Wilkes University The Beac



Sirriani to Wa

Wilkes University foot ffensive coordinator Mike irriani has decided to leave Vilkes-Barre and assume th ffensive coordinator position Vashington and Jefferson U

"When coaches get the move on and move up, i ot about that program," sa oach Frank Sheptock.

The Pittsburgh areas oser to Sirriani's hometown

"I'm disappointed, but l' ptimistic about the change uarterback Josh Bradley onfident the team will resp ke any other adversity."

Although only a coach ear at Wilkes, Sheptock irriani's relationship on an e field with the players.

"It won't affect our pro y, but it does hurt emoti

revenge

e," noted Rickrode. "But that way our team is and has b past four or five years. Our iliency is good."

Coming off the bench, fre vin Walsh scored five po ile Barrouk added four Wal Fabian added five rebounds

Wilkes outscored FDU 52 first half, shooting 67% from ee-point arc and 59% from the d. The Colonels held the Jers vils to just 34% from the field oughout the game, scoring 30 nts off of turnovers.

"When Dave gets denied the Chad does a nice job of iging up the ball," said Rick e's been doing more than sh and we hope to continue and p it up.'

The Colonels return to action irday when they travel to ravian, before hosting King's dnesday night.

orrection

Beacon would like to ogize for reporting the ect women's basketbal n last week's paper. The score was Lycoming 6 58. The Beacon and the staff regrets the error.

Design a new

masthead

The Beacon is holding a est for the best design of a page design to be used as weekly focal point for the mint voice of the students of

Wilkes University. Design what you think The masthead should look like. The best design will appear on the cover of The n for the rest of the year. The design must include The Beacon name and a e of a beacon. Entries can ropped off at The Beacon e on the second floor of Hollenback Hall.

News

inter Weekend teams

page 2

Features

Special Valentine's Day

page 6

Sports

llen's hoops move into irst in Freedom League

page 7

Check out our website.

ss from- www.wilkes .edu

Condoms on campus

By FRANK TOMASZEWSKI Beacon News Editor

Got condoms? It may not be as popular of a slogan as the Dairy Association's, but some think it should be. This is especially true in an atmosphere such as a college

They are fairly easy to find on campus. They are conveniently stored with your favorite candy bars in the Pickering Hall vending machine. Several varieties are on display directly across from the notebooks in the bookstore. Or better yet, drop by and see your friendly nurse Diane O'Brien at Health Services in Evans Hall for all the free condoms a student. can possibly imagine.

Wilkes is the only local school that does provide a form of birth control to its students. According to the Health Services' of King's College, University of Scranton, College Misericordia, and Marywood College, none of them believe in following Wilkes' act of the free condom giveaway.

National Condom Week coincidentally starts on St. Valentine's Day and lasts until February 20.

This week, which is strongly supported by Planned Parenthood of America, is a time to be aware that condoms can protect against pregnancy and sexually transmitted

However, here on campus, there other from a religious one.

The first side is supported by Diane O'Brien R.N., who is the head nurse of Health Services. She has worked at Wilkes for ten years now, and was well aware that National Condom Week is coming up.

O'Brien said that distribution of the free condoms has been going on as long as she could remember. She said,"there used to be dispensers in the men's bathrooms to get the condoms, but this way is a better

LifeStyles is the brand that is chosen for several reasons. This particular brand contains extra strength Nonoxynol-9, and is also highly recommended in numerous medical journals.

"There are more and more females asking for condoms in the past several years. We go through about 2,000 per year," said O'Brien.

Another observation is that many Resident Assistants are asked for condoms. Students feel more comfortable going to someone their own age for them.

"Students rarely ask for advice on use of condoms or other forms of protected sex,"said O'Brien. However, there are numerous informative pamphlets available in the waiting area that cover different health related issues.

"There are free pregnancy tests available through us. But we do not do women check-ups here at Wilkes. If a student does find out that she is pregnant, then she is referred to a clinic or her family doctor,"said O'Brien. "The sad thing in this case is that the girl rarely decides to keep the baby,"she added.

"There are more and more females asking for condoms in the past several years. We through about 2,000 per year."

> Diane O'Brien R.N. **Campus Nurse**

Some state that distributing free condoms promotes sexual acts on campus. O'Brien argues,"No, not at all, I actually think that you should take responsibility whether they are free or not. That doesn't decide whether you are going to have sex or not. If I can prevent one more pregnancy or STD, then it's helping. I'm not going to stop them from having

For the religious side, there is no better individual to go to for advice than Mary Hession. Hession is the leader of Wilkes Campus Interfaith and Volunteer Services.

When asked about the distribution of condoms by Health Service Hession gave a neutral answer. She said, "It's no longer an

anti-pregnancy issue. If you are just using the condoms to avoid getting pregnant, then you should watch your activity. Don't view a condom as a license for free sex. Don't just have rampant sex.'

She went on to explain that there has been a change of times from when condoms were originally frowned on by the church. Back then the only fear



without the use of condoms was pregnancy.

Hession also said, "Don't feel that you have to have sex with him or her just because you went out to dinner together. People are starting to look for more stable relationships lately."

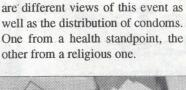
Compared to the 1970's, Hession pointed out that more people are concerned about finding a steady boyfriend or girlfriend and taking it slower. She said that this is most likely do to the risk of numerous STD's.

Hession said, "Wilkes is not a religious institution, it is however a moral institution. Wilkes promotes the total person, and health is definitely part of it."



Photos By Frank Tomaszewski

Mary Hession doesn't believe condoms should be used just to avoid pregnancy.





Basket of condoms available at Health Services in Evans Hall

By FRANK TOMASZEWSKI Beacon News Editor

Do not pass go, do not collect \$200, go directly to Wilkes University campus to take part in Winter Weekend 1999.

Its
that
time of
year
again
when
students
need a
little break
from their
studies. It
seems as
if all the papers

are due and exams are scheduled for the same week.

This particular down period, which falls right in between Intersession and Spring break, can easily be cured by a few days of pure shenanigans. For this reason, Winter Weekend was invented. This is a three day event held across campus that includes different

games to compete in. There are teams made up by large groups of students who go all out to earn the most points for their team.

Each year Winter Weekend has a certain theme to it. This year's theme is board games. From this

theme, the teams normally get shirts, cups and other novelty items made up sporting the logo and name of their team.

This year there are 17 teams registered.

consist of: Beeropoly, Pooh's Honey Pot Hunt, Thirsty Thirsty Hippos, Drunk-n-Smashed, Brandyland, Shots and Lagers, Shotzee, Sorry, Drunken Drunken Hippies, Operation Intoxication, Absolut Monopoly, Brew, Dizzy Dizzy Drink Some More, Manigottapee, Bud Lite, Aunt in My Pants, and Tiddlie Drinks.



Wilkes University will host the 23rd Annual Employment Fair in cooperation with College Misericordia, King's College, the University of Scranton and Marywood University.

The fair is scheduled for February 17 from 1-4pm in the Henry Gymnasium. There will be at least 82 different employers presenting information about career, internship and summer employment oppurtunities.

Companies ranging from

Planned Parenthood

Allied Services to the Xerox Coporation will be available to talk to about employment.

A resume should be brought along and business attire should be worn.

Dorothy Lane Director, Career Services, said, "Seniors are strongly encouraged to attend. Juniors, as well as alumni are also welcome."

For additional information contact Dorothy Lane at 831-



Photo Courtesy University Relation

Members of the theater department pose for "Anything Goes" which will be performed at Wilkes this west

Anything goes at Wilker

By DEENA M. GUADAGNO Special to The Beacon

Wilkes University's Department of Visual and Performing Arts will showcase the musical production of Cole Porter's Anything Goes in the Edward Darling Jr. Theater of the Dorothy Dickson Darte Center for the Performing Arts, South and River Streets, Wilkes-Barre.

The show will run February 13-14 and 19-21, 1999, at 8 p.m.

Matinee performances are scheduled for February 14 and 21 at 2 p.m.

We are first introduced to the passengers of the S.S. American as they board ship in New York City. Among those setting sail are the seemingly happy couple Hope Harcourt, played by Colleen Denver of Chester, New York, and her fiance Sir Evelyn Oakleigh, played by Nicholas Adler of Allentown, Pennsylvania, along with Hope's meddling mother, Mrs. Harcourt, played by Heather Webb of Old Lyme, Connecticut.

Nightclub singer, Reno Sweeny, played by Corinna

A. Sowers of Auburn, Pennsylvania, boards the sinext, accompanied by her five dancing angels and friend Billy Crocker, played by Ryan Ward of Dalas who came to bid her farewell on her journey.

Billy Crocker and Hope Harcourt meet before ship sets sail. It becomes apparent these two havens before and there is a chemistry between them. Billy determined to steal Hope away from the stuffy St Evelyn despite the fact that he has no ticket for the start.

Aside from the love triangle, we also learn that a notorious Public Enemy Number 13, Moonface Man played by Robb Brown of Dallas, and his sident Bonnie, played by Tila Paris Angley of West Phista are also aboard the S.S. American trying to the accountry.

Anything Goes is directed by Adam Hill, and residence at Wilkes, with the help of musical dram. Amy Lieberman, visiting assistant professor of max. Behind the scenes, stage manger J.E. Geller, see designer Pat Smith, and lighting designer Jamie kin assisted in making the show a success.

Tickets are \$10 for adults and \$5 for stube faculty, and senior citizens.

Lessons That Will Last A Lifetime.

OFFICER TRAINING SCHOOL

Put that college degree to use by enrolling into the Air Force Officer Training School. Upon successful completion of the Officer Training School, you will become a commissioned Air Force officer with earned respect and benefits like —great starting pay, medical and

AIM HIGH

AIR

FORCE

www.airforce.com

dental care, management and travel opportunities. For more on how to qualify and get your career soaring with the Air Force Officer Training School, call 1-800-423-USAF, or visit our website at www.airforce.com

Check out our web page at www.wilkes.edu

Disney to audition at Marywood

Walt Disney World recruites a coming to Marywood University of February 17. They will be hold interviews for the College Prograinternship. This internship is opened all-majors and lets you see the interviews of a Fortune 500 company.

The College Program consist three parts. These are the limit learning, and earning aspects. It are students selected from all over world and are appointed to workding in one of the parks at the resont.

If you are interested in apple for the internship, you will have use up with Carol Bosack on the sam floor of the Max Roth Center. Dear Editor: There is

The Beacon.

way the United subsequently be not bombed by the instead of conder gunships and F-pursuit of Kurds nothing. Only Contere is little protonave weapons of

Is the dou much wealth and Third World coun control of foreign have nationalized governments whice measures, etc.. are of wealth are born follow orders.

In the globalittle puppets are lineceive an unfrience

P. S. It is a useful ex legree of coverage country were strafing twould probably so the hottest news item

Letters should include signed in order to be p 10:00 a.m. on the Tue

The Stude
AIDS Aware
Committee
the Nursin
Students
Organization
sponsorin
National
Condom We

The groups will have a stark Lobb week and will be handing out condomand information at condoms.

Planned Parenthood During National Condom Week, February 14-20 JUST WEAR IT. 63 N. Franklin Street WILKES-BARRE 570-824-8921 or 1-800-230-PLAN

There's only **ONE WAY**

to go for FREE CONDOMS...

Letters to the Editor

Trouble in the Third World

There is a glaring problem, but almost totally unmentioned, double standard in the the United States conducts bombing campaigns. Iraq invades Kuwait and is mently bombed by the United States. Indonesia invades East Timor and not only is bombed by the U.S., but is supplied with weapons. Turkey attacks Kurdish villages, and and of condemnation, economic sanctions or bombing, Turkey receives helicopter os and F-16s from the United States and permission to invade northern Iraq in it of Kurds. Apartheid South Africa invades Angola, and the U.S. government does mg. Only Cuba comes to the aid of Angolian government. Israel invades Lebanon, and ris little protest from the U.S. government. Incidentally, both Israel and South Africa weapons of mass destruction.

Is the double standard due to oversights, mistakes, stupidity, or are people with so wealth and power simply sleepwalkers? I think there is a very logical explanation. rd World countries which open up their land and resource for the exploitation and of foreign investors are deemed not bombable. Socialist countries like Cuba which nationalized foreign properties are very bombable. Countries with nationalistic nments which act independently, erect tariffs, fail to comply with IMF austerity mes, etc.. are also bombable. Nations which promote a more egalitarian distribution walth are bombable. Countries like Iraq are sitting on immense oil reserves had better

In the global capitalist system, those Third World countries that don't act as good puppets are likely to be bombed, have economic sanctions imposed on them, or ive an unfriendly visit by the CIA!

> Sincerely, Gary Sudborough 13824 Fidler Ave. Bellflower, Ca. 90706 562 925-4628

It is a useful exercise in noticing the propaganda role of the U.S. media to imagine the e of coverage and depth of outrage that would occur if Cuba or some other socialist ry were strafing and bombing part of its population, as Turkey is doing to the Kurds. uld probably surpass the O.J. Simpson trial and President Clinton's sex life as one of ottest news items in history!

Letters to the editor guidelines:

etters should include your name and phone number. They should be no longer than 250 words and must be med in order to be printed. Letters will be printed in the order they are received and must be submitted by MO a.m. on the Tuesday prior to publication. Letters can be sent via electronic mail, intercampus mail or dropped off at The Beacon office.

Editorial — Too much about sex

National Condom Week, Valentine's Day, MSC Dating Game Dance and a column about Winter Weekend. Has Wilkes University and The Beacon ever been more coincidentally aligned with the topics of sex, love

We know that Winter Weekend, a dating game and Valentine's Day don't necessarily have sexual implications tied to them, but many college students jump at any opportunity to have sex.

Winter Weekend is the time of year when more students gather on campus for the sole purpose of having a good time than any other time of year. As is the case when hundreds of college students gather for any reason, drugs and alcohol are involved. And as is the case with any activity where drugs and alcohol are involved, people want to have sex. This doesn't include everyone, but sex only takes two.

It's also difficult to think of a dating game where young adults are involved when sex isn't on the minds of at least some of the contestants. Why else would MTV cast Jenny McCarthy and Carmen Electra (not television's most talented actresses) to host their dating

Is the university encouraging students to have sex? We are the only university in the area that hands out condoms to students with no questions asked.

Is the university encouraging students to drink? Why also would the names of Winter Weekend teams include the names of alcoholic beverages?

Is it a coincidence that the week when all of this information hits the press and takes place, President Chris Breiseth is out of his office? Is this just a way for the university to turn their heads away from the behavior of the students? Breiseth was not available for comment on our page one story.

Everyone knows that college is a time to learn. What some people don't know is that the things students learn most about do not take place in classrooms. They take place in dorm rooms, and at parties.

The Beacon is not saying that the university is irresponsible. We just feel that these are questions that everyone should ask themselves.

ourt meet before the t these two have met from the stuffy Sir

ncing angels and her

yan Ward of Dallas,

ner journey.

y University Relations

at Wilkes this week

tween them. Billy is no ticket for the ship. we also learn that the 3, Moonface Martin, as, and his sidekick ley of West Pittston,

Adam Hill, artist-inof musical director professor of music. J.E. Geller, scenic esigner Jamie Kurtz cess.

an trying to flee the

and \$5 for students

audition wood

The Student

IDS Awareness

Committee and

Organization are

the Nursing

Students

sponsoring

National

Condom Week

he groups will have a

ble is Stark Lobby all

anding out condoms

ndinformation about

week and will be

condoms.

orld recruiters are ood University on will be holding College Program rnship is opened to you see the innerne 500 company. rogram consists of are the living, ng aspects. There d from all over the ted to work directly at the resort.

rested in applying ou will have to sign ack on the second th Center.

Garnett Insurance and Notary 659 Market St. Kingston



Auto - Home - Life - Commercial Flood - Motercycles LOW RATES - GREAT SERVICE Mutual Funds, IRA's Should You Roth?

Open 52+ hours/week

Title Transfers - T-Tags Full Notary Agent

Across the Market St. Bridge, Last Bldg. on Rt. Before Wyoming Avenue. Ph: 570-331-7420 Fax 570-331-7422

The Beacon

Box 111, Wilkes University Wilkes-Barre, Pa. 18766 (717)-408-5903 or 408-2962 Fax (717)-408-5902

E-mail: beacon@wilkes1.wilkes.edu

Editor in Chief-Scott Veith News Editor-Frank Tomaszewski Features Editor-Joanna Gaydos Sports Editor-Corey Yanoshak Copy Editor/Distribution Manager-David DiMartino Copy Editor-Larry Lewis Web Manager-John Bruett **Business Manager-Sandie Kramer** Subscriptions Manager-Vanessa Scheffner MAC Technician - Joe Porto

Advisor-Joe Valenti

Background Info.

Established in 1947 ·A warded by the **Association Scholastic Press** Association Printed on Thursdays, with exceptions for school holidays and final exams •1,100 to 2,500 papers are distributed weekly ·We're on the World Wide Web:

http://wilkes1.wilkes.edu/~beacon/ index.html

The Beacon is the student newspaper of Wilkes University. All editorial decisions are made by the student editors. All opinions expressed within *The Beacon* are those of the author or source quoted. The Beacon office is located on the second floor of Hollenback Hall.

I can't be "under the table On Campus and dreaming"

with Matt Sowchik

Well I'm back. My first article of the second semester and to tell you the truth I'm not sure if I thought it was going to happen. There has been a lot of changes with The Beacon from what I understand, but I'm truly glad they figured stuff out and asked me to write for them again. Anyway let's get down to business.

I think it is only proper for me to write this week about a great event that will soon bestow itself amongst the great students and faculty of Wilkes University. A tradition that has happened for many of years that has mixed the ingredients of students, faculty, community service, and partying. Yes I'm talking about Winter Weekend. The three day weekend of organized competition in such areas as athletics, spirit and partying.

Each year it seems that Winter Weekend is improved just a little bit from the last one. This year will be no different. For all of you out there looking forward to this weekend as much as I am, I wanted to write this week to let you know about the small change that is happening to Winter Weekend.

Everyone knows that the Spirit contest and Volleyball on Friday are tons of fun and that the games on Saturday are perfect just the way they are. Both of these functions bring forth the true atmosphere of Winter Weekend. I guess the saying that best goes with these two days is, if it's not broke then don't fix it. So this is just what they did, they left those two days alone and I'm sure that they will be just as good as the past years.

What was changed, (and for the better) was Thursday night. Over the past couple of years Thursday night of Winter Weekend has been a joke. Teams would come to the dance to sign in, get their points, and then leave. Well not this year. This year you can still get points for coming, you can even get points for bringing canned goods for the local soup kitchens. "Wow" you say "that is a huge change, this really makes me want to dance." Well that is not all that we have changed. This year we got a 15 foot inflatable twister that will be placed in the multipurpose room for a competition during the dance.

17 teams + 20 people on a team + a dance style atmosphere where both men and ladies are dressed to perfection + all the pre dance, party celebrations + a 15 foot inflatable Twister.

I'll I have to say is this is ingenious. Not only will a team be able to earn points for their team by winning the twister competition but I think it's safe to say just by looking at my Winter Weekend equation above that this will be a very good addition to the Thursday night dance. So instead of thinking that it is just going to be another lame dance just imagine who's body you might have to twist around to pick up points for your team.

In the end all I can say is that there are three more teams than last year, there are all new games and things to win and that there is still that excitement in the air. It's going to be a great time so make sure you take advantage of it.

All things aside I just wanted to point out the good things that come from Winter Weekend. For Each canned good we receive on Thursday night we will give the team that brings it one point. All these canned goods will be given to a local soup kitchen. We also collected 675 dollars for charity, thanks to the registration fee's for Winter Weekend.

Dear Beacon readers.

Next week, The Beacon will be returning to the twelve page format that has been seen for the past few years. Although we have already added new story ideas, columns and editorials, we are not finished. Our search for editors and managers is complete, but our quest to put out the best, most interesting, most informative newspaper for the students of Wilkes University

We have assigned a writer to cover student government. He will keep ypu posted on everything that happens at student government meetings and what plans SG has for the

Starting this week, we have a bi-weekly fitness and nutrition column from Brian Kephart, Wilkes University Athletic Trainer. We will also add a biweekly campus security update.

This week, we also feature our replacement for Dan "The Movie Man" Lavelle. Colonel Hogan and Colonel Klink will take us to the theatres and tell us about the hot new releases. The Beagle, an online magazine created by Wilkes students, has given The Beacon the rights to their weekly top 10 websites.

We will still bring you a bi-weekly internet and computer report from John Bruett, Beacon Web Manager.

Our new masthead, designed by The Beacon editorial staff, contains the slogan that will keep you reading and keep us on the ball. That slogan is "A paper for the students, by the students."

> Enjoy, Scott Veith Beacon Editor in Chief

So what's new for this week? Well, for all you loversout there, here's a reminder. Valentines day is Sunday, But I'm sure everyone already knew that. Aside from that lovely day, (gag me) and basketball games on Saturday and Wednesday (by the way, it would be nice to see more than the diehard fans at every game and not just the really big ones), there are actually a few things to do this week.

This Friday, The Multicultural Student Coalition is putting on the MSC Dating Game Dance. The DJ will be Jake da Strippa from Power 99 out of Philly. This will of course be in Rumors from 9 pm to 1 am. Admission in \$3 There will be dating games throughout the evening. So, if you are bored Friday night, check it out. Who knows, you might even find that special person. If not, you'" at least have

For everyone that is looking for a summer job or seniors like myself who will be unemployed after graduation, there is an employment fair on Campus. The fair will be on Wednesday, February 17 from 1 pm-4 pm in the Gym. The prospective employers will be accepting resumes. Dressing appropriately couldn't hurt.

That's about it for this week. If you have any questions or comments, feel free to call me at Ext. 5966 or email meat roshm@wilkes.edu.

Also, if you have any complaints or concerns about security on campus, let me know. I'm the chair of the security committee for Student Government and I can get your complaints to the right person.

The Schedule of Events contains only campus related events and activities that take place on or near campus. This calender is used to inform students, faculty, and the rest of the Wilkes community of what is happening at Wilkes. Events that involve campus groups that take place off campus or out of walking distance for students will not be included. If you would like your event included, please drop off a schedule or announce ment at The Beacon office located on the second floor of Hollenback Hall.

Thursday, February 11

*Roller Hockey Club meeting, Marts Center, Multipurpose room. 9 pm

Friday, February 12

Lincoln's Birthday

*"Meet Joe Black," Stark 101. 7:30 pm

*MSC Dating Game Dance, Rumors. 9 pm-1 am

Monday, February 15

*Women's Basketball vs. Baptist Bible, Marts Center, Henry Gymnasium. 7 pm

*Men's Basketball vs. Lycoming, Marts Center, Henry Gymnasium. 8 pm

Tuesday, February 16

*Donut Day Bake Sale, Stark Lobby. All day

Wednesday, February 17

*Job Fair, Marts Center, Henry Gymnasium. 1 pm-4 pm *Roller Hockey Club meeting, Marts Center, Multipurpose room. 9 pm



Doug Sn "Drinkin and watc Daytona



Tim Popo "Going ou ner with m friend."



Rachel Hammon "Cooking a for my boy

with Mike Rosh

or all you lovers out is Sunday, But I'm romthat lovely day, day and Wednesday han the diehard fans oig ones), there are

tudent Coalition is ice. The DJ will be Philly. This will of a. Admission in \$3. the evening. So, if t. Who knows, you t, you" at least have

mmer job or seniors er graduation, there he fair will bo on pm in the Gym. The gresumes. Dressing

have any questions 5966 or email meat

or concerns about chair of the security and I can get your

mpus related events impus. This calender e rest of the Wilkes s. Events that involve is or out of walking d. If you would like nedule or announcene second floor of

Center, Multi-

7:30 pm s. 9 pm-1 am

farts Center, Henry

s Center, Henry

by. All day

ium. 1 pm-4 pm Center, Multi-

ipus features Around Campus

Roving Reporter with Frankie T. What are you doing for Valentine's Day?



Doug Snyder-"Drinking beer and watching the Daytona 500."

Tim Popovich-

"Going out to din-

ner with my girl-

friend."



Tom Lavan-"Working, but thinking about the woman."



Stephanie Smith-"Going out to dinner."



Rachel Hammond-"Cooking a stir fry for my boyfriend."



Sandy Serafin-"Babysitting."

Weekly Top Ten Web Sites

10. Michael Witbrock's fabulous page shows all of us amatuers the right way to cook. Not very exciting, but a lot of good recipies — especially if you've been looking for the recipe for apricot balls. (you can find it under desserts) http://www.cs.cmu.edu/People/mjw/recipes/

9. One of the web's finest auction sites. Anything from a collectible Annie Oakley doll to a beautiful hand painted milk glass oil lamp. Also, a great site for sports collectibles.

http://www.ebay.com/

8. Miss your sweetie? Forget your mom's birthday? Cheat on your wife? Not to worry. Send him or her a personalized card from Blue Mountain. Everything from birthday, to wish you were here, to sorry for sleeping with my secretary cards. Much cheaper than Hallmark.

http://www1.bluemountain.com/

7. Discover the cosmos. View pictures of the universe through the eyes of professional astronomers. Have you hugged your Hubble today? http://antwrp.gsfc.nasa.gov/apod/astropix.html

6. As if being television's most notable music authority isn't enough. http://www.mtv.com/

5. What did the stupid @#&% say to the mother@*\$^#! during sex? Find out at PornoJokes.com.

http://www.pornojokes.com/

4. Mike "The Big Cat" Macenko, the world's greatest professional softball player. Find out all about professional softball, weight training, and other random garbage. http://www.bigcat844.com/

3. Springfield: A great place to live. As Marge would say, "What da dil-e-yo?" http://www.foxinteractive.com/products/vspringfield/mainframes.html

2. Purple monkey dishwasher lead us to this wonderful site, and I must agree this page is pretty bad. I think it was the random COW PIE thrown in there that did it

http://www.suresite.com/or/p/purple/

1. What's wrong with a little free publicity? I guess this is fair since we compiled the list. Visit The Beagle today.

http://wilkes1.wilkes.edu/~lewislp/

Top Ten List courtesy of The Beagle. Visit The Beagle at http://wilkes1.wilkes.edu/



800-838-6411 www.classtravel.com



(AN(UN - JAMAI(A

Features Entertainment

The Militant Movie Review & More

by

Col. Hogan and Col. Klink

The new Wilkes movie critics are Col. Hogan and Col. Klink. You may recognize these names from the old sitcom "Hogan's Heroes," but these are not the same people. They are merely relatives of the same people. Now for the movie.

"The Thin Red Line" takes place on the island of Guadalcanal. During an American invasion we gain insight on the characters' of several soldiers while witnessing classic blood and guts battle scenes. The plot was difficult to follow with the many subplots randomly touched on throughtout the entirety of the motion picture. Characters of subjugated worth appeared in sporadic scenes where their roles were ill-explained and relegated to anonymity. This movie also probed into the philosophical points behind warfare and "The Thin Red Line" between sanity and madness.

Col. Klink: I thought director Terrence Malick did an interesting job of contrasting Speilberg's "Saving Private Ryan," the only problem was that if you were expecting a sequel to "Ryan" this was not it. Much like I was, you would have been disappointed!

Col. Hogan: Unfortunately, this attempt to cash in on the thousands who enjoyed the successful "Ryan" was not nearly as good. The plot of the flick was more concerned with the philosophical points of war, compared with good ol' shoot'em up action, and the acting was definitely not up to par.

Col. Klink: Oh, come on Hogan! Wouldn't you say Woody Harrelson did a fine job of acting like a solier who just accidentally blew his own butt off with a grenade? I never saw anyone stare at just a pin for so long. Of course, you would never see a good German soldier do that!

Col. Hogan: I had a little problem with the Colonel. Under normal circumstances, I would not prefer to be led into battle by a complete fool whose only claim to fame was he read Homer in Greek at West Point. One trooper couldn't keep a steady position in the army. Another couldn't hold on to his wife, and several others exhibited an inability to hold on to the bodily functions.

Col. Klink: Who said the Army offered any kind of job security? As for the wife: he should've expected her to do something behind his back! How about the two minute performances of your glorified American actors? Can they remember more than three words?

Col. Hogan: If you are going to cast George Clooney or John Travolta, at least give them more time than the average commercial.

Col. Klink: But I liked Clooney's ending speech as the new company Captain. It emphasized strong family values when he said he was the father and called them all the children, except for the sergeant who got to play mom! Oh to be so lucky.

Col. Hogan: Wasn't that sweet? Two minutes later the kids were getting shot at again. For me, the best part were the National Geographic scenes. You had alligators and snakes and naked yokels walking among the dead bodies. Couldn't they have just kicked the villagers off the set to make the movie? As I stated beforehand their roles were not well rounded and exceedingly miniscule.

Col. Klink: I agree. But what bothers me more is this question: Do all of your American soldiers have voices in their heads? Most of the time it seems as though the troops were having sexual fantasies while simultaneously blowing things up? Are these guys soldiers or philosophers? This movie focused more on what each individual soldier was thinking rather than developing any kind of real plot!

Col. Hogan: If you do see this flick, and I don't recommend it, pay close attention to the guy who talks to dirt. He looks and talks like an intelligent, deranged Mafia thug, like there is such a thing.

Col. Klink: Ya, I also do not recommend this movie. I think you would be better off staying home and flipping equally between the History and Discovery Channels. At least you won't have to listen to voices in the heads of troops babbling on endlessly.

Sadomasochist ****

- The good part was when Mr. AWOL (Absent With Out Leave) purposely ran into an ambush of fifty bllion enemy soldiers and attempted to fire. Duh!

Absolute Carnage ****

- Gallagher's Sledge 'O Matic produces more blood smashing tomatoes than Malick portrays in this movie.

 Gratuitous Sex *
- This relates back to the National Geographic statement. Uuuugh!
- With all the philosophical babble this seemed more like a religious crusade than an attack on Guadalcanal.
 Villiage Idiot Scale *
- I seen the show up the mall and I thunk the show would been more gooder if it weyrnt so hard to know what was goin' on. I thunk it was the least bestest movie I's seen all yer.
- (Translation) The movie was horrible because it was not good and horrible being the opposite of good I deduced that it was, as I said earlier, horrible.

Morality **

- The initial case was good (they are fighting for America) but that was only because the director couldn't screw that up.

Plot Intricacy *

- We pretty much knew what was going to happen. This film just recited basic history. Intellectual Validity *****

- If you are curious to the meaning of life, that was what the voices in the soldier's heads were discussing amongst themselves telepathically.

Overall Value **

- If you must see this, go with a friend to the matinee. It is cheaper that way and at least your friend can wake you up when it is all over.

Any questions, comments, or suggestions can be sent to MilitantReview@hotmail.com.

Disclaimer: The contents of this editorial are for entertainment purposes only and are not to be taken seriously.



Valentine's Day Special

Aligning the planets with

Madame Zelda

Taurus (April 20 - May 20) This weekend try not to be the aggressor. It's a good time to relax and let others take the lead. This laid back attitude attracts special valentine.

Gemini (May 21 - June 21) Tread carefully this Valentine's Day with your loved one. Be careful to be considerate of their feelings and what's going on their life. A spark may set a fire that will burn out of your control.

Cancer (June 22 - July 22) You and your ex have been missing each other lately. This weekend you'll meet and have the opportunity to work things out Don't jump back into things with them, take it slow, keep an open mind and remember why it all ended in the first place.

Leo (July 22 - August 22) Your boy/girlfriend is far away for this holiday It closer we get to Valentine's Day, the deeper you fall into depression. Don't break out the black clothes and depressing music just yet, this person may surprise you.

Virgo (August 23- September 22) Romantic feelings you have been hiding from someone come to the surface this weekend. Be careful how things come out though, it will decide what response you get.

Libra (September 23 - October 23) A social event you have been undecided about will end up being the highlight of your weekend. You will end up meeting someone who will end up being something permanent in your life. Scorpio (October 24 - November 21) Don't be impatient with a loved one to week. They need your guidance and your help through this rough spot in the life. This will create a bond between you that will be important for the future when the tables are turned.

Sagittarius (November 22 - December 21) You're letting work and school interfere with your relationship. Take this weekend to start focussing on the special person in your life, and try to make them come first from now on Tay will not wait around, they are sick of coming second.

Capricorn (December 22 - January 19) There have been many changes in and your life in the past couple months, not all you enjoy. Someone is coming that will make life seem more worthwhile. Becoming romantically involved with them will help you make some important realizations about life.

Aquarius (January 20 - February 18) Travelling with your loved one this weekend helps you sort through some things you both have been ignoring lately. It will make your relationship stable and stronger.

Pisces (February 19 - March 20) Use this weekend to spend some quality alone with your thoughts. You have been having great trouble in the love department lately so take the pressure off and ignore the holiday. You will an out with a renewed purpose and improved confidence.

Aries (March 21 - April 19) You and a friend have decided to spend Valentine's Day together since you don't have significant others. Hold only your hat when this person expresses their true feelings for you. Take your interest don't make any decisions in haste.

The Beacon is now on the web. Check us out next time you're surfing



at: http://wilkes1.wilkes.ed

HOW DOES \$800/WEEK EXTRA INCOME

sound to you?

Amazingly, profitable opportunity.

Send self-addressed stamped envelope to:

GROUP FIVE 6547 N. Academy Blvd. Dept. N Colorado Springs, CO 80918

Wor

By COREY YAN

Beacon,

In the first double-header wi King's College, t were downed 64-2

The Lady Col

Wilkes was dhalf, but connected pointer and eight second half, while archs completed 41 Katie Watkins and each tossed in a team along with eight a Lauren Elwood chippoints, while Robyn

Men bo

By MIKE SCHRIEE
Beacon Staff Writer

Just a month after King's College 66-61 Colonels' 91-69 win home over the Monar be more than just brag

As Dave Januzzi
Gryboski combined for
the University of Scra
defeated by Lycoming
Wilkes quietly jumped
place into a tie for first
Lycoming in the MAC
League.

Wilkes improves to in the MAC) as King's (3-8 in the MAC).

SUN COAST VACATIO

SPRING BI SPECIAL

\$50 C

FREE DRIN NASSAU

te \$50 off per person with this donly for passengers traveling the state of 2/27. (2/1/99. Call for more decided to the state of 2/1/99.

1-800-799-8

cash

WE BUY AND SEL

59 NORTH MAIN S

ruary 11,1999



pecial

aggressor. It's a attitude attracts a

s Day with your what's going on in ssing each other work things out. open mind and

for this holiday. The pression. Don't is person may

ave been hiding how things come

been undecided will end up ent in your life. vith a loved one this rough spot in their ant for the future

work and school focussing on the from now on. They

nany changes in you omeone is coming ntically involved about life. r loved one this been ignoring

nd some quality time ole in the love liday. You will come

d to spend thers. Hold onto ou. Take your time,

he web. re surfing

l.wilkes.edu/ ~beacon

men upended by King's

COREY YANOSHAK

ng's College, the Lady Colonels six boards. re downed 64-44.

double-doubles.

th completed 41% from the field. stanza. the Watkins and Allison Pikulski nts, while Robyn Mendygral added

seven, with two steals. Tracy Zaykoski nine points, while Huber swatted away In the first game of a home only three-pointer in two games. Steph in seven boards. he-header with backyard rival Huber added two blocks, along with

The Lady Colonels fell victim to point halftime deficit to down six and four assists, respectively. Moravian College, 60-56. Down 25-

Watkins led all scorers with 15 field. dossed in a team-high nine points, points on six field goals. Elwood added ng with eight rebounds apiece. 13 points for the winners, while versity on Saturday for a 1:30 pm ren Elwood chipped in with eight Pikulski came off the bench to net 10. game.

Huber and Zaykoski each tallied

tossed in six points, five boards, and six shots. Watkins pulled down a gametwo steals. Elwood also added three high nine rebounds, including eight on steals, while connectnng on the team's the defensive end. Huber also hauled

Mendygral was a perfect 4-4 from the charity stripe, while adding three The women overcame a three- assists. Zaykoski and Watkins added

Although the team did not con-Wilkes was down 25-19 at the 22 at the half, the Lady Colonels hit on nect on a three-pointer, Wilkes fin-I but connected on just one three- 80% from the foul line, while holding ished 75% from the charity stripe, mer and eight field goals in the the Lady Greyhounds, now 10-9, to a along with 44% from the field. and half, while the Lady Mon-mere 26% from the field in the second Moravian was a perfect 100% on foul shots, but were held to just 32% in the

The women travel to Drew Uni-

len bounce back, win backyard battle

WIKE SCHRIEBER n Staff Write

Just a month after squeaking by ng's College 66-61, the lonels' 91-69 win last night at me over the Monarchs proved to nore than just bragging rights.

As Dave Januzzi and Brian boski combined for 46 points, University of Scranton was ated by Lycoming 72-67, and kes quietly jumped from third meinto a tie for first place with ming in the MAC Freedom

Wilkes improves to 17-3 (8-2 meMAC) as King's falls to 6-14

INCOAST VACATIONS presents:

LAST MINUTE PRING BREAK SPECIALS!

S50 OFF **#21 HOURS of** FREE DRINKS! NASSAU

SPRING BREAK

off per person with this coupon. Offer for passengers traveling from PHL to on weekend of 2/27. Offer expires 2/1/99. Call for more details!

1-800-799-8445

Chad Fabian hit two treys for 12 points, while Scott Cleveland added 10. Gryboski was huge for the Colonels, pulling down seven rebounds, while connecting on nine of 13 chances from the free throw

"King's is a good team and they play good teams tough," said Gryboski. "This was a big game for us and it was the last time I'll play them."

Wilkes jumped out to a 44-31 lead at the half and finished the game shooting 67% from the field. of 16 from the field. Januzzi and Cleveland combined for seven steals and six assists.

King's Corey Dickerson scored a game-high 26 points for the losers, while Emmet Donnelly added 15 for the losers, who were held to just one three-pointer.

suffered its third loss of the season Saturday night at Moravian College, 71-65, in non-league MAC action.

The Greyhounds (9-11) opened the game with a 12-0 run, and forced two first half Wilkes turnovers. As a result, they led at halftime 36-24.

We had problems getting the ball inside against their defense," explained Wilkes coach Jerry Rickrode."We were just out of sync. It is one of the worst games I've seen us play.'

In the second half, Wilkes got as Cleveland was 4-4 and Januzzi hit 10 close as two on a Cleveland layup with under ten minutes to play. However, a 12-3 run by Moravian proved to be decisive.

> Januzzi led the Colonels with 26 points, and freshman John Boylan added a career-high 16. Cleveland and Greg Barrouk followed with six

SPRING BREAK '99 PANAMA CIT

1-888-777-4642 today!

WEBUY AND SELL CD's . TAPES -RECORDS . VIDEOS . BOOKS

NORTH MAIN STREET . WILKES-BARRE

Catch all of the Wilkes basketball action live on 90.7 WCLH. All men's and women's home games and all away doubleheaders will be broadcast.



Training Hard

with Brian Kephart ATC

The Pregame Meal

The pregame meal is an important part of every athlete's competition ritual. This should not be the only meal that is important to an athlete. Good eating habits should be a given so that an athlete can excel mentally and physically during practice. If practice and training are not performed optimally, when the time for competition comes, the body will not perform at the desired level.

When a meal is eaten, blood is diverted from the muscles and other organs not involved in digestion to the stomach and intestines for digestion and absorption. The products of digestion are carried by the blood stream though the body and used for the body's building blocks or to produce the energy necessary to combine those blocks. The content and size of the pregame meal can adversely affect competition as well as the amount of time the meal is eaten.

Foods that are high in fat, especially cooked fats, require more time to digest than any other food component. Some examples of foods high in fat are butter, meats and cheeses. A breakfast pregame meal of pancakes and waffles is acceptable until the butter, syrup, and jelly are added. The symptoms that the athlete may feel when trying to compete with blood being diverted to the digestive tract are sluggishness, a feeling of fatigue, and possibly cramping.

Regardless of the type of food eaten, blood is diverted to the digestive tract. These same sensations may be experienced if the pregame meal is too large or eaten too close to the start of the competition.

The pregame meal should include a greater percentage of carbohydrates versus protein and fat. The product of carbohydrate digestion is glucose or blood sugar. It is absorbed into the blood stream and transported to the areas of the body that use it for energy. The heart, lungs, and muscles use glucose for energy to a large extent and therefore, glucose or blood sugar concentration in the blood stream is very important to the competing athlete. However, some carbohydrates produce a quick rise in blood glucose levels.

A quick rise will also produce an equally quick fall in glucose levels, which can leave the athlete feeling fatigued and sluggish. Foods that produce a steady release of glucose will not produce this quick high and quick crash in blood sugar levels, and are therefore more desirable for sustained competition. Some foods that would be positive are potatoes, and brown rice. White bread and pasta, along with regular potatoes, produce the quick spike in blood sugar levels. Skim milk is also acceptable because the fat has been removed without removing the carbohy-

The pregame meal should also consist of foods that the athlete enjoys. Mental preparation for competition is equally important and therefore should not be affected by foods that are undesirable to the athlete.

The pregame meal should be eaten about three to four hours prior to competition and should not be a large meal. The size of the meal will depend on the athlete's normal eating habits.

The pregame meal may be the catalyst for a good performance or a poor performance, but it cannot replace good overall nutrition. Proper training and providing the body with all the nutrients it needs can lead to optimal competition. But the saying "you are what you eat" holds true in that if you deprive you body of any of its requirements, it cannot function at a high level. The pregame meal provides those nutrients which the body will depend upon for competition.

¹ Hatfield, Frederick C., Ph.D; Ultimate Sports Nutrition; 1987 Contemporary Books Inc.; p. 158

Sports

Wrestlers miss upset bid, stomp Scranto

By COREY YANOSHAK

Beacon Sports Editor

The Colonel wrestling team took to the mats at Lycoming College, with the University of Scranton, this past weekend and came away with a split, beating Scranton (5-9) 39-6, but falling to Lycoming (16-3) 24-11. Coach Al Zellner's squad goes to 15-4.

"It was a great match, but we lost some tough ones. But we had a legitimate shot at the upset," said Zellner of his team's meeting with Lycoming, ranked third in the country.

Corey Luce, at 133, was perfect at the trimeet, beating Scranton's John Cavey 6-3, while major decisioning Lycoming's Chris Tingley 20-10. Luce, a junior, improves to 22-9 on the

At 141, John Conte was also perfect with a technical fall and a major decision. Conte scored before beating Scranton's Matt Borella 18-8. Conte, also a junior, sees his record jump to 21-

the third and final perect wrestler for coach Al realize how difficult that is."



Beacon file photo

Corey Luce is all smiles while enjoying a stellar season on the mat.

Zellner, decisioning Lycoming's Mike Sommer Ritter also dropped a heart-breaker in overtime 9-5, while winning by injury default over to Lycoming's Royce Eyer, 3-1. The 165a 23-8 win over Lycoming's Dom Nicolicchia, Scranton's Pat Owen. Henshaw stands at 20-10 in his first year at Wilkes.

surprise," noted Zellner. "They have made the Freshman 149-pounder Scott Henshaw was transition from high school and not many people 174, and Shannon all received forfeits against Dominion with Howard and Norfolks and Shannon all received forfeits against Enhancer 20

pounder's record dropped to 21-6.

Zellner.

Wilkes'

Senior Chris Shan-

in overtime, 3-1, by

Lycoming's

At 125, Elijah Shutt scored a 9-0 major a force and he's for real. He wants to "The freshmen are probably our biggest decision over Scranton's Mike Dantuano.

Steve Tornambe at 157, Chad Rovner at

non, 197 pounds, was decision to Joe Marro of Scranton, wi handed his first loss of ping a tough 3-2 loss at 174 to Lyw's the year, being defeated Cogan.

After losing to Lyco's Rob Cospo Andy heavyweight Heath Fleishertooka9-la Lausier. The loss drops from Scranton's Bill Hanni, Fleisher, the Shannon, who hadn't leader in pins with 11, stands at 16 wrestled since his senior season.

Freshman Joe Smith, second on the year in high school, to 9pins with ten at 184 pounds, wrestly "Chris is a pleasure against Lycoming, but was disqualified to coach and instead of dropping his record to 15-13. forfeiting 197, we're get-

Ritter's second match at 165,1 ting four to six points a Scranton's Mike Grandchamp, may ha match," complimented lighted the afternoon. Grandchamp, the best wrestler, and Ritter, the captain with Duane 6 record, along with eight pins, went tance, but Grandchamp came away with decision over Ritter.

"It's tough to overcome a four-point said Zellner of Ritter's match. "Grand

Wilkes heads to East Stroudsburg ruary 18 after a 12-day break, then goe February 20.

Volleyball Club set to open season

By COREY YANOSHAK Beacon Sports Editor

You probably don't see them. You may not even know they're around. But they are. They practice and have games, just like any other varsity sport. But they are not technically a varsity sport, so they are not officially recognized by the school.

These men are the members of the men's volleyball team at Wilkes University.

The volleyball team is self-funded and any money they are lucky enough to get goes directly to league costs and referees' pay.

Headed by John Uscilowicz, the team has a 22-game season that began last week at Lehigh, who is ranked 12th in the nation.

Wilkes suffered a loss to Lehigh, falling by scores of 15-9, 15-8, 15-10.

The Wilkes' men's volleyball club participates in the Middle Atlantic Conference League and is a part of the National Intramural Recreational Sports Association, of Division II. NIRSA is composed of just two divisions, I and II.

The team consists of nine players and prac-

opposing team's gymnasiums, but they have content with travelling to play. scheduled a few home games here at the Marts Center.

"We practice 3 to 5 times a week," said Uscilowicz. "We do as much as we can and we every weekend. take whatever we can get. Phil Wingert and cooperative with us in finding gym time. We're very appreciative."

Tochelli, Brian Humps, Peter Redman, Adam day Aravjo, Richard Penscek, Scott Mandy Kehler and Courtney Tindal help out national league. the team with practice and skills, to which

tices any time they get the chance. Between along with fellow MAC teams. Wilkes has just league fees, and referee fees before basketball, wrestling and now baseball and two games on slate for the Henry Gymnasium: shell out the \$500 nationals would be softball, the volleyball club is not given first Lock Haven and Drew on March 20th and Seton priority, but is greatly appreciative of any gym Hall on March 27th. Though they are looking for ful," said Uscilowicz. "We do funda time they are alotted. Most of their games are at a few more matches at home, the Colonels are place flyers in freshman mail boxes, to

> "We do a lot of travelling, but we play for with a coach, but we would have by the love of the sport," noted Uscilowicz.

The team will look to play on Tuesdays and

At a league meeting in December; teams ing a few years past, Wilkes was known Addy Malatesta have been very helpful and gather to finalize their schedules. To add a team weaker team, but has since broken thin to your schedule, team representatives can talk to top-10 out of nearly 40 MAC teams each other and ask other teams to play. If ooth acquired a favorable reputation. The team consists of Matthias Sidney, Phil teams agree, they set a date and will meet on that

Wilkes plays in the North Division of the Van Vulkenburg, and Jim Casciano. All of the MAC and hopes to see the league go to National members have been playing for the past two Division II Volleyball League, which it has been title years, except for Redman, who is a freshman. moving towards for the past few years. At present, Women's volleyball players Melissa Pammer, the team is part of a national club, rather than a

The team would also like to go to the na- tion outside of it, but the fun is worth! Uscilowicz and the rest of the team is thankful. tional playoffs, but will not be able to afford it. love to play." The team plays Division I teams such as The team must throw in most of the money, but Seton Hall, Penn State, Navy, and Villanova, needs to pay for new uniforms, travel costs, on February 14, at King's College.

"We do what we have to, but it gets teams recruit. We would probably be her salary and we can't afford it, so we mi with what we've got."

When the volleyball team first began

Even without the national playoffs will have the opportunity of a champion the MAC Playoffs, held at the end of the when all four divisions meet and battle

"We hope to be in the top-10 again have a good showing at the MAC Char ships," said Uscilowicz. "There's non

The volleyball club gets back into

February 13

*Men's Basketball @ Drew, 3:30 pm

*Women's Basketball @ Drew, 1:30 pm

February 14

*Men's Volleyball @ King's, 3 pm

February 15

*Men's Basketball vs Lycoming, 8:00

*Women's Basketball vs Baptist Bible, 7:00 pm

February

*Men's Basketball vs Delaware Vi 8:00 pm

*Women's Basketball vs Delawar Valley, 6:00 pm

February 18 th

By FRANK **TOMASZEWSKI** leacon News Editor

Don't be alarme Bureau of Investiga campus for a good were just one of man businesses recruitin ployees at the Em XXIII on Wednesda

The annual ever cooperation wit



Wilkes student C **Employment Fair.**

> Jamaica Kinka on campus

Featu Improving to

with "Link to I

Men's Basketba down the net