

THE BEACON

The news of today reported by the journalists of tomorrow.

Wilkes Women's Soccer

Wilkes ranked No. 2 faces DeSales No. 3 in title game

Full story on page 19

The Beacon/Purvit Patel

News

Have a breaking story or a press release to send? Contact the news editor: alyssa.mursch@wilkes.edu

Beacon Briefs

SNPhA Pop-Up Thrift Shop

The Student National Pharmaceutical Association (SNPhA) will be having a pop-up thrift sale in the Henry Student Center Lounge on from 11 a.m. to 1 p.m. Nov. 8 and Nov. 10.

 $\ensuremath{\mathsf{SNPhA}}$ will be selling donated clothing, appliances, accessories and the like.

This sale will serve as a fundraiser for the club, and items that do not get sold will be donated towards the St. Vincent de Paul clothing drive in Wilkes-Barre.

If any students have any items of clothing that are in good condition and not needed anymore, they are invited to donate to this sale by reaching out to Megan Ciborowski at megan. ciborowski@wilkes.edu or Vanessa Ejiofor at vanessa.ejiofor@wilkes.edu before Nov. 8.

Buffalo Wild Wings Fundraiser

On Nov. 18 from 6 p.m. until close, Buffalo Wild Wings will be donating 10 percent of customers' total bill to the Wilkes University Gold Bar Club with the presentation of the attached ticket.

The Wilkes University Gold Bar Club is a campus organization composed of students looking to further their leadership abilities and/or become officers in the United States Air Force.

Students are asked to come out to support them in their efforts to raise funds and increase the opportunities available to students in this club

"She's The First" Bake Sale

On Nov. 8 in the Henry Student Center, Wilkes WGS and PSI CHI will be selling \$1 cupcakes to support a girl in need of an education. There will be gluten-free and vegan options available.

Last year, the clubs raised \$400 and supported a girl from Africa named Gift Kaaya. This year they hope to meet that goal and support another girl.

table of contents

news.....2

life, a&e......7

Wilkes University Student Government notes

By Meghan Burns Staff Writer

On Wednesday evening, Wilkes University Student Government held its weekly meeting.

To begin the meeting, the Wilkes University Ultimate Players Association presented their Constitution Revisions for week two of two.

The main revisions included a breakdown of the executive board responsibilities and the addition of Article 6. The new article explains the process of removing an officer. A motion was put forth to approve the revisions. The board voted and approved the motion.

The No Shave November event came in to present their updates for week two of two. The event will now begin Nov. 7. The Student Government will be voting on the winners at the end of the month. After voting, the group decided that the winner will receive a \$50 Amazon gift card.

A motion was made to allocate \$415 to the No Shave November event. The board voted and approved the No Shave November Event.

The Spirit Committee presented their updates to the Student Government for

week two of two. They will be sponsoring the Mayor's Cup football game. The committee presented various options for the giveaways.

A motion was made to allocate \$1,886.25 for each person to receive a T-shirt and if they sign the It's On Us Campaign ribbon they will have the option of receiving a headband or beanie. The board voted and approved the motion.

Student Government discussed the possibility of holding a lock-in after Casino Night. The board voted to revisit the issue later in the semester or in the spring semester.

Student Government also discussed participating in the Wilkes-Barre Christmas Parade on Nov. 19.

The Academic Standards committee met and discussed raising the GPA required to achieve Dean's List. They also spoke about the possibility of changing the graduation walking requirements to allow students to walk with their class if only a few classes are needed for them to graduate.

The Academic Planning committee met and eliminated three areas of focus at Wilkes. These include the gaming track in computer science, the master's degree of coaching and the classroom technology focus Operations met and discussed President Leahy and his family moving onto campus. They also informed Student Government that the construction for the new Media Center is underway.

Lastly, within the resident halls the water coolers will be changing.

Operations committee also reminded students of the upcoming events including Passport to Science on Nov. 5 and the John Wilkes Society Brunch on Nov. 20.

The MSC will be holding a food drive throughout the month of November and students are asked to donate. On Nov. 9 they will be co-hosting a coffee hour with all of their sister clubs.

Commuter Council reported they are completely sold out their New York City bus trip tickets. They will be accepting names for a wait list.

Programming board reminded students Wing Wars and the wing eating contest will be held next week in the SUB ballroom.

The Treasurer's Report stands as follows: All College: \$2,167.47; General Funds: \$1,380.92; Conference: \$2,853.36; and Spirit: \$2,000 for a SG total of \$8,059.74.

@wilkesbeacon meghan.burns@wilkes.edu spread.....12

opinion.....14

sports.....19

Executive Director for the Center resources are and what you can expect."

of Global Diversity at Wilkes, Georgia

idea of how to help them, what their With this simulation they can get a better income families in their chosen profession. "Students might have to deal with low "It's a great eye opener," Acosta said. to deal with in their lives.

system that they might not otherwise have opportunity to see, feel and navigate a

the simulation will give students the for Diversity Initiatives, hopes that Acosta, Associate Director Frica experience. try to survive a simulated month-to-month

on various roles in a low income family, and During the simulation, students will take have had to deal with before in their lives. of the facets of poverty that they might not first-hand experience in dealing with many The simulation will allow students to get

Wilkes University on Nov. 14. experience poverty in America will occur at

A simulation that will let students

about these people actually going out to

Clinton to be 3 to 1 over Donald Trump.

Recent polls conducted by USA Today

have failed to connect with this generation,

both Donald Trump and Hillary Clinton

electorate is tied for the largest percentage,

electorate. Even though the millennial

will take up a whopping 62 percent of the

the Baby Boomer and Millennial generation

will be tied with the Baby Boomer generation

voting cycle ever, the millennial generation

president of the United States. For the first

Trump will be voted to become the 45th

Clinton or Republican Nominee Donald

heavyweight prize on Election Day will be

head to the polls for Election Day. The

On Nov. 8, Americans across the country

Either Democratic Nominee Hillary

with a percentage of the electorate.

the presidency of the United States.

Opinion Co-Editor

According to the Pew Research Center,

according to polls.

Staff Writer By Zachary Smith

Nov. 14 to Nov. 17. Diversity International International week, which goes on from The event is part of Diversity

students that get overwhelmed by the sessions will also be available for any questions they might have. Counseling their experiences and get answers to any event, which will allow students to share answer session immediately following the two hours and will include a question and The simulation will run for roughly

explained. something to take away from it," Acosta learning experience that will give people

"There is no competitive aspect; it is a

not a game.

point that while it is fun, it is a simulation, event occurs, Acosta did want to stress the simulation are kept secret until the actual While details regarding the actual

situations." to look at how others have to face certain

Costalas said. "It was very insightful way me feel lost, it destroyed my self confidence," "I was very impressed with how it made

Costalas, had previously run through the

Erica Acosta at Erica.acosta@wilkes.edu. volunteer to help, they are asked to contact or are interested to find out how they can more information regarding the event, volunteers. If any students would like The simulation is still in need of multiple

with a local social service office is highly information. Familiarity or experience some command of pertinent facts and The caseworkers will need to have

needed. There is also 30 to 80 student volunteers agency staffer and a bank or loan collector. care worker, a school teacher, a faith-based experience in this role, an employer, a child preferably someone who has had real-life receptionist, community action workersocial service caseworkers, a social service rent collector, a quick cash manager, two pawnbroker, a grocer, a mortgage or a police officer, a utility collector, a essential positions to be filled including The simulation is looking for various

Association Club. Affairs and The Latin American Student week is sponsored by the office of Diversity

Erica. acosta (a) Wilkes. contact Erica. you need more information, RSVP with Erica Acosta or if participate in the simulation community role member or/ Be a volunteer to play a poverty simulation: participate in the If you would like to

zachary.smith 1@wilkes.edu

npə

Milkesbeacon

Simulation to give students a detter understanding of poverty

"Donald Trump has directly addressed the millennial age group over Clinton's plan. However, her campaign is not so sound country are better than and specifically for Ferrance believes that Trump's plans for the show millennial support for Hillary

Luzerne County GOP Chairman Ron

able to hire more employees and grow the some regulations so these companies will be taxes, Trump plans to cut business taxes and his campaign. While also slashing personal tax cuts in modern history according to Trump has promised some of the highest with a not as flashy and giving policy plan. policies to the 18 to 34-year-old age group Trump has taken a different approach his in order to garner his old supporters. Donald her and has tried to take most of his policies she has thrown Sanders out to campaign for Since Clinton clinched the nomination,

tabbed to get this group to vote for him. healthcare and several other things were Mainly because his policies of free college, favor of Vermont Senator Bernie Sanders. Clinton during the primary season in group is a block of voters that butchered Donald Trump. The 18 to 34-year-old age the polls and easting a vote for her let alone

"not adding a penny to the debt" would economic plans which she has quoted as Office has projected that under Clinton's According to the Congressional Budget doubled under the Obama Administration. to our national debt while has more than Also, these plans would add drastically

public service life and their love for Bernie that have followed her throughout her by this group of voters due to the scandals mentioned repeatedly. She also is not loved something that the GOP as a whole has do not really make them free and this is that these policies of making things free of voters. However, she does not mention the entitlements she has offered this group

vote more than Trump's plans because of Clinton's plans do attract the millennial issues that make us all less safe."

failed policies or turning a blind eye to through promises of free college, recycled voters. He has not tried to win their votes of these issues affect the 18 to 34-year-old education and security," he explains. "All public through frank talk about jobs,

mark.markowski 1 @wilkes.edu

under these spending plans. their children might not be able to do this opportunities to go to college, however Clinton's policies will give more people the that will be affecting them for years to come. States because they are making a decision what they want for the future of the United the polls on Nov. 8, they must decide on

projects under his plan of tax cuts and not the boat of the debt risers as well. The CBO But the CBO has also placed Trump on

the current president has done himself. really add \$9 trillion to the debt, something

As the millennial generation goes out of percent, something that hasn't happened of the country having a GDP of at least 4 which Trump's tax plan runs a simulation they are projected off the current GDP numbers are somewhat skewed because to \$9.5 trillion to the debt, however these Security. Trump's plan would add more cutting entitlements, specifically Social

By Mark Markowski illennials play a crucial role in 2016 election

Staying ALERRT: Campus safety take part in active shooter training

By Alyssa Mursch News Editor

Over the course of the past few weeks, Wilkes Public Safety has been joined by other local law enforcement in participating in active shooter level II training.

The Department of Public Safety identified the Advanced Law Enforcement Rapid Response Training (ALERRT) Center's to provide active shooter training to our Public Safety Officers. The decision to partner with ALERRT was concluded after studying many models currently being taught to first responders. This training is a follow up of the active shooter training that began last year, when level I training was provided to campus officers. Level I training is a basic course that involves the fundamentals of the rapid response training, whereas level II goes more in depth, incorporating a medical component, which teaches officers to treat wounds effectively and evacuate the areas at risk safely.

In March of 2013, the FBI announced that ALERRT is the national standard through which they are training their agents.

"It speaks volumes to the level of professionalism and competence of the level of the training," said Wilkes University Public Safety Chief Christopher Jagoe of undergoing a training that is considered the national standard.

First responders are being trained to quickly enter into harm's way to neutralize a shooter and save the lives of innocent victims. It's important for them to have this knowledge as, in many circumstances, formally trained medical personnel will not or cannot be on the scene immediately to provide casualty care.

First responders must be educated and trained in point-of-wounding casualty care techniques in order to save lives.

"This is another example of our commitment to campus," Jagoe said, adding that it's important to them to get the armed officers not only the mandated training but training that exceeds what is mandated as well, which is what this training does.

More than 85,000 law enforcement officers across the nation have been trained in ALERRT operations and tactics to respond to active shooter situations. This vital training is delivered by veteran law enforcement SWAT specialists with proven experience in active shooter response and police training.

The course curriculum includes T-ECC based Self-Aid/Buddy-Aid techniques including hemorrhage control and tourniquets, bandaging, airway management, triaging, casualty collection points and casualty evacuation methods.

The course also includes "force-onforce" mass casualty scenarios where the student will not only have to neutralize the threat but also treat the wounded, establish casualty collection points, conduct hasty triage and integrate responses with EMS/ Fire personnel.

Wilkes University Department of Public Safety was also joined by Kingston Police, Wilkes-Barre Police, West Wyoming Police, Wyoming Police, Duryea Police, Exeter Township Police, Penn State Police, Plains Police, Plymouth Police, Hanover Township Police, Veterans Administration Police, Nanticoke Police, Hughestown Police, Univ.of Scranton Police and Pa. Dept. of Corrections.

"As an educational institution, we're looking to provide training and education to first responders in the area," Jagoe said. "This garners goodwill and also puts a face to a name." He added that by establishing this relationship, the officers can discuss shared needs and better work together to keep the area at its safest for students and the surrounding communities.

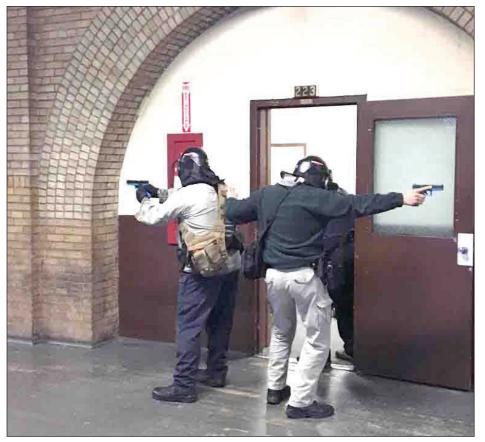
Law enforcement weren't the only ones present at the training, however. Jagoe also noted the attendance of Vice President of Finance and General Counsel Chip Prescott.

"It really speaks highly of our campus administration in that they're supportive (of the work we do)," Jagoe said, adding that it was nice to see Prescott actually partaking in the training and showing first-hand his support and commitment.

Many of the classes included in the training are funded through such sources as the Bureau of Justice Assistance, VALOR or the Department of Homeland Security.

Mississippi, Oklahoma, North Carolina, Iowa, Alabama, Iowa, Louisiana and South Carolina are among the first states to train and adopt the ALERRT curriculum as their state standard in active shooter response. Other states are moving forward with this as their standard and many large cities are training all of their front line officers in ALERRT tactics and standards, such as New York City, Miami, Houston, Dallas, Atlanta and San Antonio.

The Department of Public Safety will also be participating in the Civilian Response to Active Shooter Events (CRASE) train the trainer course. Designed and built on the Avoid, Deny, Defend strategy developed by ALERRT, this training provides strategies, guidance and a proven plan for surviving an



Courtesy of Christopher Jagoe

Officers participate in active shooter level II training.

active shooter event.

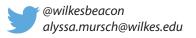
Topics will include the history and prevalence of active shooter events, the role of first responders, civilian response options, medical issues and drills.

Additionally, the Department of Public Safety, in collaboration with the Wilkes University Office of Risk and Compliance Management, will continue to offer their well-received training modules on the principles of Emergency Management 101 and Protective Measures for Critical Incidents.

These courses are offered on several dates and times throughout the semester and culminate with tabletop exercises designed to challenge attendee's emergency actions plans for responding to incidents.

With the support of President Patrick Leahy, members of the executive cabinet, departmental directors and local first responders participate in yearly drills conducted on campus to enhance our response to emergency situations.

"Working as a unit is important, especially in this line of work," Jagoe said.





Courtesy of Christopher Jagoe Wilkes' Chip Prescott, vice president of finance, attends the ALERRT training.

Advocate and attorney, Vicky Edgecombe, visits Wilkes University

Edgecombe speaks out about women's empowerment at world's stage during November election

By Sarah Bedford Editor-in-Chief

Consultant on United Nations issues, advocate, attorney and former Canadian Consulate General senior official Vicky Edgecombe, spoke out on behalf of women's issues, specifically the fight for women in politics and for women leaders at the UN.

Edgecombe explained that while strides are being made towards gender equality, the results have been incremental.

"We've made some gains on women in politics but again, it's been slow. We have 23 percent of the seats held by women around the world in parliament. That growth has not been huge over the last few years," she explained. "In the United Nations we recently had a vote for a new Secretary General...and there was a huge push for it to be a woman. There were seven female candidates and none of them were really felt to be taken seriously by people who really follow these issues."

Describing the "straw polls" which

"We're seeing a secretary general who professed to have women's equality as an issue he was concerned about turn around and not appoint women to senior ranks of the UN either," she said. "We're missing out at the highest levels, and we're missing out at management levels within the UN."

Edgecombe explained that the lack of female representation has proved problematic in peace agreements, too. Though peace agreements have a better chance of success when women are at the table, their seats have been more often than not occupied by men. In fact, the probability of peace agreements lasting at least 15 years is 35 percent higher when women are included as part of the negotiations

While representation at the highest levels in the UN is due to the non-selection by the Secretary-General, in politics there are confidence issues according to Edgecombe who explains women should "realize that as in anything, it's okay to go in and try and not be afraid to fail and to just do it."

In regards to the United States election

"Women should realize that as in anything, it's okay to go in and try and not be afraid to fail and to just do it."

-Vicky Edgecombe

occur before the election for the UN Secretary General and helps show rank of candidates, of the women involved, none rose to the top of the poll. Though, many were qualified individuals with various political and leadership achievements.

The same issue exists within senior appointments at the United Nations. Edgecombe explained that in 2015, 22 men and only two women were appointed to the most senior level of Under-Secretary General. Six women Under-Secretary Generals were replaced by men. At the next level down, Assistant Secretary-General, male appointments made up 77 percent.

that's just mere weeks away, she explains that a women running for the presidency will send a strong message to women and girls globally.

From a UN perspective, there have been talks on the future of the United States regarding the election results.

"I think that people are concerned about his (Donald Trump) style of diplomacy that is very aggressive," Edgecombe said of the Republican nominee. "The kind of policies he has put forward worry people. The diplomatic system is used to a give and take and working with others. His style is much more aggressive than that."

For democratic nominee, Hillary



The Beacon/Gabby Glinski

Vicky Edgecombe speaks to Wilkes University students.

Clinton, there is not as much concern as many of the UN representatives are aware of her background and know she's "not shy about stating her issues."

Regardless of the outcome, the lack of representation of women in politics will continue to be at the forefront of global affairs.

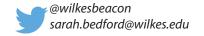
"It's an issue for all of us.. For a lot of women they need to work.. They represent half of our population but yet if they're not in our democratic institutions it makes one wonder how democratic we really are."

Edgecombe has 15 years of experience working with the voluntary, public and private sectors on a range of human rights, trade and sustainable development issues.

She also has represented Canada at

UN meetings and worked closely with a number of U.N. bodies and missions as well as advised Canadian members of Parliament.

Edgecombe has also worked as a lawyer specializing in international trade and media law for Gowling WLG, a global law firm; as a senior trade commissioner and senior foreign policy advisor for Global Affairs Canada, Canada's foreign service; and as a consultant and senior advisor with various organizations.



Alternative Spring Break: The "experience of a lifetime"

By Toni Pennello Asst. News Editor

Are you interested in new experiences? What about working to serve communities nationwide and globally? If so, alternative spring break might be the perfect opportunity for you.

Each year, rather than going home for spring break, many Wilkes University students spend their time traveling to a new place to partake in community service.

"Over the past 19 years, Wilkes has joined with numerous organizations to build and repair homes, assist seniors, teach children and bring help to people who need it most," says Wilkes' website.

Service trips are coordinated by student leaders with active roles in facilitating, teambuilding, fundraising, publicity, pre-trip education and developing the trip itinerary. All participants work together to challenge themselves, take risks, communicate, build trust, and grow more committed to working for social justice, says the ASB website.

This year, students participating will visit WorkFest Kentucky, where students from across the country will come together

to complete building projects for those who need it. The program is looking to fill openings, so students should act now in order to ensure that they can reserve their

"Kentucky was the first trip I advised 10 years ago, and I'm still in contact with the woman whose home we repaired," said Megan Boone, coordinator of student development.

"Not only do students and advisors return year after year, but families stay connected with those who have helped them. By the end of one week students already feel like family and want to return the following year."

Boone suggests that students participate in Alternative Spring Break to meet new people, make a real impact on a community, learn new skills, make life-long connections and more.

Recent Wilkes graduate Troy Carey spent his spring break in Costa Rica doing community service at a school.

"The biggest benefit for me was seeing the direct impact we had on these kids lives. You can tell they're not used to having people like us visit them and contribute to their school," Carev said.



Courtesy of Peter Tuzzo

Jacquelyn Gallo, FJ Costantino, Jill Ehret, Troy Carey and Peter Tuzzo in Costa Rica last year.

"I had never even considered ASB before, but after talking to some friends who went it sounded like a fun experience. To me it was so much more than that."

Carey added that it was more than community service; he said it was "the experience of a lifetime," and that it was an opportunity to experience a different culture.

According to the ASB website, the generosity of friends and alumni allows the ASB program to expand and improve every year. This would not be possible without the contributions of Student Government, Programming Board, the Felice Salsburg Fund and all who supported various fundraisers and events.

Previous trips have included travels to India, the Dominican Republic, Tennessee, Costa Rica, Louisiana, Florida, Oklahoma and Portland.

If any students are seeking more information about ASB or wish to apply, they are welcome to contact Megan Boone at megan.boone@wilkes.edu.



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Staff Writer

If you have a passion for writing, design, or photography, join us!

Contact:

Editor-in-Chief Sarah Bedford sarah.bedford@wilkes.edu

Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, A&E Editor: kimberly.hein@wilkes.edu

Student paves the way for her department leading by example

By Kimberly Hein Life, Arts and Entertainment Editor

Jillian Ehret, Wilkes University Senior and double major in international studies and political science, paved the way for other students as she finished her internship with the United Nations.

She participated in the internship for six weeks, in New York, for half of the summer.

Her duties with the Mission and the UN consisted primarily of attending meetings concerning global issues of social and economic development, taking detailed notes, and reporting back to her fellow delegates as well as the Ambassador on where Jamaica stands with these issues, and what resolutions will benefit their country and other Caribbean states the very most from that region's perspective. She focused on social and economic development.

"I learned so much about important concerns the world is facing, as well as how to push my limits and work ethic. It gave me the opportunity to meet people from all over the world, learn their perspectives on global issues, and how we can better come together with the goal to resolve these issues, Ehret says.

She continues to say that the internship made her stronger, made her grow, and it provided her with a daily reminder of how important it is to keep an "open and positive mind".

Andreea Maierean, assistant professor of political science and the coordinator of international studies describes Ehret as an "intelligent, capable and persevering young student."

"She is also independent, patient and flexible. She gets seriously involved in any projects she does and we are particularly proud of her commitment and diligence during the UN internship," She continues.

Maierean says that she views Jillian Ehret as a role model for other students in the department since she is always ready to volunteer while doing it in a kind,



Courtesy of Wilkes University/Dan Z. Johnson

Jillian Ehret, Wilkes senior and international studies and political science double major, sitting in on a meeting at the UN office, located in New York where she participated in a six week internship.

supportive and compassionate way.

"Jill is one of the most dedicated people I've ever met. She's a very ambiguous and passionate student as well as an encouraging and compassionate friend and because of that, I believe she possesses the skills to be a great leader," Lanai Galarza, a friend of Ehret says.

Galarza and Ehret have known each other for three years after meeting in art

101 and then gaining a closer relationship when they began working together.

Ehret heard about the internship opportunity from her advisor sophomore year, and she knew immediately that she needed to do whatever she could to experience it. She loves attending the lectures from the UN officials on campus and she took advantage of them to learn more about the program and make

connections.

Before getting the internship, Ehret went on trips with Wilkes and the International Studies and Political Science department to visit the UN, which made her even more interested in the internship.

Maierean knew that Ehret's "passion for International Relations" would make her a great fit for the UN program.

"I also participated in Wilkes Alternative Spring Break the past three years, where we travel to less fortunate places both domestically and internationally to do acts of community service, work with children, learn about other cultures and really understand how lucky we with each day that comes," Ehret says.

She continued to say that the alternative spring break trips introduced her to some of the most "wonderful people on campus," as well as let her experience one of her favorite parts of being at Wilkes, but also experiences that she will be able to take with her throughout the rest of her lifetime.

Maierean would like to encourage students to participate in the United Nations Lecture Series program, a program which was launched in 2011. The program brings UN officials to campus throughout the year for lecture and informal meetings with students. Wilkes University is the only Northeast Pennsylvania higher education institution participating in the program.

She also offers a piece of advice to students which is, "to get out of their comfort zone and grab all academic and extra-curricular opportunities Wilkes has to offer."

Ehret says that she chose Wilkes because of the atmosphere. She said that she knew she was meant to come here.



RECIPE OF THE WEEK:

INGREDIENTS:

- · 4 tablespoons of oats
- 1/3 cup of milk
- •1/2 cup of plain yogurt
- 2 tablespoons of Chia Seeds
- •1/4 cup of Kashi Go Lean Cinnamon Crisp Cereal
- raspberries, blueberries and grapes

INSTRUCTIONS:

- Fill a mason jar with oats and pour in milk.
- Refrigerate for 30 minutes so the oats absorb the milk.
- Layer the following ingredients: plain yogurt, chia seeds and Kashi cereal.
- Top with fruit.
- 5. Enjoy!!

BREAKFAST IN A JAR



Design by Nicole Kutos

Do you have a favorite dorm room recipe that's convenient for college students always on the go?

Submit it to Amanda Bialek, LA&E Assistant Editor

amanda.bialek@wilkes.edu

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Students make career connections at Connecting the Dots



The Beacon/Gabby Glinski

Business

Christie Bonnice owner, Christie Bonnice State Farm Insurance Agency, speaks

with a group of students from the Sidhu School of Business.

The Beacon/Gabby Glinski

Sarah Cole, junior, speaks with Kathy Heltzel, a Wilkes graduate from the class of 1982. Heltzel is a retired associate professor of accounting and business for Luzerne County Community College.

By Gabby Glinski Co-Managing Editor

On Nov 2, students were given the opportunity to speak with Wilkes alumni at Connecting the Dots.

Students, grouped into their majors, were given the chance to speak with several alumni in their future career field. Attending were 25 alumni and professionals in nursing, engineering, communications, political science, business, psychology and education.

Faculty moderators sat in on the groups to help facilitate the conversations.

The Wilkes Alumni Association has been hosting Connecting the Dots for 10 years with a consistent turn out of students.

"We really feel that networking is important for students, especially with Wilkes alumni, because you have an instant connection," stated Jacqueline Lukas, alumni events manager.

Lukas encourages students to make

connections with former Wilkes students. She believes constant networking is important especially to those students with flexible majors like communications and business. Networking could let a student branch out into different career fields they wouldn't have considered before; and possibly gain an internship from it.

"It's essential to make connections to gain opportunities," stated Susan Gerenscer, senior management student on what student and alumni networking means to her career destination. "It's important to gain experience to move upward to attain management positions."

Any questions regarding Wilkes Alumni and how to get involved with connections, contact the Wilkes Alumni Association at alumni@wilkes.edu.



@wilkesbeacon gabrielle.glinski@wilkes.edu



The Beacon/Gabby Glinski

Susan Gerenscer, senior, connects with Lisa Ninotti Wilkes '02, regional sales manager, of UGI Energy Services and Bethany Sabatini Wilkes '06, financial advisor, of Wells Fargo.



The Beacon/Gabby Glinski

Holly Courter Wilkes '08 senior human resources manager of Romark Logistics, speaks to students on the importance of having a concise and organized resume.

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I, T, P, L, A, Y, F, U, L,

HUMANS OF WILKES UNIVERSITY



The Beacon/Purvit Patel

"When playing this game you need to adapt and overcome your circumstances and adversity that you face, whether it's your opponents, your surrounding, or your pain. Four years of college ball has put a toll on my body and I have had to learn how to overcome these pains and injuries in order to produce the same outcome of performance on the field."

-Ryan Dupre

Senior Business major



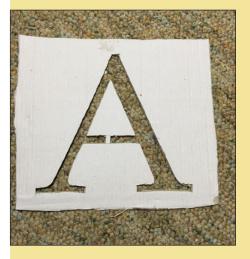
Crafting with Mary Kates



Bleach Pen Shirts

What you need: Instructions:

- Bleach pen
- Shirt
- Plastic bag
- Cardboard
- Scissors





- (Optional) Use the scissors to cut a stencil out of the cardboard.
- Set the shirt up by placing a piece of cardboard covered with a plastic bag inside the shirt.
- Use stencil or freehand a design in bleach on the shirt.
- Allow it to sit for at least 30 minutes
- Rínse off the bleach.
- dryer.

Enjoy your new shirt!





WILKES UNIVERSITY THEATRE PRESENTS LITTLE SHOP OF HORRORS

Story by: Katie Rose Staff Writer

Little Shop of Horrors is a science fiction Broadway smash musical that has been devouring the hearts of theater goers for over thirty years. Wilkes students will take the stage this weekend and next and it is sure to be a hit.

In Little Shop of Horrors, a meek floral assistant, Seymour, discovers a strange plant he names Audrey II. The plant attracts business to his struggling store. Little did Seymour know that Audrey would develop a soulful R&B voice, a foul mouth, and an unquenchable thirst for human blood! The plant promises him fame and fortune as long as he continues to feed it victims, but Seymour does not figure out Audrey's master plan until it is too late.

Director Teresa Fallon was instrumental in bringing the work to life. She says the musical was a good fit for the BFA in Musical Theatre.

"The contribution of the theatre director to the play is a combination of nurturing the artists, finding the play's needs and requirements and making the vision of the script a reality. Every director finds the vision in the script and to the best of their ability communicates that to the cast, crew, designers and eventually the audience," explains Fallon. "I chose this show because it is a wonderfully written family



Pictured in the photos are Justin Gaskill as Seymour, Michaela Catapano as Audrey and Michael Rogers as Mushnik. Photos courtesy of Wilkes University Theatre.

friendly musical with great songs (by Howard Ashman and Alan Menken who also wrote Disney's "Beauty and the Beast" and "Aladdin") that we could cast well with the students presently in the program."

Mmachi Dimoriaku, who plays Chiffon, one of the street urchins, says the cast and crew has been working on the production since the beginning of October, after the first play of the season. "We went straight into it: blocking it, doing tech work, and memorizing lines."

Fallon says each actor has contributed their own unique performances to the show but thinks they "have been very faithful to the spirit of the show that made it such a popular success."

The cast is very thrilled for people to watch the show. I share their level of excitement and cannot wait to see their hard work. The musical has a ravishing story line and upbeat tunes that I am sure will have me singing along.

Joshua Shepard, a sophomore musical theatre major, describes composer Alan Menken as a "phenomenal genius." He affirms the choreography in their show emphasizes the music even more.

"What I hope for people to see is a lot of enthusiastic music numbers, really intelligent acting quality, and people having fun in their element," Dimoriaku said.

Joshua Shepard voices the plant, Audrey II. A deeper message resonates with him in the finale of the show. The lyrics are "don't feed the plants!" To Shepard, this not only literally means not to feed the bloodthirsty plants, but also to not feed your inner desires. "It's about when you lust for something you know is wrong but still do it. You don't want to feed the bad wolf."

CAST LIST

SEYMOUR Justin Gaskill **AUDREY** Michaela Catapano **MUSHNIK** Michael Rogers **ORIN SCRIVELLO** Paul Doherty **AUDREY II** Joshua Shepard **RONNETTE** Victoria Morrison **CRYSTAL** Gianna Chase **CHIFFON** Mmachi Dimoriaku **CRYSTAL II** Samantha Brady PLANT PUPPETEER James Cahill



NARRATOR/RADIO INTERVIEWER SKIP SNIP/CUSTOMER MR BERNSTEIN/PATRICK MARTIN

Kris Tjornhom
WINO #1
Joshua Shephard
WINO #2
Ryan Gallagher
MRS. LUCE
Melissa Berardelli
PLANT BRANCH #1
Brianna Schunk
PLANT BRANCH #2
Kelsey Butler

Design by Nicole Kutos

Opinion

Have an opinion or want to write a guest column? Contact the opinion editors: mark.makowski1@wilkes.edu or andre.spruell@wilkes.edu

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130 S. River St.

First Floor, Conyngham Hall
Wilkes University
Wilkes-Barre, PA 18766
Phone - (570) 408-5903
www.thewilkesbeacon.com

Myth vs. Fact: the reality of a redhead, soulless and all

By: Rachel Leandri Co-Managing Editor

Red hair is more than just a colorit's a lifestyle. That's why on November 5, the nation celebrates "Love Your Red Hair Day." The purpose of this holiday is to empower redheads everywhere reminding them to appreciate their unique qualities. In honor of this nationally recognized day, this editorial will cross the fine line between redheaded myth and fact written from my perspective of personal experiences as a natural-born redhead.

1. Redheads are going extinct.

Apparently, if you blink, you will miss us. It's estimated that we make up less than 2% of the world's population as individuals with natural red hair. Yes, that's a small number, but it represents a very proud population. I've been told countless times by people that I should seriously consider marrying another "ginger" so I can increase my chances of having redheaded children, so you know, we won't die out. The notion that redheads could become extinct within the next 100 years is a myth. According to National Geographic, while the redhead population may decline, the gene for red hair will not likely become extinct.

2. Red hair and blue eyes is the rarest combination in the world.

This is true! The recessive gene that is responsible for red hair entitled MC1R is considered a genetic mutation. This mutation is responsible for ginger hair color-of course in numerous shades- the pale skin and freckles everywhere. Since MC1R is recessive, an individual needs two copies of that gene for it to be expressed. According to livescience.com, this means that if both parents carry the gene, just one in four of their children are likely to be a redhead. As a result, families that have no redheads for decades can suddenly discover a carrot top in their offspring.

3. Redheads are more sensitive to pain, and most likely bruise easier than those of different hair colors.

People always accuse me of being a big baby if I fall or get hurt. Redheads are scientifically proven to carry the MC1R gene as previously mentioned, which causes extreme sensitivity. When it comes



Rachel Leandri

to bruising, doctors have reported on many occasions that their red-haired patients are more likely to bruise after a surgical procedure. For me, a surgical procedure doesn't even need to be in question. I bruise from tapping my knee off my bedpost or shutting a door with my elbow. I've come to accept the bruises I find on my body weekly having absolutely no clue how they got there.

4. Redheads have less hair on their heads.

According to the Huffington Post, each strand of red hair is generally thicker than those other shades which compensates for the fact that redheads have less hair. Apparently on average we have 90,000 strands while blondes have 110,000, and brunettes have 140,000. To me, this either cannot be true, or I'm an exception to the rule. The thickness of the red hair on my head is equivalent to a horse's mane. I couldn't tell you how many times I've been told to be the Disney

The Beacon/Gabby Glinski

character, Brave, for Halloween.

5. Redheads need larger doses of anesthesia.

Growing up as a ginger child will give you thicker skin. However, not enough thick skin to make you less sensitive to anesthesia. This is true. A growing body of research shows that people with red hair need greater doses of anesthesia and are often resistant to local pain blockers like Novocaine. The reason I would not sleep a week before getting my wisdom teeth out was because of the scarring horror stories of redheads waking up sooner after surgery than others with different hair colors. Even worse, some redheads have reported to wake up during the procedure itself, feeling everything!

Continued on page 15.

Myth vs. Fact: The reality of a redhead, soulless and all

Continued from page 14.

6. Redheads don't go grey.

At least once a day, an elderly woman asks if my color is real, and sighs once I tell her the truth. The response is the same every time: "I would kill for your hair color in a bottle." The fact is, though, that natural redheads won't need to search for their original colors in a salon once they grow old. The Huffington post claims that as a redhead ages, his or her hair initially tends to turn blonde, which then eventually turns white. Many hairstylists claim that red hair will never turn grey, but instead simply fade to white through the shade of rose gold when the time comes. I am not experienced enough on this notion to comment, but I pray it's 100% factual so I don't need to panic.

7. All redheads are Irish.

This is a myth, for sure. From my appearance, I look like I should be pictured on a Lucky Charms cereal box. The fact is, though, I am not Irish. Every St. Patrick's Day, people stare at me in awe as if it was my birthday or the best day of my life, and that I should be smiling in celebration. However, this assumption is not all bad, as

green is no doubt my color, and I take full advantage of it for every Halloween costume I've ever worn.

8. Redheads have a feisty temper and are more "hot headed" than any other hair color.

Bad temper, hot headed, quick to act, bold and brash are all qualities that are blamed on being redheaded. However, according to HealthFundingResearch.org, the reality is none of those traits are proven to be exclusively a redhead thing. Do I have a bad temper? No. Am I quick to act? Yes. Am I feisty? Up for discussion. Depending on the reason and who you ask, maybe I do fall under these qualities. This just means I can't blame it on my red hair as an excuse.

9. Redheads, commonly referred to as Gingers, have no souls.

The legend tells us that all "ginger" people have no soul, and will steal yours if you make eye contact with one long enough. My personal favorite is that we earn a new freckle each time we steal one. Clearly, we have souls, but what no one points out is that we also have big hearts that we love with just as much as the rest of the world of varying hair colors, if not more.

10. Red hair is ugly.

To be honest, this notion is based solely off of perspective, and here's mine: it is definitely not easy being redheaded, but I wouldn't change it for the world. There is absolutely nothing ugly or shameful about having red hair, or any other hair color for that matter. Having red hair is my trademark.

It's what sets me apart, expresses my individuality, and what makes me Rachel. Regardless of what's fact or myth, I've grown to love and embrace my red hair, and all that comes with it.



@wilkesbeacon rachel.leandri@wilkes.edu



The Beacon/Gabby Glinski

The Cleveland Browns: What are they doing?

By: Mark Makowski Opinion Co-Editor

Right over the midway point of the 2016 NFL season, this is the point of the year where we start to see what teams will be contending for a title, and which ones are falling apart. One that seems to be falling apart on all levels is the Cleveland Browns.

The Browns poses an 0-8 record and a win does not look like it will be coming anytime too soon. Cleveland has faced many injury problems this season, but even before the season started, the team lacked talent at almost all positions.

The season started with a cleaning of house, then Head Coach Mike Pettine would be fired after a two-year stint where he would compile a 10-22 record. Pettine was replaced by Cincinnati Bengals Offensive Coordinator Hue Jackson. The Front Office was also cleaned out as the Browns look bring analytics to football.

The problem with the Cleveland Browns is that they never have a consistent plan and stick with it. Since businessman Jimmy Haslam purchased the team in 2012, they have gone through three head coaches, as well as three general managers. If you can't pick a direction and stick with it, then you are never going to solve your problems. One reason why the Browns lack talent is because of how they draft.

This past year the Browns possessed the number two pick in the draft where the could have drafted Quarterback Carson Wentz, Running Back Ezekiel Elliott, and several other choices.

Instead the Browns would trade the pick to the Philadelphia Eagles for their eighth overall pick. The Browns would again move back to 12th overall and take Receiver Corey Coleman, who would break his hand during the second game of the season and not play since.

So the team that had no quarterback decided to sign former Redskins Quarterback Robert Griffin III. Now this is a move that could payoff as long as Griffin did not get hurt, which happened during the first game of the year, and he will not return for the rest of the season.

Former All-Pro Wide Receiver Josh

Gordon was slated to make his return as well after breaking the NFL's Substance Abuse Policy, over and over again since 2014. In typical Cleveland fashion when it looked like Brown was ready to return to the team, he entered rehab and it now looks like his NFL career is over. Another thing that the Browns haven't been able to handle since their recreation in 1999 is the quarterback.

Since 1999, the Browns have had 24 starting quarterbacks. This season alone, the team has used three different quarterbacks. In many ways to 2016 Cleveland Browns resemble the 2008 Detroit Lions. The Lions are the only team in NFL history to go 0-16 in a season, but the Browns are already halfway there so we have to wait and see if they will have company.

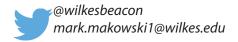
The Lions were in the same situation where there was a revolving door of coaches and terrible draft choices aside from Wide Receiver Calvin Johnson. After this disastrous season the Lions would make the right choice and draft Quarterback Matthew Stafford first overall

in 2009.

Since 2009 Matthew Stafford has always been the starting quarterback for the team. The Browns need to figure out what they want to do and stick with it for several years. If the Browns are able to win two games before the season is over, then it will be somewhat successful.

The Browns should also try to find a quarterback that they can truly tab as a franchise quarterback. Whether that be through a trade from another team or through the draft, they need to fix this problem. The defense is also a major problem that needs to be addressed in order to be successful, this side of the ball needs more help than the offense.

So if the Browns actually get it right this time and put some pieces together, we might see the Browns join the success of the Cavaliers and the Indians, but that is still a long way off.



Should dance and cheer be considered sports?

By: Peyton Neishman Opinion Writer

When people hear the word "sport", they think of the games or competitive matches of football, baseball, golf, wrestling and basketball.

The textbook definition of a sport is an activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment. Dancers and cheerleaders both must poses good stamina and energy, to help strengthen their technique so it can stay intact throughout their performances.

Competitive dancers and cheerleaders have to practice many hours to win a trophy or medal just like other sports do. They both consist of many years, training, and lessons. These two hobbies share many similarities but also differ in many ways as well. They are not qualified or even noticed in Olympics games.

A question that we can't figure out the answer to is, "should dance and cheerleading be qualified as a sport?"

Dance is known as a performing art, which participants use their body to tell a story. Dancers practice many hours a week to help make their technique flawless, and to help strengthen their core for jumps. Many coaches or teachers use the famous phrase, "practice makes perfect."

They practice their numbers a thousand times to help memorize the steps and make it the best it can be.

Sophomore math major and dance minor Sarah Hoffman said, "I practice dance around 20-25 hours a week. I feel dance requires athletics."

Dance take a huge toll on the human body, dancers are always pulling their muscles and popping out their knees or ankles. Dancers have to have a healthy body, good mind set, and stamina to help them breathe during a powerful performance.

Dance is not always about just learning hard steps or turns. It also lets people express their feeling through motions during a number, and it also builds leadership and communication skills.

Cheerleading is a group of typically young women, who cheer and support their team by chanting cheers to encourage or help celebrate the team to win. It is not all about painting glitter signs and yelling cheers with their pom-poms during an event. It takes a lot of time and dedication to have a great squad.

Cheerleaders have to be physically active to be performing routines and especially when building and stunting.

Football players are lifting weights, but cheerleaders are lifting and tossing girls up in the air.

They need to practice these crazy and insane builds every day to have a clear performance for competition. Talking to cheerleaders around campus, they consider cheer as sport only at competitive level.

Wilkes University Dance minor and performing arts programs is under the direction of Kristen Degnan.

Many students are interested in pursuing and further their education in dance at a college level. Wilkes Dance Teacher, Lynne Mariana replied.

"Dance is not to be qualified as sport. It's a fine art," Mariana feels this way because. "Sports are infused with rules and regulations, where dance is about creativity and inspiration."

The Wilkes dance Team may not compete but they do practice many hours a week. Dance Team President and Nursing Major Madison Myers, says.

"Since we don't compete, I would consider us performers of the art."

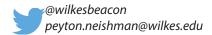
Cheering at the college level can be very competitive. Cheerleader, and English major Emily Banks, said.

"We practice many hours a week but I don't consider it a sport."

The NCAA does not recognize these hobbies as a sport at this time and also, Wilkes University considers them as clubs.

The research and evidence done on this topic show that, dance is an art and cheer is only known as a sport at competitive level. Dance and Cheer may not always be known as a sport but needs athletes to perform.

Dance is more a creative performing art, as cheer is more athletic strength. Will dance and cheer ever qualify as a sport? This is a question that can have a thousand different answers to it.





The Beacon/Luke Modrovsky

Sophomore Sarah Hoffman, dance major at Wilkes, poses in a tilt at the ballet bar before jazz class begins.



Colonels Talk Back

2016 Election: "What do you think about this year's election?

Interviews by Luke Modrovsky luke.modrovsky@wilkes.edu

Photos by Jesse Chalnick jesse.chalnick@wilkes.edu Americans will head to the voting booths on Nov. 8 to cast their ballot for President. Although every Presidential Election will generate some buzz, this particular one leaves some voters truly puzzled on how they will vote. In this week's Colonel Talk Back, we talked to members of the Wilkes community on how they feel about this election.

Want to be in the next Colonels Talk Back? Email luke.modrovsky@wilkes.edu

Election Coverage: Week Three of Three

Cody Morcom (Student Body VP) Junior Pharmacy

"I think because of the things we are hearing and being played on television more people are interested. Hopefully, as a result of this election, there are more people voting than ever before and in subsequent elections, more people voting than every before as well."





Benjamin Mandell Freshman Communication Studies

"The election this year is pretty interesting, not in a good way. Many people are deciding not to vote, which I think is not a good idea. They don't like Hillary or Trump. It's not necessarily the best situation we can be in."

Marcus Robinson Sophomore Sports Management

"I think it's a complete joke on who's going to be president this year. Just watching the debates, this country should not be ran by either one of the individuals."





Dre Roberts Senior Criminology

"If we could redo the whole thing, I would. I think it's an embarrassment to the country that we have these two people as our candidates for president. We've had some great presidents but whoever gets elected will probably go down as the worst ever."

Josh Gentilesco Sophomore Electrical Engineering

"Both candidates have their ups and downs, pluses and minuses, however you want to put it. All-in-all, I wish I had better candidates for my first election voting."





Alyssa Shaver Sophomore Accounting

"I think it's a joke and I feel that they're more focused on pointing out each other's negativities instead of pointing out what they're going to do to better our country. It's going to be hard trying to figure out who I'm going to pick when it comes time to vote.

Election Day 2016: Will you let your voice be heard?

By: Austin Ely Opinion Writer

Election day bares down on the United States like it never has before. With two of the most unpopular candidates in history locked in a contentious race for the White House, there is little room for error on either side.

However, when it comes down to it, the focus of an election cannot stem from just these two people, it must stem from all people.

The question is, will the people's voice be heard on November 8th?

There has been speculation in the past weeks leading up to election day that the United States election system is rigged, non-democratic and phony.

People like Donald Trump himself have said things supporting this notion. This is something that discourages people from voting at all with the idea that their vote will not matter if the system is "rigged."

Even if it is true that the election system in the United States is rigged in some way,

the people should not sit idle and allow it to continue.

This notion should actually encourage people to vote and not just vote but participate in the process by encouraging others to as well. Aside from that, people should not be discouraged by the fact that neither candidate is their choice. The write-in option exists, yet, people are discouraged by this as well.

Although write-in campaigns have been unsuccessful as of yet for the general election, write-ins have worked numerous times for the primary election and more.

Even so, that should not discourage Americans to vote. The stigmas that come with voting for a particular candidate also discourages voters.

If someone is voting for Hillary Clinton others may label them as a liar or hypocrite.

If someone is voting for Donald Trump others may label them as a racist or bigot. Either way these stigmas and labels go they are directly contrived from the candidates themselves and do not reflect the entirety of their voter base.

However, stigmas and labels should not discourage someone from voting for Clinton, Trump or even writing-in Bernie Sanders. Instead it is the act of voting itself that should energize, excite and encourage all who are able to vote.

Pennsylvania serves as a battleground state for a reason. There are pockets of loyal democrats that center around urban areas such as Philadelphia, Pittsburgh and Harrisburg.

There are also pockets of loyal republicans who dominate much of the rural areas and beyond. It is a struggle of party lines and a struggle for votes.

However, although someone may be a loyal democrat or republican, everyone is independent in the sense that they have a choice.

That freedom of choice is something that should and can never be taken from a person, no matter how they identify themselves or how others identify them.

No matter if the election is "rigged",

the possibility of a write-in low or stigmas make voters think twice, this election is the choice of a lifetime and generation.

It is the hand of the people that the presidential candidates bow. On election day, November 8th, 2016, that hand will cast the votes and the voice of the people will be heard.

Will your hand cast a vote? Will your voice be heard?



Make your voice be heard and vote!

Fall in love with yourself, not with someone else

By: Shannon O'Connor Opinion Writer

With the falling of the leaves and the weather getting colder, it becomes the time of year when relationships really start to catch on fire.

Cuddling season is in our mists and we can all cozy up with some blankets and hot chocolate with our significant other and watch romance movies to our heart's content. Right? I don't think so.

That may have sounded amazing but what about all of us that don't have significant others? Are we supposed to sit back and watch everyone else have a good time, while we stuff our faces with tubs of ice cream and wallow in self-pity? Absolutely not.

Self- love is one of the most important things you can do for you. So put down the ice cream and listen up because with the changing of the seasons, now is the time to fall in love with yourself.

An article published by The Huffington Post written by Lindsey Holmes explains,

"Research suggests that self-acceptance could lead to greater satisfaction with your life — but it's a habit that many people practice the least." Most feel guilty or selfish when they take the time out of their day for themselves. However, you have to have a fulfilling relationship with yourself before you can be fully committed in a relationship with another.

When you're single, you have more time to devote to you, take advantage of this. Take yourself out on a date. Go to the movies or to a museum or even have a day at the spa. Yes, it might feel awkward at first but then you'll start to learn things about yourself that you never thought were possible.

You can branch out and do things out of your comfort zone, you might even find a new hobby and form new relationships.

Getting to know the real you is very key in loving yourself. Granted, you learn things about yourself through other people but they don't truly understand how your mind works and the real feelings you have. You know what's best for you, how far your limits are, and your true goals in life. Sometimes even your own mind gets foggy, these are the perfect times to discover who you really are.

As Bella DePaulo wrote in Psychology Today, "(...) singles are better at being their own sources of comfort and security."

So even if you're having a hard time figuring out what's best for you, take it from L.J. Vanier, "Like a butterfly burrowing from its chrysalis, so shall you find your wings, if you only take the time to find yourself."

With winter right around the corner and relationships getting more serious, don't wallow in self-pity too much. Take this time to love yourself, you can learn things you never imagined. So if you want to stuff your face with ice cream, do it for you and only you. Go get lost and find what makes you happy by falling in love with you.

@wilkesbeacon shannon.oconner@wilkes.edu Have an opinion or want to write a guest column?

CONTACT THE OPINION EDITORS:

mark.makowski1@ wilkes.edu

OR

andre.spruell@ wilkes.edu

Sports

Want your sport covered? Contact the sports editor: taylor.ryan@wilkes.edu or daniel.vanbrunt@wilkes.edu

No. 3 DeSales denies No. 2 Wilkes soccer title contention

By Danny Van Brunt Sports Co-Editor

The Wilkes soccer team ranked at No. 2 faced No. 3 DeSales at Schmidt Stadium and DeSales came out on top, 2-1, after an exhilarating overtime. Wilkes was denied the Freedom title last year at DeSales in the final game with the same score, 2-1.

Last year, Wilkes took No. 1 Misericordia by surprise in the semi-final round. The game remained tied until the final shootout. Wilkes made five-for-five penalty kicks while Misericordia only made three. This semi-final upset lifted Wilkes to the finals to play No. 2 DeSales.

This year Wilkes started their season with a win against Marywood, but went on to a seven-game losing streak. These early season losses left a dark cloud over the teams' heads at first.

"The team performed well. We eliminated early mistakes and the women made great progress. Most importantly, they kept competing and using every opportunity to

get better in the midst of losing early," said Head Coach John Sumoski.

Despite having a bad record in the beginning of the season, they still managed to singe the second seed in the tournament.

"Our team really developed throughout the season, we were losing a lot but eventually came back and were ranked second seed going to the playoffs. Personally, I hope to score more next season. As a team, I think we should communicate more on the field," said Micaela Oliverio.

Needless to say, all of the players hoped to win the MAC Freedom title this season. When the team saw that they were matched up with DeSales, they could not be more excited to play them and avenge their loss from last year. They were in a great position to defeat DeSales and go on to face Misericordia in the finals.

"Since we were off to a very slow start and entered the conference play portion of our season with a losing record, it is really easy to be unmotivated and to just give up. But we didn't. We kept fighting and won the games we needed to and qualified for MACs as the



The Beacon/Purvit Patel

#22 Shelby Trumbo clears the ball.

second seed. MACs didn't end the way we wanted them to but we fought hard until the very end and I'm proud of my team for it," said Shelby Trumbo.

The game against DeSales was highpaced. Wilkes unloaded shots throughout the game. A third of the way through the game, DeSales sent a shot past our diving goalkeeper. The game was nearly ten minutes from over when Brittany Gurreri scored off an assist from Haley Evans. Six minutes into overtime came a beautiful shot from DeSales that came from the left side of the field to far right post.

The Wilkes offense was on fire in the second half and overtime. Wilkes shot 24 times at the goal compared to DeSales at 11. Wilkes also took eight corner kicks versus DeSales single corner kick.

"I think we ended our season with a bang. Although we didn't expect to lose, I'm very happy with my team and I wouldn't have wanted to play with anyone else beside me. I am very grateful for the opportunities I have received and I love my team forever," said Alyssa Young.

Daniel.vanbrunt@wilkes.edu

@wilkesbeacon



The Beacon/Purvit Patel

#12 Megan Lercara anticipates the ball.



The Beacon/Purvit Patel

#18 Junior defensive player Julia Tyler points out a player attacking.

First-year college athletes reflect on their first fall season

Sports

By Taylor Ryan Sports Co-Editor

Coming into your freshman year of college, there is a million things coming at you all at once. At each corner there is a new transition, new experience, and a new obstacle. While every freshman experiences their first year differently, those that choose to commit to a sport at the collegiate level, experience a whole different kind of whirl wind.

As the fall athletic season comes to a close, freshman fall athletes begin to reflect on their first season representing Wilkes University, on and off the field.

Fall athletes are different than other seasonal athletes due to the fact that fall athletes arrive on campus for preseason two weeks prior to the rest if the student body. This two week period is completely dedicated to their sport, practicing twice a day, every day. These two weeks allow for crucial team bonding and creating internal relationships among teammates. It also helps freshman athletes get acquainted on campus, and get a little more comfortable with college life.

Avery Harris, a freshman field hockey player, talked about her first experience during preseason, "I have never been so exhausted in my entire life, preseason is a lot of work. But it was also a lot of fun and made the transition easier for me. When classes started, I already had a support system right on campus."

All athletes are held to the highest standard, expected to excel on the field, and in the classroom. As a college freshman, still learning the ropes, you may feel an endless amount of pressure from all areas. According to freshman, Julia Kiss, time management is key. "The most crucial transition was time management. It was a little bit difficult with practice times always varying and trying to find time to fit in my huge workload. The long bus rides helped me out a lot because I was able to get a lot done. But, it still turned out to be far more difficult than it ever was in high school."

As an athletic department, Wilkes strives to allow athletes to balance all aspects of a well-rounded college career. As freshmen come in, they are provided all resources the campus can offer. Coaches work to provide tutoring, mentoring and other opportunities if a student-athlete so desires.

"It was very helpful for this transition knowing I had people wanting me to succeed, and helping me find what I needed to make sure I did", explained Kiss, in discussing how she dealt with the obstacles she faced during her first experience as a college student athlete.

While the challenges and obstacles may seem overwhelming, the end result overrides all. Having the opportunity to continue playing your sport is something many people will never get the chance to do. The Division III athletics aim to bring in athletes that have the competitive drive to dedicate to a sport, while keeping school as a top priority. This is an experience that is hard to come by, and even harder to grasp.

Even after the adjusting, the long days, the early mornings and late nights, freshmen could still look back at their first season and never truly explain the grateful feeling they had to be apart of their individual programs.

When asked about one of her favorite memories on the field, freshman standout, Gianna Gennets, responded quickly, "My favorite memory for this season was beating FDU. The energy in the locker room, warming up, and finally getting on the field was incredible."

It is these memories, feelings of excitement that make each season unforgettable and athletes patiently awaiting the next. If you've never been on a team at the collegiate level, it is hard to understand the amount of sacrifice; Wilkes' athletes and all athletes give up.

As a freshman athlete, you truly never know what to expect, you never expect to come into a team and become a family in a few short months, you never expect each game to fuel a fire inside of you, you never expected the amount of work, and never expected to find a new love for a sport, you already thought you loved.

After your first season as a freshman, you build the rest of your seasons off of that very first season.

Kiss, reflects now that she has concluded the season, said, "I ended up proving myself wrong and all of my friends here so far have come out of playing with the team and I do not regret it at all. I also think that I have grown a lot as a player on the field with the experiences and practice that I have gotten this season."



Colonels escape with close win over Lycoming Warriors Win gives Colonels momentum going into 2016 Mayor's Cup

By Pankil Chander Staff Writer

The Colonels have proven resilient as they overcame a four game loss streak by picking up momentum with a win at home over Lycoming College as they head into the illustrious rivalry matchup against Kings

The Wilkes-Barre community is well-versed in the history of this game as it is predominantly referred to as The Mayor's Cup. The Colonels pulled out the win against the Monarchs last November and will look to keep the Mayor's Cup on Wilkes' side of River Street.

Freshman Jose Tabora showed promised in his first collegiate start against Lycoming College by navigating Wilkes' offense to put up 28 points in the first half in a game that stayed tight into the final snap.

"Starting my first game of the season made me feel a little nervous." said Tabora.

Tabora tallied three touchdowns for the Colonels offense as the freshman



The Beacon/ Purvit Patel Wilkes #26, Devon Fink and #75 Anthony Marcincavage look to the coach

quarterback rushed for a touchdown along with connecting with receivers William Deemer and Aaron Coyne in the end zone.

Although the graduate of St. Augustine Prep knew he had pressure riding on him against Lycoming, he used his nerves to guide him to lead the offense and gained reassurance by his faithful teammates.

"I remembered I had a team that was behind me 100% and all I had to do was play the game I have always played. Getting the win was awesome, always is." Said Tabora

Leader of Wilkes' Defense, Tanner Stengel demonstrated dominance in his last few showings as a Colonel as he amassed a career-high 20 tackles, inclusive of 1.5 sacks.

Stengel was awarded MAC Defensive Player of the Week for his relentless performance. Stengel, a senior engineering major is sitting at fourth in the MAC in defensive statistics with 46 solo tackles. The Allentown native is humbled the award, yet it will not dampen his will to prepare.

"It's quite an honor to be named MAC Defensive player of the week. I try to look at stats as little as possible because there are more important things to focus on" Said Stengel.

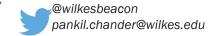
As a captain of the unit, Stengel knows the end game is all about leveling up. His contribution to the team has been predicated off his readiness to learn and develop.

"I feel as though I have grown not only as a player but as a leader as well. I feel as though each season, game, or practice I learn something new about myself that allows me to better my abilities."

The Mayor's Cup will be set for kickoff on November 12th at 12 p.m. in Schmidt Stadium.

The Colonels are confident to squareoff against Kings at home as they build off their in house win over Lycoming College.

A game that generally draws the most attention to the two football squads on River Street is shaping up to be a battle as Wilkes enters the game with a 2-6 record, while Kings stands at 4-4.



Field Hockey shutout by No. 1 FDU-Florham in MAC Freedom playoffs Seniors Taylor Ryan and Amanda Tredinnick close athletic careers

By Luke Modrovsky Asst. Sports Editor

After a successful 2016 regular season campaign, number four-seed Wilkes University Field Hockey would collide in a Middle Atlantic Conference Freedom semifinal with top seed Fairleigh-Dickinson University/Florham Nov. 2.

Since the FDU-Florham held the higher seed, the contest was played at their home in Madison, NJ.

After the much anticipated matchup came to a close, the Lady Colonels dropped a 4-0 decision.

FDU-Florham dominated most of the contest, slapping a total of seventeen shots, ten of which were on goal.

The Devils also held a 10-3 advantage in the corner department.

Erin O'Connell opened the game's scoring in the 12th minute of the contest with a blast off the corner. That goal tallied O'Connell's total at three for the season.

The Lady Colonels forced a stalemate for the remainder of the first half and held the

Taylor Ryan



Photos courtesy of GoWilkesU.com

Devils to a 1-0 lead at halftime.

FDU-Florham's defense held Wilkes to one shot on goal.

After the break, the Devils found the back of the cage three times in the second half.

FDU's Kim Davis scored her eighteenth

Amanda Tredinnick



goal of the season from the top of the circle in the 66th minute. Davis also notched her nineteenth goal on a penalty stroke within the same minute.

Sophomore Dallas Kendra saved six shots as the netminder.

Noelle Shirey ran up the score for the Devils by tacking on a goal with only three seconds remaining.

Seniors Taylor Ryan and Amanda Tredinnick closed on their collegiate field hockey careers on Nov. 2.

Both Ryan and Tredinnick made significant contributions to the program's success.

Ryan finishes her colleigate field hockey career with 14 goals and eight assists.

Over the last three years, Tredinnick made significant contributions to 12 shutouts on the defensive side of the ball.

Wilkes finishes with a 11-9 overall record for the 2016 campaign.

FDU-Florham will continue to compete for a bid to the NCAA Division III tournament.

For now, the Lady Colonels retire to the offseason, but with only two seniors graduating, will be looking to make a return to the postseason in 2017.



@wilkesbeacon luke.modrovsky@wilkes.edu



Getting to know... Freshman Volleyball Player < 0</p>

By Purvit Patel Sports Writer

Name: Jamey Mikovich
Year: Freshman
Major(s): Pharmacy
Hometown/High School:
Nesquehoning, PA/Panther
Valley High School
Position: Opposite Hitter

Q: What was the driving force for your decision to come to Wilkes? A: The Nesbitt school of pharmacy

Q: What are your hopes for the upcoming season?
A: A chance to compete in playoff

Q: What are your hopes for your next season as a Colonel?
A: To help my team have a successful season and make it into playoffs

Q: When/Why did you first begin playing volleyball?
A: Elementary school, My sister always went to volleyball summer camps at our high school and I started to join her when I was old enough, I thought it might be something fun to do.

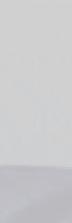
Q: Who would you say, is the most influential person in your life? Why?

A: My mom, she has always

A: My mom, she has always supported the decisions I make and helping me get to where I am. I wouldn't be who I am today if it weren't for her.

Q: A quote you live your life by? A: "Hard work beats talent when talent doesn't work hard."

Q: What does "Be Colonel" mean to you?
A: "Be Colonel," to me, means to have pride in the school you go to and to enjoy the time you have here because these next few years will go by fast.



@wilkesbeacon

purvit.patel@wilkes.edu



Getting to know...

Alyssa Shaver Sophomore Soccer Player

By Purvit Patel Sports Writer

Name: Alyssa Shaver Year: Sophomore Major(s): Accounting Hometown/High School: Luzerne/Wyoming Valley West High School Position: Forward

Q. What was the driving force for your decision to come to Wilkes? Q. What A.I wanted to stay home for college and Wilkes caught my eye when I was a freshman in high school. I 've wanted to play for Wilkes because they had a good business program and I loved the soccer team.

upcoming season?
A. I hope we can make it to the MAC final again. Each year we are getting better and better. I know we can do it with all the talent we have and with all the support we give each other. I'm excited to see what next season has for us.

Q. What are your hopes for the

Q. What are your hopes for your next season as a Colonel?
A. I hope to do well both on and off the field. Although I love playing soccer, school always comes first and I hope to be able

to keep up on both. I hope to put in the most effort I can because before I know it, I won't be able to play soccer anymore after I graduate.

Q. When/Why did you first begin playing soccer?
A. I started playing soccer when I was about 5 years old.

Q. Who would you say, is the most influential person in your life? Why?

A. A lot of people have influenced my life but mostly my mom. She has taught me to never give up no matter how hard something is and she has taught me to fight for what I want most.

Q. A quote you live your life by? A. "Don't let yesterday take up too much of your today"

Q. What does "Be Colonel" mean to you?

A. Being respectful to yourself, your teammates and your classmates. It means to be who you are and don't give up on your dreams.



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