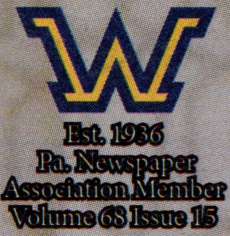



The Beacon - February 24, 2015



# THE BEACON

*The news of today reported by the journalists of tomorrow.*



**From Classroom to Council**  
Wilkes student seeks seat on city  
government  
more on page 3

Above: Junior Wilkes student Beth Gilbert, who recently announced her campaign to run for city council.

The Beacon/Gabby Glinski



# News

Have a breaking story or a press release to send? Contact the news editor: sarah.bedford@wilkes.edu

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## Beacon Briefs

### Off Campus Federal Work Study Positions Available

The Civic Engagement Office has several off-campus federal work study positions available at local non-profit agencies. Please contact Megan Valkenburg at megan.boone@wilkes.edu for more information.

### Tax Form 1098-T Tuition Statement is Now Available

Tax Form 1098-T Tuition Statement is now available online. You can access your 1098-T online at mywilkes.wilkes.edu. Enter your username and password, select Student Services tab and then select Tuition Statement (Form 1098-T) under My Records.

### Alumni Association Scholarship

Do you have a parent or grandparent who graduated from Wilkes? If so, you may qualify for the Alumni Scholarship. Deadline is Feb. 27.

### Lenten Busy Person's Retreat

Campus Interfaith will once again be running it's Lenten Busy Person's Retreat. The retreat will begin on February 18 and go until April 2. Each weekday, students will receive an email with the next day's retreat exercises and are invited to come in for spiritual direction during the week if you wish. There will be appointment sign ups available. If interested, please send an email to Caitlin at caitlin.czeh@wilkes.edu

## SG notes: Spring Fling approved; club recongnition, requests

By Taylor Ryan  
Staff Writer

On Wednesday, Wilkes University's Student Government held its weekly meeting.

Last week, there was a non-club, senior project request. Eight students from the EES and ENV department were accepted to present their senior projects at The Geological Society of America. They requested \$2,000 to cover the registration fees, lodging, and extra workshops. Student Government allotted a total of \$720 for registration and the extra workshops to the eight students.

As another follow up on last week's meeting, the budget for the annual Spring Fling dance was presented. The dance will be held at Genetti's on the Public Square, on March 27 from 6-11 p.m. Tickets will go on sale Feb. 23 and then again after Spring Break. There will be a cover band playing as the entertainment in place of the DJ and there will also be the photo booth that was there in the past. The budget of \$16,000 was passed by Student Government.

There was a lot of new business brought to the board's attention this week. First, there is a new badminton club forming on campus. The club currently has about 50 members.

Next, the Mini Baja club on campus is looking to revamp and update its constitution. This club provides real world practice to various engineering majors by allowing them to design a car. The new constitution will be reviewed by Student Government and during week two of two.

The Psychology Club put in two requests this week. They first requested funding for the Eastern Psychological Conference in Philadelphia, Pennsylvania. The total cost of conference is \$3,329.12. The club has only requested \$270 from Student Government to cover the registration fees for the conference. Their second request was for a day trip for all of the club members to the Franklin Institute. The club is requesting \$279.45 to cover their tickets to enter, the tolls, and parking.

The next request came from Capital Projects. Some items that were presented include a new Student Government vehicle, a Chevy Traverse, snow brooms, Casino Night bingo cards and cages, and first aid kits that can be provided for every site during the Big Event. The total projected cost was \$28,567.28.

Lastly, the projected budget needed for casino night was presented. This committee has sent out student surveys to generate some new ideas for prizes this year. There are bigger prizes this year, compared to past years, causing a slight incline in the budget. There was a positive reaction from the board after all the new prizes were presented. The total budget came to \$12,299.

The council reviewed the Treasurer's report. The current budget is as follows: All College: \$36,786.37, General Funds: \$10,206.20, Conference: \$2,875.00, Spirit: \$1,250.00 for a Student Government total of \$51,117.57



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## CORRECTIONS

Senior basketball player Chelsea Brown was incorrectly identified in last week's Athlete of the Week. The Beacon staff regrets the error.

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# Wilkes junior running for Wilkes-Barre City Council

## Beth Gilbert announces candidacy for District C seat

By Sarah Bedford  
News Editor

Beth Gilbert, 20, is preparing for more than just exams this semester as she announced her candidacy as a democrat for Wilkes-Barre City Council District C seat in January.

The junior is a member of Pi Sigma, the Political Science Honor Society; Alpha Sigma Pi, the National Society of Leadership and Success; and the International Studies Club. She is also an active volunteer with Valley Santa, Key Club, Building Bridges and Wilkes-Barre's city clean up days.

Now, Gilbert has added yet another extracurricular to her list.

Gilbert, a political science and international studies double major, Wilkes-Barre native and G.A.R. graduate, took the initiative to run for the position after being inspired by previous experience with the Wilkes-Barre Junior City Council while in high school.

After winning an essay contest sponsored by the Pennsylvania League of Cities and Municipalities, Gilbert was given the opportunity to be part of the Junior City Council and go to Pittsburgh where she met various mayors and individuals who sparked her interest in politics.

Through the junior council, Gilbert led other high school students with events such as city cleanups, donation drives for Ruth's Place, numerous charity drives and also attended City Council meetings.

Although she is young compared to other council candidates, Gilbert has found age to be just a number.

"Some people have commented on it, 'oh she's so young, how can she run a city' but my age never entered my mind," Gilbert said.

Gilbert explained that the biggest difficulty she has faced is getting her name out in the public.

"I'm trying to utilize social media. As far as I know, I'm the first council person to do that," Gilbert explained.

Gilbert hopes to get students involved and interested in politics as she sees them as part of the revitalization of the Wilkes-Barre area.

Part of her plans, if elected, include encouraging Wilkes University and King's College students to stay in the area upon graduation.

"We want educated individuals to stay in the area," Gilbert said.

So far, the campus community has been very receptive of Gilbert's plans.

"I've always been more mature for my age," Gilbert said. "I've always done things



The Beacon/ Gabby Gliniski

Beth Gilbert, above, plans on using her education in political science and international studies to inform Wilkes-Barre residents what she can do for them. A lifelong resident of the area, Gilbert hopes to restore the neighborhood communities and bring back youth programs through local government. Gilbert explained that the youth have an opportunity to take an active role in government happenings but also a responsibility.

where people said, 'you really want to do that when you're only 16 or 18?' But I've had a really positive response from the campus community and a lot of students who are backing me."

If elected for the seat, Gilbert would be responsible for representing District C, which is composed of the Heights and Mayflower areas, as well as passing ordinances and taking calls from residents.

Gilbert explained that her specific goals if elected include bringing the youth aspect into local politics by bringing back the Wilkes-Barre Junior City Council which has since been removed, as well as rejuvenate the community life.

"I want to focus on neighborhoods as there is a lot of focus on the downtown...I feel that a lot of residences feel neglected," Gilbert explained.

Gilbert, who exudes a strong sense of

determination explained that, "The best way to get something done is to do it yourself. I want to actually do something."

Currently, Gilbert has planned a campaign fundraiser for March 3 at Genetti's in Wilkes-Barre with tickets at \$40 per person.

Gilbert has more plans on the horizon once the primary draws near such as hosting a Town Hall meeting so she can hear directly from residents.

"We're here to represent the constituents and I feel that is often forgotten," Gilbert said.

Gilbert hopes that her enthusiasm encourages individuals her age to take an active role in government as well.

"Everything that is going on now is our responsibility and we need to ensure that the direction it heads in is a positive one," Gilbert said.

Gilbert plans on using her background in political science to her advantage as well to help Wilkes-Barre residents understand

what she is trying to do.

"I think when you get elected sometimes people think you're a superhero and you can solve anything but it doesn't work that way," Gilbert said.

Along with her plans, Gilbert also wants her constituents to know that she is ready to hear their concerns as well.

"Any time they have a concern, I will always be accessible and get back to them in one way or another."

Gilbert is currently running against James Burden, 58. The District C seat opened after councilwoman Maureen Lavelle decided not to seek reelection for a second term, according to an article in the Sunday Dispatch.



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## Profile of a Professor: Debra Chapman, Biology Department

By Toni Pennello  
Staff Writer

Debra Chapman, education specialist, is passionate about biology, teaching, World War II-era Germany and Wilkes.

Although she is not a professor (she has not earned her Ph.D.), many consider her an integral part of the Biology Department at Wilkes.

Chapman grew up in Dallas, Pa., and attended Wilkes.

"I've been at Wilkes since 1977, 38 years. I love it here," she said.

Chapman attributes her decision to enter the field of biology to a pig dissection she did in high school.

"It was so interesting. I remember, clearly, thinking 'I'm gonna teach biology.'"

Chapman teaches freshman-level Biology 121 and 122, as well as sophomore-level Biology 225 and Biology 105 for the students who are not science majors.

When it comes to her love for her job, Chapman does not take anything for granted.

"I was lucky... there are so many things, especially for women, that we can be now that we wouldn't even have dreamed of in the late seventies... I was lucky that I just absolutely loved the teaching field."

Chapman says her favorite part of teaching



Debra Chapman inspires students to succeed.

Photo by Gabby Glinski

is when her students say, "Oh! That's really neat, I get this!"

"Especially now with the new technology that they have, if they hear something on the radio, or they see something on television," Chapman explains, "they can actually understand the new developments that are happening in the fields of science. I mean

they actually get it."

Aside from the courses Chapman teaches, she is also involved in several outreach programs.

Chapman is the coordinator of the Women Empowered by Science program, known as WEBS, and says this is her biggest outreach program.

"We invite sixth grade girls to the campus once a month to do all kinds of sciences... it's a great experience for them because they're learning science, and they're learning in a fun environment."

WEBS also offers a week long camp in the summer, where young girls come every day to participate in science labs and demonstrations.

Chapman is also involved in an annual outreach program called Adventures in Science, which is taking place on Friday, April 24. Students from all majors are invited to help out with this event.

Chapman has very little free time; however, she likes to designate an hour each night for reading, especially World War II novels, because her mother grew up in Germany during that time.

"I'm very fascinated with how it all happened and how people got through it," Chapman said.

As a Biology Education Specialist, Debra Chapman is well loved at Wilkes; her passion for her job shows in the way she helps her students, and, the way she puts it, "I love back."



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## Kane is Able Vice Chairman Dick Kane to present at Wilkes

By Gabby Glinski  
News Photographer

On Thursday, Feb. 26, Wilkes will host the family business seminar "Eleven Best Practices of Successful Family Businesses" presented by the Wilkes University Family Business Alliance.

The seminar will be presented by Dick Kane, vice chairman for Kane is Able, Inc., a fourth-generation family business.

At the seminar, family business owners will learn specific traits and skills of successful family firms and how to apply the skills into their own businesses. The attendees will be introduced to the "Best Practices Alignment Profile," a tool used to identify the best practices within their firms.

The profile identifies how well teams are in sync with their companies' mission, goals, and ownership priorities.

Attendees will be able to create a personalized action plan to incorporate the Eleven Best Practices into their own

businesses.

Attendees will learn how they can use the relationship between the Family Business Alliance, Wilkes University and the Jay S. Sidhu School of Business & Leadership to support their family business.

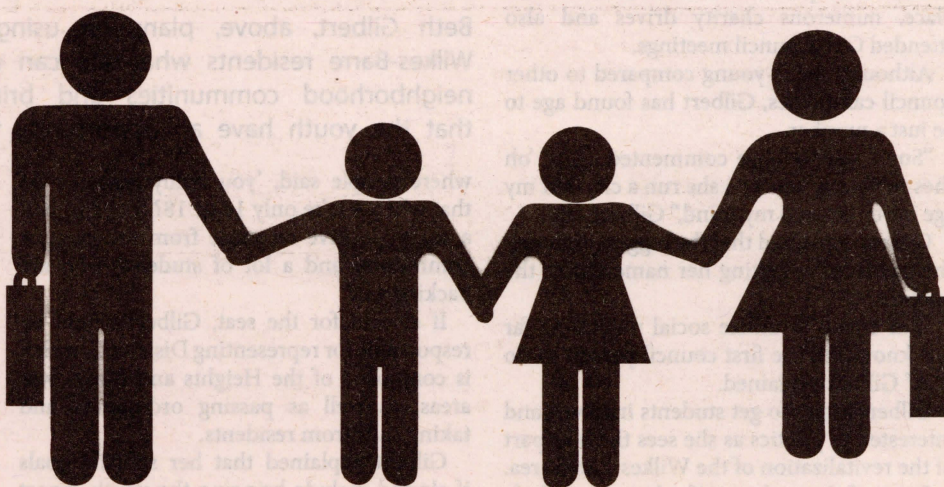
The seminar will be at the Henry Student Center Ballroom, from 8:30 - 11:30 a.m. Students are encouraged to attend.

Kane is executive in residence for the Family Business Alliance, and is Owners Council at Kane is Able, Inc., one of northeastern Pennsylvania's most successful local companies which is now in its 85th year of business. During his tenure as CEO at Kane is Able, Inc., his guidance helped to triple the size of business in 12 years.

Those interested in attending the seminar should RSVP by contacting Lorna Galliford at lorna.galliford@wilkes.edu or by calling 570-408-4590.



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Graphic by Moe Woodard

Presented by the Wilkes University Family Business Alliance, the seminar entitled "Eleven Best Practices of Successful Family Businesses" will feature Kane is Able Inc. Vice Chairman, Dick Kane where attendees will be able to learn traits and skills to be helpful with successful business planning while learning to the use "Best Practices Alignment Profile," a tool used to identify the best practices within their firms. The seminar is scheduled for Feb. 26.



# Crisis in Ukraine: Civil war tears apart homes and lives

By Pat Walther  
Asst. News Editor

The situation in Ukraine is complicated at best. There's no singular reason for the urban warfare and turmoil that has plagued the small country recently.

One can blame its dysfunctional relationship with Russia, as Ukraine was part of both the Russian Empire and the Soviet Union for a long time. But placing the blame squarely on Russia's shoulders seems a little too easy.

It's worthy to note that not all of Ukraine has fallen into chaos. The fighting that is making global headlines is happening predominantly in the eastern part of Ukraine. This has to do with the proximity of this area to Russia.

Dr. Jonathan Kuiken, an assistant professor of history at Wilkes University, explains: "Ukraine has never really been an independent country except for a few years in its history. But eastern Ukraine specifically has been in the orbit of Russia for centuries."

Many Ukrainians, even after the fall of the Soviet Union, consider themselves a part of Russia. Wilkes-Barre resident Anton Koval, who grew up and lived in Ukraine for the majority of his life, confirms this.

"There are many people that live (in Ukraine) that don't really consider themselves Ukrainian," Koval says. "They say they are Russian when asked."

The civil war in Ukraine has two distinct factions: the pro-Russian separatist rebels and the pro-Ukraine military.

One may wonder how these rebels became so well-equipped while living in a nation known for agriculture and impressive alcohol consumption (according to a report by the European Union, Ukraine is the fifth highest consumer of alcohol in the world.)

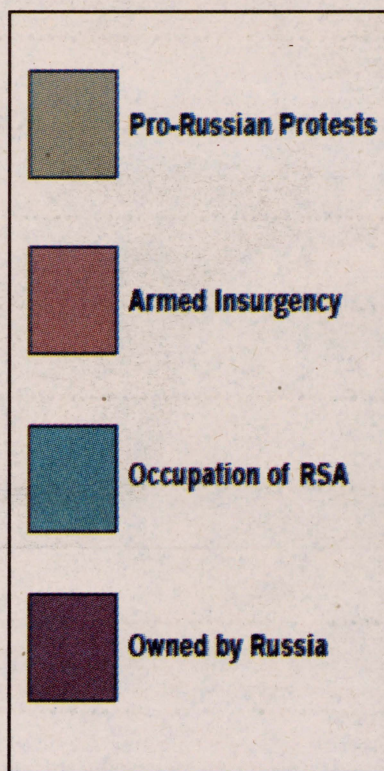
These rebels would have little chance if it weren't for Russia's support. Russia's military interference in Ukraine began a little less than a year ago.

Ukraine, which owned Crimea at that time, was experiencing mass protesting by Crimean citizens who wanted to break off and become part of Russia.

Suddenly, the conflict escalated.

"All of a sudden these soldiers start showing up in Crimea," Kuiken explains. "They're dressed like Russian soldiers, carrying Russian military equipment, look Russian, and they're called 'the little green men' because they seemingly appear over night."

These soldiers were said to be local Crimean security forces, but in the words of Kuiken, "That would be like if the Wilkes Barre police department was suddenly armed like Green Beret commandos."



This map shows the war-torn eastern half of Ukraine.

Graphic by Moe Woodard

On March 19, 2014, after heavy fighting on the Crimean peninsula between Russian backed Crimean defense forces and the Ukrainian armed forces, Crimea voted with a 96 percent majority to become part of Russia.

But Russia's involvement was widely condemned by the international community.

Kuiken elaborates, "The situation kind of ended with Russia saying, 'Well, what are you going to do about it?' and since no western nations wanted to start a war over Ukraine's right to Crimea, nothing happened."

After this incident, pro-Russia protests began popping up in eastern Ukraine. These protests quickly escalated into an armed insurgency, after which Ukraine was forced to launch a military counter-offensive.

Koval, now 43 years old, remembers the day he heard about the fighting in east Ukraine.

"I turn on the news and I see soldiers and tanks with the headline 'Fighting in Ukraine' and I know that things will never be the same."

Koval's family is split between the United States and Ukraine, and also, as he puts it, "split between supporting Russia and supporting Ukraine."

With recent cease-fire agreements being broken and the death toll rising to over 5,000, many Ukrainians are hoping a peaceful resolution is on the horizon, including Koval.



Rebel separatist soldiers on side of road

Photo courtesy of Sasha Maksymenko

"I believe in Ukraine," Koval says. "I believe in democracy. I believe that my country can get through this."

With the crisis going on its second year, the world awaits an outcome to this international power struggle.



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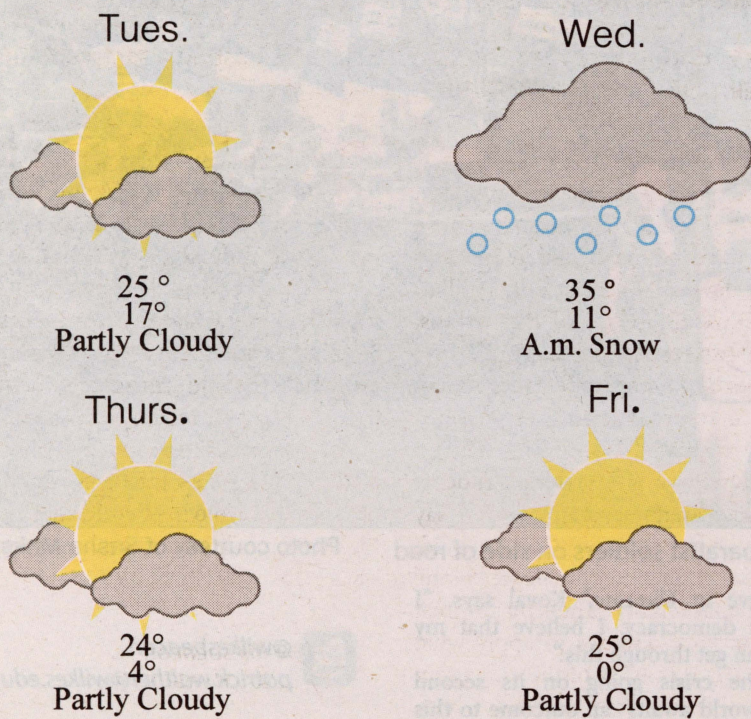
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## Dates to Know:

Spring Recess.....	February 28
Classes Resume.....	March 9
Holiday Recess Begins.....	April 2
Classes Resume.....	April 7
Follow Thursday Class Schedule.....	April 28
Classes End Wednesday..... (Follow Friday Class Schedule)	April 29
Final Examinations Begin.....	April 30
Final Examinations End.....	May 9
Commencement.....	May 16

### Weather Beat: Feb. 24-27



Forecast as of Feb. 20 taken from weather.com

## ASB collects school supplies; Preparations for Costa Rica trip

By Gabby Glinski  
News Photographer

Wilkes Alternative Spring Break committee is holding a school supply drive for students in Costa Rica in preparation for their spring break trip.

Six students were accepted into the Alternative Spring Break program to travel to Costa Rica during the University's spring break to complete community service projects. This year, the focus will be on working in the schools and coffee fields. The participants will be helping the students learn English and they will be building benches for the schools.


"I am an individual that believes in going above and beyond in all aspects. When my friend Jimmy and I learned that we were accepted onto the Alternative Spring Break trip, we decided that we wanted to do more," stated Alternative Spring Break participant

Elizabeth Bracco on establishing the school supplies drive.

Through her research, Bracco concluded that the students desperately need the school supplies to improve the quality of their education.

The Alternative Spring Break committee is in need of pens, pencils, crayons, markers, notebooks, and books for any age category. The school supplies collected will be given to the Costa Rican students. There is a box on the service desk in the Henry Student Center where donations can be dropped off. Any questions about donation information can be sent to Elizabeth Bracco at elizabeth.bracco@wilkes.edu or Jimmy Steigerwalt at james.steigerwalt@wilkes.edu.

The planning of the trip is finished; however, students can look forward to applying to the trip next year.

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# Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, A&E Editor: [Nicole.Zukowski@wilkes.edu](mailto:Nicole.Zukowski@wilkes.edu)

## College: a doorstep to professional success

By Austin Ely  
Staff Writer

The morning of the big interview is a jittery time in one's life. Stress bubbles up in one's stomach thinking about the questions that will be asked. When getting dressed one spends a lot of time picking out an outfit that says "yes I'm in college but I'm also a professional."

The outfit is not the only indicator that relays the message that you are professional. Showing that you have experience is the best way to get the position you are applying for.

Some students may see college as a doorway to a job and career.

College is the next logical step to take, with consideration of some other options such as the military or working out of high-school. Taking the extra step to get that Associates, Bachelors or Masters Degree may have been a step in the right direction, but the questions is, how can a student begin and continue to market that degree for a future beyond college?

The answer can be found in a multitude of techniques that are geared to landing a person that dream job.

There are things that must be done before a student begins to even consider a career path.

"To help students prepare for work and careers post-Wilkes, we first have to make sure that they attain the knowledge and skills to deal with searching for positions in an extremely competitive environment," Carol Bosack, director of Career Services said.

Bosack encourages students to use Career Services during their sophomore and juniors years in order to formulate reasonable career goals.

"Students have to learn that attaining a career means much more than putting their resumes on Monster and thinking that they are going to get multiple job offers, that rarely happens," Bosack warns.



Photo Illustration/ Pat Walther

The professional outfit is only one aspect of building your career. On Feb. 24, Career Services is hosting a social and public career fair open for students in the student center ballroom during club hours.

She also stresses the importance of students getting involved with the community and people within their respective majors. Connections that are made in college are important, especially professional ones.

"Use them, thank them, and pay them back in some way, some day," Bosack said.

One good step in building experience in college are internships.

Wilkes offers a variety of internships anywhere one wants to work. There are internships available locally, where students would have the chance to complete their internship credits while attending school in the fall and spring. There are also internships offered globally where the only extra cost is attributed to

where the student would live or stay.

"This past year, 43 companies attended the Internship Fair in October. Those employers were here for one reason, to meet, interview and accept only Wilkes students," Wilkes Director of Internships, Sharon Castano said.


Castano encourages students to begin to build their resumes as early as possible, even if they are blank.

"Most employers are seeking students that have had an internship or even say three when they graduate," Castano said. "The days are gone when the degree alone makes you marketable. They place great emphasis on your abilities to apply what you have learned outside of the classroom and still be able to manage school, a high

GPA and extracurricular activities."

Career Services is hosting the Social and Public Service Career Fair on Feb. 24 in the ballroom during club hours, where 25 public and services agencies will talk to students about what agencies are out there, how students themselves should dress, how they should introduce themselves, how to edit their resumes and so on.

If college was a logical step, it only proves to be a bigger step into an ever changing professional world. A world that is geared for those who connect, impress and succeed.

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# WUPB hosts Mardi Gras food and fun



The Beacon/ Rebecca Voorhees

Danica DeMesa and Val Woods sported smiles for the WUPB shark mascot that still needs a name. Use the hashtag #WUPB on Instagram or @WilkesUPB on Twitter for name suggestions!



The Beacon/ Rebecca Voorhees

Tori Rudovitz started to decorate her own mask with the glitter, feathers, and beads provided at each table.

## Asian Culture Club rings in Lunar New Year with celebration

By Nicole Zukowski  
Life, A&E Editor

The Lunar New Year was brought in with a celebration at Wilkes University.

The Wilkes University Asian Culture Club hosted a Chinese New Year celebration last Wednesday so that the Wilkes community could embrace the Chinese culture.

Each lunar new year is marked with a symbolic animal and natural element. The current new year will be the year of the Green Sheep. The sheep will also be symbolic of the element Earth based on its habitual eating and living patterns.

"I believe that diversity events are good experiences and create fun at school," Zhaoyang Wang, member of the Asian Culture Club said. "We want more people to know about the Chinese culture."

People who came out to the celebration had the opportunity to taste Chinese food and do a workshop on dumpling making.

Wang adds, "Diversity events like the Chinese New Year can not only provide a way to exchange our cultural views to others but

also brings a platform to broaden horizons of all."

The event also presented traditional Chinese dance and games for the audience to learn.

Wang holds Wilkes University in high regards in terms of accepting and understanding different cultures.

"Wilkes University is like the cosmos that includes the different stars. Each star is quite different and unique, but because of the differences among the cosmos (student body), the whole universe is able to shine," Wang said.

The Asian Culture Club plans to continue efforts for providing campus with the opportunity to gain better understanding of different cultures throughout the rest of the semester.

Pictured to the right: one of the many dishes prepared for the event.

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The Beacon/ Rebecca Voorhees



# She said, He said Opposite sexes: "Why can't we be friends?"

By Nicole Zukowski  
Life, A&E Editor

The age old question: can you have just a friendship with the opposite sex?

In the simplest definition of friendships, dynamic interactions between two people over a time period that could last months to years and even decades, one would think the answer to this question should not be so complex.

"At some point you will ask yourself 'can I date him?', which I would guess he will ask himself, too, if he could see himself with you. While that question is in your head, that can really make things complicated," junior psychology major Allison Davis said.

The level of friendship also adds to the complexity.

Davis adds, "My position on this topic is from 'When Harry Met Sally'. There is a part when Harry says guys and girls can be friends if neither of them are attracted to each other."

In the modern day, friendships have different roles. A common, modern day example exists when one person is attracted to the other friend but the attraction is not replicated: the 'friendzone'.

"One of them is going to catch feelings and a friendzone situation is going to form. No one is ever satisfied with being in the friendzone," Davis explains. "There is an awkwardness that develops and eventually deteriorates the friendship."

Another type of friendship exists when there is a mutual agreement of added benefits to the friendships: friends with benefits.

"Again referring to a movie, 'Friends with Benefits' this friendship is short lived. It does not work because one or both of them will inevitably catch feelings," Davis said. "If only one person wants more in the friendship, self-esteem problems could develop. The questions of 'why am I enough for sex, being together in the most intimate way possible, but not good enough to go to the movies and on a date with' will bother you and ruin the friendship."

There are, however, ways opposite sex

friendships do work.

One example of this positive friendship is the 'sibling-like friendship'.

"If I see you as a brother and you look out for me like a little sister our friendships will work," Davis said.

The final type of working friendship is a relationship.

"If both people end up liking each other then that's the best friendship you could have. Everyone wants to want to marry their best friend."

Friendship need mutual understandings to work.

"Both parties in the friendship need to know what level of friendship they are on to make it a lasting dynamic," Davis said.

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By Justin Topa  
Asst. Life, A&E Editor

It is not uncommon to hear the question posed: "Can a man and woman ever really just be friends?"

Those on Wilkes University's campus are split on whether or not a male and female can be friends without ulterior motives, including sexual endeavors. Many males are of the opinion that a male-female relationship is difficult to maintain and not as bonding as a friendship with the member of the same sex.

Kendric Minnich, a senior undergraduate student within the Department of Environmental Engineering, agrees that males and females can have healthy friendships, but contests that these friendships are generally different in

nature to friendships with members of the same sex.

"It seems common that a lot of guys become friends with girls because of an attraction to them, at least in the beginning," said Minnich. "Regardless of how the friendship starts or whether ulterior motives exist, the bonds don't seem as strong as the bonds built with your pals (of the same sex)."

Minnich finds that a friendship with a female can be as equally beneficial as any friendship, but said that there may be difficulty in finding comfortable common ground to relate to one another.

"Conversations and planning hang-outs can seem less organic with a member of the opposite sex," Minnich said. "It may take some work in developing common ground."

Despite the hesitation by some to form friendships with the opposite sex, there is another group of males who find friendships with females just as healthy as those with other guys. Evan Ensley, a junior undergraduate student within the Sidhu School of Business at Wilkes, is of this opinion.

"Even as a young kid, some of my best friends have been girls," Ensley said. "Topics of conversation may be a little different but, as you do in any friendship, you tailor the conversations based on mutual interests and experiences."

Ensley noted that issues may arise surrounding the way others view friendships of opposite sexes.

"A lot of people bring up dating when opposite sex friendships are seen," Ensley said. "It's usually not the intention and people suggesting that it seems romantic can really mess up the friendship."

While Minnich and Ensley both agreed that healthy friendships with females are possible and can be of great value, the two both find that differences can exist making the friendship something that needs to be developed.

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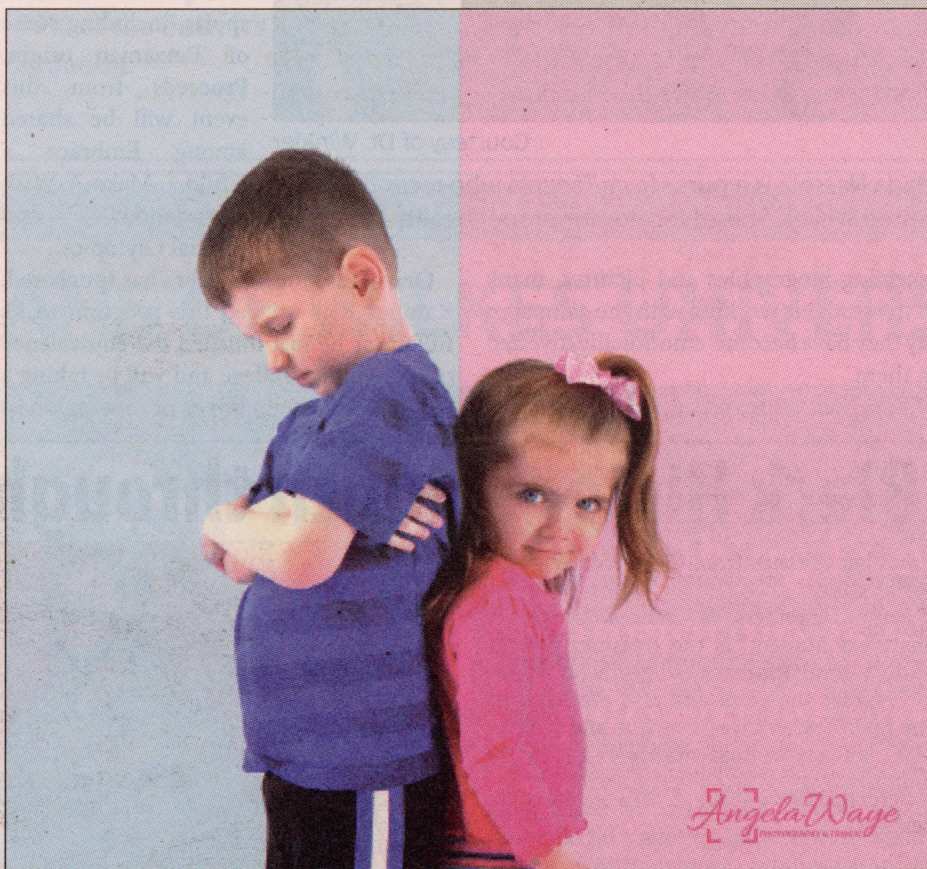


Photo Courtesy of Creative Commons/Angela Wayne Photography and Design

Developing a friendship with a member of the opposite sex may leave some feeling frustrated. Kendric Minnich finds that opposite sex friendships "may take some work in developing common ground."



# Nurse from Tanzania visited Wilkes for AIDS awareness

By Alyssa Mursch  
Staff Writer

With a scarce amount of available health care and limited resources, over 30% of children have been left orphaned by HIV AIDS in Tanzania. It is Zebra Communications', a student-run public relations firm, intent to help provide for these children.

Over the past four years, Zebra has raised over \$13,000 to help provide orphaned children in Tanzania with basic necessities, such as food and shelter, but they also help pay for their education.

"It costs about \$11,000 a year to provide housing, school, books, shoes, and food for one of the children," said Dr. Jane Elmes-Crahall, the head of Zebra.

To raise money, Zebra has held many fundraising events such as a dodge ball tournament, a formal gala, and many other silent auctions and events.

Currently, Zebra is sponsoring four children through the nonprofit organization Embrace a Child.

By sponsoring the children, they are able to further their education.

"We have so many resources here compared to the possibilities for people there," said Dr. Linda Winkler, special assistant to the Provost and director of Global Outreach. Winkler originally brought the idea to Zebra.

After sponsoring these children for several years and following their progress,



Courtesy of Dr. Winkler

Maria Nassola is a nurse from Tanzania who recently visited Wilkes. She advocates for proper health care.

receiving biographies and pictures, many of the students working with the campaign say they have become emotionally invested in them.

"We hold this process close to our

hearts," said Haley Adam, co-manager of the Embrace a Child account team. "Not only are we helping other people but it's nice to know we were a part of something like that."

On April 12, Zebra will be working with the Wilkes' Student Athletic Advisory Committee to put together a Charity Challenge. At the cost of \$5 per person, both members of the community and Wilkes' students can compete in teams of four. This event will incorporate several sports, including some of Tanzanian origin. Proceeds from this event will be shared among Embrace a Child, Make-A-Wish Foundation, and Special Olympics.

One of the students Zebra has sponsored, Kahinga, has utilized this program to its fullest, as he just finished the equivalency of community college and will be taking a test in February in hopes of moving on to

a university.

"It's amazing what these kids are doing with their lives," said Adam.

Those involved say the children show immense gratitude for the efforts that Zebra puts forth, portraying just how much of a difference this program is making in their lives.

"They make a point of thanking us," said Elmes-Crahall. "Kahinga doesn't have access to computers often, but when he does he will email. They [the emails] always start with 'thank you so much for what you do.'"

Maria Nassola, who is a nurse from Tanzania, recently visited Wilkes. She works as a midwife while also giving health lessons over the radio, which plays a large role in advocating proper health care in her community.

Nassola spoke of the need for education and medical training in Tanzania, stating that there is only one hospital that is split to accommodate two districts, both of 700,000 each. Not only are they understaffed, but only a handful of workers know how to do many of the procedures, and they are severely lacking in technology advancements.

"We're providing hope, providing possibilities, and creating capacity for individuals who wouldn't have an opportunity otherwise," said Winkler.

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## MSC celebrates Black History Month through poetry event

By Justin Topa  
Assistant Life, A & E Editor

On Thursday, February 19, the Multicultural Student Coalition hosted a poetry slam inspired by Black History Month.

Students within the Multicultural Student Coalition and other students who attended the event delivered poems written by famous African American poets, works inspired by Black History Month and slam poems. MSC also served freshly baked desserts to those in attendance.

Jaleel Sterling, a senior undergraduate student and member of MSC, delivered a poem titled "Riches", but added personal touches to the work. He dedicated his delivery to his supportive family and received

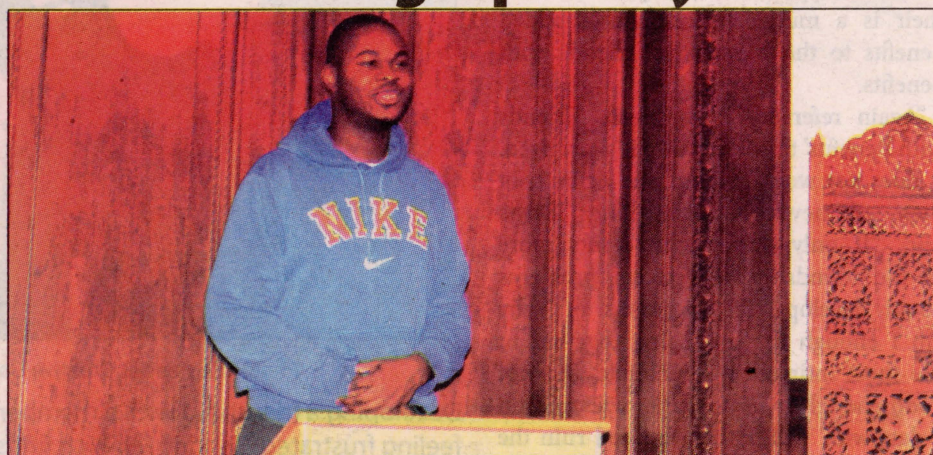
a number of snaps from the audience for his performance.

Erica Chambers, a Wilkes University pharmacy student, is the treasurer for the Multicultural Student Coalition who helped to organize the event and also participated. She said the event was a success and that the MSC is likely to hold similar events in the future.

"We wanted people to celebrate Black History Month while gaining a bit of culture and background in different forms of poetry," Chambers said.

MSC is scheduled to host a talent show in March. For more information, e-mail president Kayla Rooney.

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The Beacon/ Justin Topa  
Jaleel Sterling, shown above, read "Riches" last Thursday at MSC's slam poetry.



# 5 Things You Should Really Give up this Lenten Season

By Emily DeAngelis  
Staff Writer

We are all guilty. Chocolate, soda, sweets- giving up things that serve us superficially but do not nurture ourselves in the way the spirit of lent is intended. While it is holistically possible to do things for others rather than eliminate things from ourselves, there is a plethora of things that can be easily given up and beneficial to our lifestyles.

## 1. FORGETTING TO CALL YOU FAMILY.

It's easy to get caught up in the chaos. Mid-semester offers plenty of excuses for the lack of time, but really, we can all spare the few minutes, even if they contain twenty questions.

## 2. USING MORE EMOJI'S THAN WORDS

Admit it: it's easy to cower behind their expressive faces and sometimes tearful eyes. Time will teach that nothing easy is ever really worth it. Start finding the words for those emoticons. Miguel Ruiz's first of his Four Agreements states, "be impeccable with your word." Every email, text or call is an opportunity to use language in a powerful and precise manner. Don't let emoji's and shortcuts dilute your abilities.



The Beacon/ Nicole Kutos

## 3. BEING HARD ON YOURSELF.

99% of the time, it's not you, it's the situation.

## 4. GIVING UP.

It's easy to get down and out. This Lenten Season, let positivity be the mantra.

## 5. CHOCOLATE AND SODA.

While you're at it, join freshman nursing major Jackie Scheffler in cutting the sweets.

# HUMANS OF WILKES UNIVERSITY



The Beacon/Moe Woodard

"Anything I say that's humorous is not on purpose. It's by accident."

-Israel Rodriguez



# UNMARKED

story by Toni Pennello & Josephine Latimer  
design by Steve Dziedziak

Hair down...  
unprofessional?

Shirt too casual?

## HOW DRESS AFFECTS WOMEN IN THE WORKPLACE

Skirt too bright...  
not professional?

Skirt too short?

Heels too high...  
too sexy?





A google image search for "How to Dress Professionally" yields many similar results; the majority of these images depict women wearing what the people posting them consider appropriate attire for women in a business setting. The vagueness of the "professional" dress code for women can be a cause for concern. Many women who are graduating seniors, as well as students who are seeking internships, may soon face this problem as they enter the workforce.

Dr. Janet Starner, English professor at Wilkes University, weighs in on why this might be. "For men, there is pretty much a standard costume, and that makes them sort of fade into the background. Their clothing doesn't usually distinguish them," Starner said. Starner contrasts this with the difficulty women may have in choosing clothing for the same jobs.

"There are all kinds of ways that women can dress, but each 'costume,' if you will, each mode of dressing, sends a particular message about who that woman is, including things like whether or not she's serious, whether or not she's intelligent... all kinds of messages can be sent using clothing," Starner said.

"If that weren't the case, we would not have all kinds of how-to guides that instruct us on how to 'dress for success.' Starner attributes this to the idea of women as "marked" individuals. Deborah Tannen, linguistics professor at Georgetown University and acclaimed author, defines what it means to be "marked" in her essay entitled "There is No Unmarked Woman."

In the essay, Tannen describes how women ascribe to a certain presentation of self, whereas men have the option to blend in. She uses the example of a business conference. "Each of the women at the conference had to make decisions about hair, clothing... each decision carried meaning. Every style available to us was marked. The men in our group made decisions, too, but the range from which they chose was incomparably narrower," she

described in the essay. "Some days you just want to get dressed and go about your business. But if you're a woman, you can't, because there is no unmarked woman."

Women also tend to be pre-judged based on what they are wearing, Starner said. "You focus on what a woman is wearing rather than what she can do or say," she said. "What she says is pre-judged, or framed in advance simply by looking at what she has on."

Andrew Wilczac, assistant sociology professor at Wilkes, also comments on the fact that women have more to worry about in regards to what they have to wear in order to be deemed professional. "Me, I have to

try not to look like a slob...for a lot of women, there's a lot more image work that goes into what you're going to wear for work." He also noted that teacher evaluations sometimes skew towards a woman professor's appearance and way of dress rather than their achievements.

Wilczac spoke of stories about young female professors having comments such as, "I always liked it when she wore the red sweater," or "I liked it when she turned around to write on the board." When asked for an explanation as to why women are viewed so differently in the professional world, Wilczac points toward a lack of integration. "We haven't gotten to the point yet where we're comfortable with women working - the number of women in power are still very few." For further reading about the way women's dress defines them, readers can refer to Deborah Tannen's essay, "There is No Unmarked Woman." It can be found at:

[http://www.sjUSD.org/schools/lincoln/downloads/Tannen\\_article.pdf](http://www.sjUSD.org/schools/lincoln/downloads/Tannen_article.pdf)

**"SOME DAYS YOU JUST WANT  
TO GET DRESSED AND GO ABOUT  
YOUR BUSINESS. BUT IF YOU'RE  
A WOMAN, YOU CAN'T,  
BECAUSE THERE IS NO  
UNMARKED WOMAN."**



# Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: [frank.passalacqua@wilkes.edu](mailto:frank.passalacqua@wilkes.edu)

## Four Reasons Why "Fifty Shades of Grey" is Black & White Debunking the myths behind the controversial movie

By Ashley Evert  
Managing Editor

Fifty Shades of Grey quickly became a worldwide phenomenon when the first book was released in 2011. Four years later, it has been adapted on the big screen and is raising big questions. There are dozens of popular articles on the Internet explaining why Fifty Shades is not the sexy BDSM novel that most of society perceives it to be—it is a tragic story of sexual abuse.

Despite the fact-based articles supported by evidence from the books themselves, many individuals are overlooking the dangerous themes represented in the movie. Not sure how to battle with your friend about why they should save their money (or better yet, donate their money to women's shelters) instead of seeing the movie? Here are four reasons people give for wanting to see the movie anyway and what you can say to get them to think twice.

### 1. It's just a movie – don't read into it.

Mia Briceño, assistant professor of communication studies, said that movies can be looked at as rhetorical artifacts, "they shape our culture, our interpersonal relationships—certainly they are not the only influence we have – but if you're going to say that mass media doesn't contribute at all to those ideas and the way that we communicate and interact with each other, you're ignoring the significance of that."

"Cultural representations of sex matter. Cultural representations of sexual power matter—especially when it reinforces the social stigmas of women's repressed sexuality and that present any kind of justification of our date rape culture that says that it's okay for a man to force himself on a woman," Helen Davis, associate professor of English said.

Davis notes that sex education in schools isn't cutting it and that is why we need to read into movies.

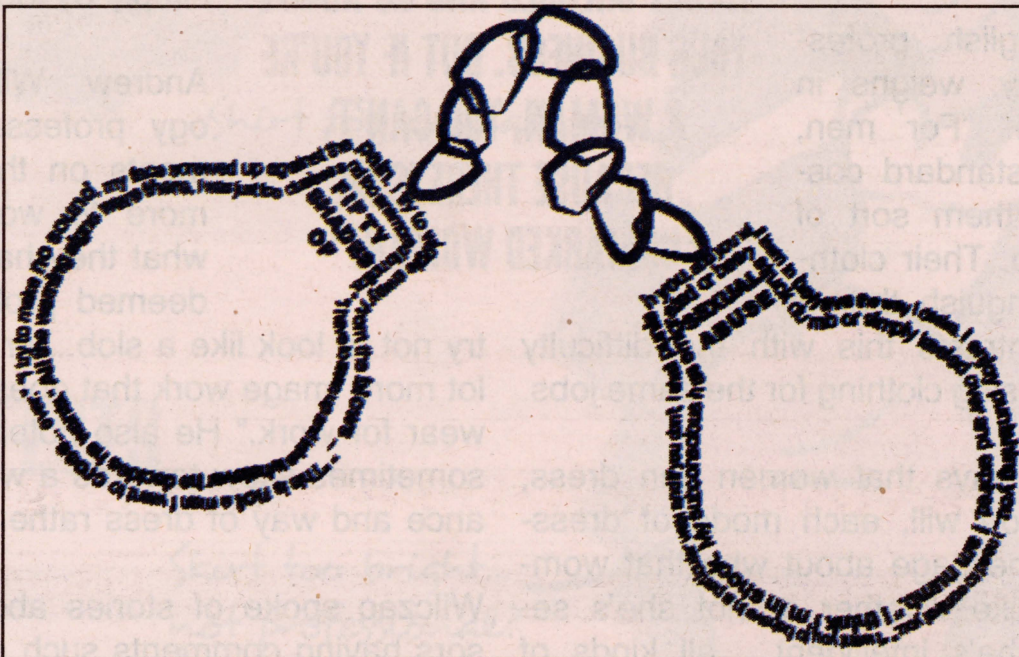


Photo illustration by Ashley Evert

"These cultural representations of sex are what most people get as their sex education," she said.

Briceño notes that we can consume the types of messages seen in Fifty Shades of Grey for entertainment or pleasure but there is a difference between being an informed receiver of these messages and consuming these messages without critically considering them.

### 2. It's just so kinky and sexy.

"Abuse isn't sexy, abuse isn't kinky, abuse isn't okay. There are much healthier, sexier, kinkier options out there that would serve that purpose much better," Davis said.

"There's a whole field of erotica that doesn't rely on either badly written tropes or badly represented ideas of sexual practice."

### 3. But Ana consents to being a submissive.

In Fifty Shades, "consent is incredibly problematic. The rules that are agreed upon by both of them are constantly violated. She constantly ends up in sexual situations that she is not comfortable with and that she has not agreed to," Davis said.

The book frames this as acceptable because Ana eventually likes it, but women have to be in charge of their own sexual experiences. Women are made to feel guilty if they say no to things they do not want to do, Davis said.

Briceño notes that because of the unequal power distribution between Christian and Ana, the book reinforces ideas that rape culture is built around like "blurred lines" and "she says no but she means yes."

"It's not just women being abused in these sorts of relationships, it's also about the way that it disproportionately affects men and the expectation that they embody this kind of masculine stereotype," Briceño said.

Miriam Grossman, a medical doctor specializing in pediatrics and psychiatry

disputes the idea that Ana is making thoughtful, detached decisions about Christian in an article on her website, [megmeekermid.com](http://megmeekermid.com).

"Christian constantly supplies Anastasia with alcohol, impairing her judgment. Also, Anastasia becomes sexually active with Christian – her first experience ever – soon after meeting him. Neuroscience suggests their intimacy could jump start her feelings of attachment and trust, before she's certain he deserved them. Sex is a powerful experience – particularly the first time. Finally, Christian manipulates Anastasia into signing an agreement prohibiting her from telling anyone that he is a long time abuser," Grossman said.

The bottom line is that Ana is coerced. Coercion is not consent.

### 4. People practice BDSM all the time.

Fifty Shades of Grey is not an accurate representation of BDSM culture. In BDSM, all parties give active and informed consent.

"People who read this book and think they want to get into BDSM culture could be in big trouble because it's not a very clear or accurate representation of that culture and, in fact, violates most of the rules in that culture," Davis said.

Equating BDSM with sexual abuse isn't doing the already misunderstood culture even more harm.

According to Katherin O'Clare in her article about Fifty Shades on [crushable.com](http://crushable.com), "All sexual relationships, whether vanilla or kinky, require consent. There is no such thing as having sex that is not based in consent. The only thing that happens without it is rape."

Why would anyone pay \$11 at a theater to see that?

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## Likes, Favorites and Followers: But what about real life?

By Allison Rossi  
Staff Writer

The first instinct of many teens today when something exciting or thoughtful happens is to post a picture or a status on social networking sites such as Twitter, Instagram, or Facebook. Social media is changing various social aspects in today's society.

The internet is an extremely influential aspect in our society. Many aspects in an individual's life can change due to social media such as job opportunities, friendships, and even relationships. Social media has transformed social aspects of society.

According to The Statistics Portal, there are more than 1.6 billion social network users world wide. More than sixty-four percent of the internet users use social media online.

Teenagers' time is being consumed by Twitter, Instagram, Facebook, and

Snapchat.

"As of the second quarter of 2014, Twitter had 271 million monthly active users," the portal stated. "Instagram had 200 million monthly active users worldwide. In June 2014, Facebook had more than 1.32 billion global monthly active users, including over one billion mobile monthly active users."

When Marissa D'Angola, a freshman who attends Wilkes University, was asked how often she uses Twitter, Instagram, and or Facebook, she responded: "On average I use social networking sites about six hours per day. Whenever I am bored or need a break from studying I check up on my followers on these sites."

Ashley Weber is also a freshman who attends Wilkes University. Weber explained that she has met important people in her life such as friends through Facebook and Twitter. Weber even met her roommate through Facebook. The

internet is extremely powerful and creates many life long connections in today's society. However, there are downsides to the internet and these social networking sites as well.

Twenty-somethings are unaware and/or forget what it feels like to not be influenced and impacted by the internet. For example, instead of an individual enjoying his or her meal or describing what they consumed at a restaurant to a friend, he or she may take a picture of it.

If something happens in one's life such as an engagement, a good test score, a good deed or a surprise, it is immediately posted on Instagram, Twitter or Facebook.

People broadcast their relationships on social networking sites as well. Whether it is a positive aspect or a negative aspect within the relationship many post about their personal lives on Twitter. There have been many arguments between couples due to their

favorites or even their Snapchat best friends.

Many individuals meet their significant others on these websites as well as through Facebook messages, Twitter, and Instagram direct messages.

The Statistics Portal explained: "In 2014, the leading dating website in the United States with global audiences was match.com with 35 million monthly users." There are many success stories. About 8 percent of 18-29 year olds admitted to The Statistics Portal to being in a committed relationship with a spouse or partner they met online.

Individuals, especially teenagers, need to remember and understand that their worth and value is not measured by the amount of Instagram likes one gets on their picture or by the amount of followers or favorites one attains.



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## More than an elective: The harm of confining black history

By Elyse Guzewicz  
Staff Writer

Ah, yes, Black History Month. The singular month of the year where we spout a few facts about whatever memorable historic event involving black people comes to mind and go on our merry way, happy to have done our good deed.

All throughout their primary and secondary school years, American children are taught a certain version of history. For the most part, it centers around "heroic" European colonizers, with a few chapters dedicated to strangely white Egyptians.

In doing so, they are taught that the history of the rest of the world is only fit to be compressed into a few short chapters – or, in the case of black history, the shortest month of the year.

Americans who identify as black make up almost 15 percent of our population and have been on American soil as long as Europeans have. The continent of Africa

is the second largest and the second most populous in the world, with Asia coming in first.

By telling our children (particularly black children) that the accomplishments of Africans (such as the invention of paper, buildings, and the human race) and black Americans (such as the invention of rock and roll and the first large-scale blood bank, among other things) aren't worthy to be included in the general curriculum, we tell them the ability to achieve is mitigated by nationality and race.

"Black history is almost nonexistent in schools. This type of education only promotes self-hatred and invisibility," says Ekundayo Igeleke in his 2014 article "The Negro Remains Uneducated."

He goes on to state that "culturally relevant curricula are important for all people, especially black people. It gives youth hope that their school cares about who they are or who they were.

"It is powerful to understand that Africans are the genesis of modern civilization. I am sure (w)hite students feel empowered when they hear of the great history of their Greek and Roman ancestors."

White history is a required course, while black history an elective. When teachers attempt to correct the wrong being done to their students, they are reprimanded or fired, as seen in Washington D.C. at Howard U. Middle School.

Wilkes student Simone Davies, who hails from Bermuda, said that her experience with black history in school focused on slavery and genocide. Bermuda, which is still technically a British colony, has a more than 50 percent black population, and yet its curriculum is, like America's, Eurocentric.

Teaching children that white people are responsible for making great changes and black people have only ever been beneath others has a darker side – it means minority students get teachers with less experience,

harsher penalties for rule violations, and more suspensions.

By choosing not to teach black history as a vital part of our development as a nation and a world, we are forcing Black students to shoulder the task of teaching themselves.

Confining the narratives and accomplishments of black Americans to a single month does not mean that there is only enough to fill up 28 days, it simply means that any person who wants to learn will have to learn on their own time and often their own dime.

"They're not going to teach us," senior Jaleel Sterling said. "We have to educate ourselves."



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# Wild: From Lost to Found on the Pacific Crest Trail

By Sara Pisak  
Asst. Opinion Editor

**Editor's Note:** *The Beacon* is rerunning this book review because the ending was inadvertently cut from last week's issue.

Cheryl Strayed's autobiographical novel, *Wild: From Lost to Found on the Pacific Crest Trail* is quickly becoming a global sensation. The text, turned screenplay, was nominated for two Oscars at this past Sunday's Academy Awards Ceremony. The movie's acclaim not only stems from the actors' performances but from Strayed's poignant words.

The novel follows twenty-six year old Cheryl Strayed as she hikes the Pacific Crest Trail from Mojave, California to Locks, Washington. Strayed undertakes this 1,100 mile hike alone, spurred by the demons of her past as well as those of the present. Strayed, using sheer blind determination to complete her trek, is accompanied by the uncertainty of her future. As the above lines work to summarize the text, one could be tempted by this description to classify *Wild* as nothing more than a new cog in the "coming of age novel" wheel, simply a book of self-discovery or a travel journal. Any one of these classifications would be a flagrant mistake for this particular New York Times Best Seller.


After the sudden death of her mother, Strayed's life begins a catastrophic tailspin. The once distinguished college student finds herself grieving her mother's death, separated from her family, addicted to heroin, entangled in affairs and ultimately divorced from her husband, all before her twenty-sixth birthday. At this time, Strayed viewed the Pacific Crest Trail as a way to set her life back on its own promising course. Not to spoil the outcome for prospective readers, however, the long, winding and tumultuous trail ironically, returns Strayed to the straight and narrow. The beauty of Strayed's text is found not in her redemption but in her honesty.

Each page of *Wild* is just that, wild. Strayed's commentary on her life is fierce, at times harsh or rough around the edges, enthusiastic, or any other

synonyms one might conjure for the novel's title. When the autobiography needs to be, it is heart-wrenching, haunting and self-reflective. Then, on a dime, the text completes a 180 degree turn. It becomes sarcastic, self-deprecating and witty. A reader needs to look no further than Strayed's own name to find her own brand of sarcastic humor. While lamenting her ending marriage, Strayed informs the audience she changed her name to Strayed as a reminder of how far in life she had in fact "strayed." These abrupt changes in the text make Cheryl Strayed what we all strive to be and that is honest with ourselves.

My personal fear, regarding this autobiography is that this honesty comes at a cost. Not everyone will appreciate the text's frankness. Strayed discusses everything from her abortion to her drug use and everything in between. In doing so, Strayed apologizes to those she has hurt, discourages others from following in her path but never regrets, as her indiscretions formed her into the person she has become. I fear some readers will not see past the occasional profanity and the controversial subject matter thus preventing them from appreciating the true meaning of Strayed's words. Her candor assists the reader to see the forest through the trees (pun intended).

A revelation occurs as one reads this book. It is: we all make mistakes, we should move on in a positive manner and we should embrace our errors. Strayed teaches the reader, not to spend precious time regretting our mistakes because without them, our life would not be enhanced but drastically lacking in personal meaning. At times, society bans literature for various reasons. With trepidation I believe that *Wild* will one day succumb to societal pressures of not conforming to political correctness. It would be a discredit for a reader not to acknowledge Strayed's miraculous feat and I am not referencing her solo trek, her transformative life, but her teachable life lessons.

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# wild

FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL



## Cheryl Strayed

Courtesy of Creative Commons

## Sara's Score:





# A life saving opportunity for Luzerne County residents

By Mandy Stickles  
Asst. Opinion Editor

Since 2002, the death rate from drug overdoses has become astronomical, ranging from 45 to 70 annually in Luzerne County. This is the leading cause of deaths compared to other death incidents in this area.

Heroin and opiates have become more popular over the years and people are becoming riskier with their drug choices, finding it cool to experiment and combine different types of drugs to get a more intense or longer high.

Drugs have become more easily available and it does not matter if the people of Luzerne County are poor or rich, it is a problem involving the whole county and needs to be addressed.

An overdose on drugs could happen to anyone, especially if it is someone that is not experienced with the drug or if people decide to mix different drugs for a new type of high.

If caught soon enough drug overdoses can be prevented; with a drug called Naloxone. Naloxone is safe to use and has been around for a while. When the central nervous system and respiratory

system begins to shut down from an overdose of drugs the Naloxone reverses the effects, saving the person's life.

Naloxone is the saving grace for drug overdoses, however, many times it becomes too late to use it because only emergency medical responders are allowed to administer the drug.

Thankfully law enforcement officials recently came to their senses and realized it does not make much sense to only allow medical responders to be able to administer this drug.

It may seem foolish to allow someone access to this drug that may have no medical experience or familiar with injections; however, if it comes down to a life or death situation and there is not enough time to wait for medical responders, people may think differently.

Having Naloxone available to anyone could also be beneficial if it deals with a younger crowd who may be scared to call the police for fear of getting in trouble.

Records show that last year in Luzerne County 63 people died from drug overdoses; if this drug can help reduce that number of deaths then it seems like a no brainer to allow people to have

access to Naloxone.

The market is selling Naloxone under the name Evzio. It is basically like an EpiPen, allowing the person administering the drug to simply stick it into their thigh and not having to worry about needles or having to know how to inject something properly.

Dr. Kimberly Welch, assistant professor for Wilkes' International Medical Pharmacy Practice voices her concern for the drug.

"The problem with Naloxone is that it works fast but not for a long time. People need to know that injecting Evzio does not completely reverse the effects of an overdose it only prolongs them, buying the victim time to get to a hospital or wait for medical attention to arrive," Welch said.

Having Evzio can become handy and reassuring for people that may know someone that does drugs like heroin or opiates. God forbid, someone finds a friend or family member lying unconscious and overdosing, knowing Evzio can save their life is a good feeling to have.

However, Evzio should not be taken for granted or used on a daily bases. Drug abusers should seek help for their

addiction and not rely on Evzio to be their back up if they accidentally decide to overdose.

When using Evzio, people should also be careful because if the drug does completely reverse the effect of a heroin or opiate overdose the victim can go into immediate withdrawal, which can be just as harmful and deadly as an overdose.

Dr. Thomas Franko, assistant professor for the pharmacy practice at Wilkes is all for the Naloxone drug and allowing people to have access to Evzio.

"Allowing people to have access to Evzio is a step in the right direction on figuring out that someone has a drug problem and then helping them get the help they need for their drug addiction," Franko said.

It might be hard or even close to impossible to stop the drug problems in Luzerne County but at least with the drug Naloxone it can help save people's lives from drug overdosing and being to provide them with the help they need.

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## Sport Court: J.T. vs Brandon

By J.T. Keer  
Staff Writer

### Heading into the heart of 2014-15

Heading into the heart of the 2014-2015 NCAA basketball season, there is one team that stands apart from the rest, the Kentucky Wildcats.

Led by Willie Cauley-Stein, Karl-Anthony Towns and the Harrison twins, the Wildcats have a roster driven by plenty of NBA talent and have 12 players who can contribute on any given night. One weakness that Kentucky has is its relatively inexperienced lineup. With Cauley-Stein as its only upperclassman that gets significant playing time, youth could play a factor come March and April when the Wildcats run into a talented experienced ball club.

With as much talent as Kentucky has, there are a few teams that could challenge the Wildcats come March. One of those teams is the Duke Blue Devils.

Duke has a similar top end of the roster as Kentucky does with their best players being underclassman. Duke has the top prospect for this year's

draft on its roster, big man Jahlil Okafor. Okafor is one of the best big men college basketball has seen in a very long time. His combination of size and athleticism makes him a force to be reckoned with in the post. Also, the Blue Devils play in arguably the nations toughest conference, the ACC, and will be more battle tested come March than Kentucky is.

Another ACC team, the Virginia Cavaliers, also will be a tough out this March. The Cavaliers play suffocating defense and have been making teams work for every basket. Led by Justin Anderson, Virginia will play hard and smart from buzzer to buzzer.

Out of the

Big 10, I think the Wisconsin Badgers pose a major threat to opponents in this tournament. With a lot of experience, the Badgers will work you until they get the perfect shot. Frank Kaminsky is a do-it-all big man that will be determined to go far this March in his final run at the title.

I think that Michigan State is playing good ball and will be a sleeper out of this conference lead by legendary coach Tom Izzo.

In the Big East, Villanova appears to be a strong contender to

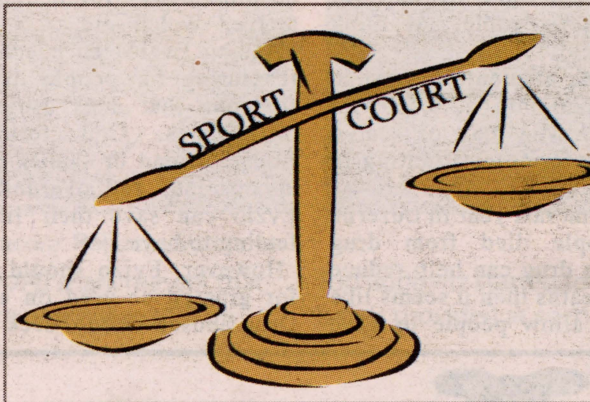
make a run at the title. Nova has a starting lineup of all Juniors and Seniors that have been playing together now for 3 years. There have been a few

games this season where all 5 starters have scored in double figures. Nova plays very well together and will never settle for the bad shot.

The one small conference team that everyone knows will be dangerous is the Gonzaga Bulldogs. Gonzaga is loaded in its starting lineup but the issue of strength of schedule has caught up to the team the last few years. The Zags seem to get shell shocked every March when they finally play a good opponent again.

My prediction for this year is that Kentucky, Duke, Virginia and Villanova make it to the Final 4 with a matchup of Kentucky and Duke in the final. Even with a lineup full of youth, I think Kentucky is too strong not to win this year's title. But, as we learned last year, nobody really knows anything when it comes to picking the champion coming tournament time.

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By Brandon Gubitosa  
Sports Editor

### Selection Sunday is less than one month away

Selection Sunday is less than one month away. Yes, you heard right. The best month of the year is almost upon us. It is the time of the year where Cinderella teams are born and your record really doesn't mean much on game day. On March 15, CBS will reveal the 68 teams that will make it to the big dance this year.

The favorite for the NCAA tournament is the University of Kentucky Wildcats. As of now they are the only team unbeaten nationally. No college basketball team has finished the season undefeated since the Indiana Hoosiers in 1976. Three other teams have entered the tournament undefeated; however, all lost in the tournament itself.

Last season the Wichita State Shockers were 34-0 before falling to the Wildcats in the Round 32. They were the first team since the 1991 UNLV Runnin' Rebels to enter the NCAA tournament unbeaten. Before the Rebels it was Larry Bird and the Indiana State Sycamores in 1979 who entered the tournament without a loss.

The Hoosiers were one of the four schools to ever go undefeated, along with the UCLA Bruins, North Carolina Tar Heels and the San Francisco Dons. The Bruins did this four times under legendary head coach John Wooden in 1964, 1967, 1972 and 1973.

The big question this year is who's going to beat the Wildcats? Four teams come to mind: The Duke Blue Devils, Virginia Cavaliers, Gonzaga Bulldogs and Wisconsin Badgers are Kentucky's biggest competitors, according to most experts.

The Virginia Cavaliers are ranked second in the nation behind the Kentucky Wildcats. They are currently tied with the Duke Blue Devils for first place in the ACC. The reason why Virginia can beat the Wildcats is the way they control the game. They are arguably one of the best defensive teams in the nation. Head coach Tony Bennett emphasizes defense as a way to win games. The Cavaliers average 58.1 possessions per game fewer than all but one other team in Division I basketball. They control the ball when they have and

make sure to use all 35 seconds of the shot clock. Their style of play has been considered boring, but it might just help them beat the Wildcats.

The Gonzaga Bulldogs are on the verge of making a run this season. They haven't been past the Sweet 16 since their 1999 run to the Elite Eight. Many people are always skeptical of the Bulldogs because of their conference schedule. However the Bulldogs are in the Top 20 from beyond the arc, and have played seven games against the Top 68 teams in RPI. In those games they are 6-1 with that one loss coming in overtime. They really haven't faced that big of a challenge in their conference schedule, but then again neither has Kentucky.

The Wisconsin Badgers find themselves with a 23-2 overall record and an 11-1 record in Big Ten play. The Badgers are poised to make another Final Four run. Wilkes graduate Bo Ryan has a great team and one of the best players in the country with Frank Kaminsky (expected to be a top five pick in the draft). The Badgers offense

is ranked first in the nation with Kaminsky leading the team in scoring. He is currently averaging 17.6 points per game along with 8.4 rebounds per game. The Badgers last season lost to the Wildcats in the Final Four and will look to get revenge this season.

My personal favorite to beat the Wildcats is the Duke Blue Devils. Jahlil Okafor is a monster and is a clear favorite to be the number one overall pick in the draft. The freshman is averaging 17.9 points per game along with 9.4 rebounds per game. He is a force in the paint and usually draws two defenders. When he does draw two defenders, he dishes it out to either Quinn Cook or Tyus Jones. Averaging more than 10 points per game and are shooting about 40 percent from behind the arc.

The senior and freshman make up arguably the best backcourt in the nation and will be a key part if the Blue Devils look to make a run toward their fifth national championship.

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# Sports

Want your sport covered? Contact the sports editor: [Brandon.Gubitosa@wilkes.edu](mailto:Brandon.Gubitosa@wilkes.edu)

## Lacrosse Club preparing to become a team in 2016

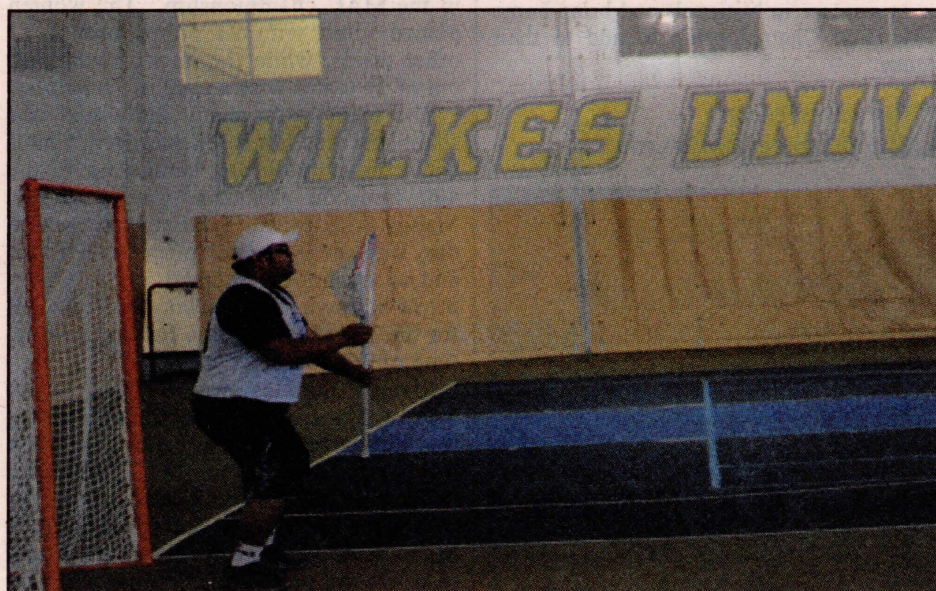
By Brandon Gubitosa  
Sports Editor

While the Wilkes Lacrosse program is still one year away from coming back, the Wilkes Lacrosse club is preparing for the transformation from a club sport to a team sport. With the addition of the Men's Lacrosse team, Wilkes will now have 20 intercollegiate teams.

Curtis Jaques takes over as head coach for the team for the first time since the 70's. In 1975 the team captured the MAC championship, that team was later inducted into the Wilkes Athletics Hall of Fame in 2007-2008.

Players from the club team are preparing for the clubs upcoming season. Last year the club played in two games, this season they will playing in five games according to sophomore Bobby Lok.

Lok is the president of the Lacrosse club, and is in charge of scheduling the club's practices and games. However he doesn't consider himself to be the captain of the club. "I wouldn't say captain, everyone is



The Beacon/Brandon Gubitosa

Sophomore Bobby Lok playing goalie for the Wilkes Lacrosse Club

a captain. We all learn from each other," he said. According to Lok the team usually

practices once a week on Monday nights. Practices usually last for an hour, but

some kids like to take it a step further and practice for two hours. The club practices all year round and games are usually played in the spring, which is in season for lacrosse. Games are played at the Ralston Athletic complex and will start up in April. Their first game is April 3, and on April 27 the team will play its first home game. Out of the team's five games only one of those games is at home. The other four are played at schools in the local area. "The guys are excited for this, I am excited for them," said Lok. This will be there last game before they officially become a team in 2016.

Coach Jaques is not affiliated with the club, and many players on the club will be trying out for the team next season. Jaques however does run drills for the team and is preparing them for next season. Until then, the Wilkes Lacrosse Club is preparing their upcoming season, and is excited for the future of the program.

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## Colonels come up short

By Danny Van Brunt  
Sports Writer

Cameron Hinkel made the winning basket for the Colonels against the Fairleigh Dickinson University Devils with a score of 89-87 on February 17.

Despite the Devil's unimpressive record of 2-22, they stayed neck in neck with the Colonels, who had a record of 12-12. The win over the Devils enabled the Colonels a chance to enter the playoffs through a win over our rivals, the King's College Monarchs.

The Colonels started out with a strong lead over the Devils, who quickly took back the lead. In the last three minutes of the first half, the Colonels scored seven points to tie 40-40 at halftime.

The Colonels took the lead not long into the second half with a score of 78-63, giving the Devils little hope of a comeback. With six minutes left, and the Devils shocked everyone by making five three-point shots,

tying the game. With ten seconds left, Tyler Jackson passed the ball to Cameron Hinkel, who shot and won the game for the colonels. Jackson led the team with 16-points, Steve Stravinski scored 14, and Alec Wizar scored 13. Hinkel scored 12-points, and Jeremy Hartman and Devin Dunn both scored 11-points while getting the team excited.

The Colonels finished their season with a 12-13 record losing their final game of the season to King's 83-76. They finished Freedom conference play going 7-7. The future is bright for the Colonels as they will be returning most of this seasons lineup.

Junior guard Alec Wizar finished the game with 19 points including five three pointers. Freshman Zachary Brunner added 16 points along with four rebounds. Tyler Jackson and Cameron Hinkel each scored 13 points.

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The Beacon/Brandon Gubitosa

Jeremy Hartman warming up for the Colonels as they battled rival King's College



## Wrestling team focused on making a run to Nationals

By Andre Spruell  
Sports Writer

The Wilkes wrestlers are currently 14-5 on the year, continuing to show their dominance and carrying on the tradition winning. Some of the standouts this year are 125 pounder Junior Guesseppe Rea who has posted a 28-2 record, Freshman 133 pounder Matt Grossman who just came off of defeating a two-time All American title, as well as Junior Kyle Diesel and Senior Dave Oberrender, who have made the transition from the 197 pound weight class to the 285 heavyweight class and have won as a result.

With the season drawing to a close, the main focus for the Colonels is the Regional tournament. The winners from that tournament will get a chance to wrestle in Nationals and achieve their goal of winning a National Championship. This year Nationals will be held in Hershey, Pennsylvania, which marks the first time ever that the event will be held on the East Coast. For the Colonels, this means more fans and alumni support at the matches.

When asked what he admires most about his wrestlers, Coach Laudenslager replied,

"Just their work ethic, their commitment. Wrestling isn't the kind of sport where you can point the finger and say it wasn't my fault so you better be making a commitment on and off the mat." With their hard work and commitment, the Colonels look to make an appearance in Nationals and bring home a National Championship to add to their legacy.

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### Upcoming Wrestling Schedule:

March 1- East Regionals  
Roanoke, VA

March 13 & 14- NCAA  
Championships Hershey, PA

## Swimming team wraps up season at MAC Championship

By Cara Basile  
Sports Writer

Last Sunday the Wilkes Swimmers took on their last day in York, PA to participate in the MAC championship. The women placed ninth with 93 points out of 12 other teams, while the men placed tenth out of 11 teams with a total of 79 points.

The team broke many individual and school records last weekend. Beth Chmil had a memorable day competing in the 400 freestyle alongside Cassie Morey, Mandy Stickles, and Lauren Merli, where they finished in seventh place in the finals and set a school record at 3:59.68. Chmil broke her own school record time as well for the 200 breast stroke, finishing with a time of 2:39.08.

Mandy Stickles was excited about making a podium spot, along with seeing the improvements the team has made throughout the season. "Throughout the season we worked hard and gave it everything we got and it showed at MAC's," Stickles said. "For a first year team we did pretty well I think, and next

year I'm sure we will be even better."

Jeff Mastrantuono, Will Hauze, and the relay team of Greg O'Malley, Chris Bright, Austin Paisley and Mastrantuono also broke personal and school marks. The relay team topped the school mark in the 400 freestyle relay at 3:28.89. Individually, Mastrantuono broke his personal school record in the 200 breaststroke and Hauze set another high mark with a new record in the 1650 freestyle.

The team hopes to grow and develop to find a higher spot on the podium next season. Stickles said, "MAC's really brought the team closer together, it is a great group of people. We support one another and encourage everyone to give it their all."

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Continued on page 21

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From left to right: Nancy Ramirez, Thurman Fogleman, Kiersten Torre, Michael Hanne, Lauren Merli, Austin Paisley, and Sarah Cole



Wilkes swimmers compete in the MAC conference.



Wilkes swimmers position themselves.

All photos courtesy Willard Hauze



Getting to know...

# Mason McIntyre

Junior Wresler

By Evan Willey  
Sports Writer

Mason McIntyre is a junior computer science major. He is from Bethlehem, Pa. He is the 165 weight class on the Wilkes' Mens' Wrestling team. In the 2012-13 season Mason finished 9-1 at 157 pounds. Last season Mason did not wrestle, he was injured.

Q: With your major what are you planning on doing after you graduate from Wilkes University?

A: I plan to become a Software Development Engineer, working at professional level to create software which will be integrated into the real world.

Q: What is your go to exercise to cut weight for your match?

A: Running hills and long-distance wearing lots of layers.

Q: Can you name a specific match that had significance in your wrestling career and why it sticks out?

A: My sophomore year of high school I wrestled a match against a Bethlehem Catholic athlete, where I was pinned in 23 seconds. This match sticks out, as I told myself I'd never let that happen again. The last dual meet my senior year I had another opportunity to wrestle the same kid, who placed 2nd in states the year prior. The dual meet hinged on this match, as he was considered the best wrestler on the team. I went out onto the mat assuring myself there was no possibility in me losing. My confidence availed and I had pinned the state runner up in 33 seconds, 2 years after my embarrassing defeat.

Q: If you could wrestle anybody in the world who would it be and why?

A: Jordan Burroughs, as I have already wrestled with Cael Sanderson and Jordan

Oliver in exhibition. Jordan Burroughs also graduated from the University of Nebraska where I attended a summer and fall semester only to shake his hand. I never actually had the opportunity to wrestle him.

Q: What is your most memorable moment at Wilkes either wrestling or just in general?

A: My most memorable moment at Wilkes was taking 3rd in the Wilkes open. A tournament where Division 1 schools are allowed enter any number of their wrestlers.

Q: Last year you were injured can you explain that injury and how you overcame it.

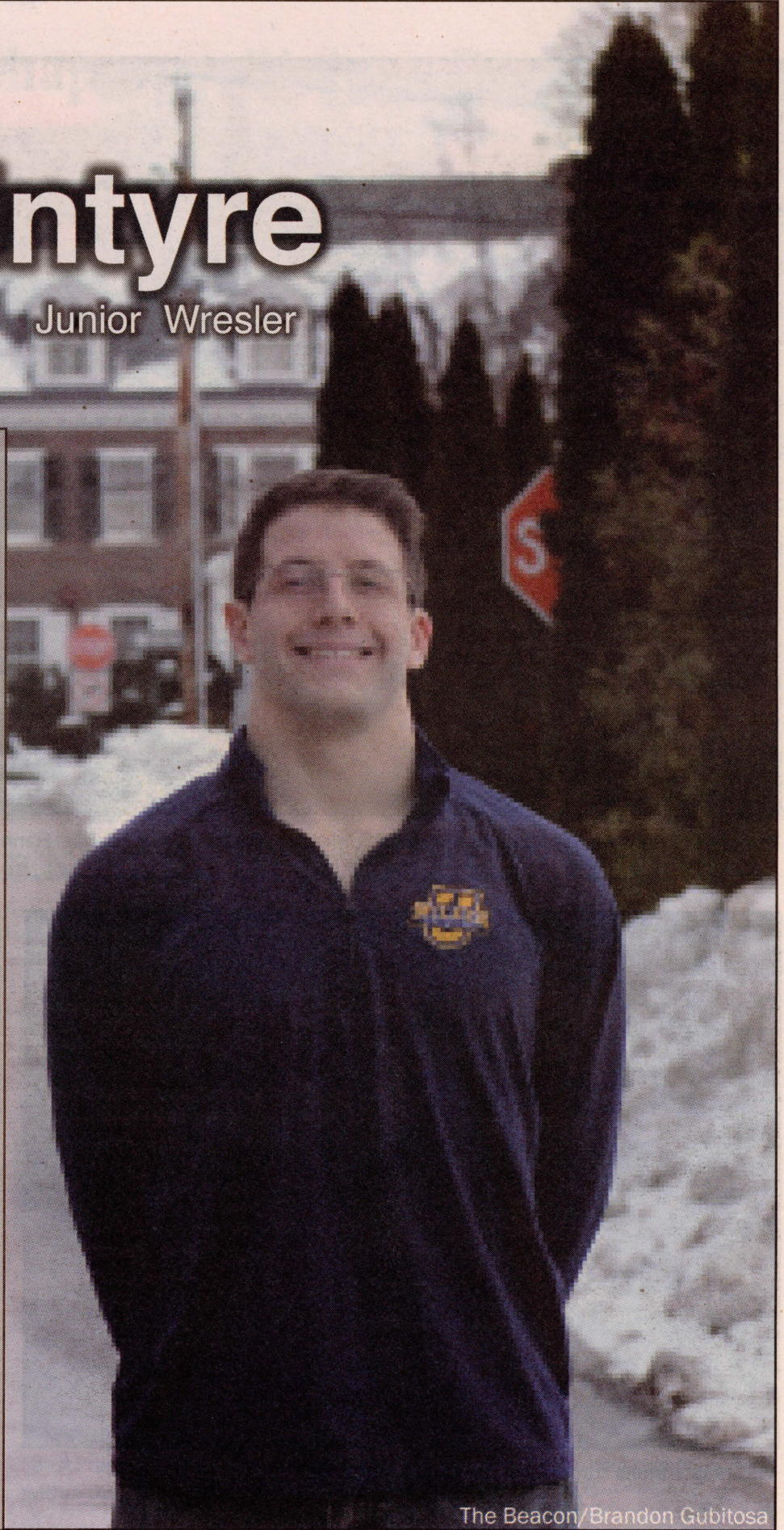
A: Last year I broke my leg, specifically my tibia. I had a plate and 8 screws put in which then caused bone infection to form underneath the metal. I needed another surgery to remove the metal, along with having a picc-line inserted into my left arm. I had to give myself antibiotics intravenously for 6 weeks, along with starting my rehab. Slowly but surely I began to walk, run and finally wrestle once again. I now walk with a bit of a limp and have a nasty scar, but that could ever stop me from competing.

Q: Other than wrestling what are some other hobbies you enjoy?

A: I like to hang out with friends, hike, fish and be outside in the warm weather. I also am a computer scientist so I have a few nerdy hobbies as well, but I really enjoy getting away from a computer screen as much as I possibly can.



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The Beacon/Brandon Gubitosa



Getting to know...

# Cameron Hinkel

Senior Basketball Player



The Beacon/Purvit Patel

By J.T. Keer  
Sports Writer

Q: What brought you to Wilkes?

A: Actually it wasn't even basketball, I am from a small, rural town and I visited Wilkes with my best friend from high school and ever since then I've called Wilkes-Barre my home.

Q: What is your favorite part about Wilkes?

A: I'd have to say it is the atmosphere and the people that go here. The energy is great on campus and the people here are friendly and outgoing.

Q: What is your major?

A: Communication Studies, with concentrations in Journalism and Telecommunications.

Q: What are you planning on doing with your degree?

A: I have no idea at the moment [laughs] but I think it would be pretty cool to write for a magazine or be a photojournalist.

Q: What inspired you to do that?

A: I've just always enjoyed writing and taking pictures so I figured I might as well try and get paid for it!

Q: When did you start playing basketball?

A: In the 5th grade.

Q: What is your most memorable moment playing ball growing up?

A: I'd have to say playing at the Giant Center in Hershey for the District Championship both junior and senior year.

Q: How has your experience gone with hoops at Wilkes?

A: It has been marvelous, it has been a privilege to play for the coaches here and I am proud to call my teammates over the years my brothers.

Q: What was your most memorable moment playing ball here?

A: I think it would have to be beating Kings at home this past year with that wicked student section showing support for us. That was pretty freakin' awesome.

Q: Where are you from?

A: I am from a small, country town called Millerstown.

Q: What is there to do there?

A: Absolutely nothing [laughs]. My friends and I usually have to make our own fun.

Q: Who's your favorite NBA or college team?

A: Favorite NBA team is the Knicks, and my favorite college team is Syracuse

Q: Favorite player?

A: Carmelo Anthony

Q: Play any other sports in high school?

A: I played baseball, was shortstop for all four years.

Q: Who is better? You or [senior] Jeremy Hartman?

A: On the court or the gridiron...I got his number.

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