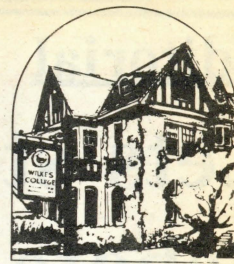




The Beacon



LXVIII No. 17

Wilkes College Wilkes-Barre, PA 18766

February 20, 1986

Recreation Center planned

by Pamela Jones

Plans have been in the works concerning the construction of a recreation, conference, and sports center—a new gym. The building plans, designed by the architecture firm of Miller and Powell, have already gone to the Wilkes-Barre Planning Committee and will face the Planning Board on Wednesday (Feb. 19) afternoon.

The proposed site of the facility is that of the present gymnasium. This, of course, would involve demolishing the facility currently being

At the zoning hearing, the College hopes to receive a permission needed to build the center. The new building is designed in such a way that it would be necessary to extend the sides of the building closer to the borders of the lot. This plan requires approval from the

The major issue expected to be discussed at the hearing is the question of parking. For the plans to be approved, an adequate amount of parking spaces must be made available.

If the College is given the go-ahead, expected building time would be between March and the end of next year. A contractor has not yet been chosen but will be chosen according to a bid system.

Financing plans have yet been decided. The estimated cost, however, is to be between four and five million dollars.

Two different plans are being considered at present. The building size will be two to three stories

high. Both plans, however, possess comparable facilities.

The recreational facility will contain a large court to be used for basketball and other games. This court, unlike the present one, will be large enough to divide in two, allowing two intramural sports to be played simultaneously. The new plan will eliminate the poorly scheduled game times that now exist.

In addition to basketball courts, handball courts will be available for the individual sportsman. A large wrestling room and weight room are also planned for the new center. This, according to President Christopher Breiseth, "provides much more space for individuals and groups to get together and do things."

Locker rooms will be present on both floors, providing adequate space for women, men, visiting teams, and officials. Lack of locker space is a problem that the present gym has been unable to contend with.

The center will be, as suggested in the name, a conference area as well. Rooms will be available for conferences and meetings. There will also be media rooms for student films and multi-purpose rooms that will be used for night classes.

The facility will enable Wilkes College to bring in speakers and musical guests. Major programs and concerts would be planned several times a year.

As it is now, the gym holds 1,800 to 1,900 people. The new gym would have a

Continued on page 5



Campus rumors proved to be false

by Michelle Munday

During the past several months, there have been many rumors going around campus concerning dormitory life.

Some of the rumors that have been spreading are:

1. Chesapeake Hall and Delaware Hall will be torn down so that a more modernized dorm can be built.

2. A fifth floor will be added on to Evans Hall during the summer.

3. Hollenback Hall and Barre Hall will be closed because there are many open rooms available.

4. Miner Hall will be closed because Wilkes has lost its lease on it.

5. Pickering will turn co-ed the first semester of next year.

According to the Director of the Residence Life Office, Paul Adams, these rumors are simply not true. The only one that has any truth to it is the one dealing with Pickering.

There is absolutely no truth to the rumor about Chesapeake Hall and

Delaware Hall. Wilkes does not have the money to build a new dorm. To try to build another dorm would put the College in serious debt.

The rumor about Evans Hall is also untrue. As stated earlier, the College does not have the money to tackle a project like this.

Hollenback Hall and Barre Hall will not be closed. If this were to happen, there would be no place to put the students who are presently living there. There are not many open rooms available. According to Paul Adams, "There are only 900 beds available in the dorms and 98% of them are full."

Wilkes' losing its lease on Miner Hall is also a fabrication. Wilkes has not lost its lease on Miner. If this were true, there would be a serious problem in trying to rehouse people.

Finally, the rumor concerning Pickering Hall is the only one that is partially true. It is not definite that Pickering will turn co-ed, but if it does it will not happen next year. The issue has only been discussed briefly, so it will be some

time before anything might be done.

If Pickering turns co-ed, many things will be changed. Security is one of

Continued on page 5

Inside this issue:

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Core curriculum benefits students

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Prater named Director of the Academic Support Center

Grapplers defeated by F&M

Editorial

Lets stop the debate over music majors and sex

The Beacon has been taking some "heat" from students regarding the article in the February 6th issue entitled "Music majors prefer music over sex." The criticism ranges from accusing the author of misquoting students to calling it a "bastardization" of the *Psychology Today* article from which it was derived. I must first assert that I have complete confidence in the author of the story--I have no doubt that she accurately quoted the students. Perhaps the students had second thoughts about what they said. Second, I must set the record straight as far as the *Psychology Today* article is concerned. *The Beacon* got the story from its press service which consulted the *Psychology Today* article, I assume. Munday based her story on the information included in the press service release. We apologize for our press service if it misrepresented the *Psychology Today* article.

But one might ask why some students were so greatly affected by *The Beacon's* article. If students were worried about "satisfying the curious, puzzled mind of normal, horny college students" as one letter writer was, I would suggest that it's a hopeless cause--these students generally don't have a mind to satisfy. Furthermore, I would think that the music majors would be more offended by the graphics which were included in the headline than by the story itself. And in no place did the story assert that music majors really did prefer music over sex. In fact, Munday "got the impression that they believed this to be true of music majors other than themselves." Finally, given that the article was meant to be humorous, I would counsel these uptight students to lighten up!

But the response *The Beacon* has received over this rather insignificant issue is disturbing. Considering the magnitude and consequence of many issues which *The Beacon* has been covering, why are students wasting their energy and concern on a trivial debate? Don't students mind that their activity fee may be raised? Students don't participate in the activities that are offered now. How would more money change this? Are they not concerned about the alcohol policy and the new disciplinary board? Is it appropriate that offenders are required to do community service activities to atone for their sin? Don't these students care if their college may become a university and will be rearranged to fit a school structure? What will happen to the Music Department, the English Department, and so on? Will the Music Department get sucked into the College of Arts and Sciences, or will it be a separate school of performing arts? All of these questions need to be asked by students who are willing to be concerned. So let's get these overactive libidos working for some greater good instead of worrying about the sexual habits of music majors.

The Beacon
will be taking a
break for Winter Break!
We will publish again
March 6th.

Music major questions sex article and letter

Editor:

In the February 13 issue of *The Beacon*, Marc Horowitz attempted to write, in a rather feeble manner, a letter concerning "the phenomena which has puzzled normal, horny college students for centuries: the preference of music majors for music over sex." Please allow me to solve this incredible puzzle.

Grammatical errors aside, Horowitz's thoroughly inept research surfaced for the first time when he mentioned Johann Strauss's work, *Die Fledermaus*. It would seem that this opera, complete with an orgy, would not be a terribly intelligent choice for an article of this nature.

But this error, as well as the misspelling of *Ein Heldenleben*, must be overlooked. Why? Because Horowitz, like the rest of the campus, was severely misled.

Horowitz's letter was based on an article by Michelle Munday (*The Beacon*, February 6). However, I recently discovered two discrepancies concerning Munday's article, which I feel will more than satisfy the curious, puzzled mind of the "normal, horny college student."

In her article, Munday grossly misquoted several music majors by mangling their comments to fit the character of the piece. But this, although a blatant display of arrogance, is not the worse of the two blunders.

The article, itself, was based on an article which appeared in the December issue of *Psychology Today*. I recently visited Farley Library to peruse the aforementioned article, but I found nothing in the entire issue which said that music majors prefer music over sex. Instead, I found a fascinating feature by Aaron Rosenfeld, concerning Avrain Goldstein's study of the effects of music on human emotions.

Rosenfeld writes, "Goldstein has studied what gives people "thrills," those special feelings that occur when people experience sudden changes of emotion. He reports that people describe the sensation as feeling like a chill, a shudder, a tingling or tickling, often accompanied by goose bumps, a lump in the throat, or weeping. By analyzing the self-reports of more than 250 people, Goldstein found that the most frequently mentioned thrills occur with response to music (96 percent of respondents)--far exceeding the rate for an expected thriller, sexual activity (70

percent)."

Munday's article was a complete bastardization of Goldstein's study. This is quite evident not only by the changing of the word "people" to "music majors" but also by the utter disregard of the area being researched. Perhaps if she had read the article, instead of merely glancing at the chart, this wouldn't have happened.

I will be expecting a retraction of Munday's article in the next issue of *The Beacon*. Thank you.

Sincerely,
Thom Bittner

The Beacon

VOL. XXXVIII

No. 17

February 20, 1985

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Fort Lauderdale aims to moderate student drinking

DAYTONA BEACH, FL (CPS)--The capitals of spring break hedonism--Daytona Beach and Fort Lauderdale--are trying to change their images. Both communities are sponsoring organized activities aimed at somehow moderating student drinking during the spring break sessions of March and April.

"What has gone on before was a Sodom and Gomorrah affair," says Jerry Nolan, spokesman for Daytona's National Collegiate Sports Festival, which is supposed to draw students to activities more constructive than those with which Sodom, Gomorrah, Daytona and Fort Lauderdale generally are associated.

The festival demonstrates we are getting away from the tarnished image of the past," he says.

Daytona and the other vacation spots in Florida don't have much of a choice. This is the first spring break during which the state's new 21-year-old minimum drinking age law is in effect, and rising insurance costs are forcing communities to find ways to minimize the wild partying that has led to injuries and deaths in the past.

Fort Lauderdale, for one, is sponsoring an "Olympics" during volleyball, a war and various ice and trivia contests. City officials actively are discouraging excessive drinking, and have banned alcohol consumption on the beach.

Daytona Beach hopes to attract up to 20,000 students to its first National Collegiate Sports Festival.

The festival, scheduled March 8 through April 6, feature about 20 different sports ranging from rugby to golf.

Four national corporations including Walt Disney are supporting about 30 Daytona businesses are supporting events.

Nolan hopes the festival will also encourage more corporations to support intramural programs on campuses. IM sports, he notes, can use some fund-raising help.

But no one pretends the activities aren't intended to moderate revelers' drinking.

"We hope the level of drinking will be lower than in the past," Daytona Chamber of Commerce representative Betty Wilson says.

Daytona will also mount a poster and radio campaign to promote sensible alcohol consumption.

"Any planned activity will be advantageous in (controlling) how students party," maintains Beverly Sanders of Boost Alcohol Consciousness Concerning the Health of University Students (BACCHUS), a group that runs "alcohol awareness" programs on campuses around the country.

Yet the hard-partying spring break tradition is still a favorite of some local businesses.

"These kids are going to come down, party and raise hell. At least I hope so," says Tommy Fuguay, manager of The Other Place, a popular Daytona Beach club. "It's the only time of year that we make money."

Fuguay says he is more worried about the new 21-year-old drinking age slowing business than the festival.

Most of the national beer companies, as well as long-time spring break visiting corporations like Playboy, plan to return to the area, too, to promote their wares.

Coming, too, is Michigan inventor Ronald Rummel to market his new product: a vest allowing its wearer to carry six beverage containers and keep them cold.

"It's an alternative to bulky coolers," he explains.

New schedule announced for snow days

The Wilkes College Academic Affairs Office has announced a schedule that is to be used in the event of snow. Previously, classes were cancelled altogether if a delayed start was necessary.

The compressed schedule

was submitted to the President's Cabinet by Richard Charles, Dean of Development and External Affairs.

The schedule substitutes 40-minute classes and 5-minute breaks for the standard 50-minute class,

10-minute break sequence. In addition, 75-minute classes will become 60 minutes.

The new schedule to be used in the event of a delay is as follows:

Monday, Wednesday, Friday

Normal	Compressed
8:00 - 8:50 a.m.	10:00 - 10:40 a.m.
9:00 - 9:50 a.m.	10:45 - 11:25 a.m.
10:00 - 10:50 a.m.	11:30 - 12:10 p.m.
11:00 - 11:50 a.m.	12:15 - 12:55 p.m.
12:00 - 12:50 p.m.	1:00 - 1:40 p.m.
1:00 - 1:50 p.m.	1:45 - 2:25 p.m.
2:00 - 2:50 p.m.	2:30 - 3:10 p.m.
3:00 - 3:50 p.m.	3:15 - 3:55 p.m.

Tuesday and Thursday

Normal	Compressed
8:00 - 8:50 a.m.	10:00 - 10:50 a.m.
9:00 - 9:50 a.m.	11:00 - 11:50 a.m.
10:00 - 10:50 a.m.	12:00 - 12:00 p.m.
11:00 - 1:00 Activities	1:00 p.m. etc.
1:00 etc.	

NOTE: On Tuesdays and Thursdays, eliminate the activity period and hold afternoon classes for the normal length beginning at 1:00 p.m.

Information concerning evening school will be announced after 3:00 p.m. on the day in question.

FUTURE MATH OR SCIENCE TEACHERS...

New grant money is available through The Scholars in Education Award Program

See the Admissions Office for more information.

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5 Luncheons \$12.00
5 Dinners \$16.00

Meals may be taken anytime during the school year.

Vinovrski chosen as new Admissions Director

by Michelle Munday

The search for an Admissions Director is finally over. After months of evaluation, Bernard J. Vinovrski has been chosen to head the College's student recruiting program.

Vinovrski, a 1969 Wilkes College graduate with a degree in Business Administration, also earned the M.S. in Education in 1976, and the M.B.A. in Marketing in 1978 from Wilkes. He is familiar with the admissions process at Wilkes and has worked closely with high schools in Northeast Pennsylvania for 15 years. He served as assistant director of admissions at Wilkes from 1971 through 1974 and as associate director during the period from 1976-78.

Vinovrski is currently employed as Director of Admissions at Bloomsburg University where he has been a member of the administrative staff for the last eight years. During his tenure at Bloomsburg, he advanced from assistant to associate to director of Admissions. He also served as interim assistant to the President and was a member of the President's Cabinet.

His job at Wilkes College, which will begin in early June, will consist of coordinating the efforts of the faculty and the staff, coordinating marketing efforts, and coordinating the recruitment efforts between the Financial Aid office and the Admissions office. He will also be responsible for setting an admissions policy in regard to standards in conjunction with the administration, and estab-

lishing many college and guidance counselor relationships.

The selection of Vinovrski was the final step in the six-month search. According to Dr. Klemow, "The entire search process was fair." Three of the best possible candidates were brought forth, and all of their comments were carefully listened to. In the end, the best man for the job was chosen.

Possibly some of the reasons that Vinovrski was chosen over the other candidates are that he has extensive experience, a good track record, and more importantly, has kept up a good relationship with guidance counselors.

Over the years, Wilkes has been neglecting potential students. The College needs someone to give this problem personalized attention. The College needs a person with experience and a good track record to start solving this problem and others that may occur in the Admissions Office. Vinovrski has these qualities. He will be able to resolve problems and hopefully increase the number of students enrolling at Wilkes.

"We are delighted that Bernie will be 'coming home' to Wilkes," President Christopher Breiseth said. "His experience as an alumnus of Wilkes, his 15 years of higher education administration, and especially his knowledge of the Wyoming Valley, are all assets which made him our search committee's number one choice." The Wilkes faculty and staff proudly welcome Bernard Vinovrski back to the Wilkes family.

WYOMING VALLEY CHAPTER OF AMERICAN BUSINESS WOMEN'S ASSOCIATION

is currently accepting applications from qualified candidates for scholarship assistance.

The basic qualifications are:

1. Candidates must be women seeking a business or professional career.
2. Candidates must have financial need.
3. Candidates should be in good scholastic standing.

Applications are available at the Financial Aid Office. Deadline for submission is March 15, 1986.

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Feb. 24 -28

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TUESDAY

Closed for Break

WEDNESDAY

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Cheese Steak and Fries

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with Rice

FRIDAY

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SG Report

SG discusses upcoming activities

by Michelle Munday

At the last two Student Government meetings, various issues and upcoming activities were discussed.

An Inter-Residence Hall Council (IRHC) officer announced that the Valentine's Dance went "OK." Ninety-six tickets were sold, and it was said that the students who did attend enjoyed it. IRHC also announced that the plans for the roller skating night still have not been finalized.

Randa Fahmy, Parliamentarian, reported "The Women's Soccer Club constitution looks good," and that there is a copy in the SG office for the representatives to look over. The constitution could not, however, be voted on because not enough of the representatives have looked over it yet.

Plans for the Freshman/Sophomore Dinner Dance were also discussed. The dance will be held March 14th at the Sheraton Hotel on Square. Dinner will be buffet style, and the band will be Rogue. A D.J. will be there to provide music when the band takes breaks. The price of the dance is expected to be decided in the near future.

Other events that were mentioned briefly were Casino Night, which will be held April 19th, and a Road Race that is being sponsored by the Commuter Council (CC).

At the February 10th SG meeting, it was stated that the Freshman elections went smoothly. The winners are as follows: President, Michelle Chiodo; Vice-President, Dorothy Montaldis; Secretary, Beth Montaldi; and Treasurer, Susan Stortz. The last issue discussed

Rumors

Continued from page 1
the major things that will be improved before women are allowed to move into the dorm. Other improvements, such as painting the walls and installing kitchen units, will also be made in order to "improve the quality of life in the building," says Paul Adams.

Although many of the women on campus might scoff at the idea of Pickering becoming co-ed, they should look at all the advantages they will have while living there. One of these advantages is that the cafeteria is located in Pickering. Pickering is also very convenient because it is close to Stark and the gym. A possible advantage that the males will have, if Pickering turns co-ed, is that they will have a chance to live in the houses.

If Pickering does turn co-ed, the students will be given some time to adjust to the idea of a co-ed arrangement. After all, living in a co-ed dorm is a matter of personal taste.

Once again, nothing definite has been decided so students shouldn't get too excited. If a decision is made, students will be among the first to know about it.

New Gym

Continued from page 1
capacity of 2,900 to 3,000. This additional seating space will provide an area for indoor commencement exercises. In the past, commencement has been held at the Kingston Armory in the event of rain.

Breiseth believes that the new recreational center will be a "real moral booster for the College in every aspect of its operation." He also stated that the new facility

will "help in recruitment" and will be a "more attractive space to be in."

The recreation, conference, sports center, if all plans are followed through, will be a functional building that will benefit the Wilkes College community. As President Breiseth noted, the new center will be "a distinguished piece of architecture, sensitive to the surrounding older buildings."

"Major religions" course offered

Beginning March 1, the Wilkes College Division of Continuing Education will offer a spring course entitled "Major Religions of the World." The class will meet on Saturday afternoons, March 1, 8, 15 and April 5, 12, 26, from 2:00 to 3:00 in Stark Learning Center, room 204. Coordinator for the course is Dr. Jule Ayers.

The course will be taught by a team of instructors, each specializing in a different faith. Instructors include Dr. G. Mitra, King's College Professor of Chemistry, Eastern Religions; Dr. Herbert Rosenblum, Rabbi of Temple Israel, Judaism; Monsignor Thomas Bannick of St. Mary's Catholic Church, Catholicism;

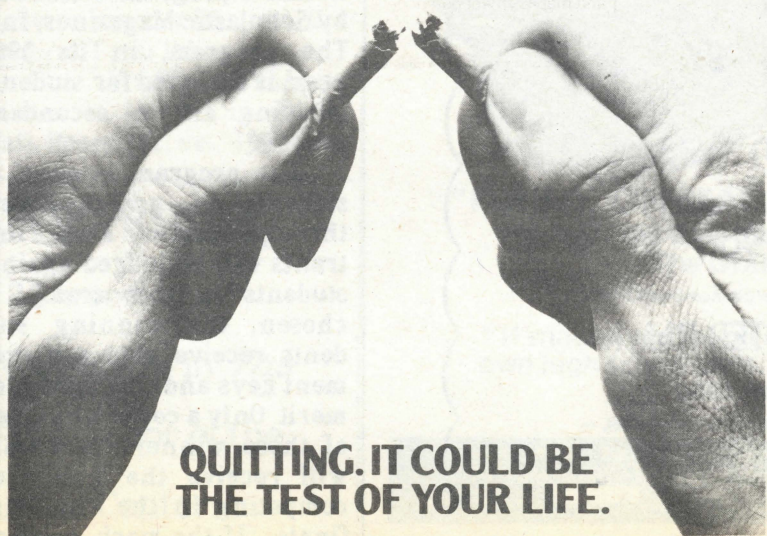
Dr. Mahmoud Fahmy, Wilkes College Dean of Graduate Studies and Continuing Education, Islam; and Dr. Ayers, Protestantism.

"Major Religions" will focus on the central religious themes of God, Man, Right and Wrong, Prayer, Death, and Immortality. Contemporary issues such as Fundamentalism, Technology, Terrorism, Communism, and the Arms Race will also be studied.

According to Fahmy, "We are looking forward to having the community join us in this course. It is hoped that serious exchange and appreciation of tradition that is inherently alive, will be the context of communication."

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IMPORTED CLOTHES — JEWELRY — ACCESSORIES

Understanding the purpose of the core

by Amy Hancock

As stated in the Wilkes College Bulletin, Wilkes considers itself a "liberal arts" school and is "committed to the ideal of preparing men and women for enlightened and responsible leadership in society." The College's faculty has selected a range of basic courses believed to be essential in encouraging the intellectual growth of students.

Besides basic requirements in English composition, mathematics, physical education, and computer literacy (the latest addition), Wilkes College students must take six courses in the humanities, one in the arts, four in the social sciences, and at least four in mathematics or the sciences. In the process of fulfilling the requirements, students are allowed to select from a

variety of courses. While some courses required for a student's major may also be counted towards the "core," sometimes half of one's college career is spent satisfying these requirements.

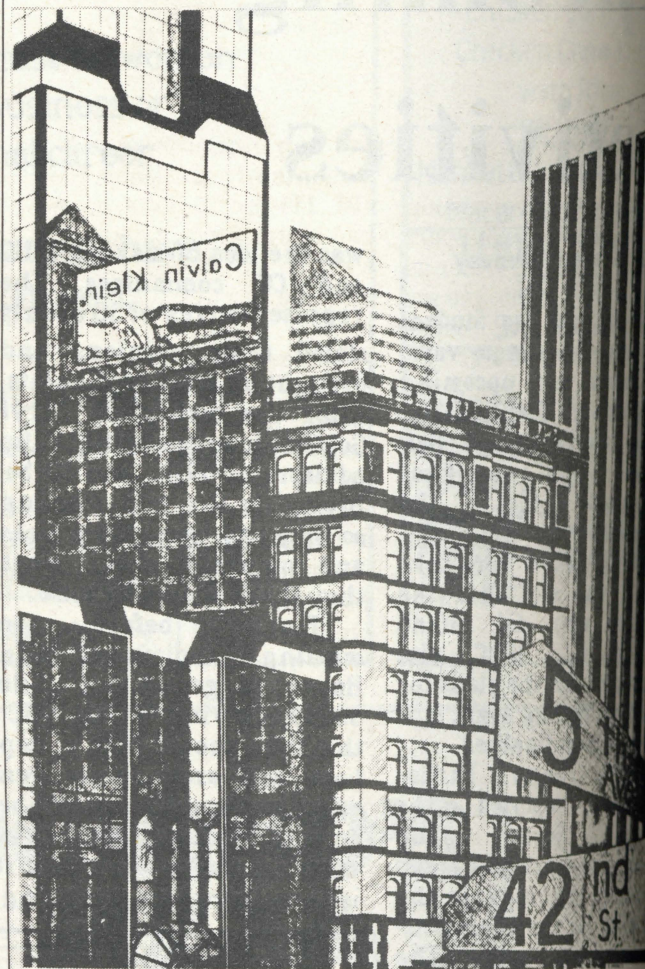
While the core requirements seem reasonable to students who need time to explore their possibilities, anyone with his heart already set on his major may find them laborious. Many students have difficulty understanding why they have to take classes that don't seem even remotely related to their majors. Some of them would be content to be able to base their electives solely on their personal interests. That, at least initially, seems to be a more logical route to expanding their horizons.

In order to be able to comprehend the way other people think and their concepts and ideas about anything, one must have a broad background in many

areas. The ability to view the world from different perspectives aids one in keeping an open mind and functioning in everyday life. Students trained in one concentrated area are often lacking in such abilities.

Dr. Clyde Houseknecht, Chairman of the Curriculum Committee, supports the core curriculum because exposure to areas outside one's major is desirable to possible employers. While many other colleges loosened their requirements, Wilkes has maintained its core curriculum. Many of those other schools have recognized the "error of their ways," and have reinstituted core requirements. Their students were disadvantaged by inadequate exposure to the broad range of disciplines. Thus, the intent of a core curriculum is to benefit students, not torture them. In the long run, having a broad education enables a person to function to the best of his abilities.

Sordoni exhibits area students' talents



by Lorri Steinbacher

The Sordoni Art Gallery here at Wilkes is preparing for its new exhibition, *The Scholastic Art Awards*. This exhibition is part of a national program conducted by Scholastic Magazines, Inc. The program, in its 59th year, is designed for students studying art in secondary schools.

The program is open to students in grades seven through twelve. First, entrants will be judged against students in this area. If chosen, the winning students receive gold achievement keys and certificates of merit. Only a certain number of these winners, however, will receive the honor of competing in the national finals. If the work reaches

the national level and wins the entrant is awarded a gold medal, as well as a cash prize and scholarship awards.

A variety of works will be on display at the gallery in a variety of mediums. These include oils, acrylics, watercolors, pencil drawings, jewelry, sculpture, textile design, and many others. There will also be a photography section. This will be a good chance to get a look at promising new talent in Northeastern Pennsylvania. The subjects of the works should also be interesting, since much of the judging is based upon creativity. The exhibit will be on display from February 9th through March 9th by Sordoni Art Gallery and sample some of the artistic work of the young talent in the area. Who knows what you might see?

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Pr
tak
of

by Lorri

Ask any to the Ac Center who and you are immediate cially from majors. For years she biology spe Center. Now her role as bi has been nar the Acade Center, rep Black.

Debbie w Pottsville, but the Wilkes-B most of her graduated in own Wilkes C Bachelor of S in biology. Sh October, 1981, as biology spec

As direct oversee the ge ment of the Ce the most impor prepare and College Skills Program. This the second sun and is design incoming fre skills that may helps them m transition to life at Wilkes. to stress, howev duties will not t from her "old j still be teach sessions and addition to responsibilities. According to only major cha

PERS

Classified

Beacon

Cor

Prater takes charge of ASC

by Lorri Steinbacher

Ask any frequent visitor to the Academic Support Center who Debbie Prater is and you are sure to get an immediate response, especially from bio and nursing majors. For the past four years she has been the biology specialist at the Center. Now, in addition to her role as bio specialist, she has been named Director of the Academic Support Center, replacing Mary Black.

Debbie was born in Rutledgeville, but has lived in the Wilkes-Barre area for most of her life. She graduated in 1981 from our own Wilkes College with a Bachelor of Science degree in biology. She returned in October, 1981, to her position as biology specialist.

As director, she must oversee the general management of the Center. One of the most important jobs is to prepare and conduct the College Skills Improvement program. This takes place in the second summer session and is designed to help incoming freshmen with skills that may be weak. It helps them make a better transition to the academic life at Wilkes. Debbie wants to stress, however, that these duties will not take her away from her "old job." She will be teaching study sessions and tutoring in addition to her new responsibilities.

According to Debbie, the major change made is

the new Accounting Lab for students of Accounting 101, 102, 111, and 112. It is open two hours a day, three days a week. "This is a new idea, and we would like to see more students taking advantage of it," Debbie says.

The Academic Support Center helps students of all majors in nearly every subject. The Center is not only frequented by students in academic trouble, but also by students who want to maintain a good grade point average. It serves as a prevention as well as a "cure." Students are encouraged to come to the Support Center whenever they feel they are having trouble, but Debbie stresses, "Students should come to the Center as soon as they begin having trouble, not the day before an exam."

Individual tutoring is available, and there are also extremely helpful study sessions in certain subjects. At these sessions, the same material being instructed in class is reviewed. Since these sessions help to clarify the material, they can also make a difference when it comes time to take an exam. Stop by the Academic Support Center and see when study sessions are offered and in which subjects. Also remember if you need help to get to the Center as soon as you can. The more time they have to work with you, the better off you'll be.

The Academic Support Center is located in Kirby Hall, Room 202, ext. 335.

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The Grammy Awards

Wilkes senior reaches for the stars

by Amy Hancock

If you plan on watching the Grammy Awards next week, don't be surprised to see a fellow Wilkes College student. Paul Chmil, a senior music major, will be there to represent Brass Release--the band in which he plays the trumpet--along with the band's leader. Their second album, "Brass with Class," has been nominated for an award in the polka music category.

This weekend, Paul will travel to California and stay with relatives who live near Los Angeles. On Monday, he will check into the hotel where the Awards festivities will take place. Highlights of his stay include a dinner dance on Monday night and a party following the Awards

presentations on Tuesday night.

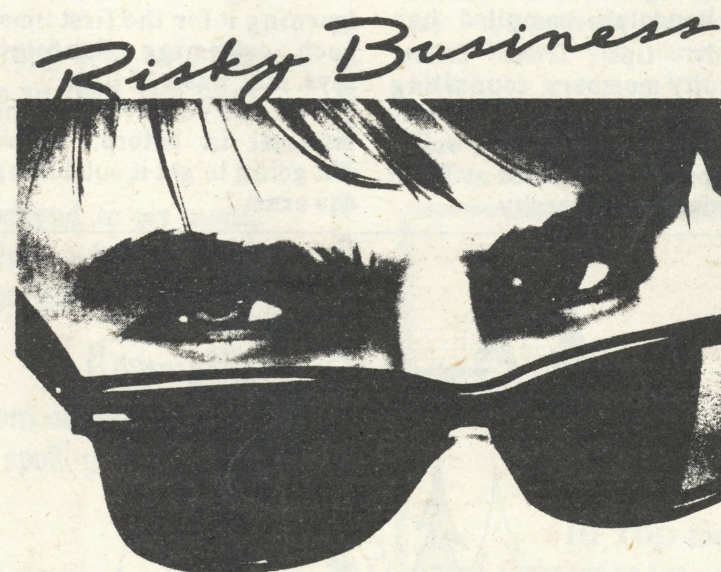
Since auditioning for his spot in Brass Release in February of 1983, Paul has had the opportunity to perform in resorts such as Wildwood, Ocean City, and the Catskill Mountains, as well as in Chicago and cities in Canada. This summer, the band will make a tour through California from San Diego to Los Angeles. In April, they will be recording their third album.

Lately, Paul has noticed a surprising number of young people in Brass Release's audiences. He admits that he used to be teased by his peers about the nature of the band's music; however, it is obvious that the benefits are too great to let teasing bother him. Although his job is very

time-consuming when he's in school, Paul still enjoys it.

While attending the Grammy Awards as a nominee rather than a spectator is going to be the thrill of a lifetime, Paul anticipates more than the opportunity to meet some famous people from the world of music. The publicity will doubtlessly render Brass Release increased popularity and recognition. He believes that being nominated for a Grammy Award could foster the big break which the band has been waiting for.

With the chance to witness history in the making, one can be sure that many Wilkes College students--along with Paul's friends and family--will be paying close attention to the television on Tuesday night.



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A healthy body builds a healthy mind

SAN DIEGO, CA (CPS)-- It wasn't unusual to come across Patty Randolph jogging, stocking-footed, in the ladies' room just before an exam.

As a student, Randolph jogged to give her brain an oxygen boost for the test. Now, as a developmental psychology lecturer for San Diego State, she passes along similar study and test-taking tips to her own students. "Studying is a kind of hoop-jumping event," Randolph says. "There are certain skills you can develop that will put you a few grade points higher."

"It can mean the difference between a 'B+' and an 'A' or a 'C+' and a 'B,'" she adds.

Keeping the brain stimulated during an exam is as important as keeping the rest of your body relaxed, she advises. Randolph recommends drinking fruit juice during an exam to maintain the brain's glucose level.

When you receive the exam paper, she suggests putting it aside, closing your eyes and clearing your mind. "Take a deep breath and relax; concentrate on how much you know and don't worry about what you don't know. Be positive," she says.

Randolph says students sometimes "psyche themselves out" on exams to the point where their completed test doesn't reflect their

*"How well
you think is
reflective
of how your
body is
doing..."*

actual knowledge.

Keeping your body in good shape prior to an exam usually helps the brain stay active, too.

"How well you think is reflective of how your body is doing," she says.

She recommends eating fruit, instead of candy bars, for energy, because it makes you feel better physically, and feeling positive is a must for doing well on a test.

Randolph compiled her study tips from fellow faculty members, counseling center resources, and students attending study workshops she conducted at Texas Christian University.

She says freshman in particular need study tips because they "don't realize the importance of studying as a regular habit."

"They also have the added burden of training other people to respect their study habits; to have other people accept their studying."

If a student is afraid of the material, he needs to have a talk with himself and start with the hardest subjects first, when he is freshest, she advises.

"But if he is absolutely paranoid, start with the easiest subjects to reinforce confidence."

But can you study too much?

Yes, she says, if extra studying means skimping on sleep.

"It's okay to make trade-offs on sleep versus study, depending on how well you know your body. Cut down on sleep if you know you can still operate well," she advises. "There's no point in being so exhausted you aren't able to say what you know on the exam."

For some students, however, the night before the test is spent not reviewing information, but learning it for the first time. Such cramming, Randolph says, is a "waste of time."

"If you've never put the material in before, you're not going to get it out during the exam."

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CRITTER'S WEEKEND FORECAST



Aries-All your hard work will pay off this weekend. You'll have a great time over break, especially after someone surprises you with something you've wanted for a long time.

Taurus-Don't try to force yourself to do much homework over Winter Break, and take advantage of the few days off from school to relax. You'll be popular at every party you attend.

Gemini-Although being at home for a few days will be relieving to your tired body and mind, you'll be eager to get back to work when it's over. Then, the plans you've been devising can be set into motion. Good luck!

Cancer-Your impressive ability to be sneaky and conniving will come in handy this weekend. Nobody crossing your path will be able to escape your manipulative hand. However, don't forget that there are others just like you.

Leo-If you didn't get enough love and affection on Valentine's Day, this will be the weekend for romance. Admirers, your current interest included, will begin to appear from nowhere. Nevertheless, be selective!

Virgo-If you can't make up your mind about doing something, it's probably better to not do it. After you've been away for a few days, you'll be able to decide. Take it easy.

Libra-The problems that have been bothering you lately will solve themselves in the next few days. If you've been feeling inferior, try to concentrate on your many talents rather than the few handicaps.

Scorpio-Don't let the green-eyed monster gain control over you this weekend. Everything will go your way if you decide to fight fire with fire. Try to remain confident through the whole ordeal.

Sagittarius-Use the extra time you'll have this weekend to get away from your hectic world and just daydream for a while. When you get bored with that, it would probably be a good idea to get some homework done.

Capricorn- This weekend you'll be able to escape from all your worries and responsibilities. Your family may decide to spoil you a little, especially on Sunday. Enjoy the good life.

Aquarius-People will begin to pay a lot of attention to you this weekend. Although you've always been a popular person, it will seem strange. It may be that you're beginning to see others differently, so try not to think about it.

Pisces-With your birthday coming up soon, you're getting quite restless. You're definitely going to need a lot of energy for the kind of celebration you're planning.

Ellen's Column A different perspective

Cabin fever strikes

by Ellen Campbell

Sometimes I feel as if winter is deliberately trying to sabotage my academic career.

I am usually the one who, in a debate on the merits of moving south, will defend the beauty of the change of seasons. Although fall is unquestionably my favorite time of year, I usually greet spring, summer, and winter with genuine expectation. This year, however, winter is trying my patience.

Winter is synonymous with the flu season. Recently, my youngest son was home for almost a week with the flu; that week is now a blur of somehow making it to class as well as keeping up with assignments, doctor's appointments, thermometers, and "one-half teaspoon four times a day." The rest of the family flirted with the same virus, and when my eldest son came home from school complaining of a headache the day after his brother had finally returned to school, my sympathetic comment was, "Don't you dare get sick!"

Winter also brings snow. This year we have certainly been blessed with great

amounts of that commodity. I like a planned daily routine, but trying to attend school in Wilkes-Barre during the winter has removed any semblance of order left in my life. More times than I would like to guess, I have listened to the long lists of delays and cancellations on the radio. (Doesn't Wilkes EVER cancel?) Once I determine who has school and who does not, I try to engineer a plan of child care so that I can attend class. Since I live through the valley and up the hill, I also need to somehow determine if it is possible for my car and me to get to town. At this time, I mentally tally the number of classes already missed due to the flu and snow. I then weigh life and limb against another "absent" marked in an attendance book.

Winter also often dampens the spirits. Perhaps it is the few sunny days or the feeling of being shut in, but I find it hard to be upbeat and positive on some of these gray winter days. It takes more effort to generate enthusiasm for academic pursuits when life, in general, seems rather bland.

Our one consolation is that in about a month, spring will officially begin.



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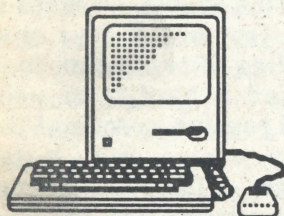
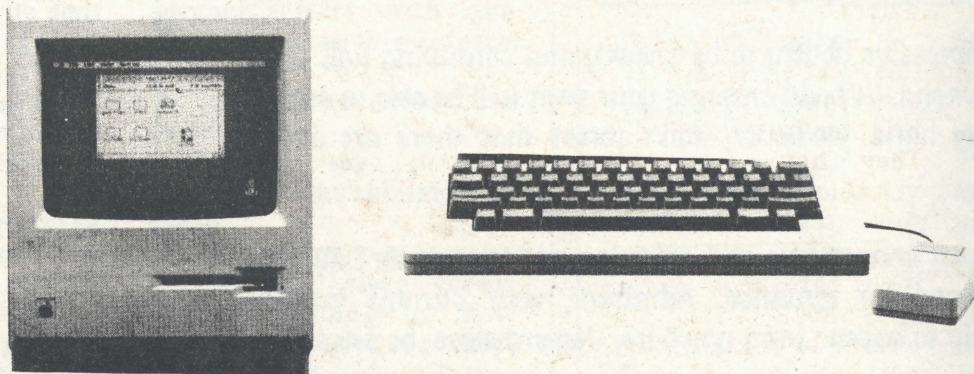
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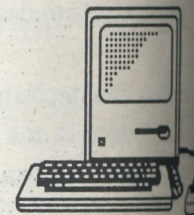
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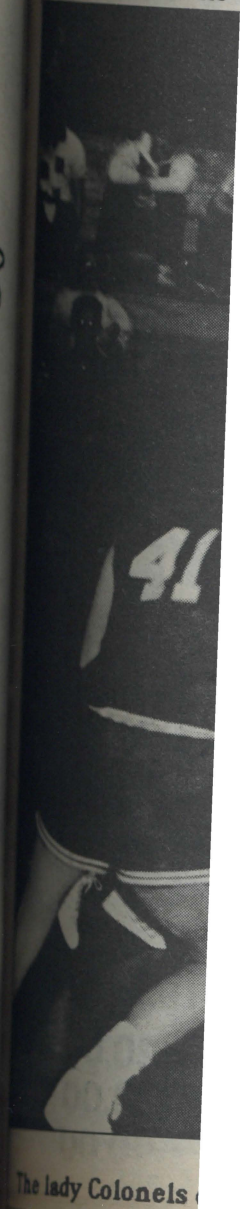


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The lady Colonels

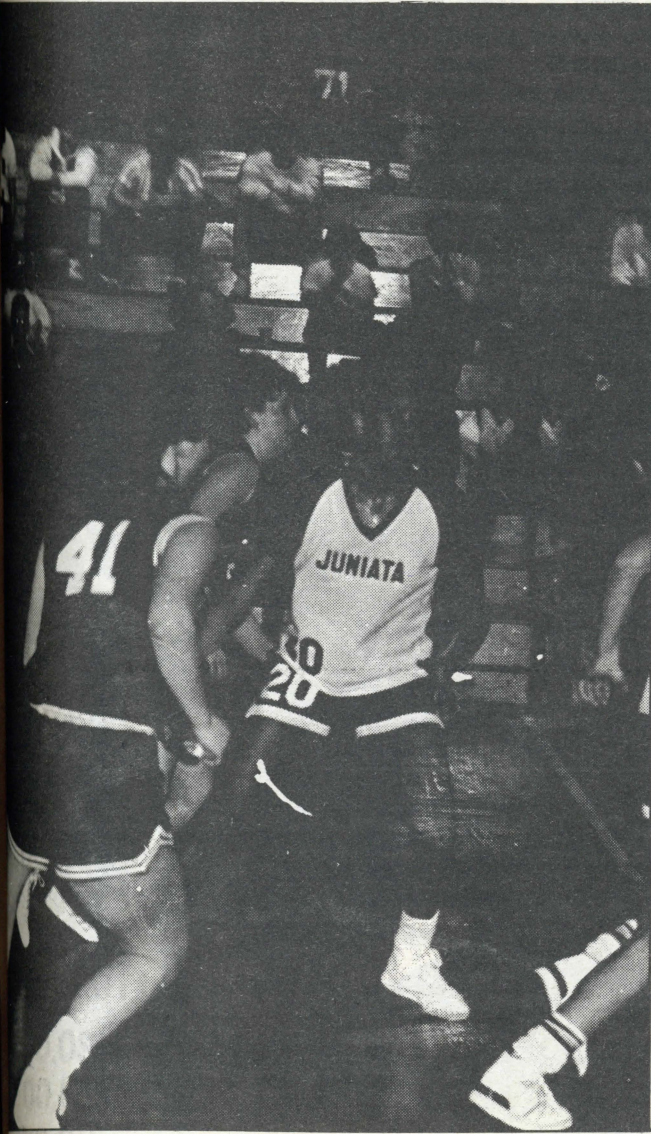
Zawoiski becomes 4th leading scorer in school's history

Lady cagers end season



By Jim Pyrah
The lady Colonels ended their season at home this week as they hosted Elizabethtown and Juniata. The ladies lost to Elizabethtown 77-62. Maureen Kennedy led the ladies with 20 points in the contest. The ladies also fell to Juniata 71-53. The Colonels end the season with an overall record of 7-14 and a 3-7 mark in the MAC. There was one bright spot for the lady cagers this season. Michelle Zawoiski,

the only senior on Coach Roberts' squad, ended her career as the fourth leading scorer in the history of the school. She scored 952 points in her four years with Wilkes. The underclassmen on this year's squad will help tomorrow dawn a bit brighter for the lady cagers. They have gained some valuable game experience this season, and have performed admirably in some pressure situations. They should have opponents looking over their shoulders next year.



Lady Colonels close their season versus Juniata

Delay posts 6th shutout

Coal Crackers fall victim to Devils

by Mark Mercurio

In Intramural Floor Hockey action this past week, the 5-2 Coal Crackers met up with the 6-0 Devils. This game between the Coal Crackers and the Devils was a game that was originally scheduled for the 1st of February. It really didn't matter much however, as the Devils came away with a 4-0 victory. Devils goalie Roy Delay posted his sixth shutout this season. (The Dealers were the only team to do so when they played in January). This marked the Devils seventh straight victory, and they still are the

only unbeaten, untied team in the league. This week wasn't a total loss however, for the Coal Crackers. They beat the Scorpions 3-2 and the Wooddogs 5-0. They can still qualify for the playoffs even though they trail the Devils by 3 games. In other action, the Low Riders increased their record to 8-0-1, by beating the Dealers 5-1 and the Wooddogs 7-2. Following, are the games for this Thursday night: 9:30 Bahama Bombers-Terminators, 10:15 Coal Crackers-Contender, and 11:00 Low Riders-Scorpions. Come out and support!!

Creegan overcome in tourney final

by Marc Bromfeld

Chris Creegan reached the finals of the Marywood College Indoor Tennis Tournament last weekend dropping a 4-6, 2-6 decision to the number two seed Kathy Tourch. As a Freshmen from Scranton, Creegan won her opening match 7-6, 6-3 and upset the number one seed Janice Kane in a three set semi-final by 6-2, 3-6, 6-4 score. A match-wearied Creegan entered the finals against Torch, who had received a default and a bye

in her opening rounds. Five sets of tournament tennis in five hours proved too much for Creegan against the fresh opponent. The Lady Colonels' tennis season opens March 19th against Scranton. The Men's squad opens up its season on March 22nd when they visit Juniata. Anyone interested in playing tennis for Wilkes, is reminded to contact Coach Wingert at ext. 343 if they have not already done so. Note: Do to an unfortunate injury, Marc Bromfeld was unable to participate in this weekend's tournament.

GET HEALTHY!

Wooddogs top division

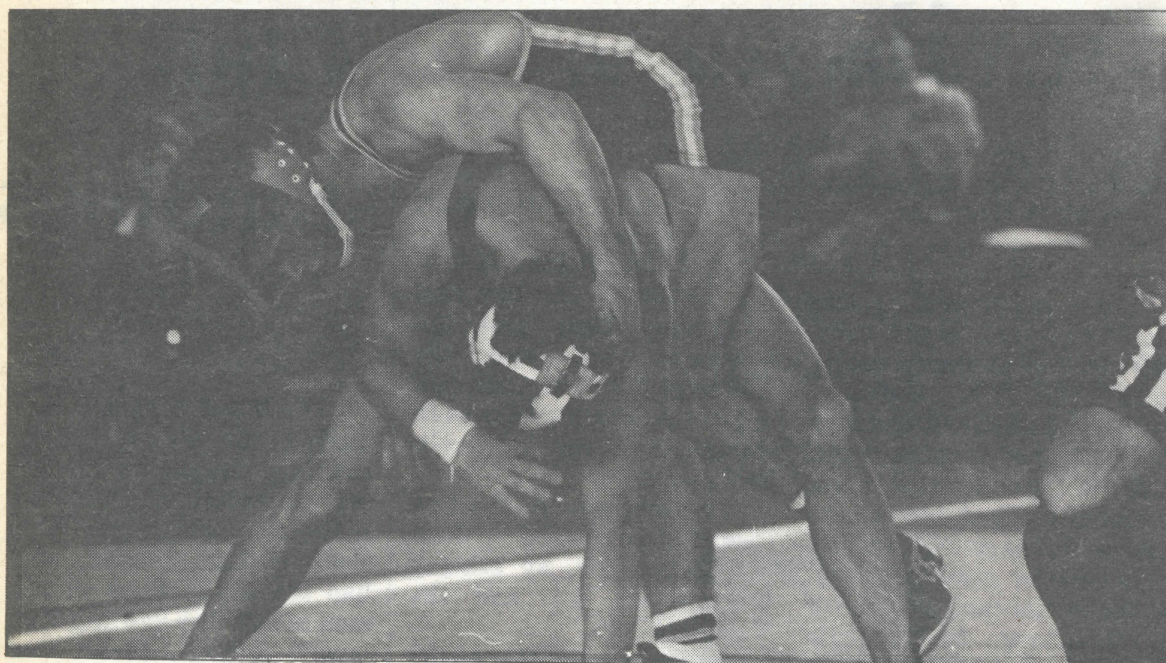
Bowling Club standings

The Wood Dogs are now leading the Wilkes College bowling league with an overall record of 18-2. The individual leader for this week is Len Witczak, who had the high series with a total of 685. The Bowling Club meets every Friday at Chacko's East Bowling lanes. Here is a updated list of the division standings.

Division A	
Wood Dogs	18-2
Snafu's	13-7
Generic's	11-9
AI-LIKA-THI	11-9
We're here for the beer	11-9
Motley crew	10-10
Fposted Feakes	10-10
Sudden Impact	9-11
Mad Hatters	9-11
Pin Busters	7-13
Team Xerox	6-14
The Nad's	5-15

Division B	
O.M. Tall Boy's	14-6
Domersome Shlep's	13-7
Backflush	12-8
Team Banzai	12-8
Fantastic Four	11-9
Brute Force II	10-10
Boneheads II	10-10
Mary Jo Girls	7-13
Doanetts	6-14
Pinheads	5-15

Leaders	
Len Witczak	279-217-685
John Schule	224-600
Rich Sposto	552
Joe Buczynski	530
George Wolfe	525
Mary Consugar	171-462
Joyce Dait	170-453
Karen Burgess	445
Yvette Simmons	432
Steph Stine	411



Above, Wilkes's Craig Rome runs his record to 17-1

Grapplers defeated by F&M

By Jim Pyrah

The Wilkes Grapplers stayed home this week as they hosted Lycoming College on Wednesday evening and Franklin & Marshall on Saturday afternoon. The Colonels defeated Lycoming, but were beaten by the Diplomats of F&M.

The Colonels looked awesome against Lycoming as they won all but two matches. The final score was Wilkes 39, Lycoming 9.

The Colonels recorded falls in the first three bouts as Dennis Mejias, Ron Miller, and Andre Miller all showed their opponents the lights. At 142, Gary Sanchez decisioned Sean Cartwright 8-4, and at 158 Craig Rome recorded a technical fall over Jan Gensitis.

At 177, senior Tom Jamicky scored a major decision against two-time MAC champion Roger Crebs by a score of 9-0. Heavyweight Tony Troyan won by default over Mike Gilmore.

Things just didn't go the

Colonel's way on Saturday as they were defeated by Franklin & Marshall by a score of 20-17. The teams were tied at 17 going into the heavyweight bout, when Wilkes' Tony Troyan met F&M's Jack Savage.

Troyan, who weighed in at 235 pounds, seemed to have a big advantage over Savage, who weighed in at 190 pounds.

Troyan managed a takedown and picked up a stalling point to make the score 3-1 at the end of the first period. Both wrestlers were called for stalling in the second period, which made the score 4-2 in Troyan's favor going into the final period.

Savage, a freshman, picked up two takedowns and a pair of escape points in the final period to claim an 8-7 victory and the win for Franklin & Marshall.

People putting points on the board for the Colonels were: at 118 Dennis Mejias, at 126 Ron Miller, at 134 Andre Miller, at 158 Craig Rome, and At 167 Tom Jamicky.

Junior Andre Miller has

been awesome for Coach John Reese's team this season. Miller won his 18th straight match against F&M with a 13-5 major decision over Craig Cassle. his record is now 18-0.

Craig Rome has also been a top performer for the matmen this year. He is currently ranked in the nation by the *National Mat News*, and sports a 17-1 record. Rome's 8-2 victory over Tim Yoder on Saturday was his 13th win in a row.

Wilkes is now 15-5 with only two matches remaining. The Colonels will face East Stroudsburg on Wednesday night, February 19, in their final home match of the year. Wilkes will then wind up their regular season on the road against Hofstra on February 28.

The Grapplers Club will welcome your support at the East Stroudsburg match by offering a \$75.00 gift certificate for pizza to the dorm, club or other bona fide organization who has the most fans in attendance at the final home match of the season. Get out and support the Colonels!

Colonels defeat Juniata

by Marc Bromfeld

The Cagers closed out the 1985-86 season Saturday by soundly defeating Juniata by a score of 97-72.

Five Colonels shot their way into double figures. Senior Dave Piavis led the way with 21 points, while seniors Dave Zapotocky had 17 points, Tom Allardyce had 16 points, and Ken Yakobitis had 14. Sophomore Marc Graves poured in 15 points.

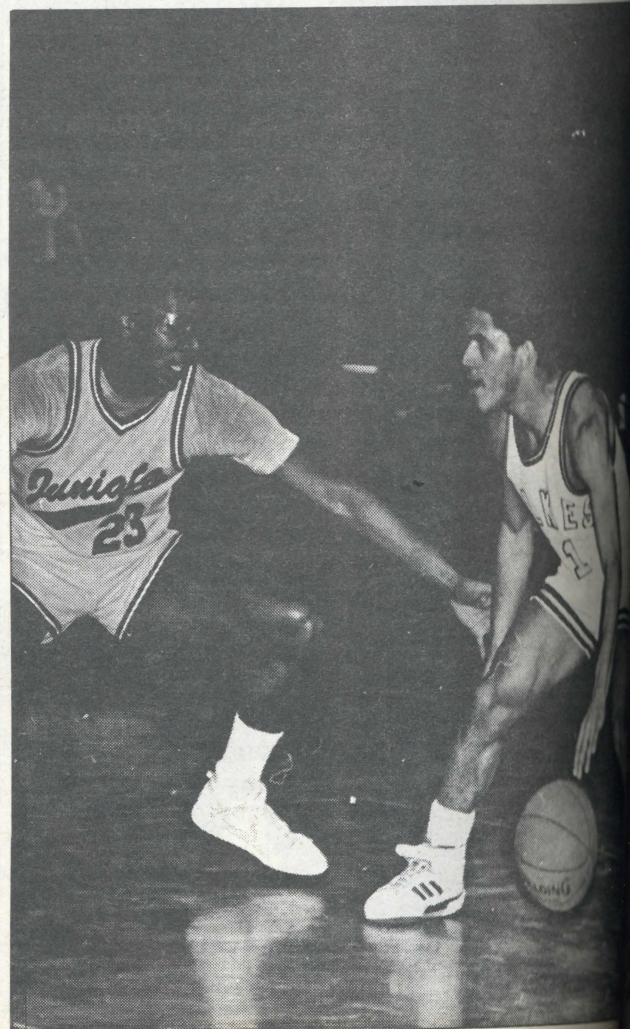
Coach Rainey said that, although his team didn't make the playoffs, they had enjoyed a very good year. "We played a good brand of basketball," said Rainey. "Our seniors provided the

leadership, and it was nice to see them all have good games today."

This game was the last for the Colonels' five seniors. Here are the final statistics of these men:

Mark Aguilar (43 games) finished with 69 points, Tom Allardyce (69 games) finished with 566 career points, Dave Piavis (49 games) finished with 697 points, Ken Yakobitis (89 games) finished with 811 points, and Dave Zapotocky (89 games) finished with 944 points.

We here at *The Beacon* would like to thank these players for a great season and would like to wish them the best of luck.



Wilkes handles Juniata 97-72