



Upward  
Bound 93  
Summer

UPWARD

BOUND

93

Photo Album  
Committee

Angie Madden

Jodi Monroe

Donna Phillips

Sande Romashko

Stacey Szafran

Tara Hill

Tracy Baines

Upward  
Bound

Staff

1993

Anne, Tom  
and Barb



Greg, Tara, Tracy, Chris,  
Alexis, Sarah, Chuck

Lisa



Beth and  
Sara



Study  
Lab  
Tutors

Rose



Secretary

"Believe in yourself, because you are special. You are part of a success story in American Education today, when the perception is that nothing good comes from this system. You have been given a very special opportunity and have taken advantage of this chance to grow as a person both emotionally and academically. You have examined your strengths and weaknesses and now have a better understanding of who you are and what you want to do with your life. Use this knowledge to make a difference and to develop your own special talents. Help others to find the best in themselves by sharing with them the guidance and understanding that you experienced in Upward Bound. Above all, be true to yourself and your ideals. You are a unique and special person,...."

~ Mr. Paul Evans  
Instructor of Mathematics

# Academic Teachers







Mrs. Pryor



Ms. Davidson

Mr. Knott



Mrs. Honopke



Mr. Słofko



Mrs. Rendina



Mr. Booth



Special Interest  
Teachers

Matt



Chris



Tom



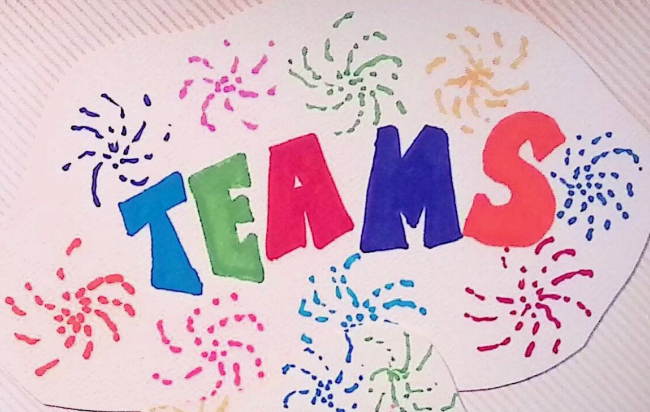
Paul

As long as we have  
memories,  
yesterday remains.

As long as we have  
hope,  
tomorrow waits.

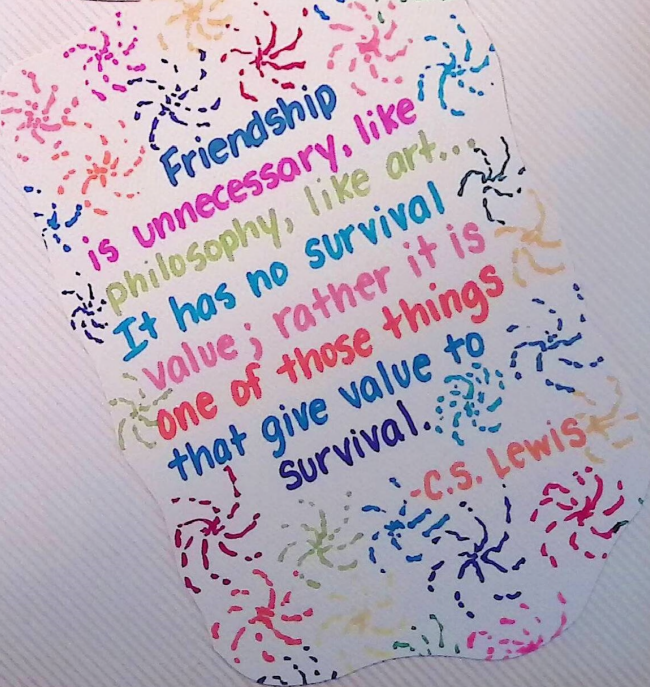
As long as we have  
friendship,  
today is beautiful!

# TEAMS



Friendship  
is unnecessary, like  
philosophy, like art...  
It has no survival  
value; rather it is  
one of those things  
that give value to  
survival.

-C.S. Lewis



# Tracy's Team



Kevin Suchocki

Joe  
Gregorowicz

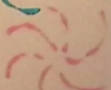
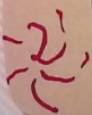
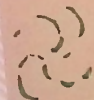
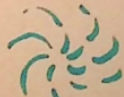
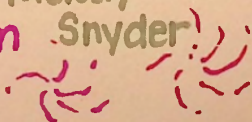


Donna  
Phillips

Hilary Adams

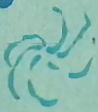
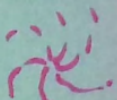
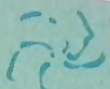
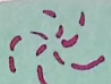
David Pall

KarenAnn Melody  
Harrington Snyder

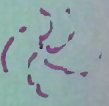
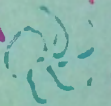




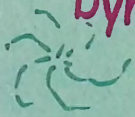
Chuck's  
Team



Tracey  
Hall



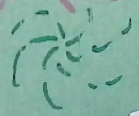
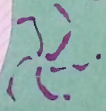
Lena  
Dymonds



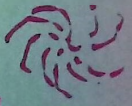
J.P.  
Karpovich

Jeremiah  
Ngolo

Stacey  
Szafran



Jaclyn Stoodley



Molly  
Malloy



Chris's  
Team

Maureen  
Kittrick



Bill  
DelKonic

Cher  
Falls

Jan  
Lasiewicki

Jennifer  
Pagan

Laura  
Segarra

Tony Traglia



Grosz

Jessica  
Grosz

Beth  
Offstack

Sande  
Romashko

Chris  
Andes

Amy  
McElwee

Danielle  
Tirpak

Tracey Weida

Tim Melan

Bryan Wolfe

Lan Phoung  
Pham

Stephanie  
Wascalus

Kelley  
Ceppa

Shawn Kapalka

Ann  
Ngolo

Tara's  
Team

Shawna Jones

Jodi  
Monroe

Chad Sittler

Ken Brusilovski

Becky Milligan



Diane Kovaleski

Angie Madden

Joy Holeman

Sarah's Team

Melissa Wascalus

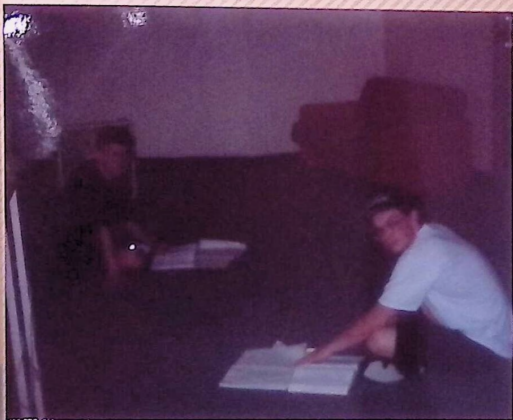
Bridgers



Winona & Karen



Brian and Bernie



Larry & Alex



Bridgers at Night!

Isn't this a  
fire hazard?





Hail, Hail, the  
gang's all here!



Ongoing  
Activities

And 1,2,3,4...

aerobics



tennis

There's a  
hole in my  
racket!



fitness walking

left, left,  
left, right  
left.....



weight lifting

FLEX!

Heads Up!



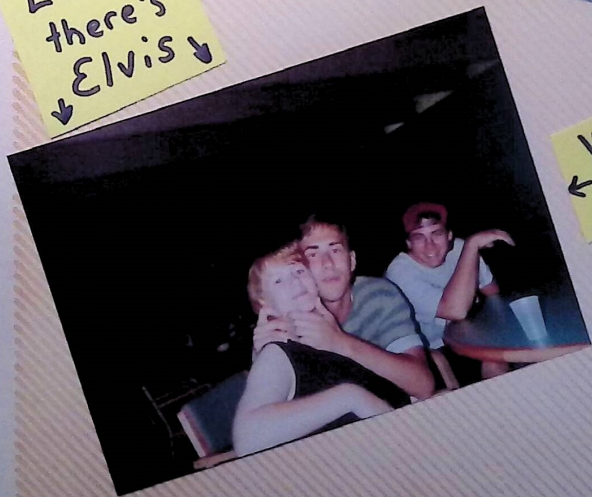
team sports

# Our First Dance



LOOK!  
there's  
↓ ELVIS ↓

← YEAH  
RIGHT!





Barney is pernicious?



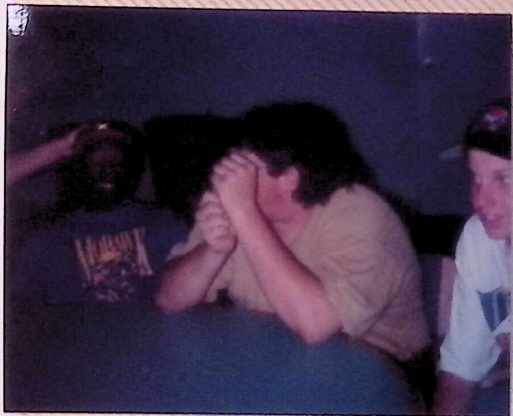




Peek-  
A-  
Boo



Peace  
Dude ☺



I'll get  
You my  
Pretty!!!

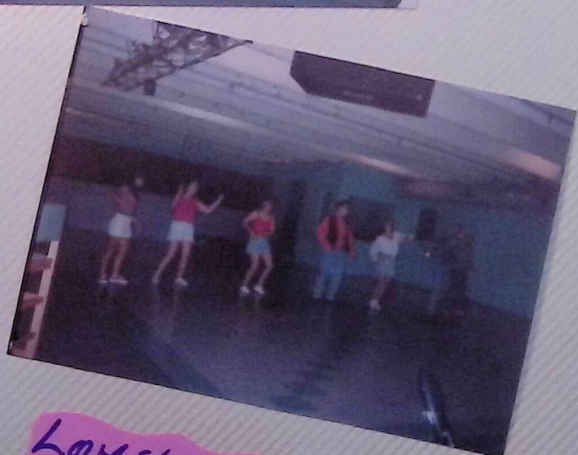


Shall I lead?



JANE Fonda's  
Workout

Lip Sync



Lowshack



Sing, Until the  
Cows come  
home



What is she doing?



It's not over till the fat boy sings!





ONE  
HAND  
VS.  
TWO  
HANDS



## Don't Quit

When things go wrong as they sometimes will,  
When the road you're treading seems all uphill,  
When the funds are low, and the debts are high,  
And you want to smile, but you have to sigh,  
When care is pressing you down a bit —  
Rest if you must, but don't you quit.

Success is failure turned inside out,  
The silver tint of the clouds of doubt,  
And you never can tell how close you are,  
It may be near when it seems afar.  
So, stick to the fight when you're hardest hit —  
It's when things go wrong that you mustn't quit.

☺  
GAME NIGHT

HI DOWN  
THERE



I'VE HAD  
ENOUGH





YOU WANT US  
TO DO WHAT?



C'MON YOU  
WANT TO TAKE  
THIS OUTSIDE!



THE RETURN  
OF THE ZOMBIES



I think this is the  
beginning of a  
beautiful friendship.  
-Rick Blaine



# 70's DANCE



Bell-bottoms  
ARE  
#1





"Macho Men!"





Stayin Alive-  
Stayin Alive  
Ah-Ah-Ah-Ah!



What

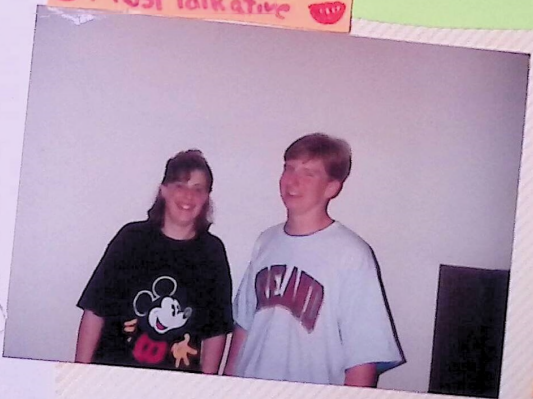
a



decade!

# Superlatives

Most Talkative



Best VB  
Attitude



Friendliest



Quietest



Weirdest  
Laugh



Funniest



Most  
Outgoing



Funniest





Most  
Intelligent



Best Friends



Most Flirtatious



Nicest Eyes



Most Likely to Succeed



# Coffee House



# Crazy Olympics!



Catch!



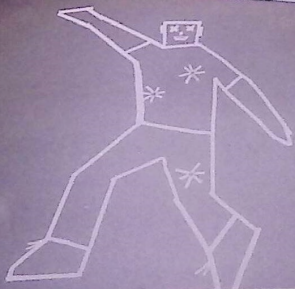
What are  
they doing?



Once in a while, we meet someone  
who always knows how to make us feel good,  
who understands us as few others do,  
who's glad for us  
when things are going well,  
who's there to listen  
when we have something to share.

Once in a while, we find someone  
we can really depend on,  
and when we do ~  
it's like coming home.

# Open House





"P.D.A.???"



I'm here,  
isn't that  
enough??



U.B. Prom  
Happy New Year



U.B  
WANTS  
you!



We will  
GO

but the  
memories



will  
STAY



Jess, I promise  
I won't  
drive  
home!



I CAN  
never get  
too much of  
these guys!



↑  
Looks like somebody had a rough night!



Real funny Amy



Each tomorrow will be wonderful.  
Every day has its own excitement  
because it's filled with good people ~  
people who remember the really beautiful  
things

all our yesterdays have brought,  
people who do their best  
to make the world  
a warm and friendly place today,  
and people who will be there  
to share whatever comes  
and help make each tomorrow  
something wonderful.

STAFF



Tara- open  
Your eyes!



CANDIDS



It's a tough job  
but some body's  
got to do it!



Whadda ya  
mean my 10  
minutes is up!



Good  
Morning  
Sunshine!





# CHOW TIME



Open Wide!



Not that  
wide!



Turn the lights  
on - I can't see  
what I'm eating?!



Life in  
the  
dorm!



But it's only  
11:29!

Is it OK to  
come out  
yet?



Did I say  
you could  
come in?



This is my  
natural  
color!?!



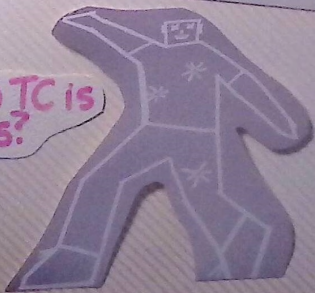


Come on -  
I dare ya!



Get it off me!

Which TC is  
this?



Off to  
class



No flash  
photography  
PLEASE!

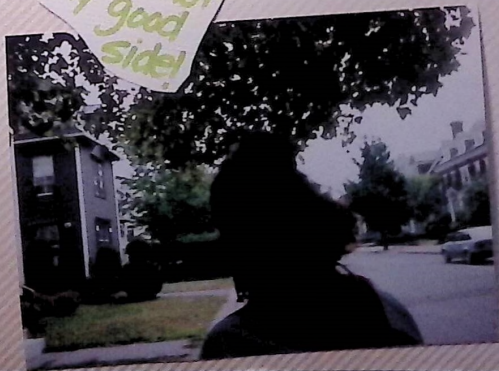


Some people sleep  
during class. Danielle  
sleep on the way to  
class!



Not now  
Molly - He's  
watching!

That's not  
my good  
side!



I can't believe it's  
over already!



