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Wilkes University - Wilkes-Barre, Pennsylvania

The news of today reported by the journalists of tomorrow.

Diversity and Inclusion Conference held

By Sean Schmoyer
News Writer

On Oct. 20, Wilkes University hosted its second annual Diversity and Inclusion Student Conference.

The overarching theme to this year's conference was "Challenging Our Unconscious Biases." Guest speakers included staff members from Wilkes University, Geisinger Commonwealth School of Medicine and King's College.

Dr. Vikki Sapp, a member of Geisinger Commonwealth School of Medicine, was the keynote speaker at the conference. Sapp used her story of perseverance, hard work and success to show how we can overcome our unconscious bias against ourselves and others.

Sapp defined unconscious bias as, "The attitudes or stereotypes that affect our understanding, our actions and decisions in an unconscious manner."

Sapp began by making her way to the stage to Drake's "Started From the Bottom" as a way to showcase how far she had to go to move past the unconscious bias of teachers and faculty, who, despite Sapp being in the top 10th percentile of her class, never informed her of about going to college. Sapp was raised in a poverty-stricken neighborhood in South Bronx, despite the odds against her Sapp continued on to attain her Ph.D. as well as many other accomplishments.

"When you look at my bio, when



The Beacon/Cabrini Rudnicki

Dr. Vicki Sapp, the keynote speaker, spoke about how she overcame her own unconscious bias.

they read the little comments, the highlights, that's glamour. I struggled, I battled, I had imposter syndrome, I had stereotype threat, I had racial battle fatigue throughout my undergraduate experience," said Sapp.

Sapp shared the story of her family, being raised in a five child household with a single mother. Through those

stories Sapp expressed that she overcame unconscious bias, the three types she listed were imposter syndrome, stereotype threat, and racial battle fatigue. Sapp encouraged the audience to look into those terms if they did not know what they were.

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Richard Louv holds lecture, page 3



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Self Care with Sarah: Flu season is upon us, page 9



The Beacon/Savannah Pinnock

Parker Dorsey's latest album review, page 18



The Beacon/Nicole Gaetani

MSOC: Colonels fall in MAC Freedom match, page 20

Wellness at Wilkes: Dining Services works together with Aramark

By Natalie Stephens
Asst. Life, Arts & Entertainment Editor

Wilkes University Dining Services has transformed the average school dining experience for students. They strive to provide students with excellent service as well as encouraging cooks to create new and healthy recipes for all to enjoy.

Wilkes University is partnered with Aramark, an American food servicing company that provides not only the food for the Wilkes campus but also information and resources to help the campus thrive nutritionally.

There are multiple places that offer food throughout the day on campus. Henry's Dining Hall and Rifkin Cafe are both located in the Student Center. Rifkin cafe on the first floor houses Grille Works and Which Wich.

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News

Have a breaking story or a press release to send? Contact either news editor: Cabrini.Rudnicki@wilkes.edu or Madelynn.Davis@wilkes.edu

Student Government notes: Oct. 17 weekly meeting

By Sean Schmoyer
Staff Writer

This week's Student Government meeting continued with the fund requests for the Late Night Lift and the Indian Cultural Association from the previous meeting.

It also saw a new fund request for the upcoming casino week event and two new club recognition hearings.

The freshmen class representatives joined the Student Government Board this week, and they participated in the votes to approve the fund requests for both the Late Night Lift event and the funds for the Indian Cultural Associations Diwali event.

The board voted to allocate a budget of \$1,500 to the Late Night Lift and \$950 to the

Indian Cultural Association, both motions passed.

The Late Night Lift will be on Nov. 19 from 9 p.m. till 11 p.m. in the YMCA. The event will be open to all students.

Diwali will be held on Nov 3, students should keep an eye for posters advertising the event in more detail in the coming days.

Next, junior Emerald Sims presented her constitution for a new club on campus: Wilkes University Hip Hop Dance Club.

Sims stated that she was proposing the new club to help educate students about and provide an environment where students can learn how to express themselves through hip-hop dance styles like krumping or voguing.

The other new club that presented its constitution was the Wilkes University

College Democrats (CD).

The club desires to provide a platform to encourage political involvement in both the democratic party on campus and in students who may belong to another party or no political party.

The CD has already held weekly meetings every Thursday in the SUB at 4 p.m. which allows, and encourages any student to join the discussion

Both of the new clubs will be voted for Student Government Recognition next week on Oct. 24.

Finally was the fund request for the upcoming Casino Week event.

Casino Week estimated the needed budget would be between \$12,395.95 and \$13,395.95.

The funds for these events will be voted on

next week and students are encouraged to attend the events.


Upcoming events announced include Casino Week and the One World Celebration.

For Casino Week, the first event will be held on Nov. 6 Texas Hold'em will begin at 6 p.m. in the ballroom.

On Nov. 7 Bingo will be held in either the SUB Lounge or the Ballroom (students should listen for an official announcement) at 8 p.m.

On Nov 9 Casino Night will be held at 7 p.m. in the Ballroom.

The One World Celebration will be held at 6:30 p.m. in the Ballroom on Nov 2.

 @wilkesbeacon
Sean.Schmoyer@wilkes.edu

Beacon Briefs: The happenings on campus -- Oct. 23 to Oct. 29

Compiled by Maddie Davis

Spring 2019 class registration

The master list of the Spring 2019 course offerings is now available online. Registration for seniors (class of 2019) will be on Sunday, Oct. 28 at 10 p.m.; for juniors (class of 2020) on Tuesday, Oct. 30 at 10 p.m.; for sophomores (class of 2021) on Sunday, Nov. 4 at 10 p.m.; and for freshman (class of 2022) on Tuesday, Nov. 6 at 10 p.m.

Alan P. Kirby lecture: Jake Wood

On Thursday, Nov. 15 at 7 p.m. at

The Kirby Center for Creative Arts at Wyoming Seminary. The lecture is titled "The One and the Nine: Building Teams and Organizations that Win." Those who are interested in attending may register at wilkes.edu/jakewood. The Kirby Center for Creative Arts is located on 201 North Sprague Avenue, Kingston, PA 18704.

Colonel's Closet freshly stocked for students

The Colonel's Closet is open from 10 a.m. to 2 p.m. Mondays through Fridays. There is also a Colonel's Closet online order form that can be filled out


and found on Wilkes Today. Orders are typically filled within 24 hours of the order being placed and can be picked up at the Info Desk on the first floor of the SUB. For any questions please contact Kristin Osipower at Kristin.Osipower@wilkes.edu.

Volunteer at the Sordoni Art Gallery

Students, faculty and staff are welcome to share their appreciation of art and volunteer at the Sordoni Art Gallery. In order to apply, follow the link on Wilkes Today for the application. Please contact Nicole Lewis at Nicole.Lewis1@wilkes.edu for further details.

Christian Fellowship and Interfaith Office Clothing Drive

Wilkes Christian Fellowship and the Interfaith Office are partnering together to hold a clothing drive until Oct. 31. They are looking for mens jeans, hoodies, long sleeve shirts and coats. The donation boxes will be placed in the library and on the first floor of the SUB.

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Upcoming Events: 2018 Fall Semester

October

22 to 26 - Freak Week (WUPB)
23 - Zombie Bar (WUPB)
23- GSA Drag Show Event
23 - Alcohol Awareness Walk
24 - Mobile Escape Room (WUPB)
25 - Bingo (WUPB)
26 - Scary Place (WUPB)
28 - Community Trick-or-Treat with SAAC

November

1 - Cupcake Wars (WUPB)
1 - Marts Madness
2- One World Celebration

3 - Diwali Celebration
6 - Casino Week: Texas Hold 'Em (SG)
7 - Casino Week: Bingo (SG)
8 - UN Lecture: Mr. Niall McCann
9 - Casino Night (SG)
15 - Wing Wars (WUPB)
21 to 25 - Thanksgiving Recess
29 - Bingo (WUPB)

December

6 - Holiday Party: PJs and Pancakes (WUPB)
10 - Final Exams Begin

Spring - January 2019

21- NYC Trip to MOMA and MET

*WUPB denotes Wilkes University Programming Board
SG denotes Student Government*

Want your event featured in the calendar?

Email: TheWilkesBeacon@wilkes.edu

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Writer Richard Louv explores nature-deficit disorder at lecture

By Cabrini Rudnicki
Co-News Editor

The Wilkes-Barre community was welcomed to spend an evening with writer Richard Louv.

The event, which was open to the public, took place on Wednesday, Oct. 17 at the Dorothy Dickson Darte Center on campus.

The event was sponsored by Geisinger, Riverfront Parks, North Branch Land Trust, as well as Wilkes University.

Louv is an author and journalist, most famous for his book "Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder." In this book, Louv coined the term "nature-deficit disorder," which he uses to describe the negative consequences of children living apart from the natural world.

Kevin Roberts, a representative from Geisinger, spoke about how Louv's beliefs aligned with the Geisinger value system.

"We are not just a health care organization that is interested in treating hospitalized patients, we really are more interested in helping our community," he explained. "That's lifestyle medicine. Only a small percentage of your health is impacted by what happens in a hospital. What's more important is how you live your life."

Paul Lumia, the executive director of North Branch Land Trust, introduced

Louv, and read a quick biography of the author.

Louv began by speaking about the efforts to make the Scranton/Wilkes-Barre area the healthiest urban region in the country.

"This region could really be a national leader in this regard," he said.

Prior to the presentation, Louv spoke privately with Dr. Rhonda Rabbitt, the dean of the school of Education at Wilkes.

"One of the things that could help the most in the Children in Nature movement is teaching it in schools," he explained. "Start training teachers how to take kids outdoors. That would make more of a difference than waiting for school boards to change."

According to Louv, learning in nature can do things like improve cognitive functioning as well as reduce attention-deficit disorder.

"Even when young teachers know [about the importance of learning in nature], many of them often did not have much experience when they were kids of going outside," he explained. "So they don't know where to start."

Louv explained the benefits of having children play in nature.

"Kids who play in natural play areas play differently than kids who play in cement," he said. "They are fair more likely to invent their own games, which is

an essential indicator of the development of executive function."

Children in nature are also more likely to invite other children who do not look like them, explained Louv.

In order to help teachers who want to include nature into their teaching, Louv and others in the movement started the Natural Teachers Network.

Louv also discussed the importance of forest kindergartens, which is a type of preschool education that is held entirely outdoors.

"Ultimately, the goal is to change a culture," he said. "We need more ideas like that. Maybe you, in this region, will help us change the culture."

Louv also discussed parenting, specifically having a hands-off approach called "hummingbird parenting."

"Kids are not going out as much as they did in the past because of parental fear," he said. "Specifically, fear of strangers. In some neighborhoods, there is a need to be scared of strangers, but in most, the world is safer than we think."

Louv held a question and answer period after the lecture.

Dr. Kenneth Klemow, a biology professor at Wilkes University, asked a question.


"As you're advocating for children to be out in nature, how important is it that they actually understand what they are looking at?"



The Beacon/Cabrini Rudnicki
Louv's books were sold after the presentation, including "Lost Child in the Woods: Saving Our Children from Nature Deficit Disorder",

Louv described problems in universities where students are unable to name specific components, but said it is not an issue if young children are unable to name things.

The lecture was followed by Louv holding a book signing outside of the auditorium. His books, including "Lost Children in the Woods: Saving Our Children from Nature Deficit Disorder" were available for sale.

 @wilkesbeacon
Cabrini.Rudnicki@wilkes.edu



The Beacon/Cabrini Rudnicki

Louv spoke about the many programs and events he, and other environmentalists, have created to get children active in the outdoors.



The Beacon/Cabrini Rudnicki

Louv signs a book for an attendee after his presentation at the Dorothy Dixon Darte Center on Wednesday.

Catherine H. Bone lecture features chemist Dr. Geraldine Richmond

By Maddie Davis
Co-News Editor

On Oct. 17, Dr. Geraldine Richmond was invited to campus as part of the campus' Catherine H. Bone lecture.

The Catherine H. Bone lecture in chemistry was instated in memoriam of Bone who began her 20-year teaching career at Wilkes College in 1946 and after retiring she continued to be a huge part of Wilkes.

Richmond's lecture was titled "Mulling Over Emulsions: Molecular Assembly at Complex Liquid Surfaces."

Richmond talked about her history in the research of liquid surfaces through laser spectroscopy in relation to understanding environmental processes.

Among many accolades and prestigious positions apart of the American Academy of Arts and Sciences, Richmond is also the founding director of COACH, a grassroots organization that has empowered women scientists and engineers in the area of career advancement.

Richmond opened the lecture by

talking about Benjamin Franklin's research of oil/ water interfaces in 1751.

He, however, missed out on how this oil spreads, which Richmond focuses on.

She then talked about how oil and water play out in the real world, through oil spills.

She talked about the need to find a better dispersant to clean up the oil spills because the current means of clean-up are harmful overall; these include setting fire to oil and dumping a soap-like basic substance onto the oil, among other solutions.

"It is never going to be perfect ... This is something we will live with for a long time," said Richmond.

She then dove into her research that she has completed which focuses on "surface science:" what happens when these two substances meet at the interface.

Overall in the experiments she found that water is bonded to oil at the interface to allow for ions to be drawn; she found that the water surfactants are very similar but they are more acidic; and finally she found the lowest ever bare nano-emulsion through her experiment.



The Beacon/Seth Platukis

Richmond talked about the findings of her three ground-breaking experiments.

"The fact that it is for a woman who has had such a presence in this department ... I am just honored," said Richmond.


Richmond then opened up the audience to ask her any questions.

The first to ask a question was Charles Mahler from Lycoming College.

"Do you have any idea the orientation

of the molecules that make up the oil layers?" asked Mahler.

Richmond answered that the nano-emulsions are largely parallel to the interface.

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Madelynn.Davis@wilkes.edu

DIVERSITY, from front page

Imposter syndrome is when an individual doubts themselves because they are afraid of being exposed as a fraud. Stereotype threat is when an individual worries about conforming to a stereotype that is attributed to their social group. Finally, racial battle fatigue refers to the constant psychological, emotional, cultural and physiological coping done by those experiencing aggressions in unsupportive environments. All of these are examples of ways attitudes and stereotypes affected Sapp throughout her education, despite that she worked past it, and she encouraged the audience to do the same through different ways.

"If you are upset with someone do not take it out on others," Sapp said. "Be nice to people, you never know who you are going to interact with. Be comfortable with confrontation, give people the benefit of the doubt, and learn how to forgive. Knowledge is power but only if you use it, we have to work ten times harder because of these unconscious biases.

"Language is important it will push people away from you or it will draw them to you. Do not allow others to define who you are. One monkey don't stop the show, someone is going to not support you, do it

without them. Reach out and assist others, keep your friends close and your enemies closer."

Sapp had more methods to work past your unconscious bias as well, the rest of the conference also showcased that.

Safe Zone Awareness 101 talked about the importance of understanding different communities like the LGBTQ community. It covered why terminology is important and how talking to each other about our differences and who we are is important to creating a safer and more open environment.

Stereotypes in Media addressed how we create stereotypes, both positive and negative, and some based on truths, that are then shown through media outlets. It focused on how we the consumer need to be aware of stereotypes. The Shades of Gay talked about how to normalize what it is like to be gay, black and male in daily conversations.

Disability Awareness focused on what it is like for students with disabilities to learn, and about learning practices and laws.

Is Unconscious Bias Affecting #MeToo? #TimesUp to Find Out focused on how society's gender roles, stereotypes and perceptions of men and women creates an unconscious bias that impacts current social problems for women in America



The Beacon/Cabrini Rudnicki

The conference attracted students and faculty from many neighboring schools and around the world.


In Your Comfort Zone was another session that drew in many different students both from Wilkes and the other schools.

Emily Lencoski, a senior majoring in Administration of Justice at Penn State University's Wilkes-Barre campus, said, "The session was wonderful. We talked about the hidden biases that everyone has. We learned how to view the world from a different perspective, it was eye opening."

One of the final sessions was Understanding and Addressing Macroaggressions presented by Dr. Sapp

which went more in depth to her earlier points about unconscious biases like racial battle fatigue.

Overall, the event was touted as an experience that allowed for students to learn, grow, and become more open to minorities and other groups that they may not have fully understood, or may have had an unconscious bias towards. The event will be held again next year in October and will again be open to all students on campus.

 @wilkesbeacon
Sean.Schmoyer@wilkes.edu

Former United Nations rep. speaks on women empowerment

By Maddie Davis
Co-News Editor

On Oct. 16 Wilkes University welcomed UN Speaker Dr. Patience Stephens as part of the annual UN lecture series. Stephens is the first speaker of the fall 2018 semester.

Stephens was the 29th speaker brought to the campus to speak to students, faculty and staff who are interested in the various issues regarding the United Nations.

Her lecture titled “women’s empowerment from the UN perspective” focused on the history of UN women empowerment initiatives both recent and past. It also incorporated Stephens’ own views about the matter.

Stephens was a former Director/Special Advisor on education of the organization UN Women.

This organization, Stephens explained, was dedicated to gender equality and women empowerment not only within the UN but among the countries they are involved in.

She informed the audience that gender equality as been at the forefront of the UN for decades, however the idea of women empowerment is fairly new.

UN Women was created in 2010 and became operational in 2011 and combined four different UN entities to reach gender equality and empowerment among different specific structural goals.

The four entities were the Division for the Advancement for Women (DAW), the International Research and Training Institute for the Advancement of Women (INSTRAW), the Office of the Special

Advisor on Gender Issues (OSAGI), United Nations Development Fund for Women (UNIFEM).

Member States wanted the four entities to come together so there would be a common leader on gender equality and women empowerment within the UN and that they should be both humanitarian and secretariat

OSAGI stands out within these four entities not only because this is where Stephens started before UN Women but because this had the highest level of staff and gender architecture and it was the office that was tasked to put together proposals for the member states to decide what UN Women would be.

Since 1946, the UN has been involved in the idea of gender equality, which was formerly called “The Advancement of Women.”

Stephens then moved to the topic of gender mainstreaming, assessing the impacts of any action on both women and men among all areas of the UN, which is a primary strategy to promote gender equality of the UN Women.

UN Women hoped to strengthen positive global norms about the status of women, encouraging women leadership and participation, providing women economic empowerment and autonomy and finally ending violence against women.

Education was a term and strategy that resonated throughout Stephens talk as she said it is the most important component to help women empowerment, however the work of UN Women doesn’t portray it to be as important.

“I think it is unfortunate because it is

an important leverage for making change in women’s lives,” said Stephens.

UNESCO, which is very active in the humanitarian area as they incorporate education in their response to humanitarian emergency, however has attempted to push the educational agenda on UN Women.

Issues revolving conflict around the world were affecting women and the UN looked to solve this issue which later came in 2000 when the security council adopted resolution 1325.

“Violations of the human rights of women in situations of armed conflicts are violations of fundamental principles of international human rights and humanitarian law,” said Stephens.

Resolution 1325’s main focus was to involve women in peace processes. Many other resolutions have been made afterward and all revolve around the need to bring women into the picture to solve these social conflicts.

Stephens ended her lecture by touching on the importance of education again and how UN women and others should understand this importance to succeed women empowerment goals.

She ended with a quote from Nelson Mandela that has driven her work.

“Education is the most powerful weapon which you can use to change the world,” read Stephens.

Junior political science major, Lety Patino Flores, asked Stephens for some personal advice about joining the UN.

“What piece of advice would you give a young female either heading into education or heading into a field like the UN,” asked Flores.

Stephens said education is a good field of work but to expect a lot of change because of technology. For the UN, Stephens advised Flores and the audience of a whole that you do not need to take international business to get in, you just need to be in a field that is needed.

Political science professor Dr. Thomas Baldino attended the lecture and asked Stephens a question regarding a previous slide about Beijing and a meeting there about women empowerment.

“In one of your earlier slides there was a list of human agencies related to women, in the very last [bullet] there was something about a ‘girl child’... could you explain that, I am curious,” asked Baldino.

Stephens answered that member states identified the areas on the slide, including the one Baldino asked about, as key areas which required specific attention for the advancement of women. The member states identified the girl child as one of these areas because girls were facing challenges in their communities, one of which including child labor.

The 30th UN Lecture Series speaker will be Mr. Niall McCann. McCann will speak on Thursday, Nov. 8 in Marts Athletic Center Room 214 at 4 p.m.

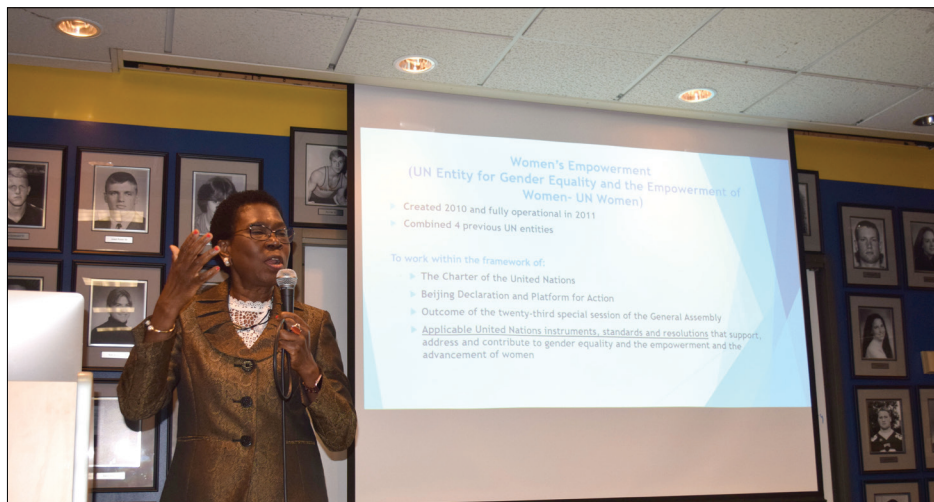
His talk is titled “The United Nations and Electoral Integrity” and will discuss his experience of electoral integrity while apart of the UN’s Bureau for Policy and Programme Support in New York, NY.

This lecture will be free and open to the public.



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Madelynn.Davis@wilkes.edu



The Beacon/Maddie Davis

Stephens discussed the idea of women empowerment in relation to the UN.



Courtesy of Andreea Maierean

After her lecture, Stephens held a small and personal discussion with students.

Burglar strikes SUB; City PD, Public Safety working to ID

Maddie Davis
Co-News Editor

On Oct. 10, at approximately 2:30 p.m. a burglary was reported on campus in the Henry Student Center.

The suspect entered the Student Center in the late afternoon before fall break and is suspected to have removed property from the building, according to a notice sent by the university.

"The suspect calmly entered several rooms in the building and interacted with those around him before taking property," the notice continued. "We do not believe the suspect is associated with Wilkes University, and that he may be responsible for additional thefts and burglaries within the downtown Wilkes-Barre area."

The incident is currently a pending investigation between Wilkes University Public Safety and the Wilkes-Barre Police Department.

Public Safety informed students of the burglary through the Wilkes Alert system after fall break on Tuesday, Oct. 16 at approximately 9 a.m.

Public Safety urges students to report

suspicious activity that occur all around campus. They can be reached either in office at 148 South Main St. or through phone at 570-408-4999.

Brooke Mazzotta, a sophomore biology major who works the front desk in the SUB recalled the event. She shared that she doesn't necessarily feel less safe because of the burglary.

"It makes me wonder how many other people can come in the building," said Mazzotta.

"Overall Public Safety is always on campus monitoring and it looks like they are monitoring extra nowadays."

Mazzotta also recalled that police came very quick in response to the

reports.

This suspect could strike again and uses his younger appearance to fit into the busy SUB building. Public Safety Sgt. Ed Weidow suspects his calm demeanor may mean he is a former student.

Those who have any additional information about the burglary on Oct. 10 should contact Public Safety to aid the ongoing investigation.

Weidow wants students, faculty and staff to know Public Safety is open 24 hours and are eager to investigate suspicious activities to keep the campus

and those within it safe.

"If you see something out of the ordinary or if it seems suspicious call

us," said Weidow. "If it seems messed up, it probably is.

"We love going out and being out on campus, don't feel like it is an inconvenience or anything like that."

Weidow urges those who report suspicious activity to stay safe and not to approach the suspect.

"If you do see someone and they seem suspicious call us and try not to approach them," added Weidow. "You don't know, they can be onto something, could have an altered mental status, they could be anything."

Sandy Anthony, a Rifkin Cafe staff member, did not see the suspect firsthand but reflected on how she felt about the burglary.

"I still feel safe because it was just a random act," said Anthony.

According to the annual Security and Fire Safety Report of 2018, the university experienced seven offenses of burglary in 2017, zero in 2016, and four in 2015. All attempts were unlawful entry with no force.



Courtesy of Wilkes Public Safety

The male suspect pictured in the SUB.



@wilkesbeacon
Madelynn.Davis@wilkes.edu



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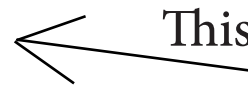
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Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, Arts & Entertainment editor: Sarah.Matarella@wilkes.edu

College textbook prices finally fall after two decades of increases

By Luke Modrovsky
Editor-in-Chief

When Wilkes junior Seth Andress bought his textbooks for the fall semester, there was not a noticeable “sticker shock” in price from the year before.

Actually, prices had actually fallen.

Andress said he feels college students are using websites like CampusBooks.com to shop smarter and hypothesized that textbook retailers who have higher prices are beginning to hurt in their bottom lines.

The engineering student finds importance in trying to save hard-earned money on his textbooks, noting inflating tuition costs. Andress said while he finds himself shopping around for the lowest price, he does not go overboard.

“If I can’t find them on the first Google page, I usually don’t go much further than that,” Andress said.

CampusBooks.com, a website dedicated to comparing numerous booksellers including Amazon, Barnes and Noble and Chegg, has collected plenty of data on the subject. They

track over eight million college textbooks throughout the course of the year.

“We have a lot of data gathered over (our) 20 years in the textbook markets, as well as surveys that we have done using professional survey companies,” said George Lopez, operations manager for CampusBooks.

“Recently, we have actually seen a decrease in (textbook) prices which is surprising,” Lopez said.

From January 2017 to January 2018, the average price of textbooks decreased by more than \$10, according to CampusBooks.

“The sign of college textbook (prices) decreasing runs counter to the 20 year narrative of staggering price increases, which will be beneficial to those strapped with large student loans,” CampusBooks CEO Alex Neal said in a press release.

Lopez said while the latest data shows a drop in hard textbook prices and a rise in the electronic version cost, the overall price has still fallen. He noted that while eBook sales have increased by 37 percent since 2016, eBooks still only account for two

percent of overall sales.

“Students may be completely digital these days -- growing up on tablets and smartphones -- but when it comes to the college classroom, hardback books still represent the best value and learning tool,” Neal said.

Neal also said CampusBooks has seen most studies lean in favor of print when it comes to comprehension and retention.

Wilkes senior Brittany Stanton said she used CampusBooks to compare prices and noticed a difference. This year, she spent approximately \$245. Stanton said she is satisfied because that is less than her budgeted spending of \$300.

After her search concluded, she bought two books in-store through Barnes and Noble and two others through online retailer Chegg.

“It’s a lot to try and manage debt from tuition, but it’s a lot more to manage paying for books because that money comes directly from me,” Stanton said.

Andress said his spending of \$150 is higher than previous semesters, noting he


relies more on the eBook versions for his books.

“I usually try and find my textbooks as PDFs online,” Andress said. “It’s easier than carrying around a backpack full of books.” He feels his situation allows him to skirt from the traditional hard copy texts because his professors rely on the books less.

College students are also beginning to explore the idea of renting in order to save money. CampusBooks reports that rentals “have seen a significant rise” and are now close to 20 percent of the market.

One question remains though: Are textbooks necessary for classes in order to be successful?

Stanton sees them as extremely important for her studies as an education major using her books “every day;” however, Andress sees little value in the text alone saying his professors do a good job of giving “all notes in handouts and PowerPoint slides.”

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\$17.95 + TAX 12- cut Sicilian pizza & 1 order of wings	\$11.95 + TAX 12 -cut Sicilian pizza	\$23.95 + TAX 2 tickets to Movies 14, 1 med- 1 topping pizza & 2 drinks	\$12.95 + TAX small 12" 1-topping pizza & choice of any sub	\$18.95 + TAX large 16" pizza, 1 sub, & an appetizer	\$28.95 + TAX 3 large 1- topping pizzas

the



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Friday, October 1, 1965

Beacon Vault: Arts Center Curtain Rises

Editor's note: This article appeared in the Oct. 1, 1965 issue of The Beacon (Vol. 25, Issue 1).

Each week, we'll take a peek in the archives, looking back at historic points.

Editor's Note:

The Beacon has quite the storied past. The Beacon has enjoyed many years of success, publishing continuously since 1936.

The newspaper began as The Bison Stampede from 1934 until 1936 before changing names to The Beacon.

Each week, we'll dust off a piece to dig through the university's archives.

This week, we look at the Dorothy Dickson Darte Center that sits on River Street.

The Center has been home to Wilkes University Theatre for many years.

While many building uses across campus have changed over the years, the Darte Center has remained the same.

Names have changed over the years from within the center, but the memories will live forever.

Check out next week's look back into the past as things get a little spooky in our Halloween issue.

Curious to see more online? Check out www.beaconarchives.wilkes.edu to dig through a Wilkes University treasure.

-Complied by Luke Modrovsky, Editor-in-Chief

By Lois Petroski
Editorial Staff

The Center for the Performing Arts, designed with the student in mind, will be dedicated on Oct. 25 at 4:30 p.m. Al Groh, College theatrical director, has evaluated the structure as "one of the best-equipped theatres of its kind on any college campus." Paul Green, playwright and director of the Caroling Players, will be principal speaker at the ceremony. Speaking at the dedication dinner will be Donald Oenslager, a member of the faculty of Yale University and stage designer of the Lincoln Center in New York City and Kennedy Art Center in Washington, D. C.

Oenslager has worked closely with Mr. Groh in determining specifications for stage and lighting at the theatre. Leigh Allen, renowned designer and decorator, is responsible for much of the decor, interior design, and furnishings.

Between the two entrance doors, on the



Beacon Archive photo

THEN (1965): The Darte Center as published in the Oct. 1 issue of The Beacon.

fourth wall of the glass enclosed lounge on the second level of the theatre, hangs a medieval tapestry, hued in white and gold. The print, imported from Germany, features knights, horses, and regal ladies, and was designed exclusively for the Center.

The walls of the main auditorium, readorned with a specially textured gold fabric, imprinted with a design modernized by Allen. The seating is fashioned in a semi-arena, with no seat being farther than 50 feet from the proscenium, even though the gridiron over the stage is 50 feet in height. Says Mr. Groh, "An attempt has been made to transfer to the new center the intimate

quality that prevailed in Chase Theatre."

Three Blue Ceilings

The tiers of bucket seats lie beneath three drop ceilings, each a different shade of blue. The circular front of the stage consists of a lift platform which can be used as an orchestra pit or, when elevated to maximum height, as part of the stage itself.

Wall-to-wall carpeting, designed by Allen, is featured throughout the Center. Seven cut-glass, crystal chandeliers, a product of the same designer, hang over the two stair wells and elsewhere throughout the theatre.

The lower level consists of a large chorus room, containing full wall mirrors, to be used as a rehearsal ball or a make-up and costume room for large groups. The level also has individual dressing rooms, a guest dressing room equipped with a shower, a kitchen and sewing room, and fully-tiled rest rooms. The Green Room, scene of future conferences, meetings, and lounging, features vinyl wall covering, wall-to-wall carpeting, and furniture especially manufactured for the College by the Kanaar Corporation.

Century Lighting had built custom equipment for the theatre. The projection booth contains a ten-scene preset electronic control panel board.

Sundry types of performances can be accomplished in the theatre -- drama, music, concerts, solo acts, motion pictures, and art exhibits.

On October 31, the Wilkes-Barre Ballet Guild will perform in honor of the theatre. Jozia Mieszkowski's creation of a ballet based on the College's performance of "The Sound of Music" will be presented.

Challenging Program

To meet the challenge of the new building, Mr. Groh is in the process of selecting a challenging program for the




The Beacon/Luke Modrovsky
NOW: The Dorothy Dickson Darte Center continues to thrive on River Street.

students. He forsees the performance of a see of one-act plays in December and the accomplishment of several major productions during the spring semester.

Since music, art, and drama are joined in spirit, it is anticipated they will be joined physically by additions to the fine arts complex within the next few years. The Center for the Performing Arts, a million-dollar structure whose donors wish to remain anonymous, augments the College's humanities program. Mr. Groh predicts the addition of courses in the drama and also special summer program. His aim is to enable students to have the opportunity to work in the theatre, to enjoy and appreciate it.

It is hoped that the theatre will be able to convey to all who enter the words spoken by Robert Edmond Jones in The Dramatic Imagination: "Keep in your souls images of magnificence."

 @wilkesbeacon
Luke.Modrovsky@wilkes.edu

Self care with Sarah: Tackling the Flu Season

By Sarah Matarella

Life, Arts & Entertainment Editor

Flu season is back in action and the influenza virus is completing its yearly rounds on the Wilkes University campus.

Wilkes University offers several different ways to help students learn about and tackle the flu season. Passan Hall, the location of the university's health and wellness services,

offers free health care and related health counseling to all students, faculty, and staff.

In addition, there is a web page titled "Regarding the Flu" on the Wilkes University website to inform people about symptoms, precautions, and treatment for the virus.

According to the Wilkes University website, people between the ages of 6 months to 24-years-old have the highest risk for contracting the flu, meaning that it can affect most of the student population.

Symptoms of the flu can include fever,

chills, coughing, sore throat, runny nose, body aches, headaches, fatigue, diarrhea and vomiting.

To Avoid the Flu: Get your flu shot

Flu shots are highly encouraged if you want to avoid getting the influenza virus. They are normally administered at any local CVS, Rite Aid, or

Walgreens to make it easily accessible for everyone. The Wilkes - Barre Department of Health recently sponsored a free

flu clinic at Wilkes University for students and faculty to get their flu shots free of charge. Looking online and watching the news can inform you about other places near you that might also have free flu

clinics. Keep an eye out for more flu clinics available in the future if you are interested in getting a shot.

Wash your hands frequently

This tip is common sense. We use our hands for everything. Thus, you should not just wash your hands after

blowing your nose and coughing. Wash your hands any chance you get and before you eat, especially, to avoid giving the germs a direct pathway into your body and allowing them to get you sick. Wilkes University has installed hand sanitizer stations in every building as well which can be used on the go when there is not a sink.

Lysol It Up

Lysol is another common, effective way to kill germs. Using lysol frequently, especially if you are living with people who are sick, can help prevent getting the flu. Lysol areas like your furniture, your bedroom, the kitchen, your car and around other areas that are not typically cleaned thoroughly.

Change your sheets

Changing your sheets after you catch the flu or a cold is important, especially if you share a bed with someone else. Let your sickness play out, and then change them so that way they are fresh for when you are better.

Clean shared spaces

Thoroughly cleaning your shared spaces, even the smaller nooks and

crevices, can aid in preventing the spread of germs. Make sure to use products like clorox wipes and cleaners that kill germs rather than just hot water and reusable rag. Clorox wipes are great because they kill germs and are disposable. If you would rather use reusable rags, make sure you wash them properly to avoid the spread of germs.

Rest, Rest, Rest

When you are not well rested, your immune system becomes weakened and it is much easier to catch the flu virus.

Go to the doctor

Whether you see your family doctor or visit health services on Wilkes University's campus, if you feel any symptoms, seeing the doctor can never hurt. Catching the virus early on often quickens the healing process and makes the treating process that much simpler. Plus, spreading the illness should be avoiding as much as possible.

Health and Wellness Services are open Monday through Friday from 8:30 a.m. to 4:30 p.m. You can walk in during those hours to get evaluated or make an appointment by calling 570-408-4730 or emailing anita.burns@wilkes.edu.

 [@wilkesbeacon](https://twitter.com/wilkesbeacon)
 [Sarah.Matarella@wilkes.edu](https://twitter.com/Sarah.Matarella@wilkes.edu)



The Beacon/Sarah Matarella
The free flu clinic held at the Henry Student Center at Wilkes University on Oct. 17.



Editor's Note: In the Oct. 9 issue, the Mental Health Society was incorrectly identified as a club. The Beacon regrets and apologizes for the error.

Interested in writing for Life, Arts and Entertainment?

Have any ideas on stories that can be featured?

Contact Sarah Matarella at Sarah.Matarella@wilkes.edu
for more information.



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DINING SERVICES, from front page

In the Stark Learning Center you will find Greens to Go and P.O.D. Market. There, you can enjoy made to order salads and grab food on the go.

There are two healthy initiatives that dining services carries out to help promote students to make healthier choices.

Healthy for Life Initiative began in 2015 and focuses on providing healthy menus as well as wellness programs for many locations.

"It features healthy food choices, nutrition education, and wellness programs that support healthier lifestyles," said Rich Coburn, food services director.

This initiative also allows colleges and universities to access to their information online through CampusDish. This resource allows employees that are on campus everyday to communicate with Aramark to create the best meals for students.

"This program has already reached over 2.5 million college and university students," said Coburn.



The Beacon/Seth Platukis

The sandwich station, manned by Tony Wallace, in the Henry Student Center on the third floor is filled with options.

Feed your Potential 365 is another initiative that dining services introduced and it began in January 2017.

"The goal is simple: we want to help people discover what healthy food can do to feed their potential and accomplish their best," said Coburn.

Food is an important part of any person's life and it is important to nourish our bodies so that we can be the best versions of ourselves.

Feed your Potential 365 is run by Aramark but mainly carried out by the team here on Wilkes University's campus.

It is a collaboration effort to make sure that the initiative is run properly, "from our Senior Marketing Manager, to our Regional Nutritionist, along with our team here at Wilkes, we all

work together in order to provide better nutrition and wellness for everyone here at Wilkes," said Coburn.

The regional nutritionist, Michelle Richard,

comes to campus twice per semester to work with students and employees. She also communicates with students and employees throughout the year through email and phone to make sure that dietary needs are met.

Aramark offers a variety of options when it comes to the meals that they provide students on campus.

There is an Executive Chef and a Sous Chef that work together to create meals in advance so that they can make sure there is a variety of choices.

The meals are planned out in a four-week rotation. The team uses the summer to plan out these menus but they do incorporate seasonal items throughout the school year.

With a few exceptions students can expect protein, vegetables, starches, salads, soups and desserts each day.

"We also have certain days where the Executive Chef will feature certain menu items, i.e. Wednesdays are specialty burger days for lunch and

upscale dinner at night, Taco Tuesdays and days throughout the semester where other items are featured on the Taste Cart," said Coburn.

For those students with specific nutritional or dietary needs the Executive Chef, Matt Moss is available five to six days a week and is able to

assist with those needs.

There are also options at every meal time for those students that are vegan, vegetarian or gluten free.

They are emphasizing a more plant-forward approach but some recipes will still contain meat.

"We recently expanded our gluten free options in the Student Center with ongoing plans to increase the menu daily. Typically, we can accommodate any request for additional items as well, based on availability," said Coburn.

Aramark also works towards reducing customizable sandwich station.



The Beacon/ Seth Platukis



The Beacon/ Seth Platukis

One of the salad ingredient stations is often equipped with cucumbers, tomatoes, cheese, mushrooms and broccoli. The toppings and dressing selection often switches day to day.



The Beacon/Seth Platukis

A variety of peppers and hummus are an example of one of the gluten free options offered by dining services

environmental impact here on Wilkes University's campus. Green thread is an initiative that was started to reduce waste as well as supporting the natural

environment.

"We accomplish our goal through responsible sourcing from authorized suppliers and waste minimization by aligning with the US Environmental Protection Agency's food waste hierarchy. Our priority is to reduce waste at the source through our Food Management Process with supports our back of the house operations," said Coburn.

Continuing with responsible sourcing, Aramark purchases some products locally as well. They use National Bakery in Scranton, Pa., Rockland Bakery in Nanuet, NY, Kegels Produce in Lancaster, Pa., City Baking in Long Island City, NY and Blue Ribbon in Exeter, Pa.

Sourcing from local companies has helped to reduced costs and environmental waste. The staff here at Wilkes also recycles all cardboard that they receive.

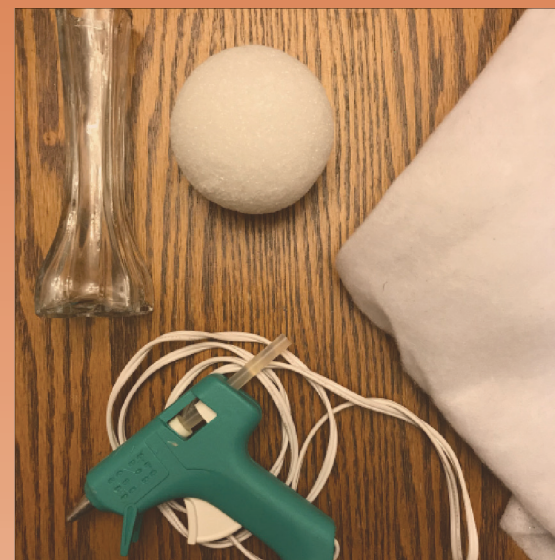
Aramark and Wilkes work together to create healthy food options that promote a healthier lifestyle. "As a part of the Healthy for Life commitment with the American Heart Association, Aramark chefs are finding creative ways to include fruits, vegetables and whole grains into the menus," said Coburn.

 @wilkesbeacon
Natalie.Stephens@wilkes.edu

DIY GHOST DECOR

Supplies Needed:

- Candle stick
- Foam ball
- Hot glue gun
- Paper
- White cloth
- Ex.) T-shirt, pillow case, old sheet
- Black Sharpie
- Scissors



Instructions:

1. Glue the foam ball to the candle stick using the hot glue gun
2. Drape the white cloth over the candle stick and foam ball
3. Cut the white cloth to the desired length for your ghost
4. Draw a ghost face in black Sharpie
5. Cut out the ghost face
6. Glue the ghost face to the white cloth



By **Jordan Fritz**, Staff Writer  @wilkesbeacon
Jordan.Fritz@wilkes.edu

Beginning to feel the

Mid-Semester Blues?

Here are a few ways to power through

By Savannah Pinnock
Opinion Editor

As students at Wilkes University,

there seems to be a common theme that presents itself to usher in the mid-semester. While walking across the green way or your morning commute you begin to notice the subtle changes in the weather.

At the start of the year the weather is beautiful to many and extremely hot for some; it seems as though summer will never end. Gradually the warmth begins to fade and you begin to feel a hint of briskness in the air.

Eventually you find that you need an additional layer of clothing and a few more minutes to prepare your car. On top of this, your assignments appear to

be growing in their depth and intensity. You find yourself trying to manage everything and you do, but you find yourself utterly drained in the process.

If you can relate to this experience, you have contracted the mid semester blues.

It may feel as though this condition is chronic and an inevitable component of one's collegiate career but it is quite the contrary. In fact, with the following steps you can recover from this illness and finish off your semester strong.

1.) Get Enough Sleep

Getting enough sleep may appear to be a trite, overstated statement but it is overstated because it is imperative to your overall health. The amount of sleep you get is directly linked to your

cognitive function, your immune system, and your mood. As students, we have all had instances where we have sacrificed sleep in an effort to excel on an exam or do well on an essay. The outcome of this sacrifice is often beneficial, though, the consequences that follow are not as pleasant.

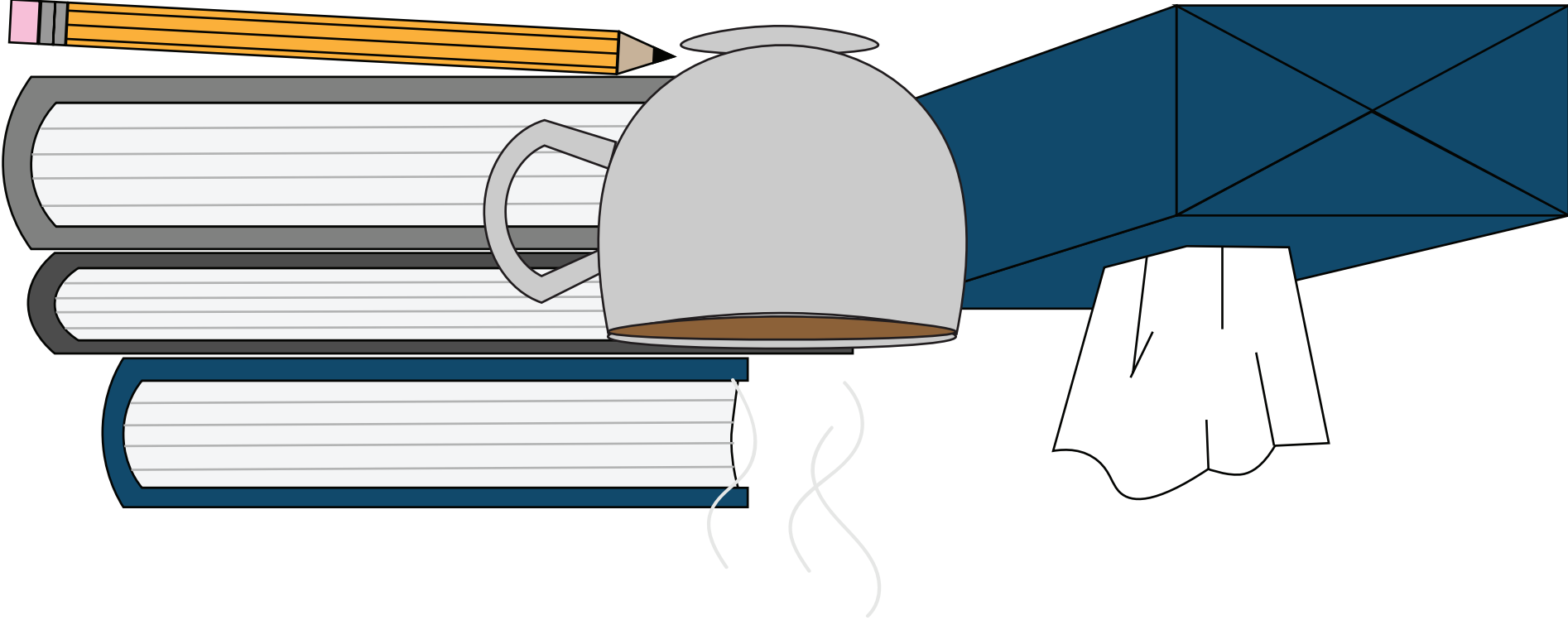
Having a lack of sleep can leave you with a horrible case of brain fog, an increased chance of getting sick and can leave you feeling lethargic. You can combat all of these symptoms by simply choosing to get enough sleep.

2.) Pay attention to your diet although it is not clear who they are, you definitely know who you are and how you

In an effort to achieve this be sure to drink enough water, eat a balanced diet, and ensure that if you're a coffee lover you attempt to swap your daily cup of joe for green tea every now and then. These positive changes will go a long way.

The reason can often be as simple as having a poor diet. As a student you need to ensure that alongside attaining good grades, you're also maintaining a healthy body. This bodily health has less to do with aesthetics and more to do with feeling good.

feel. If you've been feeling a bit sluggish, tired, and under the weather the reason may not be limited to how much sleep you receive.



3.) Stay Warm

Stay warm? Is that a typo or did you just say that? Yes, I said it, staying warm is one of the most important pieces of advice I can give you during the Fall, Winter and early Spring.

In fact, according to Ph.D., RN and CRNA Deborah Weatherspoon writing from healthline.com, "Some viruses are actually more likely to spread during cold weather."

However, the connection does not lie between sickness and cold weather but germs and cold weather. In other words, cold weather facilitates the presence of some germs that cause sickness. As a result of this, it is imperative to stay warm and limit your presence with cold weather.

It must also be stated that cold weather has also been correlated to a lowered immune system and consequently, sickness.

4.) Manage your time wisely

This step is crucial in allowing yourself to truly enjoy your semester. As a junior in college I've learned that it is better to complete a little bit of an assignment every day than to force yourself to complete everything all at once.

If you can buy an agenda or calendar and micromanage everything, you can find a way to separate your assignments into smaller chunks so they are less stressful.

If you have an upcoming 10 page paper to complete on Friday, complete two pages everyday and it will be an effortless endeavor. Organization and time management are key to alleviating stress and getting through the semester.

5.) Remember to relax

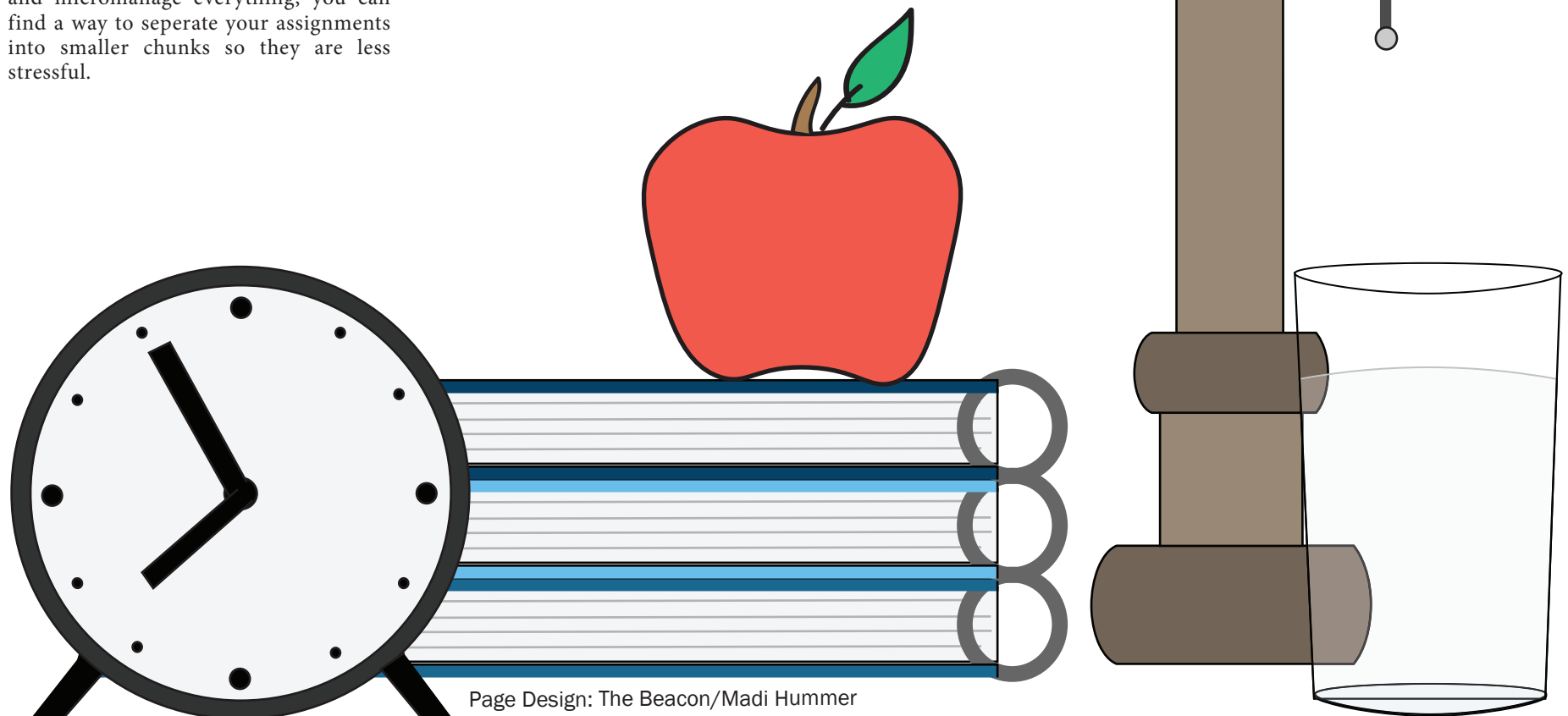
As college student, the relax may appear a bit rated r or rated rare. The vast majority of my friends, myself included seem overwhelmed and we rarely have time to relax but it is important.

In order to see this on a small scale, have you ever recalled a time that you were intensely focused and your mental strength began to fail and you took a break? Upon returning, how did you feel?

The vast majority of you may have felt rejuvenated with a capacity to see the subject with new eyes. For this reason, it is important to relax so that you can continue to deliver quality work this semester.

So if you're a student who's suffering from the mid semester blues, have no fear and find comfort in knowing that there's a solution. Just follow these steps and you'll feel like yourself in no time.

 @wilkesbeacon
Savannah.Pinnock@wilkes.edu



Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: Savannah.Pinnock@wilkes.edu

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2018-19

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 To learn more about what you can do,
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141 S. Main Street
 Clayton and Theresa Karambelas
 Media Center
 Wilkes University
 Wilkes-Barre, PA 18766
 Phone - (570) 408-5903
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Our Voice

Each week, The Beacon's editorial board will take a stance on a current issue.

Major shaming: Why isn't it talked about?

Many people with majors particularly in the STEM realm, or those associated with higher predicted salaries, tend to shame others who are not in those majors.

Major shaming can exist on any college or university campus, no matter which school you attend. If you are not a pre-med major destined to become a surgeon, a pharmacy student with a guaranteed job after you graduate or are not practicing in another major that is often perceived to have rigorous course workload that exceeds that of all other majors, then it is perceived that you are taking the easy way out.

This stigma and shaming often forms around majors like business management, education, communications, theater, etc. The problem with major shaming is that it makes students that are not in a certain major feel like they don't belong on campus or are not intelligent enough to become successful. Students are relentless with the comments that they make. The comments are often highly inappropriate and often demeaning to the point that it is shocking that this problem is not addressed.

"People are always commenting about how I'm never going to be making any money," said Olivia Caraballo, an education major at Wilkes University. "Also, people say that I have an easy major because I get to do arts and crafts

as assignments. Little do they know that there's standards for everything. Just because I'm doing a fun activity doesn't mean that I am not learning what I need. I cannot just throw an arts and crafts project together. Just because I'm not doing lab reports, doesn't mean I'm not putting in work."

Money is a sensitive topic in social situations in itself. Therefore, adding money to a discussion about someone's future or to their college education where students are putting in their time, effort, and money is quite disappointing.

Furthermore, people who are in a specific major do not know the requirements of other majors merely because they are occupied in their own major. Thus, the opinion on someone else's major is irrelevant because they have never even experienced a major outside their own.

This is not just an issue that is prominent on a campus, but also on social media. The fact people construct detailed posts regarding people in a different major than them only feeds the problem. The viral nature encourages others to mimic these ideals in order to gain followers and attention, causing people to think that major shaming is appropriate.

Major shaming is also extended into the families and friends of students. Students

are bombarded with questions like: "Well, what are you going to do with that degree?" or "How do you expect to make a lot of money with your major?"

Instead, the questions should be: "What kind of job do you want to get when you graduate?" or "What type of degree will allow you to fulfill what you are passionate about?" The focus does not always have to be money. However, you can most definitely have a successful career and become wealthy if you are not on a track in the STEM field.

Campuses need to start implementing ways to combat major shaming and allow students in every major to feel important and included.

In addition, people need to be mindful of how they use social media and refrain from providing people who post negative and demanding things on the internet with the platform to express these ideals.

Furthermore, friends and families should be supportive of what the people in their lives are passionate about. As long as someone is not causing harm to themselves or others, then everyone should be allowed to pursue what they want and develop their own life without being judged and ridiculed.



@wilkesbeacon
thewilkesbeacon@wilkes.edu

Letter to the editor policy: *The Beacon* welcomes letters to the editor from differing viewpoints. Letters must contain contact information, including name, city, state and phone number. Phone numbers will not be published but may be used for verification purposes.

All letters to the editor must be sent using one of the following methods:

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Phone: (570) 408-5903 (Voicemail: 30 seconds or less, please.)

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Do new media pose a threat to communication?

By Savannah Pinnock

Opinion Editor

Literacy is a peculiar term. It can be used to define one's understanding of a certain subject. A person can be literate in computer science, sports, automobiles, art and a plethora of other disciplines.

Although these disciplines possess a great deal of importance, they dull in comparison to the significance of literacy and interpersonal communication. Language can be described as a universal adhesive in that it is responsible for humanities ability to communicate.

Without language, society would immediately regress to a prehistoric state in which one's emotions, thoughts and beliefs could not be articulated to another individual. In fact, language is one of society's greatest advancements.

Dating back to 3200 BC Iraq formerly known as Mesopotamia, society had developed language for the first time. This paved the way for the wide range of art, poetry, music, dance and other forms of culture we have today. With this being said, is the technological development of texting causing society to regress in its communication skills?

According to Dr. Mia E. Briceño, one of Wilkes University's communication professors, the answer to this question is not black and white. In light of this topic Briceño reveals that she believes "there is a lot of conversation right now about this and I think we're kind of in a panic".

She believes that this panic revolves around an anxiety towards Millennials and younger generations that she does not sustain herself. It appears as though this demographic of panicked, older Americans are concerned with the interpersonal communication skills of younger Americans.

Briceño explains this eloquently stating that older Americans believe that "Millennials are unable to have a conversation or interact in appropriate ways that meet traditional expectations

of interpersonal or face to face communication".

This anxiety is prevalent within American society as it is common to see an older individual scold a younger individual for their affinity for digital technologies, namely their cell phones.

In a greater sense, the admonishment given to younger technology dependant Americans is characteristic of a modern day jeremiad. It appears as though some older Americans believe that previous generations had stronger interpersonal skills then later generations as a result of not having access to modern digital technologies.

After assessing the presence of this jeremiad and panic pertaining to younger generations and forms of new media, Briceño suggests that she's "not sure it's warranted".

In fact, this panic leads Briceño to wonder "why we are so concerned about this, where does this panic come from?" The question is justified as there seems to be an unnecessary emphasis placed on the use of new media.

Digital technologies are constantly finding their place in the classroom and are becoming an integral part of the American education system so why is this presenting an issue to some older generations?

In an effort to answer this thought provoking question Briceño reveals that this anxiety surrounding technology may come from the fact that older people are not digital natives. Briceño elaborates a bit more by stating that there's a distance from technology that comes as a result of not being a digital native.

She states that "even in the generation I'm a part of, we're not digital natives--we're maybe straddling that boundary". She continues to state that "people who are born today are digital natives". This revelation is quite telling as it suggests that within the dichotomy created in terms of digital nativity, there is a population of

non digital natives that find technology to be quite useful and beneficial. Briceño identifies with this populous of open minded adults.

She also provides a further insight into the origins of these anxieties stating that this "fear comes out of ignorance". For example "I don't know this so I sort of fear what the outcome is going to be".

Briceño reveals that growing up, her interpersonal interactions took place on a more personal level. Digital technologies were not a primary form of communication but a tool that would facilitate her generation's learning experience.

In terms of Millennials and younger generations, digital technologies hold a more central position in social and pedagogical spheres.

With this juxtaposition of generational experiences at hand, it leads one to wonder whether having less technology can help one to be a better communicator. Briceño suggests that the answer to this question is again not black and white.

She states that she wants to "avoid joining in the panic and I want to just sort of think critically about [society] dealing with all this new media" she also states that it's "not new" and these new developments have happened "throughout history".

As a result of this, Briceño suggests that we "relax a little and observe it, engage with it, study it and sort of figure out what it's potential is" which she believes will develop over time.

She also clarifies that there's a distinction and a "different kind of literacy and fluency." One of her primary examples lies within the fact that one may be an excellent communicator via text or in terms of social media platforms.

On the other hand, a person who is part of an older generation may be "less adept at those things". She makes it abundantly clear that there are many benefits and downsides to new media, and the social presence of the form of communication is

key.

She defines social presence as "a term that we use to say how much is what we call computer mediated communication like face to face communication". For instance, in terms of texting, one could say that it has a great deal of social presence as it is only secondary to face to face communication and similar in ways.

With that being said, it is fair to say that in determining whether new media is a threat to communication, it is contingent on the "context and situation".

When pondering the social implications of new media, it is important to understand that just as the invention of the wheel, the printing press and the steam engine were new concepts; new media is just the same.

As a result of this, forms of new media are subject to the opinions of society. In order for society to grow and advance, risks must be taken and the skies limit must be exceeded.

Yes, the integration of digital technologies into our social spheres can affect or alter our current paradigm however, this is not something to fear but something to embrace.



Graphic by Savannah Pinnock
 @wilkesbeacon
 Savannah.Pinnock@wilkes.edu

What do you think? Is oral communication becoming obsolete? Follow us and let us know.



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What is the distinction between youth and old age?

By Isabella Sobejano
Staff Writer

Young and old people are two separate groups of people in society that differ in their behavior, their likes, dislikes and their nature. There are several different ways in which they differ, but together they complement one another.

A primary distinction between the two is that youth typically dwells in the future, while old people may live in the past. When talking to an older person, they may reflect on the past or on memories when they were younger.

Typically, when a child is spending time with their grandfather or grandmother, they may tell them stories from the past or contemplate what life was like when they were their grandchild's age. It's also common for older people to look at old albums or old photographs from when they were younger.

However, younger people have all the time in the world because they have a future in front of themselves. So, young people usually live in the future because they have so much to look forward to or have dreams and aspirations that they may wish to

achieve.

Older people have already achieved most of their goals or fulfilled most of their aspirations so they are often content with the present and find comfort in nostalgic things.

As for a distinction in their nature, younger people prefer to be away from their family in order to appear independent. Younger people may desire to leave home in order to gain independence, maturity or prove themselves.

However, a person of advanced age prefers to be surrounded by family because it is within their family that they live their past.

According to the Oxford Journal of Gerontology, "Nearly nine-in-10 adults ages 65 and older have children. Of this group, over half are in contact with a son or daughter every day."

Essentially, their family is their legacy and it's a reminder of their past. It gives them happiness because they may not have as many goals in future, so their family is very important to them. Therefore, a person of advanced age may want to be with their children or grandchildren.

Another key distinction between youth and old age is their outlook on life. Wisdom is typically associated with someone of an advanced age, and this is certainly true. Young people are not very experienced in life whereas those of advanced age are very much experienced because they have already gone through the stages of life.

As the saying goes, "you live and you learn." Therefore, older people are simply more experienced because they have learned from their mistakes and have more wisdom compared to a younger person that may lack this experience.

This is the reason why many young people may seek advice regarding an important matter concerned with their life from an older person, such as a parent, a grandparent or even a teacher.

Amadou Hampate Ba (1901-1991), a Malian writer and diplomat once said, "Every old man that dies is a library that burns." This shows the intelligence or sagacity an older person may have because of the knowledge and lessons they have obtained over the years.

Old people may be stubborn because they have lived so long that they may not want to

see change. Therefore, a person of advanced age may be stuck in their ways. For instance, when we are young, the way we think is in a fluid state because we are molding it and it is subject to change.

However, someone of an advanced age has reached a point where their identity and way of thinking has been set and established.

According to the Association for Psychological Science, older people may "have a resolute adherence to his own ideas and opinions."

Thus, they are less flexible and less willing to adapt; however, they still may be open and respect other people's ideas but that does not necessarily mean they will change their way of life.

Overall, both those of old age and youth differ in several different ways but they each complement one another. Each group can learn from the other because they each have strengths and weaknesses. For instance, when it comes to asking for advice I may go to a parent, but when it comes to working with excel my grandmother might come to me. Therefore, each one complements and helps the other.

Are the past and present ideological concepts?

By Savannah Pinnock
Opinion Editor

The desire to explore and unearth the mysteries surrounding the unknown is characteristic of humanity. Our unquenched curiosity is fueled by our intellectual capacity. In fact, this may be the primary reason why you have found yourself reading this article.

Our ability to communicate interpersonally and ponder why certain phenomena occur has been the source of a myriad of interdisciplinary fields and academic scholarship.

We desire to learn more about the world around us which prompts us to ask a series of often cosmological and ontological questions.

The importance of this human characteristic is that it has led physicists and other scientists around the globe to attempt to answer one of life's great questions. What is time? And is it real or simply an ideological concept?

Within the early 20th century Albert Einstein published his Theory of Relativity. This theory sought to provide an answer for the mystery of time. In his theory Einstein suggested that "all motion must be defined

relative to a frame of reference and that space and time are relative, rather than absolute concepts." In other words, Einstein came to the heavily substantiated conclusion that time is a relative notion. It is not a tangible and constant entity but something that is a bit more elusive.

To illustrate the relativity of time, Einstein revealed to the scientific world that time does not move at the same pace for everyone. Such a revelation is truly ground breaking even for modern day society.

For the everyday person who is not well versed in physics and other scientific disciplines it may come as a surprise to hear that time is truly relative.

In virtually all social spheres there seems to be a common consensus that is reached as it pertains to time. It appears the clear majority of individuals believe that time is permanent concept when it is actually quite the contrary.

In fact, a fast-moving passerby may perceive his surroundings as slower than that of someone who was not moving. In this sense, it is clear to see that time is subject to a greater or lesser degree of relativity.

What is even more striking is Einstein's perspective on time itself. The theoretical physicist suggested that as a physicist, he

knew that "that the distinction between past, present and future is only a stubbornly persistent illusion".

Einstein's stance on the past, present, and future is truly eye opening even to this day as it makes it abundantly clear that time is simply an illusion.

With this being said, is Einstein suggesting that the past, present and future are simply figments of our collective imagination? In a greater sense, is he suggesting that time is a human construct?

Taking a closer look at the physicist's statement towards time, it must be emphasized that the illusory nature of time lies within the distinction between the past, present, and the future.

According to Einstein, there is no true distinction between the past and the future instead our existence is singular; time is singular and not subject to compartmentalization.

One of the world's brightest and ingenious scholars solved the mystery of time which has allowed humanity to understand that the ubiquitous nature of time is not one to be feared. In fact, there's a subtle hope found in the understanding that time is ideological, singular, and relative. It allows one to understand that we are always in the

present and experiencing a series of now's. The past is just a series of presents and the future is the present that has not occurred yet.

With this in mind, if the future has not occurred yet, it is more of an ideology and the past is just the same as it only exists in terms of our memories.

So, find solace and comfort in knowing that the time is now no pun intended to achieve your goals. The future is an ideology and the past a memory, but the present is a very real entity.



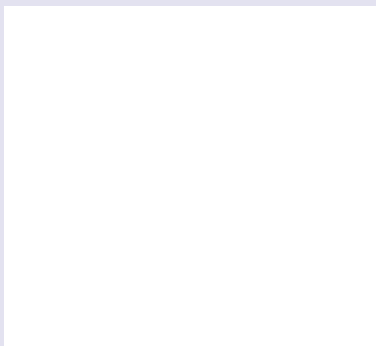
Graphic by Savannah Pinnock
@wilkesbeacon
Savannah.Pinnock@wilkes.edu

Meet the Majors

This week's major: Criminology

Photos and Interviews by
Nick Filipek
Staff Writer

Every week, The Beacon will offer a chance for majors to be placed in the spotlight. Each student that gets chosen will have a few words to express why they chose the major and how they feel it will benefit them in the future.



Sarah Pendley
Senior

Sarah Pendley is a senior. She states that "I'm a criminology major because I want to change the policies behind our criminal justice system."



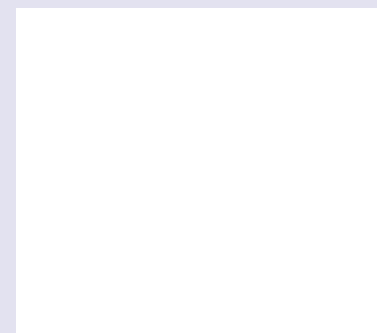
Paige Thomas
Junior

Paige Thomas is a junior. She states that "I'm a criminology major because there's a lot that I can do in the field, and it's very interesting to study."



Matthew Stever
Junior

Matthew Stever is a junior. He states that "I became a criminology major because I want to help people that can't help themselves".



Gabrielle Molitoris
Junior

Gabrielle Molitoris is a junior with a passion for criminology. She states that she "chose to be a criminology major because it gave me an opportunity to help people who can't help themselves and who are the most vulnerable people in our society."

Can materialism be a vice? Or can it be a virtue?

By Zarqua Ansari
Staff Writer

Before you begin to read this article, I want you to think. What do you think the answer to this question is? Is being materialistic an immoral and wicked behavior or is it a behavior showing high moral standards?

Remember your answer and take into account the point I make and see if your answer has changed in any way by the end.

Spirituality which is the antithesis of materialism has been a respected attribute of humanity for many centuries. The Abrahamic religions consisting of Christianity, Judaism and Islam feature spirituality as an omnipresent adhesive that speaks to the core of their message.

Overtime, the value of spirituality has seemed to decrease. In fact, spirituality often asks one to practice humility which is widely considered to be a weak trait in modern society.

With that being said, in order to truly assess whether materialism is a vice or a virtue one must understand if the antithesis of this attribute is a vice or a virtue.

In terms of humility which lends itself

well to spirituality, it can be seen as a characteristic of low self-esteem and personal degradation. Despite humility having a negative connotation in modern society, it's lasting effects still cloud society's mentality today.

In fact, in the past great influencers such as Ghandi to Benjamin Franklin perceived humility as a virtue.

For this reason, upon hearing the question my instinct like I assume many of you experienced was to jump on board with this response. If these influencers subscribe to the sound view that humility which is virtually the antithesis of materialism is a virtue, it seemed relatively easy to state that materialism was in fact a vice.

After all being humble meant one wasn't being proud. Pride is considered to be one of the "seven deadly sins" and can come as a result of materialism and attaining one's physical desires in reference to wealth and social standing.

However, upon researching humility I found where the argument of humility being a vice could arise. The first point was made by my father. He pointed out that if a person is too humble, they would not find any satisfaction in any of the good work

they may do.

This wasn't enough to goad me into thinking that humility is a vice and thus materialism is a virtue, but enough to push me out of thinking humility is really as great as it was cut out to be.

A confident and materialistic person can go a long way on just confidence alone. Again, this is provided that the confidence is displayed in moderation and does not become pride. Overconfidence is just as bad as underconfidence. In this way, it is clear to see that the two can be virtues as well as vices.

It must also be said that humility in too little dosages makes a person come across as snobbish or arrogant. This would drive other people away simply because a pride-filled person is pretty awful to be around.

It was also brought to my attention that the word humility is so close to the word humiliation. Humility may require acts of passiveness in response being degraded. The saying goes "any self-respecting person" would fight back.

If a person is humble enough, they might let the humiliation take place simply because they don't have the self value that one with even a grain of pride in their heart might.


This still begs the question; is materialism a vice or virtue? On one hand, materialism is what keeps can allow a person to stay grounded.

The story of Icarus is always one that comes to mind. Icarus flew too close to the sun and caused his wings to melt, plummeting him to his death in the water below.

In this case, his lack of humility and pride which may have derived from a materialistic ideology had cost him his life. However, on the other hand, "too humble is half proud".

This proverb states that the more humble individual may be taking pride in the fact that they are so humble. This person would perform a great deal of humiliating acts in an attempt to "fish for compliments" and gain praise.

Has your answer swayed even a little from the beginning? Are either of these points enough to qualify materialism as a vice or a virtue? That's entirely a matter of personal interpretation. I hope I've made you think a little though.

 @wilkesbeacon
Zarqua.Ansari@wilkes.edu

Disturbed drops its second post-hiatus album

RHYTHM  **REWIND**
with Parker Dorsey

By Parker Dorsey
Asst. Opinion Editor

American rock band Disturbed just released its new album *Evolution* on Thursday. Comprised of vocalist David Draiman, guitarist Dan Donegan, drummer Mike Wengren and bassist John Moyer, they are a band that popularized the nu metal sound in the late 90's and early 2000's. and This is the bands second album since coming back from their hiatus in 2015.

Much like the previous album, *Immortalized*, this album marks an even more pronounced stylistic shift. This is an album that is poised to be commercially successful and accessible. Draiman has said that this is the band's "Black Album," in reference to Metallica's legendary 1991 self-titled release.

In an interview with *Metal Hammer* he said, "We've always used that as a goal — the record that literally every single track on it could be a hit. A record that

breaks doors down, that opens up new opportunities to us, that helps you achieve true immortality as an artist."

This is a lofty statement that has been met with criticism, but the parallels make sense. In the album right before the *Black Album*, the single "One" became one of Metallica's most popular songs. With *Disturbed*, their cover of "The Sound of Silence" on *Immortalized* became one of their most popular songs. Both were softer songs compared to the majority of the rest of their material.

The *Black Album* marked Metallica's shift from thrash metal into hard rock in the mid 1990's. *Evolution*, much like the *Black Album*, is marking a shift in *Disturbed*'s sound from heavy metal into a softer shade of mainstream rock.

Evolution is the tale of two albums. Half of the songs on the album are ballads, likely due to the success of "The Sound of Silence." While the other half is heavier, it is marred by a slick, squeaky-clean production. This is the result of the producer, Kevin Churko, who also produced albums ranging from Britney Spears, Celine Dion, Five Finger Death Punch and Papa Roach.

That being said, there is a lot to like about this album. Draiman's voice is as powerful and dynamic as ever, and Donegan has very tasty guitar leads on tracks like "Saviour of Nothing" and "No More." A lot of the best lyrics come on the ballads, with tracks like "Hold On to Memories" and "Already Gone" both being about reminiscing on those who have passed.

However there is a lot to dislike about the album too. While the ballads are competently done, they are quite jarring for a *Disturbed* record and mess with the flow of the album. The drums do not sound natural and sound far beyond processed. There is no punch or depth in the sound and it's very poppy.


For a band who has said that the inspiration for their name was that they found conformity disturbing, it is disappointing to see them release a record that seems destined to be swallowed into the void of standard-fare commercialized hard rock albums. The ballads feel incredibly out of place on a *Disturbed* album, and while experimentation should be praised, the album as a whole sounds watered down.

If the band's goal was to release their

most commercially accessible album ever, one that almost anyone can listen to and will spawn numerous arena staples for live performances, then this is *Disturbed*'s *Black Album*. But for *Disturbed* diehards this is a slap in the face, and a complete antithesis to the band's message in the 2000's.

Parker's Picks: "Saviour of Nothing," "In Another Time," "No More"



 @wilkesbeacon
Parker.Dorsey@wilkes.edu

Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the Sports Editors: Benjamin.Mandell@wilkes.edu or Kirsten.Peters@wilkes.edu

Riley brings family coaching legacy to Wilkes

By Tyler Aldinger
Staff Writer

The tedious process of finding and hiring a head coach who would be skillful enough, as well as demonstrate the ability to start and build a new athletic program at Wilkes was not easy.

The Wilkes Athletic department had their hands full with this important decision. One man who made their job easier was Brett Riley.

Born in the suburbs of Boston, Mass. in 1991, Riley grew up with a hockey stick in his hand. His father and grandfather together built a family legacy in the name of hockey. Now,

Wilkes has the pleasure of having the son and grandson of these well-known hockey coaches continue on their hockey legacy at Wilkes.

Riley was eventually offered the job as the men's ice hockey coach due to his successful playing and previous coaching career at Albany, coupled with his family history in hockey. He has since been welcomed into the Wilkes community with open arms.

He brings to the table a passionate display of building a hockey team at Wilkes, as well as for the game of hockey and has demonstrated this through his recruiting ability.

Riley has put together the best recruiting class across both Division II and Division III men's ice hockey, according to NeutralZone, which is a hockey website dedicated to in-depth amateur scouting, coverage and rankings.

The long process of recruiting players to come to play for a university that has never had an ice hockey team before proved to be an arduous task. For Riley, it was a lot of traveling and finding the right players.

"Finding guys with hockey-sense and guys who can really think about the game was one of the keys to finding the right type of hockey players we look to have here," Riley said.

When looking for this type of player, Riley came across Taylor Bommarito and Michael Gurska.

"Coach Riley was a big factor as to why I decided to come here," Gurska said. "The dedication he already has with this program is great."



Photos: Wilkes Athletics/Sports Information

Riley spent fifteen months searching around North America from Florida to West Canada to find these players. Riley's recruiting tactics were successful, as he brought in a total of 31 hockey players, most of which have experience from junior league hockey.

Recruiting is a large part of building a Colonels hockey team for this season as well as for the future of the program and building Riley's credibility.

Not only do Riley's recruiting capabilities help mold his reputation, but his family background in the hockey world have helped shape him into the coach he is today.

Riley becomes a third generation hockey coach at age 27, following in the footsteps of his father and grandfather, who both had very successful coaching tenures in their career.

The legacy began in 1920, with John "Jack" Riley. Jack began playing hockey at a young age in prep school and later attending Dartmouth College where he continued his hockey playing career. Jack eventually made

his way onto the 1948 U.S. Olympic team, which was disqualified due to a controversy between two U.S. teams being sent to that year's Olympic games.

This did not slow down Riley as he became the head coach of the Army West Point men's ice hockey team in 1950 and continued to coach the team until 1986.

Jack is most well-known for being the head coach of the 1960 U.S. Olympic team at Squaw Valley.

The honor of being an Olympic coach was a great opportunity for Jack. He coached the team to the finals at Squaw Valley, where they defeated Canada to win the gold medal.

"Miracle on Ice" was the name given the 1980 U.S. Olympic ice hockey team, but the 1960 Olympic team was the first ever U.S. team to win a gold medal.

This 1960 team was led by none other than Jack Riley.

Jack's success did not stop there, as he returned to Army West Point to continue coaching the Cadet's. He coached the team

to three straight quarterfinals, with winning records and a lot of hockey talent.

Jack continued coaching the Cadets until 1986. The job was taken by an up-and-coming hockey coach, his own son Rob Riley.

Rob continued the Riley legacy at Army West Point, from 1986 to 2004. Rob, much like his father, grew up in the rink, playing for the Boston College hockey team.

Much of Rob's success as a coach for the Cadet's came beginning in 2000, as he led the team several years in a row to the Metro Atlantic Athletic Conference.

Rob ended his coaching career at Army in 2004 and was replaced by his brother Brian Riley, who is the third consistent Riley to coach at Army West Point.

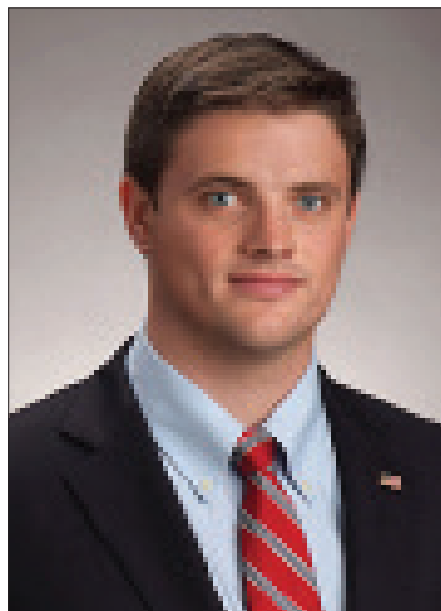
Brian had and continues to have success much like the Riley's before him at Army West Point.

Now, Brett Riley is starting a new chapter here at Wilkes and is heavily anticipated to live up to his father and grandfather who have established a well-known identity and history in hockey.


Although this sounds like a lot to live up to, Riley believes in the advice that his father and grandfather have given him.

"They taught me to be myself and do what I think is right when coaching," Riley said.

Riley looks to use this advice during his time here at Wilkes and his coaching career to build on the Riley legacy in hockey.



Brett Riley

 @wilkesbeacon
Tyler.Aldinger@wilkes.edu

MSOC: Colonels struggle early in loss to Misericordia

By Ben Mandell
Co-Sports Editor

EDWARDSVILLE, Pa-- The Wilkes University Colonels failed to comeback in the second half against Misericordia as they lost 3-0.

The Colonels started out looking like a faster team and possessing the ball for the first part of the game. Misericordia quickly got their feet underneath them and Charles Gugel found the back of the net for the Cougars with eighteen minutes and twenty-one seconds left into the first half.

Misericordia kept their feet on the gas as they continued apply pressure on Stephen Johnson, the Colonel goalkeeper. Johnson did everything in his power to keep the ball out and his team in the game but Jared Houser of Misericordia beat Johnson on his own rebound to put the Cougars up 2-0.

The Colonels started to pick things up as they knew there was a large mountain to climb to get back into the game. Kyle Bentz of Wilkes almost found the answer they needed as he took a pass from freshman Gabriel Nieves for breakaway. Bentz took his shot but he pushed it just wide of the net, and the Colonel threat quickly passed.

The score remained 2-0 going into halftime.

"We needed to communicate more, play with a high intensity and press them more," Senior Captain Camry Huff said. "We needed to just be all around better."

Wilkes started the second half strong and they saw a quick result. Huff capitalized on a great feed from Jeremy Eager-Hefner to cut the lead down to 2-1.

Wilkes continued to press as they looked like a brand new team on the field. They generated offense and continued to

to bury the easy goal.

With the score 3-1 and just under 20 minutes left, the Colonels found themselves back to where they started. The wind had left their sails and the Cougars were able to cruise to a 3-1 win.

"We needed to focus more," Colonel

continued to wind down as three Cougars picked up yellow cards, two of them going to Vincenzo Diliberti, giving him a red card and an ejection.

"Our first rule as a team is to control our tongue. Misericordia, whether it was right wrong, had some language issues," Piranian said. "It's a focus of ours to control ourselves."

The Colonels sat at 2-3 in the MAC Freedom and go into their final two conference games needing to win to advance to the conference tournament.

"I'm nervous, after a game like this. It makes me feel very apprehensive," Piranian explained. "We have a guy coming back from injury and a guy coming back from suspension which will hopefully add to our repertoire and put some wind back in our sails."

Saturday the Colonels fell 3-1 in a conference game to Manhattanville. Their MAC freedom record is now 2-4.

Misericordia 3, Wilkes 1

Misericordia `2` 1- 3

Wilkes `0` 1- 1

First half- 1. MIS, Charles Gugel, 26:39; 2. MIS, Jared Houser, 18:36. **Second half-** 3. WIL, Camry Huff (Jeremy Eager-Hefner), 39:40; 4. MIS, Nick Szczerba, 29:04.

Shots- MIS 11; WIL 8. **Saves-** MIS 3; WIL 4. **Corner Kicks-** MIS 3; WIL 3. **Fouls-** MIS 17; WIL 9.



The Beacon/Kyle Kraemer

Hunter Maxwell looks to push the ball forward while running the point of the Colonels' attack during a Sept. 26 game against the University of Scranton.

work themselves into the game.

Misericordia, trying to escape some of the colonels pressure sent the ball down to Johnson in the Colonel goal. Johnson fumbled with the ball and Nick Szczerba of Misericordia sprinted down the field

head coach Michael Piranian said. "We need to realize how we should be playing, what we need to look at and how we need to contest."

The game started heating up between some of the Cougars players as time



@wilkesbeacon

Benjamin.Mandell@wilkes.edu



Cross Country (Men's and Women's)

8/31 @ Misericordia Invitational
Men's 5th, Women's 4th
9/8 @ Stevenson Invitational
Men's 5th, Women's 8th
9/15 @ Cougar Classic
Men's 4th, Women's 4th
9/29 @ Mount Saint Mary
Men's 4th, Women's 5th
10/6 @ Desales Invitational
Men's 15th, Women's 13th
10/13 @ Inter-Regional Border Battle
Men's 41st, Women's 38th
10/19 @ LVC Last Chance Run Fast
Men's 7th
10/27 MAC Championships
(Stevenson)
11/10 NCAA Midwest Regional
(DeSales)

Fall Sports Schedules

Women's Volleyball

8/31 @ PSU-Hazleton, W 3-0
9/1 @ Clarks Summit, W 3-0
9/1 @ Lycoming, L 3-0
9/1 @ Penn College, W 3-0
9/4 @ PSU-Brandywine, W 3-0
9/6 vs. Lancaster Bible, L 3-1
9/8 @ PSU-Harrisburg, W 3-1
9/8 @ Shenandoah, W 3-2
*9/12 vs. Manhattanville, L 3-2
9/15 vs. Cairn, W 3-0
9/15 vs. Wesley, W 3-1
*9/18 @ FDU-Florham, L 3-1
9/20 vs. Clarks Summit, W 3-0
9/22 @ Brooklyn College, W 3-0
9/22 @ Rutgers-Camden, W 3-1
*9/26 vs. Delaware Valley, W 3-0

9/28 @ RIT, L 3-1
9/29 @ Morrisville State, L 3-1
9/29 @ SUNY Cortland, L 3-0
*10/2 @ Eastern, L 3-0
10/4 @ PSU-Berks, W 3-2
10/6 vs. New Jersey City, W 3-1
10/6 vs. PSU-Altoona, W 3-0
10/8 @ Keystone, W 3-1
*10/10 vs. King's, L 3-1
*10/16 @ DeSales, L 3-0
10/18 vs. Bryn Athyn, W 3-0
*10/24 @ Misericordia, 7 p.m.
10/27 vs. Marywood, 10 a.m.
10/27 vs. Rutgers-Camden, 2 p.m.
*MAC Freedom
Home matches @ Marts Center

Field Hockey

x-8/31 @ Susquehanna, L 3-1
x-9/1 vs. Kean, W 1-0
9/5 @ Keystone, W 3-0
9/8 vs. Widener, L 5-4 (SO)
9/13 vs. Cedar Crest, W 3-1
9/15 @ Alvernia, L 2-0
9/19 @ Moravian, W 3-2
*9/22 vs. Eastern, W 6-3
9/25 vs. U. of Scranton, L 3-1
*9/29 @ Manhattanville, W 3-2
10/3 @ Elizabethtown, L 2-1
*10/5 @ FDU-Florham, L 1-0 (OT)
10/8 vs. Arcadia, L 5-3
*10/12 @ Delaware Valley, W 4-1
*10/18 vs. King's, W 5-3
*10/20 @ DeSales, L 3-1
*10/24 @ Misericordia 7 p.m.
*MAC Freedom
x-Connie Harnum Classic
Home games @ Schmidt Stadium



Puig and Dodgers look to make good on their promise

By Ben Mandell
Co-Sports Editor

The Dodgers beat the Brewers in game seven to advance to the "Fall Classic" for the second straight year. As Los Angeles fought through Milwaukee, their World Series opponent from the American League sat back and watched. The Boston Red Sox beat the defending world champion Houston Astros in five games.

The Dodgers opened up the postseason with game number 163, a tie-breaker with the Colorado Rockies for the NL West division title. After winning that game, Dodgers right fielder Yasiel Puig said "And we're going to the World Series again. And this time, we're going to win the World Series."

The Dodgers met the NL East champion Atlanta Braves in the NLDS. Los Angeles made quick work of "the Braves" and moved on to face the Milwaukee Brewers, the team with the best regular season record in the National League.

The Brewers put up a good fight, as the Dodgers found themselves down 2-1 after the first three games. Things turned around in the 14th inning of game four in the "City of Angels" as Cody Bellinger delivered a walk-off single. Bellinger would go on and hit the go-ahead home run in game seven, leading to him being named NLCS MVP.

The Red Sox won their division, the AL East with the best regular season record in baseball. Their first

task was the AL Wild Card winner and division rival New York Yankees. Boston moved past the Yankees with ease in just four games to face Houston.

The Astros were favored to win the World Series coming into the season, and their biggest threat, supposedly, the Yankees, was eliminated. Astros third basemen Alex Bregman took to social media to taunt the Red Sox of a home run hit off of Nathan Eovaldi in the regular season. The Red Sox were able to tune out the noise and pushed past Houston, winning the series in five games, including three road wins.

As these two teams get set to begin a highly anticipated series today. The key for each team is simple, pitching. Both teams have dangerous lineups that are stacked with stars. The Red Sox boast a group that consists of AL MVP candidates Mookie Betts and J.D. Martinez, along with Andrew Benintendi, Xander Bogaerts, Rafael Devers and the ALCS MVP Jackie Bradley Jr.

The Dodgers roll out a group that has Cody Bellinger, Manny Machado, Max Muncy, Justin Turner, Matt Kemp, and Chris Taylor.

Both lineups are capable of running up the score, so pitching will be the key for both teams. The Dodgers are going to have to figure out how to stop the dynamic duo of Betts and Martinez. The two are so talented that Martinez, normally a designated hitter will be forced into a position on the field so they can keep his

explosive bat in lineup. Martinez came close to winning the triple crown as he finished second in the American League in batting average with .330, second in home runs with 43 and first in RBI's with 130.

Boston is also going to have to shut down the combination of Machado and Bellinger. Bellinger, last year's NL Rookie of the Year helped lead the Dodgers' offense in the absence of Cory Seager, who was injured early in the year for the entire season. Machado was aquired at the All-star break from Baltimore and has helped push L.A. into the post season. Machado had 37 home runs and 107 RBI's between his time in Baltimore and L.A. in 2018. Machado also is one of the biggest pending free agents heading into the offseason, leaving him with plenty of motivation to prove he can carry a team through October.

With the health of Chris Sale a question following a rough ALCS due to an infection from a belly button ring, the starting pitching edge goes to L.A. The Dodgers have one of baseball's best in Clayton Kershaw, rookie phenom Walker Buehler, Rich Hill and Hyun-Jin Ryu. As long as Sale is healthy, the Red Sox have Sale, Rick Porcello, David Price and Eovaldi. Sale and Kershaw are so good they cancel each other out if they are both at the top of their game, but the others mostly favor the Dodgers.

The issue L.A. will have is that the Red Sox bullpen is better. Craig Kimbrel leads the group, followed by Joe Kelly,

Matt Barnes, Heath Hembree and Ryan Brasier. The Dodger 'pen consists of Kenley Jansen on the back end, then followed by Pedro Báez, Kenta Maeda, Alex Wood and Caleb Ferguson. This Dodgers group is talented, but the Red Sox bullpen has been very good throughout the postseason and the Boston lineup is a scarier match-up late in games.

The Red Sox have a better lineup and are a well rested team. L.A. just fought for seven games with Milwaukee to claw their way into the World Series. Those extra innings that the Dodgers' bullpen has on it will weigh on them as the season reaches its peak. Boston is well rested and flying high after beating the Astros.

The Beacon Staff opinions

Luke Modrovsky (Editor-in-Chief)-
Boston in five games

Ben Mandell (Co-Sports Editor)-
Boston in seven games

Kirsten Peters (Co-Sports Editor)-
Boston in six games

Madelynn Davis (Co-News Editor)-
Boston in six games

Parker Dorsey (Asst. Opinion Editor) -
Los Angeles in seven games

Tyler Aldinger (Staff Writer)-
Boston in six games



@wilkesbeacon

Benjamin.Mandell@wilkes.edu



Fall Sports Schedules

Women's Soccer

8/31 @ PSU-Berks, PPD
9/5 @ Ithaca, L 1-0
9/8 vs. Marywood, W 3-2
9/12 @ William Paterson, W 1-0
9/15 @ Bard, L 3-1
9/19 vs. Susquehanna, L 2-1
9/22 @ #14 Arcadia T 2-2
9/25 @ U. of Scranton, L 2-0
*9/29 vs. Delaware Valley, W 1-0
10/3 vs. Kean, W 1-0
*10/6 vs. DeSales, W 2-1
*10/10 @ King's, W 2-0
*10/13 @ Eastern, W 5-0
*10/16 vs. Misericordia, L 3-0
*10/20 vs. Manhattanville, W 6-0
10/23 vs. Oneonta, 7 p.m.
*10/26 @ FDU-Florham, 7 p.m.
*MAC Freedom
Home games @ Schmidt Stadium

Football

9/1 vs. Hartwick, L 28-24
9/8 @ Lebanon Valley, W 30-27
*9/15 @ Delaware Valley, L 21-10
*9/22 vs. Misericordia, L 47-45
*9/29 @ Alvernia, W 34-14
*x-10/6 vs. Albright, W 47-43
*10/12 @ FDU-Florham, W 31-16
*10/20 @ Stevenson, L 33-21
*10/27 vs. Lycoming, 1 p.m.
*y-11/10 vs. King's, noon
*MAC
x-Homecoming
y-Mayor's Cup
Home games @ Schmidt Stadium

Men's Soccer

8/31 @ PSU-Berks, T 1-1
9/3 @ Marywood, W 2-0
9/8 vs. Moravian, L 4-1
9/12 vs. Clarks Summit, W 4-0
9/15 @ Keystone, L 2-1 (OT)
9/19 @ Susquehanna, W 1-0
9/22 @ Stevenson, L 2-1
9/26 vs. U. of Scranton, W 3-1
*9/29 vs. Delaware Valley, W 3-1
10/3 @ Lancaster Bible, W 1-0 (OT)
*10/6 vs. DeSales, L 3-1
*10/9 @ King's, W 2-1
*10/13 @ Eastern, L 5-1
*10/17 vs. Misericordia, L 3-1
*10/20 vs. Manhattanville, L 3-1
10/24 @ Penn College, 7 p.m.
*10/27 @ FDU-Florham, 7 p.m.
*MAC Freedom
Home games @ Schmidt Stadium



Getting to know...

Devon Fink

Senior Football Player

The Beacon: Male Athlete of the Week Oct. 6 - Oct. 14

Why Devon Fink was selected: Fink proved to be imperative in the Colonels 31-16 win against FDU-Florham, having two interceptions and holding the number one receiver in the MAC, Mike Panzarino, to 33 yards and zero touchdowns.

Name: Devon Fink
Year: Senior
Major: Middle School Education
Minor: Special Education
Hometown: Pottstown, Pa.
High School: Pottsgrove HS
Position: Cornerback

If you had to choose one thing about your program that you could improve, what would it be?

Do more activities that would help the team bond.

Favorite Professor?
Professor Kaster.

Coke or Pepsi?
Pepsi, just because of Mountain Dew.

Favorite meal to eat on campus?
A bacon, egg and cheese from Grille Works.

Most influential person in your life?
My entire family influences my life!

A quote you live your life by?
"Change the way you look at things and the things you look at change."
- Wayne W. Dyer

Driving force for your decision to come to Wilkes?

I chose Wilkes because of the loving environment here on campus, along with being recruited by such a caring coaching staff at a successful university that cares about each of its students.

Post-graduation plans in terms of a career?

I would like to educate middle school students on the subject of history and also coach a sport in the school district.

Favorite building on campus?
Breiseth.

What came first? The chicken or the egg?
The chicken.

Hopes for this season as a Colonel?
I'm hoping that we can change the program by obtaining a winning record and creating a better opportunity for the future to have success as a Wilkes football team.

When/Why did you first begin playing?
When I was five, I started playing football because I loved to watch it and my parents taught me that I could do anything I put my mind to.

Favorite thing to do during practice?
Talk smack to our offense!

What does "Be Colonel" mean to you?
To represent not only Wilkes University, but to represent anyone who has been there for you in your life and all of the hard work you put in.

If you could have dinner with a famous person from the past, who would it be?
MLK or Tupac.

Anyone to give a shout-out to?
No shout-outs! I would like to thank God for blessing me with everything I have and every opportunity that He has given to me.

-Compiled by Kirsten Peters, Co-Sports Editor

Editor's note: Athlete of the Week selections are determined by the sports staff each week. At the end of the academic year, we will post a reader poll on Twitter @WilkesBeacon to crown an "Athlete of the Year."

The Beacon/Kirsten Peters

Getting to know...

Jessica Egan

Junior Soccer Player

The Beacon: Female Athlete of the Week Oct. 6 - Oct. 14

Why Jessica Egan was selected: Egan scored two goals in back-to-back games, including the game-winning penalty kick against King's on Oct. 10 as well as the first goal of Wilkes' 5-0 shut-out against Eastern on Oct. 13.

Name: Jessica Egan

Year: Junior

Major: Nursing

Hometown: West Long Branch, NJ

High School: Shore Regional HS

Position: Defender

I wish more people would come out and support other sports teams.

Favorite professor?

Dr. Victor.

Coke or Pepsi?

Coke.

Driving force for your decision to come to Wilkes?

The accredited nursing program.

Other interests or hobbies off of the field?

Working out, reading and spending quality time with friends and family.

Post graduation plans in terms of a career?

To pursue my degree and become a Registered Nurse with hopes of attending graduate school.

Favorite meal to eat on campus?

Wraps and salads from Greens to Go.

Favorite building on campus?

Stark.

Most influential person in your life?

My parents.

What came first? The chicken or the egg?

The egg.

A quote you live your life by?

"Let me fall if I must, the one I will become will catch me."

Hopes for this season as a Colonel?

To build as a team by pushing past our individual battles and reaching our team goals.

What does "Be Colonel" mean to you?

Being a Colonel means doing the right things for the right reasons, always.

When/Why did you first begin playing?

I genuinely loved staying active as a kid and my dad was a great coach. We grew close through the sport and I've loved it more and more ever since.

If you could have dinner with a famous person from the past, who would it be?

I'm not interested in meeting famous people from the past. I would chose my grandfather because I am greatly invested in the people who came before me and made me who I am today.

Favorite thing to do during practice?

Set pieces and small possession games.

Anyone to give a shout-out to?

My 317 ladies! Thank you for keeping me sane!

If you had to choose one thing about your program that you could improve, what would it be?

-Compiled by Kirsten Peters, Co-Sports Editor

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The Beacon/Kirsten Peters



Wilkes vs. Lycoming

Saturday, Oct. 27
1 p.m.
Schmidt Stadium

Check out next
week's issue for
coverage.



The Beacon/Kirsten Peters



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