Urena, first-year psychology major, was interested in joining the program to help students.

"My passion for teaching others and helping students thrive and become a better version of themselves," said Urena.

Costner explained that helping students with homework is something important to him.

"Growing up, I would often need extra help with homework and school and I know how much a role model can truly help with your academics and work ethic as you get older."

The program also helped Morrison gain more experience for her career.

"The VISTA program is an incredible opportunity for recent college graduates looking to gain real-life experiences, transitioning to graduate school or still figuring out what they would like to do in the future," said Morrison. "For myself, this program has been an amazing experience to gain experience working with and tutoring children while earning my master's degree in occupational therapy, hoping to continue working with children as an OT."

While Morrison enjoys working for the program, she acknowledges that sometimes there are challenges. Changing plans, communication mishaps, slow feedback and COVID can all be causes for stress, but she and the other tutors handle them well,

explaining, "We know we are working for a good cause so when a setback occurs, we keep our eyes focused forward and move onto the next thing."

Urena thinks the program is off to a good start.

"The kids are very sweet and respectful," said Urena. "I feel like we have a pretty nice plan for the sessions and have an organized environment to work with the kids."

While students across campus have volunteered for the program, Morrison thinks there are some things other students may not know.

"I think people should know that in general, Reading Buddies is a very rewarding experience," said Morrison. "The children benefit immensely from spending time with successful college students who want to be there for them."

Any student who wants to volunteer time for the Reading Buddies program should reach out to Monica Morrison or check their Instagram page @wureadingbuddies.

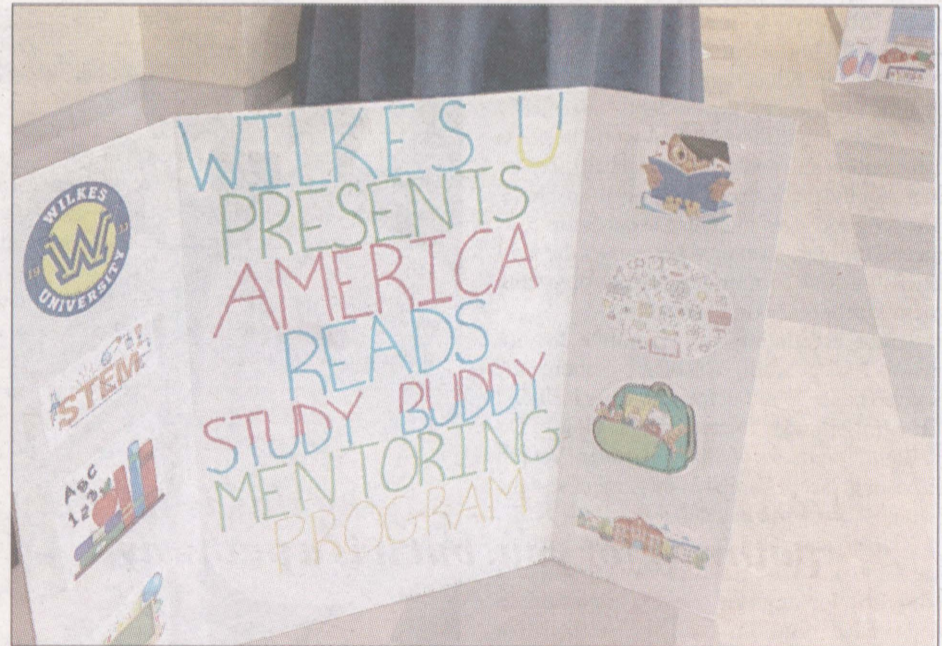
According to Morrison, the time spent in the program is not only teaching.

"Our tutors are not only helping children academically, but socially and emotionally as well," said Morrison. "The children really look up to the tutors and the simple act of being present for the children each week has a significant impact on these children."

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Students grab food at an informational meeting to get involved with the Reading Buddies program.



Signs from the Reading Buddies program meeting are set up around the Henry Student Center.

Photos Courtesy of Monica Morrison

Dr. Ellen Newell presents lecture to Barre Scholars

By Maddy Kinard
Assistant News Editor

Social psychologist and associate professor of psychology Dr. Ellen Newell was welcomed last Thursday as the first professor to be part of the Barre Scholars lectures on research and opportunities beyond undergraduate schooling.

Barre Scholars was created last year with the goal of identifying high-performing students and providing them with more opportunities and avenues. As part of these extra opportunities, the program has created a lecture/Q&A series in which professors are invited to speak on their journey to becoming researchers and professors.

Led by Dr. Jonathan Kuiken, associate professor of history and honors director, Newell was prompted to begin by explaining her personal interests and subfields of study.

"My overall research interests are about prejudice and discrimination on one side, and stress on the other side," said Newell. "What I'm really interested in is if you are a target of discrimination, how do you handle that? Are there good coping skills that you have? Bad coping skills? I do this with cardiovascular reactivity."

However, getting to this point was not a straightforward path. Originally, Newell did not even want to become a teacher, given that everyone in her family was one as well, and tried various opportunities in her undergraduate career.

In the end, the particular interest of hers that ended up steering her towards social psychology was etiquette.

"Did you know you're allowed to eat asparagus with your hands as long as it doesn't drip past your elbow," said Newell. "I loved these (etiquette) books when I was little and my mom used to get them for me at yard sales and stuff. Then, when I was in college at the first school I was at, I took a social psychology course



The Beacon/ Maddy Kinard

Dr. Jonathan Kuiken talks with Dr. Ellen Newell on her time as an undergraduate and graduate student.

and social psychology, and its origins is about why we conform to other people in some ways and not in others; it's basically etiquette in a science."

After discovering this passion, Newell transferred to a school that offered research in the field of social psychology but most importantly, it had a marching band. Once here, she sought out professors whose research she enjoyed and took their classes, working especially hard to get the best grades possible to be as appealing to the professor once she asked to join their studies.

"I worked extra hard to get the triple A plus to be like, 'see you want me'. And it worked," said Newell.

Newell also emphasized the importance of proving yourself to be able to get opportunities. When first starting research with professors, the "not fun at all stuff" is usually assigned first which has to be worked through to, as in Newell's position, get a senior-year honors research capstone.

When prompted for advice for students looking to do something similar with research, Newell pointed out the value of travel and study abroad trips that she wished she hadn't missed out on. Kuiken agreed.

"We prioritize study abroad whenever possible," said Kuiken. "People often think studying abroad is 'wahoo, I get to go on this cool vacation, or something like that. More like, 'ha ha we're actually forcing you to learn but you don't even realize it.'"

She also wished that she had known that graduate school is what you make of it. It is not so much about getting good grades as it is about taking advantage of the opportunities available to you. Newell told attendees to write a journal article as a first-year just because it is an available experience. "You have to write terrible stuff before you can write good stuff," said Newell.

The floor was then open for questions, to which senior neuroscience and pre-med major James Hughes asked, "How scary was it to write your dissertation?" Newell replied, and Kuiken agreed, "Not scary, I was tired."

In concluding remarks, both Newell and Kuiken emphasized the importance of being an advocate for oneself and thinking big. They commented on the small school advantages Wilkes offers, meaning getting closer to professors is easier and more opportunities may be available for research and graduate school options. But, overall, it is important to start this conversation and think about it now before it is too late.

"I didn't even think graduate school was a possibility for me until I was a senior," said Kuiken. "I actually had to take a little bit of time off because I wasn't prepared as much as I could have been had I thought about it earlier. So, don't feel like we're saying this is the only pathway for you, but it is a pathway."

The Barre Scholars lectures will continue in the spring semester.



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"Don't feel like we're saying this is the only pathway for you, but it is a pathway."

—Dr. Jonathan Kuiken

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Life, Arts & Entertainment

Have any events or artists to be shared? Contact life, arts & entertainment editor: Jordan.Daniel@wilkes.edu

Sordoni Art Gallery opens doors to newest exhibition

By AJ Rubino
Staff Writer

The Sordoni Art Gallery opened its new exhibit "Juan Logan: Creating & Collecting" on Nov. 2. The exhibition originated at the Hickory Museum of Art and is a memorial of Dr. Roy E. Morgan.

The exhibition is free to the public and runs until March 13. The exhibition will close on Dec. 17 and reopen on Jan. 18 because of the semester's winter break.

"We are trying something new," said outreach coordinator Karley Stasko. "In the past, we used that time to shift over, but it created a problem mid-semester for setup and break down."

This gives plenty of time for students and faculty to visit the exhibition as well and be able to appreciate it.

Director of the Sordoni Art Gallery, Heather Sincavage, looked into Juan Logan, the main artist of the exhibition, in 2018 for a different exhibition. Sincavage contacted Logan to showcase his other works. At the new exhibition, the works she could not get at the 2018 exhibition will be present at this one.

"The original showing of these items were the Hickory Museum and we had the opportunity to bring it here," said senior digital media and design arts major Alyssa Roberts.

The exhibition showcases mixed media, which is a visual art. Artwork that is mixed media is when more than one thing or materials are represented. Examples include assemblages, collages and sculptures.

Logan's works communicate the interconnections of race, place and power. The American experience can be abstractly or representationally described in his works.

These works shine light on how social stereotypes shape people individually. The mental and material landscapes of contemporary life are also visible in his works.

"He has done a whole series on just the motif shape," said Stasko. "He even has done films that are viewed through that sort of lens. It is a combination of his own facial shape but also calling to mind the negative stereotyping historically and today."

The exhibition also conveys other artworks that Logan has collected since the 1970s. Logan has created a collection of works from his friends and influences to his own work.

The exhibition will share the dialogues of Logan's own work with this collection. Some influences are Jasper Johns, Claes Oldenburg, Robert Motherwell and Thornton Dial.

"In comparison to the other exhibitions, these works are bigger," said Roberts. "The L'Esprit show had smaller pieces and now these works are multiple feet long. The gallery space feels fuller. I think it is really cool."

One of the pieces that are being shown is Logan's painting, "Help Me, Save Me, Love Me." The painting is in regards to the aftermath of Hurricane Katrina.

"The interesting thing about that for the most part was they wanted someone to help them, to save them, as though they actually loved them and took care of them," said Logan.

Logan explained that these images from help efforts pertaining to Hurricane Katrina did not represent what really went on. The painting uses puzzle pieces that replicate a stand-in for the masses queuing for safety. The work itself represents Katrina as a larger puzzle that had been taken apart and not able to be put back together.

"A lot of these pieces that one made a lot of the texture from are coming from found objects," said Stasko.

The art piece, "I'll Save You Tomorrow," is a great example of found objects. The piece shows found receipts and tickets that are embedded in the artwork.

"It is really bringing these found objects together and transforming it into something artistic as opposed to just junk," said Stasko.

The artwork references the horrors caused by the inaction of various groups after Hurricane Katrina. The Red Cross is referenced in the pieces, depicted by a veiled cross. The veiled cross shows that the safe haven they represent is masked and made less immediately accessible, hence everyone waiting outside is referred to in other pieces.

Though this piece is inspired by Hurricane Katrina, this piece also speaks to the large

human experience of trauma and the desire for help. The idea is that when one truly needs help and the feeling of when help cannot be offered when it is most needed, one would offer the excuse, "I can not today but I can help you tomorrow."

Other than the exhibition, the Sordoni Art Gallery will be hosting other events.

On Nov. 10 at 2:30 p.m. Sincavage will host a director's tour. Sincavage will be discussing Logan's symbolism and metaphors used in his works that discuss issues facing Black Americans today.

"I will be giving my own insight and notations on the work represented," said Sincavage.

At noon on Nov. 20, the Sordoni Art Gallery will host Family Hour: Coloring George Catlin. This event will celebrate NEPA artists that are inspired by nature.

Jan Lokouta will lead the coloring and sketching workshop for children featuring Wilkes-Barre's own George Catlin. Attendees will learn more about Catlin and also immerse themselves in the exhibition.

Stasko will host the Art in Your Hands workshop on Nov. 20 at 2 p.m. The workshop will run for one hour and during the

workshop, attendees will create assemblage pendants using upcycled vintage materials and resin.

"This workshop is more hands-on than the Coordinator's Tour," said Stasko. "It gives people the opportunity just for the love of it."

The goal of the workshop is to give people the skills and tools in hopes to continue on in their own practice.

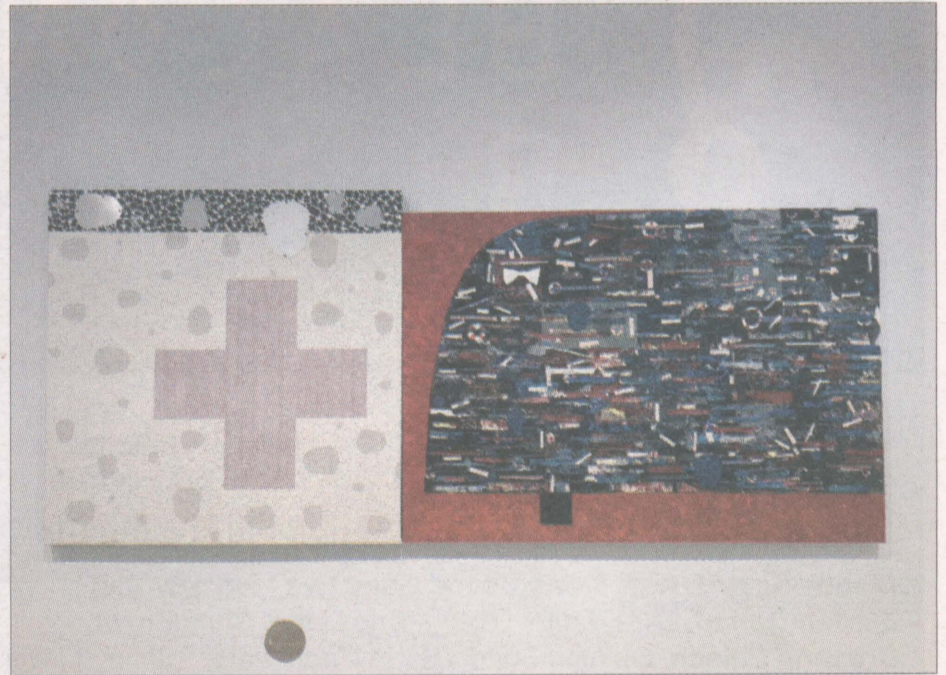
"Even if we don't give them the tools, they still have a finished product that they made themselves that they can take home," said Roberts. "It gives them something to remember from the exhibition."

Attendees will also learn about the jewelry-making process and the power of art trouvé.

There is no opening reception for this exhibition. However, there are plans to host a closing reception in the spring when the exhibition ends in March.

Spring events pertaining to this exhibition have not been released yet, however, keep an eye out for them on the Sordoni Art Gallery's website and social media pages.

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The Beacon/AJ Rubino

This piece by Juan Logan titled "I'll Save You Tomorrow".

November delight: Doggy Delicacies' PB pumpkin biscuits

By **Emily Cherkauskas**
Editor-in-Chief

November is here and the autumn season is staying with us for a while. What better way to fit the season than by treating your pups to some peanut butter pumpkin biscuits?

Ingredients:

- 3 cups of whole wheat flour
- 1 15 oz can of pure pumpkin purée
- 3 tablespoons of peanut butter
- 1 egg

Directions:

First, preheat your oven to 350 degrees Fahrenheit.

Mix together the pumpkin purée, peanut butter and egg until the mix is homogeneous, as it will make the next step easier. Add the whole wheat flour and mix together. You will most likely have to mix the ingredients together at this part due to the thickness of the mixture.

The dough should be moist and slightly sticky but not sticky enough to leave bits of mix on your hands. When everything is mixed, move on to the next step.

Sprinkling some whole wheat flour on

a surface and a rolling pin, roll out the dough until it reaches a thickness of about 1/2 inch. Use a cookie cutter or knife to cut out shapes for the treats. I used paw-print and dog bone cookie cutters.

Continue cutting out shapes until you run out of dough. Place the treats onto ungreased parchment paper on a baking sheet

Place into the oven and bake for about 35 to 40 minutes. To also check when the treats are finished baking, stick a toothpick or knife into the middle of a treat and see if anything sticks to it.


When finished baking, place the treats on a rack and let cool. Then, refrigerate them.

Enjoy!

Notes:

When looking for the can of pumpkin purée, make sure to grab the purée instead of canned pumpkin pie mix, as pumpkin pie mixes contain spices that are harmful to your dog.

The cookie cutters I used can be found from the likes of Amazon, Michaels, Etsy or more.

 @wilkesbeacon
Emily.Cherkauskas@wilkes.edu



The Beacon/Emily Cherkauskas

These peanut butter pumpkin biscuits are great treats to fit the autumn season for your beloved pups.



BEACON BUMPS

Each week, the Wilkes Beacon staff adds a song to their 2021-2022 Beacon Bumps playlist under Chris Gowarty's account on Spotify. Look below for this week's list of songs.

Emily Cherkauskas, Editor-in-Chief: [Take Me to Church - Hozier](#)

Sean Schmoyer, Managing Editor: [Lovers in the Dark - Adam Jensen](#)

Genny Frederick, News Editor: [Mt. Joy](#)

Maddy Kinard, Asst. News Editor: [Good Eye - Hockey Dad](#)

Jordan Daniel, LA&E Editor: [Easy - DaniLeigh](#), [Chris Brown](#)

Breanna Ebisch, Opinion Editor: [Head Underwater - Jenny Lewis](#)

Lindsey Scorey, Opinion Staff Writer: [Free Animal - Foreign Air](#)

Ariel Reed, Sports Editor: [19 - Chloe Lilac](#)

Chris Gowarty, Assoc. Sports Editor: [Therapy - Mac Miller](#)

Baylee Guedes, Asst. Sports Editor: [865 - Morgan Wallen](#)

Jason Eberhart, Sports Staff Writer: [In The Bible - Drake](#), [Lil Du](#)

Mia Walker, Lead Designer: [Big Energy - Latto](#)

Liz Cherinka, Social Media Manager: [Kyoto - Phoebe Bridgers](#)

Zoey Rosensweet, Lead Layout Designer: [Freakin' Out On the Interstate - Briston Maroney](#)

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Marvel Studios' new movie 'Eternals' coming to theaters soon

Students share their thoughts on the upcoming superhero film

By Morgan Rich
Staff Writer

Marvel Studios' new movie "Eternals" will be released in cinemas Nov. 5, 2021. "Eternals" is film #26 in the Marvel Cinematic Universe (MCU) and will be phase four of the MCU.

The movie will follow the events of "Avengers: Endgame" when an unexpected tragedy forces them out of the shadows to reunite against mankind's most ancient enemy, the Deviants. "Avengers: Endgame" is a 2019 American superhero film based on the Marvel Comics superhero team, the Avengers.

According to the MCU's official website, "Eternals" features an exciting new team of superheroes who are immortal ancient aliens living on Earth in secret for thousands of years.

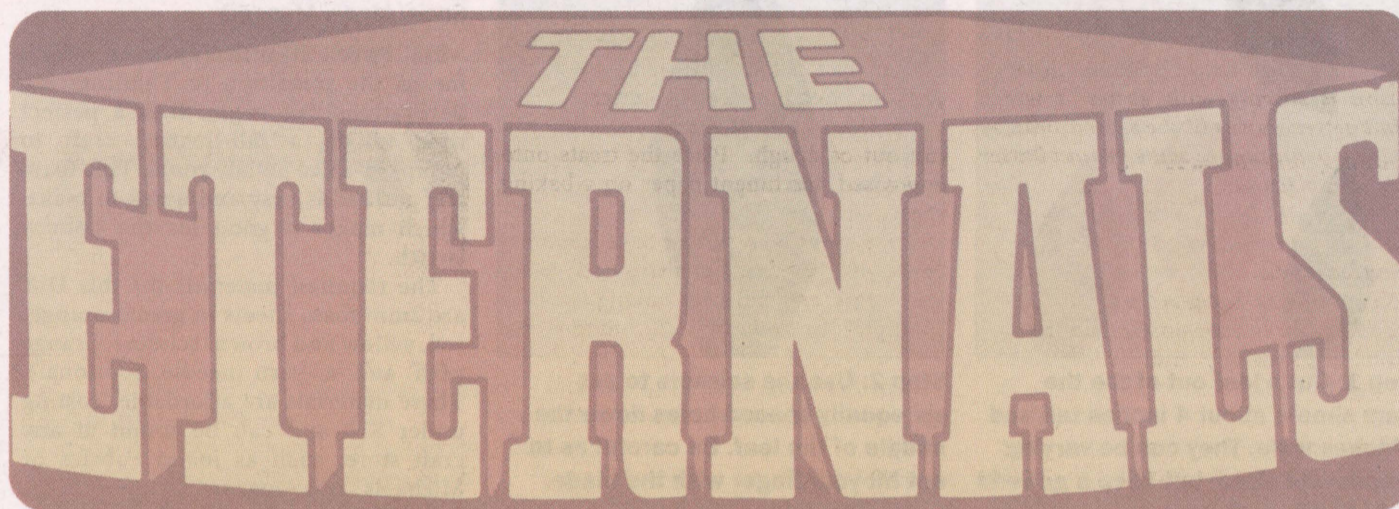
The MCU is an American media franchise that is centered around superhero films produced by Marvel Studios, a subsidiary of Walt Disney Studios, with the films being based on characters that appear in the American comic books published by Marvel Comics.

"Eternals" is based on a world created in 1976 by Jack Kirby. The comics' primary storyline revolves around the Celestials creating two different divergent races by performing genetic experiments on proto-humans, which are the long-lived Eternals and the deformed Deviants. These experiments were what led to superpower mutations in humans.

The trailer for "Eternals" introduces the film's main villain, Kro, who is the warlord, general and dictator of the Deviants. Kro is known as being one of the first Earth Deviants ever created and "Eternals" will be his movie debut.

The MCU is divided into distinct sections that have broad storylines. "Eternals" is the third film installment in phase four. Phase four will feature all of the Marvel Studios productions that will be released from 2021-2023.

Phase four is also the first phase to include television series with "Wandavision" beginning the series, which premiered on Disney Plus in Jan. 2021. The films in phase four both released and unreleased are "Black Widow," "Shang-Chi and the Legend



of the Ten Rings," "Eternals," "Spider-Man: No Way Home," "Doctor Strange in the Multiverse of Madness," "Thor: Love and Thunder," "Black Panther: Wakanda Forever," "The Marvels," "Guardians of the Galaxy Vol. 3," "Ant-Man and the Wasp: Quantumania" and "Fantastic Four." The release schedule for phase four was delayed due to COVID-19.

Leaked promotional artwork hit Twitter last January and merchandisers gave fans the first official descriptions of each character in "Eternals." The "Eternals" team will be made up of Ikaris, Sersi, Ajak, Phastos, Makkari, Druig, Gilgamesh, Thena, Kingo and Sprite.

"Eternals" is also making MCU history by featuring the first openly gay couple in the universe; however, that will not be the only romance in the film. Gemma Chan, in an interview with Vanity Fair Italy, confirmed that her character Sersi has a romantic history with Ikaris and the Black Knight.

Relationships are not necessarily essential for an MCU movie's plot but it appears as though this one will feature more superhuman romances than the previous films.

Nevertheless, these new additions to the MCU are receiving a positive response among many.

"I'm excited to see it," said Rachel Kern, a sophomore musical theatre major. "I hardly know anything about this new phase happening, so it's cool that there's so many movies coming out now that are introducing new characters for future films."

The film was directed by Chloé Zhao, who also wrote the screenplay with Ryan Firpo, Patrick Burleigh and Kaz Firpo. It was produced by Kevin Feige.

After composing the score for Marvel's "Iron Man" in 2008, Ramin Djawadi also composed the score for this film. The full soundtrack for the film comes out today.

"Eternals" also has an extremely talented and well-known cast. Gemma Chan will be making her debut as Sersi, Richard Madden as Ikaris, Kumail Nanjiani as Kingo, Lia McHugh as Sprite, Brian Tyree Henry as Phastos, Lauren Ridloff as Makkari, Barry Keoghan as Druig, Don Lee as Gilgamesh, Harish Patel as Karun, Kit Harington as Dane Whitman, Salma Hayek as Ajak and Angelina Jolie as Thena. Harry Styles is also credited as Eros/Starfox in a post-credits scene.

Jolie is perhaps the biggest and most familiar face to sign on. It was revealed that she was playing Thena, a powerful Eternal known for knowledge and fighting who is similar to the Greek goddess Athena, during Marvel Studios' panel at San Diego Comic-Con in July 2019. Jolie starred in many comic book, sci-fi and fantasy films over the years but this will be her first live-action film based on a superhero comic.

The film had its world premiere in Los Angeles at the Dolby Theater on Oct. 18 and was screened at the Rome Film Festival on Oct. 24. "Eternals" was originally supposed to release on Nov. 6, 2020, but due to COVID-19 the release date shifted to February 2021 and then to the November 2021 date.


Box Office Pro predicts that "Eternals" is estimated to earn between \$82-\$102 million during opening weekend. This puts the film at being the highest opening film in phase four.

Despite the predicted success of the opening weekend, early reviews for the film are not as positive as others in the MCU and has one of the lowest Rotten Tomatoes scores yet. Currently, the MCU has a perfect record on Rotten Tomatoes since every movie has received a "fresh" rating. So far, "Eternals" has an estimated 81 reviews with the score landing at 64%, which makes it the lowest scoring movie in the MCU.

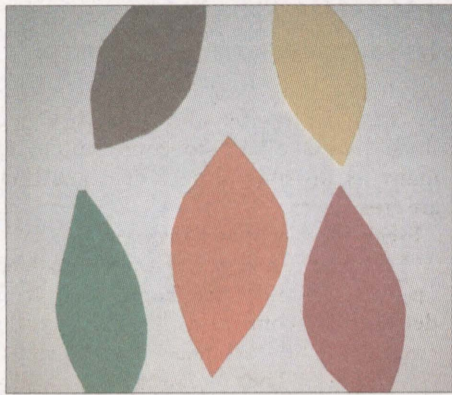
Of course, this batch of reviews is a result of the initial premiere so the score could get better as other reviews filter in.

"I'm looking forward to it," said Jack Flynn, a sophomore musical theatre major. "I'm not as excited about it as I am for future releases like "Spider-Man: No Way Home" or "Dr. Strange and the Multiverse of Madness" but I'm sure it'll be great. It has an all-star cast."

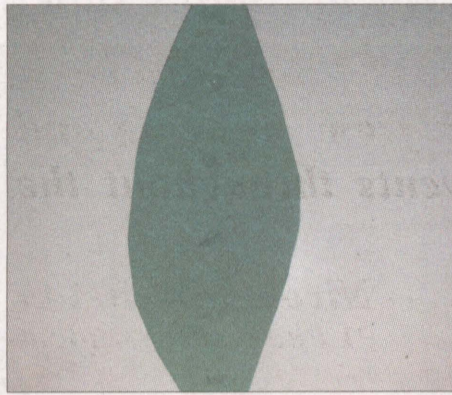
"Eternals" will be at R/C Wilkes-Barre Movies 14 on Friday, Nov. 5. at 4:15 p.m., 4:35 p.m., 7:00 p.m., 8:05 p.m. and 9:00 p.m. in normal view, 2D and 3D. Tickets can be purchased by going to www.rctheatres.com or by going to the Student Union Building (SUB) and purchasing a \$3 movie ticket.

 Morgan.Rich@wilkes.edu
Graphic by Zoey Rosensweet

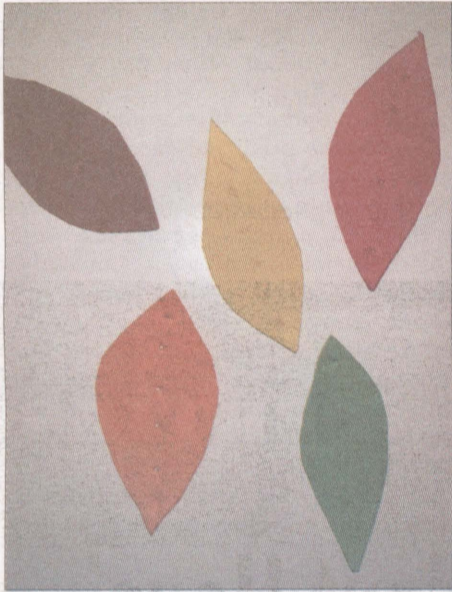
Liz's Craft Corner: Colorful Thanksgiving foam leaf garland



Step 1: Cut a leaf out of the the foam sheets about 4 inches tall and 2 inches wide. They can be varying shapes and sizes, but keep a general leaf shape consistent.



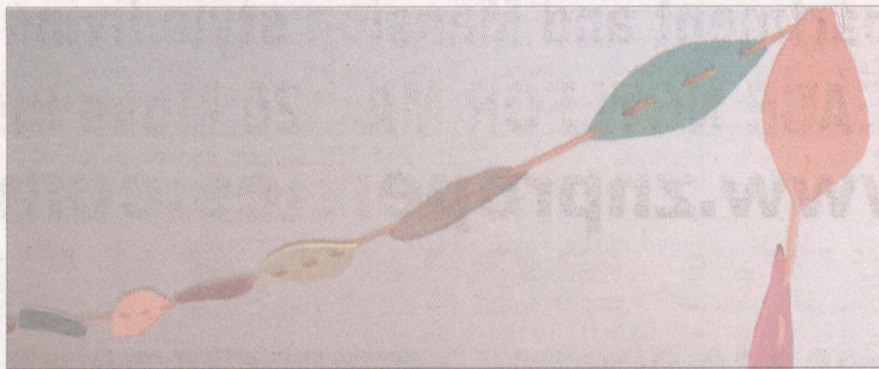
Step 2: Use the scissors to put six equally spaced holes down the middle of the leaf. Be careful as to not hit your finger with the blade.



Step 3: Repeat that step for all of the leaves to be put on the garland. Begin with just 10 leaves and poke holes in more to make the garland as long as desired.



Step 4: Thread the yarn through the holes in the leaves. Begin from the back and then bring that yarn through the front. Repeat this for each leaf on the garland.



Step 5: Hang the finished leaf garland for a Thanksgiving touch!

By Liz Cherinka
Social Media Manager

Halloween is officially over, which means the transition to Thanksgiving decorations can begin. It is a perfect time to do a fall-themed craft to pumpkin-spice up any room. This foam leaf garland is easy and quick to make, which makes it good for the holiday switch.

The required materials for this DIY are 2mm foam sheets in green, orange, red, yellow and brown, scissors, orange yarn and a yarn needle (optional). These materials are affordable, costing under \$10 and can be found at any craft store, such as Joann Fabrics or Michaels, and Amazon.

The first step is making the leaves out of the foam. Cut a leaf shape out of the first foam sheet about four inches tall and two inches wide in any shape.

Repeat this until the whole foam sheet is cut out. Some leaves can be wider, thinner, shorter or taller, as the sizes are just general guidelines.

Repeat cutting the leaves for every colored foam sheet. The number of leaves cut out will look very daunting and excessive but it allows the ones that did not come out as desired to be thrown away.

The next step is to start making them into a garland. This is the hardest step of the process but is still generally easy to do as long as you are careful.

Grab the scissors and make six equally spaced holes down the middle of the leaf. Open the scissors and use only one of the blades to make the holes. The holes can be pretty small, just make sure the tip of the scissor goes through the foam.

The hard part is making sure to not cut yourself when pushing the blade through the foam. It takes an amount of force and your fingers will need to be positioned on either side of where the hole is being placed.

Make sure your finger is not too close

to the blade and that the blade does not go in too far as to slice across the finger.

Start by making about 10 of the leaves with holes and move on to stringing them on the yarn. Also, you should decide on an order for the leaves. They can be in a pattern or random but arrange them in order.

In order to string the leaves on, grab the yarn and thread it from the back through the bottom hole of the first leaf. This is where the optional yarn needle would come in. It is possible to do it without the needle but it may make it easier.

To not use the needle, use the tip of your finger to slightly spread the hole open as your other hand pushes the yarn through this hole. The yarn will fray and unwrap at the ends so cut it when it becomes unable to string through the holes.


Then, thread the yarn through the front into the second hole. Repeat by going from back to front through the leaf. Next, repeat these steps for every leaf.

Once the first 10 leaves have been strung on, push them together and judge the length of the garland. Depending on where it is being placed, you can continue adding leaves on.

Another option is to make multiple garlands with all the leaves. Either way, continue until the garland is as long as desired, sliding the leaves down the yarn to add more.

To finish off the garland, cut the yarn off the ball and at the end of the garland, leaving a few inches on both ends. Tie a knot in the yarn at the end of the leaf adjacent to it. Double knot this to secure it and then cut the excess yarn. Repeat this for the other side.

Now that both ends are finished and secured, feel free to hang the garland anywhere to add a Thanksgiving touch.

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Elizabeth.Cherinka@wilkes.edu

Share your crafts with us!

Tag us on our Instagram account @wilkesbeacon with your craft!

#LizsCraftColumn

Photos: The Beacon/Liz Cherinka

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Students celebrate Halloween on campus with Freak Week

By Jordan Daniel
Life, Arts & Entertainment Editor

Programming Board hosted a week of events for students leading up to Halloween called Freak Week. Students were able to participate in all the events for free on campus and get them pumped for the holiday.

Freak Week began on Oct. 25 and lasted through Oct. 29. The spooky week is a Programming Board tradition during the last week of October.

Events included: Mocktail Monday, which involved a zombie mocktail vendor coming to campus; Murder Mystery, where students who attended received a door prize and had to work together to find the murderer; Paint and Sip, which had a limit of 50 people; and Trick or Treat Bingo, where students were encouraged to wear their costumes so they could be entered in a contest to win an extra bingo board.

The last event of Freak Week was a T-shirt giveaway. Students who went to three out of the four other events were able to receive a free T-shirt. Attendance was kept tracked by having holes punched

"I participated in Freak Week because it is nice to get a break from studying and participate in fun events throughout the week."

—Nicole Middleton
P1 Pharmacy student

on a card that students were given when they arrived at their first activity.

Many students came out for this event to help get them in the Halloween spirit. Some went because they enjoy the events programming board hosts.

"This Freak Week I had the opportunity to attend both the zombie bar and the Paint and Sip," said Kaelin Hughes, sophomore political science and history double major and secretary of Programming Board. "My favorite event was the Paint and Sip. I liked being able to see so many people come together and have fun painting something spooky."

Others attended Freak Week to take a break from school and their busy schedules.

"I participated in Freak Week because it is nice to get a break from studying and participate in fun events throughout the week," said P1 pharmacy student Nicole Middleton. "I heard about the events through social media and because I am on Programming Board's genboard. I went to every event!"

Also, students had a difference of opinions on which event was their favorite.

"My favorite event was bingo because

we could dress up and have the chance to win great prizes including a TV," said Middleton.


Programming Board organizes events for students to unwind from their hectic days, so make sure to come out to as many as possible, especially since they are free.

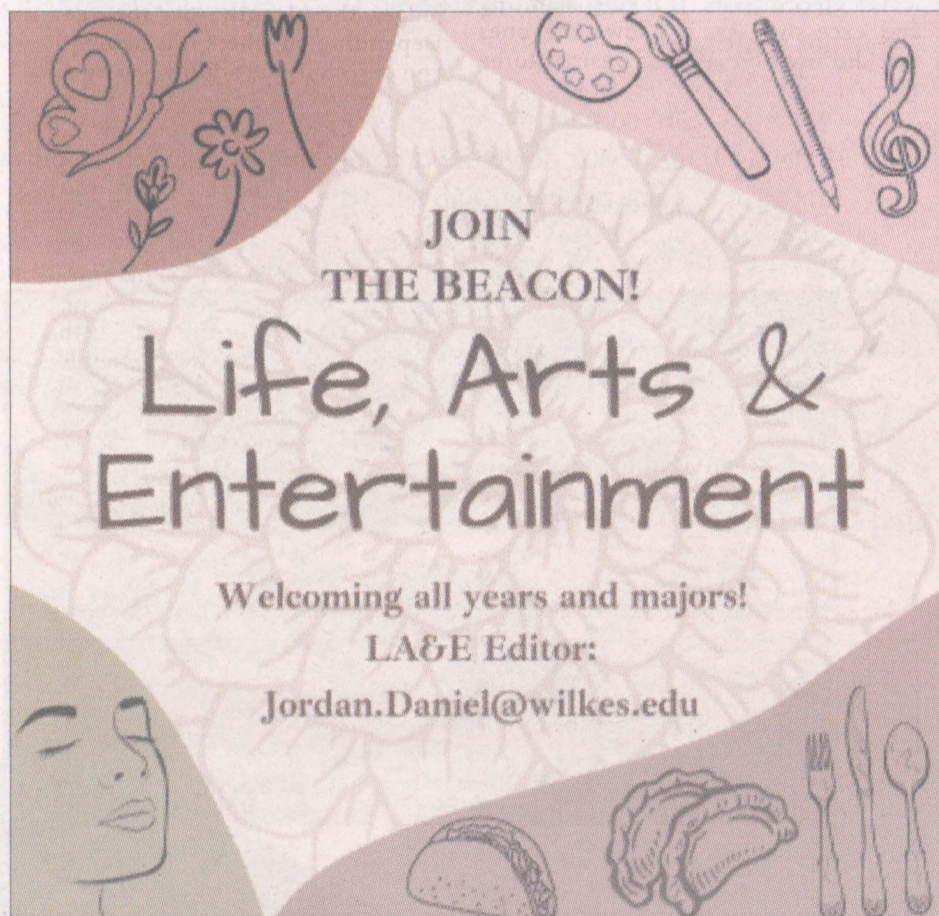
Freak Week will be back next year.

"I think it's an easy way to get involved on campus and have some fun, so I definitely recommend it," said junior environmental science major Helen Campbell. "They plan some really interesting events so even going to one is worthwhile."

For more information about Freak Week or any other of Programming Board's events, visit their Instagram @wilkesupb.

"I definitely would recommend attending Freak Week next year," said Hughes. "WUPB offers a lot of exciting experiences and prizes during Freak Week."

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Autumn is in the Air

Below: Secluded among the trees on the corner of South River and West South Streets, Kirby Hall is surrounded by falling autumn leaves. The historic Victorian mansion is a must-see aesthetic view at this time of the year.



Above: A staple of autumn is the image of leaves beginning to fall from trees. It is perfect to make huge leaf piles and jump in them for some fall fun.

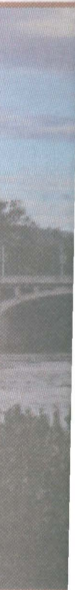
Below: Taking a walk down the campus Greenway will give you the sight of a line of young trees letting go of their colorful leaves.



Left: Down by the river in front of our very own Dorothy Dickinson Darte building, we can see the beautiful contrast of colors beginning to take form on the various surrounding trees.



Above: lot, this days be



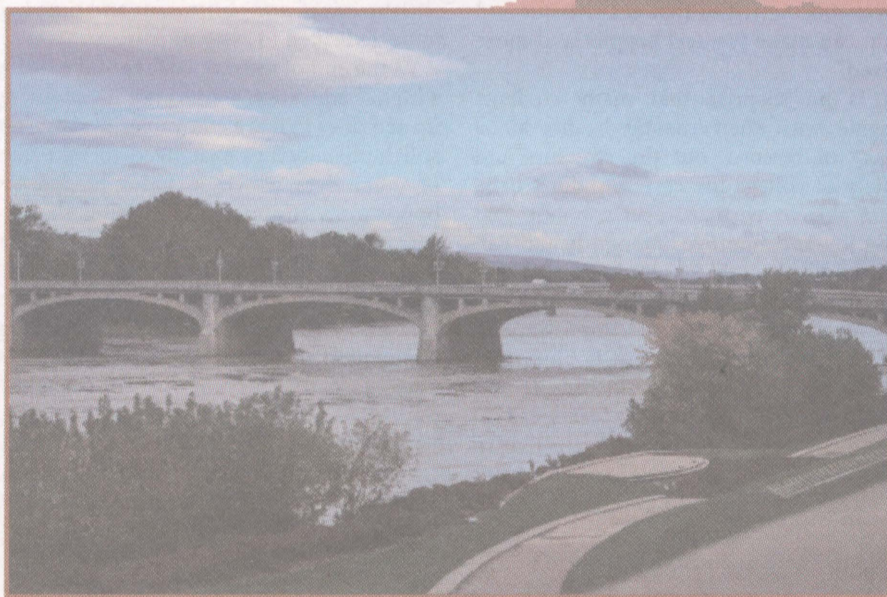
Above: How little



Above: Peeking out of the small Farley Library parking lot, this pink rose bush is enjoying the last few warmer days before the colder time of the year approaches.




Above: Enjoying a nice walk to class on a gorgeous sunny day, you can feel the crisp breeze of fall settle in as we prepare for the inevitable changing of seasons yet again.



Above: The water on the bridge looks cold due to the chilly season. However, the sky is still blue and the grass is still green, at least for a little while longer.



Below: Looking up through the trees reveals some leftover pieces of bright blue sky from the summer as it slowly begins to turn gray. Many leaves continue to hang on to the trees but only for a little while longer.


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 Photos: Emily Cherkauskas, AJ Rubino and Nate Whitaker
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Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: Breanna.Ebisch@wilkes.edu

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2021-22

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Our Voice

Each week, The Beacon's editorial board will take a stance on a current issue.

College's elimination of hobbies is hurtful

It's almost an unspoken expectation and truth that college students eat, sleep and breathe their academic responsibilities. Whether it be keeping up with classes or attending meeting after meeting for various clubs and extracurriculars, students are unbelievably busy to what could be considered an unhealthy point. With the goal of obtaining a good-paying job upon graduation, it's necessary to gain experience and knowledge that are supposed to prepare students for the real world.

Because of the time commitment it takes for a student earning their degree in higher education, there is little opportunity to enjoy new or existing hobbies. It seems as if the college lifestyle is purposely designed to ensure students can only focus on their studies and other involvements, creating an atmosphere that doesn't allow time for anything else. Hobbies included.

Even activities as simple as reading, painting, gaming, knitting/crocheting and exercising don't fit into the busy schedules and lives of college students. The time that would usually be spent enjoying those hobbies has to be sacrificed to study or complete assignments before the impending deadlines. And no matter how important education is, it isn't fair that an element of what brings students peace and relaxation has to be given up the moment they step foot on a college campus.

In comparison to earning a degree in higher education, hobbies may seem pointless or a "waste of time." Except the opposite is true, as having even just one hobby could alleviate the immense amount of stress they are under every single day.

According to the Australian Government Department of Health, "Spending time on an activity that you enjoy can improve your mental health and wellbeing. Research shows that people with hobbies are less likely to suffer from stress, low mood and depression. Activities that get you out and about can make you feel happier and more relaxed."

It is no surprise that many students struggle with their mental health for a variety of reasons, but the stressors and anxiety of college life certainly don't help. Being able to participate in a hobby that bring joy and improves mental health can be groundbreaking for students, but the lack of available time eliminates that.

Beyond mental health improvement, there are multiple benefits of hobbies that would enhance a college student's life and add an essential element of needed self-care into everyone's routine. According to Kettering Global, the benefits of hobbies are physical, mental and emotional health, better social and interpersonal skills, creativity and self-improvement. On the surface, hobbies may seem pointless and

nothing of importance, but the benefits are significant in multiple ways.

The pandemic not only graced us all with an unexpected amount of extra time due to quarantine and safety precautions, but many discovered new hobbies to stay busy during the unprecedented time. And while everyone got to experience the great benefits of those hobbies, college students were forced to give them up all over again when life returned to "normal." Workloads became heavy again, schedules filled up with meetings and obligations and time had to be dedicated to assignments.

At the end of the day, college and earning a higher education should not mean giving up activities that are enjoyable. Students are still human beings that need to take care of themselves which includes having the opportunity to indulge in hobbies that are proven to be just as beneficial as classes are.

If you're looking for a new hobby or something to pick up, Fort Hays State University recommends journaling, completing puzzles, cooking, team sports, yoga, gardening or knitting. We can only hope that the college experience changes in the coming years to allow students time for other activities outside of their academic commitments -- which is how it should be.

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Letter to the editor policy: *The Beacon* welcomes letters to the editor from differing viewpoints. Letters must contain contact information, including name, city, state and phone number. Phone numbers will not be published but may be used for verification purposes.

All letters to the editor must be sent using one of the following methods:

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Phone: (570) 408-5903 (Voicemail: 30 seconds or less, please.)

Mail: 84 West South Street, Wilkes-Barre, Pa. 18766 Attn: *The Beacon*

Acceptance: The first step in the journey for inner peace

By Sydney Allabaugh
Staff Writer

In a world in which we lack absolute control, we often find ourselves wishing that things were different. Often we try to repress or fight harsh realities we face in hopes that it will grant us the facade of perfection or peace of mind. However, we will only find peace in accepting our authentic selves and the things we cannot change.

I have always been an anxious person. I find myself staring at the ceiling at night, unable to fall asleep, as my mind enters a never-ending thought loop: "I hate that I make mistakes. I hate that I am unsure of the future. I hate that others have hurt me. I hate that I hate these things. I wish I wasn't anxious. I wish we were still friends. I wish things were different. I wish I wasn't thinking about this right now."

I used to repress these thoughts and tried to ignore the problems I faced. I

used to lie to myself and pretend all was perfect, that I was happy in hopes that I would actually believe it. I thought I could run from my problems or fake it until the feeling goes away, but it never did. Eventually, I realized that happiness rooted in lies will never grant the same satisfaction as genuine joy and peace.

So, how have I been attempting to free myself from worry and the facade of happiness? I had to face my problems by accepting who I am, the things I cannot change, and the future that is developing before me.

Instead of fighting unwanted thoughts or allowing them to become pervasive in my mind, I take the time to ponder on it. If it is something I can change, I accept the challenge and try to develop a solution. If it is something that is out of my control, I accept that I cannot change it, process that fact, and allow myself to move on.

I had to accept that friendships come and go. I had to accept that I cannot control the past. I had to accept that I

cannot control the future in absolute terms. I had to accept and embrace these thoughts to live in the present and to find peace in the life I have been dealt.

This is much easier said than done. Stress has become a part of the human condition. Most of us find ourselves crumbling beneath the weight of stress. We worry about financial issues, work, relationships, health and so much more. It almost seems simpler to allow stress to consume us instead of facing it.

However, when we live in a constant state of stress, we are not only harming our mental health but our physical health too. Many of the leading causes of death in America are linked to stress. In order to find control in our lives and to maintain our health, we must attempt to find a way to cope through acceptance.

Although we may feel otherwise, we are capable of controlling our mind and embracing both the beautiful and ugly parts of our lives. When we embrace what life gives to us and find a way to live

through the ugly, we are not complicit or passive, but rather, we are empowered.

Acceptance is not always the end solution, but rather, it is the first step in healing. When we accept our issues and faults, we are granted the ability to work on them. When we find ourselves running from problems on the hunt for serotonin, stress continues to live within us unconstrained.

We must ask ourselves: "Why do we continue to hold so tightly to the things that bring us so much inner turmoil?" When we allow ourselves to be vulnerable and fall apart, we are granted the gift of recovery and the opportunity to let go and move on.

You are not your thoughts. You have control over them. We must spend less time resisting, less time running and more time accepting in order to live presently and find peace within ourselves.

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Sydney.Allabaugh@wilkes.edu

'YOU' season three: Netflix's original social commentary

By Lindsey Scorey
Opinion Staff Writer

The Netflix original series "YOU" launched the third season in the franchise two weeks ago on the streaming platform. The third season is an encapsulation of social commentary on a novel show concept, making the series stand out that much more over other options for bingeing.

The whole third season revolved around the antiheroes Joe Goldberg and Love Quinn, a homicidal married couple that has decided to settle down in the suburbs of California, known as Madre Linda, with their son Henry. However, the fantasies and stalking endured by Joe every season now resonate with their neighbor Natalie. The plot unfolds greater from there. Spoilers to come now cue.

After many entanglements with cheating, murder and money, a devious holy trinity, the couple finds themselves as both allies and enemies to each other. What is interesting about this, though, is just how the characters and their influences are written.

Take for example a neighborhood married couple, Cary and Sherry. Sherry is described as a "momfluencer" who blogs about all the beautiful ups and

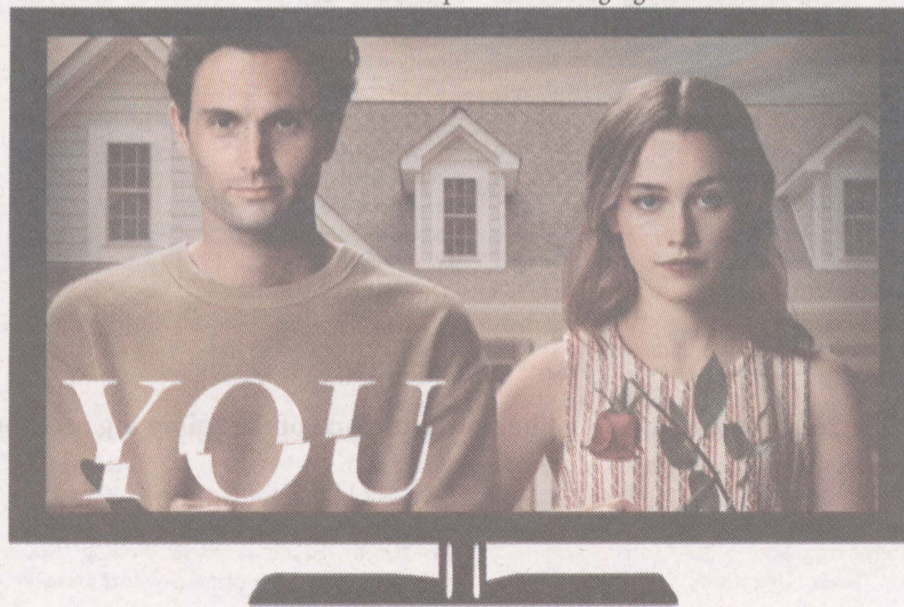
downs of motherhood. Her words and actions are just as cringey as her self-made title. Cary is the definition of what Generation Z would describe as toxic masculinity, a buff man who loves his keto diet and adventures in the woods to reconnect with his masculinity.

These actions are not inherently cringey in themselves, but the portrayal of them is highly satirical.

Cary and Sherry brought the necessary comedic relief to the show and broke up

the darker content. They were not the only example of what privilege in the suburbs can look like. This season had multiple personality archetypes to work with, making it much more enjoyable to consume and analyze as the episodes flew through, which they inevitably did for me.

This season felt deep and psychologically provoking in the best ways, paying tribute to past plot points while bringing in brand new ones.



Penn Badgley's performance as the obsessive Goldberg was consistent as always, but many audience members raved over the role of Quinn this season. Victoria Pedretti put on an act of vengeance and pure emotion through her portrayal of Quinn. We finally saw her dark side come to fruition after only getting a glimpse of it at the end of season two.

The characters of money and class systems in this season are prevalent just as much as any other human character. The show arguably would not have been the same without that background. The mere fact that Quinn is able to sign a three-year lease to a bakery she wants in a high-end part of California is a commentary on the generational wealth she receives from her inheritance of being a member of a wealthy family.

The final episodes of this series will leave the audience on the edge of their seats. It is likely one of my favorite series and seasons on Netflix to date just because of the impact of the plot and commentary.

If you have not seen the series "YOU" yet, run to Netflix and binge the now three seasons worth of content. I promise there is something in it for everyone.

Graphic by Zoey Rosensweet
Lindsey.Scorey@wilkes.edu

Dean's Deep Dives: Mitski, the beloved siren of somber sadcore

By Dean Bowen
Staff Writer

An often held criticism of modern alternative music is that the sound has become monotonous, clouded by overwrought production and lukewarm emotional content. Escaping this trap and pioneering a sound all her own, Mitski has over the course of a lengthy career managed to hone a unique capability to remain relatable and grounded despite an industry seemingly hellbent on conformity.

Throughout her career, Mitski has managed numerous rather sizable hits, with "Washing Machine Heart," "First Love/Late Spring" and "Nobody" being a few examples. While these songs are popular for a reason and entirely worthy of their placement in any respectable sad playlist, there are other tracks in her discography that get overshadowed by these successes. The following list highlights ten such tracks, tracing a near-decade of innovation in sound and presentation.

1. "Bag of Bones" - "Lush"

The first aspect of Mitski's ever-evolving sound that she perfected was the ballad. Preferring slower orchestral instrumentals early on in her career, the "Bag of Bones" instrumental is composed mainly of a piano and a harmonica. This minimalism allows Mitski's vocals to dominate this track, as she somberly reflects upon the draining nature of an emotionless yet intimate relationship. It is often believed that this is the first song Mitski ever made, showing even in the early stages of her career that she was capable of conveying emotion with unparalleled refinement and honesty.

2. "I Want You" - "Retired from Sad, New Career in Business"

Another element that Mitski began to hone was the usage of verse style structure within her music. Blending spoken word poetry and a softened yet emotive vocal performance, "I Want You" beautifully illustrates the pain of a one-sided love affair. With a similarly stripped-down instrumental mainly composed of a single chord of a pipe organ, this story of mourning love is unmissable.

3. "Because Dreaming Costs Money, My Dear" - "Retired from Sad, New Career in Business"

It is rare to see a rising artist admitting worries about the future of their career as it grows; however, such candid confessions are typical of Mitski. Lamenting the loss of her passion in the face of her future, Mitski uses competing metaphors of a fire and a sea to depict her mental state. Continuing to cultivate an uncanny ability to build up an atmosphere



in her music, the mood created by the somber piano and nearly teary vocal performance is painfully familiar to those who have suffered for their dedication to a craft.

4. "Townie" - "Bury Me at Makeout Creek"

It was with "Bury Me at Makeout Creek" that Mitski truly began to experiment with her production, integrating aspects of rock into her sound. Beginning to refine her method of using the instrumental as a storytelling tool along with the lyrics, it was with this album where Mitski's careful production choices became as impressive as her vocal performances. "Townie" is a poignant showing of this method, as the frantic drums and synths of the instrumental perfectly accompany its story of youthful rebellion and nonconformity.

5. "Last Words of a Shooting Star" - "Bury Me at Makeout Creek"

Despite changes to her sound, Mitski's ability to make music best suited for sad reflection continued. Further refining her ability to make beautiful music out of the darkest parts of her psyche, "Last Words of a Shooting Star" puts to words a depressive spiral. The simple guitar of this track carries an impermeable yet understandable sadness, elevating the farewell letter-esque lyrics and tying together an unmissable depiction of a shattered mindset.

6. "Texas Reznikoff" - "Bury Me at



Makeout Creek"

In a poignant showing of the duality of sound yet to come, "Texas Reznikoff" is defined by a jarring beat switch, shifting from a familiar guitar-strong love song to a drum-heavy banger in seconds. Quoting famed Objectivist poet Charles Reznikoff, Mitski weaves together a tale of association between love and the places it can occur in.

7. "Happy" - "Puberty 2"

Perhaps the most important facet of Mitski's connection with her audience is managing to describe extremely intimate and specific situations in a relatable way. "Happy" is one such description, as she describes the pitfalls of reliance on others for one's own happiness. Utilizing a poetic styling of her lyrics along with an instrumental dominated by a looping sample reminiscent of a train, she depicts the cyclical nature of dependency and the harm it can cause.

8. "Geyser" - "Be The Cowboy"

"Be The Cowboy" was a reinvention of sorts for Mitski, centering heavily upon personal growth and a revitalized confidence. The opening track, "Geyser," is a characteristic love song, but with an entirely different focus. Speaking in an interview with Pitchfork in 2018, Mitski clarified that the subject of this track and her stated enamourment within it was her music career itself. Finding peace with the fact that her primary outlet and way

to relate to the world is music and proving that she could be successful making the music she wants to make, "Geyser" is a celebration of this revitalized passion and an ample introduction to an album that is (in my opinion) her best to date.

9. "A Pearl" - "Be the Cowboy"

In a moment of reflection within a spiraling discography charting years of heartbreak, "A Pearl" is a poignant description of what's left behind after an abusive relationship. Continuing her propensity toward metaphor, Mitski depicts the internalization of her struggle as an eerie yet beautiful pearl. Characterizing her damaged past as an irremovable reminder of how she "fell in love with a war," she manages to encapsulate the numerous intensive emotions involved with healing from such a situation. This ability to concisely describe the harms of life without cheapening the emotion involved continues to be a high point within Mitski's work, allowing for the listener to understand and relate to the story being told to them without being weighed down by overwritten lyrics.

10. "Working for the Knife" - Single

Choosing to essentially disappear after "Be The Cowboy", Mitski faded off of the internet and out of the public eye entirely for almost two years. Rumors endlessly circulated that she was done for good, having left behind a solid discography and a mystifying evolution of sound. These were proven wrong, however, when she returned with "Working for the Knife". It was not the triumphant return to the industry that some expected, however. Lamenting the world moving on without her along with a perceived (justifiably so) pressure to only sing about crushingly depressive topics, it is clear that Mitski did not lose her trademark pessimistic edge in her absence.

Behind the hits that have cemented her status as a mainstay of the modern sadcore musical movement, Mitski has assembled a discography of impressive innovation and brutally honest emotion. The resulting music is undeniably somber in nature, but the gorgeous instrumentals and extremely talented vocal performances within it make for a listening experience entirely unique in terms of presentation.

As shown by her recent return, it is clear that Mitski has more to give to the music world. Given her career of constant innovation and a near mastery of sonically interesting production, it is nearly sure that what is to come from Mitski will be just as entrancing as her previous work.

Photos courtesy of the artist
Dean.Bowen@wilkes.edu

Opinion

The streaming service saga: Which sites deserve the clout?

By Rudy Urenovich
Staff Writer

As college students, many of us are at the busiest time in our lives. Streaming services are truly like lifelines to us. They provide us with alternate universes encapsulated in shows and movies in perplexing storylines and dynamic characters. They offer us a reprieve from the insane world of university.

Furthermore, as college students, I would say almost all of us are pretty thrifty when it comes to spending. We cut corners where we need to, but we will never get rid of our beloved streaming platforms, no matter how high they raise the prices. And wow, are they raising them (I'm looking at you, Netflix).

Now before we dive too deep, I must profess I am rather like an old person when it comes to all things under the technology umbrella. I am constantly late to the digital entertainment party. I didn't download TikTok until this year. Ironic, because I am in a digital-focused major. But I digress.

The three streaming services I will be building up and tearing down are Netflix, Hulu and Prime Video. I know there are more, newer ones making a splash, like Disney Plus, Peacock and Paramount Network. But my basic self only uses those first three, so I do not have an opinion on the others.

Let's start with Netflix. The monarch. The supreme. The OG. I'm sure like many of you, I first entered the world of streaming services by making a Netflix account. From a design and aesthetic standpoint, I think Netflix has it down. For the most part, I find the site easy to navigate on all devices. The red branding is iconic and synonymous with their brand. I even think the thump sound in their original content hits hard.

All that being said, in my opinion, they fall short content wise. I am not someone who gags over Netflix originals. I enjoyed some, such as "The Crown" and "Squid Game," but personally I prefer to watch older cable shows that ended over 10 years ago, rather than new Netflix originals.

Some of you are about to be mad at

me, but it must be said: I think I prefer Hulu. Hear me out. It definitely has some cons, though. I do not think the design and functionality are up to par with that of Netflix, it's not as accessible or as aesthetically pleasing. Also, many times it fails to load for more, telling me I need to refresh for a connection. Maybe that's on my end, but Prime Video and Netflix rarely do that.

You also need add-ons to unlock certain shows and movies. Hulu+Live Tv is \$65-\$71 a month. Too steep for me, thank you, but I believe this is probably supposed to be a replacement for cable altogether, so I suppose the prices make sense.

Some pros to it are many shows that are being broadcasted currently on cable add episodes to Hulu the day after they originally air on TV, so it's easy to keep up with your favorite shows. If you're someone like me who likes to watch shows that already had their runs, Hulu has a lot more selections, I think. I love binge watching shows; I can watch over 25 episode 10 season shows in about a

month, give or take. That's probably not a good thing, but Hulu is the platform that allows me to do this best.

Full disclosure: I very rarely use Prime Video. I pretty much only use it when I learn about a really old, unknown show or movie. They have tons of those. It is kind of hard to distinguish the pros and the cons.

First, it is a benefit of having an Amazon Prime account, so I believe you do not have to pay a flat fee for it, it's included under the Prime umbrella.

That being said, you have to pay individually for tons of shows and movies. But you also have the option to rent them at a lower price. In the scheme of things, I am not sure if it's a money save or a money steal. I guess it depends on how much you use it.

Overall, streaming platforms, like everything else in life, have pros and cons and rob you of time and money while providing brief periods of reprieve.

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How 'Dune,' a staple of sci-fi, lands with a sci-fi genre hater

By Hannah Simerson
Staff Writer

"Dune" hit theaters across the world this past week after the film's successful screening tour. With its star-studded cast, it is no surprise that the film was so highly anticipated.

The movie follows Paul Atrides, played by Timothée Chalamet, as he navigates stepping into both the role of leader and chosen one amidst a great intergalactic war for resources. Atrides must step beyond his fear to accept both his destiny and power.

"Dune" very clearly illustrates the evils behind colonization and greed, but it does so in such a way that it does not feel forced or artificial. Beneath this fictional world filled with the unfamiliar, viewers can see the truths of their own world.

"Dune" is based upon the novel by Frank Herbert that was originally published in 1965. The newly released film is not the first time Herbert's sci-fi world has been adapted for the big screen, however. In 1984, the original "Dune" adaptation was released and immediately garnered a large following.

Many regard "Dune" as the grandfather of all science fiction, and I can certainly

see why this is the case. I feel like I must preface my review by mentioning that I tend to hate anything sci-fi. I do not read sci-fi and I certainly do not watch it either. However, "Dune" captivated my attention like no sci-fi piece ever has before (which is saying a lot, considering the run time is over two and a half hours).

The greatest achievement in "Dune" was the film's use of visuals. It truly felt as if I was transported to another planet, which speaks to the film's ability to world-build. I think part

of the reason that I am so anti-sci-fi is because the world-building in stories in this genre becomes so confusing that I lose the plot amidst it. In "Dune," the exact opposite happened; I was so

invested in the fantastical world that it made me pay even more attention to the plot.

I may be biased in my opinion on the film's acting, as I adore anything that Timothée Chalamet stars in, but I was impressed by the entire cast in this film. Chalamet is joined by Zendaya, Jason Momoa, Rebecca Ferguson and Oscar Isaac in "Dune" and I thought that they all performed their roles flawlessly.

There were some scenes in the film that were dripping with emotion, and I did not doubt the authenticity of the characters' emotions in those scenes, which is entirely due to the actors' incredible performance.

The score in this film is simply unmatched. The musical

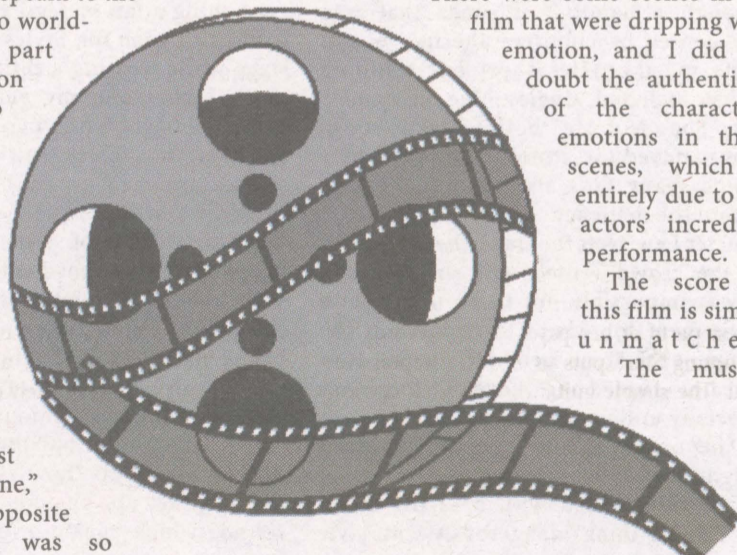
component can make or break a film, and it certainly added to "Dune." The score was unnerving, unique and catchy. In an odd way, the music that was played was congruent with what sounds I thought would come from such a world. Everything about this film was spectacular, but the score knocked every expectation that I had out of the park.

I am surprised to be writing such a positive review about "Dune." I had fully expected to hate the film due to my preconceived notions about sci-fi films, but I would go as far as to say that "Dune" restored my hope in the genre. I think that the film's following is onto something when they say that it is the grandfather of sci-fi. If the film can turn a sci-fi hater like myself into a sci-fi-curious viewer, it must be doing something right.

I must give "Dune" five out of five stars. I have no complaints about the film whatsoever. From the breathtaking visuals to the incredible talent and captivating score, "Dune" is a masterpiece.

You can watch "Dune" in theaters across the country or at home on HBO Max.

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Graphic by Zoey Rosensweet



Bre's Beats: 'Love On Tour' is an incredibly worthy experience

By Breanna Ebisch
Opinion Editor

After being postponed twice due to the COVID-19 pandemic, Harry Styles' "Love On Tour" finally began in North America in early September, and the long wait was well worth it. Excited fans across the country got ready for a night of live music by picking out stunning outfits, relishing in the anticipation of seeing the one and only Harry Styles, and getting ready to hear the singer's sophomore album "Fine Line" in sold-out arenas. For thousands of people in the crowds at the 39 cities around the United States, these shows were the first concerts they attended since the pandemic started.

Myself included.

And I cannot say enough good things about how absolutely breathtaking this tour was.

Despite how crazy this is going to sound, I have been lucky enough to see Styles a total of five times on this tour. Yes, you read that right, five. At the time this is published, I will have attended every single one of those concerts. Four of the shows were intentionally planned and the tickets have been held onto for almost two years. The fifth, by total surprise, was a last-minute invite from a friend. And although it seems a little crazy to see the same artist five times on the same tour, "Love On Tour" was worth it.

As a dedicated fan myself, I had seen Styles a few other times prior to this tour, twice with One Direction in 2014 and 2015 before the band went on hiatus, and once on his first world tour back in 2018. This wasn't my first time seeing Styles, but there's something incredible about his shows that cannot be found anywhere else. But this time around, there was an immense amount of love and pure happiness in the air. It's safe to say that "Love On Tour" is easily one of my very favorite tours that I have ever been to.

Styles himself is a live performer like no other. He's someone that you can tell was born to entertain, which is clear in every show of his with the unique elements and how full of energy he always is. Put him in the world's most famous arena, the iconic Madison Square Garden, for a total of five scheduled dates and you're almost guaranteed an unforgettable time right from the start. I was lucky enough to see him four out of the five times at The Garden and arguably the choice of venue enhanced the experience even

further. But most importantly, when the lights went down signaling the start of the show, the excitement skyrocketed to an all-time high and you knew a stunning night was about to begin.

The opening act for "Love On Tour" is Jenny Lewis, a singer-songwriter who hails from Las Vegas.

creates art. And in the middle of the intro, Styles rose up from underneath the stage and opened with "Golden," the lighthearted, upbeat song that also starts his sophomore album. The crowd immediately was on their feet, jumping along and screaming the well-known lyrics to one of the singer's

in the arena was sold and Styles had two catwalks on either end of the stage which was located in the middle of the arena. While many artists don't choose this setup often, it made Styles' show that much more special. No matter where you sat in the crowd, you always had a good view of the singer. For all of my shows, I had a different seat and although some of them were closer to the stage than others, I never complained because Styles moved around the stage frequently and everyone got an amazing glimpse of him in person.

Throughout the night, thousands of smiles never faltered and some tears were shed during the emotional moments, especially when Styles gave the grateful speech before singing "Fine Line." My favorite songs that Styles performed were "Canyon Moon," "Sunflower, Vol. 6," and "Treat People With Kindness." These three were also the ones I favored off the second album, but hearing them live was an entirely different experience. It was magical in every sense of the word and each time I cherished the short amount of time that was full of genuine joy. But in all honesty, the whole setlist was perfect and every song was performed in the most amazing way.

Now, seeing the same artist five times on tour is usually seen as repetitive. I got asked "Isn't it just the same show each time?" or "What's the point in going to a concert again after you've already seen it?" more than I can count. But I am so thankful to have had the opportunity to attend "Love On Tour" as much as I did. Each show was different from the last, but all nights that I will never forget.

I have been to countless concerts in my life already, but Styles' "Love On Tour" was hands-down my favorite. Not only do I adore Styles as a person and performer, but the shows on this tour were unlike any other I have ever attended. The atmosphere was full of an unbelievable amount of love, happiness and acceptance that is only present when seeing Styles. Every penny I spent on tickets and every minute that I waited for these concerts to finally happen because of the postponement was beyond worth it.

If you ever have the chance, I cannot recommend seeing Styles live enough. From an artist who preaches kindness and has a discography with outstanding songs, it's the best time ever.



At 45 years old, she took the stage before Styles and showcased her own talent through a handful of songs that mix the genres of country, alternative and indie together. Her short but stunning setlist included singles "See Fernando" and "She's Not Me," both fantastic songs that matched the atmosphere of the tour which many fans also enjoyed hearing before the main act.

After Lewis left the stage, the thousands in the crowd waited with anticipation. It was impossible not to be jittery with excitement for what's to come, and the moment the arena went dark, a chorus of screams erupted and "Love On Tour" was officially underway.

The one-of-a-kind opening included bright visuals of bunnies and bursts of music intertwined with a saying about how doing things dangerously with style

popular singles.

Right from the start, the concert was everything a fan or regular concert-goer could ever wish for. Styles controlled the stage while wearing a different stunning outfit each night, my personal favorite was MSG Night One where he performed shirtless in a black suit with feathery sleeves and had a setlist that included a perfect mix of ballads and songs that are worthy of a dance party. His happy attitude rubbed off on the crowd with whom he interacted frequently throughout the night, even having us sing happy birthday to a few lucky people, and the atmosphere was nothing less than joyful and immense amounts of love.

An uncommon, but thoroughly loved difference about "Love On Tour" was the stage set up. The concert was in the round, which meant every single seat

Graphic by Madi Hummer
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Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the Sports Editor Ariel.Reed@wilkes.edu

Men's and women's ice hockey: New season, new perspective

By Baylee Guedes
Asst. Sports Editor

Ice Hockey season is upon us and the men's and women's teams are ready to take the ice and be contenders for the championship title in the MAC Freedom.

The previous ice hockey season was condensed as COVID-19 hit the world of athletics hard. This season is back to normal and teams will be able to compete in a regular season with protocols being lessened.

"Last year was exhausting and stressful," said senior forward Donald Flynn. "This year, it is nice that things are close to normal again. We are really just cherishing the routines, really enjoying the grind again and really embracing how much we missed. The little things are some of the best steps we have taken for sure."

"I think it will be really interesting to see how different teams handled having a covid year," said junior defender Abigail Barless. "I think this season will be more electric than ever due to people missing competition and playing for something."

MEN'S ICE HOCKEY:

Last year, Wilkes went 7-4 on the season and made it to the semifinals of the United Collegiate Hockey Conference (UCHC), losing to Stevenson University. This year, the goal is to make it to the final round and win the UCHC.

"Every night is a battle in our league," said head coach Tyler Hynes. "Whether it is a team at the bottom of the league or Utica, it is going to be a dog fight and you can not think it is going to be easy because we have lost plenty of times doing that."

The team is taking a new perspective on this season as they have a more experienced and mature team, and they have one of the deepest rosters that Wilkes has ever seated in ice hockey.

"It is an exciting feeling knowing that every guy is going to impact this team at some point during the season," said Flynn. "We will be able to roll wave after wave, night in and night out."

The men started their season on Oct. 29 in Buffalo, N.Y. against Fredonia at the Buffalo State Bengals Classic. Wilkes won the first match on the ice 5-2, sending them to a matchup against Buffalo State where the



Valerie Koenig (left) and Abigail Barless (right) discussed what strategy would be best for them to defeat Chatham on Feb. 28.



Photos: The Beacon/Ariel Reed

The women's ice hockey team stayed engaged in the game while their teammates were fighting for a goal.

Colonels won 2-1.

"When the lights come on and it is a real game, you never fully know what to expect," said Hynes. "I am very happy with our response so far."

This year marks the final year for the athletes that started the men's ice hockey program as it was established in 2018. This is the first class to graduate from the team, making this season momentous.

"We know what to expect but we want to leave our mark here, and accomplish the mission we set out four years ago," said Flynn. "It is a very special year for everyone, especially the senior class and we are going to do everything in our power to leave the program we built with a standard of excellence that will set the bar for years to come."

This final year for Flynn and his class hits

home for Hynes as he was in their skates four years ago.

"It is tough (seeing them in their last season) but it is something that motivates me and drives me," said Hynes. "It is a desperation that you can not really match when you have been doing and thinking about something as most of our guys have been for 20 years and at the snap of a finger, all of the sudden when someone asks you what you do, you are no longer a hockey player."

WOMEN'S ICE HOCKEY:

Last year, the Colonels went 0-9 on the season and are now ranked ninth out of 11 in the UCHC season poll. This year, the women's team is looking to prove their ranking wrong as they start game play on Nov. 5 at home.

The team is looking to make a drive in the league through seniority and maturity in the game. This season will look different for Wilkes as Shauna Tubbs and Laurenne Fraser, who played major roles on the team, graduated and their skates will have to be filled by the upperclassmen and the newcomers.

"We look a lot more experienced than we have in years before," said head coach Earl Utter. "We are largely made up of seniors and juniors with a number of sophomores that saw significant playing time last year."


The team has a smaller roster this year than in previous seasons but the drive to win is stronger than ever as they want to overcome their ranking in the league.

"We have quality over quantity," said Barless. "I think everyone looks ready to go and eager to get the season started."

The Colonels are ready to take the ice and skate their way to the top as they intend to shock their opponents with a competitive attitude.

"Being a new team, we finally have a senior class and are no longer the youngest team," said Barless. "A lot of teams will be overlooking us and taking us lightly but I think that makes it more fun to go out and try and prove something."

Schedules for both ice hockey teams can be found at <https://gowilkesu.com>.

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MLB World Series Championship contest is neck-and-neck

By Chris Gowarty
Associate Sports Editor

As of Oct. 29, the 117th edition of Major League Baseball's World Series is officially underway, with two games already completed.

2021's edition of the Fall Classic witnesses the Atlanta Braves facing the Houston Astros with the series currently tied at 1-1.

This World Series is the Astros' third time playing in the title round within the last five years, making appearances in 2017, 2019 and now 2021.

The Astros began their playoff run by finishing 95-67 during the course of the regular season, clinching a presence in the postseason with their fourth American League West Division title.

They went into the playoffs as the No. 2 seed of the American League, lining them up to face the No. 3 seed Chicago White Sox in the first round, the American League Division Series (ALDS).

The Astros won the best-of-five series against the White Sox in four games, which sent them to their fifth consecutive American League Championship Series (ALCS) dating back to 2017.

In the ALCS, they faced the Boston Red Sox, who won this year's

American League Wild Card game against the New York Yankees and their ALDS against the Tampa Bay Rays.

The Astros took game one of the ALCS but went on to lose the next two, giving the Red Sox a 2-1 lead in the best-of-seven series. Despite the deficit, Houston went on to win the next three games, win the ALCS 4-2 and move on to the World Series.

Yordan Alvarez was named the ALCS MVP, hitting one home run with six runs batted in and a .522 batting average, the highest ever in ALCS play.

For the Atlanta Braves, 2021 is their first World Series appearance in 22 years dating back to 1999.

In spite of 13 playoff appearances since before the year before the new millennium, the Braves failed to reach the championship round until 2021. They clinched their playoff berth this year with an 88-73 record in the regular season, which won Atlanta their 11th National League (NL) East Division title since 2000. They faced the Milwaukee Brewers in

the NLDS, winning the series 3-1.

The series was highlighted by a game-winning home run in the eighth inning of the decisive game four by Atlanta's veteran first baseman Freddie Freeman.

In the NLCS, the Braves faced the reigning World Series champion Los Angeles Dodgers, who defeated the St. Louis Cardinals in the NL Wild Card Game and the San Francisco Giants in the NLDS. Atlanta won the NLCS against Los Angeles in six games for a 4-2 series finish, finally ending their 22-year NL pennant drought.

With the Dodgers eliminated from the postseason, the Braves extended the streak of an MLB season ending without a repeat champion, with the last being the New York Yankees when they three-peated in 2000 (1998, 1999, 2000). Mid-season free agent acquisition Eddie Rosario was named the

NLCS MVP, who tied the record for most hits in a postseason series with 14 hits in the six games.

Game one of the 2021 World Series took place on Oct. 26, with the Astros hosting the Braves at

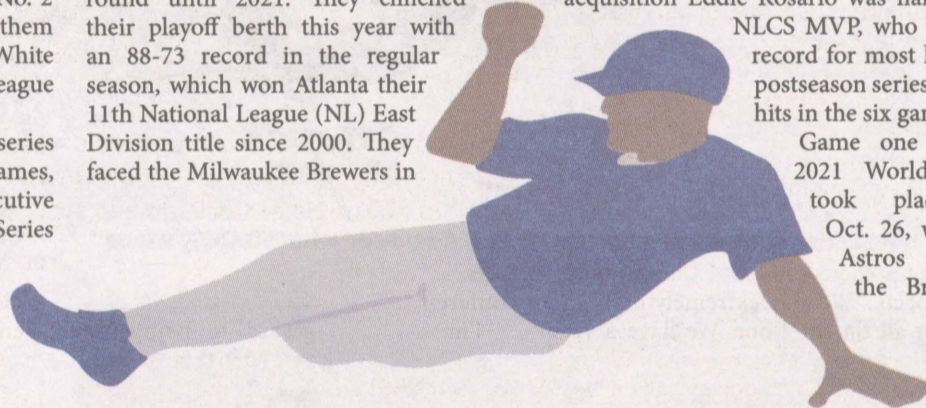
Minute Maid Park. Braves outfielder Jorge Soler made MLB history by becoming the first player to hit a leadoff home run as the very first batter of a World Series game.

Atlanta capitalized on the momentum made by Soler, scoring five runs within the first three innings, two of them coming via a two-run home run by another Braves outfielder, Adam Duvall. The Braves went on to take game one on the road, by a final score of 6-2.

Game two took place the very next day, and it was all Houston early on. Going into the bottom of the second tied 1-1, the Astros scored four runs thanks to run-scoring hits by catcher Martin Maldonado and outfielders Jose Siri and Michael Brantley. Second baseman Jose Altuve added on to the Astros' lead with a solo home run in the bottom of the seventh inning, putting the score at 7-2 Astros.

The score would not change for the rest of the game and the Astros would tie the series against the Braves at one win apiece. Altuve's home run was his 22nd in his postseason career, tying him for second all-time with longtime Yankees center fielder Bernie Williams.

All statistics and information were acquired from MLB.com.



MAJOR LEAGUE BASEBALL

Christopher.Gowarty@wilkes.edu
Graphic by Zoey Rosensweet



FALL SPORTS SCHEDULES



Men's Soccer

09/02/2021 v. Penn State Berks, W 4-3
09/04/2021 @ McDaniel, W 1-0
09/07/2021 v. Juniata, W 3-2
09/11/2021 v. Drew, L 1-0 (OT)
09/15/2021 @ Susquehanna, L 4-2
09/19/2021 @ Keystone, W 2-1
09/22/2021 v. Moravian, W 3-2
09/25/2021 v. Immaculata, W 3-0
09/28/2021 v. University of Scranton, W 1-0
10/02/2021 v. FDU-Florham, W 1-0
10/05/2021 v. Lycoming, W 4-1
10/09/2021 @ Widener, L 2-0
10/13/2021 @ Misericordia, W (OT) 2-1
10/16/2021 @ Arcadia, L (2OT) 2-1
10/19/2021 v. King's, L (OT) 2-1
10/23/2021 @ Stevens, L 2-0

Football

09/04/2021 v. Keystone, W 46-7
09/18/2021 @ Misericordia, W 35-15
09/25/2021 v. Alvernia, W 23-0
10/02/2021 v. Stevenson, W 21-14
10/09/2021 @ Albright, W 31-28
10/16/2021 @ Widener, L 30-13
10/23/2021 v. LeBanon Valley, W 30-20
10/30/2021 @ Lycoming, L 30-27
11/06/2021 v. Delaware Valley @ 1 p.m.
11/13/2021 @ King's @ 12 p.m.

Women's Soccer

09/02/2021 v. Penn State Berks, W 4-1
09/04/2021 @ Ithaca, L 1-0
09/08/2021 @ William Paterson, L 1-0 (OT)
09/11/2021 @ Rutgers-Newark, L 1-0
09/15/2021 v. Susquehanna, POSTPONED
09/18/2021 v. Messiah, L 4-1
09/21/2021 @ University of Scranton, L 3-0
09/26/2021 @ Penn College, W 6-0
09/29/2021 v. Marywood, W 3-1
10/02/2021 v. FDU-Florham, TIED 2-2 (2OT)
10/06/2021 v. Lycoming, TIED 3-3 (2OT)
10/09/2021 v. Neumann, W 7-0

WBB: Defense, agility are keys for success in the new season

By Jason Eberhart
Sports Staff Writer

Members of the women's basketball team are preparing for their upcoming season after last year's team only played ten games due to COVID-19.

Last year, the Colonels finished 3-7, and they hope to improve on that record this season.

"We are looking forward to getting back to a full year of action and appreciate the opportunities that are in front of us," said head coach Tara Macciocco. "Everyone is so much more appreciative of the opportunity to compete on a daily basis."

Wilkes is looking to replace two big players from last year's team in Maddie Kelley and Gabby Smicherko. Kelley and Smicherko were key to both the offensive and defensive side of the ball for the Colonels, and were the leaders of a young squad.

The two seniors on this year's team, guards Kendra Smith and Juliann Duignam, are stepping up in terms of leadership for the Colonels on and off the court. They realize they have to be much more vocal to help get this Wilkes team to their full potential.

"As a senior, I've been trying to take the underclassmen under my wing and get them accustomed to the style of play, as well as the culture of the team," said Duignam.

The pride of the program since Macciocco took over as head coach has

been defense. The Colonels will look to impose their will on the defensive side of the ball this year. They have quick guards that can pressure the ball, to go along with tall shot blockers in the paint to contest the rim.

"We're looking to be a strong defensive team and force other teams to be uncomfortable offensively," said Smith.

Wilkes is focused on being one of the toughest teams in the conference. They know that shots will not fall every night, but their defense can help create easier offense for a relatively inexperienced group. This will help them compete in a tough MAC-Freedom conference.

"I think our offense will come from our defense," said Duignam. "If we can get stops at one end of the court, the offense will fall into place."

On the offensive side of the ball, the Colonels will look to grow after a strong ending to last year's season.

Their young players got a taste of college basketball last year in the shortened season, but a full practice schedule and season should allow the young guns to improve on offense day in and day out.

"We want to be a team that outworks our opponents every game," said Macciocco. "We play extremely hard and leave it all on the floor. We have a very quick lineup at every position, and hope to take advantage of our speed on both ends of the floor."

The team is eager to get better and to start competition. They have all the




Photo Courtesy of Assistant Coach Lindsay Howard

Senior guard Kendra Smith performs a nasty crossover against a Misericordia defender during their second match-up of the season. Smith proceeded to drive to the hoop and score a contested lay-up on March 12.

tools to compete with every team in the conference.

"I'm looking forward to being able to get back onto the court this year and compete with all of my teammates," said Smith. "I'm excited for this program to take the next step in elevating our level of play."

The Colonels will look to get off to a quick start on the season when they host Penn State Worthington Scranton at 7 p.m. on Nov. 11 inside the Marts Center.

 @wilkesbeacon
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FALL SPORTS SCHEDULES

Cross Country	Field Hockey	Women's Volleyball
09/03/2021 @ Misericordia Invitational, M: 6th, W: 5th 09/18/2021 @ Cougar Classic, M: 3rd, W: 3rd 09/25/2021 @ Dickinson Invitational, M: 17th, W: 13th 10/09/2021 @ DeSales Invitational, M: 12th, W: 10th 10/16/2021 @ Inter-Regional Boarder Battle, M: 17th, W: 5th 10/22/2021 @ LVC Last Chance Run Invitational, W: 8th 10/30/2021 @ MAC Championships, M: 9th, W: 14th 11/13/2021 @ NCAA Mid-Atlantic Regional, TBA	09/04/2021 @ York College, L 7-0 09/08/2021 @ #15 Ursinus College, L 8-0 09/11/2021 v. Alvernia, L 3-2 (OT) 09/12/2021 @ Elmira, W 3-1 09/15/2021 @ Albright, POSTPONED 09/18/2021 v. Wilson, L 4-2 09/19/2021 @ Bryn Mawr, L 4-0 09/22/2021 @ Marywood, L 6-0 09/25/2021 @ Arcadia, L 8-0 09/29/2021 v. Elizabethtown, L 3-1 10/02/2021 v. Delaware Valley, W 5-1 10/06/2021 v. University of Scranton, L 7-0 10/09/2021 v. Stevens, L 6-0 10/16/2021 @ FDU-Florham, L 5-1 10/20/2021 @ King's, W 1-0	09/25/2021 v. John Jay, W 3-0 09/25/2021 v. Montclair State, W 3-0 09/28/2021 v. Misericordia, L 3-1 09/30/2021 @ Neumann, L 3-0 10/02/2021 v. Albright, L 3-0 10/02/2021 v. Albright, W 3-0 10/06/2021 v. Stevens, L 3-0 10/09/2021 @ Widener, L 3-1 10/09/2021 v. Salisbury, L 3-0 10/12/2021 @ King's, L 3-2 10/18/2021 @ Penn State Berks, W 3-2 10/20/2021 v. DeSales, L 3-0 10/23/2021 @ University of Scranton, L 3-0 10/23/2021 v. New Jersey City, W 3-2 10/26/2021 v. Arcadia, L 3-0 10/28/2021 @ Lycoming, W 3-0 10/30/2021 v. Rutgers-Camden, L 3-0 10/30/2021 v. Alfred, L 3-0

Getting to know...

Elijah Jules

Sophomore Football Player



The Beacon: Male Athlete of the Week Oct. 20 to Oct. 27

Why Elijah Jules was selected: Jules recorded the game winning touchdown for the Colonels on Oct. 23 against Lebanon Valley, rushing for 124 yards in that game.

Name: Elijah Jules
Year: Sophomore
Major: Business Management
Hometown: Red Bank, N.J.
High School: Red Bank Catholic
Position: Running Back

Driving force for your decision to come to Wilkes?

I fell in love with the school's campus and the coaches overall goals and pitch persuaded me to commit. He spoke about building and winning and these are things I wanted to be a part of with them.

Post-graduation plans in terms of a career?

I want to own my own business or brand.

Favorite memory as a Colonel?

My favorite memory was my first college game. Just all the nerves and excitement, I never felt anything like it up to this point in my life.

Hopes for this season as a Colonel?

Win the conference and win a championship.

When/Why did you first begin playing?

I first began playing around 10 years old. I would watch the games growing up and ultimately ended up with a love for football.

Favorite thing to do during practice?

Doing drills and having talks with my position coach, Albert Young. He played my position in the NFL so hearing any tips from him goes along way for all of us.

Favorite building on campus?

UCOM. It's so close to Towers and has Starbucks, what more could you want?

What color/flavor of Gatorade is your favorite?

Orange Gatorade.

If your life was a movie, who would you want to play you and why?

If my life was a movie, I would want Kevin Hart to play me. I feel he could make my everyday life hilarious.

Favorite professor?

Professor Pyke. She is also my advisor and has already helped me a great deal already.

If you could have dinner with a famous person, who would it be?

Lebron James. He is not only my favorite athlete, but he also is such a great businessman. I feel he could give off great ideas on how to handle many situations.

Most influential person in your life?

My grandmother. She does so much for me, and is so active and well for everything she deals with and goes through and is truly an inspiration to me.

What does "Be Colonel" mean to you?

It means doing the work behind the scenes, so when the cameras are on, we win. It means to me to put in effort everyday to improve and have a better version of myself today than I was yesterday.

Anyone to give a shout-out to?

I want to give a huge shout-out to not only the coaches, but my offensive line and wide receivers for the amazing blocks all game without them none of this is possible.

-Compiled by Julia Mazur, Staff Writer

Editor's note: Athlete of the Week selections are determined by the sports staff each week. At the end of the academic year, we will post a reader poll on Twitter @WilkesBeacon to crown an "Athlete of the Year."

The Beacon/Julia Mazur

Getting to know...

Carly Eidle

Sophomore Field Hockey Player

The Beacon: Athlete of the Week Oct. 20 to Oct. 27

Why Carly Eidle was selected: Eidle was the driving force behind the senior night win against MAC opponent DeSales. Eidle recorded 10 saves on the evening, stifling DeSales's chance of scoring.

Name: Carly Eidle
Year: Sophomore
Major: Pre-Pharmacy
Hometown: East Greenville, Pa.
High School: Upper Perkiomen H.S.
Position: Goalie

If your life was a movie, who would you want to play you and why?

Rachel McAdams, I feel like she would play off both my emotions and my goofy side perfectly.

Driving force for your decision to come to Wilkes?

I really loved the team atmosphere when I had visited, and I felt that the Pharmacy school was a perfect fit for me.

Favorite professor?

Dr. Briceño.

Post-graduation plans in terms of a career?

I hope to work in a pediatric hospital as a pharmacist.

If you could have dinner with a famous person from the past, who would it be?

Jackie Kennedy.

Favorite memory as a Colonel?

My favorite memory as a Colonel is winning our game on senior day and the team running together screaming from excitement.

Most influential person in your life?

My sister, not only did she inspire me to play field hockey, but she is also my best friend.

Hopes for this season as a Colonel?

Make it to MAC Championships.

A quote you live your life by?

"Hustle beats talent when talent doesn't hustle."

When/Why did you first begin playing?

I first started playing field hockey in sixth grade because my sister did, and I switched to goalie in seventh grade since the team needed a goalie.

What does "Be Colonel" mean to you?

"Be Colonel" to me means to work hard at every practice and every game no matter the situation. Keep fighting until the very end.

Favorite thing to do during practice?

My favorite thing to do during practice is to practice penalty corners.

Anyone to give a shout-out to?

My teammates, my friends, and my family.

Favorite building on campus?

Stark/ Cohen.

What color/flavor of Gatorade is your favorite?

The yellow lemon-lime is my favorite.

-Compiled by Julia Mazur, Staff Writer



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The Beacon/Julia Mazur

MBB: Returning starters look to lead this team deep in MAC

By Ariel Reed
Sports Editor

The men's basketball team is excited and grateful to return to the court for their first real season in two years. Last year, the team was only able to compete in nine games due to COVID-19, scoring 4-5 in this abbreviated season.

"I'm looking forward to the full 25 game schedule and the opportunity for our guys to have a normal season," said head coach Izzi Metz. "Last year obviously, we were grateful to play any games last year, but you know this is going to be, hopefully, much more than normal."

Even though the team was not able to play a complete season last year, the benefits of having even a partial season will show up in games this year.

"We didn't think we would play last year, but we ended up getting nine games and a couple of practices," said Metz. "I think just getting that chemistry with each other on the court, and in pick-up game opportunities after the season allowed our guys to get to know each other's games. We were able to see some success on the court in game situations, and I think that was beneficial had we not played or practiced

at all. I think this allowed us to get a little further ahead than expected."

Metz has been coaching at Wilkes for eight seasons. For the first time in his coaching stint at Wilkes, Metz was named a captain to the program.

"We've never had a captain in my time here," said Metz. "I felt like it was the right time and that our team could get a nice boost from Sean Collier being our captain. Sean just really stood out to us as a leader by example and not afraid to communicate with his teammates and the coaches. I think he has a universal respect within the program. I think it was a natural selection to have Sean as our captain."

Collier is a two-year starter and a senior with one of the most consistent stat lines from year to year. Collier discussed his excitement for the new role and emphasized being a steady hand that the team can depend on this season.

"It's an honor. When coach talked to me about it, I was really proud that he would even consider me for that," said Collier. "I just want to fulfill that role and lead our team. As a captain, I am obviously a leader, but I know I am not the only one leading."

In addition to the leadership found in Collier, two crucial pieces for the Colonels'



The Beacon/Ariel Reed

Senior guard Sean Collier looks to Landon Henry (not pictured) to determine where to cut against Arcadia University on Feb. 20.



The Beacon/Ariel Reed

Sophomore forward Trent Fisher sweeps the ball over the head of an Arcadia defender to get an open pass on Feb. 20.

offense and defense return in the form of senior guard Drake Marshall and sophomore forward Trent Fisher.

"Drake is a senior now, and has a lot of experience," said Metz. "We want him to lead and we think he can be the most complete wing-guard player in the conference because he has the ability to guard any position on the court with his length and athleticism. He is a scorer and makes hard shots. We want him to play a complete game on both sides of the ball every game and inspire his teammates."

Marshall is coming off a hot season, averaging 14.8 points per game and 5.8 rebounds per game. Marshall's deadly shot was crucial in closing games for the Colonels. His efforts in the season placed him on the First Team All-MAC Freedom.

"With Trent, we want him to keep progressing and getting better," said Metz. "I think more game experience will be good. He showed a lot of growth and showed signs of what he can do last year. Hopefully he will keep expanding his game and continue to grow—he has a really high ceiling."

Fisher, the returning rookie of the year,

showed that he has potential coming up this season. Coming off an ankle injury in the preseason, Fisher was slow out of the gates. However, when he got cooking, he became an indispensable asset for Wilkes. In the seven games that Fisher appeared in, he was their second leading scorer with 13.4 points per game and 7.7 rebounds per game. Early signs of what this young player could do gleamed through in their contest against Del Val where the rook put up a near double-double with 23 points and nine rebounds.

"For myself I'm looking to improve my game in all aspects of the game, including shooting the ball better from the outside and becoming a much better defender," said Fisher. "I am definitely going to strive to be a first team all-league and potentially fight for the player of the year honor. This year should be a fun one for all of us."

Collier, Marshall and Fisher, alongside their teammates, kick off their season next week on Nov. 10 at Clarks Summit University at 8 p.m.

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