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Wilkes University - Wilkes-Barre, Pennsylvania

The news of today reported by the journalists of tomorrow.

Studying Abroad with Wilkes University

By Catie Lally
Staff Writer

Wilkes University values scholars that are well-rounded critical thinkers and skilled communicators. The Study Abroad Office works to organize a program that provides all students with opportunities to have experiences abroad.

Dr. Jeff Stratford is the Director of Study Abroad at Wilkes University. The ultimate goal of the study abroad office is to develop programs that make studying abroad more accessible and allowing students to create their own discipline specific goals for their trips while increasing the international footprint at Wilkes University.

Studying abroad “forces you to reflect on who you are,” said Stratford.

Jacee Yorks and Raeva Mulloth, two Wilkes University students who previously studied abroad gave similar testimonies. Both expressed learning to rely more on themselves especially when traveling to local areas in the countries they traveled to.

The programs offered at Wilkes University, especially those including internships, give students experience in the real world that most organizations search for on resumes.

“The world is ever becoming more interconnected and if you’re going to succeed in that landscape you’re gonna have to understand those connections,” said Stratford.

The two main ways to go abroad are



Submitted by Raeva Mulloth

Raeva Mulloth, pre-med neuroscience major in Amsterdam, Netherlands on her study.

through curated exchange programs or through providers. Providers are companies that coordinate with universities and other organizations to help students find places to study or work abroad.

Stratford explained exchange programs as direct linkages between universities. Wilkes University creates the program with a university in another country to allow students pay the standard tuition to study in that particular country.

The only amenities excluded from the

tuition cost is airfare and rent, but students can fundraise or obtain scholarships to cover those costs. Wilkes University offers two internal scholarships, the Bierly Fellowship and the Stephens Scholarship. The Bierly Fellowship is for experiential learning for students who are studying abroad for an internship or research.

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ROTC commemorates 17th anniversary of 9/11, page 3



Global coffee hour kicks off, page 7



Is feminism a benefit or a detriment to society?, page 14

Engineering Center dedicated to Randy Mark

By Madelynn Davis
Co-News Editor

On Sept. 14 the newly renovated engineering center of Stark Learning Center was dedicated to Randy and Robin Mark. Students, faculty, and family joined together to celebrate the dedication and official opening of the Mark Engineering Center.

The Marks are also local business owners of Pulverman in Dallas, Pa, and have been on the board of trustees since 2013. Randy Mark is a Wilkes alumnus who graduated with a bachelor's degree in business administration in 1981.

This gift helped booster the 16-month, \$8 million renovation to the engineering department of Wilkes University. Stark now contains high-performance computing research labs for all types of engineering students.

As the demand for engineers continues to increase in the United States, Representative Eddie Pashinski believes this edition to

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FH: Myers earns 100th victory, page 21

News

Have a breaking story or a press release to send? Contact either news editor: Cabrini.Rudnicki@wilkes.edu or Madelynn.Davis@wilkes.edu

Student Government notes: Sept. 5 weekly meeting

By Sean Schmoyer
Staff Writer

On Sept. 12, the university's Student Government met to discuss items previously discussed last week. The topics at hand were fund requests for homecoming, both from the committee and from the Alumni Association, the Marching Colonels, and the Spirit Committee.

After roll was taken and the minutes were approved, Student Government began discussion on the Alumni Association's request for \$500 dollars to provide tickets to students for homecoming events. The tickets purpose are to allow students with the same majors as returning alumni to attend events and socialize with alumni who were once in a similar position.

The motion to approve the \$500 dollars passed unanimously.

Next on the table was the motion to provide \$1,000 to the Marching Colonels. This money would allow the marching band to purchase new songs and increase the school's pride at games.

The motion to approve the \$1,000 passed unanimously.

Then, the Student Government heard from the Spirit Committee. Following up from last week Spirit Committee informed Student Government that they received permission from administration to create a student section. Spirit Committee requested \$1,550 to add to the \$2,000 budget they have.

The motion to approve the \$1,550 was approved with a majority in favor of

allocating the money.

Finally in terms of fund requests Student Government unanimously approved the motion to allocate \$25,717.61 to homecoming. This money will cover the game and the dance and will account for a possible food truck.


After all of the fund requests, members of Student Government reported on committee meetings. The IT Committee urges all students to start switching to the Colonel wifi as it is more secure than the guest wifi. They also want students to be aware of email scams going around and encourage students not to give out important information over email.

Operations wants the university community to know that events will not be allowed on the greenway nor will

students be allowed on it until later in the year, most likely around spring. They also want to remind students not to use the side doors to leave the SUB due to the ongoing construction.

Commuter Council has a Niagara Falls trip, though tickets are on sale they are limited. RHC plans to have a room contest for students on campus and encourages the student body to keep an ear out for more information and to participate in the event which will end on Sept. 24.

Finally, the freshmen class will soon have voting up for class officers.

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Beacon Briefs: The happenings on campus -- Sept. 18 to Sept. 24

Compiled by Madelynn Davis

Intramural players and workers needed for the fall season

If you are interested in either working or playing for an intramural sport, the fall sign-up deadline is Friday, Sept. 21.

The fall sports include flag football, indoor soccer, 3-on-3 basketball, and more. The intramural department is also taking suggestions for sports.

For any further questions or if you want to sign-up please email Scott.Robinson1@wilkes.edu for forms.

Chamber Orchestra welcoming new members

If you have an instrument and are looking to participate in an extra-curricular activity, the Wilkes University Chamber Orchestra is welcoming members. For any questions or for more information please contact Mr. John Vaida through email at John.Vaida@wilkes.edu.

Family Day set for Sept. 22.

Wilkes University will hold its annual family day on Saturday, Sept. 22. The day will provide fun activities for visiting families and students including a home football game

against Misericordia University. There will be lunch provided, photo booths, bingo, and more. All students, family, faculty, and staff are welcome on the spirit-filled day. Please check out the Family Day's Wilkes page for further information and to register for the events.


Flu shots available at Passan Hall

The Wilkes University Health and Wellness Department has a limited number of flu shots available for students. The flu shots will be given on a first-come, first-served basis. The office is located on the first floor of Passan Hall and is open from 8:30 a.m. to noon, or 1

to 4:30 p.m. Flu shots will cost \$20 and can be paid to the University through cash or check. For any questions please contact the Health and Wellness Department.

Red Cross Blood Drive

The American Red Cross will be holding a blood drive in honor of Childhood Cancer Awareness Month. The drive will be held from 10 a.m. to 3 p.m. on Sept. 20 in the Henry Student Center. Appointments can be made at redcrossblood.org.

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Upcoming Events: 2018 Fall Semester

September

19 - SG Petitions due
20 - SG Ballots open
20 - General Board bonding (WUPB)
21 - Homecoming Ballots round one
22 - Family Day
25 - SG Ballots closed
26 - New SG Members announced
27 - Bingo (WUPB)
28 - Homecoming Ballots round two
30 - Rosenn Lecture: Kareem Abdul-Jabbar

October

4 - Homecoming Pep Rally
5 - Homecoming Dance
6 - Homecoming Game vs. Albright

18 - Fall Fest (WUPB)
19 - SG Fall Event
22 to 26 - Freak Week (WUPB)
22 - Monster Social Monday (WUPB)
23 - Zombie Bar (WUPB)
24 - Mobile Escape Room (WUPB)
25 - Bingo (WUPB)
26 - Scary Place (WUPB)

November

1 - Cupcake Wars (WUPB)
6 - Casino Week: Texas Hold 'Em (SG)
7 - Casino Week: Bingo (SG)
9 - Casino Night (SG)
15 - Wing Wars (WUPB)
29 - Bingo (WUPB)

December

6 - Holiday Party: PJs and Pancakes (WUPB)

WUPB denotes Wilkes University
Programming Board
SG denotes Student Government

Want your event featured in the calendar?

Email Madelynn.Davis@wilkes.edu

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ROTC holds commemorative event on the anniversary of Sept. 11 attacks

By Madelynn Davis
Co-News Editor

On Sept. 11, Wilkes University's ROTC Detachment 752 and campus members came together to commemorate the lives of those lost in the terrorist attacks on Sept. 11, 2001.

On this infamous day in 2001, an estimated 2,996 people died from the terror attacks and more than 6,000 were injured. These attacks targeted both the North and South towers of the World Trade Center, the Pentagon, and a field in Somerset County, Pa.

The ROTC led event started with the Honor Guard's presentation of colors and the playing of the national anthem.

Cadet Wyatt Sebring led the crowd with a prayer in remembrance of those lives that were lost 17 years ago to the date. He thanked God for His presence throughout these times of need for guidance.

Cadet Brian McKenna served as master of ceremonies for the commemoration who first introduced Major David Suszko, Operations Flight Commander of the detachment, who talked about what the events of 9/11 meant to him.

At the time of 9/11, Major Suszko was a junior at Indiana State University and had just returned from a 28-day training camp at an Air Force Base in Texas.

He was getting ready for the day after a morning run with his fellow cadets. As he was getting his dress blues on his mother had called him to inform him that a plane had crashed into the North Tower.

He instantly learned from one of his professors that this meant the United

States were going to war.

Suszko reflected on the result of this attack on the future of America.

"This event led my generation to the global war on terror," said Suszko, who served a year and a half in Honduras after 9/11.

Retired Lt. Col. Mark Kaster spoke next about what the United States learned and what we should reflect upon from 9/11.

Kaster was serving in Washington D.C. at the time of the attacks on Sept. 11. Kaster was less than a mile from the Pentagon and was preparing to go to a meeting there later on that day.

"I was there, I saw it, I felt it, I smelt the smoke," recalled Kaster.

Kaster went into depth about the expenses the military goes to for United States citizens to be free back home. He acknowledged the ROTC students for their willingness to sacrifice their lives for our freedom.

He further encouraged the audience to thank veterans and their families for their sacrifices for the United States of America.

"They deserve your respect, they earn that respect," said Kaster.

Kaster continued to urge the audience to honor the over seventy Wilkes veterans and dependents of veterans by quoting and relating part of the movie "Saving Private Ryan" to what we should do as a Wilkes community for our veterans.

"Earn what has been done for us. Not to let the lives of so many people go to waste," Kaster told the audience. "I ask you to live your lives better today knowing the sacrifices that have been made to you."

Kaster finished by telling the audience

to learn from 9/11 and to become better citizens by being humble, respecting one another, and making wrongs rights.

"9/11 was a terrible day, don't let that day become a page in the history book."

He finished with a quote from *Saving Private Ryan*, one that he believed everyone should follow to become a better citizen.

"Earn this, earn it," finished Kaster, referencing the sacrifices of our veterans.

President Dr. Patrick Leahy was the last speaker who came to the podium who spoke personally about the Sept. 11 attacks.

"When I see the flag of honor I always go up to that flag and I trace the names until I find one," said Leahy.

That name is Thomas Galvin, Leahy's classmate at Georgetown University who worked on the top floor of the North Tower as a bonds trader with Cantor Fitzgerald.

Leahy also talked about his other former classmate and Hollywood producer James Whitaker who decided to launch "Project Rebirth" after visiting Ground Zero during a mutual friend's wedding.

Whitaker's "Project Rebirth" became a 10-year project where 14 cameras took pictures every five minutes until the Freedom Tower was built.

He also interviewed a select few every year asking them how they felt about the events that took place back in 2011, simply because he wanted to showcase the emotional rebuilding of individuals, according to Leahy.

"He found that time heals, that grief can, in fact, soften over time," said Leahy. "Out of the very worst of situations,

people can be reborn."

Leahy finished with a suggestion for the audience before the commemoration ended.

"Hold the embrace of those we love a little bit longer, hold the embrace of those we love a little bit tighter. Today, yes, but hopefully every day," ended Leahy.

While Leahy talked about his personal connection to the attacks on 9/11, the Air Force ROTC Honor Guard presented Wilkes University and Leahy with a Flag of Honor. This flag consists of every name of those whose lives were lost from the infamous day. Leahy said this flag will be framed and hung in the ROTC offices in UCOM.

"[This flag] will be a constant reminder to all of us of that fateful day in 2001," said Leahy.


A similar flag flies at the Maxwell Air Force Base in Alabama where Wilkes ROTC cadets go for their field training.

One of the flags at the base was also flown in Wilkes-Barre, Pa., apart of the "Healing Fields" ceremony the city held years after 9/11.

McKenna ended the event by holding a moment of silence for those who lost their lives on this infamous day in history.

He then played "Taps" on the trumpet, a song famously used to conclude military memorials.

"May we never forget the loss that deeply affected us that day, and continues to do so," added McKenna. "May we always remember those who give their lives so we may live ours. And may God bless the United States of America."

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The Beacon/Madelynn Davis
The ROTC Honor Guard folding the Flag of Honor after presenting it at the event.



The Beacon/Madelynn Davis
Major David Suszko opened the event by discussing where he was on Sept. 11.

MARK, from front page

Wilkes University showcases our belief and investment in the future engineers that come to Wilkes-Barre, Pa.

The Mark's gift was matched with a three million dollar redevelopment grant from the Commonwealth of Pennsylvania, where Senator John Yudichak and Pashinski attended the dedication ceremony as a friend of the university and on the Commonwealth's behalf.

Sen. Yudichak began to specify what this Engineering Center means not only to Wilkes University, but to the city of Wilkes-Barre, and why he himself found it necessary to give the money to Wilkes.

"To the critics who lament that this is just another capital college project I must emphatically tell you, you are missing the bigger picture," continued Yudichak. "Today's dedication of the Mark Engineering center continues a pattern of investment in a visionary long-range plan that is transforming Wilkes into one of the best small research universities in the country."

Yudichak compared the Mark's investment and turn-around of the Pulverman company for Northeastern Pennsylvania to the investment Wilkes University has on their students and for the city of Wilkes-Barre.

"When we all work together behind a great vision... this is the result," added Pashinski, who is also a Wilkes alumnus.

Margaret Steele, master of ceremonies, accredited the accomplishments of the

university to the leadership of the faculty and the dreams of the students.

After Pashinski and Yudichak, Steele invited two members of the Wilkes campus to the podium who both shared their experiences from Wilkes University's engineering department.

Dr. Carole Baddour, the first speaker, is a mechanical-engineering professor who has her own lab regarding nanomaterials. She talks specifically about how the advancement of research labs at the university will help students be successful in the rapidly changing world of engineering.

"This renovation shows Wilkes' commitment to the future," said Baddour.

"One of the things I quickly found at Wilkes was that I was truly able to make a difference," said Baddour. "The atmosphere at Wilkes fosters close academic relationships with students and faculty."

Second Jeffrey Liss, an engineering student pursuing his bachelor's degree in mechanical engineering, came to the podium to talk about what Wilkes University has taught him.



The Beacon/Madelynn Davis

Mr. and Mrs. Randy Mark, President Leahy, Senator John Yudichak and Rep. Eddie Day Pashinski unveil the new Mark Engineering Center.

"The state-of-the-art collaboration rooms along with the added laboratory rooms is a key role in enriching the educational and vocational opportunities [for students]," said Liss. "As engineering students, [laboratories] allow us to compare theoretical data that we've learned in class and compare that to experimental data. This hands-on learning experience gives students a tangible aspect in our engineering fields."

Wilkes President Patrick Leahy was next to the podium and shared his dreams of Wilkes University before initiating projects that allowed old and rustic mansions to coexist with state-of-the-art academic buildings, much like the campus does now with the new Stark Learning Center and other newer additions to the campus.

"We tried to enlist other people who might see [our vision for the Wilkes campus] the way we saw it," said Leahy. "Today we take another huge step in the direction of meeting that vision for this campus with the official dedication of this space."


"What I like most about this place, is that we can put engineering on display right in the heart of the campus," Leahy said.

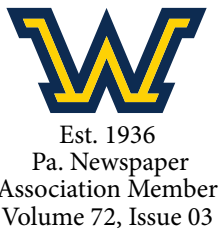
"Few people have been more supportive in the last few years than Randy," added Leahy. "I am so pleased to announce today that this engineering innovation center that you are in...will be forever known as the Mark Engineering Center."

Dr. Leahy then introduced Randy Mark who shared a brief history about how he came to be the successful businessman of Pulverman that he is today and why he has invested into the Wilkes campus.

The theme of all of Mark's stories was to take action and not settle for mediocrity.

"In some way create excellence every day," added Mark. "That's our vision for the Mark Engineering Center. Robin and I are humbled that life has afforded us the opportunity to be part of the center for innovation. We truly hope that this magnificent facility will inspire innovation and encourage success among Wilkes students for years to come."

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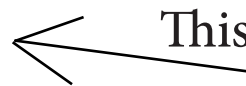
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Freshmen and all majors welcome!



THE BEACON

Family Business Alliance holds presentation on sexual harassment

By Cabrini Rudnicki
Co-News Editor

On Sept. 13, the Family Business Alliance held a seminar titled 'Sexual Harassment Awareness: Myths & Reality.' The event covered the legal and human resources perspective of sexual harassment.

The Family Business Alliance held the presentation at Penn State Scranton the same day.

James P. Valentine, partner of Rosenn, Jenkins & Greenwald LLP, covered the legality of sexual harassment in the workplace. Valentine represents employers in the defense of employee termination action suits.

Valentine uses the EEOC (Equal Employment Opportunity Commission) and PHRC (PA Human Relations Commission) definition of sexual harassment which states, "unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature."

Sexual harassment in the law is then broken down into two separate types: quid pro quo and hostile environment.

"Quid pro quo is basically a supervisor saying to an employee 'engage in this sexual act or you are fired,' he explained. "Employers out there need to recognize that your supervisor's actions define you as a company. Even if you policies and trainings, if in fact your supervisor engages in this kind of conduct, you as an employer can be held responsible."

The second type of harassment, hostile environment, refers to when employee conduct interferes with an individual's work performance or create a hostile or offensive working environment.

"This kind of conduct has to be severe or pervasive," Valentine explained. "Is one dirty joke in the workplace sexual harassment? No, it could be, but probably not. If everyday I am confronted at the workplace by a coworker [telling me a dirty joke], it comes to the point that maybe I don't want to come to the workplace. This is when it becomes severe."

Valentine continued by explaining that all individuals involved in a business can commit sexual harassment, including vendors. Valentine gave an example of a client sexual harassing his secretary.

"In the position I have, I have written letters on behalf of clients to vendors and customers to tell them to cut the nonsense."

Sexual harassment could include all individuals regardless of gender or sexual orientation. Harassment could also take place outside of company hours at work-related activities, he explained.

As well as the morality and legality of sexual harassment, the issue also can cause workplace satisfaction to go down, resulting in a less productive environment, he explained.

"Who wants to come to work if they are being sexual harassed? Who is going to work their hardest in that environment? Absenteeism goes up, morale goes down," Valentine said. Other reasons include negative publicity and liability for the employer under federal or state law.

"The EEOC doesn't sit back, there were 75,000 cases last year in which employers paid \$46 million."

Valentine also spoke about the action of retaliation, or adverse action taken against an employee because of their complaint. Even if a charge is seen as not viable, employers can be charged with workplace retaliation laws.

The rest of the presentation dealt with the creation of an effective anti-harassment policy. Various characteristics of effective anti-harassment policies were displayed.

The training of employees and supervisors was also discussed.

"The EEOC has guidelines now that make it mandatory for employers to have training programs," he explained. "If they do an investigation of your company, if there is a complaint, one of the first things they ask for is [proof of training]."

In regards to the investigation of a sexual harassment complaint, Valentine says that the investigations must begin promptly, and the appropriate investigator must be chosen.

Kimberly Wylam, the president and managing partner of Baker Tilly Vantage, spoke about the shift in sexual harassment awareness after the #MeToo movement came about last year.

Wylam showed brand logos which have had sexual harassment issues in the past.

"If you leave with anything today, know that it can happen anywhere, anytime. This is not just a construction worker's issue any longer, this can happen in corporate level with the highest level employees."

Wylam discussed reasons for why sexual harassment still occurs despite training and laws protecting employees from it.

"One issue is that high performers get away with it," she explained. "They make a lot of money for themselves and for the company. The top salesperson may be making jokes that offend everybody but no one is saying anything because we are all making a living off of what he is doing on the other side. We turn a blind eye to that behavior."

Another issue is the idea that bullies make better leaders.



The Beacon/Maddie Davis

Kimberly Wylam, of the Family Business Alliance, discussed the building of a successful sexual harassment policy in the workplace.

"There is usually a trend that someone more aggressive, more in charge, usually got to be a leader. They might not have been the best leader, but that behavior led to promotion rather than counseling," she explained.

Other issues include not paying attention to statistics, as well as not addressing problems as soon as they arise.

"Many of these cases could have not ever become an issue if somebody said something at the first offense, but they don't because it's awkward. We need to get rid of that awkwardness."

Wylam also discussed technology and social media's role in sexual harassment claims.

"Many of these claims happen on social media, or social media is being used to talk about what is going on in the office, thus becoming evidence."

Wylam finished off the presentation discussing the impact of millennials in the workplace on sexual harassment claims.

"[Millennials] come from a shock value of 'I can't believe this is even something we are talking about,' because it would never happen to them," she said. "They are the tattle-taler generation. If they don't like something, they are telling someone about it. Not only will they tell someone, they are expecting results."

The Family Business Alliance (FBA) is a local organization dedicated to providing services to locally-owned businesses and the community. The FBA is sponsored in collaboration by Wilkes University and Penn State Scranton.

What is considered 'sexual harassment'?

Including, but not limited to:

- jokes or stereotyping about gender-specific traits
- possession, display, or exchange of sexually explicit items
- staring, leering, winking, or making other suggestive looks
- sexual propositions or advances
- sexual gestures or sounds
- repeated requests for dates
- unwanted attention or gifts
- sexually oriented notes, telephone calls, e-mails, or faxes

Profile of a professor: Dr. Jane Blanken-Webb, Education

By Freddy Del Rosario
Staff Writer

Music. Education. Philosophy.

Each of these items hold a special place in the life of Dr. Jane Blanken-Webb, an assistant professor of graduate education specializing in the philosophical and social foundations of education.

Blanken-Webb is originally from Illinois and did her undergraduate studies at Northern Illinois University. She earned a masters, and later a Ph.D., at the University of Illinois at Urbana-Champaign.

For years she was passionate about both music and education, so she majored in music education with a minor in philosophy.

However, the course of her studies took a slight turn.

"I have had a love for music before I even started my undergrad," Blanken Webb said.

"Music was the most profound thing I knew at the time, and to be able to give that amazing gift to people was the ultimate skill. I couldn't think of doing anything better than that.

"I taught high school band for four years while I worked on my master's degree, and

while doing so I got the chance to take a course in the philosophy of education.

Blanken-Webb enjoyed the subject matter so much, she decided to take her education even further.

"It was a difficult change, but it was definitely worth my while," she said.

Besides her passion for education, Blanken-Webb is quite fond of the study of philosophy. This allows her to express her interest in the subject's ability to discern big, complex concepts and ideas.

Apart from her specialization in the philosophy of education as a whole, Blanken-Webb is a John Dewey scholar and is very interested in cybersecurity education as well as social justice education.

John Dewey was a prominent philosopher and psychologist, known for his work with education.

"A lot of my research is grounded in the works of John Dewey, his work on aesthetics, education, ethics, and the intersection of them all," she said.

Before joining the Wilkes community, she held a postdoc at the at the University of Eastern Finland, where she worked on a grant which involved citizenship education.

More recently, she completed additional




The Beacon/Steffen Horwath
Dr. Jane Blanken-Webb

postdoctoral research at the Information Trust Institute in the University of Illinois.

Here, Blanken-Webb's research contributed to the developing of the cybersecurity ethics curriculum for the students at the university.

She is also one of the newest member of

Wilkes University flute ensemble and has been an avid flute player for years.

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Profile of a professor: Lisa Reynolds, Integrated Media

By Sean Schmoyer
Staff Writer

Lisa Reynolds has a passion for design, one that shines through thanks to her years of experience in different parts of the field.

Reynolds earned her bachelor of fine arts degree from Kutztown University and then a master of fine arts degree from Marywood University.

"After college I worked at ad agencies, but found I was more interested in an in-house position," Reynolds said. "I worked at Wyoming Seminary not too far from here. I loved being able to help connect students to education. There is no better investment to make than in education."

Wyoming Seminary is a local k-12 prep-school only a few minutes away from Wilkes in Kingston. Moving from her position at Wyoming Seminary to working at Wilkes University was not far nor hard for Reynolds. In fact, it made the most sense. For the past decade, Reynolds worked for Wilkes, but not as a professor.

"I worked at Wilkes for the last 10 years in marketing as the director of creative services; that job was as a staff member. The pace of the Marketing Department was very fast, while the work load here is different.

"Here I am in the thick of it in terms of student interaction. The biggest challenge for me was that I thought I was going to lose my voice the first week," said Reynolds.

Reynolds had help easing herself into the position however thanks to her time spent teaching as an adjunct professor in digital design and media art since 2011. Now she teaches graphic design, design concept and thinking, theory, and practice.

Reynolds' love for design comes from the distinction she makes between designers and artists, as well as the passion she has for the field.

"Designers are artists, I believe that. The difference between fine artists and designers is that fine artists have a message in their art that is their own interpretation based on how they experience something, while designers always have to send a message and tell a story with their work. I think design impacts culture so significantly. Being able to use design to communicate is something I love," she said.


Reynolds' welcome here to Wilkes was one that felt natural, and one that greeted her as a caring and welcoming community. That caring attitude is something that professors here at Wilkes share, and another trait Reynolds possesses.



The Beacon/Steffen Horwath
Professor Lisa Reynolds

"I am an enthusiastic person, so I am excited to share with my students the new work coming out in design, and share the reason why I am excited about it," she said. "I am looking forward to seeing where students can and will go. I love hearing from students who have graduated. I want to help

guide them and teach them, and I hope that I am jealous of the work that they are creating."

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Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, Arts & Entertainment editor: Sarah.Matarella@wilkes.edu

Office of Global Education and Diversity presents Global Coffee Hour

By Anna Culver
Staff Writer

On Sept. 12, the Office of Global Education and Diversity held this semester's first global coffee hour from 2 to 4 p.m. Global Coffee hour invites students from all cultures to come and take a break from studying or grab a snack.

Currently, global coffee hour is being held weekly on Wednesdays from 2 to 4 p.m. in the Savitz Room. This year is the 10-year anniversary of Savitz Room and the dedication of the flags that currently hang in the center of the student union building. All of the flags that hang in the student union building were hung during the flag ceremony on

International Day. International Day is a day that is dedicated to worldwide peace.

Since 2008, Wilkes University has been hosting Global Coffee Hour once a week. Global coffee hour offers an opportunity for international students to get together, socialize, play games and drink coffee. Wilkes University houses about 250

international students that come from places ranging from Saudi Arabia to Kuwait to Colombia, and more.

For many of the international students, English is not their first language. Thus, coffee hour was designed to provide them the chance to interact with people from similar cultures.



President of Wilkes University's SOL, Danay Rosa, taught students how to dance the Bachata. The Bachata is a dance style originating from the Dominican Republic, one of the countries highlighted during the coffee hour.

"Students can come to practice their English or take a break from their English," said Summer Rivera, an intern at the Office of Global Education and Diversity.

The Office of Global Education and Diversity is honoring Hispanic Heritage Month and relating the theme of global coffee hour to various countries that part

of the hispanic culture. The theme for the first global coffee hour highlighted the Dominican Republic, Puerto Rico, and Cuba. Global coffee hour allows students from these particular countries or students interested in the culture of these countries to have the chance get together and talk about the respective cultures and societies while enjoying a cup of coffee in a friendly environment.

"I just like the organic conversations that happen across cultures. It gives the opportunity to have conversations organically without being afraid to ask the tough questions," said Erica Acosta, associated director of diversity at Wilkes University.

Next Wednesday, the theme is scheduled to be Venezuela, Colombia, and Panama. Consequently, each coffee hour will be themed after countries from each continent. With each continent and country, coffee hour is going to have themed foods that are traditional to those countries. During this week's hour, empanadas were served along with coffee and tea.

Coffee hour also incorporates American cultures and traditions in the mix. It is a space that is created for everyone that welcomes different ideas. Global Coffee Hour gives international students the chance to learn about different aspects of American culture like acronyms and slang words.

On Wednesday in October, coffee hour will be themed after Halloween and give international students the chance to learn more about an

American holiday. Many global coffee hours will also not have any theme at all,



Students pose together eating their empanadas with locking arms.

encouraging students to come together and take a break.

The hour welcomes everyone and if you are looking to take a break for twenty minutes, you can stop by. It creates a space where international students and American students, even students from underrepresented cultures, have a chance to come together and discuss issues and beliefs that may be different. "People see the same things differently," said Georgia Costalas, executive director of the center for global education and diversity and director of international student services at Wilkes University.

For more information about global coffee hour, contact Erica.Acosta@wilkes.edu or Georgia.Costalas@wilkes.edu.

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Students pose together while enjoying their beef and chicken empanadas.



The Beacon/Maddie Davis
Alfonso Merelo builds his own jenga tower after finishing a game with fellow students.

Movies celebrating 25-year anniversaries in 2018



By Nicholas Filipek
Managing Editor

It turns out that 1993 was one of the best, if not the very best, years in cinema. Most of the classics we love today came out during '93, and the list of top hits is so long, that it seems like this countdown will have to be a two parter.

So, strap yourself in for a nostalgia overload as we look over 10 films that are celebrating their 25th anniversary over the next two issues of Nick's Flick Picks.

Groundhog Day- Feb. 12. Directed by Harold Ramis, written by Harold Ramis and Danny Ruben. Starring Bill Murray and Andie Macdowell.

What would you do if you were trapped inside the same day over and over? Well that is exactly what Phil (Murray) finds out when his job as a weatherman takes him to Punxsutawney, Pennsylvania to cover the annual Groundhog Day festival.

There is no magic wish, shooting star, or real rhyme or reason why this happens to Phil, other than the possibility that he was just the one person who needed to learn the value of life the most.

Ramis once said Phil was trapped in Groundhog Day for 10 years, but an astute observer did the math to find out that he actually spent eight years, eight months, and 12 days stuck reliving the same day over and over.

This movie really makes you think about the value a day can offer while also showcasing Murray's ability to make anything funny.

Don't own it, or can't find it for rent? Just be patient, for AMC replays it, over and over, on February 2nd every year, just for the special holiday.

The Sandlot - Apr. 8. Directed by David Mickey Adams, written by David Mickey

Adams and Robert Gunter. Starring Tom Guiry, Mike Vitar, Patrick Renna, Chauncey Leopardi, Marty York, Brandon Quinton Adams, Grant Gelt, Shane Obedzinski, Victor, DiMatta, Dennis Leary and James Earl Jones.

The mere mentioning of this film is going to have certain adults reading this, feel like a little kid again. Since it's release, it has become an instant classic among, baseball fans, kids, and the young at heart.

The Sandlot perfectly romanticizes the most perfect summer, even if you never played a game of baseball. The story follows a group of friends over the course of a summer, who get themselves into the deepest pickle of their lives, forcing them to do the one thing they do not want to do, mess with the beast who lives next door to their beloved baseball diamond.

No matter how old you get, watching the Sandlot makes you a kid again. The movie is a perfect metaphor for the simple times that every non-child reminisces about while facing the duties of adulthood. That amazing feeling of having your very best friends right at your side ready to follow you into greatness, or talk you into the dumbest thing you've ever done.

This movie is so good, it's a guarantee that it will be one of the greatest movies around for-ev-er.

Jurassic Park- June 11. Directed by Steven Spielberg, written by Michael Crichton and David Koepp, based on the novel written by Michael Crichton. Starring Sam Neil, Laura Dern, Jeff Goldblum, Richard Attenborough, Samuel L. Jackson, Joseph Mazzello and Ariana Richards.

What could very much be one of the most important movies of the 90's, *Jurassic Park* is also turning 25 this year.

Why the importance you might ask? Well this film is one of the pioneer flicks to say "maybe these computer graphics could work", and they did, maybe too well in fact. Nowadays, if you see behind the scenes photos from movies, there are lots of green screens everywhere, or people with dots all on their faces for motion capture. In the past two decades the film industry has taken computer graphics to the max, over using it sometimes to help filmmakers bring their life to art.

Jurassic Park is so amazing because it used computer graphics to do what practical effects could not get done. Before turning to computers to help though, all routes were exhausted in trying to make certain scenes work practically. It is the

melding of the two styles that make this movie look good, even 25 years later.

If you have somehow gone this long without seeing it, or its four sequels, *Jurassic Park* is the story of John Hammond (Attenborough) who invites archaeologists and other science professionals to a preview tour of his new amusement park/ zoo. The twist here being, the exhibits are filled with "extinct" predatory creatures from the past, dinosaurs.

As for the aforementioned sequels, if you get done watching the original, and need some more dino-action, "*Jurassic World*" would be a good follow up; the other sequels fall a little short, though.

Hocus Pocus- July 16. Directed by Kenny Ortega, screenplay written by Mick Garris and Neil Cuthbert, story by David Kirschner and Mick Garris. Starring Bette Midler, Sarah Jessica Parker, Kathy Najimy, Omri Katz, Thora Birch and Vanessa Shaw.

Though it may seem weird to celebrate this films "birthday" in the middle of the summer, by the time you are reading this, it will be the perfect reminder on how to start your October. This movie may very well be this writers favorite Halloween movie of all time, and *Hocus Pocus* is still as good as it was back in 1993.

At this point in time, it's safe to say that it is a Halloween staple, becoming just as important to the holiday as candy and costumes. Would it really be Halloween without at least one viewing of this classic?

The horrific trio of witches, The Sanderson Sisters (Midler, Parker and Najimy), have returned from the beyond, to finish what they started in the late 17th century, draining the life force from the youth of Salem, to ensure they can stay young forever.

Though it sounds pretty hard-core, it's still a Walt Disney Films production, so it's safe for kids to enjoy. On the flipside of that, being a 90's Disney film, there is enough adult humor, which flies like a witch on a broom, right over the kids heads, making it enjoyable for adults, too.

Robin Hood: Men in Tights- July 30. Directed by Mel Brooks, screenplay written by Mel Brooks & Evan Chandler & J.D. Shapiro, story by J.D. Shapiro & Evan Chandler. Starring, Cary Elwes, Richard Lewis, Roger Rees, Amy Yasbeck, Mark Blankfield, Dave Chappelle and Megan Cavanagh.

Mel Brooks has taken comedy to a new level for the better part of 51 years. Since his directorial debut of *The Producers* in

1967, Brooks has gone on to popularize the "spoof movie" genre by taking whatever current hot Hollywood genre is, and poking fun at it in a way only he could.

When westerns were hot again in Hollywood, Brooks gave us *Blazing Saddles*. He next tackled horror with *Young Frankenstein*, and then moved on to thumbing his nose (respectfully) to space operas, with *Spaceballs*. His second to last time in the directors chair, Brooks delivered a masterpiece with *Robin Hood: Men in Tights*, giving the world one of the absolute funniest films it will ever see.

Though this classic takes swings at all the previous incarnations of the man who robs from the rich to give to the poor, the movie takes its biggest swing at 1991's *Robin Hood: Prince of Thieves*. This is all done with love though, for Brooks does not mean to insult anyone with his spoofs.

After returning home from the crusades, Robin of Locksley (Elwes) must fight the tyranny of Prince John (Lewis) to save the people from being overtaxed and over ruled while the King is away.

Pro tip: Watch Prince John's mole during the movie, and watch it move from scene to scene.

The movie has more one liners, gags, and just over all silliness that still plays well for today's audience, and is sure to bring a smile to everyone's face.

Be sure to pick up the next issue of The Beacon to continue the list of ten awesome movies celebrating their 25th anniversary in 2018.

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Self care with Sarah: Getting back to the grind

By Sarah Matarella

Life, Arts & Entertainment Editor

While self-care may involve things like eating well, personal hygiene and mindfulness, it also encompasses your relationships with others. Relationships have a significant impact on how you think, act and feel and thus, affect your overall well-being.

Relationships allow people to form bonds and learn about oneself. However, they can also directly affect your health

both positively and negatively. According to an article by Erin McHenry published by the University of Minnesota's Academic Health Center, relationships are linked to reduced stress levels, but can also be mentally taxing if they are not maintained properly.

"Healthy relationships enable us to be who we are. They nurture us and they help us grow. They help us become better people," said Mary Jo Kreitzer, Ph.D., R.N. and the Director of the Center for Spirituality & Healing who was interviewed by McHenry.

When someone is in a healthy relationship, they are more often than not

the best versions of themselves. Feelings of euphoria can arise when people who love you and support you surround you. Feeling great can further lead someone to be more productive, get better sleep at night, and be more optimistic overall. Therefore, people in healthy relationships generally have a better quality of life.



Since healthy relationships help us grow and allow us to be our best selves, toxic relationships often do the exact

opposite. When you become intertwined in an unhealthy relationship, you can become depressed, anxious, and even lose yourself to an extent. Stress caused from strained relationships can even go as far as affecting your body if it becomes worse enough.

"When couples are in a constant state of conflict, it is detrimental to their health and wellbeing. Their blood pressure rises, and they suffer emotionally. That affects your body," said Bean Robinson, Ph.D.

These negative effects can arise from relationship strains with friends and family members. With this information in mind,

here are some basic steps that someone can do to maintain healthy relationships across the board:

1. Be mindful in times of stress

First and foremost, everyone is going through something whether they choose to express it or not. Therefore, it is important to show grace not only for yourself, but for the other person. While they cannot always be perfect in every moment of the relationship, neither can you. In addition, we all have jobs or school work (or both) and it is completely normal to get stressed.

2. Adopt the give and take mindset

Not only should you be there for your friend, but they need to be there for you. One person should not be completely reliant on the other all the time. Also, do not be afraid to reach out to the other person if you need help. We all need to talk things out sometimes or just have someone there to lean on. Just do not forget to do that for others too.

3. Provide reassurance

Let the people in your life know that you love them, care about them, and appreciate that they are there with you. Sometimes

great relationships, whether they are friends or significant others, are few and far between. If you are lucky to have special people in your life, let them know and nourish that relationship.

4. Communicate

It is imperative to communicate about what is going on in your head. The other person is not a mind reader and is not able to realize how you are feeling about a particular situation unless you tell them how you feel. Your feelings are important and you are thinking them for a reason, so let someone know how you are feeling to alleviate your own personal stress and stress within the relationship as well.

5. End toxic relationships

This is arguably the most important step out of all of them. Everyone can develop their own ways of having healthy relationships that works for them, but ultimately, if you are in a relationship situation that is not ideal for you, end it as soon as possible. Life is too short to have people in your life that only bring upon negative energy surrounding you.

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Wellness at Wilkes: Feel the burn in under an hour

By Natalie Stephens

Asst. Life, Arts and Entertainment Editor

With busy schedules it can be difficult to find time to get a good workout in. These high-intensity workouts might be just the thing to help you get and stay healthy, all in less than an hour.

Cycling

Soulcycle is the the company that jump started the indoor cycling craze several years ago, also known as spinning. An average spin class is 45-60 minutes long and is a high intensity workout where you can burn between 300-600 calories.

In a gym setting, the lights are off, there is high tempo music playing and an instructor is leading the class. Each rider gets to pick their own resistance so someone just starting off can choose a lower resistance, while an experienced cyclist may prefer a higher setting. The workout typically starts off with a warm up, which is low intensity, and then shifts to more intense hills and a faster pace, ultimately ending with a cooldown and stretch. The mixture of sharp bursts of hills and sprints are aimed at burning calories while still building

muscle. The great thing about indoor cycling is that you can change the resistance on the bike to whatever you are comfortable with.

It mixes seasoned cyclers with beginners so both groups can still get a great workout. It may be the perfect cardio workout to throw into your gym routine a few times a week.

HIIT

Many people don't have a lot of time in their schedule for long workouts so HIIT, high-intensity interval training, can be the perfect alternative to spending hours in the gym. HIIT is a mixture of workouts that have short resting times in between exercises. A HIIT workout usually lasts around 30 minutes, it may be the most time efficient way to exercise in terms of burning a lot of calories.

A typical workout involves sprinting on a treadmill, biking, jumping rope and using various weights. Each type of workout is done for about 20-30 seconds with about 10 seconds rest for 4 to 6 rounds repeating each exercise. Sounds like a lot, but it only totals 30 minutes of your time. This can be done in a gym or even outside, so it is convenient for those with busy schedules can fit it in.

HIIT has also been found to help reduce

heart rate and blood pressure in many individuals. This type of exercise may also increase your metabolism, which means that you will still burn calories even after completing the work out. If you have 30 minutes try this workout anywhere, anytime.

CrossFit

CrossFit involves a variety of movements done at a high intensity. It's goal of this style of workout is to build strength and conditioning through various challenging workouts in a 45 minute time span.

Most CrossFit classes have the daily workout separated into four sections: dynamic warm-up, skill, strength, workout of the day, and cooldown. The workout typically starts off with functional movements like jump roping, lunges, squats, or push ups. The goal of this first section is to get your muscles warmed up and to increase heart rate in order to get ready for the rest of the workout. The skill and strength section is all about strength-based movements, like deadlifts and squats. The third


section is timed so you are not only focusing on the exercises, but also competing against the clock. After doing any type of exercise, it is important to let your body cool down and



recover. Stretching, the final section, will aid in decreasing the effects of delayed onset muscle soreness while also increasing flexibility, which can help prevent injuries.

In many CrossFit gyms they write on the walls what the workouts of the day are and the times that people completed them, so this may be an additional form of motivation. If you are looking for a community based workout where you have coaching and support, CrossFit just may be what you have been looking for.

If you live in or near the Wilkes-Barre area, you can find versions of these workouts at the local YMCA. If not, you can find videos online that depict these workouts or create your own workout from the comfort of your own home.

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ABROAD, from front page

The Stephens Scholarship is for traditional study abroad programs.

Most students see the price tag attached to studying abroad and decide that it is too expensive because they are not aware about these scholarships. Stratford mentioned that because of this, only two or three students study abroad each semester. Furthermore, he approximated that only 20 percent of Wilkes students go abroad for educational purposes. Most of those students go over spring break, or for shorter academic faculty-led trips.

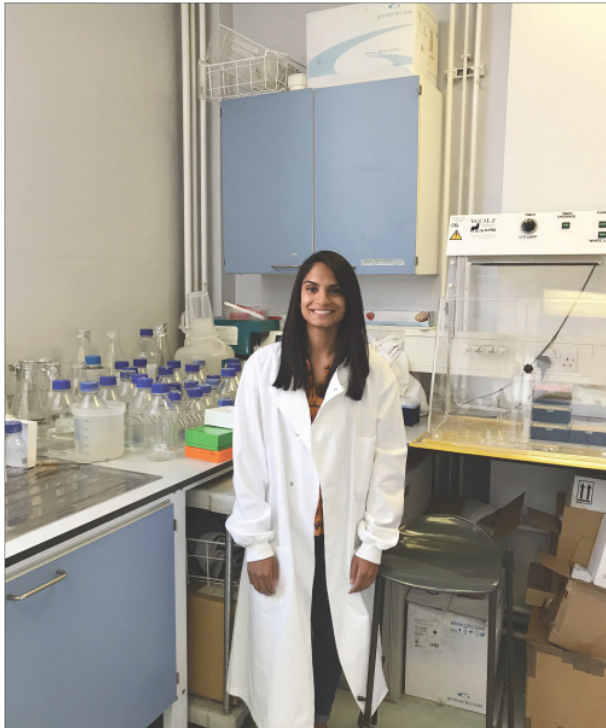
Raeva Mulloth, a pre-med neuroscience major, decided to do research over the summer instead of missing a semester at Wilkes. She worked for six weeks in a neuroscience research lab that is affiliated with the University of London. She knew for some time that she wanted to study abroad but was worried that her credits would not be able to transfer. However, after speaking with Stratford, she worked with Arcadia University, because of their extensive study abroad program, to find her desired internship.

Mulloth spoke fondly of her time in London, she was able to learn about topics interesting to her that she would not have been able to do here. She was also able to work in a lab that had different equipment and protocols than those she previously worked in at Wilkes.

"I thought doing research would be something different, and I can still

go abroad and have that educational experience but also the fun part of being abroad," said Mulloth.

One of the hardest parts of studying abroad, according to Mulloth was grocery shopping and making her own food. She stressed the importance planning out your money before traveling and taking advantage of scholarships, she claims "if you really want it, there are ways to make it happen." Mulloth proves that study abroad can be completed by more than just liberal



Submitted by Raeva Mulloth

Raeva Mulloth in the neuroscience research lab at the University of London.

arts and business majors.

Jacee Yorks, a business major, worked with CAPA, a study abroad provider, to go to Sydney, Australia. When traveling through an organization like CAPA, they set pre-planned excursions for



Submitted by Jacee Yorks

Jacee Yorks hiking the Blue Mountains in Sydney, Australia.

you. "We could go on them and they were all inclusive" said Yorks. She was able to attend a river cruise, "glamp" overnight at the zoo and hiked the Blue Mountains. As she "glamped" she was able to see all the nocturnal animals as well as watch rescued elephants be fed.

Yorks added that her public transport was also included through CAPA, she was simply given a card to use instead of buying individual tickets. This made it much easier for her to travel around the city at her leisure. She took one class that met twice a week and worked as an intern for the remainder of the week. She interned at New Sport South Wales and

they specialized in planning events that allowed children with disabilities to play sports.

Yorks addressed the culture difference that she found most shocking: Her work environment was extremely laid back. She even stated the catchphrase where she worked was "no worries." Whenever you finished work you could leave, and if you did not finish your work they would tell you to continue it some other day and to go home.

Her advice for those who want to study abroad is "plan, plan, plan." She urged that students think about what they want to do and places they would be interested in going ahead of time. She also stressed that students start applying to scholarships early.

"Honestly I think every student should study abroad... get out of your comfort zone, be brave," said Yorks.

On Sept. 27 in the Henry Student Center there will be four study abroad providers visiting. These providers will be

able to provide many more details about their specific organizations and financial aid opportunities. Anyone interested in study abroad is encouraged to attend.

Wilkes has study abroad opportunities in a plethora of locations, including but not limited to: Colombia, Costa Rica, England, Ireland, Wales, Germany, Italy, Switzerland, Italy, London, England, Malaysia, Poland, Germany, Czech Republic, Hungary, Spain, Tanzania and Uganda. Working with providers adds even more countries to this already extensive list.



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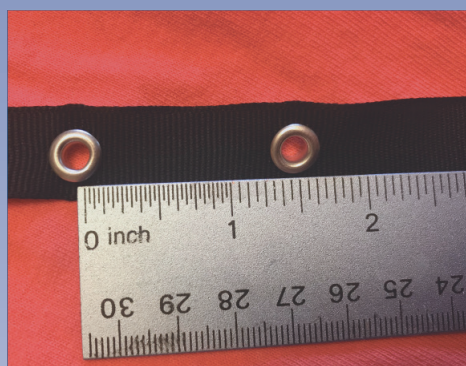


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CRAFT CORNER: LACE-UP SHIRT

Supplies Needed:

- T-shirt
- Hot glue gun or needle and thread
- Scissors
- Polyester Ribbon
- Eyelets (unless you can find ribbon with eyelets already attached)
- Ruler
- Shoelace, ribbon, or string




Instructions:

1. Lay your shirt out flat and cut a large triangle out of the center of the chest starting at the neckline
2. Measure the sides of the triangle so you know how long to cut your ribbon
3. Attach your eyelets to your ribbon using an eyelet tool or hot glue. Set the eyelets about an inch and a half apart.
4. Once your eyelets are attached, sew or glue the ribbon onto your shirt where you cut the triangle out
5. Lace your shoelace, ribbon, or string through the eyelet holes

NOTE: Hot glue will melt in the washing machine. Hand wash your shirt if you used hot glue.

By Jordan Fritz, Staff Writer

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Multicultural Parade and Festival

By Cabrini Rudnicki
Co-News Editor

A Wilkes-Barre diversity themed festival gave Wilkes students the opportunity to celebrate their culture, as well as their talents.

The second annual Multicultural Parade and Festival was held Saturday in Downtown Wilkes-Barre. The parade started at 11 a.m. on South Main Street, and continued into Public Square, where the festival portion was held.

The event was sponsored by Berkshire Hathaway GUARD Insurance Companies, Islamic Association of Northeastern Pennsylvania, Metro, Nardone Brothers, Navient, Times Leader, as well as Wilkes University.

The festival featured food stands from local businesses including Letts Eat, which featured Indian cuisine, and Thomas' Middle Eastern Food, which featured Lebanese cuisine.

Local restaurants and businesses, including El Zocalo Mexican Restaurant, Istanbul Grill, Marquis Art and Frame, Shawermaj Halal Gyros, Tazza Shawarma Grill, Thomas C. Thomas Co., and Vesuvio's Wilkes-Barre offered day long specials to festival attendees.

Also featured were information stands

for different local organizations such as Action Together, St. Mary Antiochian Orthodox Church, and Downtown Residents Association.

Dance and musical performances filled the day on the main stage from noon to 9 p.m. Along with dance groups and musical performers from around the area, Wilkes students from different student organizations participated in the event.

Wilkes University IFAHRU students performed traditional Panamanian dances. IFAHRU is part of many students sponsored by Panama to attend Wilkes for IFAHRU features students sponsored by Panama's Institute for Training and Development of Human Resources for English education.

Towards the end of the performance, other Panamanian students joined IFAHRU on stage.

"The performance was based upon Panamanian culture," he explained. "We are representing Panama," explained Carlos Bonilla.

Bonilla is a student of MEDUCA Cohort 9, one of the Panamanian student groups which brings public school teachers to the states for English language immersion.

"[The festival] is important because it allows us to show our culture," said

Bonilla. "One of the most interesting aspects is dancing. It is important because it introduces Panama culture to the Wilkes-Barre community."

IFAHRU's dance featured tamborito, a traditional Panamanian dance which serves as the national song and dance of the country. The dance features performers in couples, dancing in a circle while stomping their feet and banging drums.

Female performers wore long traditional dresses called pollera with ruffled fabric and pom-pom detailing. Male performers dressed in long-sleeved, white collared shirts and long pants.

Also participating at the event was Student Organizations of Latino, also known as SOL. The club, which started last year, celebrates and empowers the Latino community at Wilkes University.

The beginning of the performance was marked by the club chanting "We are SOL" before transitioning into traditional Latino dances.

"We performed two dances: bachata and merengue," explained Summer Rivera, a senior education major. "They originally come from the Dominican Republic and Puerto Rico."



Items representing many cultures were on display during the multicultural festival

Photos: The Beacon/Seth Platukis
Page Design: The Beacon/Madi Hummer



Public Square featured a variety of businesses on Saturday, all celebrating multiculturalism.



Attendees of the festival could also shop as they took in the sights and sounds.



Sammy's Caribbean Grill serving authentic Caribbean food providing a southern taste at the festival. Owner Samuel Manning stands in his truck awaiting orders.

Rivera took pride in the dance's ease and accessibility.

"Bachata is easy three steps, merengue is easy two steps," she said.

The group's second performance was a tribute to Latino culture featuring 'step' moves.

"People need to know our roots and our culture. Not many are educated when it comes to other cultures and other ethnicities."

WACA, Wilkes African Cultural Association, participated by dancing traditional African dances but with a modern flair.

Imani Calubine, a senior marketing student, performed the dance with other members of the club.

"I like the fact it is bringing cultures together, especially in Wilkes-Barre," said Calubine. "It is a brilliant idea for all of us to learn about other cultures."

Mmachi Dimoriaku, a junior theatre and dramatic arts major and acting club leader, edited parts of her hometown's dance group's choreography for the performance.

"I choreographed the second part," she explained. "Just to spice the dance up and make it my own, because while I really enjoy [the original choreographer's], I wanted to change it up and add more flare

to it."

Dimoriaku has plans to bring African dance classes to Wilkes, inspired by her dance at the festival.

"I added afrobeat elements from all over New York City, from a lot of different class dances. I'm a big dance class person, and I hope to bring one to Wilkes-Barre very soon."

The group only rehearsed six times, according to Dimoriaku.

"I really put in my all for this, with the help of other people. I hope for this school year to be the president of the club. As president, I hope to bring more performances, more events, and more dance classes."

Elijah Hayes, a junior mechanical engineering major, loved performing on stage.

"It felt really good," he said. "A lot of hard work went into those practices. To be able to share our culture and our dances to everyone is a real inspiration."

Also participating in the event is the Multicultural Student Coalition.

Erica Acosta, the associate director of Diversity Affairs, spoke about how the university got involved in the festival.

"We got involved last year when Patty Hughes, the coordinator of Public Square, got in contact with all of the



The Multicultural International Club from neighboring King's College displays various information about their club at a table during the parade.


local universities," she explained. "This is something that really means a lot to me as a diversity officer at Wilkes University."

"It is encouraging others to celebrate our cultures," she continued. "We can get everybody can come and celebrate who they are, despite what is going on in our political climate. I think if we celebrate one another, we can definitely come together and understand each other."

The Office of Diversity Initiatives in the Center for Global Education and Diversity provides support for minority and underrepresented student groups.

The office assists students in personal, academic and career concerns.

The office is holding a second annual Diversity and Inclusion Conference on Saturday, Oct. 20 with a Dr. Vicky T. Sapp serving as keynote speaker. The conference's theme for 2018 is "Challenging our Unconscious Bias."

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The Rockology Music Academy Student Band performs on stage.

Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: Savannah.Pinnock@wilkes.edu

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Is feminism a benefit or a detriment to society?

By Savannah Pinnock
Opinion Editor

The question of whether feminism is a benefit or a detriment to society is one that has often been received by the public as a touchy, and taboo subject.

Within modern-day America, and our campus community as a whole, there are a myriad of feminist movements and programs such as #MeToo, The Vagina Monologues, The Feminist Majority Leadership Alliance, International Women's Day, etc.

With that being said, it appears that regardless of one's gender, society feels uncomfortable addressing this question. In an effort to provide society with an answer to this unsaid but often thought of question, writer and lawyer Ephrat Livni offers her personal insights on feminism.

In response to the rise of feminism, Ephrat asserts that she is "already equal and was born that way in 1972. No need to fight about it now". In stating that she feels as if she is "already equal" Livni speaks for a growing population of women who believe that they are not marginalized in any way, shape, or form.

Livni suggests that in contrasting her abilities to her male counterparts, men "never seemed inherently better at anything but hauling hay". As a consequence of the prevailing attitudes in the feminist movement, she states that she is "impatient with discussions about gender premised on the assumption that I'm [she is] struggling at an imaginary starting line".

This statement is powerful as it reveals that Livni finds the "women are lacking" notion within the movement to be a disservice to women.

As a healthy alternative, Livni recommends that another approach to being a feminist is "to just be powerful". She understands that gender based injustices are a reality yet, it shouldn't be the prevailing concern of feminists. Instead, believes that they should address injustice as it comes instead of looking for it.

As a response to Ephrat Livni's perspective on feminism, Patrick O'Leary writing from Hercampus.com offers his views toward the subject. O'Leary states that "there are women who claim to not believe in feminism because they do not experience any type of discrimination, but this is clearly not the situation for the majority of the female population".

In this statement, it is clear that his stance on the feminist movement is undoubtedly positive. O'Leary believes that the movement is an overwhelming benefit to women as a whole.

He subscribes to the belief that feminism is "equality", "empowerment", and a movement that "every woman should strive to be a part of." Such a statement is undeniably powerful yet, with Ephrat Livni and Patrick O'Leary's strongly opposing views towards feminism, it begs the question, which view is accurate?

On one side of the spectrum, there is a population of men and women who believe that feminism is an extremist movement. These men and women find that feminism proves to be more harmful to society as a whole.

In fact, there are many who believe that feminism is an ideology centered around the hatred of men. This belief is grounded in a common misconception that circulates throughout society. Although it is a misconception, it is still widely believed and affects the credibility of the feminist movement as a whole.

On the contrary, men and women like O'Leary, Lady Gaga, and many others feel that feminism is beneficial to society as a whole. In order for society to reach a consensus on the previously aforementioned question, it is essential to understand what feminism truly is.

According to Sandra Kim writing from Everydayfeminism.com, "Feminism strives to end the discrimination, exploitation, and oppression of people due to their gender, sexual orientation, race, class, and other differences and supports people in being free to determine their own lives for themselves".

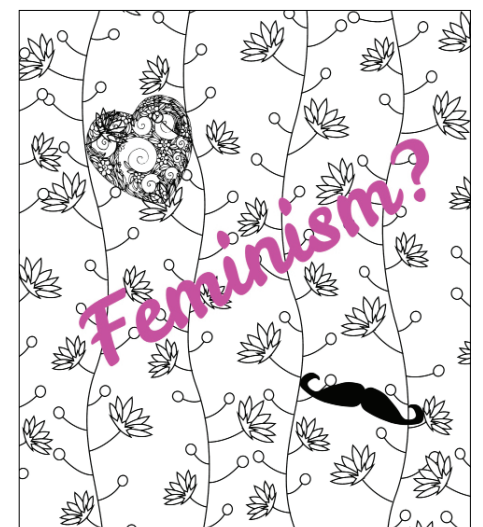
In other words, feminism is not a

movement centered around hating men or re-victimizing women in a "women are lacking" sense. Feminism is simply an effort to provide equality for those who believe that they are marginalized. It is a movement that allows one to have experience the concept of power in number when they feel vulnerable otherwise. Personally, I believe that feminism is a powerful tool that should be used when it is truly necessary. If a man or woman does experience sexism (and yes, men can experience sexism), they should feel comfortable enough to find resources and support groups that will aid them in finding their own power and strength.

I feel as if feminism is for everyone, and yes, at one point Sandra Kim asserts that in the history of feminism it "overly represented issues of white, upper class women". As a consequence, it has grown to include men, women, and everyone from all demographics.

With that being said, as most tools such as the power of the pen, feminism is sharp and can be used in an excessive and disconcertingly oppressive manner.

So yes, in my opinion, feminism is a benefit to society as long as it's used for its intended purpose, to uplift and liberate everyone.



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Majority age: Should the age be raised to 21?

By Jennifer Boch
Staff Writer

To most college students, the question above is a phrase of the past, reminiscent of high school forms and permission slips. Being in college brings independence, new friends, different experiences and unfortunately a lot of paperwork.

However, because most college students are over the age of 18, they do not need a parent's signature. This is due to the age of majority.

The age of majority is a legal term that acknowledges a person's responsibility for the majority of their actions. In other words, you become a legal adult with full legal rights and responsibilities. Upon reaching this age you do not need your parent's consent for anything you decide to do.

You can legally move out of your parent's house or sign up for as many sweepstakes as you desire. Most of the age of majority's implications deal with how a person is handled in the legal system.

Crimes can now receive harsher punishments compared to the previous juvenile system treatment.

"...the part of the brain that helps you to inhibit impulses and to plan and organize your behavior to reach a goal," is not fully developed until the age of 25.

Most states recognize the age of 18 as the age of majority. This is likely due to the other important milestones that come with turning 18. These consist of privileges such as receiving the right to vote under the 26th amendment, or having to register for the draft.

However, some policymakers and researchers believe the age of majority should be raised. Some states have been advocating "raise-the-age" policies that increase the age of majority to 21. This idea comes from several psychological and legal perspectives.

Recent research has shown that the

human brain fully develops around the age of 25. In an interview with the National Public Radio in 2011, a leading neuroscientist, Sandra Aamodt, explains that the prefrontal cortex, "the part of the brain that helps you to inhibit impulses and to plan and organize your behavior to reach a goal," is not fully developed until the age of 25.

Aamodt states that maturity does seem to correlate with beneficial life experiences, which many individuals can lack at age 18. Overall, a younger, less mature mind does not have fully developed cognitive reasoning that enables critical thinking and understanding.

Thus, some policymakers theorize that raising the age of majority will be beneficial to younger criminal offenders, who as previously explained, still do not have proper cognitive reasoning to help fully understand their actions. Once they reach the age of majority, young adults no longer receive rehabilitation services that are helpful in developing these skills.

Therefore, a higher age of majority would lead to a decrease in repeated offenses. However, there little to no evidence that this would be the case. A study published in February of

2017 from the American Society of Criminology, looked at the effects of Connecticut raising its age of majority from 16 to 17 in 2010, and 17 to 18 in 2012.

The study showed that there was no noticeable change in juvenile offending or reoffending due to the legal age changes. However, the change still could be helpful as Aamodt notes in her interview, "Obviously some 18-year-olds are competent to go out into the world and handle things by themselves and some of them aren't. It would be nice if we had a little more flexibility to distinguish

the two in the legal system."

The age of majority also has some significant connections to the foster care system. Currently, the foster care system supports young adults until they "age out" at 18 (in most states). Many individuals are left with little or no guidance after leaving the foster system and one in five will become completely homeless (Center of Public Justice).

If the age of majority was raised, then perhaps these young adults would be able to have more of the support they need to secure a promising future.

All in all, I think the age of majority should be left at age 18 but some reforms should be made to the foster care and prison systems, that allows for better life transitions and rehabilitation.

Although people mature at different rates, maturing is a constant and consistent experience in young adults' lives. Receiving the rights and independence that come with the age of majority is a part of this process.

Raising the age to 21 would make young adults lives more constricted, as we would still need our parents' consent for roughly three years after high school graduation. The age of majority throws us out into the real world and it gives us the wheel that steers our fate.

We decide what to do with our lives, not our parents during the transformative years of 18 and 21. These years are truly precious; its a time to come into your own. It may be terrifying and difficult for young adults and their developing minds, but in the end, the only way our minds will truly grow is if we are the ones to think critically about our futures and decide our path for ourselves.


Facts Surrounding the Age of Majority

- **On Jan. 1, 1970 the Age of Majority was reduced from 21 to 18.**
- **Did you know that in Iran and Saudi Arabia, the age of majority is 15?**
- **In Cuba, the age of majority is 16.**
- **In North Korea, the age of majority is 17.**
- **On a religious level, within Judaism, the age of majority is said to be 13 for males and 12 for females.**
- **Within humans, the area defined as the frontal lobe isn't fully developed and thus decision making is not at its peak.**
- **If the age of majority was not contingent on one's sexual development or level of maturity, the age would likely fall somewhere between 25-30 years old due to the frontal lobe.**
- **In the early 1970s, the voting age was 21. Due to the 26th Amendment, it has changed to 18.**
- **The slogan "old enough to fight, old enough to vote" was a prevailing sentiment in the 1970s.**
- **Reducing the drinking age from 18 to 21 was done in an effort to reduce car accidents by approximately 20 percent.**
- **Perhaps this gives us an insight as to why a majority of 18-year-olds do not quite feel like adults. They're not adults in, they're still growing.**

What do you think the age of majority should be? Follow us on Twitter or Facebook and let us know.

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Movie Review: *To All The Boys I've Loved Before*

By Zarqua Ansari
Staff Writer

A modern marvel of summer time film is the abundance of romance movies. These romantic films target anyone from teens to adults allowing the viewers to freely live outrageous and fun love lives from the comfort of a screen.

From box office hits like *Crazy Rich Asians* to Netflix masterpieces like the *Kissing Booth*, people are given a form of entertainment that captures their hearts and minds alike. *To All the Boys I've Loved Before* is certainly no exception to this rule.

Susan Johnson's *To All the Boys I've Loved Before* is a beautiful film which includes many of our favorite young hollywood actors.

Taking a look at the film, one will begin to notice quite a few familiar faces. These faces consist of *X-Men: Apocalypse*'s Lana Condor playing Lara Jean Covey, *The Fosters*' Noah Centineo playing Peter Kavinsky, and *The Bling Ring*'s Israel Broussard playing Josh Sanderson.

This movie's plot holds a particular focus on the protagonist Lara Jean Covey.

Within this movie, we're sent on a journey with Lara who writes secret, unsent letters to all of her crushes. In a surprising turn of events, these letters get delivered to those they were written for. Each of the boys confronts her about her deeply emotional and quite personal letters.

One of these recipients happens to be her older sister's boyfriend, Josh. When confronted by Josh about the letter, Lara Jean panics and kisses Peter. This is comical as he was also confronting her about the letter he received. She kisses Peter in an effort to convince Josh that she was actually with Peter.

Things escalate and soon, Peter and Lara Jean find themselves in a contractually agreed upon fake relationship. This relationship consists of watching movies, no kissing, and attending parties. Lara Jean is desperately trying avoid confronting Josh, and Peter attempts to make his ex-girlfriend jealous.

The last deal on the contract is the ski trip. Within the movie, this trip is notorious for being the highest rate of lost virginities for the school. Lara Jean agrees to this because there is no way the couple could last that long... right?

The movie shows promise by talking about divorce, racism, sexism, love - platonic, romantic and familial, and even death in light, humorous ways. It effectively humanizes the characters to make them relatable. By making the characters relatable, the story becomes a more personal experience. When the characters cry, the viewer feels the need to cry.

The actors' portrayals of their characters is also impeccable to the point that it seems the character was written for the actor, rather than the other way around.

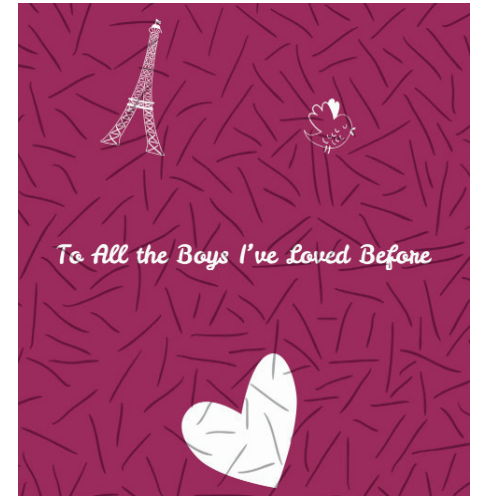
This movie also has the capacity to make an individual wonder if the romantic sparks that ensue within this film are exclusive to the film.

This story is perfect for a night in with friends or a solo adventure. It touches base on heavy topics and displays an array of colorful characters, personalities, and emotions.

I have a strong feeling that this movie will be an addition to the timeless canon of movies that we all adore. This canon consists of *Dirty Dancing*, *Grease*, *Saturday Night Fever*, *Pretty Woman* and more recently classics such as *Nick &*

Norah's Infinite Playlist, *The Notebook*, and many more. *To All the Boys I've Loved Before* is one of the best movies I've watched in a long time.

This movie is essentially a cute addition to the "Chick Flick" genre. However, this does not mean that one has to be a woman to appreciate it. It's a movie for sentimental hearts and reignites one's belief in romance.



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Do you have opinions?

Do you wish you had a platform to share them?

Contact Savannah Pinnock to write about it and

get it off your chest.

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Meet the Majors

This week's major: Psychology

Photos and Interviews by
Abigail Tarway
Staff Writer

Every week, The Beacon will offer a chance for majors to be placed in the spotlight. Each student that gets chosen will have a few words to express why they chose the major and how they feel it will benefit them in the future.



Kristie Swetts Senior

Kristie Swetts is a psychology and a sociology and women's and gender studies minor. She states that she chose to be in the field of psychology because "psychology is the foundation of how people think, feel, and behave, so I want to help children and adolescents create a positive relationship with themselves and others with support from clinical psychology in order to promote a happier and healthier future generation". Kristie believes psychology will help her in the future by allowing her to be a "passionate and effective social worker or counselor".

Laura Kessler Senior

Laura is a psychology major and a art, Spanish, and women's and gender studies minor. She chose to specialize in her field because "throughout my [her] high school experience I [she] lived with and helped to care for my [her] grandmother". Her grandmother suffered from dementia and due to wanting to "to understand the brain and its connection to the body and overall health and well-being", she chose to major in psychology. In the future she plans to "attend a Doctor of Physical Therapy program. She desires to help "people recover from physical injuries and be able to work through their own mental barriers".



Makayla Sarnosky Senior

Makayla Sarnosky is a psychology major with a minor in women and gender studies. She states that she "first started Wilkes as an undeclared major and then found the field of Psychology. My [her] first semester of freshman year, I had PSY 101 with Dr. Tindell". After taking her psychology courses she found them to be "the most interesting and also where I [she] was able to learn the most. The psychology professors here at Wilkes are great and have been so helpful." She states that in the future psychology can help "with being better able to understand individuals and the world around me [her]".



Is this the best album of the William DuVall era?

RHYTHM  **REWIND**
with Parker Dorsey

By Parker Dorsey
Asst. Opinion Editor

When Layne Staley passed away in 2002, many thought that it was the end of Alice in Chains. The haunting dual vocal harmonies of Staley and guitarist Jerry Cantrell were the band's hallmark; could it truly be replicated by anyone else?

Three albums into the William DuVall era, and the answer is a resounding yes. *Rainier Fog* sounds like a return to vintage Alice in Chains, specifically 1992's *Dirt*. The twisted riffs, haunting melodies and bluesy undertones are back in full force. Two of the singles, "The One You Know" and "So Far Under," sound as if they can immediately fit in as lost B-sides to their earlier material.

While *The Devil Put Dinosaurs Here* was not a bad record by any means, it was short on true Alice in Chains highlights and sounded almost like a doom metal album. Many of the tracks were too bloated or unremarkable. *Black*

Gives Way to Blue, while a phenomenal comeback album, always seemed as if it had something missing. It didn't feel like an Alice in Chains record. With *Rainier Fog*, the band finally seems to be comfortable with their own style.

With the lead single "The One You Know," Cantrell said that he wrote the song around the time David Bowie died, and was inspired by Bowie's 1975 hit "Fame." The title track "Rainier Fog" is a tribute to the Seattle grunge scene that launched not just the band themselves but also their contemporaries such as Nirvana, Soundgarden, Pearl Jam and Stone Temple Pilots.

Cantrell took the title from Mount Rainier, which overlooks the Seattle area and is the highest mountain in the Pacific Northwest. The emotional lyric, "With you here we shared a space that's always half-empty," is about Staley and deceased former bassist Mike Starr.

"So Far Under" was written by DuVall, who said in an interview, "It's about feeling completely up against it – outnumbered, surrounded, facing seemingly unbeatable odds and being

really [ticked] off about it. It was inspired by personal circumstances, as well as events in the wider world."

"Never Fade" is DuVall's major composition in *Rainier Fog*. He wrote the lyrics and said they were inspired by the deaths of his grandmother, Soundgarden lead vocalist Chris Cornell and Staley.

"Drone" is a fun Zeppelin-esque jam song, with Cantrell's blues influenced riffs ringing throughout the song. "Red Giant" has a particularly monstrous guitar riff that will appease any doom sludge lovers who prefer the band's heavier material

"Maybe" has stunning vocal harmonies, particularly during the isolated vocal tracks, with DuVall channeling his inner Staley. "Fly" has a very catchy chorus, and while it is a typical Cantrell ballad, it is possibly the smoothest track on the album with exceptional guitar arpeggio work.


The album closes with the beautifully somber seven-minute track "All I Am," peppered with Cantrell's trademark eerie, hypnotic droning riffs.

Sean Kinney's drums sound very

natural and Mike Inez's bass isn't buried under sound. The production is great, and it accentuates Cantrell's thick guitar tone and incredible songwriting. This is a dark album that will certainly hold up to their legacy, and is a must-have for any Alice in Chains fan or hard rock fan in general.

Parker's Picks: "Red Giant," "Drone," "Rainier Fog," "Maybe"



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September marks National Drug Addiction Awareness

By Tonya Creasy
Opinion Writer

National Drug Addiction Awareness month is held to bring awareness to the disease of addiction. It is recognized during the month of September and provides knowledge to those either suffering from addiction currently, or those in a rehabilitation program trying to maintain sobriety.

One of the main focuses of the month is the use of synthetic opioids and other drugs such as heroin, alcohol and fentanyl. Most people know at least one person that suffers from addiction. That person may be a member of the family, a close friend or even a celebrity.

Drug addiction is a growing crisis. According to CNN Health, heroin and drug overdoses contributes to 49,068 deaths a year, and it still continues to grow. According to Lauren Rossen, "The most striking patterns at the national level are the recent increases in the numbers of drug overdose deaths involving synthetic opioids."

Between 2002 and 2017, overdose deaths became 22 times greater, reaching nearly 30,000 overdoses related to opioids.

The type of drugs used at the time of overdose varies state to state. For example, in Oregon, Nevada and Washington the main cause of death is methamphetamine. On the east coast, the leading cause is heroin and opioids.

The current debate is whether small time drug offenders should be sent into prison or be placed in a rehabilitation center. The addiction crisis ranges across the socioeconomic spectrum. Fortunately, law enforcement is beginning to treat it as a public health crisis.

Since then, there have been changes made and they have proven to be successful. For example, small level drug users may not have to serve a mandatory prison sentence. Instead many courts and officials see that it is a health crisis and offer the option for treatment.

There are also new protocols for physicians as well. Prescription opiates are used as a last resort for doctors.

Incarceration is expensive to maintain and reducing the prison population can be beneficial financially as well.

Attorney General Josh Shapiro has focused on adding regulations for doctors who are prescribing opioids and have focused on rehabilitation for non-violent drug users. The solution could be very successful with Narcotics Anonymous and other programs that help the addict realize that they have a problem.

Without believing they have a problem, it is most likely it will have no effects. These programs teach the addicted person new ways to cope with addiction. Governor Tom Wolf recently requested \$34 million to expand drug treatment in the face of this crisis.

Around 2,500 people in Pennsylvania died due to drug overdose in 2014, which is a 91 percent increase since 2004.

Unfortunately, the state Department of Drug and Alcohol Programs has the smallest budget of any department in state government. The yearly budget is less than 2 million. This makes it difficult for most users to receive treatment. There


have been techniques used that are proven to help many overcome their addictions.

The increase in drug overdoses is leading to more deaths across the United States. Although there are many factors that contribute to this epidemic, there are a few ways to address this problem.

The funding is so low that more than half of the people that are struggling with addiction are unable to receive treatment. With increased funding, many of those who are in poverty have a chance to overcome their addiction.

Another solution would be to offer recovery programs in prisons to help low-level drug offenders. Those programs can be used to help those trying to recover, maintain sobriety so they don't fall back into using when they get released.

If you know someone that is suffering from an addiction, reach out. There are ways to get help. Remember, recovery is possible.

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Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the Sports Editors: Benjamin.Mandell@wilkes.edu or Kirsten.Peters@wilkes.edu

Student-run Town Hall creates Riot Squad cohort

Students look to increase school spirit at sporting events, create a stronger Wilkes community

By Nick Whitney
Staff Writer

Riot Squad. The independent, unofficial group of students ready to scream their voices into oblivion in the name of school spirit.

This new group on campus is targeted at promoting school spirit. The students who founded the Riot Squad got together and noticed that, despite everyone seeming to have friends on different Wilkes University sports teams, there was no student section in the stands cheering on their peers. Hoping to change that, they came together to form the Riot Squad, an independent group of Wilkes students who prepare easy-to-learn chants, make signs, and go to the games in support of the Colonels.

At the football games, the Riot Squad student section will be situated right next to the band. This location was chosen for a few reasons. The Riot Squad's proximity to the band allows the two of them to work together, with the band having the ability to respond to some of the different chants the Riot Squad will prep.

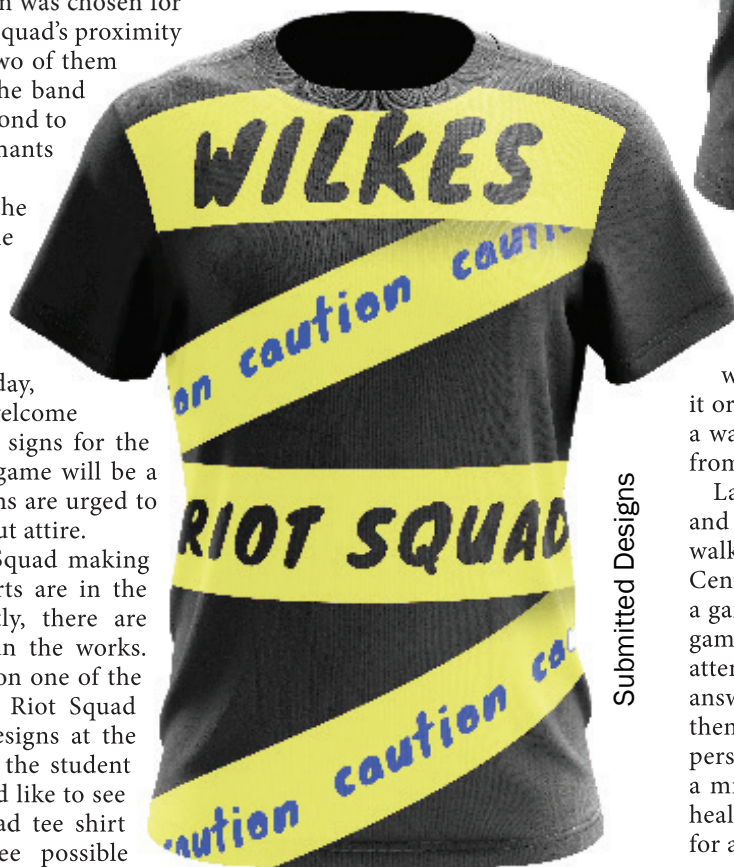
In preparation for the next football game, the Riot Squad will be having a sign-making session in the first floor lounge of the Henry Student Center on Friday, Sept. 21. Anyone is welcome to come and help make signs for the game. In addition, this game will be a white out, so Colonel fans are urged to show up in their white out attire.

Not only is the Riot Squad making game signs, but tee shirts are in the works as well. Currently, there are several design options in the works. But instead of deciding on one of the options themselves, the Riot Squad will be modeling the designs at the game to get input from the student body on what they would like to see as the official Riot Squad tee shirt design. Images of three possible

designs are pictured in conjunction with this article. Keep an eye out for future updates as to learn when, where and how to get shirts.

As for some background information on the Riot Squad, it is a subdivision of an overarching independent organization on campus known as Town Hall. Like the Riot Squad, Town Hall was developed in an attempt to address the lacking community feel around campus. The goal of Town Hall is to build stronger relationships with all Wilkes students and to get individuals interacting and talking with peers they otherwise would not in their day-to-day schedules.

"We are a group of students who saw room for improvement in campus culture. We talk about diversity, club involvement,



Submitted Designs

student interactions, academic experiences and school spirit," said Town Hall founding member Geraldine Ojukwu. "Our options were to sit there and complain about it or do something, so we decided to find a way to make the experience we wanted from a four year university a reality."

Last semester, Town Hall got together and handed out ice-pops to anyone walking outside of the Henry Student Center, and later moved onto the quad for a game of kickball. They also organized a game of "Truth or Kale," which grouped attendees randomly and had them answer a wide array of questions about themselves. When a question got too personal, a person was obligated to drink a mixture of lemon juice, kale and other healthy food products which combined for a truly horrid drink.

This year, Town Hall is looking to host more events like these and introduce new ideas that were discussed over the summer and the early parts of this semester. Among these ideas are water balloon events and Frisky Feud (a risqué twist on Family Feud), as well as a special spirit week for Homecoming. While the spirit week would conclude with a Wilkes apparel day, themes for the other days are still being brainstormed. Ideas include Disney, Formal, Pajamas and Twin. The current plan is to come up with a list of options and send them out to the student body to vote on. There should be updates coming later in the month.

"We create activities designed to 1) try to get students to have genuine conversations with people they've never met before, 2) have leaders in different clubs find a way to co-host events in order to push for more cooperativeness instead of competition between groups, 3) help students take the necessary steps to formally report their experiences with faculty or staff, and 4) try to bring consistently high energy to sporting events, whether we win or lose," said Ojukwu. "I'll be satisfied, if not by the end of this year, but a year or two down the line, if there is a sense of Colonel Pride."

If you are interested in getting involved in Town Hall, or the subdivision of Riot Squad, the group meets in the first floor lounge of the Henry Student Center on Mondays at 5 p.m. and Fridays at 3 p.m.

**Attend the Riot Squad
sign-making session in the
first floor lounge of the
SUB on Friday, Sept. 21.**



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MSOC: Colonels shut out Defenders with 4-0 victory

By Ben Mandell
Co-Sports Editor

EDWARDSVILLE. -- The Wilkes University Colonels team topped the Clarks Summit University Defenders 4-0 on Wednesday night. The men's soccer team benefited from quality games by midfielders Kyle Bentz, Camry Huff and Gabriel Nieves to dominate on the field.

Huff showed off his talents early in the first half, creating some great scoring chances. With some help from Bentz, Huff was able to score the game's first goal. Although Huff scored the goal, Bentz deserves just as much credit, as he split two defenders and delivered a perfect pass to his winger Huff to pick up the assist.

After taking a 1-0 lead, the Colonels offense broke open. Shortly after scoring the first goal, Bentz successfully worked the ball to Huff in the low slot. Huff's first shot rang off the crossbar, but he was able to ensure that the opportunity wasn't for nothing, as he buried his second chance and put the Colonels up 2-0.

"I just try to play hard and play with a chip on my shoulder," Bentz said when asked about his performance. "I attack every play like it's my last."

With the 2-0 lead, the Colonels continued to pressure the defense of the Defenders. Although the Defenders were able to get a flurry of shots off towards the end of the first half, they were completely outmatched for the duration of the game.

The second half played out very similar

to the first, as the Colonels continued to control play. This half showcased Nieves, an impressive freshman. Nieves was all over the field when he was in the game and made his presence known before he even got on



The Beacon/Nicole Gaetani

Junior midfielder Ed Lukowski tries to take advantage of a scoring opportunity with a corner kick.

the scoresheet.

The freshman appeared to be the most athletic player on the field, for either side, and his play drew comparisons to the impact Kylian Mbappe had on the French National Team in the 2018 World Cup. Like Mbappe, Nieves used his athleticism to force turnovers and create plenty of opportunities for his teammates and himself.

Nieves appeared to be on another level, in terms of athleticism. Being the fastest player on the field, he forced turnovers and

continued to create openings in the middle of the field. Nieves's control on the field led to the Colonels' third goal, as he tracked a ball down the right sideline and sent a beautiful set piece to Bentz inside the box

all by himself. Bentz, one of Wilkes's best goal scorers, finished the highlight reel goal by heading it in.

"Gabe [Nieves] chipped in a great ball, I just headed it in," remarked Bentz.

Nieves wasn't done leaving an impact in this game, as he found himself with a tremendous opportunity in front of the Defenders, where he buried the Colonels fourth goal of the game.

Wilkes spent the last 30 minutes of play in cruise control with the 4-0 lead, and even

though they pulled their starters from the game and slowed down the pace, they still controlled the ball.

"I hope [this win] does great things for us. We have some great competition coming up and it was important to get back into a winning way," said head coach Michael Piranian. "I'm happy with the outcome. Everybody was out there hustling and it was a great team effort."

Following their exciting win against Clarks Summit, the Colonels were set to take on Keystone on Saturday, Sept. 15. However, they fell to their host 2-1 in overtime, with their lone goal coming from forward Cole Hefner.

Wilkes will follow up this match-up with a trip to Susquehanna University on Wednesday, Sept. 19. Although they lost to Keystone, Wilkes is looking to use the next three games to build momentum going into conference play.

The Colonels begin their MAC Freedom schedule on Sept. 29 against Delaware Valley.

"I feel pretty confident, we're getting better," said Bentz.. "We're expecting to do well this year."

After defeating Clarks Summit 4-0 and only falling short by one goal in overtime against Keystone, Wilkes will continue to look towards Bentz, Huff and Nieves to help lead the team to future success.



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Fall Sports Schedules

Cross Country (Men's and Women's)

8/31 @ Misericordia Invitational
Men's 5th, Women's 4th
9/8 @ Stevenson Invitational
Men's 5th, Women's 8th
9/15 @ Cougar Classic
Men's 4th, Women's 4th
9/29 @ Mount Saint Mary
10/6 @ Desales Invitational
10/13 @ Inter-Regional Border Battle
10/19 @ LVC Last Chance Run Fast
10/27 MAC Championships
(Stevenson)
11/10 NCAA Mideast Regional
(DeSales)
(More schedules on page 21)

Women's Volleyball

8/31 @ PSU-Hazleton, W 3-0
9/1 @ Clarks Summit, W 3-0
9/1 @ Lycoming, L 0-3
9/1 @ Penn College, W 3-0
9/4 @ PSU-Brandywine, W 3-0
9/6 vs. Lancaster Bible, L 1-3
9/8 @ PSU-Harrisburg, W 3-1
9/8 @ Shenandoah, W 3-2
*9/12 vs. Manhattanville, L 3-2
9/15 vs. Cairn, W 3-0
9/15 vs. Wesley, W 3-1
*9/18 @ FDU-Florham, 7 p.m.
9/20 vs. Clarks Summit, 7 p.m.
9/22 @ Brooklyn College, noon
9/22 @ Rutgers-Camden, 2 p.m.
*9/26 vs. Delaware Valley, 7 p.m.

9/28 @ RIT, 6 p.m.
9/29 @ Morrisville State, 11 a.m.
9/29 @ SUNY Cortland, 1:30 p.m.
*10/2 @ Eastern, 7 p.m.
10/4 @ PSU-Berks, 7 p.m.
10/6 vs. New Jersey City, noon
10/6 vs. PSU-Altoona, 4 p.m.
10/8 @ Keystone, 7 p.m.
*10/10 vs. King's, 7 p.m.
*10/16 @ DeSales, 7 p.m.
10/18 vs. Bryn Athyn, 7 p.m.
*10/24 @ Misericordia, 7 p.m.
10/27 vs. Marywood, 10 a.m.
10/27 vs. Rutgers-Camden, 2 p.m.
*MAC Freedom
Home matches @ Marts Center

Field Hockey

x-8/31-9/1 @ Susquehanna L 3-1
9/5 @ Keystone, W 3-0
9/8 vs. Widener, L 5-4 (SO)
9/13 vs. Cedar Crest, W 3-1
9/15 @ Alvernia, L 2-0
9/19 @ Moravian, 7 p.m.
*9/22 vs. Eastern, 5 p.m.
9/25 vs. U. of Scranton, 7 p.m.
*9/29 @ Manhattanville, 1 p.m.
10/3 @ Elizabethtown, 4:30 p.m.
*10/5 @ FDU-Florham, 7 p.m.
10/8 vs. Arcadia University, 7 p.m.
*10/12 @ Delaware Valley, 7 p.m.
*10/18 vs. King's, 7 p.m.
*10/20 @ DeSales, noon
*10/24 @ Misericordia 7 p.m.
*MAC Freedom
x-Connie Harnum Classic
Home games @ Schmidt Stadium



FH: Myers earns 100th win after defeating Cedar Crest 3-1

By Tyler Aldinger
Staff Writer

EDWARDSVILLE -- The Wilkes University field hockey team displayed a dominating performance last Thursday night, Sept. 13 against Cedar Crest College. The Colonels won the contest 3-1, with goals scored by Haley Gayoski, Maddie Kelley and Ali Dunn.

The Colonels fell behind early in this contest 1-0, only seven minutes into play, with a goal scored by Cedar Crest freshman Deserea Dayton.

This would only fuel the Colonels momentum, as they regrouped from this early deficit and proved to be more resilient between the two teams.

After the Cedar Crest goal, the Colonels dominated the pace of play and controlled the ball in the defensive zone for a majority of the first half of play. This pressure against Cedar Crest was thanks to experience from seasoned players, as well as some of their younger talents in midfield and on offense.

"I think they all stepped up, especially the ones that get into the game, but I think they all really have made a big improvement since preseason," said Gayoski about the underclassmen entering the game.

The Colonels had many opportunities to score, especially with several corner chances in the first half. But Cedar Crest goalie Cassandra Reijgers was blocking shots and acted as a brick wall that the Colonels could not seem to penetrate.

In the 26th minute of play, Kelley scored

the first goal for the Colonels with help from Kayla Gronkowski, who earned an assist on the play. This was Kelley's second goal so far this season.

After this, the goal scoring seemed to be contagious for the Colonels, as they took advantage of another opportunity in the first half of play, coming from their constant offensive pressure against the Cedar Crest defense.

Gayoski put the Colonels ahead 2-1 with just over a minute to spare in the first half, gaining her second goal of the season.

The second half proved to be similar to the first half of play, where the Colonels yet again displayed a greater will to win the battle.

This determination and effort that carried over into the second half paid off for the Colonels in the 48th minute of play, as sophomore forward Dunn got her first goal of the season. This put the Colonels ahead 3-1.

The scoring barrage for the Colonels ended after this point, but Cedar Crest was

unable to score a goal in the second half, leaving them in a two-goal deficit until the clock hit zero.



The Beacon/Nicole Gaetani

Haley Gayoski scored her second goal of the season with just under two minutes remaining in the first half.

The Colonels improved their record to 3-2 coming off of this victory.

Reflecting on the win, head coach Sara Myers said, "I think that from tonight's game we learned to encourage each other to fight hard for 70 minutes. We took control in the second half, but we shouldn't be in that situation in the first place, so we just need to take advantage of every opportunity to play hard for 70 minutes."

More importantly, Myers earned her 100th career win Thursday night. This

accomplishment electrified the Colonel faithful and the entire field hockey team, as the team presented the head coach with flowers and a cake to celebrate her accomplishment.


"It's emotional for me, I feel like when I think about 100 wins, two things come to mind - the first thing are my players, and all of the wonderful players that I have had the opportunity to coach, and the second thing is our staff because I have the best and most hardworking staff that I enjoy working with every day, so it's emotional and exciting for the program," said Myers after her accomplishment.

Thursday night's victory and achievement for the Colonels field hockey team was a confidence boost, and exactly what the Colonels needed coming off a tough 5-4 loss against Widener in a shootout.

"I think there was definitely a difference in heart and intensity; it was a really big loss and I think we really stepped up our game after that," said Gayoski. "We definitely worked on our team passing and scoring, and a big win like this with our coaches 100th win, makes us all want to work together to get a win."

Looking ahead for the Colonels, they will be on the road this Wednesday, Sept. 19 to face Alvernia in Reading, Pa.

The Colonels will return home to face Eastern University this Saturday, Sept. 22 at Schmidt Stadium for their first MAC Freedom contest.

 @wilkesbeacon
Tyler.Aldinger@wilkes.edu



Fall Sports Schedules

Women's Soccer

8/31 @ PSU-Berks, POST
9/5 @ Ithaca, L 1-0
9/8 vs. Marywood, W 3-2
9/12 @ William Paterson, W 1-0
9/15 @ Bard, L 3-1
9/19 vs. Susquehanna, 7 p.m.
9/22 @ Arcadia
9/25 @ U. of Scranton, 7 p.m.
*9/29 vs. Delaware Valley, 3:30 p.m.
10/3 vs. Kean, 7 p.m.
*10/6 vs. DeSales, 4:30 p.m.
*10/10 @ King's, 5 p.m.
*10/13 @ Eastern, noon
*10/16 vs. Misericordia, 7 p.m.
*10/20 vs. Manhattanville, 3:30 p.m.
10/23 vs. Oneonta, 7 p.m.
*10/26 @ FDU-Florham, 7 p.m.
*MAC Freedom
Home games @ Schmidt Stadium

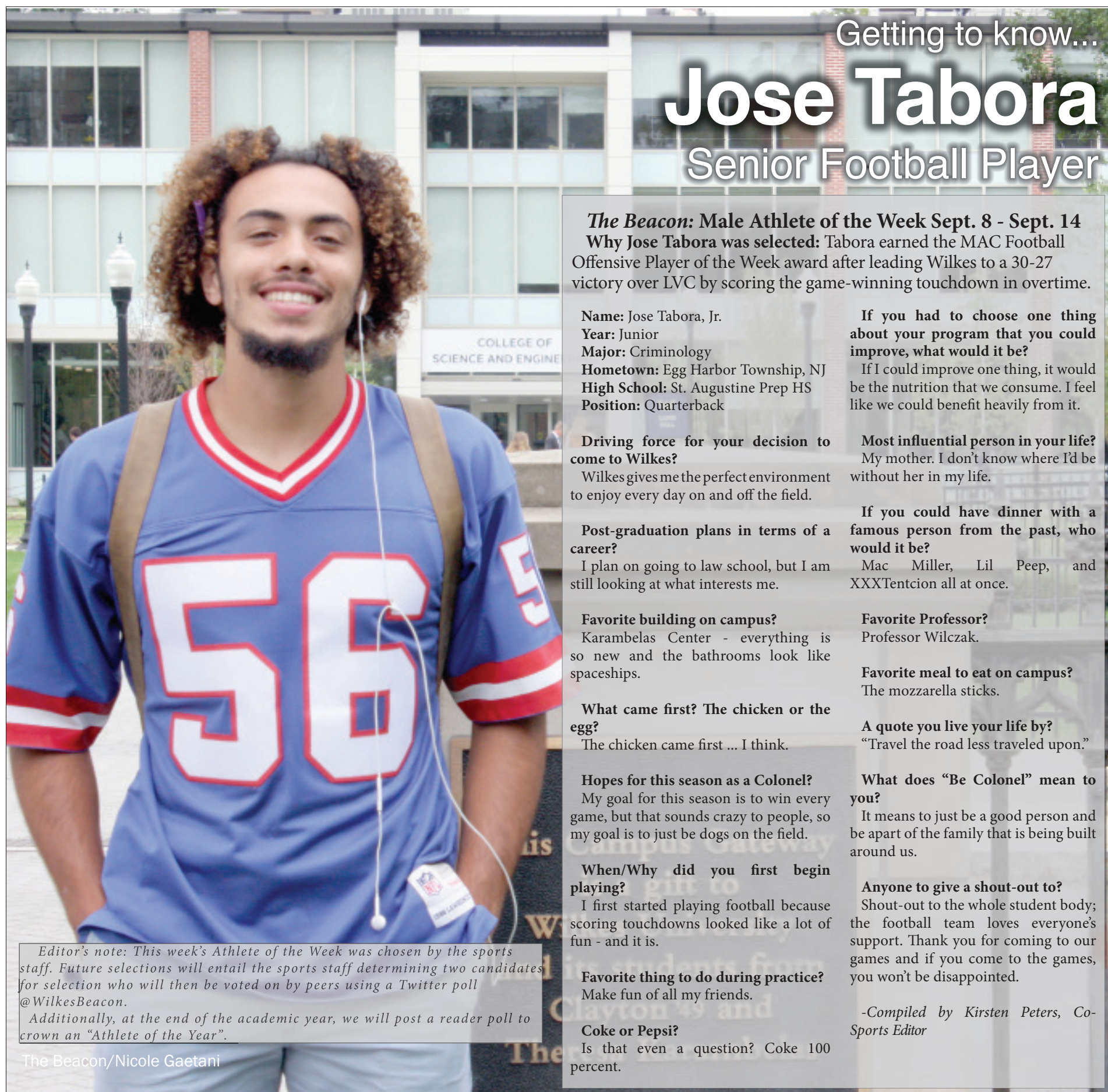
Football

9/1 vs. Hartwick, L 28-24
9/8 @ Lebanon Valley, W 30-27
*9/15 @ Delaware Valley, L 21-10
*9/22 vs. Misericordia, 1 p.m.
*9/29 @ Alvernia, 1 p.m.
*x-10/6 vs. Albright, 1 p.m.
*10/12 @ FDU-Florham, 7 p.m.
*10/20 @ Stevenson, noon
*10/27 vs. Lycoming, 1 p.m.
*y-11/10 vs. King's, noon
*MAC
x-Homecoming
y-Mayor's Cup
Home games @ Schmidt Stadium
(More schedules on page 20)

Men's Soccer

8/31 @ PSU-Berks, T 1-1
9/3 @ Marywood, W 2-0
9/8 vs. Moravian, L 4-1
9/12 vs. Clarks Summit, W 4-0
9/15 @ Keystone, L 2-1 (OT)
9/19 @ Susquehanna, 7 p.m.
9/22 @ Stevenson, 4 p.m.
9/26 vs. U. of Scranton, 7 p.m.
*9/29 vs. Delaware Valley, 1 p.m.
10/3 @ Lancaster Bible, 6 p.m.
*10/6 vs. DeSales, 7 p.m.
*10/9 @ King's, 7 p.m.
*10/13 @ Eastern, 3 p.m.
*10/17 vs. Misericordia, 7 p.m.
*10/20 vs. Manhattanville, 1 p.m.
10/24 @ Penn College, 7 p.m.
*10/27 @ FDU-Florham, 7 p.m.
*MAC Freedom
Home games @ Schmidt Stadium





Getting to know...

Jose Tabora

Senior Football Player

The Beacon: Male Athlete of the Week Sept. 8 - Sept. 14

Why Jose Tabora was selected: Tabora earned the MAC Football Offensive Player of the Week award after leading Wilkes to a 30-27 victory over LVC by scoring the game-winning touchdown in overtime.

Name: Jose Tabora, Jr.

Year: Junior

Major: Criminology

Hometown: Egg Harbor Township, NJ

High School: St. Augustine Prep HS

Position: Quarterback

If you had to choose one thing about your program that you could improve, what would it be?

If I could improve one thing, it would be the nutrition that we consume. I feel like we could benefit heavily from it.

Driving force for your decision to come to Wilkes?

Wilkes gives me the perfect environment to enjoy every day on and off the field.

Most influential person in your life?

My mother. I don't know where I'd be without her in my life.

Post-graduation plans in terms of a career?

I plan on going to law school, but I am still looking at what interests me.

If you could have dinner with a famous person from the past, who would it be?

Mac Miller, Lil Peep, and XXXTentacion all at once.

Favorite building on campus?

Karambelas Center - everything is so new and the bathrooms look like spaceships.

Favorite Professor?

Professor Wilczak.

What came first? The chicken or the egg?

The chicken came first ... I think.

Favorite meal to eat on campus?

The mozzarella sticks.

Hopes for this season as a Colonel?

My goal for this season is to win every game, but that sounds crazy to people, so my goal is to just be dogs on the field.

A quote you live your life by?

"Travel the road less traveled upon."

When/Why did you first begin playing?

I first started playing football because scoring touchdowns looked like a lot of fun - and it is.

What does "Be Colonel" mean to you?

It means to just be a good person and be apart of the family that is being built around us.

Anyone to give a shout-out to?

Shout-out to the whole student body; the football team loves everyone's support. Thank you for coming to our games and if you come to the games, you won't be disappointed.

Favorite thing to do during practice?

Make fun of all my friends.

Coke or Pepsi?

Is that even a question? Coke 100 percent.

-Compiled by Kirsten Peters, Co-Sports Editor

Editor's note: This week's Athlete of the Week was chosen by the sports staff. Future selections will entail the sports staff determining two candidates for selection who will then be voted on by peers using a Twitter poll @WilkesBeacon.

Additionally, at the end of the academic year, we will post a reader poll to crown an "Athlete of the Year".

The Beacon/Nicole Gaetani

Getting to know...

Jamey Mikovich

Junior Volleyball Player

The Beacon: Female Athlete of the Week Sept. 8 - Sept. 14

Why Jamey Mikovich was selected: Mikovich had a .258 hitting percentage, 3.38 kills-per-set and 4.19 digs-per-set, leading Wilkes to a 3-1 week and earning her the MAC Freedom Player of the Week award.

Name: Jamey Mikovich

Year: Junior

Major: Pharmacy

Hometown: Nesquehoning, Pa.

High School: Panther Valley HS

Position: Right Side

the time, and I fell in love with the game of volleyball.

Favorite thing to do during practice?

My favorite thing to do during practice is "Queen of the Court," and other competitive 4 vs. 4 or 5 vs. 5 games.

Driving force for your decision to come to Wilkes?

I really wanted a place that allowed me to continue playing volleyball while also studying to become a pharmacist. I loved Cohen when I toured here for the first time and knew I could really see myself going to school here.

Coke or Pepsi?

Coke.

Most influential person in your life?

My mom.

If you could have dinner with a famous person from the past, who would it be?

Walt Disney.

Post graduation plans in terms of a career?

Possibly working in pediatrics for pharmacy, although I haven't decided what I want to focus on in my major yet.

Favorite professor?

Dr. Kuiken!

Favorite building on campus?

UComm.

A quote you live your life by?

"It always seems impossible until it's done."

What came first? The chicken or the egg?

The chicken.

What does "Be Colonel" mean to you?

"Be Colonel" means always being the best possible version of you. Whether that would be in the classroom or on the court, I always want to be the best version of myself.

Hopes for this season as a Colonel?

My hopes for this season are to make conference playoffs, improve our record and improve our overall level of play from last year.

Anyone to give a shout-out to?

I want to give a shout-out to my roommates for always supporting me in everything that I do, on and off the court. As well as my friends and family who are always coming to my games to cheer me on.

When/Why did you first begin playing?

I began playing in elementary school. I was always pretty tall and I wanted to play another sport, other than basketball, while I was growing up. My mom signed me up for a volleyball camp that was run by the high school team at

-Compiled by Kirsten Peters, Co-Sports Editor

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The Beacon/Nicole Gaetani



New Era for Wilkes Football?



Make sure to check out the next issue of The Beacon to see how Wilkes football has changed under the leadership of new head coach Jonathan Drach.

Wilkes Athletics/Warren Ruda

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24- cut Sicilian pizza

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small 12" 1-topping pizza & choice of any sub

\$18.95 +TAX

large 16" pizza, 1 sub, & an appetizer

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3 large 1- topping pizzas