

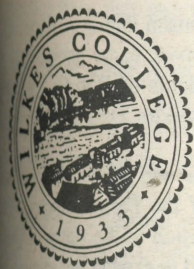


### Inside the '80s

Take a walk back in time as we discuss the music, stocks, ins-and-outs, sports, and cars of the '80s. See the faces and events that shaped a decade and molded an entire generation.

### Editorial

Craig Cooper, courtmartials and County Commissioners, together  
Page 5



# The Beacon



Volume XLII

Number 12

... Serving the Wilkes community since 1947

December 7, 1989

## Wilkes nightclub nears completion

Kristine Bauer  
Special to The Beacon

WILKES-BARRE — The new C. Marts Sports and Conference Center of Wilkes College soon have yet another function. It will house the gymnasium, media-conference rooms, the registrar, but an on-campus nightclub will soon make its debut.

A multi-purpose room on the lower level of the Marts Center is currently undergoing many changes to create another "first" for Wilkes College. The room, termed the "North Room" until it receives a final name, is being designed to become a four hundred person capacity dance club for Wilkes College students.

The club is dedicated to the late Dean Arthur Hoover who



The bar in the North Room

photo by Donna Yednock

achieved his goal of becoming Dean of Student Affairs at Wilkes

College six months before he passed away on December 9, 1986.

Hoover not only attended Wilkes, but held many administrative posi-

tions at the college. While he was attending Wilkes, he was the President of Student Government and the "outstanding graduate" of his class, according to Paul Adams, Associate Dean of Student Affairs.

"Arthur was never married, except in the sense that he was married to the college. The students were his life. You couldn't count the number of lives he touched and improved. He was a parent to an awful lot of students," he said.

The idea for the North Room came about in December of 1988, according to Scott Barth, head of the North Room committee.

"Student Government was given an opportunity to develop the North Room into a useful space and incorporated their idea of a nightclub," he says.

Making the idea a reality was not an easy task. Barth, who has been a driving force behind the project from its onset to the present, worked with Amy Widemer (former Director of Student Activities), Lisa Knabb, Mark Vetovitz, Karen Donohue, and Kim Zoka to conceive the original floor plan for the club.

He says that they've made at least two modifications on the original design. Most of the changes involved the layout of the bar area, he added.

This project Student Government has undertaken should by no means be underestimated, Barth said. Bill Hanigan, treasurer for Student Government and also a member of the North Room committee, says the organization granted over \$92,000 for the creation of the "North Room."

"Student Government realized that the best way to show our seriousness concerning our ideas for the room was in terms of a

### Conduct 10 year reaccreditation

## Middle states evaluators visit Wilkes

Ed Kobylus  
Staff Writer

WILKES-BARRE — The Middle States Evaluation team, headed by Dr. Dennis Murray, arrived in Wilkes Barre Sunday night, according to George Waldner, Vice President for Academic Affairs at Wilkes College.

The team will use several criteria in analyzing the school, which was last evaluated ten years ago.

They will read the college's self-study document, which was prepared throughout the 1988-89 academic year, Waldner said.

The self-study is a comprehensive report prepared by a committee to describe the college in a holistic sense. It addresses topics including curriculum, admissions, and finances. It's "a very complete document," Waldner said.

The evaluation team will also base their responses on a second document, "The Characteristics of Excellence in Higher Education." This is a document employed by the Commission on Higher Education, the Philadelphia-based governing body of the Middle States evaluators.

Finally, Waldner said, the evaluators will respond in a "peer review" fashion, offering their own comments and suggestions based on their personal experiences.

They will read the self study, converse, and respond to us as our guests," he said.

After the evaluation is complete, the team members will prepare a draft report of their findings, which they will submit to Wilkes College President Christopher Breiseth.

After Breiseth corrects any errors that may have appeared in the draft report, a final report will be submitted to the Commission on Higher Education.

It is this commission that takes actual action on reaccrediting an institution such as Wilkes College.

Although Wilkes does have potential problems that the evaluators will most likely notice, Waldner said, the administration is already aware of their existence.

Furthermore, "the self-study document has generated steps for improvement" pertaining to these problems.

These problems include the need for long-range planning, the necessity to take an initiative toward providing ethnic diversity at the college and the need for "outcome assessment".

Outcome assessment, according to Waldner, means that "the departments have to be able to document that education is achieving its desired results".

Waldner also feels that the evaluation team will notice several beneficial changes that have occurred since the last evaluation took place. These include a newly-revised curriculum and the school's upcoming change to university status.

"I do hope they will notice," Waldner said of the university status, "but it's not really a radical change. We will still be doing the same things we've always done."

See Club page 2



## Student Government Report

**WILKES-BARRE** — Plans for Winter Weekend are beginning to fall into place even though the event is over two months away. Chairpersons for the event were chosen for all committees. This year, 20 teams will be involved with 20 members (ten girls and ten guys) on each team. Applications will be accepted on a first come-first serve basis. They will be collected on Tuesday, January 23, 1990. A \$40 team fee must accompany the application.

One change in events was made. The swimming events were eliminated in favor of bowling events.

A contest to name the North Room will be run (SEE PAGE 8).

The first reading of the constitution of the Pre-Med Society was given. The club wants to involve all pre-med majors, including psychology, biology, chemistry, etc. Their aim is to make students aware of professional school opportunities. They plan to have guest speakers from different medical schools.

## Club

Continued from page 1

financial commitment. Thus we granted the North Room the \$92,000," he says.

When the North Room is complete, the money will have furnished a disc jockey booth, a bar, a storage area, a tile dance floor, and carpeting. There will be mirrors behind the bar and the name chosen for the club will be etched into the mirrors.

The color chosen for the carpeting is a charcoal gray, while the decor for the bar is aqua green. The dance floor will be a combination of the two colors.

Although there is a dance floor, the North Room will not be solely for dancing. It will also be used for luncheons, bands, comedians, solo performers, and possibly even a social gathering for televised sporting events, according to Barth.

During each of these functions at the North Room, non-alcoholic beverages and snack foods such as popcorn and chicken wings will be served. Students will serve as waiters and waitresses, bartenders, DJs and even managers. Barth also says that the ultimate objective is to have the nightclub entirely student-run.

Barth says that opening date for the club will be February 1, 1990.

"In the beginning it will be open on a limited basis, probably Thursday through Sunday and for special events," he says.

Along with the rest of the North Room committee and Student Government, Barth has high expectations for the success of the club.

"It's a really neat and first class nightclub. People are going to be really surprised that Wilkes has a club this nice," he says.

Lisa Knabb, another member of the committee from its onset, says the club "will start off slowly until the word spreads about how nice it is. Eventually it will get more and more successful." She added, "it will be a place where students can always go when it's open. It's going to be a good hang out."

## Library moves into the 1990's

by Heidi Hojnowski  
Beacon Staff Writer

**WILKES-BARRE** — Samuel Johnson tells us, "Knowledge is of two kinds. We know a subject ourselves, or we know where we can find information upon it." For students of Wilkes, information is found at the corner of South and Franklin Streets, at the Eugene Farley Library.

Both the Wilkes College campus and Wilkes-Barre community have benefitted from the services of the Farley Library. Yet it dictates change. With Wilkes' expansion to the status of University, the library has also recognized the need to expand and improve to continue its record of service.

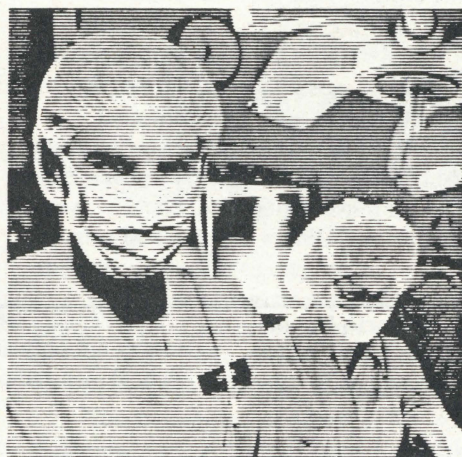
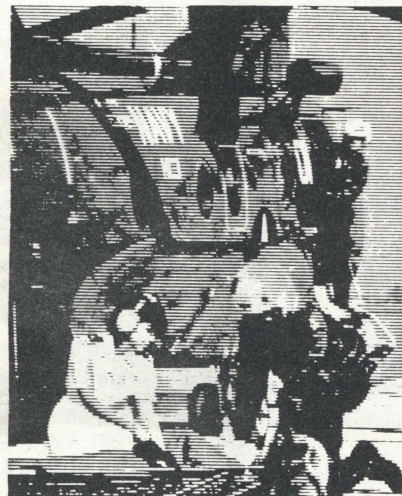
The addition of two new Xerox machines is the most obvious change in the library's look. The machines, one located on the first floor and basement respectively, are more durable, advanced, and easier to operate than their predecessors.

Jon Lindgren, the library's director, hopes to have the machines working on a "card system" similar to credit cards in the future. Instead of paying for Xerox copies, students will be able to purchase cards at the bookstore, and can insert the card into the machine to pay for copies.

With the CD ROM (compact disc read-only-memory) machines located next to the library's staircase, the time spent looking up information of research is slashed. Six shared data bases provide a more precise complete searching of research materials covering a period of several years. The CD ROMs also have the ability to combine and isolate subjects.

Also, in time, the library's periodicals will be placed on an online catalog. This listing will accurately supply the most up-to-date information on the periodical searched. Its location, holding status, and other specifics will be included in the catalog.

Knowledge is not stagnant. Its motion continually moves outward, expanding and altering the area it covers. The library improvements will aid students in finding newer and better sources of reference for papers and projects, which in turn will hopefully lead to better grades.



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## Th

by Marlene M.  
Beacon Staff Writer

**WILKES-**  
with family, friends.  
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"I feel the  
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Children from  
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Community. The  
Christmas party for

## SCTA

by Kathy Harris  
Beacon News Editor

**WILKES-BARRE**  
Practicing the first

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The Beacon  
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Beacon staff attention

"I'm looking

THE  
ACADEMIC  
CORNER

REMINISCE  
Requests for waivers

thirty credits at Wilkes  
must be presented to  
Academic Standards

writing by December  
Submit requests to  
see chairperson,

Steelman, Nursing  
or the Dean of Student  
Jane Lampe-Groff

Student Center.  
meets on December  
Expect grades to  
January 5, 1990.

Remember to register  
intersession. You  
through January 2



# The kids benefit from the giving tree

By Mangan  
Staff Writer

WILKES-BARRE -- For many Christmas is a time for celebrating family, friends, and exchanging gifts with each other.

Unfortunately, in order for others to have a "Merry" Christmas they depend on the generosity of others. The Wilkes community is proud that they have that special Christmas spirit by setting up the Giving Tree.

The Giving Tree, which started at Wilkes about two years ago, was organized by local organizations. The Biology Club, Interfaith, and Campus are the clubs at Wilkes that help put together the Giving Tree.

These groups decorated the tree, with help from publicity and public

This small tree is decorated with small tags that have the name and address of a child in need of a gift. Once a gift is bought it is placed under the tree with the tag attached to it.

"I feel the people at Wilkes are filled with the holiday spirit because there are no more tags under the tree," says Alena Oshel, a member of Interfaith.

Children from low income houses such as O'Karma terrace and Spring are the ones who benefit from the kindness of the Wilkes community. The gifts are distributed to the children at a special Christmas party for low income houses.



photo by Donna Yedlock

These gifts will go to needy children

## CTA students to spend intercession in Germany

By Harris  
News Editor

WILKES-BARRE — What will you be doing over intercession? Catching up on those soaps missed because of classes? Now compare what you are doing with what ten Wilkes students are doing — traveling to West Germany for three weeks for studying and sightseeing.

These students are enrolled in Tom Nelson's Comparative Mass Media course, offered by the Speech, Communications and Arts department. Nelson began organizing the trip early in the semester. He chose Germany because of his favorable experiences there last winter and summer.

"There's no time in Europe like the first time," said Nelson. "Other times you visit are fun, but there's nothing like the first

The Beacon will be represented on this trip. Sports editor Jim Clark will be traveling with the group, covering the excursion for the paper. Another reason for Clark's attendance has to do with the convention of the Society of Collegiate Journalists, which will be held at Wilkes in the spring of 1991. The theme for the convention is international journalism, and Clark will be one of the staff attending the convention.

I'm looking forward to seeing the changes in Eastern Europe

firsthand," said Clark. "There couldn't have been a better time to go. It couldn't have been scripted any better."

Nelson and the students depart for Germany on December 28. They fly out of New York that evening and arrive in Munich the next morning. Most of the first week will be spent sight seeing. They will hike the Alps, visit the ancient city of Regensburg, and go to Heidelberg, the oldest university town in Germany. It is over 2000 years old.

"(Heidelberg) is Harvard, Yale, and Princeton all wrapped up in one," said Nelson.

They will also visit places that hold memories of Adolf Hitler's reign over Germany. They will spend a day in Dachau, a concentration camp town, and also travel Philosopher's Way, which leads to an amphitheater where the Nazi youth rallies (jugenrally) were held.

During the week of January 8, the students will do the bulk of their studying. They will meet with politicians, and analyze German media outlets.

The trip wraps up with a visit to Berlin, which will include seeing the Berlin Wall, and touring East Berlin. On January 18 the group returns to the United States.

So, during this intercession, while you are sitting in your living room finding out what happened on your favorite soap during the past four months, think about what you could have been doing.

**This  
Week  
at  
Wilkes  
Dec. 8-14**

### 8 Friday

Nursing Department Annual Christmas Party, 11 a.m. - 4 p.m.  
Programming Board Film, "See No Evil, Hear No Evil", 7 p.m. - 9 p.m., SLC 101  
W. Basketball - Keuka Tourn. (A)

### 9 Saturday

W. Basketball - Keuka Tourn. (A)

### 10 Sunday

Wilkes Orchestra Concert  
Martial Arts Demonstration, 7 p.m. - 8 p.m., SLC 101

### 11 Monday

Graduate Registration Begins  
M. Basketball - Allentown (H) 7:30 p.m.

### 12 Tuesday

IRHC Meeting, 11:15 a.m.  
CC Meeting, 11:45 a.m.  
Biological Society Meeting, 11 a.m.  
SHAC Meeting 12 noon  
Wrestling - Ithaca (H) 6 p.m. - 8 p.m.  
Classes end 10 p.m.  
Final Day for Social Activities

### 13 Wednesday

Final Exams Begin 1:30 p.m.

### 14 Thursday

## BOOKSTORE SALE

*All "College" items must GO!!!*

T-Shirts \$6.00  
\$7.50  
Vases \$7.00  
Tablets 99¢ & \$1.89  
Ties \$9.00  
Shorts \$7.00  
Long Sleeve T's \$8.00 & \$10.00  
Rulers \$1.75  
Pencils 2/20¢  
Lighters \$1.00  
Tankards \$11.00  
Umbrellas \$9.00  
Mugs \$3.00  
Child's Sweat Suit \$10.00  
Sweat Shorts \$12.00  
Pens 25¢

## NOTICE TO ALL STUDENTS

Mark your calendars if you want to attend the Wilkes University Celebration Dinner on Thursday, February 15, 1990 at 6 p.m. at the Marts Center. Invitations will be waiting for you following Christmas break.

**ACADEMIC CORNER**  
**REMINDER**  
Requests for waivers of the last semester credits at Wilkes regulation must be presented to the Academic Standards Committee in writing by December 11, 1989. Submit requests to the committee chairperson, Ms. Jean Chapman, Nursing Department, Dean of Student Affairs, 1000 Lamp-Groh, Conyngham Student Center. The committee meets on December 12, 1989.  
Final grades to be mailed on January 5, 1990.  
Remember to register for next semester. You can register through January 2, 1990.



# Opinion/Editorial

## A SUB controversy

### Are commuters 'real' students?

Fall is becoming Winter. Wilkes College is becoming a University. Leaves are falling from the trees, and privileges are falling from the reach of commuter students.

#### COMMENTARY

by John Gordon

The privilege I am questioning deals directly with the SUB, where students can use their meal cards (student I.D.) to eat breakfast, lunch, and dinner.

What the food service is forgetting is that commuters, in spite of not living on campus, are still students.

If you are a student at Wilkes you should have the privilege to eat at the SUB, right? Wrong! If you are a commuter on the five or nine meal plan you are segregated from the rest of the campus and can not use your card to eat at the SUB.

Why?

A commuter could ask this question a thousand times and he or she could still come away not knowing the reason.

The reason given is because it is not in the contract for commuters to eat at the SUB.

Once again, the question, Why?!

For most of this first semester commuters were allowed to use their I.D. to eat at the SUB. Now that privilege has been abruptly halted.

What harm could come of allowing a commuter to use his or her card at the SUB. There are only about forty students who are on the five and nine meal plans.

Don't get me wrong. It was generous of the college and food service to grant the commuters these meal plans. However, the commuters should be able to eat at the cafeteria or the SUB, the same company produces the food for both places.

This issue is baffling to a commuter.

Will someone please clean up this ridiculous food block in front of the commuters?! The SUB was intended for commuters in the first place.

Now that commuters pay for food at the cafeteria they can no longer consume food at the SUB, unless they pay additional money on top of what they pay the college. Try to figure that out! It's real fair, right? It's crazy! Let the commuters, who are students, eat at the SUB.



This problem should be amended by the beginning of the next semester. If it is not, Wilkes is losing touch with the closeness it has maintained among the students.

I forgot! Wilkes is becoming a larger school. This makes it easier to avoid the small problems that affect certain people . . . people who are students.

## The Beacon

Serving the Wilkes community since 1947

VOL. XLII No. 12 December 7, 1989

Rated as a First Class newspaper with one mark of distinction by the Associated Collegiate Press

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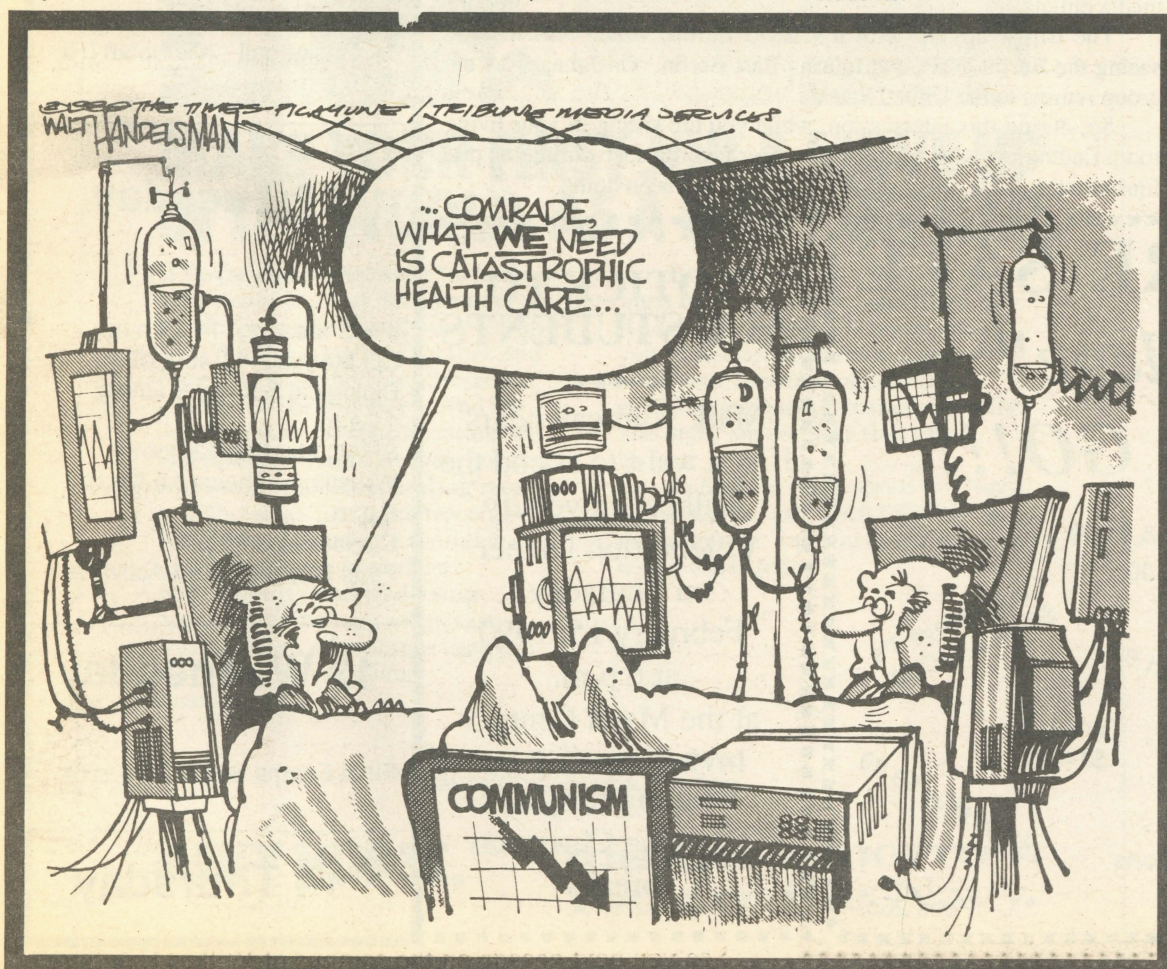
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The Beacon is published Thursdays during the fall and spring semesters except during scheduled breaks, finals weeks and vacation periods. All expressed in this publication are those of the individual writer and do not necessarily reflect the opinions of this publication or Wilkes College. Letters to the editor are welcomed, provided they are no longer than 500 words. Letters exceeding this length may be edited or rejected on terms of space. Letters must be signed, but names may be withheld for valid reasons.

The Beacon is printed each week by the Pittston Dispatch, Pittston, PA. Editorial offices are located on the third floor of the Conyngham Sales Center. The phone number is (717) 824-4651 ext. 2962. Have a happy holiday. The Beacon will return February 1, 1990.



Dear Editor:

The co-chair of the 1989 Wilkes College Campaign would like to thank Foley and the other Student Government members for their successful student body election, contributing \$400.00, \$20,646.22 raised for the College family this year.

The Vi

Dear Editor,

I'm writing to you about John Gordon's Nov. 1989 visit, by Friedrich Schlegel, directed by Walter Keiser. Mr. Gordon's visit to the Wilkes campus proved that the experience in the theater is a lack of understanding on the part of the audience. Some of his responses showed that the set for the play was not the exact response.

The "cement" metaphor is an eloquent summation of the block wall dividing the music department) is for the metaphor it represents. That metaphor of the wall is a metaphor of the run-down metaphor of the wall of light, intention upon it. The wall also is overwhelming size.

This is reserved for your Letter to the Editor or you can sound your Board piece.



# The Beacon Mailbox

## United Way reps thank student help

Editor:

The co-chairpersons of the Wilkes College United Way campaign would like to thank Kathy and the other members of the Student Government for running the successful student raffle and contributing \$400 as part of the \$46,222 raised by the Wilkes College family this year.

Wilkes College, the Educational Division of United Way, and the whole United Way Drive of Wyoming Valley all exceeded their goals this year. The \$3,880,000 goal set to meet minimum service needs was surpassed by only one hundredth of one percent or less than \$400. In a figurative sense the success of the entire campaign hung by the small thread of support spun by the Wilkes

College student body and its leaders. The Community is indebted to all these people for their commitment in time, energy, and monetary resources.

Sincerely,

Wilber Hayes  
Susan Hritzak  
Maureen Wright

## The Visit staffer explains scenery

Editor,

I'm writing in response to Mr. Gordon's November 30th review of the Wilkes production of *The Visit*, by Friedrich Dürrenmatt, directed by Walter Kelly.

Mr. Gordon's comments on the scenery prove that he has limited experience in the theatre and is blaming a lack of understanding, and comprehension on designs and scenery. Some of his responses, in fact, showed that the set for *The Visit* illicit the exact response intended.

The "cement menace" (his summation of the cinder block wall dividing the CPA and the police department) is a perfect title for the metaphor it represented in the play. That metaphor being the citizens of Gullen being imprisoned in the run-down metropolis by an impenetrable high wall of poverty. The metaphor was accented by 6000 lbs of light, intentionally focused on the wall. The wall also represented the overwhelming size of Clair

Zachanasian's offer of one billion German marks (today about \$7 hundred million) to the people of Gullen for the life of Anton Schill.

The other parts of the basic setting also served as metaphors. For example, there were 6 flats flanking the stage, three on each side. They extended upwards of 30' downstage (closest to the audience) to 36' upstage (furthest away from the audience). So tall and massive that they required a steel cable on each to suspend them from the iron grid above the stage (note that each cable is capable of holding 1000 lbs), because no theatrically feasible structures could support their size and weight. All of this was to show the smallness of the characters and objects on stage.

The "limited entourage" of the objects on the stage was not that at all. In fact it was quite the opposite, it only appeared small and sparse because it was so terrifically understated by its huge surroundings.

The Konradswil forest

scenes theatrically represented a faded memory turned to evil with its suggested apparitions of twisted, gnarled and fading trunks and limbs. There is nothing green, or earthy, about it.

It successfully represented a strong love turned to hatred and lust for revenge, which, unless your head is buried in the sand, everyone feels at some point in their lives. And, to cap it off, the "cement menace" lurks ominously in the background.

Mr. Gordon, no one in their right mind would want to live in Gullen. It is a decimated, run-down, dirty, stinking town filled with shallow people and bureaucratic blowhards who turn on their life long friends at the mention of money.

The cast of *The Visit* thanks you for your praise but also extends the reminder that theatre is *not* the movies, and sometimes a little insight makes all the difference.

Sincerely,

Christopher J. Brush

## Editorial

# Craig, comments and courtmartial

This past weekend marked the second annual Battle of the Bands competition. As most of you know by now — if you don't, read the story in the Features section before you continue — Blue Light Special copped the title as the top band, again.

This year's version was as good as last year's with one notable exception.

Actually, it was more of a notable deletion.

This past summer Wilkes College freshman, *Beacon* staff writer and Blue Light Special guitarist Craig Cooper died of a spinal tumor.

As we bask in the glow of the holiday season and another successful Battle of the Bands it is especially important to remember those who are no longer among us.

With that in mind we think of Craig's family and offer them our condolences. We remember his writing and music and realize that a small part of us won't ever be the same again.

And as Blue Light Special took the stage, I'm sure Craig was smiling.

Keep the beat, Craig. We miss you.

Last week the Colonels basketball team took on King's in the annual "Backyard Brawl." For those of you who care, the Colonels dropped a 91-77 decision to Dave Miller (47-points) and the Monarchs.

The problem with the game was that, in spite of the fact that the game was played in the Marts Center, it seemed more like it was played at King's.

They had more fan support, and more fans, period, than did the Colonels.

As the game wore on, the noise from the King's stands got louder and the din in the Wilkes stands became a murmur.

In fact, the only noise out of the Wilkes stands were nasty and derogatory statements toward the King's players, the King's cheerleaders, and the King's mascot.

Mom always said, if you can't say anything nice, don't say anything at all.

What is most depressing is that the King's Monarch mascot was at the Marts Center, but where was the Colonel?

No excuses will work.

We have two Colonels so that if one is unable to attend, the other will be there in his stead.

So where were you?

No need to answer now, you blew it guys.

Maybe it's time for a courtmartial.

As the final articles are laid out for this issue of the *Beacon* we would be remiss if we didn't point out a few milestones that are being surpassed with this issue.

First and foremost this is the last *Beacon* of the semester. It is the twelfth in a long line — this semester — that continues a 42 year long tradition that we are very proud to be a part of. This volume of the *Beacon* has some of the finest writing ever offered.

Also, this is the last *Beacon* of the 1980s. In that vein, we are offering a four-page pull-out section that, to the best of our abilities, outlines the '80s.

Finally, this will be the last *Beacon* in the history of Wilkes College. Starting next semester, the *Beacon's* beat becomes Wilkes University. We hope that we can continue to serve the campus as we have in the past.

As this decade comes to an end we remember the many changes and hope for even more in the future.

Have a happy holiday and be careful.

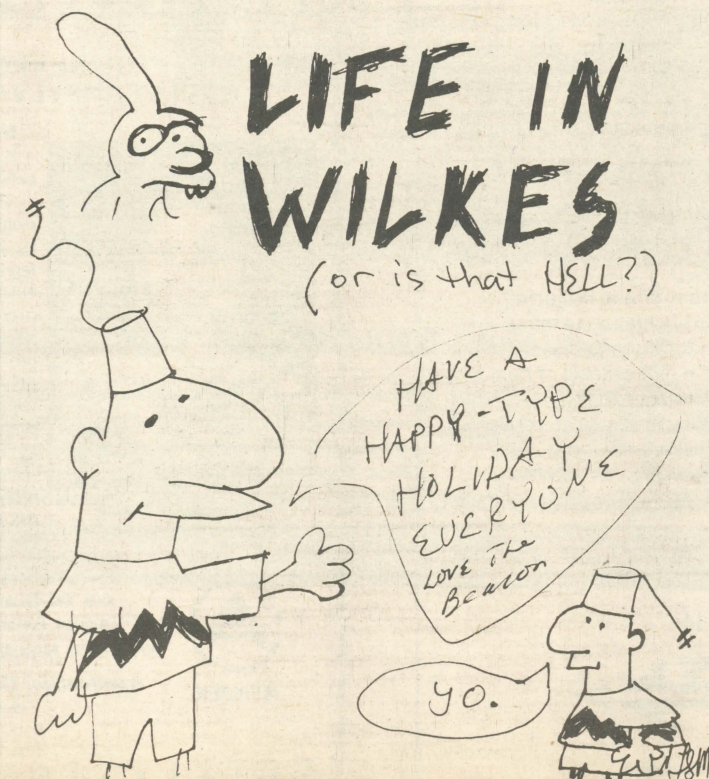
"Dear George, Remember, no man is a failure who has friends. Thanks for the wings. Clarence"

—"It's a Wonderful Life" by Frank Capra

See you next decade on the campus of Wilkes U.

This spot is reserved for your letters to the Editor or your "Sounding Board" pieces

WITH SINCEREST APOLOGIES TO MY PAL, MATT GROENING ...



Member of the  
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Tom Obrzut  
Mr. Tom Bigler

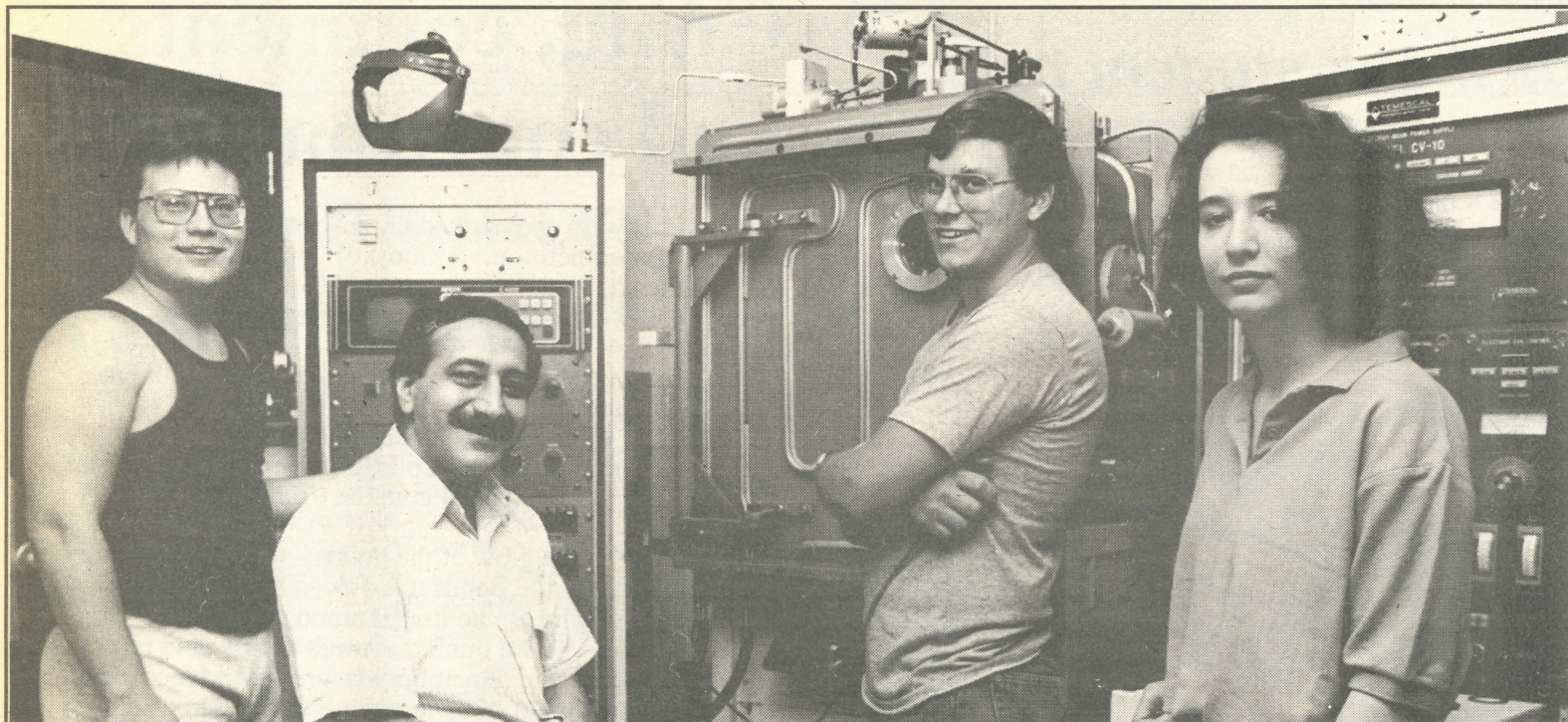
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# Engineering students gaining respect



Paul Fallon, Dr. Ali Razavi, Robert Bonk, and Laurie Bobyak

WILKES-BARRE—The faculty and students at the Wilkes College School of Engineering and Physical Sciences are gaining a national reputation — a reputation for quality students doing quality work at the undergraduate level.

The Thin Film Laboratory, one of the many laboratories in the school, is a prime example. Students there are learning first hand what it takes in this exciting new field. Dr. Ali G. Razavi heads the lab which features several machines currently involved in sophisticated projects.

Dr. Razavi points to a project with pride involving superconductivity. Students are testing materials which offer no resistance to electricity. This research may one day change the way electronic circuits are manufactured.

Laurie Bobyak, 19 of Wilkes-Barre is one of the many success stories in the materials Engineering program. Laurie started in her

Wilkes College career three years ago, after becoming part of the early admissions program. When other students her age were attending their senior year in high school, Laurie was on campus attending classes at Wilkes.

"Eventually I hope to get a Ph. D. in Materials Engineering. This is a good beginning because of the hands on experience I was able to get as an undergraduate," said Bobyak.

Bobyak's success and that of the Wilkes program has been recognized by the American Vacuum Society, an international group of scientists involved in thin film processing. She, Paul Fallon and Dr. Razavi presented a paper this fall to the society's national symposium in Boston Massachusetts.

"We were honored to actually get the chance to present the paper," said Bobyak.

Dr. Razavi calls the presentation of the paper a very important

development of the Wilkes program. "Getting an oral presentation is an important indication of the merit of the work. There is a strict screening process."

Paul Fallon, 21, of Sugar Notch, is one of the undergraduates who call the Thin Film Laboratory his second home.

"This is a hot new field, it's the way of the future. Not only here, but in research labs all over the country," said Fallon. The Luzerne County resident has hopes of getting a job and then going on to graduate school. He feels the work he's done is the ticket to his future.

Robert Bonk, 21, came to Wilkes from Branchville, New Jersey, after looking at other engineering schools.

"I didn't want to be a number, I wanted to know my professors and get the hands on experience," said Bonk who is another one of the students dedicated to long and productive hours in the Thin Film

Laboratory.

"We're on the cutting edge of technology, in an area increasing in popularity. It's involved in every type of engineering almost anywhere in industry," according to Bonk, who is hoping to land a job and later return to school for his masters.

Bonk particularly likes the emphasis on learning the technology by actually doing the experiments and working on the equipment. "I'm better off if I can work hands on. I really enjoy learning that way."

Dr. Razavi gives his students credit for the work. "I admire them (the students). Without them all of this would be impossible. I wish I had something like this when I was in my undergraduate days."

## 'Kinney's Kids' invited to competition

WILKES-BARRE — The Wilkes Speech/Debate Union has accepted an invitation in the 30th Annual National Discussion Competition.

The contest is a competition among 100 colleges and universities throughout the United States.

Members of "Kinney's Kids" selected to participate are Al Muller, Heidi Hojnowski, Tom Herman, Bill Hanigan, and Steve Bachman.

Al Muller will be the moderator for the Wilkes entry on the topic, "How Should the World Best Defend Itself Against World Terrorism?"

The team has been researching this topic for the last two weeks and will conduct an in depth discussion on this topic and offer possible solutions.

The discussion will be videotaped and then forwarded to the tournament's national headquarters for evaluation.

Three semi-final winners will be selected to compete in a national championship round at the February 15th - 18th, 1990, Western speech Communication Associations convention in Sacramento, California.

In 1980 the Wilkes entry was judged second overall in the nation.

Dr. Bradford Kinney, is coach and director of this year's discussion team stated that it is his hope that the Wilkes entry will be as well as the 1980 team. Wilkes will compete against some of the best discussion teams in the nation.

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## AGEANT

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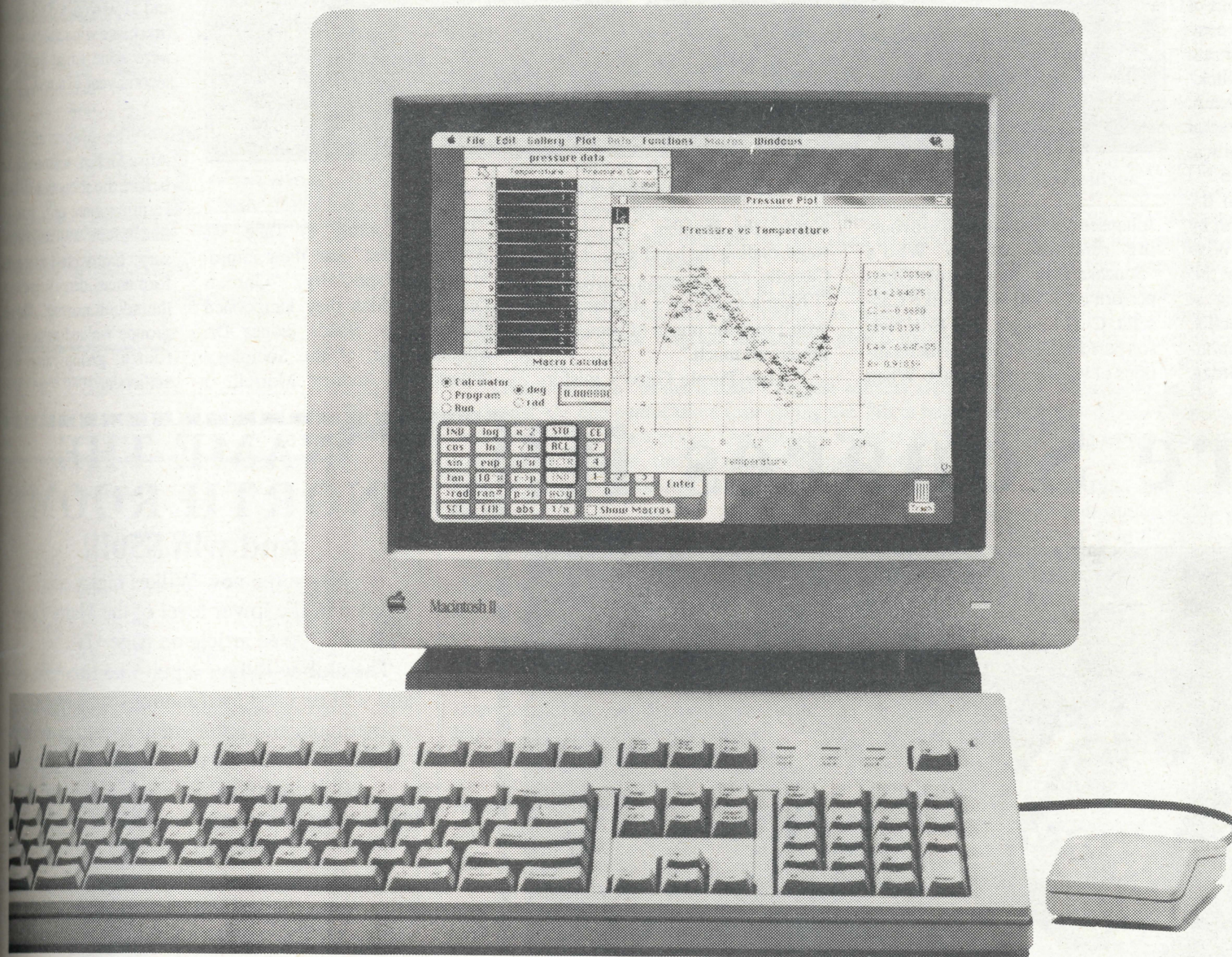
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Barbara Jamelli or Anne Kilyanek,  
SLC 113





Feature

Blow out at the Battle of the bands

by Rob Hermanofski  
Beacon Feature Writer

On Saturday, December 2, 1989, the CPA was rocked by a series of local groups in the annual phenomenon known as the Battle of the Bands. This year, five bands competed for \$450 in prize money. A sixth band, the Eyeballs, was listed on the program but was unable to compete.

The first band to perform was Caught in the Whole. Members Bobby and Michael Kiz, Jim Rose, and Neil Thomas were the heaviest band of a large field of hard rock bands. They covered heavy metal classics by such bands as Metallica, Black Sabbath, and Kiss.

The next band, Damage Inc., may be recognized by attendees of last year's Battle as Cheese Fumunda. This year's members are George Kulkusky, Rick "Slick" Scott, Zap, and Doctor Death. They, too, carried the heavy metal theme with songs by Metallica, Whitesnake, and Led Zeppelin.

NUTZ, the third band of the night, slowed things down a bit by performing Pink Floyd's "Wish You Were Here" and Guns 'N' Roses' version of "Knocking at Heaven's Door." Chas Banellis, Mike Brogan, Anthony Limongelli, Joe Murray, and Gregg

Nicholson also rocked the house with a Kiss classic and a rockin' original, "Can't Stop the Rain."

Following NUTZ's, Rob

the band began to play Joe Satriani's "Surfing With the Alien," guitarist Mike Cassella's amps didn't sound right. Unable to

tune, the Simple Garden Gnomes made a non-competitive appearance. This bizarre three-man duo performed Napoleon XIV's



Caught in the Whole rocked it hard at the CPA last Saturday night

photo by Jim Clark

Johansen led the audience in a rousing rendition of the Who's "Squeeze Box" until Purple Glass performed. Members Mike Cassella, Cliff Lawyer, and Erik Nelson performed two masterful renditions of Rush instrumentals. When

correct the problem, he left the stage, ending the band's set. Later, Cassella, a guitar major, explained, "I have a musician's standards. I won't ruin the music of someone I admire so much."

After Purple Glass's misfor-

"They're Coming to Take Me Away, Ha-Ha!" and their improvisational specialty, "Garden Pary," in which they lampooned Battle of the Bands judges Dr. Michael Garr, of the Sociology department; Andrew Morrell, a

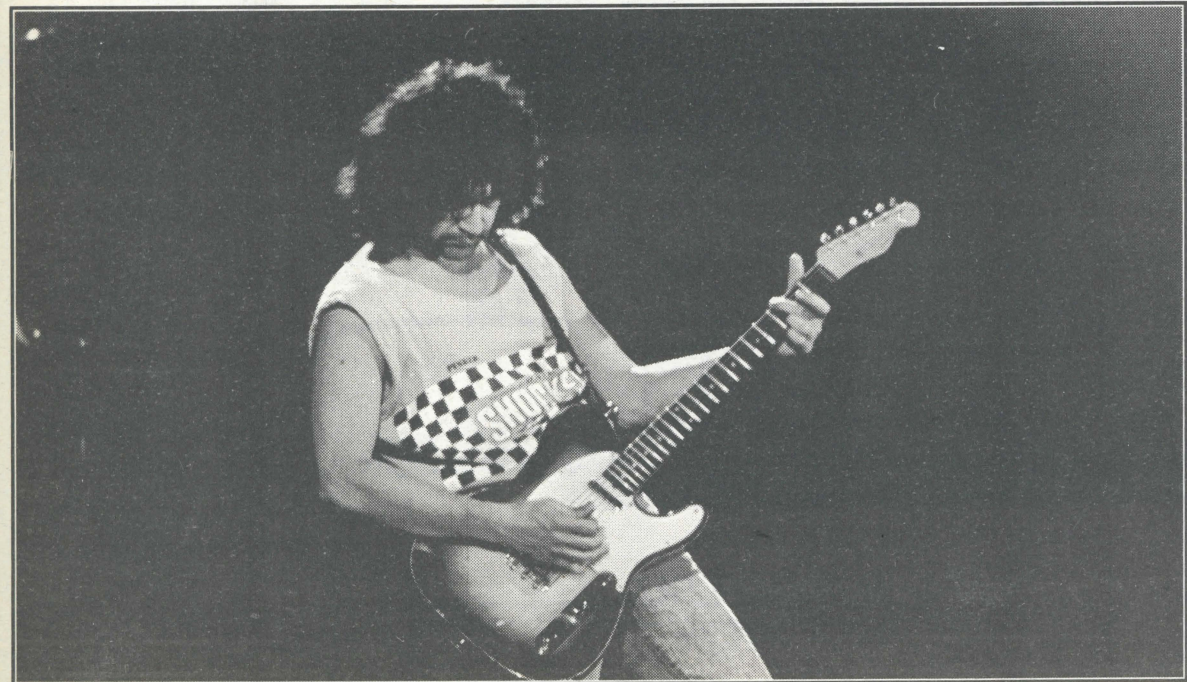
producer and host for WVLI and Leigh Major, Director of Residence Life.

The final band of the night, Blue Light Special, a revival version of last year's winners, a sizeable group was led by guitarist Billl (with three other members) and bassist Longman, who used a wireless microphone to interact with the audience. The band performed blues songs like "Shake Your Tail" and "B-Movie Boxcar Blues." They also did a reggae-ish "Back to Miami" and the ever-popular "Soul Man."

After much deliberation and tabulation, the winners were chosen. In third place, worth \$100, was NUTZ. Second place, worth \$150, went to Damage Inc. The first place winners, garnering \$450, were Blue Light Special, in their second year in a row.

The Master of Ceremonies, Alisa Geller, warned the audience before the show that the bands performing were only amateurs. A disclaimer, however, was necessary. Every band gave a great performance, despite problems with the sound mixing. Though the groups walked away with cash, the fourth group also won the audience.

Squire Squares it!



Billy Squire drove the audience wild at the Kirby on December fifth

photo by Donna Yedlock

NAME THE NORTH ROOM and win \$50!!!

Name the new Wilkes nightclub, located in the lower level of the Marts Center (see article on page 1).

The club will have a pub-like atmosphere and will be used for functions such as dances, comedians, and other small shows sponsored by CC, IRHC, SG, and Programming Board.

It is colored aqua green and gray.

The winning name will be etched into the mirror behind the bar!

Entries must be 15 letters or less (sketches of logo are welcome, but not necessary since only the name is judged).

Entries must be received by Dec. 15, 1989

(A ballot box will be located at the Information Desk in Stark.)

NAME IT  
YOUR NAME  
PHONE #

Conve

by James Cox  
Gannett News Service

You didn't have to wait until the '80s to equip your den with a personal computer, your kitchen with a microwave oven and your garage with a minivan. Most consumers, though, did wait.

The people who ignored the personal computers in the '70s and Commodore PCs in the '70s and desktop publishing with an IBM or Apple Macintosh in the '80s. The Volkswagen "micro" they remembered from the '60s reincarnated as the minivan.

The microwave that cooked unevenly and wouldn't brown in the '70s became a lifesaver

How our lives the decade's s



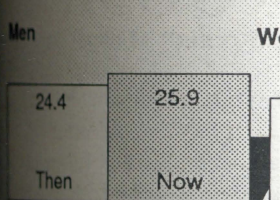
The nation is aging (median age)

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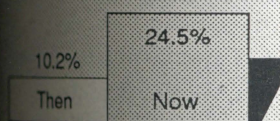
Fewer of us are married

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We're getting married later



More children are born out of wedlock . . .



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Source: USA TODAY research by William Dunn and Bill Gorton



# The '80s/Looking Back

## Conveniences came of age in the '80s

James Cox  
Gannett News Service

### bands

You didn't have to wait until the 1980s to equip your den with a personal computer, your kitchen with a microwave oven and your garage with a minivan. Most consumers, though, did wait.

The people who ignored Tandy Commodore PCs in the '70s tried to catch up publishing with an IBM PC or Apple Macintosh in the '80s. The Volkswagen "microbus" was remembered from the '60s as a minivan. The microwave that cooked everything and wouldn't brown meat in the '70s became a lifesaver for working parents in the '80s.

working parents in the '80s.

The decade's hottest products weren't exactly new. And, except for the microwave and the PC, most offered incremental improvement, rather than wholesale change, in your quality of life.

In marketing terms, the '80s were the decade of the line extension, particularly at the grocery store, where packaged food was reformulated in "light" or "classic" varieties, fortified with oat bran, calcium — even fish oil.

The decade's hits:

— Personal computers. After Apple introduced the user-friendly Macintosh in 1984, even computer

loathers started to come around. PCs proved incredibly versatile — useful at home or the office, for secretaries, CEOs and farmers. In 1979, there were 329,000 personal computers in use. This year there are 6.6 million.

— Super-premium vodkas.

Vodka boomed while the rest of the spirits industry went bust. The credit goes to Sweden's Absolut brand, which created the notion of upscale vodka with catchy, colorful ads. Soon, other vodka makers — such as Stolichnaya — rushed out with super-premiums of their own.

— Running shoes. You were strange if you jogged in the '70s, but you were another face in the crowd if

you tried it in the '80s. Along the way, the brand-name athletic-shoe business became a \$9 billion-a-year industry and sold consumers on the notion that sneakers were for everybody. Even if you only run to the mailbox, you probably wear them.

— Microwave ovens. Consumers are getting zap-happy. They purchased 3.6 million microwave ovens in 1980, 11 million last year. The momentum to buy the high-tech ovens was created when Stouffer and others developed remarkably tasty single-serving dishes just for the microwave. Until then, the appliance had been relegated to warming left-

overs.

— Fax machines. At \$2,000 to \$5,000 apiece, fax machines were thought too pricey in the early '80s. That thinking changed as prices fell — now the average is between \$900 and \$1,000. The fax boom has begotten: 3.4 million fax machines in the United States; 6,300 public "fax stations;" 4,000 hotel fax machines. You can send a page in about a minute for the price of a phone call. NASA faxed instructions to a space shuttle.

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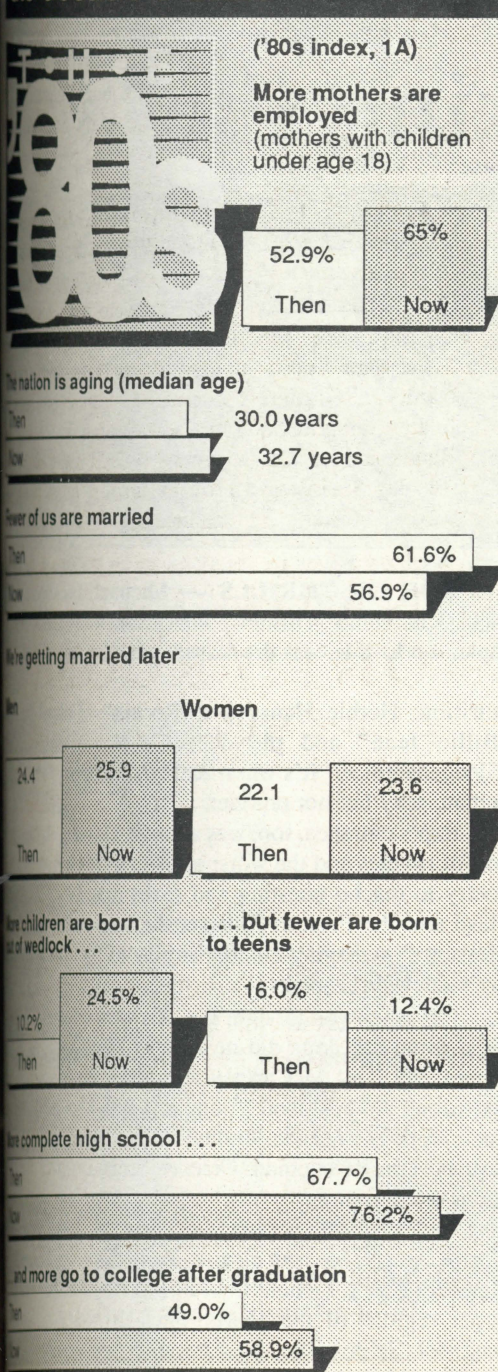
After much deliberation and consultation, the winners were chosen. In third place, winning \$150,000, was NUTZ. Second place, \$100,000, went to Damage Inc. The top place winners, garnering \$200,000 each, were Blue Light Special, for the second year in a row.

The Master of Ceremonies, Lisa Geller, warned the audience before the show that the bands performing were only amateurs. No disclaimer, however, was necessary. Every band gave a great performance, despite problems with sound mixing. Though three acts walked away with cash, a fourth group also won: the audience.

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### How our lives changed since the decade's start



USA TODAY research by  
Dann and Bill Gorton

Bob Laird,  
Gannett News Service

## Taking stock in the '80s

by Patrick Chu  
Gannett News Service

Investors will remember the 1980s as a decade similar to the 1920s, when making money in stocks seemed easy. And as the list of the best-performing stocks of the 1980s shows, it was a lot easier to make money on some stocks than on others.

The contrast over the 10-year period is dramatic. While the Dow Jones industrial average has surged 220 percent since Dec. 31, 1979, the decade's best-performing stock has soared 9,637 percent. And even the No. 100 stock on our list is up more than 1,100 percent.

If you had invested \$10,000 in consumer electronics retailer Circuit City on Dec. 31, 1979, you would have \$808,200 today (your original investment plus a gain of 7,982 percent.)

Of course, some of the decade's biggest winners aren't on the list: the companies taken over during the '80s at huge premiums to their stock prices. Our list only includes stocks still trading. Even so, the list is a good representation of many of the best-performing stocks and stock groups of the decade.

One big reason for the huge gains rung up by many stocks: The economy has been expanding since late 1982. The seven-year expansion is a peacetime record.

While the expansion kept our pocketbooks swelling and consumers shopping until they dropped, the coffers of specialty and niche retailers filled up. Among the hottest retailing stocks: Circuit City, Limited, Gap, Dillard Department Stores, Wal-Mart, Toys R Us and Pier 1 Imports.

The trend in retailing was clear: "Consumers were moving more toward specialty retailers and low-margin retailers. That led to the huge performances in those stocks," says analyst Monroe Greenstein of Bear Stearns. Other big winners:

— Hasbro stock soared in the 1980s as the company's sales climbed from \$100 million to \$1.5 billion. The toymaker bought Milton-Bradley and other firms and developed hits of its own. Its strategy through the 1980s was to diversify constantly and not rely on a few hot products.

— International Dairy Queen mixed steady earnings growth and several stock buybacks to sweeten its stock.

— The boom in generic drugs during the 1980s boosted Mylan Labs and Bolar Pharmaceuticals. Mylan was helped after it blew the whistle on rivals in the industry in 1988, leading to a widespread investigation into corruption in the

### Some of the '80s' best stocks

Circuit City  
Dairy Queen  
Bolar Pharmaceuticals  
LIN Broadcasting

Hasbro  
Mylan Labs  
Marion Labs  
MCI

Food and Drug Administration. Bolar was hit this summer — though not hard enough to knock it off the winners list — when it was investigated on charges that it substituted brand-name drugs to gain FDA approval for its generics.

— Marion Labs' lucrative heart drug Cardizem made for big gains for shareholders over the past 10 years. And just when investors thought Marion's products might become vulnerable to the generic-drug makers' forays, deep-pocketed Dow Chemical earlier this year signed a pact to effectively merge Marion with Dow's Merrell drug unit long-term.

— The 1984 Bell breakup opened the long-distance market to competition and helped MCI ring up big gains. In 1984, AT&T held 87 percent of the long-distance market while MCI held a meager five percent. By this year, AT&T had slid to 68 percent and MCI was No. 2 at 12 percent.

— Technology spawned the cellular-phone industry in the early 1980s, and LIN Broadcasting was a major beneficiary. LIN became the target of a takeover bid by McCaw Cellular earlier this year and now is trying to merge its cellular properties with those of BellSouth to fend off McCaw.

— As personal computers became more powerful and less expensive, the office became more computerized and automated. Temporary-services firms Kelly Services and Olsten successfully chased the trend by training temporary forces in frequently used software, including spreadsheet and word-processing programs.

— Renewed concerns about the environment, the growing scarcity of landfill space and tighter government regulations on pollution fueled investor interest in pollution-control giants Waste Management and Browning-Ferris Industries.

— In the medical-services industry, an increase in substance abuse in the 1980s and programs to counter the trend led to a surge in shares of Community Psychiatric.

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# Video became a way of life in the '80s

by David Inman

Gannett News Service

Sure, you rent videocassettes. You even buy them on occasion.

Get ready, though, to have them start coming to you — if they haven't already.

Videos that:

— Inform you about the chance to give money to an organization.

— Thank you for giving money to an organization.

— Try to influence your vote.

— Tout a high school or college.

— Reward you for buying a certain product or subscribing to a certain magazine.

— Try to sell you cigarettes.

Yes, this will probably mean that, along with junk mail and junk faxes, we'll now have junk videos to contend with.

But those who've already turned to video to convey their message say it's a natural — especially now that reproduction costs are so low.

"It's the wave of the future," said Len Moisan, vice president for

institutional advancement at Louisville's Bellarmine College. "From a direct-mail standpoint, the costs can be kept down. And tapes have a great pass-along value."

"Now that the technology is becoming affordable, you're really going to see video at least supplant printed materials," added Charles Main. He's creative director at Maurice Buchar and Associates, a Louisville advertising firm that produces private school recruitment videos.

In conjunction with its fund-raising Capital Campaign, Bellarmine sent out about 4,000 videos. There is an overview of the college, testimonials from alumni and community leaders, and information about the college's \$20 million expansion program.

"It's a 10-minute video," Moisan said. "It's a perfect way to get our message about the quality that exists at Bellarmine into somebody's living room. Of course, for us to visit that many people would be impossible. But videos are perfect for that."

The VCR is a 20th-century phenomenon, and people are using VCRs to manage their time. This tape is for busy people to watch at their leisure."

The idea of companies using videos as premiums is also more popular than ever before.

The acknowledged leader in the area is Sports Illustrated magazine, which began offering videos of sports bloopers a couple of years ago with a subscription to the magazine. This year, the magazine is expected to use as many as eight different videos as giveaways.

Procter & Gamble Co., meanwhile, has given away videos of everything from cartoons to NFL films with purchases of their products.

And the R.J. Reynolds Co. gave away 2.2 million "History of the Super Bowl" tapes last year from coupons on cartons of Winston cigarettes.

RJR also has entered the video market in a different way. It's mailed out thousands of 80-second commer-

cials for Now cigarettes as "a tool for getting information to smokers 21 and older," RJR spokeswoman Maura Payne told Advertising Age magazine.

The company may consider advertising other brands the same way, she told the magazine. Video is a method that apparently can be used to skirt the ban on advertising tobacco on television and radio.

Mother Jones magazine, meanwhile, is offering a speech by the Rev. Martin Luther King Jr. on video as a premium, and Premiere magazine provides a video on movie-making to subscribers.

Meanwhile, political candidates are increasingly turning to video to reach specialized audiences. Some of the tapes are even including appeals for campaign contributions. Videos have been used in races in California and New Jersey.

And colleges continue to lure prospective recruits with videos that tout their schools.

"We try to include some infor-

mation about our academic programs, student-life opportunities, our connection between the campus and Louisville and Jefferson County," said Rob Parrent, director of admissions for school relations at the University of Louisville.

"As a species," said Charles Main, "our reading skills are well-developed as our senses of sight and hearing. That's why radio and TV are made for each other. We wanted to speak to the student in a language they understand because they're fluent in it themselves."

"In terms of immediacy of communication, you can't beat video. Just look at TV news. There's a way you can get the feel of the Berlin Wall from a newspaper, but you can't get it from seeing Tom Berenger there, holding a chipped piece of wall."

"That's a powerful tool, and it's going to be used more and more."

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## Jackson thrilled listeners during the '80s

by Edna Gundersen

Gannett News Service

Pop music in the 1980s was ... inoffensive. Sure, Tipper Gore was irked, but for the most part, parental flesh did not crawl. Rock became homogenized, lobotomized and sanitized, as harmless and prevalent as tap water.

The '80s opened with a deceiving signal, the Clash's "London Calling," a double album of punk rage. Oops, false alarm. Christopher Cross swept the Grammys, Poison and Whitesnake got famous, and Lou Reed took a walk on the mild side to plug motor scooters. Defying evolution, the Monkees returned. Elvis was trivialized into this era's pet rock. And pop continued its death march to The Land of a Thousand Dunces: easy listening.

That's not to deny that brilliant and daring artists captivated our attention. But even the most brilliant and daring, Prince, who started the decade with the gasp-inducing decadence of "Dirty Mind," ended it with a bouquet of party favors, the entertaining but cautious "Batman" soundtrack. Michael Jackson thrilled us with "Thriller," then sold his soul to Pepsi and became a California Raisin.

Both created powerful, original music that scaled the charts despite prevailing tastes for shapeless ditties. Along with Madonna and Bruce Springsteen, they were the pop

superstars of the '80s:

— Madonna owned the decade with her shimmering, dance-groove singles and proudly sensual videos. "Like a Virgin" (1984) was the first LP by a female artist to sell more than five million copies. The most savvy self-promoter since Muhammad Ali and a facile chameleon, Madonna made a happy marriage of art and commerce — long thought incompatible by pop's ivory-tower artists — paving the way for a new wave of women pop stars.

— Prince, pop's ultimate alchemist, also is its most prolific practitioner. He made three movies and nine albums in the '80s, not counting the bootleg of the decade, his "Black Album" of hard funk. "Purple Rain" canonized him and showcased his genius as a writer, arranger, singer and musician. "Sign o' the Times" and "Batman" shrewdly exploited technology, never at passion's expense. If his only '80s contribution had been the song "When Doves Cry," Prince would remain a leading influence.

— Bruce Springsteen's blockbuster "Born in the USA," its misinterpreted title track embraced by presidential candidates, pushed him into the stratosphere of pop stars. But it was the follow-up, "Tunnel of Love," that emerged as the decade's best album. An intimate, harrowing portrait of adult romance, it terrifies and tantalizes without sacrificing the excitement and rock ferocity Springsteen personifies.

— Michael Jackson's "Thriller" was the decade's unparalleled pop phenomenon, spawning seven Top 10 singles and selling more than 40 million copies worldwide to become the best-selling album ever. It was propelled by state-of-the-art videos and a record-breaking world tour. Jackson repeated the cycle with "Bad," still a monster at half the numbers of "Thriller." He dazzled the globe, but finally his weirdo image clouded his talents.

As '80s shapers, those four share credit with two cataclysmic events: MTV and rap.

Born Aug. 1, 1981, with the Buggles' prophetic "Video Killed the Radio Star," MTV irreversibly altered pop, shifting emphasis to surface over substance and instant fame over the hard-earned variety.

MTV embraced new artists and sounds ignored by record companies. And it cultivated an art form that, while still pumping out mostly eyeball junk food, has produced some



**DECADE OF THRILLS** — Michael Jackson's successful album "Thriller," which sold more than 40 million copies worldwide, was the decade's number one album.

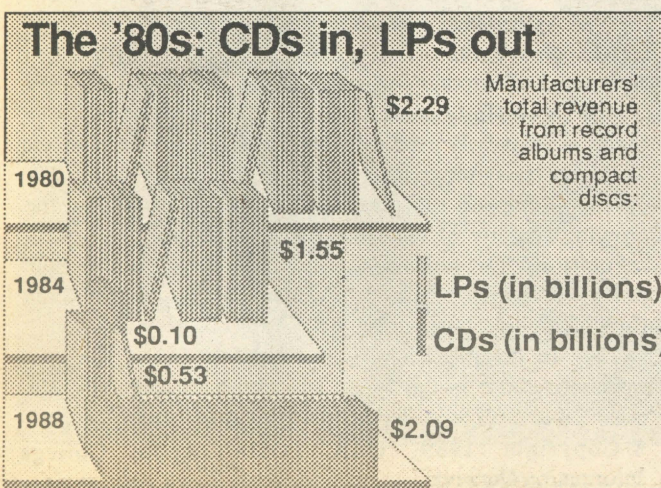
nutrition: Herbie Hancock's "Rockit," Michael Jackson's "Billie Jean" and the decade's best, Peter Dinklage's "Sledgehammer." It's whimsical but not dopey, high on human, sexy but not prurient.

Rap's entrance, too, was a mixed blessing. It brought the best of rhymes and the worst of rhymes, from ferocious poetry to macho boasting and sexist diatribes. Grandmaster Flash and the Furious Five set the stage with 1982's "Message," managing enough airplay to fuel the ambitious rap's sidewalk prophets.

Just when you thought the '80s were over, much like the '60s, some old dogs did new tricks. This year, the Rolling Stones and Paul McCartney returned with triumphant and strong albums; Neil Young and Bob Dylan released their finest work in a decade. And last-minute newcomers — Colour, Tracy Chapman, Terence Trent D'Arby — claim to the future.

Perhaps most encouraging is that the '80s ended with a clearly discernable path cleared. Early this year, Bobby Brown, Guns N' Roses, Debbie Gibson and Roy Orbison started in the upper regions of the charts. Such diversity makes a prognosis impossible. And because pop is interesting when it's unpredictable, that's a healthy sign indeed.

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Source: Record Industry Association of America

Julie Stacey, GNS

This special 4-page section is a last look at the 1980s decade. It was a decade of triumph, joy, sadness and the '80s may also mark the end of the Cold War. The approach we can only hope will put an end to the decade and bring about the '90s.

Section editor: Tom O'Brien  
Design and layout: Tom O'Brien  
Photos: AP Laserphotos of the Times Leader



'80s

# snapshots

out our academic pro-  
fessional life opportunities and  
the relationship between the campus  
and Jefferson  
said Rob Parrent, director  
of relations at  
University of Louisville.

"species," said Charles  
reading skills aren't as  
developed as our senses of see-  
ing. That's why music  
made for each other. We  
speak to the students in a  
they understand because  
it is in it themselves.

ns of immediacy of com-  
munication, you can't beat video.  
TV news. There's just no  
way to get the feel from the  
screen from a newspaper that  
you can't see Tom Brokaw  
holding a chipped piece of the

a powerful tool, and it's  
being used more and more."  
right 1989, USA TO-  
day College Information

'80s



Michael Jackson's highly  
successful album sold more than 40 million  
copies in the first year.

"It," Michael Jackson's  
best, Peter Gabriel's  
not dopey, high tech but

bleeding. It brought the  
s, from ferocious street  
dramas. Grandmaster  
stage with 1982's "The  
to fuel the ambitions of

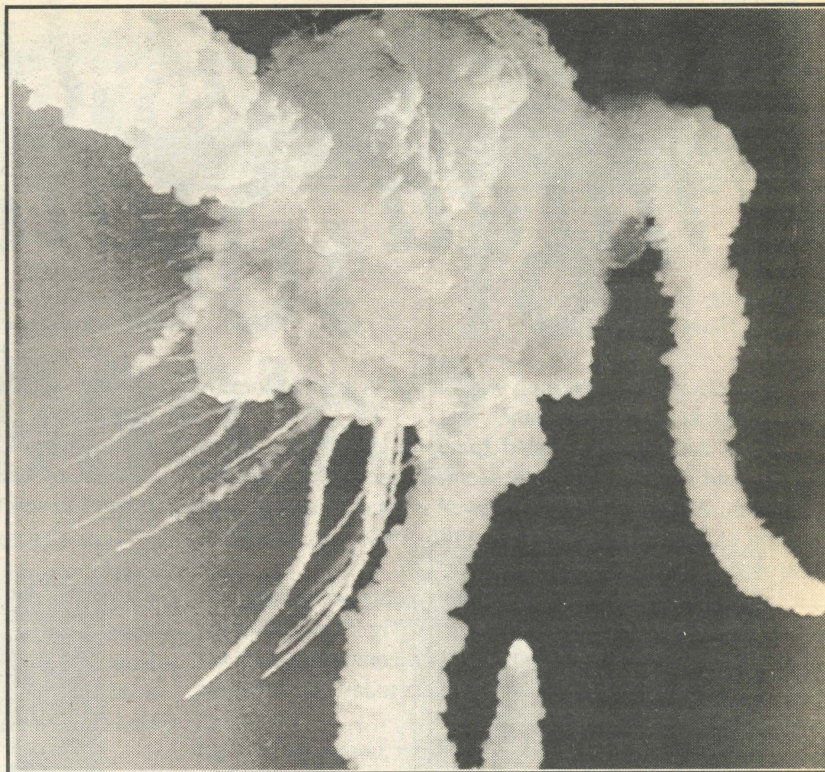
ere over, much less the  
This year, the Rolling  
with triumphant tours  
Bob Dylan released their  
newcomers — Living  
at D'Arby — staked a

he '80s ended with no  
this year, Bobby Brown,  
by Orbison shared the  
diversity makes a '90s  
top is interesting only  
sign indeed.

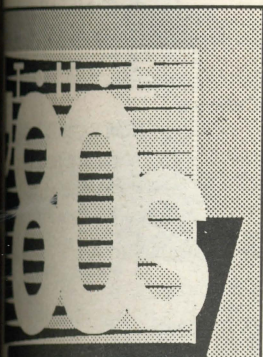
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**DISASTER** — Above is the seven-person crew of the ill-fated Space Shuttle Challenger, left, which exploded in Jan. 1986. The disaster crippled the U.S.'s space program for two years.

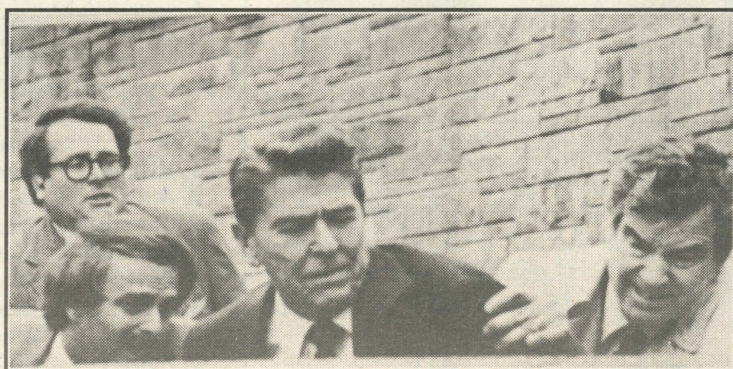


**MIRACLE ON ICE** — The U.S. Hockey team, left, Celebrates its 4-3 victory over the Soviet Union. The following day the team captured the 1980 gold medal by defeating Finland. It was the U.S.'s first gold medal in hockey since 1960.

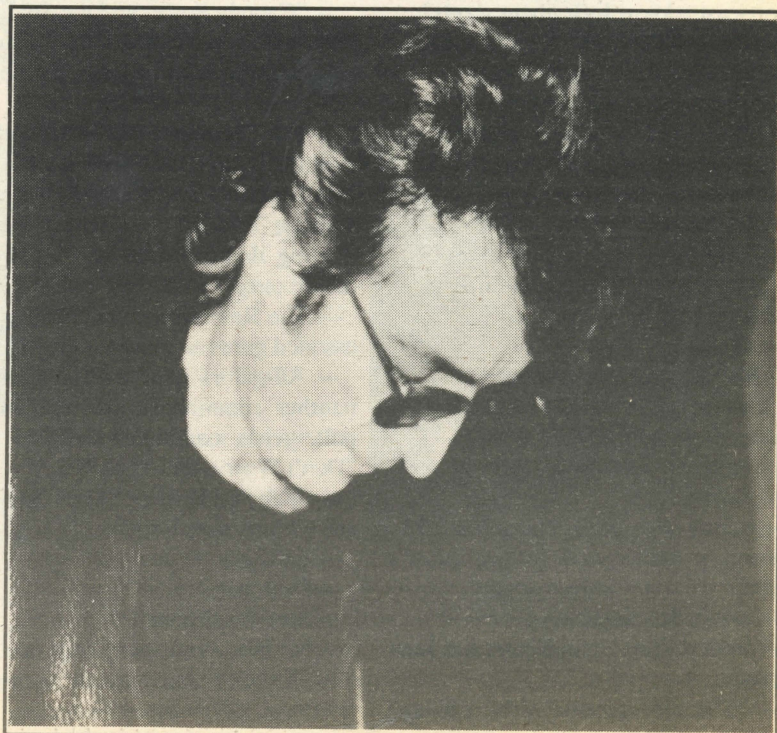


A special 4-page section takes  
a look at the 1980s, the "me  
decade." It was a decade marked by  
triumph, joy, sadness and change.  
The '80s may also mark the last  
of The Cold War. As the '90s  
begin, we can only hope the new  
decade will put an end to the "me"  
and bring about the "we."

Editor: Tom Obrzut  
Design and layout: Tom Obrzut  
Photos: AP Laserphotos courtesy  
of the Times Leader



**HIT AND MISS** — Former Beatle John Lennon, right, with his assassin Mark David Chapman, was gunned down in New York City the evening of Dec. 10, 1980. On March 30, 1981, then President Ronald Reagan, above, was the target of an assassination attempt by John Hinkley. President Reagan survived, Lennon didn't.





# Rising up from the ashes: United States' auto industry

by James R. Haley  
Gannett News Service

The decade now passing was one of incredible turmoil and change in the auto industry.

Ford and Chrysler faced financial ruin as the 1980s began, and the car business seemed stuck in a hopeless recession. A sharp rebound followed to record sales of 16.1 million cars and light trucks in 1986; 1988 was the No. 2 year with 15.5 million in sales.

Now, the experts say, a new auto recession has begun.

Through the ups and downs, the Big Three domestic automakers watched the Japanese car companies bite off bigger chunks of the U.S. car market; today the Japanese own 25 percent.

The harsh environment forced car companies to get aggressive and launch bold new products. The crucible of the '80s fired some of the finest cars in a long time.

The most significant:

— **CHRYSLER MINIVAN:** A gang of Ford rejects took a concept that Ford had rejected and turned the auto world upside down. Idea man Hal Sperlich had vainly lobbied for a small, civilized passenger van when he worked at Ford.

After he moved to Chrysler, he watched the idea bloom when Lee Iacocca, another Ford castoff, took over Chrysler.

Chrysler's minivan — introduced in 1984 — sparked a shift away from station wagons and caught other automakers flat-footed. The minivan helped fuel a wider interest in trucks

that's still reverberating in showrooms.

Winning formula — front-wheel-drive for good traction; car-like seating; smooth handling to avoid the truck-like harshness of other vans; and low height so you don't need a ladder to get in. Now minivans account for roughly 20 percent of Chrysler's sales — and Chrysler doesn't need rebates to sell them.

— **FORD TAURUS:** The "jelly bean" sedan, along with corporate cousin the Mercury Sable, redefined the family car. The round, wind-cheating look was a product of Ford design boss Jack Telnack's stint in Europe. The front-wheel-drive layout provided full-size passenger room in a midsize package, and the minimalist interior echoed the best from West Germany.

— **ACURA LEGEND:** What gnashing of teeth the expensive Honda caused at its 1986 debut! Would anyone really pay \$20,000 for a Japanese car, even a high-performance luxury model? How silly that sounds now, as Lexus and Infiniti come to market with \$40,000 Japanese cars.

Cars that bombed:

The tough decade of the '80s beat up some cars and their makers. Among the notable victims:

— **YUGO GV:** It seemed like a good idea at the time: an old Fiat built by cheap labor in Yugoslavia for sale at \$4,000 in the United States to people who couldn't really

afford a car.

It turned out that not only was the car trouble-prone, so was its U.S. distributor, which went to federal bankruptcy court to keep from going under.

Yugo has improved the car, overhauled the distributor and is emerging from the Chapter 11 cloud. But it's a long, hard climb.

— **FIAT:** The big Italian automaker got the message: In the United States, people aren't crazy about troublemakers — even if they are sporty and cheap. Fiat quit selling here in 1983. It still exists, though, as U.S. distributor of two other brands it owns: Ferrari and Alfa Romeo.

— **RENAULT:** The French automaker, never popular with U.S. buyers, was only too glad to sell a 50 percent stake in American Motors Corp. to Chrysler and race home to tend to its domestic market.

Chrysler's Eagle Premier sedan, inherited in the deal, still uses some Renault hardware, but that's about the only set of Renault fingerprints left in the country.

— **PONTIAC FIERO:** Great concept — a lightweight, rust-proof plastic car with its engine in the middle for handling. But commuters found it awfully small and a bit fussy about the engine fires that came standard with the models. Car buffs scoffed at the lack of power.

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## Look what we left behind

by Mike Hughes  
Gannett News Service

As we trudge into the '90s, we find ourselves taking some treasured stuff with us — our Madonna albums and our Oprah tips, our VCRs and our Fax machines, our cellular phones and our oat-bran cereals.

But — the good news — there are other remnants gladly left behind.

Among them:

— Howard Cosell. Can anyone remember why the leading U.S. sportscaster knew little about sports?

— The golden age of TV evangelism.

— The Elizabeth Taylor diet.

— The 55-mph speed limit.

— Yugos. For a minute, perhaps, the Big Three shivered with fear.

— DeLorean, the man.

— DeLorean, the car.

— Alphabetically speaking: "The A-Team," killer bees, vitamin-E diets, the G-spot.

— Gary Hart.

— Michael Dukakis. No one explained that people should kind of like you before they vote for you.

— Brigitte Nielsen.

— Donna Rice.

— Nancy Reagan's wardrobe, Boy George's barber and Robert Bork's beard.

— David Stockman.

— Joan Collins, Joan Rivers and Joan Lunden.

— "The Refrigerator" (The Chicago

Bears' William Perry. How could we lose someone that large?)

— Emmanuel Lewis and Gary Coleman.

— Live telecasts that opened things. We found nothing in Al Capone's vault; we found little more aboard the Titanic or in Geraldo Rivera's mind.

— Pete Rose, Steve Garvey and Ollie North as prototype American heroes.

— Pac-Man Fever.

— Atari, Colecovision, Odyssey and Intellivision.

— "Captain Power and the Soldiers of the Future," the wave of the future, with kids actually shooting at their TV sets.

— The Cabbage Patch Kids and their evil twins, the Garbage Pail Kids.

— Rubik's Cube, Laser Tag, He-Man, and the Transformers. (Do you get the feeling that kids started dumping the decade early?)

— The Rev. Sun Myung Moon, plus assorted gurus and visionaries.

— Alligators roaming the sewers, a panther roaming mid-Michigan and poltergeists roaming everywhere. Also, "Don't Worry, Be Happy."

— "Baby on Board," "Make My Day" and "Where's the Beef?"

— Ed Koch.

— Punk hairdos.

— Max Headroom.

— No-headroom, teeny-tiny cars.

— "Quality time" as an excuse for anything. "Zero-based budgeting as an

answer for everything."

— Drunk jokes, fat jokes, drug jokes and gay jokes.

— Billy Martin.

Maddie and David, Luke and Laura, Bo and Hope, Sean and Madonna. One of these was from real life, but we've forgotten which.

— Alan King and most other loud comedians with cigars.

— Fraternity hazings.

— "Ishtar" and "Heaven's Gate."

— Disaster movies.

— "The Love Boat." (Couldn't we have had just one more disaster film, with the captain failing to take on ballast and ...?)

— All the other Aaron Spelling productions. At his peak, this man had more than a third of ABC's schedule, from "Dynasty" to "Hotel."

— Singers with gold chains.

— Television's self-touted rediscovery of itself. Dolly Parton revives the variety show, Steven Spielberg's "Amazing Stories" revives the anthology, John Ritter's "Hooperman" revives the half-hour drama. (Robert Duvall in "Lonesome Dove" did revive the western, so that makes it one out of four.)

— Junk bonds.

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### LISTS OF A DECADE

#### Biggest cities

Then	Now
1. New York	1. New York
2. Chicago	2. Los Angeles
3. Los Angeles	3. Chicago
4. Philadelphia	4. Houston
5. Houston	5. Philadelphia
6. Detroit	6. San Diego
7. Dallas	7. Detroit
8. San Diego	8. Dallas
9. Phoenix	9. San Antonio
10. Baltimore	10. Phoenix

#### Five top-selling cars

Then	Now
1. Chevrolet Impala	1. Ford Taurus
2. Oldsmobile Cutlass Supreme	2. Ford Escort
3. Chevrolet Chevette	3. Chevrolet Corsica
4. Chevrolet Malibu	4. Honda Accord
5. Ford Fairmont	5. Chevrolet Cavalier

#### Five top prime-time TV shows

Then	Now
1. Laverne and Shirley	1. Bill Cosby Show
2. Three's Company	2. Roseanne
3. Happy Days	3. A Different World
4. Mork and Mindy	4. Cheers
5. Angie	5. 60 Minutes

#### Most popular children's names:

1979		1988	
Boys	Girls	Boys	Girls
1. Michael	Jennifer	1. Michael	Ashley
2. Jason	Melissa	2. Matthew	Amanda
3. Christopher	Jessica	3. Christopher	Jessica
4. Matthew	Nicole	4. Andrew	Nicole
5. David	Amanda	5. Joshua	Sarah
6. John	Heather	6. David	Jennifer
7. James	Amy	7. Daniel	Lauren
8. Robert	Kelly	8. Robert	Brittany
9. Joseph	Lisa	9. John	Samantha
10. Brian	Michelle	10. Justin	Stephanie

Source: USA TODAY research by William Dunn and Bill Gorton

Bob Laird, Gannett News Service

by Cathy Slebodnik  
Beacon Feature Reporter

# Wh you

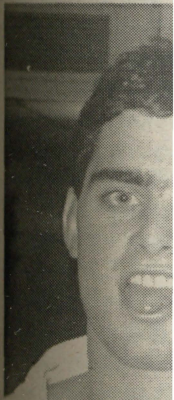


Andy K. Soph

The breaking down of the iron curtain and the clash of different beliefs is being able to



Alex Soph  
Wilkes becomes



Dan Br. Soph

The coming and going of



es:

ustry

y was the car trouble-plagued  
which went to federal bankruptcy  
r.  
car, overhauled the distributor  
apter 11 cloud. But it faces a

automaker got the message: he  
t crazy about troublesome cars  
cheap. Fiat quit selling cars  
ough, as U.S. distributor for  
rri and Alfa Romeo.

nch automaker, never very  
only too glad to sell its 46.1  
ors Corp. to Chrysler in 1987  
nestic market.

sedan, inherited in the AMC  
hardware, but that's about the  
left in the country.

at concept — a lightweight  
engine in the middle for swell  
it awfully small and were a  
that came standard with some  
ack of power.

TODAY/Apple College

Now

1. New York
2. Los Angeles
3. Chicago
4. Houston
5. Philadelphia
6. San Diego
7. Detroit
8. Dallas
9. San Antonio
10. Phoenix

Now

1. Ford Taurus
2. Ford Escort
3. Chevrolet Corsica
4. Honda Accord
5. Chevrolet Cavalier

ow

- Bill Cosby Show  
Roseanne  
A Different World  
Cheers  
60 Minutes

988

- Girls  
Ariel Ashley  
New Amanda  
Christopher Jessica  
New Nicole  
A Sarah  
Jennifer  
Lauren  
Brittany  
Samantha  
Stephanie

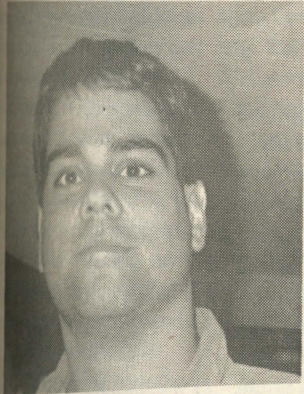
d, Gannett News Service

# Roving Reporter

Cathy Slebodnik  
Beacon Feature Reporter

Photos by Mary Ann Bobkowski  
Beacon Feature Reporter

## What stands out for you in the 1980's?

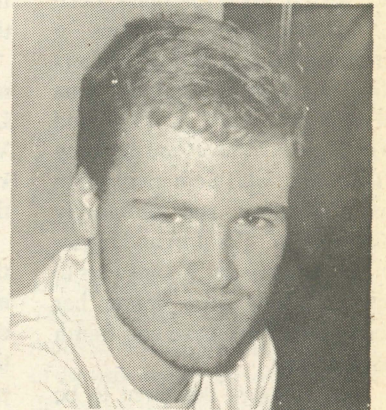


Andy Feinberg  
Sophomore

The breaking down of walls such as the iron curtain and the Berlin Wall; people of different beliefs coming together and being able to live together.



Keri Greig and Sandy Bozenbury  
Sophomore / Freshman  
A re-run of the 60's.



Brad Milhorn

The talks to reduce the threat the nuclear weapons.



Alex Senape  
Sophomore  
Wilkes becoming a university.



Paula Schoenwetter  
Sophomore  
Mickey Mouse, Calvin and Hobbes, and Bugs Bunny.



Denise Redenski  
Graduate Student  
The challenger exploding - it was such a shock. No one anticipated this.



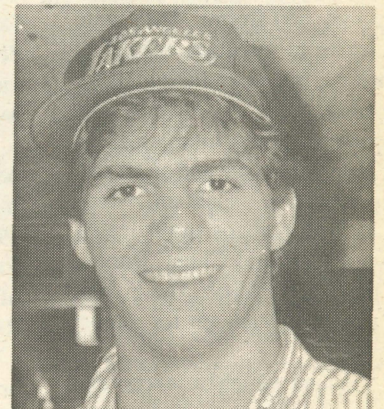
Mike Seeherman  
Senior  
Boston Celtics losing Len Bias to cocaine.



Dan Brunetti  
Sophomore  
The coming and going of my teenage years.



Lisa Gilliotti and Angela Babula  
Sophomore / Freshman  
Our \$150 christmas tree



Marty Strayer  
Sophomore  
Change!



# Entering the Big Muddy

by Chris Taroli  
Beacon Feature Writer

In Washington D.C., between the Lincoln Memorial and the Washington Monument, are two arms, 490 feet long, meeting at an angle of 125 degrees. They are the black granite arms of the Wall, the Vietnam Memorial—sleek, statuesque, haunting, ambivalent. The Wall holds the names of 57,661 once lost, once forgotten, once rejected, once living identities—a chronological roll call of soldiers killed in action in Southeast Asia between the years of 1959 and 1975. It gives comfort and meaning to the people who were involved in this ambiguous and seemingly pointless war. Comfort and meaning, but no answers. No answers to America's long sorry drama; her second most expensive and fourth deadliest war.

Are answers out there to be found? Why were we there? What were our motives and objectives? Why were we interested in this sliver of land half a world away? Why did we enter, as Pete Seeger called it, the Big Muddy, and what caused us to push on?

Vietnam was a unique war. It was the only war that America truly lost. It was also the first TV war. The horror, the reality, came into living rooms every night at six o'clock. Well, at least most of the reality did. There was still much happening behind the public's back, still much deception, still much uncertainty. There was a whole other battle, a battle between and over diplomats, rival ideologies, and political borders. This battle began in 1944. World War II was coming to an end, and the Allies were already contemplating the division of the post-war world. The war in the Pacific was still raging on, though. The Japanese, for some time, occupied most of South East Asia, controlling the Dutch East Indies, Singapore, and Burma. They were also trying to maintain control of Indochina, but were facing heavy opposition from the French, who had controlled Indochina before the war. Indochina consisted of, among other countries, Vietnam, which was located, perhaps strategically, between mainland China, Burma, and the South Pacific. The French had occupied Vietnam for almost 100 years.

Vietnam, which has a recorded history of more than 2000 years, has found itself in a continuous chronicle of resistance, most of the time against feudal China. Its history seems overpopulated with war, rebellion, and privation. As a result,

its people, no doubt, have become tough, durable, and persistent.

Among these people, one stands out: Nguyen That Thanh, better known to Americans as Ho Chi Minh. Ho was exiled from his country years before. During those years he had built up an army, an opposition, a corps of Vietnamese guerrillas who are seeking support for a country which used to be known as Vietnam. They are nationalists, and Ho is their leader; to them he is the essence of patriotism.

Ho called his army the Vietman Doc Lap Dong Minh, or the League for the Independence of Vietnam. To the Americans it was known as the Viet Minh, a name they would soon hate and fear.

The Viet Minh took refuge in the jungles and hills of North Vietnam. They lived primitively, but existed. They spent most of their time building weapons in a factory powered by a waterwheel. They mastered the art of camouflage and built an intricate system of pathways, tunnels, and escape routes underground. Their goal was to drive out both the French and the Japanese from their country and establish a free Vietnam.

In April of 1945, Major Archimedes Patti of the American OSS (later to become the CIA) was sent to Indochina. His purpose was to obstruct the Japanese, prevent or limit American tragedies in Southeast Asia, and to establish an intelligence network in the entire peninsula of Indochina.

He also was sent there to meet an old, frail man with a wispy beard, wearing rice-mat sandals and baggy trousers. That man was Ho Chi Minh. Ho seemed to be Patti's best answer in solving the immediate problem of establishing relations in Indochina, and not the French. No one knew the land better than the Viet Minh. Americans soon found themselves joining forces, in small operations, with the Viet Minh, starting with operation Deer Team. Publically we were dealing with the French, but privately we were dealing with anyone we could.

The Viet Minh soon seized power in Hanoi and celebrated Independence Day on September 2, 1945. The Americans were the only foreign government given a place of honor in the new Democratic Republic of Vietnam.

The end of World War II brought political problems, territorial problems. Everyone wanted something. The Soviets made territorial demands in Western Europe. What were the Americans to take?

There was political chaos. None of the great powers publically

recognized Ho's republic. The French still were in Vietnam, and it didn't seem likely that they were going to allow the Vietnamese self-determination. The French-Vietnamese hostilities grew into full scale war.

The Americans could not publically recognize Ho's republic because Ho had been known to deal with and be befriended by Communist nations, and Americans were too engulfed in anti-communism. This would upset the diplomatic standards. Also, America wasn't exactly thrilled with the French because of their desire to maintain imperialistic control over Indochina. But, nonetheless, diplomatic ethics sided us with the French.

The next major act was to take place in a city in North Vietnam, a city surrounded by silent mountains inhabited by the Viet Minh. The city was Dien Bien Phu, and the battle that took place there marked the end of French control in Vietnam, but opened the door for American occupation.

The city provided an air strip and a major infiltration route for the French army. The French controlled the air and were confident. And Americans controlled the supply of air power to the French. They were American planes. Made with American money. Three billion dollars, eighty percent of the cost, had already been invested in Vietnam.

On March 13, 1954, the siege begins. Air power was useless against guerrilla warfare. The Viet Minh moved closer, via trenches and tunnels, and 55 days later, on May 7, Dien Bien Phu fell, and the French control over Indochina ended.

After the fall, there was a nine-nation peace conference in Geneva which gave way to formal cease fire. It divided Vietnam at the 17th parallel: Ho Chi Minh's communist north, with capitol Hanoi; and now-American-supported anti-communist South, ruled by Ngo Dinh Diem in Saigon. The two halves were separated by a demilitarized zone.

tarized zone.

The separation was supposed to be temporary and the two halves were supposed to be reunited two years later by national election. The elections never happened.

The south was also dividing amongst itself. There was turmoil and upheaval. One reason was that Diem was a Catholic; most of South Vietnam was Buddhist. The Diem regime was repressive, and regarded any dissent as treason. The U.S. still continued to supply advisors and military aid, and later military personnel, but they were not happy with Diem.

On November 1, 1963, the Diem regime was overthrown, he and his brother were assassinated, and the army officials seized power. Also that year American troops increased from 900 to 16,300. Secretary of Defense John McNamara went to Saigon and publically affirmed American commitment.

Meanwhile, two major events took place: the assassination of J.F.K. only three weeks after the overthrow of Diem, putting Johnson in power; and the Gulf of Tonkin incident. The Gulf of Tonkin is off the coast of North Vietnam. An American Destroyer, the Maddox, was supposedly at-

## Zig Zag with feeling

by Rob Gryziec  
Beacon Feature Editor

Remember the days when you could turn on the radio and hear a song with real feeling and meaning to it? Such presence can truly be felt when listening to the Hooters new album *Zig Zag*. Although it doesn't seem to be a commercial product as far as top 40 goes, *Zig Zag* is an enjoyable listening experience. As usual, the lyrical content could be readily applied to almost anyone's lifestyle. In other words, there's at least one song on the LP that any person with any idea of art will like.

There is a cover of *500 miles* originally done by Peter, Paul and Mary and fully adapted to the

tacked there, twice, by enemy peder boats on August 2, 1964. The two types of eating disorders most often encountered resolution, which was passed by Congress. The following is a brief outline of the disorders and their effects.

President Johnson to take the steps necessary to resist the aggression in Southeast Asia. Anorexia Nervosa is a self-imposed starvation that seriously affects health. It is a disorder of the mind. The war? Was the ship really attacked? The answers are conflicting.

In 1965 a total of 18,000 troops served in Vietnam. The number would increase until the late stages of the war. American soldiers were dying, but for what? What did we want from Vietnam? What was so important that we were trading human lives for

Was it economic? Did we want post-war prosperity? Were we natural resources over there? We wanted to get our capitalistic on? Or was it ideological? scared of communism? And the domino effect theory prevelant (or was it also an excuse). Was the fate of the world supposedly at hand?

Who do we blame for involvement? Truman for sending Eisenhower for sending J.F.K. for sending troops for starting an air war? Or blame the human animal for power hungry and aggressive. Maybe it is all of those factors.

But nonetheless we made, and people were dying. We were "waist deep in the Muddy, and the Big Foot was pushing on."

Further symptoms caused by anorexic women include poor self-esteem, social isolation and depression. Women are experiencing difficulties

The Hooters have recruited a new bass player, John Lilley, and David Usher. The album was produced by Ian and Hyman.

The Philadelphia-based band first released an EP in 1981. Their success story continued with a 1985 smash LP, *Nervous Night*.

This disorder is made more difficult to overcome because of the continuation of *One Way Nervous Night*. A related eating disorder

All in all, however, to evolve and *Zig Zag* begins to a new sound brings out the roots of rock



THE  
'60s

Chris  
Taroli



ddy

ing disorders are a far too occurring problem on campuses. Young women are by an overwhelming power their weight, believing thinness equates with happiness and personal success. The two types of eating disorders most often encountered are anorexia nervosa and bulimia. This is a brief outline of the disorders and their effects on the body.

It allowed Johnson to take whatever necessary to resist the "deliberate" unprovoked acts of aggression in Southeast Asia." Were these just excuses to get into the war? Was the ship really at risk? The answers are still being sought.

In 1965 a total of 184,300 were served in Vietnam. And that number would increase almost 50% if America was now deeply involved. American soldiers were dying, but for what reason? Did we want from Vietnam as so important that we were willing human lives for? Was it economic? Did we want prosperity? Were there resources over there that we needed to get our capitalistic hands on? Was it ideological, the times? Americans were fighting communism at that time. The domino effect theory was in vogue (or was it also just a myth?). Was the fate of a free world supposedly at hand?

do we blame for our involvement? Truman for sending aid? Over for sending advisors? Sending troops? Johnson for starting an air war? Or do we blame the human animal for being greedy and aggressive? Is it all of those factors? Nonetheless we were in there and history was being made. People were dying. There "waist deep in the Big Muddy" and the Big Fool said to

feeling

unique style. Footers have also renewed bass player, Frank to join Eric Brazilian, and David Uosikkinen. The album was produced by Brazilian.

The Philadelphia based group released an EP in 1983. Their style continued with their LP, *Nervous Night*, but looking for another light, Zig Zag is not for actuality Zig Zag is a part of *One Way Home*. Successful follow up to *Night*.

II, however, music has changed and Zig Zag is a good example of a new sound which has roots of rock and roll

## Bulimia

Bulimia is an emotional eating disorder whose victims — virtually all women — alternately binge and purge themselves by vomiting or taking laxatives. Many of these women go through periods of anorexia nervosa, in which they eat almost nothing. There is some disagreement as to whether bulimia and anorexia nervosa are two separate disorders (which can affect the same women at different times), or whether they are simply two phases of one disorder. Either way, women who are suffering from these problems have an overwhelming need to be thin coupled with an inability to see themselves as anything but fat — even when the scale and the mirror demonstrate that they are nothing but skin and bones. They may suffer all the physical ills of starvation and, in the case of bulimics they may experience difficulties such as liver and kidney

problems directly and fearful of losing control, these young women binge and then purge as a substitute for coping or seeking help.

Unfortunately, our society with its obsession with female thinness, subtly encourages bulimics' beliefs that the thinner they are, the more acceptable, desirable and lovable they become. Counseling, family therapy and support groups can and do help, provided the bulimic can take the first tremendous step and seek help, and then make the even more difficult commitment to go on with it. The process of confronting the disorder and attempting to change is one of the hardest things the young woman suffering with bulimia can do.

It's unclear exactly how many bulimics there are in the United States; after all, this is a disorder that is cloaked in secrecy. Researchers believe that there are at least 500,000, perhaps a million

Have you experienced the feeling that you are out of control in relation to your eating?

Are you losing weight and experiencing intense fear of becoming fat or losing control?

Do you feel fat when you are at normal weight or underweight?

Answering "yes" to two or more of these questions may indicate the presence of problems with how you approach food and eating.

If you are interested in learning more about eating disorders or would like to talk to someone in a private, confidential environment about difficulties you are having with eating, please contact Campus Counseling at ext. 4732 to arrange for an appointment. Remember, eating disorders can change. By using counseling, support from family and friends, self-help support groups exercise and healthy nutrition recovery from an eating disorder is possible. So, for more

situation such as a test or discussing a difficult subject with a friend. They can also be demands that we make of ourselves through our thinking. When we tell ourselves to "try harder" or "you have to do better", you are imposing stress on yourself.

We sometimes operate under the mistaken belief that all stress is bad for us. In fact, life without some stress, in the form of everyday challenges, would be quite boring. For example, the psyched-up feeling that you get prior to going into a test is useful stress. It helps us to get ready to face the task at hand and provides us with the energy necessary to perform well. Some stress is beneficial, too much stress however, can be crippling.

Many of us live lifestyles that are never ending sources of stress. We find that we never have enough time, are often angry, bitter or feeling as if our needs aren't being met, feel fatigued or physically ill, and are obsessed with achievement. These feelings, indicative of too much stress, call for an overhauling of the way we run our lives. Some of the ways we can help to reduce stress are learning to manage time more effectively, exercising regularly, learning to evaluate beliefs that increase our stress, and to take better care of our bodies.

One of the ways that stress can be reduced is through diet. Some dietary steps to stress management include:

- Eat three meals a day, especially breakfast. Give your body the fuel it needs to run efficiently. By eating three regular meals, you develop a normal rhythm of food intake that your body can depend on, rather than stressing it by a hurried, irregular eating schedule. Additionally, by committing to eat three scheduled meals a day, you can have this time as a needed break from your hectic work pace.

- Take a high quality vitamin/mineral supplement every day. A vitamin/mineral supplement is an easy, effective method of insuring that your dietary needs are met. The supplement should be high in Vitamin C and the B-complex vitamins, high in calcium, high in iron (especially for women), and not more than 150% of the U.S. Recommended Daily Allowance.

- Monitor what you eat. Some recommendations for monitoring your diet include; try to eat more fiber; Limit the amounts of cholesterol and saturated fats in your diet; Don't salt your food and beware of foods with hidden salt; Avoid foods containing refined sugar; Monitor your use of caffeine and decrease it if needed; Increase how often you eat broiled or baked fish and raw vegetables.

- If you drink alcohol, drink in moderation. Excessive use of alcohol may well be a symptom of too much stress.

# THE BEACON HEALTH BLOCK

ALL ARTICLES WERE CONTRIBUTED BY THE WILKES COLLEGE HEALTH SERVICE

damage, rupture of the esophagus and stomach, tooth decay caused by stomach acids, diabetes, hypoglycemia and heart damage. If this problem isn't checked in time, the individual with the eating disorder may die of starvation. How does a woman — often an attractive young girl in her teens — develop such a distorted pattern? No one knows for sure, but some professionals who work with women with eating disorders indicate that the following characteristics are often found in women experiencing bulimia/anorexia:

- the individual, as a child, has some difficulty obtaining the attention of her parents who often are perfectionistic;

- the individual grows up burdened with super high standards that she can never meet, leading to resulting feelings of worthlessness, depression and dissatisfaction with self;

- women troubled with bulimia and anorexia are often frightened and unfulfilled;

- the disorder may represent a fear of growing up or a subconscious rebellion against parents;

- food is not the central problem in the disorder

Unable to face their

young women burdened by this disorder. One estimate is that 20 percent or more of all women on college campuses have had some experience of bulimia.

If you have concern that you may be experiencing some type of disorder related to eating, answer the questions below as a method of determining whether such a disorder might be present:

Is your life a series of constant diets?

Do you vomit, take laxatives or diuretics (water pills) to control your weight?

Do you alternate periods of eating binges and fasts to control your weight?

Does your weight fluctuate by as much as 10 pounds because of your eating habits?

Do you have "food binges" during which you eat large amounts of food in short periods of time?

If you have "binged" was it on high calorie foods such as ice cream, candy, cookies, or cake?

Have you stopped a binge by vomiting, sleeping or experiencing pain?

Do you think your eating habits are abnormal?

Is your life dominated by thoughts of food?

information call Campus Counseling or one of the resources listed below:

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS INC. (ANAD)  
P. O. Box 271  
Highland Park, IL 60035 Phone: (312) 831-3438

AMERICAN ANOREXIA/BULIMIA ASSOCIATION, INC.  
133 Cedar Lane  
Teaneck, NJ 07666 Phone: (201) 836-1800

CENTER FOR THE STUDY OF ANOREXIA AND BULIMIA  
1 West 91st Street  
New York, NY 10024 Phone: (212) 595-3449

## Nutrition and Stress Management

Stress, generally speaking, is our body's response to any demand placed on it. These demands can be physical demands such as running a race, lifting a heavy object, or walking up a flight of stairs. They can be the demands of a particular



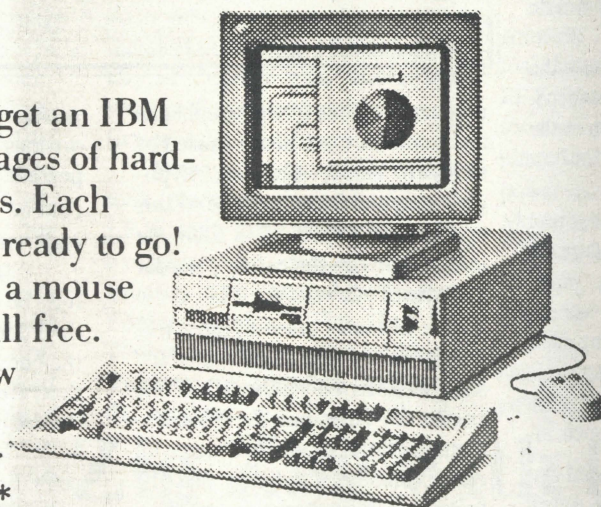
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by Lee Morrell and  
Jim Clark  
Beacon Editor  
Beacon Sports Editor

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# Sports



## Remembering The Great One, Phi Slamma Jamma, the '85 Bears and the Miracle On Ice

by Morrell and  
Clark  
Editor  
Sports Editor

Most periods of time are best remembered by the events that unfold during them.

For instance, many remember the '20s for the Murderers possessed by the New York Yankees; many remember the '30s for the Otto Graham led Cleveland Browns; many remember the '60s for the dominance of the UCLA Bruins and John Wooden; and many remember the '70s for the Curtain of the Pittsburgh Steelers.

What teams will the '80s be remembered for?

To answer that question we will start with the Top 10 individual team performances that stick out.

1) '85 Chicago Bears — Very possibly the single dominant team in any sport in the '80s. These guys went through everyone, suffering just a fluke loss to the Redskins. They only gave up 10 points in the playoffs of the year.

2) '82-'83 Philadelphia 76ers — What more can be said about a team that only lost one game in the three "best-of-seven" playoff series of that year? This team came close to Moses Malone's promise of 4-4-4, delivering 4-5-4, giving our nod for 2.

3) '84 Detroit Tigers — This team ran roughshod over the Steve Garvey-led Padres to win their title. Willie Hernandez copped both the Cy Young and MVP that year to cap a season of dominance.

4) '86-'87 Edmonton Oilers — There has never been a better assemblage of hockey players in one Canadian province than that Wayne Gretzky paced squad that smothered the pesky Flyers in 7. Although it was their last year, it certainly was their best.

5) '86 New York Giants — Defense was the keyword for this team that flexed their muscles in the playoffs as they won all three playoff games, averaging a margin of victory of more than 26 points.

6) '86 New York Mets — This team would have been higher on the list had they not been one strike away from choking to the over-achieving Red Sox.

7) '87-'88 Los Angeles Lakers — This greatest team of the NBA's best in the '80s crushed Boston in the

8) '82-'83 New York Islanders — This team, led by the Gretzky-led Oilers home without the Cup in their history. In doing so, they snared their fourth consecutive

9) '88 Miami Hurricanes (football) — Future Cowboy bench-sitter Steve Walsh led his 'Canes to their second title with a resounding win over the Boz's. This could be the most dominant college football team over.

10) '82-'83 Houston Cougars (basketball) — Despite not winning the national title (they lost to the N.C. State Wolfpack) this team, led by the Phi Slamma Jamma connection of Clyde "The Glide" Drexler and Akeem "The Dream" Olajuwon, battered everyone on the way to their choke.

O.K., we have established what individual teams will be remembered when the '80s are a distant blur. But what teams will be remembered for a decade of dominance?

Professional football is the easiest to determine. After last year's victory over the Bengals in the Super Bowl, the San Francisco 49ers earned the moniker of team of the '80s.

The 49ers won three World championships as well as a mess of NFC West titles.

Other teams worthy of notice are the Redskins who won 2 of 3 Super Bowls and the Bears, who won five NFC Central titles consecutively.

Hockey and basketball weren't as easy to pick as football.

The Edmonton Oilers garner our nod as top of the '80s in a squeaker over the New York Islanders. Although the Islanders took home 4 Cups in a row, the Oilers had possibly the best teams ever by putting Gretzky, Messier, Andersen, Fuhr, Kurri, Coffey, McSorley, Krushelniski, and Tikkanen on the ice at the same time.

In hoops we crown the Los Angeles Lakers as the team of the '80s in yet another squeaker over the Boston Celtics.

The Lakers won five NBA titles in the '80s as compared to the Celts' three. Add to that the dominant teams of Magic, Kareem, Worthy, Cooper, and Scott.

Baseball was the most difficult to pick a team for, but leave it to two opinionated fellows to choose one anyhow.

For baseball's team of the '80s we choose the St. Louis Cardinals.

The Cards reached the pinnacle of baseball success three times in the '80s and, despite only winning once, they remained at the top or contending, consistently.

Other teams worth mentioning are the New York Yankees, who were the winningest team of the '80s, despite winning nothing more than an A.L. pennant in strike shortened 1981, and the A's, the dynasty in the making for the '90s.

In the collegiate ranks we chose the best of the major sports, basketball and football.

In football, the best of the '80s played the most games in the Orange Bowl. No, not the Big 8 champs, the Miami Hurricanes. The Canes took two National Championships and narrowly missed two others as well as being the one team to snap Notre Dame's 23-game winning streak last month.

Also receiving votes were the Penn State Nittany Lions, who won two National Championships and Oklahoma who won one and just missed another.

Also mentioned in the deliberations were Augustana, Ill. In spite of their Division III status, they dominated by winning four National titles in a row.

In basketball, the only real powerhouses of the '80s and therefore our only co-teams of the '80s, were Georgetown and North Carolina. Both won National crowns and were always at the top of the polls at the beginning and the end of the season.

Those are the teams but who were the athletes that shaped the '80s?

In reverse order, here are our Top 5 (plus 1) athletes of the decade.

6) Martina Navratilova — No other women before her has ever dominated the tennis circuit like she has. (Look for Steffi Graf to have this position 10 years from now)

5) Ivan Lendl — See above, substitute man for woman and Boris Becker for Graf.

4) Jackie Joyner-Kersey — What more can be said about the best female track and field star since the legendary Babe Didrickson. No woman has dominated the modern pentathlon and the long jump like she has.

3) Joe Montana — The quarterback of the '80s for the team of the '80s. No one has ever lead a football team like Montana has. With the poise of Unitas, the arm of "Slingin'" Sammy Baugh, and the championship calibre of Bart Starr, this throwing wonder remains the best of his time.

2) Earvin "Magic" Johnson — Although Bird has more career points and Jordan looks to become better than both, Magic has been the most talented of the three for the '80s. Magic always has a great night, whether it comes in points, assists or one of the intangibles. That's what makes him great.

1) "The Great One," Wayne Gretzky — All this hockey player did to garner our athlete of the '80s was win eight Hart Trophy for the MVP in the NHL, won two Conn Smythe Trophies for the MVP of the Stanley Cup playoffs, scored more points in half the time than Gordie Howe, the most prolific scorer before The Great One, and he proved that one player can make a team by leaving Edmonton and turning the lowly L.A. Kings from pretender to contender.

He is simply the greatest player to lace up the skates.

It is a unique thrill to be able to watch the truly greatest ever, play his game. Now we know how our parents felt as they watched Ted Williams, Mickey Mantle, and Willie Mays play.

The greatest moment in '80s sports?

No contest, The Miracle on Ice. The 1980 U.S. Olympic hockey gold medal in which the Americans beat the Soviets 4-3, then, in anti-climax, beat Finland for the gold.

It still inspires chills when someone says, in their best Al Michaels voice, "Do you believe in miracles? Yes!"

That's sports in the '80s, lets hope for the same thing 10 years down the road.



## Green Bay's Majkowski

## Majik Packer

by John Gordon  
Beacon Feature Editor

In Green Bay, number seven is always up these days. It's hard to keep the "Majik" man down. You can shake him, but like a bottle of 7-UP, he's ready to explode once he is under pressure.

Don Majkowski, otherwise known as "Majik," has brought a walloping wave of new-found enthusiasm to Green Bay, Wisconsin and Packer fans nationwide.

The fourth-year quarterback has restored Super Bowl fever to a city that hasn't seen the big game since the late 60's.

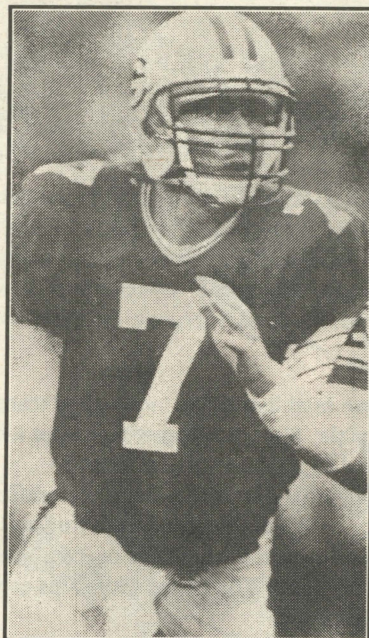
This season, the tenth-round pick out of the University of Virginia is astounding NFL audiences and critics with his star-quality statistics. He has thrown 20 touchdown passes and is cruising towards the 4000-yard plateau.

Numbers are impressive, but leadership qualities are the most important properties an NFL quarterback must possess. The "Majik" man could become one of the all-time greats. He has the super stats and courageous confidence that exemplify the ideal pro signal-caller.

Majkowski is currently snowballing the Packers in a furious flurry to plow into playoff contention in the NFC. Green Bay is tied atop the NFC Central with the Minnesota Vikings, both with an 8-5 record.

Majkowski's powerful poise was felt two weeks ago by one of the best teams ever, the San Francisco 49ers. "Majik" rumbled into the endzone on a quarterback draw to give the Packers a 21-17 upset victory over last year's Super Bowl champs.

Once Majkowski was in the endzone he came to rest in a child-like position. Television cameras gave the world a glimpse of his memorable smile, one that was as broad and brilliant as the talents of Don Majkowski, the next multi-million-dollar quarterback in the NFL.



Don Majkowski

## Wrestlers 6-0

Continued from page 16

Saturday night's match with Oregon State brought one of wrestling's biggest characters to the Marts Center. No, Hogan or Andre the Giant didn't show up, but 67-year-old Oregon State head coach Dale Thomas did, only two minutes before the match as usual. Thomas, in his 34th year as a coach, is the sport's all-time winningest coach with over 600 wins.

"He is a real character," Reese said. "He wrestles 40 matches a year, which is much more than anybody else. He takes his kids around the country and wrestles ten or twelve straight nights. He only takes ten wrestlers with him. If one of them gets hurt, he puts them on the plane and sends them home and then flies another one in. He gets a lot of mountain kids, and they are a different breed. He is really tough on them and doesn't show any sympathy. But by the end of the year, they are always in the top ten in the country."

Which tells you the magnitude of Saturday night's match. The Colonels used another impressive performance by Mike Schroat, who looks dominating at 150 pounds, and the showings by Charlie Keyes, Ray Mendoza, and Steve Schannauer to propel them to victory.

The grapplers now have one match remaining before the finals. They will take on Ithaca, last year's defending Division III champions, on Tuesday. The action starts in the Marts Center with the JV match at 6 p.m. to be followed by the varsity match at approximately 8 p.m.

Reese and company will be looking for that seventh consecutive win that may bring national recognition.

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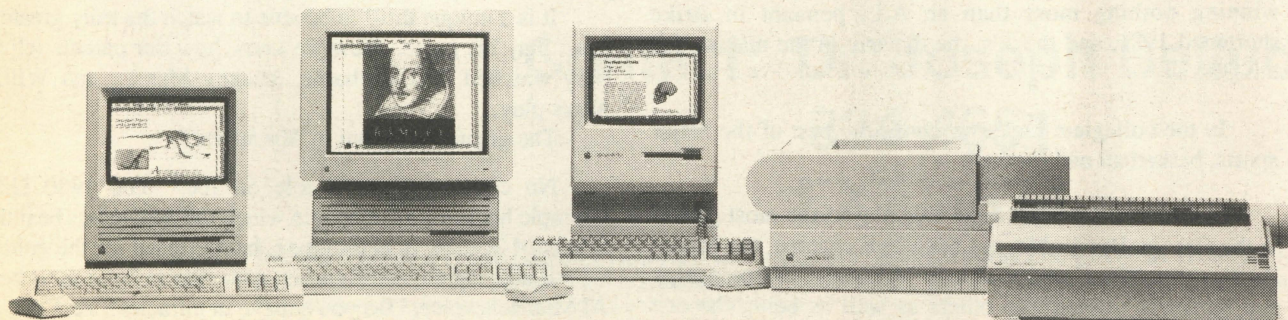
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## Sch

Last Friday Schaefer was ap... Schaefer, as with... thoroughly examin... the Marts Center... his back in front of... If you said be... right. Schaefer, w... the big boys do it.

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# 6-0 Schaefer proving it to big boys

Friday night, one would have thought Wilkes wrestler Greg Schaefer was applying for a job with ABM maintenance company. As witnessed by approximately 1,500 rowdy spectators, was Schaefer examining the lights or checking for asbestos on the ceiling of the Marts Center. What else could the junior 126-pounder been doing on the mat in front of all those people?

"If you said being pinned by Navy's Mark Smith, you are absolutely right," Schaefer, wrestling in his first big dual meet, learned quickly how to win.

"It was my first real big match," Schaefer said. "I was a little nervous with the big crowd and everything. He got the first takedown and I was on the bottom and just stayed there. I couldn't get out. He pinned me in a half-Nelson and pinned me. I think my lack of experience hurt me."

Schaefer was down, he certainly didn't show it. Shaking off Friday night's disappointment, "Shaggy," as he is affectionately called by the fans, rebounded for a big win over Oregon State's John Hernandez. Trailing 3-2 going into the final period, Schaefer toughed it out and came up with three back points with only 15 seconds remaining to win his first career dual meet win. He also defeated Millersville's Pete Hernandez, 11-5 last night.

"I was really pleased with the way Greg bounced back," said head coach John Reese. "I think he learned a lot about what it takes to compete at the level of the Navys and the Oregon States. Now, the more he wins, the more it will build his confidence."

"I saw it was a big match and I had to come back," Schaefer said. "I was down 3-2 at the beginning of the third and it was his choice. He wanted to take the bottom, so I tried to ride him out. I kind of turned him over and got the three back points."

"I was really glad to get the win. I had to keep my confidence up. I can win, it just depends on how strong my mental attitude is." Schaefer has worked extra hard to establish the latter half this year. "I try to run and work out twice a day," he said. "I have to make my weight is at 126. My weight got as high as 150 this summer so I was sucking to do. I could only eat two meals a day, and light on my feet. I sat in the sauna a lot. When I'm sucking weight I don't care much because the littlest things usually bother me. I try to keep my mind that way. I don't get mad at anyone and no one gets mad at me."

"He works harder than a lot of the other kids," Reese said. "He has the natural talent but he is making himself into a good wrestler because he wants it more than anyone else. He really wants to be a wrestler. He is a good kid and he works hard for everything he does."

Schaefer burst on to the Wilkes wrestling scene two years ago as a freshman just trying to win a spot on the squad.

"He wasn't one of our real big recruits," Reese said. "I found out when I got a letter from his coach. He could probably be considered as a walk-on because we really didn't know much about him."

"I saw Wilkes had a good program and I decided to come and see if I could wrestle here," said Schaefer, a definite crowd favorite. "I

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## The Razor's Edge

Ray Ott

didn't expect to wrestle my freshman year, but I was a little disappointed last year when I got beat. This year it feels pretty good to be getting the chance to wrestle."

When he visited the campus three years ago as a potential student-athlete, Reese assigned former wrestler Joe Ianuzzi, who is currently studying to be a priest, to show him the campus. That is something Schaefer should keep in the back of his mind when he kneels by his bed at night to say his prayers.

After all, a little scrappy grappler like Schaefer can use all the help in the world from the big guy in the sky.

## Lady Colonels suffer a 69-63 loss

# Wilkes downed by Messiah

by Ron Rainey  
Beacon Sports Writer

WILKES-BARRE — The Lady Colonels basketball team seems to be settling into a pattern: two wins, one loss.

Before Tuesday's 69-63 loss to Messiah at the Marts Center, they pummeled FDU-Madison, 70-52 on Sunday and topped the century-mark in a 100-54 rout over Baptist Bible a week ago.

In each of their two wins, the Lady Colonels (4-2, 0-2 in the MAC) buried their opponents with quick starts at the beginning of each second half. Against Baptist Bible, Wilkes went on a 16-0 run on the way to a rout, and against the Lady Devils of FDU, they produced a 13-0 spurt.

"We thought our defense was a bit relaxed in each first half," said sophomore guard Lorrie Petrulsky. "So we came out very intense to start each second half and it has been working."

Petrulsky and freshman Hillary Blake led the Lady Colonels against Baptist Bible, each scoring eighteen

points.

It was much the same story against FDU as the Colonels used a high-pressure defense and fast-breaking offense to win their second straight game.

However, against the patient Messiah Lady Falcons, the Lady Colonels dropped their second straight conference game. Wilkes was forced to play catch-up for most of the game and trailed 37-25 at halftime.

Blake converted two free throws to cut the deficit to 57-54 with 5:20 left, but it was as close as the Lady Colonels could come.

"We didn't play good defense," said head coach Jodi Kest. "We were unable to adjust to their strengths and that hurt us. However, we showed some guts coming back but we just fell a bit short."

Nicole Kovaleski was named to the ECAC honor roll for her play in the first two weeks of the year.

The Lady Colonels head to the Eureka (NY) Tournament hoping to reverse their win-loss pattern.

Two wins, one loss is not a comfortable situation for Kest's squad.

## Three talents to choose from

# Who should start at center?

by Ron Rainey  
Beacon Sports Writer

WILKES-BARRE — When Jodi Kest decides on her starting lineup for each game, she faces an interesting dilemma. Who should start at center? Sophomore Krista Zoka, freshman Missy Chinchar or fellow rookie Colleen McGarry?

Many coaches wished they had this type of problem. Each player gives Kest a different type of talent yet performs effectively.

Is it difficult to spread the playing time around?

"It's hard, but each player will see plenty of time," Kest said. "It's great because each girl gives us a different look out there."

If Kest calls on Zoka, she gets a great rebounder who can also score inside the paint on the offensive end. She started three of the first five games and is averaging seven ppg and six rpg. Zoka sees an advantage to

having three tough inside players.

"It makes all of us work harder because we are all competing for the same spot," Zoka said. "Competition breeds success."

Chinchar offers quickness and strong offensive rebounding. Technically a forward, she sometimes moves to the middle if the Lady Colonels are facing a shorter lineup. Chinchar's stats are virtually identical to Zoka's, with seven ppg and 6.4 rpg. She is also shooting over 50 percent from the field.

McGarry, who's an excellent passer, has started one contest this season, but she thinks that practices are giving her as much experience as live games.

"Practices are real competitive," she said. "It's almost like a real game sometimes. I think this (center competition) makes us stronger and tougher for games."

So who does Kest start? Zoka, Chinchar or McGarry? One thing is for sure; Kest can't make a bad decision.



December 7, 1989

Wilkes College

Wilkes-Barre, PA

# Sports

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## Wrestlers scorching at 6-0

by Ray Ott  
Beacon Sports Editor

WILKES-BARRE — Two of the bigger kids on the block, bullies on the national level, came to take on the Wilkes wrestling team this past weekend. Both went back to their own neighborhoods a little beat up and minus some lunch money.

The Colonels (6-0) defeated Navy 27-12 Friday night before a packed and enthusiastic crowd and did likewise Saturday night in a convincing 31-10 decision over Oregon State.

The roll continued with a 32-4 rout of Millersville last night at the Marts Center. Kurt Tamai registered a pin at 118 and the Colonels cruised.

"If we go into Christmas at 7-0 we have a good chance at being nationally ranked," said head coach John Reese.

Tamai also started the evening on the right foot against Navy for the Colonels with an impressive 10-1 win. Greg Schaefer was then pinned by Mark Smith to put the Colonels in the hole, 6-4. But senior Ron Miller proved to be the spark plug.

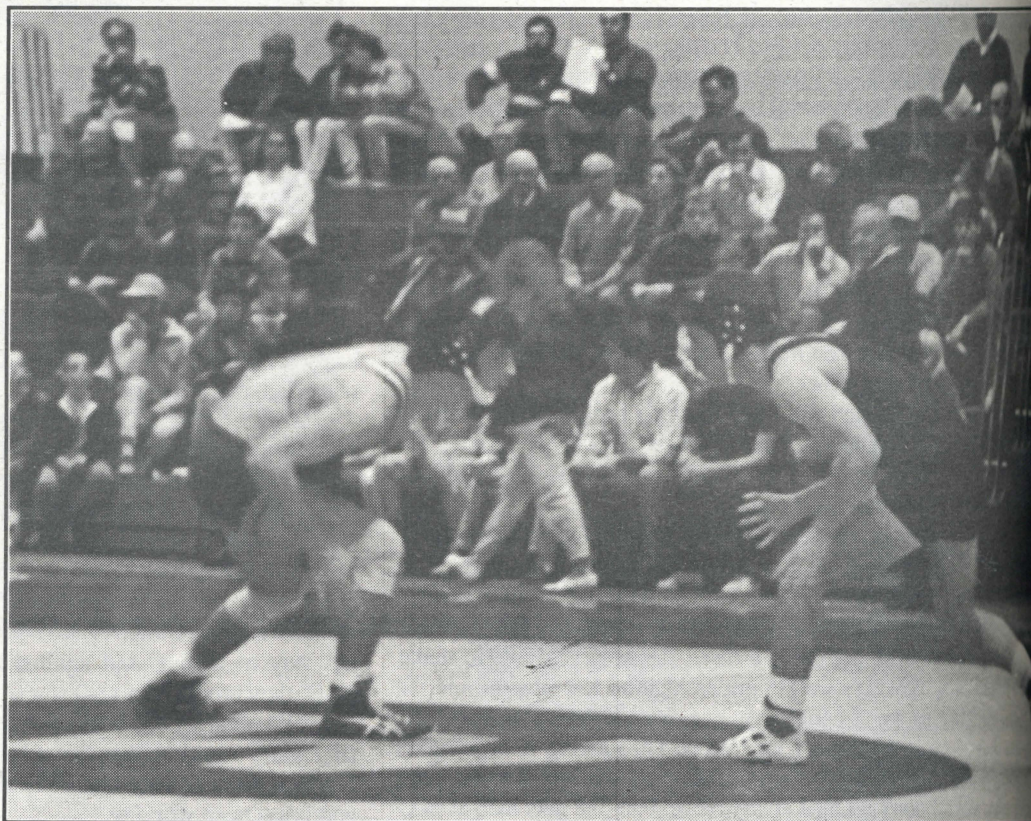
Trailing 3-1, Miller came back to defeat Kelly Downs, 7-6.

"Ron's match was the real key," Reese said. "We thought that in order to beat Navy we would have to win the close bouts. When Ron came from behind to win he set the stage and the crowd really got involved. We were trailing in four matches and we wound up winning three and tying one. Winning the close ones was definitely the key."

The Colonels also got a big win from Mike Froelich at 142, a pin by Mike Schroat at 150, and a key tie from Merrel Neal at 167 to help the grapplers sink Navy.

"I was really surprised by the size of the final score," said Reese. "I didn't think it would be that big but we won every close match."

See Wrestlers page 14



Kurt Tamai (left) prepares for battle against Oregon State in Wilkes' 31-10 win

photo by Jim Clark

### Dropped by King's and FDU-Madison

## Colonels patient in win

by Jim Clark  
Beacon Sports Editor

WILKES-BARRE — It wasn't shaping up as a good week for the Colonels basketball team. Last Thursday, they were nailed by King's, 91-77 in the Marts Center. They were also dealt an 84-64 loss by FDU-Madison on Saturday.

And here it was midway through the first half of Monday night's home game with Messiah and the Colonels found themselves down 30-15.

A dying team was breathing its last.

Then Joe Natale brought a roster to life.

The freshman center scored all of his fifteen points in the second half as the Colonels (4-3, 3-2 in the MAC) hit an amazing 18 of 21 shots in the second 20 minutes and blew out the Falcons, 90-76.

"We had to be more patient on offense and I kept telling the kids that at halftime," said head coach Ron Rainey. "The difference was like night and day. Everyone saw what we could do when we take our time."

Natale, who's averaging approximately 14 points per game, is starting to become an integral part of the Colonels' offensive gameplan.

"Joey's not completely ready yet, but he's coming along," Rainey said. "As he gets more and more game experience, he'll continue to get better. It's been a pleasant surprise. He's going to be a good one."

Senior guard Jim Nolan leads Colonel scoring, averaging about 25 per game. That was expected. What has Rainey pleased is the varied distribution of offensive punch.

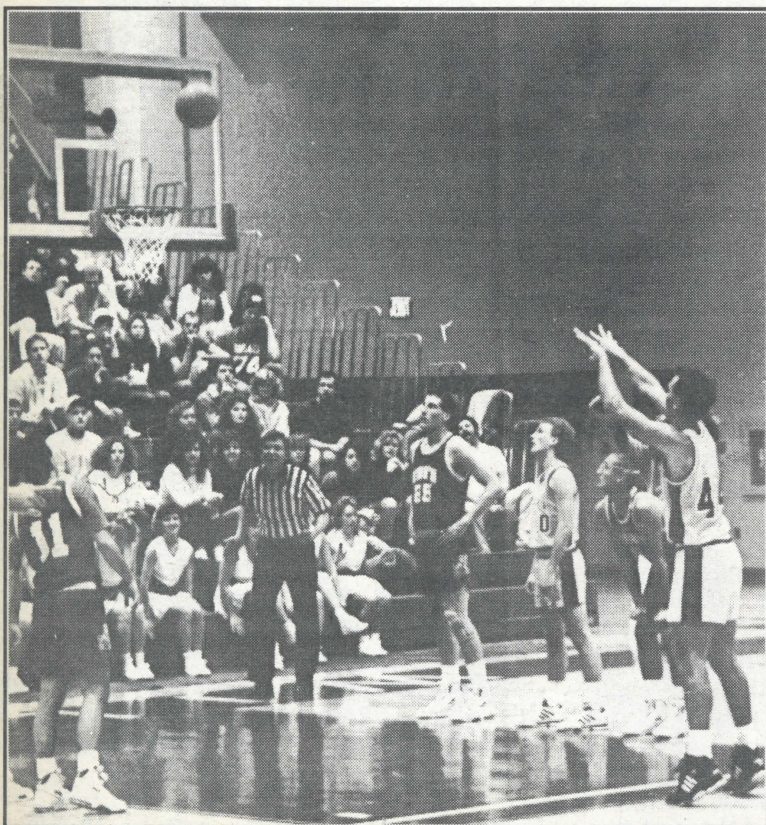
"We knew Jimmy was going to score," he said. "But it's great to see everyone else chipping in. Besides Natale, Dave Argentati's getting about 10 a game, Tommy Doughty is doing his share, and Ray Ott is getting his seven."

"If we're going to win, we have to have balance. Our bench also contributed in the Messiah win. Ed Lawson, Jeff Shaffer and Jeff Gregory all did a good job."

But the two home losses still had Rainey smarting.

"In the MAC, to compete, you have to win the home games. We'll have to redeem ourselves on the road."

The Colonels host Allentown on Monday. They can work on a little early redemption.

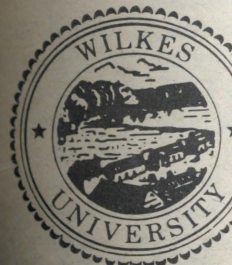


Tom Doughty shoots from the line against King's

photo by Donna Yedlock

## Editorial

### Hype: The Super Wilkes' univer



Volume XLII

## Wilkes

by Becky Steinberger  
Beacon Staff Writer

WILKES-BARRE — The January commencement, held in the Darte Center Thursday in the Darte Center, marked the first commencement exercises of Wilkes University. President Christopher Breiseth awarded Wilkes University's first honorary degree to Dr. Wallace F. Stettler, who has been president of Wyoming Seminary since 1967.

Stettler, the keynote speaker, encouraged the graduates to follow their dreams and be assertive in their quest for success. "No matter what heights we have scaled, there are still more peaks to be climbed," he said. Stettler stated that, "Determination plus discipline plus hard work equals success. But remember, my friends, only in the dictionary does success come before the work."

## Raspen

WILKES-BARRE — Professor Jim Raspen, winner of the 1989 Sears-Roebuck Campus Leadership Award. The commencement exercises.

He is one of nearly 700 faculty members by the Sears-Roebuck Foundation private college educator. Each institution the educator teaches \$1,500 based on student enrollment. Winners are selected by independent colleges.

The program is administered by the Independent Higher Education Council, locally administered by John D. Raspen, President of the Independent Colleges of Pennsylvania.

Professor Raspen received the award for his improvement of the writing skills of his students, a model for other members of the faculty and has greatly increased enrollment in business.

Dr. Christopher Breiseth, an outstanding educator whose program have great impact on the whole. We appreciate Sears-Roebuck's contribution.