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# THE BEACON

Sept. 24, 2013

*The news of today reported by the journalists of tomorrow.*

Volume 67 Issue 2

## Times they are a-changing

Check out the best places around to  
take in the changing of the seasons  
and reflect on nature, Page 10





September 24, 2013

Contact editor: christine.lee@wilkes.edu

# Assessment brings improvements to Public Safety

## New uniforms, vehicles, patrol routes among suggestions made by outside firm in January

**Christine Lee**

News Editor

A search is underway for a new Director of Public Safety after an outside firm completed an assessment on the office.

The search process for the director is being carried out by a committee comprised of faculty and staff who are working with an outside consulting firm, Spelman and Johnson, to identify potential candidates.

The search for a new Director of Public Safety is one of several initiatives being enacted to the Office of Public Safety after an evaluation was done of the office in January by consultants from Margolis, Healy and Associates.

During the evaluation, associates from the firm gathered feedback from faculty, staff and students on Public Safety's effectiveness in its policies and procedures. One of the major recommendations the firm made involved the visibility of public safety on campus.

"The more visible public safety officers are, the less likely people who want to come onto campus; who are thinking of coming onto campus to make some kind of trouble, the less likely it is they will do that," Vice President of Finance and General Counsel Loren Prescott explained.

Prescott said to improve the office's visibility on campus; several actions have been taken over the summer. Most notably Public Safety will be receiving new uniforms of yellow shirts and jackets with their navy pants. They will also receive a new Ford Explorer that will operate as a mobile dispatch unit in addition to a patrol vehicle.

Prescott said this new vehicle will be "very visible" on campus and added that the blue Fords being used by Public Safety are ones taken from the Admissions office that were no longer needed. They are being used until the new vehicle arrives.

In addition, Prescott explained patrol routes and schedules of officers have been changed. Two new patrol routes have been created for the campus: one on the interior of campus done either on foot or by bicycle and another done around the perimeter of campus done from the patrol cars.

"The officer will be in out of the vehicle and will do parking enforcement and will check



The Beacon/Dan Lykens

**As part of the recommendations made by the outside firm, Public Safety purchased a new Ford Explorer for patrols. The blue ones that have been seen around campus were taken from the Admissions office for use by the office until the new vehicle arrives.**

doors," Prescott said. "That officer will also go over to the athletic fields (at Ralston Field)."

Public Safety Manager Jerry Rebo said the changes have been good for the office.

"It's been very beneficial. Officers seem to be in good morale and are welcome to the changes that are being made and we hope the community will see that it's going to benefit them also," Rebo said.

Rebo said the office's new goal is to become a police department, with officers being highly trained in carrying firearms and have powers of arrest on campus.

Senior P1 pharmacy major Julie Miller sees the assessment as a good way for the senior administration to hear students' input on Public Safety.

"A lot of times Public Safety used to get a bad rap. You used to see them sitting around in Stark or you didn't really see them a lot so

I feel like this is (the administration's) way of showing that they notice students were complaining and this is their way of getting students' input," Miller said.

One of the observations made by Margolis, Healy and Associates was that the office doesn't have an adequate training program the current training of officers is "informal."

Prescott added that training of officers is being enhanced and there will be several new officers, both of which are former police officers, hired to boost staffing based on one recommendation the firm gave on ideal staffing levels.

In addition, Prescott said there will also be a separate dispatch staff of five full-time officers who will receive specialized training in dispatch operations, the type of training given to officers working in 911 call centers.

"One of the observations was that the Public

Safety officers were doing dispatch work when they really should be out on patrol," Prescott said.

Another observation made by the observations made by the firm includes a lack of consensus on campus on the role and expectations of the office.

Although the initial assessment was performed in January, Prescott sees the assessment as a multi-stage process, with the first stage the assessment itself and the second stage designed to engage the campus community in a conversation on what they expect from Public Safety and to implement the recommendations made in January.

As part of the second stage, forums with associates from Margolis, Healy and Associates were held on campus this month for faculty, staff and students to seek input on what the campus community wants from the office. Associate Aaron Graves from the firm and Prescott also sought input from members of Student Government on the office at the Sept. 11 meeting.

"The purpose of the forums was to share information but more importantly to engage the people who attended in a conversation about what we collectively, everyone here in the university community, wants and expects from Public Safety," Prescott said.

The report also noted that Wilkes has a "shallow" crime prevention and safety awareness program, with frustration from the campus community on lack of information on what to do in an emergency situation. They also reported that the university should ensure effective emergency preparedness information is provided to members of the campus community.

Prescott stressed that even though Public Safety is charged with keeping the campus safe, it is up to members of the campus community to ensure safety, including sharing information with the office if something doesn't look right.

"It's important for everybody on campus to recognize that all of us have a role in Public Safety," Prescott said.

The full summary of the assessment will be available for viewing in the Farley library.



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# THE BEACON

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# Nursing Simulation Center gives students experience in clinicals

## Expanded center fulfills growing enrollment in nursing program; gives one-on-one attention

By Nicole Zukowski  
Assistant News Editor

Nursing students have a new clinical simulation center on the campus to help educate and relay hands on clinical experience.

The Clinical Nursing Simulation Center moved from ground floor of University Towers to the basement of Stark Learning Center during the summer. The CNSC holds up to 250 students at a time and is complete with a student lounge located down the hall.

Director of the CNSC Joyce Chmil said the center came as a result of the nursing program needing additional room due to growth in the major.

"Our program has grown so quickly that we needed to find more space to house all the students," she said. "This space became available and met all of our needs."

The CNSC houses tools to instruct an interactive education including anatomical models, low and high-fidelity manikins, vital signs simulators and standardized patients. These manikins are life-like models that students work with. Clinical style rooms set up to run simulations, along with a brief room accommodating computers to get students ready to go forth with simulations.

There are also two state of the art classrooms, two-way mirrors to monitor students with simulations, white board walls and a house plan layout to expose students to a home care setting.

"The CNSC is really nice. The rooms really resemble hospital and clinical settings," said Ashley Truglio, sophomore nursing student.

Simulations are four phases long, with around four to six students doing the simulations at a time in an effort to give each student



The Beacon/Dan Lykens

**Nursing students will have access to the new simulation center in the basement via their student identification cards between the hours at 8a.m. to 8p.m. on weekdays and select weekends. They also have 24-hour access to the lounge.**

individual attention.

The goal of the CNSC is to educate students to relate the knowledge they learn in the classroom setting to the clinical environment. Students learn what is expected from real health care environments through the clinical simulation of the CNSC. The simulations are designed to be as realistic as possible.

"Students should have a center that in reality simulates an actual health care environment," Mary Ann Merrigan, associate dean of the School of Nursing, said. "We are very happy and grateful to have this stimulation center

The CNSC provides a structured learning atmosphere in a simulated clinical environment that allows students to develop and gain confidence in their clinical judgment as student nurses. To participate in a simulation, students have to schedule a time. In order for students to move on to apply their skills in real health care environments, they have to first go through and get qualified by passing simulations.

Students are really excited about the new CNSC. "My favorite part is the environment and the staff. Everyone is so friendly and very helpful," said Kris Kierys, sophomore nursing major.

"I would encourage anyone interested in the nursing to take a look at the CNSC," Merrigan said. "It is realistic and a great on-hands experience student nurses need."

All nursing majors have swipe access to the CNSC during hours of operation, 8a.m. - 8p.m. and on selected weekends. The lounge has 24-hour swipe access to all nursing students.



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# The BEACON

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# SG Notes: Members discuss using hand-held alarm

By Christine Lee

News Editor

As the Student Government meeting was underway on Sept. 18, a loud, reeling, alarm-like sound could be heard much to the surprise of members.

The sound did not, however, come from a fire alarm but a small button attached to a key ring President Ian Foley had brought in to show to members for discussion. The button was discussed in a Student Affairs meeting Foley had attended and is designed to defer trespassers from harming anyone walking at night. Adviser Elizabeth Swantek explained that the buttons had been given out by the Victims' Resource Center for that purpose a few years ago.

Some of the issues brought up with the device included the idea of it being easily misused and the possibility of it not being used correctly. Foley added that Student Affairs is looking into two options of distributing them: the first being giving them out at a nominal cost of \$6 and the second being giving them away outright.

By a hand vote, nineteen members recommended using the buttons, thirteen recommended creating a committee looking into other them and other security measures and three voted do not do anything. Despite the high number of members voting to recommend the buttons, Foley announced that he and Student Affairs would create a committee looking into other safety measures.

The long-dormant Outdoors Club is seeking to revise its club constitution and become a more formally-recognized campus club.

President William Welgosh presented at the Sept. 18 Student Government meeting seeking a revision to the club's constitution. Almost immediately, there were questions raised on the club's constitution.

"I felt it was vague," junior class Secretary Peter Tuzzo said. "There were a lot of gaps."

One issue discussed was the club doing activities alongside the Adventure Education program. Treasurer Anthony Fanucci said Adventure Education has reached out to them but it has been hard to find an even ground with the program and the Outdoors Club.

"We're tried to team up with them but most of what they do is unsupervised and (Adventure Education) activities have Jill (Price) in them," Fanucci said.

Swantek explained that the club has been in existence before the Adventure Education program was formed but over time has been mostly inactive. However, she explained the club is still allocated Student Government funds. Welgosh will be back this week to find out if the revisions have been approved.

At that meeting, freshmen officers and several other new members formally accepted their new positions and were assigned mentors, an experienced member of Student Government. Foley explained for the rest of the meeting how things run for the freshmen members.

Scott Pantalone, vice president of the SAG Mini Baja Club, an automotive engineering club, came to discuss adding the new position of public relations officer into the club constitution. Although some members brought up the notion of having those responsibilities being put into the club secretary role, senior class President Julie Miller said the change was good. It was suggested to Pantalone to bring in a social media aspect to the club, to which he replied that they already have a Facebook page created. He will be also back this week to hear if his request was approved.

Vice President Taylor Moyer was back for the second week to ask for funding for Fall Fest. She asked the board for \$2,400 to cover the cost of Fall Fest on Sept. 28, which she noted was \$2,300 less than last year's budget.



The Beacon/Christine Lee  
**President Ian Foley shows the hand alarm being considered by S.G.**

The proposal was passed by a vote of 36-0-1.

Foley asked members to discuss an event sponsored by Individuals Putting Abilities to Motion, an organization that helps and advocates for those with disabilities, will be hosting a wheelchair basketball tournament November 16 and 17 in Scranton. Participants are those with normal walking abilities who will play three on three basketball in wheelchairs with four teams with five to seven participants playing from area colleges.

He said the schools of pharmacy and nursing are both interested in participating and opened

the floor to discussion from members.

For committee reports, the Teaching Recognition and Effectiveness committee discussed what went well at the annual awards ceremony and announced that a new award will be implemented.

The Student Life and Media committee had a discussion with Vice President of Finance and General Counsel Loren Prescott on public safety, announced that a women's golf and swimming team will be formed next year, that the safe rides program is on hold because the provider, Posten Taxi, went out of business, the implementation of a fresh food bar at the Stark Learning Center food court and the grab and go option at Rifkin Café. They also announced that there have been 40 new seats added to the cafeteria on the third floor of the Henry Student Center.

The Curriculum Committee announced that they are considering adding sports management as a major and minor due to there being courses already in place that would satisfy the degree.

The Library Committee announced that they are looking into replacing the air conditioning units and the library is now fully-staffed.

The Admissions and Financial Aide Committee announced that the scholarship amount for incoming students next year has been increased.

The Operations Committee announced that the boiler in the Henry Student Center will be replaced, the ceiling on Breiseth is being resealed, the light walk, in which Student Government, Public Safety, Student Affairs and Facilities do a walk around campus to ensure every light is working, will be scheduled and the new Public Safety uniforms were expected to arrive that week.



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## Beacon Briefs

### Flu shots available in Health Services

Flu shots are available at the Health and Wellness Services office on the first floor of Passan Hall at \$20, payable by cash or check made out to Wilkes University. The vaccines will be given during regular office hours, from 8:30 a.m. to 4:30 p.m. weekdays. The shots are in limited supply, so they are being offered on a first-come basis.

### 10-digit dialing now in effect for area

The new 10-digit dialing requirement went into effect Sept. 21 for all phone numbers in the 570 area code. Intra-campus calls, currently made by dialing only the campus phone extension, will not be affected. Callers must use 10-digit calling for external phone numbers.

### Updated payroll portal

Effective Sept. 13, the payroll portal is now located with the Office of Human Resources and there have been no changes to include updated forms, pay schedules and news.

### Student teaching placement seminar

All students planning to student teach during the spring 2014 semester must attend the student teaching placement seminar at 11 a.m. Sept. 26 in Breiseth 205. Associate professor

of education Gina Morrison will be discussing the Malaysia student teaching opportunity and students will be filling out forms and other necessary paperwork to student teach during the spring semester.

### Winners of Cards For Merit Promotion

The Marketing and Communications department announced that Alicia Roses and Lauren Machell are the winners of two \$25 gift cards after claiming their Merit pages which are designed to highlight student achievements. Roses and Machell were chosen at random from the students who claimed their personal Merit page between Sept. 11 and 18.

### Vintage Homecoming T-shirts for sale

The Office of Alumni Relations is selling a limited number of vintage-inspired Wilkes baseball shirts for this year's Homecoming celebrations. The three-quarter sleeve gray shirts feature navy sleeves and are \$12 each. Orders can be made online no later than Sept. 25. The shirts will be available for pick-up in time for Homecoming events.

*If you are interested in seeing your announcement in The Beacon, contact News Editor Christine Lee at christine.lee@wilkes.edu.*

## Constitution Day 2013



The Beacon/David Lee

**On Sept. 17, Wilkes celebrated Constitution Day with a presentation by Associate professor of political science Kyle Kreider (right) on "The Voting Rights Act and the Constitution: What's Next?" As an institution receiving federal funds, Wilkes is required to observe the holiday commemorating the signing of the federal Constitution.**



# 6 | FUN CORNER

## Madam Calypso's horoscopes for week of Sept. 24

See what the stars have in store for the future of all Colonels this week

ARIES (March 21- April 19) - Be careful who you share that secret with. You might regret it.

TAURUS (April 20- May 20) - You are the life of the party this week. Make some new friends while you're out.

GEMINI (May 21- June 21)- You might get an inkling this week of what you really want to do with your life. Trust yourself and do some research, you may have found your calling.

CANCER (June 22- July 22)- Academical-

ly this is your week to shine, just don't put your foot in your mouth at home and you should be fine.

LEO (July 23- August 22)- You are being asked to a lot of things lately, but make sure you can handle them all. Don't spread yourself too thin.

VIRGO (Aug 23- Sept 22) - Your season is winding down and monotony is setting in. Time will seem to move slower now that everything has become routine again.

LIBRA (Sept 23- Oct 22) - You have a lot of

aggression and it's time to take it to the street – with running obviously. A little exercise will clear your head and allow you to let off some steam.

SCORPIO (Oct 23- Nov 21) - Take a minute to stop staring at ios7 and pay attention to your surroundings. If you don't you might miss some crucial information.

SAGITTARIUS (Nov 22- Dec 21) - Someone is about to take you by surprise. While this may seem like an upset, maybe you have just met your match.

CAPRICORN (Dec 22- Jan 19) - Buy a lottery ticket. Audition for a reality show. Things are going your way.

AQUARIUS (Jan 20- Feb 18) - You may feel you're standing still, but others see you are slowly inching toward your goal. You still may have to convince them you have that goal.

PISCES (Feb 19- March 20) - Bury yourself in a book and don't worry about coming out. This week is about enjoying you, not worrying about them.

## BEACONGLYPHICS

Try to crack the mysterious code, to reveal the hidden message

Directions: Use Microsoft Word and the font webdings to translate the message



## Word Find: Social Media Terms

P	C	Z	L	S	A	S	V	N	V	G	Q	E	P	E
G	A	O	E	I	T	A	G	G	I	N	G	V	I	R
K	M	M	M	Q	K	K	V	A	N	Y	T	N	N	A
D	A	D	H	M	Q	E	Y	Z	E	P	S	G	T	H
G	O	O	G	L	E	P	L	U	S	T	A	N	E	S
C	M	Q	F	J	E	N	C	U	A	T	S	C	R	X
E	H	O	T	E	T	W	T	G	H	O	T	Z	E	A
R	T	A	P	O	S	T	R	S	D	L	A	F	S	W
E	C	I	R	I	S	A	A	F	B	U	T	H	T	F
T	T	W	R	A	M	H	J	B	T	O	U	M	R	W
T	U	O	B	O	C	D	E	E	F	E	S	I	N	R
I	M	N	Q	H	V	T	K	O	O	B	E	C	A	F
W	O	L	L	O	F	A	E	B	N	N	U	W	A	S
T	H	X	N	B	E	X	F	R	D	I	S	C	T	P
I	X	J	J	P	O	E	T	A	S	Q	P	F	C	T

### Word Box:

CHARACTERS	COMMENT	HASHTAG	TWEET
FACEBOOK	FAVORITE	HOME	TWITTER
FEED	FOLLOW	PIN	VINE
GAMES	GOOGLEPLUS	PINTEREST	
INSTAGRAM	LIKE	STATUS	
POST	SHARE	TAGGING	

# Submissions?

The Beacon Staff wants your submissions! If you have any hand-drawn cartoons, funny photographs, or certain games you'd like to see on this page, e-mail [wilkesbeacon@gmail.com](mailto:wilkesbeacon@gmail.com).



SEPT. 24, 2013

Contact editor: alyssa.stencavage@thewilkesbeacon.com

# Great white elephants: those things nobody wants to talk about

By Alyssa Stencavage  
L&A&E Editor

Do you know how to be real? According to Franco Lombardo, as human beings, we don't. "How we treat our money is exactly how we treat those closest to us, including ourselves," Lombardo said.

Lombardo is a renowned speaker, author and adviser to some of North America's wealthiest families and their family offices, work he has been doing for 20 years now.

Lombardo said that an event will happen in our lives. From that, we tell ourselves a story and attach meaning to that event. We call the story our beliefs, telling this to ourselves often enough that it does indeed become our beliefs. The funny thing is, we never question these beliefs. We hold them as truth.

Just as we have beliefs about different types of things in life, we have them about money too. That is called a Money Motto, and we all have one that subconsciously runs us, and dictates the decisions we make about money. As the relationship beings that we are, Lombardo said we take these Money Mottos into these relationships. Whenever we argue with others, it's usually centered around our beliefs and we never bother to question what we are really fighting for. People get hung up on their beliefs about money, which is what ultimately ends up impacting relationships.

These problems also expand into the family system and business. Research says that 78% of wealth transfer from generation to generation fails. Lombardo thinks that a lot of families know this, they just don't deal with the issues that are sitting right in front of them. Lombardo said families invest so much focus, time and energy into the family business that they end up ignoring the fundamental issue at heart: issues within the family.

A colleague of Lombardo's, Andrew Keyt, the president of the United States Chapter of the Family Business Network, said the problem is, in the industry, it's designed to protect the business from the family – so by definition, the family is a liability. Lombardo agrees, because families are not dealing with their stories, or their great white elephants.

Everyone knows the concept of the "elephant in the room". Similarly, there are three things that Lombardo said, if given too soon, are bound to ultimately ruin a family business. They are: money, ownership and power.

Research suggests that white elephants have long been regarded as sacred in Thailand. Leg-



The Beacon/Paul Kaspriskie  
**Confronting one's Money Motto and the issues that surround it will help resolve issues within the family system and other relationships, leading to success.**

end says that if a Thai king became dissatisfied with a subject he would give him a white elephant, because such a gift would lead to financial ruin. It was both a blessing and a curse.

The question Lombardo asks is: How much do you invest in your family to deal with your story to make your family better? He says families typically spend significantly less time on the family system, which is really the "greatest and most valuable asset."

To fix this, a family has to be restructured so that they're not a liability to the business, and the only way to do this is to talk about issues head on. While this is what's most needed for the family system, it is also what Lombardo has found to be the No. 1 challenge for the wealthiest families. They don't know how to talk about things, their great white elephants. The lack of conversation causes failure.

When they're not having conversations to try and solve their problems, families are seeking help from advisers who ultimately can only help them solve the issues, not actually solve them. But Lombardo thinks advisers are also at fault, because they think that by telling their clients the truth they will cause anger and resentment, and therefore a loss in revenue. But what families are really looking for is that honesty, passion and direct calling out of their mistakes.

Lombardo said the conversations that need to be taking place within families simply aren't, and that's where everything goes wrong.

"They buy the best help money can buy," Lombardo said. However, what he has found

when you deal with familial emotional issues, the governance often takes care of itself.

If you've ever seen or heard of Lombardo's work, the phrase Why Rich Kids Hate Their Parents will sound familiar. Lombardo called the concept "entititis," and it goes along with laziness. Not always intentionally, Lombardo said, parents will tell themselves that they are making life easier for their children by constantly bailing them out. By doing so, parents are inadvertently taking away drive, passion and desire to contribute, thus creating a spoiled brat. In the process, parents are also taking away children's opportunity to experience pain, and no pain equals a tough time.

"Parents nowadays are over protectors," Lombardo said.

For example, Lombardo said parents will say, "my kids aren't responsible with money." The question he asks is: where do you think they learned it?

As a result of all of this, Lombardo said parents will end up feeling guilty and try to make up lost time with money. But in Lombardo's eyes, this isn't the right move; what children want is time.

"It's the wrong currency," he said. "Children are wise. They'll figure it out and play the guilt card, so there is accountability on both sides."

Lombardo said the two biggest struggles facing wealthy families are they don't know how to have those aforementioned conversations, and parents don't know how to deal with entitlement. That's where Lombardo comes in. He is the

coach who prepares and helps parents to have those conversations.

"I coach them on how to do it – it's like teaching them a new language," Lombardo said. He later added that "as a society, we crave and long for authentic leaders because they stand out among others."

For college students, the Money Motto still applies. Finances are still a central part of students' daily lives. To be financially responsible and wise during your college years, and avoid all of these issues, Lombardo offers this advice: students can ask themselves what their beliefs are about money (Money Motto) and this will shed light on why they behave the way they do.

Students who attended the Family Business Forum on Sept. 19 found the presentation to be powerful.

"Franco gave great insight into finding the 'Great White Elephant' in your family and dealing with it as soon as possible," senior business major Josh Rodriguez said. "His humorous approach made the lecture relatable, because sometimes being truly authentic is hard. It showed me that family businesses need to be authentic right off the bat, or their story will unravel. The lecture also reaffirmed the notion that communication is the key. Putting time into the family is just as important as the business itself."

With all of these issues, there have to be solutions. There are, and it all starts with looking within oneself, finding out what one's story is and owning it.

Lombardo said somehow, people are all responsible for the relationships they don't like. In order to change that, they have to: "Take a look in the mirror, dig deep and whatever you find, that's the piece."

So what Lombardo wants to know is, what are you going to commit to change tomorrow that you are avoiding today?

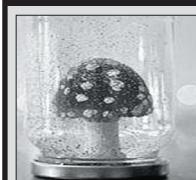
The Money Motto can be equated to just about anything else in life. Everyone has beliefs about something, and whether they realize it or not, they are at the core of what they argue about. In order to solve those differences, they must talk about them, and to do that there's only one solution: in the words of Lombardo, get authentic, get real.

For more information, visit <https://www.familyoffice.com/blog/how-have-great-white-elephant-conversations>, <http://www.themoney-project.ca> or <http://contributingleader.podomatic.com>.

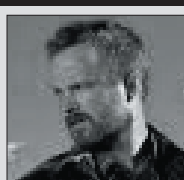


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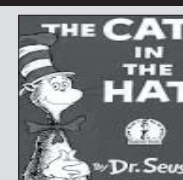
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# New Jersey indie duo signed to Wilkes-Barre based record label

By James Jaskolka  
Assistant Online Editor

It's always darkest before the dawn. Good things fall apart so better things can fall together. The clichés are endless, and although trite, nothing better describes Phillipsburg, New Jersey's mountaineer. The two-piece indie outfit came together during Oct. 2012, when Hurricane Sandy's havoc prompted guitarist / vocalist Billy Scarbrough to move in with long-time friend-turned-drummer Brandon Potts.

"The power at my house went out...so I hit up Brandon to see what he was doing," Scarbrough says. "I was kind of at odds with my parents at the time. A couple weeks went by...I just never really left."

The living situation proved to be highly beneficial to both Scarbrough and Potts, the latter of whom recalls being in a dark place in his life at the time.

"I was really upset, and very angry," he says. "Billy moving in really helped me get happy. The band [starting] really made me get happy."

Having recently departed from their previous bands, the new roommates quickly got back to work writing music in the basement of Potts's house, channeling their new positivity into creative energy. Equipped with new songs and driven by their optimism, mountaineer. began booking shows in New Jersey and Northeast Pennsylvania. The duo's blend of indie, folk and punk quickly captured the attention of local show-goers, including the head of Time Table Collective, a DIY-style record label based out of Wilkes-Barre – a re-



The Beacon/Lyssa Scott

**Mountaineer lets their positivity shine through with debut EP recently released by Time Table Collective, a Wilkes-Barre record label owned and operated by Wilkes freshman Derek Jolley. Their EP, all good things, can be heard at [timetablerecords.bandcamp.com](http://timetablerecords.bandcamp.com)**

lationship, mountaineer. explains, that neither member could have anticipated.

"We played a show, and I can remember pushing our gear out of [the venue], and this nerdy-looking kid comes up to me and says 'Hey man, your band is really sweet...I want to talk to you about putting you on Time Table Records,'" Potts recalls with a laugh. "And I was like 'Excuse me?'...it was like, in a matter of thirty seconds, 'Okay, I guess my band is good.'... from that day on, Time Table has had Mountaineer's back."

Time Table (owned and operated by Wilkes freshman Derek Jolley) released mountaineer.'s debut EP "all good things" in June; the aptly-titled album, which Scarbrough says is "all about good vibes," is currently on its second press.

"I love mountaineer.," says Jolley in a separate interview. "[The EP] was released to huge avail, it's been really successful. They're excellent guys and working with them is my pleasure."

"Just to see how many people bought the CD the day it was released was phenomenal," notes Potts. "It's definitely a new feeling, having a little success."

"I like that people are screaming along," Scarbrough agrees. "People screaming [our] lyrics, that's success to me."

mountaineer. have plans to tour and release a full-length this winter. You can listen to the all good things EP at [www.timetablerecords.bandcamp.com/album/all-good-things](http://www.timetablerecords.bandcamp.com/album/all-good-things).



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## Political commentator comes to give annual Kirby Lecture

By Sara Davis  
Correspondent

A conservative political commentator and best-selling author will be the guest speaker for this year's Kirby Lecture at Wilkes University.

Columnist Jonah Goldberg will present the Allan P. Kirby Lecture in Free Entrepreneurship at 7:30 p.m. Oct. 3 in the Dorothy Dickson Darte Center.

The lecture is based on Goldberg's newest book, "The Tyranny of Clichés – How Liberals Cheat in the War of Ideas," which discusses liberal politicians and how their "clichés" have the potential to devastate America.

Following the lecture, Goldberg will have a book signing. The Wilkes-Kings' bookstore, Barnes & Noble, will be selling books in the upper lobby of the Darte Center.

The lecture is free and open to the public.

The Allan P. Kirby Center Lecture Series holds two lectures per year, and invites individuals from the free enterprise and entrepreneurship field to the Wilkes University campus and Northeastern Pennsylvania.

"The Kirby Lecture offers students, cam-

pus staff, faculty and community members an opportunity to expose themselves to a wide variety of speakers with varied backgrounds and expertise in multitude of areas," stated Rebecca Van Jura, director of special events at Wilkes University.

Goldberg is a New York Times and Amazon.com best-selling author, a member of the board of contributors to the USA Today, a founding editor of the National Review Online, a "Fox News All Star" on Special Report with Bret Baier, a political commentator on CNN and has received several awards, including the Lowell Thomas Award and the Conservative Political Action Conference Conservative Journalist of the Year award.

Goldberg has also made appearances on "Good Morning America," "Nightline," "Hardball with Chris Matthews," "The Daily Show," "NBC Nightly News" and many other television and radio programs.

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## Relay for Life holds event at Kirby Park on Oct. 6

By Nick Durdan  
Correspondent

Wilkes University's Relay for Life will be participating in Colleges vs. Cancer, an event that supports Colleges Against Cancer, part of the American Cancer Society.

Colonels vs. Cancer will be held at Kirby Park, across the Susquehanna River from Wilkes-Barre in Kingston Oct. 6. Preregistration will begin at 8:30 a.m.

The registration fee for runners is \$15 dollars and all participants that register for the event before Sept. 27 are guaranteed an event T-shirt in their size. For more information about registration go to [www.wilkes.edu/homecoming](http://www.wilkes.edu/homecoming). Registration can also be made at the Student Union building from 11-1 Tuesdays and Thursdays.

The event is run by P3 pharmacy major Bethany Sharpless, the student adviser for Colleges Against Cancer. She has stated that proceeds of the event will benefit the American Cancer Society.

She said the event will be part of the Wilkes University Alumni Association's Reunion

Weekend. She said the opportunity to lead this event because cancer has affected almost every person she knows, and some funds from Colonels vs. Cancer helps fund cancer researchers.

Joining Sharpless in planning is junior pharmacy major Rebecca Gordon, the Relay for Life chairman for Wilkes University. She said that this event will be part of Wilkes' Relay for Life organization, where the community gets together to celebrate life, remember those who lost their lives and to raise money for the American Cancer Society. They also raise awareness high-risk behaviors linking to cancer.

The run itself will span 5 kilometers, students, faculty and community members are among the people expected to attend the event.

Funds from the event that are donated to the American Cancer Society help fund other programs such as Road to Recovery, offering free rides to treatment to cancer patients. Funds also help Look Good Feel Better which offers resources to help women affected by cancer take care of their wigs and skin during treatment.



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# Beauty Basic: How to care for makeup brushes

By Ashley Evert

Assistant L&A&E Editor

"Here, you can use my brush if you need to," is not only a statement that offends me as a makeup artist, considering that I have over 50 brushes at my disposal at all times, but the brush I am offered always looks like it has been through 20 products for 20 years without a single wash.

This week's Beauty Basic is a result of all the bacteria-infested brushes I have been offered in my career. Cleaning your makeup brushes is simple, easy and necessary to keeping that face of yours as gorgeous as usual.

In theory, we should use a clean brush every time we apply a new product, but this is not a perfect world with limitless money to buy new brushes or limitless time in which to clean them. Keep up with this routine every two or three weeks and you will see a huge difference in the application of your makeup and the "health" and longevity of your brushes.

Don't waste the money on expensive brush cleaners when baby shampoo works just as well. Wet your brush and squeeze a small amount of shampoo into your hand. Don't swirl your brush around because the bristles could break off against the metal ferrule. Instead, work your brush into the shampoo back and forth, then side-to-side gently. Massage the shampoo into the bristles with your fingertips, then rinse using the same motions.



The Beacon/Ashley Evert

**Knowing the anatomy of your makeup brushes will help you clean them more efficiently for better use.**

Be careful to rinse the brush with the

bristles facing down and without getting any water into the ferrule. Water can loosen the glue inside that keeps the brush together and you will get a ton of bristle loss. Repeat shampooing and rinsing until the water runs clear, then reshape the bristles with your fingers and lay the brush down to dry on a flat surface; never put it back in a container upside-down because again, the water will seep into the ferrule.

Viola! Not too difficult to keep those brushes squeaky clean, is it? If you're having particular difficulty with an eyeliner or lip brush because of the waxy consistency of the products, add some olive oil to the shampoo. The oil will break down any wax and make it much easier to clean the brush. Olive oil will also condition your brush hairs.

I tend to wash my brushes at night so they have plenty of time to dry while I catch my beauty rest. In terms of storage, I use old glass containers from candles filled with colorfill from Michael's (found in the vase section) to display them on my vanity.

Keeping your makeup brushes sparkling is super quick and easy. When your brushes are happy, your skin will be, too. Now that you have been armed with the knowledge on how to properly clean them, there should not be a single crusty brush in anyone's bag around campus.



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## College Cuisine: Cheap, easy eats for busy students

### Cookie Dough Greek Yogurt

By Ashley Evert

Assistant L&A&E Editor

Cookie dough Greek yogurt is ridiculously easy to make and if you're a baker, you'll already have the ingredients on hand. Between the yogurt and peanut butter, this is a sweet protein-packed way to begin your day instead of the usual boring bowl of cereal.

#### The Basics:

Prep Time: 5 minutes

Cook Time: 0 minutes

Cost per serving: about \$3

#### Ingredients:

5 oz. Plain Greek yogurt

1 tablespoon creamy peanut butter

1 tablespoon honey

1 teaspoon vanilla extract

Pinch of salt

1 tablespoon chocolate chips



#### Instructions:

1. Measure out and combine the peanut butter, honey, vanilla extract and salt into the Greek yogurt.
2. Stir in chocolate chips once other ingredients are thoroughly mixed and smooth.
3. Enjoy!



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### The Play List of the week

Back before the days of stolen music, On-The-Go playlists and YouTube; there was a time when people would sit down and have to weigh their musical choices with care because it took longer than two minutes to make a playlist of all the songs they thought would sound awesome together.

Luckily that time has passed, so each week WCLH and The Beacon will be teaming up to bring an emotional soundscape for your audio pleasure airing each Wednesday at 3PM on 90.7 FM or worldwide at WCLH.org, here's a little tease of what will be spinning...

This week, to coincide with the changing of the seasons, the tempo will slow to a relaxed rate and the aggressive bass riffs will be traded for acoustic panderings. Expect the playlist to lower that heart rate and induce an overwhelming feeling of tranquility. This won't be a workout playlist, so find a chair, your best headphones, and clear your schedule.



# Under this harvest moon...

By Jake Cochran  
Editor-In-Chief

During the week of Sept. 17, the Harvest Moon made it's annual appearance, lighting up the night bright enough to read a newspaper.

But it's gone now, so while the moon may be gone,(and with it, the opportunity to read the best college newspaper in all of Wilkes University outside at night) these beautiful fall locations are not.

Northeastern Pennsylvania has some excellent scenic areas to spot leaves changing and falling to cover the

ground.

Now that school is in full-swing, all the essays, assignments, annoying group work, after-class 'optional' study sessions and general academic nonsense take a toll on a student's mental well-being.

The best way to break up the monotony of the day is to get away from everything. Just leave all the problems at the desk where they'll eventually be solved and head into nature for inspiration and creative solutions.

Make the escape to one or all of these locations...



## Francis Slocum Lake



This is one of the further options on the list, but one of the most visually rewarding.

The area has a boat launch and multiple trails around the lake.

The drive out isn't bad itself, if the scenic route is your thing.

If a drive is out of the question, just put on some sneakers and make the trek across the Market Street Bridge.

On the other side lies one of the best sites around to take in the changing of the seasons with both wooded and waterfront areas.



## Kirby Park



This is another place a car would be the only option of getting to, but it's definitely worth the drive.

The Seven Tubs is a natural formation from years of erosion. The result is something out of a J.R. Tolkien novel, minus the Hobbits and wizards. It's relatively Orc-free.

## Seven Tubs Natural Area



Sept. 24, 2013

Contact editor: carly.yamrus@wilkes.edu

# Why 'North Colorado' is not likely in the future of the United States

By Lyndsie Yamrus

Assistant Opinion Editor

Hawaii was the last state to be admitted into the union back in 1959, bringing the number of states in the continental US from an awkward 49 to a nice, solid 50.

And so we have 50 stars in the American flag today- arranged uniformly and magnificently beside 13 white and red bars.

But what if the US added a new state tomorrow? 51 states? Where would it go? What would its name be? Would someone make a new flag to accommodate the extra star?

A 51st state. The idea seems just as preposterous to me as scientists deleting Pluto from our solar system. And yet, the last planet printed in any 2013 grade school science textbook diagram is Neptune. Imagine that.

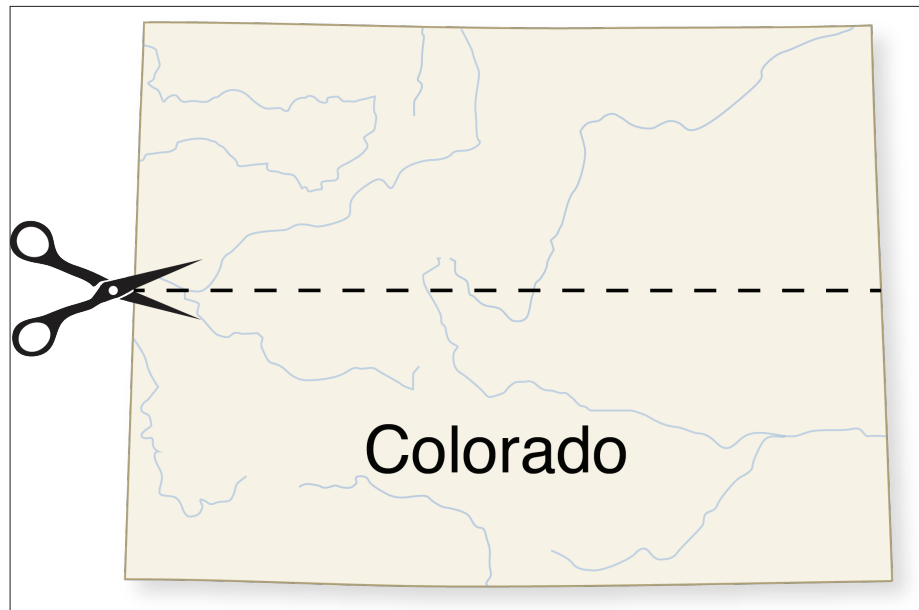
So a new state isn't so inconceivable after all. In fact, there's talk of it, and it would be named North Colorado.

Residents of a recently growing number of rural northeastern counties in Colorado (predominantly Republican) want to secede from their home state.

The initiative began after a series of gun and environmental laws were passed by the state legislature in which these rural counties generally opposed. The counties feel sidelined when it comes to decision-making in Democratically-controlled Denver, the state capital.

The counties additionally feel that their regions have been negatively impacted by some of these decisions.

Certain counties feel as if their voices aren't heard, and much of the problem stems from geographical isolation.



The Beacon/Paul Kaspriskie

**Due to political issues, counties in Colorado seek to secede from their home state and form a North Colorado." This initiative, however, isn't likely because it requires votes from both the CO legislature and Congress.**

Alright, so poor planning back in earlier decades when land surveyors decided that it would just be easier to make most western states basic in shape, comprised primarily of right angles- mostly rectangles, or some type of rectangle derivative.

Take Moffat County, CO. The county is literally on the opposite side of the state in the western corner, separated from the rest of the

aggravated counties by the Rocky Mountains. No wonder Denver isn't listening: there's a pretty large barrier in the way there.

If Moffat County disaffiliated itself, North Colorado would not be contiguous like the other mainland states. They'd have to include a bunch of other top Colorado counties in order to achieve contiguity.

Case in point: one idea is asking Wyoming

to expand their borders south and annex the dissatisfied counties. But this still wouldn't accommodate Moffat. Besides, Wyoming seems cautious and uninterested. According to many news sources, the Equality State feels as if they have other issues to focus on, as does the nation as a whole.

Wyoming is right. If North Colorado becomes a state, that means they would receive congressional representation. Washington D.C. can barely get anything done as it is.

The secession idea is intensely politically charged, but according to NationalJournal.com, Weld County's commissioner has an idea that could get Congress on board:

North Colorado would obviously be a real state, but if we admitted Puerto Rico or Washington D.C. as well, this would likely be a boost for the Democrats.

See how quickly one more state became two?

When it comes down to it, a North Colorado isn't likely. It just isn't realistic for many reasons. Besides, even if county residents approved the ballot initiative, they need both the Denver legislature's and Congress's votes.

All in all, it's a symbolic initiative, and it represents accurately many of the foundations in which this country was built upon. These counties must know that secession isn't likely, but they certainly were successful in getting Denver's attention, even with mountains and miles of grass in the way.

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# Runway racism: High class or highly discriminatory?

By Sara Davis

Staff Writer

What comes to your mind when you hear the word "runway?" Do you think of fashion trends and designer fabrics, or do you think more along the lines of super models?

A majority of runway models share similar body features such as petite frames, flawless skin and long legs, but recently another similarity seems to be becoming too common: the color of the model's skin.

Looking at statistics from some of the well-known fashion shows such as New York Fashion Week and London Fashion Week, show how serious the racial problem is becoming.

According to CNN and statistics compiled by blog Jezebel, at New York Fashion week in February, only 6 percent of designs were shown on black models. 82.7 percent of the runway spots were given to white models,

while Asian females received 9.1 percent of the spots.

Similarly, in this year's fashion week located in London, England, only three models did not have white skin.

It is frightening to think that this problem is happening again, considering the fact that the Civil Rights Act was passed in 1964, and it is now 2013. After several decades, why is the racism still an issue that is plaguing fashion today?

Fashion week, along with other similar fashion productions, serves as a purpose for designers to exhibit their work and provide the audience with what clothing is "in-style" for the fall and spring seasons.

The key word here is clothing.

If the purpose is to exhibit the newest sweater or the recent style of high-heeled shoes, then why does it matter who wears them?

It seems as if both the designers and the pro-

ducers forgot the famous saying, "treat others the way you want to be treated," or "walk a mile in their shoes."

How would they feel if they were not allowed to participate, or were being limited in their participation, due to the color of their skin?

Although they may not admit to this, they would probably feel upset, angry or belittled.

If people of various body types, cultures and skin colors are going to be purchasing the clothes, then they should be allowed to model them.

Some people fail to realize that a large amount of viewer's self-esteems are lowered when the message is portrayed that white-skinned, long-legged, blemish-free people are prime models to exhibit pristine outfits.

Imagine how you would feel if you had several years of modeling experience and worked your way up to the professional level, and were

told that you did not meet the requirements due to the color of your skin?

Better yet, what if you were interested in purchasing new outfits, but felt you were not the right person to wear them just because of the color of your skin?

Why is this problem still relevant? Are the producers ignorant of the fact that they are given equal opportunity to people of all colors of skin, or are they aware of the fact and choose to discriminate anyway?

Whatever the reason may be, the problem needs to stop. The requirements for models should be based on their expertise and experience- not the color of their skin.

After all, the shows may be more of a success if participants were chosen on ability and not appearance.

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## Colonel Critiques

# Flynn's "Gone Girl" a captivating encounter

By Anne Yoskoski

Managing Editor

It is not too often that I call a book "thrilling". When one reads so much, the bar for a book that really shocks and awes is raised. With Gillian Flynn's "Gone Girl", however, I was drawn and and spit back out, dazed and wanting to crawl back into the pages for more information.

Flynn separates the novel into two sections, one narrated by Nick and one narrated by Amy, a seemingly perfect couple living in New York.

On the morning of their fifth wedding anniversary, Amy goes missing, leaving behind diaries filled with accusations, and making Nick the number one suspect.

Something unique about the novel is that the narrators are unreliable, exemplified by Nick admitting in the first chapter that he lied to the police in his interview.

To say that the reader can end up confused is an understatement.

As a reader, you are not privileged enough to know the secret that Flynn knows. It is difficult to discern which of the narrators is being truthful, and it could end up being neither.

Nick and Amy are dysfunctional, difficult and, in one case, irritating. Flynn knows how to manipulate the reader into thinking that the narrator is telling the truth, when really everything has been turned upside-down.

Never have I encountered a character I thought was more miserable than Amy, but if she were likable then the book would

have failed.

I'll admit it - I hated Amy. When I got to the flashback of her section, I sighed internally, not really wanting to deal with her based on the image Nick's section had provided for me. By the end, I wasn't exactly a fan of Nick, either. Surprisingly, that worked in the novel's favor, making me want to know what finally happened to these two and if any justice is dealt out. By the end of the book, I was mentally exhausted, as if I had followed the characters through the hoops and over the hurdles Flynn put forth. I was shocked when I wanted to read more.

I have recommended this book to every single person I know, and I can't emphasize enough the roller coaster ride Flynn pushed the reader through. I could read this book again and maybe still not see the signs pointing toward the ending, because Flynn is skilled at keeping a secret from her audience until the very last page.

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# New film "Prisoners" a unique, gripping mystery-drama

By William Amos

Correspondant

"Prisoners" is rattling.

There is more to this film than simply what you see and it shows you everything. It's brutally raw and sympathetically vulnerable, playing on audience's emotions.

Hugh Jackman knocks it out of that park as Keller Dover, a man riding an emotional roller coaster after his daughter has been abducted only a short distance from their own front door.

No doubt about it, you're along for the ride and you feel every peak, drop, and turn.

Terrance Howard plays Franklin Birch, whose daughter was also taken. Howard portrays a more level-headed approach who tries to "keep it together" for the good of his family but becomes more conflicted when presented with a moral dilemma that makes him question the line between right and wrong.



contrast, is a loose cannon experiencing an endless meltdown from start to finish.

Emotions fly from the screen and hit you from the start. The film is lengthy but well-paced and takes its time while the story never stops progressing and always leaves waiting anxiously to see what is going to happen next.

The film's greatest quality in this viewer's opinion is that nothing is ever merely what it appears to be. Just when you think you have it figured out, they throw you another curve ball.

It is highly recommended especially if you have a flare for the dramatic and you're intrigued by a compelling and gripping mystery.

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# British musician Jake Bugg makes honest music

By Eric Casey

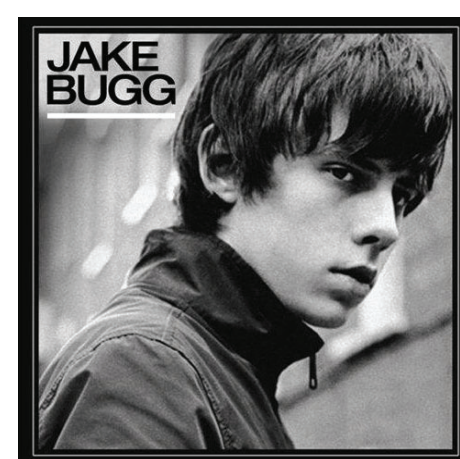
Staff Writer

Jake Bugg is a rare musician.

It was Oct. 15, 2012 when indie folk singer-songwriter Jake Bugg released his debut eponymous album under Mercury Records in the U.K. I had discovered this thanks to a small mention in Rolling Stone magazine.

He is often compared to Donovan, Don McLean, and others. Some even say he is "this generation's Bob Dylan". However, Jake admits not listening to much of Dylan's work growing up, and instead mentions influences such as blues singer Robert Johnson, and the Rolling Stones. You can even hear a little bit of Johnny Cash in some of his more "twangy" tunes such as "Taste It" and "Trouble Town."

Touring has afforded young Bugg the opportunity to get out of his council estate of "Clifton", which previous to fame he has never traveled outside of England. Although, he hasn't



dissed his beginnings as referenced in "Two Fingers". "I go back to Clifton to see my old friends/ The best people I could ever have met."

The first half of the album is really upbeat, but with dark lyrics. In slower songs like "Simple As This", "Country

Song" and "Broken," you can experience the emotional side of Jake's previous relationships he's been in. "Broken" in particular makes me tear up sometimes. Especially when he yells out, "Down in the valley where the church bells cry, I'll lead them over to your eyes!"

The album picks up at the end with "Note To Yourself", "Someplace" (his weakest song), and closes with country tinged "Fire." The latter was recorded on an iPhone even though it sounds like a lost vinyl record from the '50s.

The album, which mostly consists of under three minute tunes, was finally released here on April 9th to much acclaim. It debuted at number 75 on the Billboard 200 Album Chart. He has performed on late night talk shows and even had his song "Lightning Bolt" in a Gatorade ad earlier this year.

Jake Bugg prefers writing all his songs and letting the audience decide if his work is good or not, instead of boasting about it in media forms. He's just completed a new album with famous producer Rick Rubin which is sure to propel his status to a new height. The handsome young lad who came out of nowhere last year is certainly on the right path to longevity in the music industry. This may be a bold statement, but his album is certainly the best of 2013.

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# the 101

By Carly Yamrus

Opinion Editor

Every week, Opinion Editor Carly Yamrus and Assistant Editor Lyndsie Yamrus give an informative crash-course on the most random subject they can think of that week. Their views do not reflect those of The Beacon, its staff or Wilkes University. This week Carly Yamrus cordially invites you to read up on your...

## Non-traditional theme parties

should wear proper attire of course, just in case Gatsby actually shows his face. No keg-stands.\* Be classy.

Monochrome:

This theme is good for a last minute party. Everything has to be the same predetermined color, including your outfits. Everyone will be confused. It could get a little trippy in there.

Salvation Army:

What better way to spend your Friday night than patronizing the local Sal Val for a good cause! Each person has to buy their clothes for the night using 10 dollars or less. Could turn up some rather interesting outfits since hardly anything in there is from the past decade.

Miley Cyrus:

Everyone shaves their head and wears plastic underwear.

Kidding.

\*The Wilkes Beacon does NOT endorse or encourage underage drinking.



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Wedding:

Who doesn't love a wedding? This theme includes all the fun of a wedding without all that legal nonsense and commitment. You're allowed to skip the ceremony and head straight to the after party. Send your guests their invitations and let them bring a date. The dress code and decorations should mock a real wedding, as should the cake. What you do with the cake is up to you.

Snow pants or no pants:

The snow pants or no pants party sounds comical but it goes beyond the dress part of it. This theme takes that cozy ski-lodge ambiance and brings it to your home. It is perfect for the coming winter season because of the dress code required. Snow pants are obviously encouraged, but if you don't have a pair, you better get creative!

Under the sea:

This could get a little ridiculous, but everyone dresses up as if they were "under the sea." Costumes must be handmade- even shell bikinis. No store-bought mermaids allowed. Get creative with your costume and don't be "that guy" who shows up in a red shirt and tries to convince everyone that he's a lobster.

Great Gatsby:

If you're going to try and attempt this one, you better make it "Great." Don't try to throw a 1920's Gatsby party at the last possible second- you'll ruin it. Décor should include copious amount of confetti, glitter, feathers and streamers. Take a lot of pictures at this one, but only in black and white. Guests

## Cheat Sheet

### "That guy"-

The worst type of person you can be at a party is "that guy." "That guy" is that person or group of people who are just too cool for the party. They make a feeble attempt to dress up and participate in the theme. If the theme for the party was wedding and you show up in one of those t-shirt tuxes... you are that guy. If the theme for the monochrome party was red and you wear black to be funny... you're that guy.

### The relentless attention-seeker-

You'll always find that one person, usually a female, who uses the theme to beg for attention. She will show up to the Under the Sea party wearing lingerie and hold a sword and convince you that she is a sword-fish. Fooling NOBODY. The point of a theme party is not to see who is wearing the least amount of clothes.

### The Selfies-

The Selfies tend to be a group of girlfriends who see the theme party as one big photo opportunity. Most of the night is spent documenting their attendance with everyone they can semi-recognize. Instagrams will be posted no less than every 30 minutes.

### The Halloweeners-

You'll always get those people who confuse a theme party with Halloween. Your premade, store-bought flapper costume from three years ago has no place here. A "greek goddess" is not a toga and 6 different renditions of The Little Mermaid in one house really just kills it.

### The Uninvitee-

The uninvitee is never technically "invited" to a party, but manages to make their grand entrance anyway - screaming "aaaaayyyyy!" to a bunch of people they've never seen before. The female uninvitee makes their grand entrance by coming in and squealing "hiiiiiiiiiiiiiiii!!!" to their posse pack of people they've been in contact with maybe once.

### The Freshman-

Nobody can take offense to this because we've all been there. The freshman often shows up to the party wearing their costume and nothing else in the dead of winter. Due to the fact that they are new to town and don't have friends on campus, the Freshman are forced to trek miles across the harsh barren grounds to attend these theme party events.

### The Live-Tweeter-

The live-tweeter is dedicated to tweeting about every incident at the party. They will also tweet song lyrics as they are sung. Their tweets document the entire night and can be referenced at a later date.



Photo Credit: Carly Yamrus

**Theme parties require partygoers to think outside-of-the-box. and Try the craft store for ideas and materials when planning your next get-together.**



# Phillies problems run deeper than old management

With the new management in tact, future focus should turn to defensive play and leadership

**Stephan Forney**

Staff Writer

Over the past week and a half, Phillies baseball went from full of disgrace to full of potential. Its no secret that the Phils have had their struggles this season, dealing with injuries, poor play and heavy slumps making a dynasty officially move into their rebuilding era.

In a summer where we thought we would see a fire sale, the only guy who got the boot was the one we all loved the most. Charlie Manuel really took the brunt of the poor play of his season losing his job to a hall of famer he had taken under his wing and shown the ropes to.

Personally, I liked Charlie as much as every other fan and the whole Philadelphia area is still in shock and discussing how sad they are and how much he was beloved throughout the fan base.

However, as we take a closer look into the Phillies' season, there might be more blame to put on than just having a bad line up.

As far as it goes as managerial responsibilities, you show up on time, check on your players, get them to play to their full potential, make the tough decisions and stuff your face full of ballpark food.

I'm not saying it's always easy but it's quite clear he was only successful in two of those this past season very different from where he was three years ago.

Every play from almost every player from the time that Ben Revere got hurt until Charlie was fired, seemed lazy or as everyone else has put it lackadaisical. Lazy and nonaggressive base running, lazy cuts at the plate and

dropped fly balls in the ninth inning of a game that should have been locked up (thanks for that gray hair Dom Brown.)

If you take the time to reflect upon the 2008-10 era of flat-out amazing Phillies defense, the outlook is vastly different than what we see now.

For starters, more consistent pitching, and not just the starters but especially the bullpen.

Going into this season Mike Adams was supposed to be the rock that rid us of our previous bullpen issues -- and we haven't seen him in months.

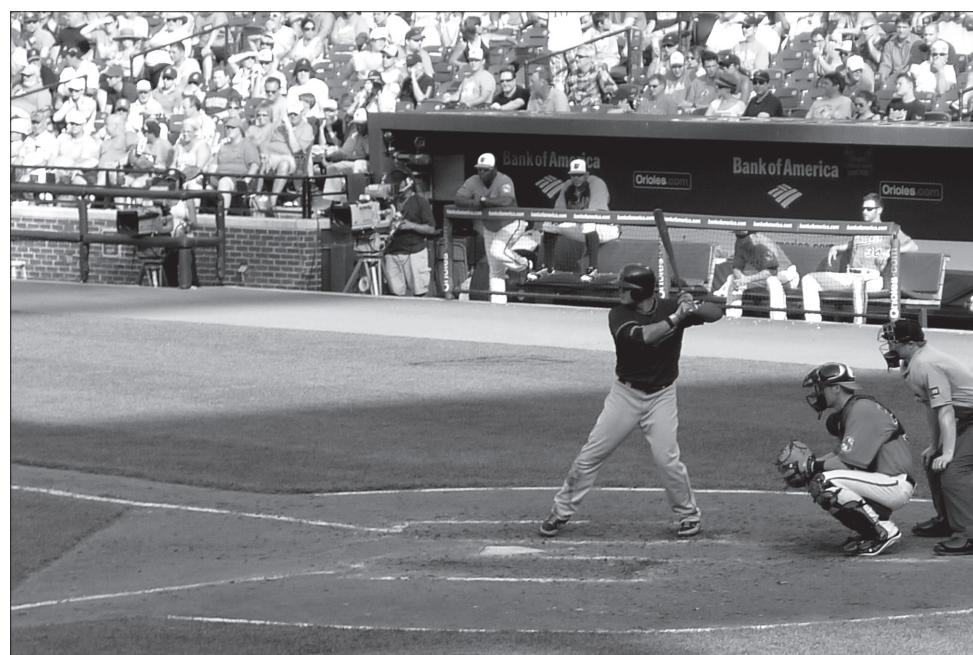
Good Ol' Pap had a nice midseason blowup and made himself less popular than Andrew Bynum blowing six of 10 saves in a time where those six games were more than crucial and really defined their season. Don't forget about the injury to Mike Stutes and the suspension to Antonio Bastardo.

"D-Fence!" Everyone's favorite chant at any sports game ever, but where has it been this year? There hasn't been a gold glove in our outfield since Shane Victorino, the gold glove of Jimmy Rollins is long gone (and I mean really long) and Chase Utley is the man but only plays two-thirds of the season.

Behind the plate a huge bright spot early in the dark beginning was Eric Kratz, filling in in near all-star form for the suspended Carlos Ruiz, but then, of course, he too got injured.

I was going to take the time to elaborate on the struggles of hitting but I felt their 5-15 slump from the all-star game to Charlie's last kind of spoke for its pathetic self.

Every time this season someone has gotten hot at the plate, someone else cools off or they get hurt. Examples -- Ben Revere, Carlo Ruiz, Chase Utley, Dom Brown (amazing hot streak, more amazing cold streak), Jimmy Rollins and



Beacon photo/Paul Kaspriskie

**Baseball has been more fun in the second half of the season for Phillies fans.**

Ryan "Why Does He Have That Contract" Howard. I think my point's been made.

But now with Ryne Sandberg at the helm, this ship has certainly has changed direction. The thing I like most about the new skipper is his effort to make sure that the players know every game matters.

Just because they might not (and won't) make playoffs they need to understand this opportunity of playing a sport at this level is a privilege and if they turn their back on this game, this game will turn their backs on them forever.

While a most of the players liked how relaxed and personal Manuel was, I think they will be more responsive to the more serious approach of Sandberg. Sandberg has been around the team for a while coaching the minors and majors so he gets a great start knowing the organization from top to bottom and probably being this clubs saving grace.

The youth on this team is getting great experience right no and paying pretty well also. Darin Ruf proved he's an everyday player, Dom Brown had a breakout year, Ben Revere proved he can be our man out in center when healthy and Asche gives them the third baseman they need for when Michel Young leaves after this season.

Not to forget that pitching prospects, Jonathan Pettibone (first starting pitcher of the '90s generation for the Phillies) and Tyler Cloyd have played their way into Phillies uniforms. And with the low stakes on this late portion of the season, these guys can get the experience they need to develop into full time players all the while resting some of the aging vets on the team.

All in all the quick start to Sandberg's career as a manager at this level was what this team needed to begin the overhaul and uprising of Phillies baseball.

As beloved as Charlie was, it seemed that he just didn't have a handle on things especially since a rookie manager is able to turn them around on such a short timeframe.

Even Roy Halladay has been quoted saying "some issues were overlooked" about Charlie's leadership.

So it's time to say "sorry Charlie," and "thank you for the greatest era in Phillies baseball history" and at the same time welcome the newest Phillie to the team, Ryne Sandberg.



Beacon photo/Paul Kaspriskie

**This baseball season has been one of disappointment for Phillies fans, but with a new manager and the increased playing time for younger players, prospects look much better for the 2014 season.**



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# With large freshman class team seeks new energy

## Football team looks to improve through unity and new blood with record recruiting class

by Frank Passalacqua  
Sports Editor

Sitting at 1-1, the Wilkes University football team looks to break the barrier from last years 5-5 season. Coming off their .500 record, the Colonels enter 2013 ranked sixth in the Middle Atlantic Conference.

With Lycoming College, Widener, Delaware Valley, Albright and Lebanon Valley ranked ahead respectively, the team opens 2013 with it's first two of three games against the first and second ranked team for the season. After coming off a 41-26 victory over Morrisville State College in the season opener, the Colonels fell short 18-34 to the number one ranked Lycoming College in week two.

Saturday, September 21 see's a heated re-

match as Wilkes opens MAC play against Widener. Last year, Wilkes lost 0-90 in the week three matchup.

Looking back, Coach Frank Sheptock advised on what steps the team made in order to prevent a relapse.

"From a different standpoint, we've taken some days in camp to start to go over some of the things Widener had hurt us in last year," said Coach Sheptock. "We've tried to be an advocate of finding the answers that we may need that particular week."

Coach Sheptock enters his 18th year as the head football coach for Wilkes University. Sheptock realizes the road ahead will not be easy, but is excited about the direction in which the team is headed.

**The new field house renovations bring nothing but a positive morale to the team. As players ease their way into the season, they have the MAC championship to strive for with an open mind.**

Zobaida Azad/Wilkes Beacon



Zobaida Azad/Wilkes Beacon

**With the addition of 69 freshman to the roster, Coach Sheptock realizes how crucial it is for the team to be tightly unified. After coming off the 0-90 loss last year to Widener, practices before the matchup become increasingly strategic.**



# Football

Continued from Page 16

“The MAC schedule will be very challenging for us. There’s a certain excitement level to that but I’m really trying to keep the guys focused on what’s important for us to be successful, and that’s the part I’m really excited about for this football team,” said Sheptock.

Team unity is a big factor this year with Wilkes. Largely in part to the fact this incoming class of freshman sees’s 69 new roster spots. Yes, there are 69 freshmen that have joined the football team. This is one of the largest incoming classes for the university and the numbers reflect that even on the football field.

Coach Sheptock weighs in on how important the recruiting process is for the team.

“We’ve tried to improve our recruiting class and we though one of the ways that we could do that was by increasing the numbers,” Sheptock said. “We felt that the more talented class we could bring in, the better off we would be. We have a very strong group of seniors that I think have really orchestrated some neat things with our new players getting acclimated.”

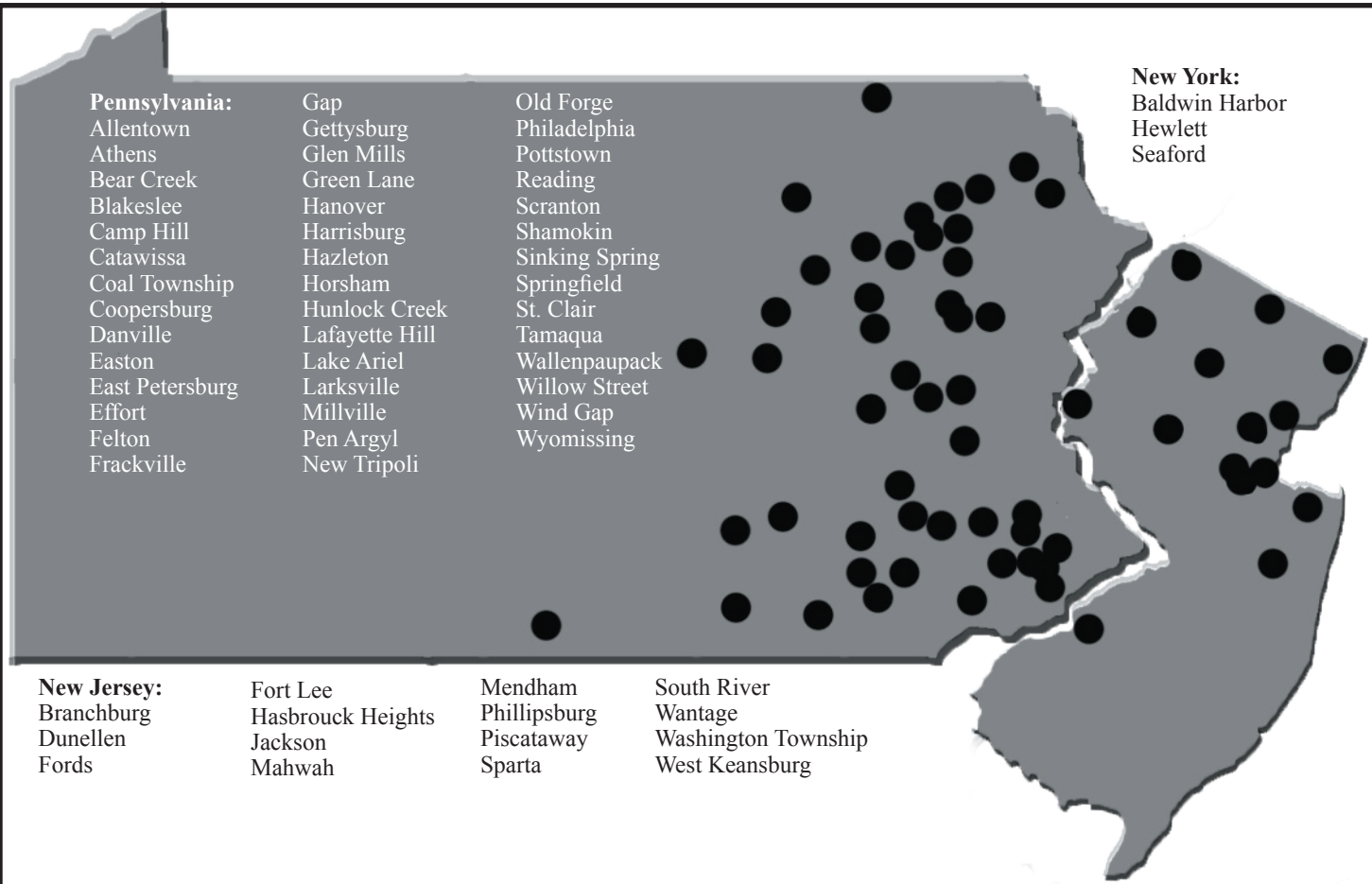
Even though many of the new players are red-shirted, it does not take away from the chemistry that is being built in the locker room and on the field. Even the recent renovations to the Munson Fieldhouse all contributes to the one word Coach Sheptock keeps stressing, unity.

“We’ve come together as a unit from accountability and trusting each other, being on time, the little things you’re trying to observe. I’ve been really happy with their work ethic. It’s been a very competitive camp.”

Wilkes closes out the season against the rest of the MAC contenders and ends the season in the annual Mayors Cup, held November 16 against River Street rival, Kings College.



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Zobaida Azad/Wilkes Beacon

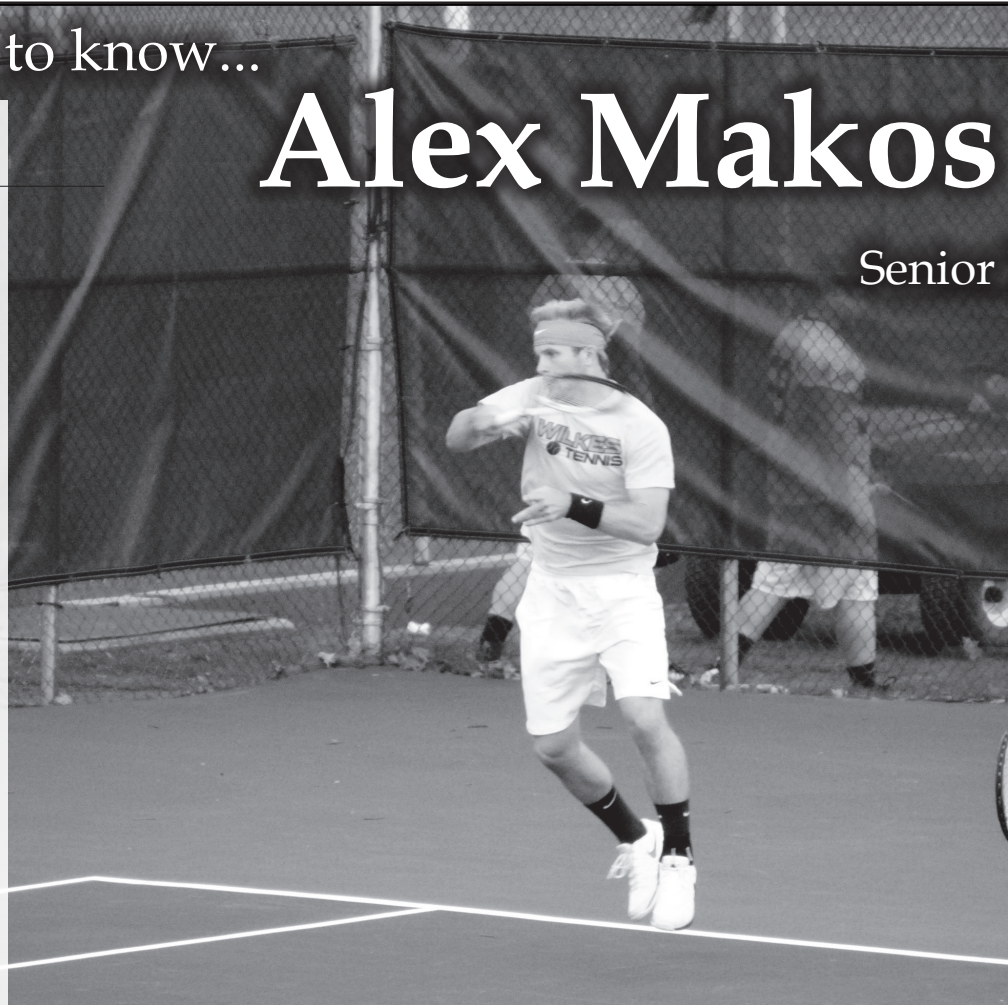
The Wilkes football team practices at the Ralston practice field complex before their heated matchup against Widener University. With Widener seeing a new head coach take the reins, Wilkes can practice new schemes and packages for use in the early season fight, hoping to come out with a needed “W.”



## Getting to know...

## Alex Makos

## Senior Tennis Player



**By Brandon Gubitosa**  
Sports Writer

**Meet Alex Makos, a senior marketing major minoring in psychology and management. He is the captain of the Men's Tennis team. He took time out of his busy schedule to sit down and talk to The Beacon.**

**Where you from?**

I am from Mansfield, PA, It's located in North Central Pennsylvania.

**What sport do you play?**

I am a Tennis player here at Wilkes University. I played other sports in high school but Tennis is really my racket.

**When did you start playing Tennis?**

My dad taught me when I was younger but I started taking it seriously in junior high when I gave up on my dream of becoming a professional football player. As I got older and matured I started to focus more on Tennis.

**Who is your favorite Tennis player?**

Roger Federer is my favorite and he is a role model on and off the court. He is a classy guy and that is why I like him so much.

**How does it feel to be Upperclassmen on the team?**

I am the team captain along with Brendan Blachowski who is a junior. I am the only senior on the team so it's nice but then yet again it is kind of lonely. Our team is phenomenal and we have five new freshmen who are so eager to pick up where everybody left off, when they graduated.

**Any Major Responsibilities as being captain of the team?**

I organize team bonding events to help the team to get to know each other better. I also help with rides to and from the fields. I think my biggest responsibility is reaching out to all the guys and seeing how they are doing with classes and tennis because it really takes up a lot of time and is a big commitment. Also I have to motivate players when they are on the court

**How many times a day does the team practice?**

We practice once a day and we typically go for an hour and a half to two hours. When you get into some majors like Engineering and Pharmacy it is hard for the players to stay for the full time because they have to cut practice short just to make it to one of their labs and they are getting there tired and all sweaty. It is really a lot for them to juggle and as captain I reach out to them and assist them in any way I can.

**What are your goals for the team this year?**

We have to take it one match at a time. Last year at the NCAA tournament we won our first round but lost in the second round. So our next goal would be to win that second round and stay around in the NCAA tournament. Before we can get there we have to win

the MAC and then go from there.

**Awards you received playing Tennis?**

I was chosen for the MAC all-century team which is a big accomplishment. I also have been named to the honor roll for Tennis for two years now. First team all-conference two years in a row. I was named conference MVP freshman year. Although this is not Tennis related, but still related to sports I was named NSA All American and was the first to receive here at Wilkes University.

**What does it mean to be an NSA All American?**

The award is giving out to one male athlete and one female athlete a year. The recipients are nominated by coaches and the student body. Recipients of this award display leadership and hard work. I got my name on a plaque and it is on the wall in the weight room which I call the "Wall of Immortality". This award is for every sport and I was chosen over basketball, soccer and football players which was very humbling.

**How did it feel to be a recipient of this award?**

I was surprised at first and really only heard about it freshman year. It was such a great honor and is something I carry around with myself. I try to make myself better because I received this award. I now have to live up the standards of being an All American, and that is something I have been trying to do senior year.

**Academic awards received here at Wilkes?**

I have been named to the dean's list two years in a row, and I am very happy how I have done

academically here at Wilkes.

**Who has influenced on you training so hard to be in the position you are today?**

Tennis coach Chris Leicht who really motivates me to be who I am. Then there would be Coach Keith the strength and conditioning coach here at Wilkes University. He is the best training coach that I have ever worked with and even other coaches have said that he is one of the best to work with.

**How often do you train?**

Right now my schedule that I am following is I lift twice a week and then I play every single day. Then on the weekends we have tournaments and it all just depends about how the schedule is. Obviously I will not lift before a match. Whenever I can get extra hitting time in I usually take advantage of that.

**What are your rituals or superstitions?**

Tennis players are very superstitious. I always wear a bandana whenever I play because Roger Federer wears one and I try to model him as a player. Another thing I do, is when I am done with my tennis racket I put it back into the plastic bag I bought it in. I like to think it preserves my strings and the racket.

**How many rackets do you have in your bag now?**

I have four but I always carry an older version of one of the models I use, so I have five in my bag now.

**You sound like a busy guy, but what do you do in your spare time?**

In my spare time I play the harp, I play some XBOX preferably Call of Duty. I am taking

up sculpting and I am pursuing it on my own.

**What is your favorite thing about Wilkes?**

That is really a tough question, because there really are many things I love about this campus. One thing I love about it is the class size and how small they are. Another thing I love is the location; I am two hours away from home which is great. I like to tell people that I am far enough where my Mom cannot show up without telling me, but close enough where I can go home whenever I like. Also I love the traditions that are carried out here at Wilkes as a campus community, and as a tennis team.

**What is your future job that you want to go into?**

Actually I have been hired by Pella Windows and Door of New England. They are a New England branch based out of Iowa. I have been hired there to start as soon as I graduate. For the first eight months they are going to be training me and then there is an expectation that I might become outside sales or an architectural rep.

**How do you describe yourself in three words?**

I am loyal, ambitious and down-to-earth

**Any advice for other students here at Wilkes?**

Try new things, have a goal in mind and if that goal doesn't go the way you want reevaluate the goal and make a new goal and work towards that goal.

**What else do you participate at here in Wilkes University?**

I am an E-Mentor here and I love mentoring the incoming freshman here. They are what really is going to keep Wilkes going. I also play the harp in the Wilkes Civic band. Also on Monday, Wednesday and Friday I work in student development as a work study job. Currently I am arranging the internship week which we are calling professional development week. Going to this event is how I ended up getting my job up in Boston. It is a really cool event taking place October 14th-October 18th. We will have everything from a resume session to an etiquette reception. It is really going to be a great event and I am looking forward to seeing everyone there.

**Do you encourage freshman to go?**

I actually went as a freshman and I met with the CEO of the company and we have stayed in touch and that is how I actually landed this job with the company. Going to this will help build



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# 'You Do What?!' Skating has never been so physical

## Introducing alternative sports to the world one weird look at a time

by Ashley Evert

L&A&E Assistant Editor

"You Do What?" is one incredibly unathletic girl's journey to explore alternative sports. Check back every week for my take on sports I once knew nothing about and now find fascinating. Our very own Wilkes-Barre Roller Radicals were kind enough to share some insight on derby life for this week.

Made famous by the 2009 film *Whip It*, roller derby has been increasing in popularity, but people still aren't sure what's beyond the fishnets and bloody noses. This alluring, high-impact sport has a lot more to offer than the average spectator might think.

The aesthetics of this sport are definitely what get people interested. With more span-der than roller rinks have seen since the 80's, and punny yet brutal names like Chiquita WhamBamYa, Susan B. Agony and Sigourney Reaper, it's no wonder people are so entranced by the theatric nature of roller derby.

The idea of roller derby has actually been around since the late 1800's and was born out of high endurance races. The sport known as roller derby since 1939 has changed constantly, but the basic concept remains the same today: members lapped members of the other team around the track to score points. Derby is not run through the Women's Flat Track Derby Association (WFTDA).

The collisions and crashes that the sport is known for today were not born with the sport. Fans realized the occasional catastrophes were an exciting element to the game and

encouraged Leo Seltzer, the creator of Trans-continental Roller Derby, to exaggerate them.

Now, there are all kinds of penalties for foul-play, which, makes the game much more interesting to watch. These girls are tough. Ginger Brute, a blocker who has been playing for three seasons, said that the generalizations about weight and speed aren't always true.

"I know some big girls that are super duper fast," she explains. On M.J., the scrawny jammer from last season," Brute said that despite her size, "She hits like a tank; she will lay you out."

Ginger herself is pretty tough. She once dislocated her shoulder and popped it back in all within the same fall.

Some girls are lucky enough to stay relatively injury-free. Veronika Gettsburger, for example, has been skating for over 7 years and hasn't had anything more major than a little back pain. "Burger," as she's called, plays any position she needs to.

There are three positions in roller derby: jammers, blockers and pivots. Jammers are designated by a star cover on their helmets which means their goal is to skate past the opposing team's blockers to score points. Pivots are blockers who have stripes on their helmets and can become jammers during the game.

Smart Cookie, a 3 year veteran and coach, explains the pivot as the strategic boss, whereas jammers are star players. Last are the blockers, whose helmets are unmarked and whose job is pretty straight-forward: block the other team's jammer.

Not everyone has to be a brick wall on skates or a slick, speedy jammer—there are other ways to get involved. Courtney, or "Tragedy Anne," started in 2004 with Coal City Rollers, got injured and came back as the secretary for the Roller Radicals. She is still heavily involved with the sport while avoiding any more injuries.

Elysium, a jammer, commented on the aesthetics, "It's not so much punk rock anymore where everybody wears fishnets, some girls still do-- they rock out the old stuff, but anymore it's like people are trying to take it seriously but still have fun." Ginger echoed the thought, "The more you play derby the less you care what you look like. You can tell fresh meat by the way they look [all dolled up]."

Speaking of fresh meat, it's surprising how many girls have never skated before playing roller derby. Beginners learn how to stand, fall, hit "smart," and take a hit. They also learn "sticky skating," which is skating without picking one's feet up from the floor.

The Roller Radicals actually have a "duck pond" that they pull girls from when they are ready to play in a bout. Tryouts are every other month, and then girls become green ducks for about a month until they master basic skills. They then try out to be purple ducks, master those skills, then they are ready to get out and play.

The girls on the team are a melting pot. There are multiple mothers, students, a lawyer, a beautician, customer service people and social workers, just to name a few—and they all get along great. In fact, most of the Roller

Radicals said that the camaraderie is their favorite part of derby.

Smart Cookie said, "Derby is my second family. These ladies are all my best friends." Burger echoes her by saying, "I don't get along with girls, but I found 30 girls I can get along with. ... I found 30 of my best friends."

Louisville Slugger agreed, "The reason I joined was because I needed the exercise. The friendships I got were like an added bonus that I really didn't expect. I wouldn't typically hang out with most of these girls, part of that is my age and my family... they have different lifestyles but this brings us all together."

Even Pi, a math major still in the "duck pond" said, "I've only been here for three weeks and they're already treating me like I belong. All of the sudden I have twenty best friends."

Elysium also shared that she believes that roller derby will be in the Olympics within the next three years. Though she is incredibly excited at the prospect, she said she would not try out for the team. "I would get murdered. I've skated with some of the girls on Team USA and I wish I could be up to that level," she said, "They're derby on steroids."

If you'd like to experience this wildly entertaining alternative sport, head over to Skateway and catch the Roller Radicals in a bout. Their home season begins in June and ends in August.

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Courtesy of Sean Hale/seanpatrickhale.com

Roller derby has been growing in popularity as the hardcore, gnarly sport sees an increasing large audience, due to movies like "Rollerball" and the 2009 film "Whip It." The Roller Radicals fight components with that gritty toughness needed to compete in any roller derby league.



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