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Wilkes University - Wilkes-Barre, Pennsylvania

The news of today reported by the journalists of tomorrow.

Loud Silence: Expressions of Activism

By Cabrini Rudnicki
News Writer

Wilkes University's Sordoni Art Gallery opened its newest exhibit.

The exhibit, titled "Loud Silence: Expressions of Activism," was curated by Heather Sincavage, the director of the Sordoni Art Gallery. The exhibit officially opened on Oct. 23, with an opening reception held on Oct. 24.

According to the Sordoni Art Gallery, nearly 100 visitors attended the opening reception.

This year's exhibit features artwork from more than 40 artists, including Judy Chicago, Kara Walker, Faith Ringgold, Ana Mendieta, Kiki Smith and Jenny Holzer.

Sincavage held a curator's tour during opening night. During the tour, she took the visitors to key pieces of the exhibit and discussed their history and importance.

"I created the thesis for this a year and a half ago, and who knew the year would unfold the way it did," she said. "I realized quickly how ambitious it was, and it became more and more daunting as it continued to build."

Sincavage related putting together the exhibit like putting together a puzzle.

"You're hunting and gathering and hoping your cat didn't hide one under the sofa," she explained. "At times pieces do not work out, but you find another piece and you plug the hole, and you are able to



The Beacon/Cabrini Rudnicki

The exhibit features arts who artwork as a way of activism and telling their own unique story.

tell the story you envisioned."

While many of pieces were borrowed from existing exhibits and museums, some of the pieces were borrowed directly from the artists themselves.

"I dedicate it to [the artists]," said Sincavage. "I am in awe of these artists,

I've looked up to them, I was first a fan before I was anything."

The first piece of the tour was a small painting Silence of Abuse by Dona Leif, in a section Sincavage refers to as where

SORDONI, page 3



Courtesy of Linda Winkler

Students learn archaeology hands-on, page 4



The Beacon/Sarah Matarella

Self Care with Sarah: Flu season is upon us, page 9



The Beacon/Savannah Pinnock

Parker Dorsey's latest album review, page 18



The Beacon/Kyle Kraemer

MIH & WIH: Ice Colonel hockey programs begin play for the first time, page 19

Wilkes SAAC hosts "Trick or Treat" event for the kids in the community

By Ben Mandell
Co-Sports Editor

WILKES-BARRE, Pa-- The Wilkes Student-Athlete Advisory Committee (SAAC) hosted a "Trick or Treat" event for all of Wilkes' teams to give back to the community.

The event was put together by SAAC, which according to its mission statement online at gowilkesu.com is "to enhance the total student-athlete experience by promoting opportunity for all student-athletes; protecting student welfare; and fostering a positive student-athlete image, while maintaining the tenants of the Division III philosophy."

This first year event run by SAAC was orchestrated by SAAC President Dallas Kendra. She plays on the field hockey team.

SAAC, page 21

News

Have a breaking story or a press release to send? Contact either news editor: Cabrini.Rudnicki@wilkes.edu or Madelynn.Davis@wilkes.edu

Student Government notes: Oct. 24 weekly meeting

By Cabrini Rudnicki
Co-News Editor

This week's Student Government meeting continued with the club requests and discussion of Casino Week.

Hip Hop Dance Club, represented by Emerald Sims, had its second week of discussions to become a Student Government funded club.

A second presentation led by Sims to elaborate on issues brought up by Student Government members in the last meeting. In the end, the club was officially recognized with 26 members approving, three members opposing and one member abstaining.

Next, the Wilkes University College Democrats, led by Gregory Chang, also had

their second week of discussion for student-government club recognition.

The Wilkes University College Democrats had previously been a student government funded club; however, lack of involvement led to the club being disbanded. Chang, and other members of the club, are looking to be re-recognized as a club once more.

The club given the recognition, with 31 members approving, zero members opposing, and three members abstaining.

Next, the Student Government members discussed the upcoming Casino Week. The budget, which came to \$12,385, was approved by the members, with 24 members approving, 10 opposing and zero abstaining.

Also discussed were the possibility of schools, including the School of Education,

sponsoring the MegaCouncil Can Drive by assisting in the purchase of T-shirts for the event.

Student Government members voted on whether there should be a T-shirt, and if so, which t-shirt design should be used.

Next, the Sports Management Club had their first week of presenting their funding request.


The club is asking for \$600 for partial funding of a New York City trip, which would be open to all students. The total of the trip would be \$1,200. The student plan to visit Madison Square Garden, as well as other sports related fields in New York City.

The club is currently fundraising using a T-shirt sale.

Next the class reports revealed that every

class is currently working on their class fundraiser. Senior students discussed the success of the Downtown Establishment tour, as well as their future plans for the pierogi fundraiser.

Commuter Council representative said that the club's Niagara Falls trip went without a hitch. Multicultural Student Coalition also discussed its Hunger 101 Simulation going well as well. The Wilkes Programming Board representative said that the group has decided on the spring concert, but the results will be revealed over Winter Intersession.

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Beacon Briefs: The happenings on campus -- Oct. 23 to Oct. 29

Compiled by Maddie Davis

Spring 2019 class registration

The master list of the Spring 2019 course offerings is now available online. Registration for seniors (class of 2019) will be on Sunday, Oct. 28 at 10 p.m.; for juniors (class of 2020) on Tuesday, Oct. 30 at 10 p.m.; for sophomores (class of 2021) on Sunday, Nov. 4 at 10 p.m.; and for freshman (class of 2022) on Tuesday, Nov. 6 at 10 p.m.

Alan P. Kirby lecture: Jake Wood

On Thursday, Nov. 15 at 7 p.m. at

The Kirby Center for Creative Arts at Wyoming Seminary. The lecture is titled "The One and the Nine: Building Teams and Organizations that Win." Those who are interested in attending may register at wilkes.edu/jakewood. The Kirby Center for Creative Arts is located on 201 North Sprague Avenue, Kingston, PA 18704.

Colonel's Closet freshly stocked

The Colonel's Closet is open from 10 a.m. to 2 p.m. Mondays through Fridays. There is also a Colonel's Closet online order form that can be filled out and found on Wilkes Today. Orders are


typically filled within 24 hours of the order being placed and can be picked up at the Info Desk on the first floor of the SUB. For any questions please contact Kristin Osipower at Kristin.Osipower@wilkes.edu.

Volunteer at the Sordoni Art Gallery

Students, faculty and staff are welcome to share their appreciation of art and volunteer at the Sordoni Art Gallery. In order to apply, follow the link on Wilkes Today for the application. Please contact Nicole Lewis at Nicole.Lewis1@wilkes.edu for further details.

Christian Fellowship and Interfaith Office Clothing Drive

Wilkes Christian Fellowship and the Interfaith Office are partnering together to hold a clothing drive until Oct. 31. They are looking for men's jeans, hoodies, long sleeve shirts and coats. The donation boxes will be placed in the library and on the first floor of the SUB.

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Upcoming Events: 2018 Fall Semester

November

- 1 - Cupcake Wars (WUPB)
- 1 - Marts Madness
- 2 - One World Celebration
- 3 - Diwali Celebration
- 6 - Casino Week: Texas Hold 'Em (SG)
- 7 - Casino Week: Bingo (SG)
- 8 - UN Lecture: Mr. Niall McCann
- 9 - Casino Night (SG)
- 15 - Wing Wars (WUPB)
- 21 to 25 - Thanksgiving Recess
- 29 - Bingo (WUPB)

December

- 6 - Holiday Party: PJs and Pancakes (WUPB)
- 10 - Final Exams Begin

Spring - January 2019

- 21 - NYC Trip to MOMA and MET

WUPB denotes Wilkes University
Programming Board
SG denotes Student Government

Want your event featured in the
calendar?

Email: TheWilkesBeacon@wilkes.edu

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SORDONI, from front page

“women are telling their story authentically.”

“Abuse is a way that I came into activism,” she said. “I am a victim of domestic violence, it is something in my own personal studio practices. I find inspiration in other people who are able to tell their story, and I look up to the strength it takes to tell their story.”

The painting features Nicole Brown Simpson, who was found in her home murdered in 1994. Brown Simpson was the ex-wife of former Heisman trophy winner O.J. Simpson.

“I start here because this is Dona really shaping this silent experience. Some of the research I’ve come across says that 70 percent of college age women have been abused or sexually assaulted,” she explained. “That’s a very high number, and is a very silent story that until recently have not been talked about.”

Sincavage provided commentary for more paintings, before telling the crowd she had a surprise. Helen Zughaib, one of the artists featured at the exhibit, was in attendance to discuss her work.

Zughaib who was born in Lebanon before moving to Europe to escape the

Lebanese Civil War.

“When we left, my dad told me we were going on holiday for one week to Athens,” she said. “That week turned into 35 years that I didn’t go back.”

Much of Zughaib’s work focuses on the Middle East, the Arab Spring, and the Lebanese Civil War. The three pieces in the exhibit feature women in hijab or head scarves with geometric, pop-art print.

“[Sincavage] talks about the strength of women,” she said. “I, myself, do not think of myself as an activist. I’m a pretend activist, because I think of myself more as a humanitarian.”

“As an artist, I don’t feel powerful,” she explained. “I’m not a politician, but on the other hand, when I get to come to tonight and we have this common shared humanity, I feel empowered.”

After Zughaib spoke, Sincavage spoke about a section of the gallery focused on the African-American experience.

“I think when a lot of times when these artists were making their work, they did not think of themselves as activists first,” said Sincavage. “I think they are really thinking about having their story be told, because it has not been told.”

One of the pieces in the section is We

Came to America, a painted story quilt designed by Faith Ringgold.

The quilt tells a story of the legend that slaves who died in captivity would have their spirits float back to Africa. In the quilt, the Statue of Liberty ignites the slave ship with her torch, freeing the slaves.

Later on, Sincavage surprised the crowd with another artist, Sobia Ahmad.

“My work is essentially how large power structures, like politics and culture shape a person’s experiences,” explained Ahmad.

Ahmad grew up in Pakistan before immigrating to the United States when she was 16.

“A lot of my work is about identify as an immigrant, identity as a Muslim, a woman in the United States and in the art world.”

Small Identities, the piece featured in the gallery, was started as an exploration of data, according to Ahmad.

The piece features ceramic tiles, some printed with the images of ID photos.

“Early in 2017, I started to collect ID photos of Muslim immigrants,” she said. “This is when the travel ban for mostly Muslim countries was passed. Soon enough, I discovered that people were

terrified. They do not want to submit their photo for anything because they didn’t want to be recognized.”

Ahmad began placing in a blank tile in her piece every time someone did not want their photo included. The result is a piece that is mainly blank tiles.

Loud Silence will be open until Dec. 26 and is free to the public.

Upcoming Dates:

- Nov. 7, 4:30 p.m. Artist Lecture: “Out of Silence: Activism and Empathy in the Art of Elizabeth Catlett”
- Nov 14, 4:30 p.m. Film Screening of “Human Flow”



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Dr. Yanqui Zheng discusses the Chinese trade war at lecture

By Maddie Davis
Co-News Editor

Dr. Akira Shimizu and Dr. Jonathan Kuiken of the History Department welcomed their colleague Dr. Yanqui Zheng from Misericordia University on Thursday, Oct. 23 as a part of the Division of Global Cultures’ Contemporary History Project.

Zheng talked about the global trade war between the United States of America and his home country, China.

He started with Vice President Mike Pence’s quotation about the history of the United States and China’s longstanding relationship to why the trade war has been instated.

He split the lecture up into two parts: the first about trade, the second about war.

Trade started when the US began to crave Chinese products and started to import them, like tea and porcelain, however, Zheng noted that you don’t see this desperation in Pence’s words.

He then talked about the hidden destruction of opium that destroyed China, which Pence never mentioned.

“Mike Pence is giving you a particular version between the two countries, but if

we look at it from the Chinese perspective we can better understand it,” said Zheng.

Zheng moved to the second part of the speech, focusing on the conflict between the two countries.

He talked about the abuse of power from the United States and how it not only caused suspicion of the Chinese but how it allowed us to be fearful of them.

The U.S. has been afraid of China because of its communist ties, which we use as an excuse to enact a trade war on them.

He referred to when Trump said Chinese students are spies from their government, which have caused these recent and past trade tensions.

“China and the United States have very different ideologies... I really think this is what distinguishes our current time from the previous times,” said Zheng.

Sophomore international studies, history and political science triple-major Juan Astegiano attended the lecture among many other faculty and students across the campus.

“It is very important in order to formulate an opinion, to have studied and understood both sides of a relationship and the different perspectives and I believe this lecture accomplished that exact goal,”



The Beacon/Maddie Davis

Shimizu and Kuiken listen on as Zheng further discusses Chinese trade history.

he added.

Kuiken also commented on the lecture and the Contemporary History Project as a whole.

“The Chinese trade war was an obvious example of something that needed some historical context to it,” said Kuiken.

“We thought it was a great opportunity to get some good historical perspective and also to build some bridges between our two institutions.



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Archaeology students visit Pittston dig site for hands on fieldwork

By Maddie Davis
Co-News Editor

At the end of September, visiting anthropology professor Alison Oskam took her introduction to archaeology and world prehistory class to a local archaeological dig site.

Alongside Oskam were anthropology professor Dr. Linda Winkler and two archaeologist colleagues who assist the students at the site.

The field trip took them to the Conrail-Pittston archaeological site in Pittston, Pa., 15 minutes north of the Wilkes campus.

This archaeological site has been excavated by the Frances Dorrance chapter of the Society for Pennsylvania Archaeology for the past 20 years.

The students participated in the ongoing excavation of the dig site, recorded their work and they were able to learn basic artist identification that is used among archaeologists.

They were all split up into two teams and dug and documented for three hours.

Oskam decided to hold the field trip at a site close to campus because she wanted

to show that archaeology is everywhere.

“Most people think you have to go to Egypt or Mexico or somewhere else to do archaeology when there are hundreds of archaeologists working right here in Pennsylvania every year,” said Oskam.

The students were also able to understand the methodology of archaeology from a firsthand perspective in contrast to the online nature of the course.

“I wanted the students to see how a site was set up and have a chance to do some field work,” said Oskam.

Sophomore history and political science major Chris Smith was one of the students who went on the field trip with the class.

“The first-hand experience of excavating that I would have never otherwise got,” said Smith. “There is also an extreme difference between reading about archaeology and actually doing it in real life.”

MacKenzie Egan, a senior english and history double major, also attended the trip to the excavation site with her archaeology class.

“We kind of got to put to practice all of



Courtesy of Linda Winkler

Eileen Blaine and Cece Hornbaker look to learn the methodology of excavation.


the stuff we have been applying mentally,” said Egan.

“It kind of grounded the idea that archaeology is still such a growing field and it’s not really dying out,” she added.

The students were able to find and take home some of the small ancient artifacts that they had found during their dig.

Smith found an ancient arrowhead from approximately 2,000 BC.

“It is an amazing feeling to be holding something so old and so ancient in the palm of my hand,” said Smith.

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Pharmacy students help with the collection of expired medication

By Cabrini Rudnicki
Co-News Editor

Wilkes University teamed up with the Luzerne County Medical Society and the Luzerne County District Attorney and Sheriff offices for National Prescription Drug Take Back Day.

The day, which was created by the United States Drug Enforcement Administration (DEA), encourages the disposal of expired medication in a safe way.

The event took place on Oct. 27 at the Luzerne County Courthouse in Wilkes-Barre.

Community members were able to drive into the courthouse parking lot through River Street and exit via Pierce Street. In the parking lot, a drive-up drug take-back box.

According to the U.S. DEA, expired medicines in homes are the leading cause of accidental poisoning. Flushed or trashed medicine also end up polluting waters.

To prepare items for disposal, community members were asked to do a number of things. All drugs were required to be placed in a sealed container and

personal information removed or marked out.

Prescription and over-the-counter solid medications, tablets and capsules, and pet medication were able to be disposed. Items such as intravenous solutions, injectables, hydrogen peroxide, compressed cylinders, iodine-containing medications, thermometers, and alcohol and illicit drugs were not allowed to be dropped off.

Wilkes pharmacy students assisted with the taking back of the medication. Although the students themselves did not physically take them, they helped district attorney collect the medication at the Take Back site.

Harrison Ferro, a senior pharmacy major, discussed the importance of the event.

“A common way that people dispose of [medications] is by flushing it down the toilet,” he explained. “You don’t want to do that. You want to take it to a Take Back site, which is listed on the DEA’s website.”

The event also focused on the cutting back of substance misuse.

“Roughly six million Americans misuse a prescription medication, not an over-the-counter, every month, and this is one

way to cut back on that,” said Ferro. “They are not prone to substance misuse if they do not have access to the medication.”

Ferro also explained ways of disposing medications at home.

“If you are not able to come to an event like this, you can use coffee grounds or cat litter, or even dirt, anything that would deter someone from stealing someone else’s medications.”


The students also received feedback from community members on the event, according to Ferro.

“We got feedback on why they are disposing of them today, if this is a good process of doing it,” he said.

Landon Border, a junior pharmacy major, spoke highly of the event.

“The experience was pretty great,” he said. “Just knowing that we can get out there and help the community and try to stop misuse, it’s a great feeling.”

To advertise the event, both Ferro and Bordner appeared on Oct. 26’s PA Live, a sit-down talk show featuring events from the area.

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Disposing of unwanted medicines at home

“First, mix the medicines with an unpalatable substance such as dirt, kitty litter, or used coffee grounds. Then, place the mixture in a container such as a zip-top or sealable plastic bag, and throw the container away in your household trash.”

Source: FDA.gov

Local Young Americans for Liberty hold demonstration on campus

By Maddie Davis
Co-News Editor

On Oct. 25, the local chapter of the Young Americans for Liberty held a demonstration during club hours in front of the Henry Student Center.

The Young Americans for Liberty is a nationwide organization that has more than 760 different chapters all over the United States.

The local chapter is headed by four Wilkes University students who want to inform the campus of their views and their presence.

Garrett Gagliardi, a junior accounting major, was one of the frontmen of the chapter and explained what they planned to bring awareness to.

“We are trying to bring attention to that fact that our politicians, our elites, they kind of don’t really care about these rights anymore,” said Gagliardi.

The students stood in front of six different gravestones marked with the different constitutional amendments that pertain to individual rights.

One gravestone read “Here lies gun ownership” and another “R.I.P. Property rights.”

Gagliardi explained that they are libertarians meaning they are not party affiliated.

“We are basically for individual liberty

and limited government in all spheres of life,” explained Gagliardi.

Brian Voorhees, sophomore mechanical engineering major, attended the demonstration as the Outreach Director for the chapter. He further explained his role in the local chapter and how he got involved.

“I just stumbled upon this ... I was really interested in getting the word out about this because I have big dreams for things like social media,” said Voorhees.

He explained the different events they’ve held in the past to help inform Wilkes students of their rights.

They held a table in the Henry Student Center testing students on their basic constitutional rights. They then gave people their score backs in hope to further teach them of their most basic rights granted by the Constitution.

However, because they are a relatively new organization, without Student Government recognition, they haven’t had as many opportunities to hold a lot of events, but they are hoping to have more events in the future.

“We are just getting started, but there definitely is more to come,” added Voorhees.

Gagliardi added to Voorhees’ statement about their future by giving a more detailed look at their potential future.

“We want to try to get involved with


the community and get into the heads of the people that they don’t need the government on their back,” said Gagliardi. “They can do things on their own and they can help people, and that’s what we are trying to get people to realize.”

Cienna Tohme, a sophomore MDMA, got involved with the chapter through Gagliardi, a friend from her high school.

“When it comes to government, I don’t really know much, but if I had to pick a side I would say I definitely lean more towards the Republican side,” explained Tohme. “I’m learning a little bit more about what it’s like to be a Libertarian, what they believe in, and all of our rights.”

The chapter is looking to gain Student Government recognition within the next few weeks to expand its views across campus. The group hopes, with this recognition, to become further involved with the community as well as to host fun and educational events for students.

The chapter meets every Thursday at 11 a.m. to discuss and inform those who are interested in their beliefs. Although they are a Libertarian organization they do accept and welcome those who are party affiliated, whether democratic and republican.

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What are the Young Americans for Liberty?

Some of the issues they fight for and believe in:

- restraint on government
- personal and economic freedom
- securing the different liberties of individual people
- all people, regardless of gender, origin, class, age, etc.
- free trade
- opposition of the death penalty
- property rights
- no government subsidization of energy



The Beacon/Maddie Davis

Three Young Libertarians pose in front of their constitutional rights posters.



The Beacon/Maddie Davis

The posters mock the laws that have “killed” our different constitutional rights.

Students react to Casino Week budget proposal

Cabrini Rudnicki and Maddie Davis
Co-News Editors

Some students were shocked when they heard of this year's Casino Night budget.

The event, which is sponsored each year by Student Government, is a week-long series of free events that includes faux gambling activities where students can win prizes.

Casino Week has been a tradition by Student Government to bring the campus together by providing a space to play Texas Hold 'Em, Blackjack, bingo, and many other casino-themed games. At each event, tickets are given out to the winners who can later use those tickets for a drawing for different prizes on the last night.

Such prizes in the past have been a PlayStation 4, Xbox One, MacBook Air, purses, make-up kits and more.

This year's budget sits at \$12,385, which was approved by the Student Government at its weekly meeting on Wednesday, Oct. 24. Twenty-four members approved and 10 members opposed.

Jordyn Williams, a junior English and theatre major was not only surprised by the high budget but also had some suggestions to lower the price of some of the prizes.

"That is a quite a large number," said Williams about the budget for prizes alone. "I understand giving out cool stuff is nice, but to help I would only do special prizes every once in a while. "It may help the school too because it is a lot of money."

Jeremy Tomaine, Student Government executive treasurer, broke down the budget in detail. According to Tomaine, most of the money in the budget will be spent on prizes.

"There will be around \$9,000 or so being spent on prizes exclusively," he explained. Prior to Casino Week, there will also be the Mega-Council Can Drive, an event where students can bring canned goods in exchange for tickets to be used during Casino Week.

The event is sponsored by Student Government, Multicultural Student Coalition, Commuter Council and the Programming Board. This year students will also be receive a T-shirt, which the Student Government estimates will cost the group \$2,000 for 350 t-shirts.

According to Tomaine, Student Government plans to cover these costs through donations from departments around the university. Dr. Rhonda Rabbit, the Dean of

the School of Education, approached the Student Government, looking to sponsor a prize.

Instead, the department will become a partner in the Mega-Council Can Drive.

"I wanted to reach out to other deans to see if they would be interested in pledging money towards it, and so far the School of Education is the only one receptive to that idea," Tomaine explained.

If other departments do not agree to a partnership, the School of Education will continue with its donation.

"All of the current partners get to say that they are partners during Casino Night. There will be a sign, which is also incentive for them to help donate," Tomaine said.

Any difference between what is collected from partners and the total of the actual T-shirts will be taken out of the \$12,385 budget.

Although some students are shocked by the high price of the event, the budget actually sits at \$600 less than its past max budget.

All of the money included in the \$12,385 budget comes directly from the Student Government, which was given to the organization by the school through student activities fees.

According to the 2017-2018 Factbook, the university spent around 15 million dollars in 2017 on student services, which includes money given to Student Government.

This year, the organization also has donations from different companies, a first for the annual event according to Tomaine.

"I reached out to Coca-Cola, and they are already giving us in-kind charity because of the new contract we signed with them. They are allowing Student Government to have 100 cases of whatever we want," he said.

The Wilkes-Barre/Scranton Penguins also donated items for the event after Student Government purchased a ticket package from the team.

The event is not-for-profit, according to Tomaine.

"The only ones who make money off of it are the different stores and different organizations we pay to get the prizes from."

Although the price of the event is not at its highest budget ever, Tomaine understands the shock of the students.

"It is still a lot of money, but it costs a lot of money to give 350 students a good experience," he said. "Most of the money is being spent on prizes, which students paid for [through their tuition], so it is getting directly given back to the students."

Other expenditures include food and decorations.

"The entire Student Government put a lot of work into this, there is a lot of time and effort that went into the reworking that went into some things like the prize list. We tried our hardest and we hope that there is a good turn out like every year."

According to Tomaine, at the 2018 Homecoming, \$26,000 was spent by Student Government.

Various students on campus reacted to this year's budgets, specifically the portion of it spent on prizes.

Junior neuroscience and psychology major Morgan Burton also reacted to the total budget of Casino Week. "I hope they have more prizes," said Burton because of the budget.

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Casino Week 2018

-Mega-Council Can

Drive for tickets: TBA

- Tuesday, Nov. 7 at 7 p.m: Texas Hold 'Em Night

- Wednesday, Nov. 8 at 8 p.m: Bingo Night

- Friday, Nov. 10 at 7 p.m: Casino Night



Beacon File Photo
Caitlin Brown, a now-senior nursing major, at Casino Night's prize table in 2016.

Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, Arts & Entertainment editor: Sarah.Matarella@wilkes.edu

Gender and Sexuality Alliance hosts Tuesday drag show

By Catie Lally
Staff Writer

Last Tuesday, the Wilkes Gender and Sexuality Alliance (GSA) hosted a drag show in the Ballroom of the Henry's Student Center.

The club chose to host a Drag show specifically because of its current popularity due, in part to shows like RuPaul's Drag Race. The show had four kings (female performers who dress in masculine drag): three from Heat, a local bar and nightclub, and one Wilkes student.

"The goal of the show was to get awareness of the LGBT+ community and to spread the club," said Lindsay Becker, the Vice President of the GSA.

Justin Dance, a Wilkes student, performed did a rendition of the Androgynous, Jack Mehof, Pete character Dustin Henderson from Sweet and Justin Dance

Stranger Things that completely shocked the crowd into silence. The Heat performers, named Andrew Odgenous, Pete Sweet, and Jack Mehof were equally silencing. Andrew Odgenous has been performing for three years, Jack Mehof for two, Pete Sweet for less



The Beacon/Catie Lally
"The Kings" in the Drag Show

than one, and this was Justin Dance's first performance. Each of the actors were able to incorporate their own style in order to personify the Kings that they played in the show.

"I don't think a single person was ready for one of our very own to

be so great at performing," said Rashonda Montgomery, a first year student at Wilkes University.

Becker, who had been somewhat concerned with the amount of support the event would receive. However, people were crowding in to see the show. It was full of support and positive attitudes from the audience.

"This is awesome, we're actually getting involvement and we're actually getting people to come out and support," said Becker.

The event ran out of pizza due to the amount of people that attended the event. GSA hopes to continue running events like this one in the future. If you are interested in becoming involved, the GSA not just for members of the LGBT+ community and anyone is welcome to join.

"The club is more than welcome to allies," said Kylie Dillon, the president of the GSA.

The next meeting for the club is this Friday, Nov. 2. The club is always

welcoming new members. The goal of the Gender and Sexuality Alliance is to ensure a welcoming and safe environment and to lessen the stigma surrounding the LGBT+ community.

"I love people being able to speak freely... It's nice to see people being able to speak freely about what they believe in and how they feel," said Becker.

Dillon continued this sentiment by saying that, "My favorite part about being involved in the club is probably just getting to meet so many different people, especially because I think that there's still this really weird stigma about being gay or bisexual or pansexual or whatever sexuality someone identifies as... there's a lot of uncomfortableness about it and I want that to be more open."

For more information regarding the Gay Straight Alliance or if you are interested in becoming a member, contact Kylie Dillon at kylie.dillon@wilkes.edu or Lindsay Becker at lindsay.becker@wilkes.edu.

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Pizza & Subs

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Nick's Flick Picks: Netflix Halloween spooktacular edition



By Nicholas Filipek
Managing Editor

Happy Halloween one and all.

With the horrifying holiday falling right in the middle of the week, it has given the chance for lovers of all things spooky to take the whole week to celebrate their favorite frightful activities.

It used to be a Halloween tradition to run out to a video rental store and stock up on as many movies as you could rent at a time to watch, but now the ever popular streaming service Netflix has got all your horror movies needs covered.

Let it be noted that not all people enjoy the scary activities that the Halloween season bring, but they should nevertheless not be left out of celebrating. This list will be split into both the scary and the spooky to accommodate both types of Halloween movie fans.

The 6th Sense (1999) - Written and directed by M. Night Shyamalan. Starring Bruce Willis, Haley Joel Osment, Toni Collette and Olivia Williams.

What is arguably Shyamalan's best movie, this third time up to bat for the director is a clear grand slam that has longevity and can still give a good scare almost two decades later.

The movie shows the story of a child psychologist (Willis) who is assigned to a troubled boy (Osment) who can see ghosts, after his mother (Collette) begins to notice the strange signs that have been all around her for years.

Though the "I see dead people line" is now infamous and has been parodied time and time again, the movie still holds some curveballs for anyone who has yet to see this classic.

The Conjuring (2013) - Directed by James Wan. Written by Chad Hayes &

Carey W. Hayes. Starring Patrick Wilson, Vera Farmiga, Lili Taylor and Ron Livingston.

This is a truly scary movie, and is sure to bring a room full of people to an absolute stand still in a terrified hypnotic state.

Paranormal husband and wife duo, The Warrens (Wilson and Farmiga), are brought in to help new homeowners and parents to five girls, The Perrons (Taylor and Livingston) battle an evil entity attacking their family.

The movie has a strong cast, a good story and a very strong direction. Wan is a master of suspense and leaves viewers on the edge of their seat throughout the entire film. The film has proven to be strong in the horror community that it has started its own franchise, with the most recent installment, "The Nun" recently smashing the box office.

Tusk (2014) - Written and directed by Kevin Smith. Starring Michael Parks, Justin Long, Haley Joel Osment, Genesis Rodriguez and Johnny Depp.

Out of all the three flicks that have made the list, this is surely to be the most talked about amongst all who dare to watch it.

Writer/Director Kevin Smith is usually known for his heterosexual life mate pot selling duo, Jay and Silent Bob, but Smith took a hard left turn in bringing Tusk to life.

An arrogant podcast journalist (Long) travels to Canada, and ends up falling prey to a extravagant recluse (Parks) while searching for a story after his original plans fall through.

The movie then takes some weird, deep, dark turns that have you thinking, "there

is no way that's what this movie is about", but it is indeed just one of the strangest films that has ever been.

Although all this weird is happening, it is hard not to watch it until the end, because all the performances are incredible.

If you are really looking to change things up this year, and get a good scare, this is your movie.

Scooby-Doo (2002) - Directed by Raja Gosnell. Screenplay by James Gunn, based on a story written by James Gunn and Graig Titley. Based on characters written by William Hanna and Joseph Barbera. Starring Freddie Prinze Jr., Sarah Michelle Gellar, Matthew Lillard, Linda Cardellini, Neil Fanning and Rowan Atkinson.

The classic teenage crime fighting team comes to life in this fun live action adaptation of the nineteen seventies Hanna-Barbera cartoon.

The movie begins with Mystery Inc. going their separate ways, until they are unexpectedly brought back together by an amusement park owner who is frightened for his guests after they leave the park changed from how they arrived.

The entire cast perfectly encompass their cartoon counterparts, who many have a deep felt connection to, after watching the cartoon growing up.

It is a nice change compared to other franchises who take one too many liberties in bringing their characters to life on the silver screen.

It is the perfect blend of spooky and funny guaranteed to still be a crowd favorite.

Coraline (2009) - Written and directed by Henry Selick, based on the book by

Neil Gaiman. Starring Dakota Fanning, Terri Hatcher, John Hodgman, Jennifer Saunders, Dawn French, Ian McShane, Roveery Bailey Jr. and Keith David.

Though this is the friendlier side of scary, this movie still takes a dip into the strange and unusual long enough to give a few goosebumps.

Based on a book of the same name that was published in 2002, Coraline is the story of a girl who moves into a new house and discovers a small door that leads her to parallel dimension that is seemingly a better version of her current life. Little does she know, however, that this new universe has sinister plans for her.

A great voice cast and excellent stop motion animation really brings this story to life and is an excellent example of how to dance right on the line between thoughtful and scary.

Coco (2017)- Directed by Lee Unkrich and Adrian Molina. Screenplay by Adrian Molina and Matthew Aldrich. Based on an original story by Jason Katz, Lee Unkrich, Matthew Aldrich and Adrian Molina. Featuring the voice talents of Anthony Gonzalez, Gael Garcia Bernal, Benjamin Bratt and Alanna Ubach.

Quite honestly, there is nothing scary about this movie. Though the characters are skeletons, it subtracts nothing from the fact that this movie is one of the sweetest movies that Pixar has released since "Up".


Miguel (Gonzalez) wants nothing more but to play music, but his families long standing "no music" rule forces him to travel to the land of the dead to seek out other family members and gain their blessing.

The visuals in this movie are just absolutely stunning. Pixar Animation literally and figuratively created the computer animated movie, and continually improved their technology in order to deliver the absolute best effects possible.

The message of the movie is to always remember your family. That regardless of whether they are still in our world, or have moved onto the next, we can never really lose the ones we love if we honor their memory while we are still here.

Hopefully one of these picks will get you into Halloween season and either scare the pants off of you, or give you a spooky fun time.

Did we miss your favorite Halloween movie now available on Netflix? Write in or let us know on Twitter.

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Self care with Sarah: Trick-or-Treat yourself

By Sarah Matarella

Life, Arts & Entertainment Editor

Trick-or-treating is one of the most common activities associated with Halloween. People have the chance to dress up in costumes and eat tons of candy.

Often, however, as people get older, they stop participating in these festivities. Once reality sets in, there is less time for taking a break and having fun, but this does not always have to be the case.



Halloween is not only an excuse to eat a lot of candy and

treats, but also to dress up as a character and engage in fun activities since it only happens once a year.

Tips to enjoy the rest of the Halloween and fall seasons:

Dress up for Halloween

Dressing up is an activity in itself since you have to come up with idea, plan the outfit, and maybe even go to a Halloween store to buy different pieces and makeup to make your costume complete. There are several different websites that provide inspiration and you do not have to spend a lot of money buying an entire costume.

Dressing up also allows you to be yourself or become an entirely different person depending on the costume you choose to do.

Get a candy bowl

If you do not want to go to the Trick-or-Treating on Public Square or to the Trunk Or Treat at 7 p.m. in Kingston on Halloween, having a candy bowl in your living area that you can refill with your favorite treats to eat whenever you need a little pick me up.

Go to a pumpkin patch

An alternative to dressing up is going to a local pumpkin patch to pick

a pumpkin, drink apple cider, pick up some fresh produce, and take fall photos with friends. Roba Family Farms in Dalton, PA is a pumpkin patch that is not too far from the Wilkes University campus. There is even a corn maze and farm animals there as well.

Carve or paint pumpkins

You can buy pumpkins at a local farm or pumpkin patch as well as Walmart and Aldi's and carve or paint them based on your preference.

You can do this activity on the weekend with friends or family. You can free hand the carving or painting or print out different designs to use them as a stencil. You can even roast the seeds to make a snack for later.

Have a scary movie marathon

Netflix has an array of scary movies to choose from and several channels do Halloween marathons as well if you are not into watching DVDs.


Go to a Haunted Attraction

There are several haunted attractions that are in the area and also one's that are a little bit of a further drive, but worth it if you are into getting scared. Some examples are Reaper's Revenge in Scott's Town ship, Horror Hall in West Nanticoke and Circle of Screams in Dickson City.

Do a halloween craft

Pinterest offers inspiration for different DIYs for Halloween decor, crafts, and even snacks if you want something to do when you are bored or are hosting guests for a Halloween party. See page 10 for a Halloween treat and page 11 for an idea for a Halloween DIY.



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Wellness at Wilkes: Breast Cancer Awareness

By Natalie Stephens

Asst. Life, Arts & Entertainment Editor

The month of October is coming to a close and so is National Breast Cancer Awareness month. Even though this month will soon be over, it is important to keep up support for those with this disease and to remain educated about this cause throughout the year.

Even though it is more common to focus on breast cancer between the ages of 25-39, girls as young as 15 can develop breast cancer.

It was found by the American Cancer Society that 1 in 8 women will be diagnosed with breast cancer at some point. This type of cancer is the most common in women and the most least common type in men at 1 percent. Even though it is rare in men, it is not impossible.

There are many issues that can develop when a younger person is diagnosed with breast cancer. Having to face difficult health decisions like whether or not to get a mastectomy, which is the surgical removal of a breast, at young age can be very difficult.

What can be done monitor lifestyle choices at younger ages to help combat breast cancer? One of the most important

habits that are recommended to limit or quit altogether is alcohol consumption and cigarette smoking. The Mayo Clinic found that alcohol consumption and cigarette smoking was linked to breast cancer.

With the demands of college life being so stressful it is sometimes difficult to maintain a healthy lifestyle. Lifestyle choices that would help lower the risk of breast cancer are exercise and eating well. Regularly exercising and maintaining a healthy weight were tips offered by the Susan G. Komen foundation. Adding fruits, vegetables and whole grains also contributed to lowering risk. Some things that are recommended to stay away from are red and processed meats as well as saturated and trans fats.

Estrogen is a hormone that helps to stimulate cell growth which could develop into breast cancer. For women that have more fat on their bodies they may also have more

estrogen so that increases breast cancer risk. This risk is more common in women that have been exposed to estrogen for more than 10 years so for college students it is something to remember.



It is also important to know your body so you can be aware of any changes. Yearly appointments with your doctor and self-breast examines are recommended in all females starting as

young as 20. The National Breast Cancer Foundation provides helpful guides and resources associated with self-breast examines and breast cancer in general.

The Mayo Clinic warns that while it is important to conduct self-breast examines there are some risks. Some women get anxious and worry when they do find a lump even though most lumps that are found are not cancerous.

The Mayo Clinic also stresses that self-breast examines do not replace an exam by a doctor. It is still important to be seen yearly or more depending on the situation.

Early detection can be a life changer for many people, especially at a younger age. Dr. Abas Sabouni is an assistant



The Beacon/Madi Hummer

professor in electrical engineering and has been working with students at Wilkes University in research towards early detection for breast cancer.

The team is working to develop a sensor that can detect breast cancer at its earliest stage. This advancement would help those that have had breast cancer in the past so that it can be detected if it returns as well as detect breast cancer for the first time.

Advancements like these will help younger people in the future as well as those in remission to live long healthier lives if breast cancer is able to be detected at its earliest stage.

Throughout the year, not just the month of October, it is important to be aware of breast cancer warning signs and be there for those that have the disease.

RECIPE OF THE WEEK:

Oreo Spiders

INGREDIENTS:

1. Pretzels
2. Oreos (preferably Double Stuf)
3. M&Ms
4. A little bit of frosting


INSTRUCTIONS:

1. Break the pretzels into leg sized pieces.
2. Take the top of the Oreo off.
3. Position the pretzel legs so that they look like spider legs.
4. Place the Oreo top back on.
5. Take two M&Ms put a tiny bit of frosting on the back of them.
6. Place the M&Ms on the Oreo to form the eyes.
7. Now you have Oreo spiders. Serve them up to your guests and creepy visitors.



Since Halloween is just around the corner and everyone is excited. Some of you may be looking for a spooky easy treat to serve. It does not matter if you are going out or staying in, you can still make this cute little snack to enjoy.

By Anna Culver
Staff Writer

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Interested in writing for Life, Arts and Entertainment?

Have any ideas on stories that can be featured?

Contact Sarah Matarella at Sarah.Matarella@wilkes.edu
for more information.



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DIY LIGHT UP MUMMY CUP

Supplies Needed:

Toilet paper or medical tape

Googly eyes

Tape

Clear plastic cup

Battery operated tea light candle



Instructions:

1. Tape googly eyes to plastic cup.
2. Cut toilet paper or medical tape into thin strips.
3. Using the tape, attach toilet paper or medical tape to the plastic cup.
4. Wrap the toilet paper or medical tape around the plastic cup until most of the cup is covered.
5. Turn on battery operated tea light and put it in the plastic cup.

By **Jordan Fritz**, *Staff Writer*



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#SpookySeason

FREAK WEEK AT WILKES UNIVERSITY



Orange sherbet monster fruit punch at the monster social on Monday, Oct. 22.



Juana Elena Pimentel grabbing some of the monster fruit punch.



Photos: The Beacon/
Maddie Davis



Tattoos created at the "Monster Makeover" section of the monster social event.





Some spookberry spooktails from the monster bar.



The Monster Bar and "Spooktails" menu



Zombies caught feeding each other worms at the Monster Bar on Tuesday, Oct. 23.



Inside the mobile escape room on Wednesday, Oct. 24.



A group navigating their way through the escape room.

Page Design: The Beacon/
Madi Hummer

Photos: Seth Platukis

R.I.P

Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: Savannah.Pinnock@wilkes.edu

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2018-19

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Our Voice

Each week, The Beacon's editorial board will take a stance on a current issue.

The standard of beauty: A dangerous ideal

Since the dawn of time, society has been obsessed with beauty. Our desire to stay forever young or turn back the clock to the days of our youth to be “young and beautiful” is ubiquitous in society.

Upon turning on the television one is quickly exposed to a commercial advertising anti-aging products or a television series that is explicitly ageist. Thus, it is clear to see that there is a universal fascination with obtaining beauty and it's close associate, youth. This unanimous obsession has been the breeding ground for what one may call the standard of beauty.

It is a harmful ideal that has caused damage to thousands of men and women from all walks of life regardless of age, race or class.

A few days ago, a talented Jamaican dancehall artist, Spice, known in the United States for her involvement in the VH1 series *Love & Hip Hop* has been the subject of a lot of ridicule for a recent decision she made. The artist is a person of Afro-Jamaican descent with a naturally dark complexion.

However, the artist recently uploaded a picture to her instagram profile with a now, white complexion. The reason for her change in appearance has to do with her decision to whiten her skin through the use of whitening and skin lightening agents.

The phenomenon of skin bleaching is by no means a new occurrence. This practice has been present in society for ages.

With this being said, why would one try to bleach their skin? Why would a person try to

alter any one of their physical attributes? The answer is simple, to be perceived as attractive or beautiful in the eyes of one's self or others.

It is important to note that the concept of beauty is a subjective one. Depending on what geographic location one resides in or travels to, they may or may not be in line with the standard of beauty attributed to that location.

The standard of beauty is essentially a variable standard of what it means to be attractive that is contingent on the feminine beauty ideals that are present in a given culture.

The feminine beauty ideal is “the socially constructed notion that physical attractiveness is one of women's most important assets, and something all women should strive to achieve and maintain”.

The question is, why do such beauty standards exist? The answer is quite simple, according to Cristina Donati writing from the Huffington Post, the reason is due to “the ideas that the media puts into our heads from what they display in advertisements”.

In other words, as consumers the media influences our perspectives and the schemas that we form throughout our lives.

As a consequence of this, the media also informs what we see as beautiful or grotesque. Donati continues to state that “people see these perfect models being shown as the image of beauty, but people do not understand how photoshopped advertisements truly are”.

In essence, Donati is suggesting that the standard of beauty is difficult to attain even

for those who possess said attributes. These beauty standards are unrealistic.

It is important to note that the standards and ideals that are perpetuated in the media have a butterfly effect on society.


A media outlet showcasing women of fair complexions as more attractive than women of darker complexions can cause a child of a darker skin tone to internalize such beauty standards. This internalization can lead to internalized colorism and internalized racism.

As a consequence of this, a woman like that of Spice can resort to activities such as skin bleaching and the modification of her body to achieve the standard of beauty.

Such activities can present a wide range of deleterious effects on an individual. In the case of Spice, bleaching creams have been proven to contain carcinogens that can result in skin cancer. Is the attainment of Western beauty standards so important that one would risk their health? To some, the answer is unfortunately yes.

So the next time you're presented with an image of a woman who appears to be a size six or a guy with a chiseled body, it is important to understand that these images are not realistic or typical.

Beauty is something that cannot be standardized, it is a subjective attribute that varies from person to person.

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Letter to the editor policy: *The Beacon* welcomes letters to the editor from differing viewpoints. Letters must contain contact information, including name, city, state and phone number. Phone numbers will not be published but may be used for verification purposes.

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Phone: (570) 408-5903 (Voicemail: 30 seconds or less, please.)

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the BEACON



Beacon Vault: Wilkes campus abound with ghostly lore

Editor's note: This article appeared in the Nov. 1, 2011 issue of The Beacon (Vol. 64, Issue 6).

Each week, we'll take a peek in the archives, looking back at historic points.

The Beacon has quite the storied past. The Beacon has enjoyed many years of success, publishing continuously since 1936. The newspaper began as The Bison Stampede from 1934 until 1936 before changing names to The Beacon.

Each week, we'll dust off a piece to dig through the archives. This week, we look at the haunted past of a few Wilkes University buildings.

Be sure to check out next week's Beacon Vault as we look back through election history.

Curious to see more online? Check out www.beaconarchives.wilkes.edu to dig through a Wilkes University treasure.

-Compiled by Luke Modrovsky, Editor-in-Chief

By Christine Lee

Life Editor

From shadowy specters to balls of light, the Wilkes campus of is alive with ghostly activity. From residence halls to academic buildings, there has been a fair share of ghost sightings and other paranormal phenomenon for years on campus.

Although he has never had an experience, Vice President of Student Affairs Dr. Paul Adams has heard many stories of ghosts on campus.

"I certainly have been with people who thought they have and have heard the lore over the years about different places where haunting have allegedly taken place," Adams says.

Dr. Bill Lewis '80, vice president and wealth management advisor at Merrill Lynch, leads a ghost tour of downtown Wilkes-Barre around Halloween. His tour includes several buildings on campus, which are listed below.

Kirby Hall

Kirby is one of the best-known buildings on campus reported to be haunted. Built around 1875-1876, the building went through several hands before being purchased by Fred Morgan Kirby and his family in 1905. Prior to being purchased by the Kirbys, the second floor was a billiard room, where legend suggests that a player named Poker Pan was killed in the building. Lewis says there have been reports of shadows walking up and down the stairs and a stained glass window fogging up and other phenomenon.

"Doors have also opened and closed in there," Lewis says.

Weckesser Hall

One of the largest and most grandiose buildings on campus, Weckesser was built by Fredrick J. Weckesser between 1914 and 1916 and has some of the most well-known haunts. According to the Fall 2009 edition of "Wilkes" magazine, a lady in red was spotted by a former employee.

The employee thought the lady was a real person until she turned her back and turned back to find that she had vanished. There have also been reports of lights moving around coming from the first floor, which used to be where the President's office was located. Lewis says this may have something to do with Wilkes' first president, Dr. Eugene Farley.

"People have seen a glowing light going up and down the stairs," Lewis says. "During his later years as Chancellor, Dr. Farley was unable to move around and would have to hoist himself to get up the stairs, so (the light) might be Dr. Farley going up to his meetings."

Max Roth Center

A shower on the second floor is said to turn itself on. People who hear the sound of the shower running have had to turn it off.

Roth Hall

Formerly known as Chesapeake and Delaware Halls, Roth was built in the 1870's. Lewis says that girls that living there would complain on Sunday morning about someone singing and couldn't figure out who

it was. Lewis also tells a particularly chilling experience one girl had.

"While drying her hair in her room alone, she felt someone repeatedly tap her on the back," Lewis says. Later research by Lewis indicated a First Baptist Church stood on the site.

Adams says one of the stories he heard over the years has to do with a little girl in a party dress appearing at the ends of beds in Roth.

Sturdevant Hall

The most well-known haunted residence hall, there have been reports of vacuums and computer printers turning on and a cold

of the current RAs in Sturdevant who has his fair share of ghostly activity in the building.

"I've smelled the strong smell of cigars a couple times this year and there have been times where we've heard furniture moving around in rooms that aren't occupied," Sweeney said. "Sometimes lights will just turn off for no reason."

Rifkin Hall

Originally the home of Col. Robert Bruce Ricketts, Lewis says people have heard metal clanking moving through the halls.

"The sound is like metal hitting metal," Lewis says.

Conyngham Hall

The building that is now Conyngham Hall was built for William H. Conyngham. Lewis says two Public Safety officers were locking up the building. They heard a woman laughing upstairs but when they went to go look for her, they couldn't find her anywhere. Even now, work-study students still get brushes with the paranormal.

"A couple work-study students in there have gone through on the third floor shutting off lights and they'll go down to the second floor to shut off lights and get ready to leave and find the lights on the third floor have come back on," Sweeney says.

Pearsall Hall

Lewis says some nursing faculty doesn't like to be in the building after dark because of noises they have heard.

Weiss Hall

The site that is now Weiss Hall was where the Wilkes-Barre sign post stood in the 1700's. Lights have been reported going on and off and shadows have been seen moving around.

Although the idea of ghosts in academic buildings and residence halls might be frightening, they are popular around Halloween. Ghost tours of campus, some student-led, are common occurrence during Halloween.



The Beacon/Luke Modrovsky

Weckesser Hall

room. Director of Residence Life Elizabeth Swantek says one RA had the fright of her life in the hall in 2006.

"A female RA was in the building during a low occupancy period. She said she woke up to go to the bathroom and all the doors were ajar," Swantek says. "She called Public Safety to see if anyone was in there and they said no. It happened a couple of times to her on the third floor."

Junior accounting and business administration major John Sweeney is one

Is vaping a healthy alternative to smoking?

By Isabella Sobejano
Staff Writer

From early on, we've all been taught about the dangers of smoking cigarettes and the associated risks of consuming tobacco and nicotine. Essentially, it's been molded into our educational curriculum when discussing drugs, health and wellness.

However, there have been alternatives, such as vaping, e-cigarettes and juuls, that have been advertised on TV, social media, and commercials, which promise to be a healthier and safer substitute.

In general, smoking cigarettes can be addictive and breaking away from the addiction can be incredibly challenging so many have turned to e-cigarettes and vaping. These alternatives have become popular over the years because they may seem to be a healthier alternative to smoking cigarettes.

One vape in particular has become increasingly popular, the JUUL. A JUUL is a device which involves inhaling heated vapor in a variety of different flavors.

While the juul has become very popular recently, it also has a high concentration of nicotine in it. Mango, fruit and mint may all seem like delicious flavors when it comes to food, but these flavors, which are contained in the 'pods' of a juul, still introduce us to a high concentration of nicotine.

While smoking tobacco is unarguably dangerous and detrimental to our health, vaping and juuls can harm and have a negative effect on the human body just as well.

Dr. Valerie Kalter, a professor of biology here at Wilkes University states that, "e-cigarettes still do contain some nicotine and the amount is not controlled or monitored."

Thus, although e-cigarettes and vapes may be marketed as a safer alternative to smoking, they are still dangerous. In fact, one JUUL pod contains just as much nicotine as a pack of cigarettes, according to a 2016 report by the U.S. Surgeon General.

Many may believe that e-cigarettes and vapes may aid one's attempt to quit

smoking, but "nicotine activates the neurotransmitter dopamine which is the "feel-good" chemical in our brain.

These vapes may defeat the purpose of breaking away from smoking cigarettes," according to Kalter.

It's also very easy for students and children to get away with the use of it because of its deceiving appearance, since it looks like a USB or black flash drive.

In fact, since these JUULs and the pods within it smell good due to the appetizing flavors, it's very easy for younger children to accidentally imbibe them.

"The liquid used in vapes is poisonous and drinking it has been the cause of many injuries to children, due to the fruity flavors which makes the fluid attractive," according to Kalter.

Kalter also went into great detail when discussing the effects these vapes have on our lungs. She states that "some of these vapes contain 100 times the quantity of formaldehyde that is found in cigarettes which is ultimately linked to cancer," said Kalter.


These chemicals also contain irritating

particles or gases that may lead to bronchitis or a chronic cough because the lungs become irritated and inflamed. For instance, when talking to Kalter, it was discovered that many of these e-cigarettes contain metal particles that can cause physical damage to lung tissue.

Because of this, it's not surprising that those who vape are more likely to suffer more from respiratory infections and they are prone to contracting pneumonia because of "the deactivation of hundreds of genes associated with boosting immune system function," said Kalter.

Overall, it's questionable whether vaping is a healthier alternative because of the amount of nicotine, the dependence on it, and the other chemicals within these vapes that may potentially be irritating our lungs or even lead to cancer.

It appears as though patches or nicotine gum may be more beneficial than vapes and e-cigarettes.

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Cultural appropriation and Halloween costumes

By Savannah Pinnock
Opinion Editor

Autumn is a time that facilitates the change in weather from a state of warmth and sunshine to that of the frigid temperatures that are characteristic of the Winter.

One of the hallmarks of this time period is its affiliation with Halloween and related festivities. During this time, one is encouraged to embrace their darkside.

A plethora of horror or thriller based movies are also promoted in an effort to appease the masses and set the tone for the season.

One of the central traditions of this holiday is the custom of trick or treating in which people are encouraged to dress in their favorite costumes which depict often critically acclaimed superheroes, celebrities, or virtually anything.

To the unsuspecting eye, the previously aforementioned Halloween traditions may seem harmless and innocuous in theory but in practice, it has raised some concerns.

Among the Halloween traditions, the use of costumes has begun to create racial tensions as a result of cultural appropriation and derogatory practices.

But what is cultural appropriation? And

what derogatory practices does this consist of? Within the past few years, the term cultural appropriation has been used in a wide range of contexts and it has been highly referenced.

When Kim Kardashian sported her infamous "boxer braids" she encountered a great deal of backlash as she tried to claim "boxer braids" as her newly created hair style.

Little did she know "boxer braids" are actually an Afrocentric hairstyle that has ties to the time of slavery. This connection is easily seen as their proper name is "cornrows" due to the fact that they resemble rows of corn due to the division of the braids.

Critics of Kim Kardashian's use of the term and twist on the hairstyle suggested that she was appropriating the hairstyle.

By appropriating or cultural appropriation, one is referring to "the act of taking or using things from a culture that is not your own, especially without showing that you understand or respect this culture".

In this sense, the social media personality and entrepreneur was appropriating African-American or African culture.

With this being said, it is clear that cultural appropriation is associated with ethnicity and ignorance towards the importance of

ethnic customs and culture. So what does this have to do with Halloween traditions?

Well, the answer lies within one's choice of costume. In recent times there has been an influx of Native American inspired costumes that are often sexualized and fashioned in ways that take away from the culture.

The costumes are also used incorrectly and due to the context in which they're worn, the Native American culture is exploited and showcased as something comical or sexual.

Some costume wearers have even gone to the extent of wearing makeup to look more like the ethnic individual with which they are dressing. This raises a series of concerns as this is an act of blackface.

Blackface can be defined as "the makeup used by a nonblack performer playing a black role". Such a practice is offensive to black individuals and other ethnic groups as it makes a mockery of one's skin tone whether the use is intentional or unintentional.

A few of our fellow students here at Wilkes University have commented on this issue. Matthew Shapiro, a freshmen digital design media arts major here at Wilkes University asserts that such racist costumes are "just really inappropriate".

Things like that were really used to like be derogatory and things like that should probably just stay back then in reference to blackface and cultural appropriation. Along with Shapiro, Destiny Cooper, an integrative media major at Wilkes perceives this practice as disrespectful.

Cooper states that this is "the type of mentality that's going to lead to other generations into thinking it's okay to portray these different races in a way that's comical-that's what they used to do in the past with cartoons."

The junior is referencing the caricatures used to make fun of black individuals and people of color to support efforts to portray these races and ethnicities as inferior to another race or the European race.

This phenomenon has the ability to create a culture of averting the issue and ignoring the presence of racist practices. Appropriating the cultures of other ethnicities via costumes is highly offensive and should be taken seriously.

Respect others cultures by simply researching the historical background of the style or costume and using it in the right context if it is ethical to do so.

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Meet the Majors

This week's major: Musical Theatre and Theatre Arts

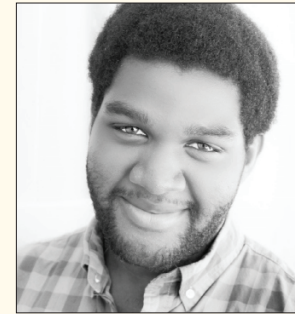
Interviews by
Tonya Creasy
Staff Writer

Every week, The Beacon will offer a chance for majors to be placed in the spotlight. Each student that gets chosen will have a few words to express why they chose the major and how they feel it will benefit them in the future.



Marcy Ledvinka
Sophomore

Marcy Ledvinka states that "I think the fact I couldn't imagine going to college for something not arts related pushed me to choose this major. Theatre is my favorite art form since it's a mix of all kinds of art, so it was the best thing for me to choose." She states that she "would love to perform when (she) gets out of school," specifically at Disney. Looking to the future, she said "I think my major (musical theatre) will help me keep pursuing my passion for the arts."



Joshua Shepard
Senior

Joshua Shepard is a musical theatre major with a minor in communication studies and dance. He states that "From a very young age, theatre has always intrigued me. I love to perform, but I also like to write as well. I was apart of both drama productions and my high school's newspaper." He states that he is going to use "the skills and tools" that have been given to him over his four years of college. He plans to audition, network and make a living out of being a performer.



Jordyn Williams
Junior

Jordyn Williams is a theatre arts and English double major with a minor in dance. She states that "I chose theatre because I could be anyone I wanted to be and the feeling that I feel on stage, in being in someone else shoes, it's like experiencing a whole new life that's not your own. You learn new things that you never knew before. She hopes "to pursue an acting career in the near future in NYC or whatever the stage takes me." In the future, she believes her major will allow her to have new experiences.



Jessica Gardner
Junior

Jessica Gardner was inspired to be a musical theatre major because she was always drawn to the theatre world after seeing an Off-Broadway production of 42nd Street when she was a kid. I could not see myself doing anything else but theatre." She plans on using her major towards "the technical side of theatre," stating "I became really interested in lighting design for shows. I want to help with light hangs, focusing lights, and maybe one day light design my own shows. It's fascinating to see that last little touch of magic to bring a show to life."

The Prophet of Rage's debut record is revolutionary

RHYTHM REWIND
with Parker Dorsey

By Parker Dorsey
Asst. Opinion Editor

Tom Morello, arguably one of the most prolific axemen of the 1990s, has released one of the most interesting albums of 2018.

Released over two weeks ago, *The Atlas Underground* is his first solo album, and is a musical collage of Morello's signature guitar firepower combined with EDM, hip-hop and even elements of pop and indie rock.

Morello is most well-known for being the guitarist for the bands Rage Against the Machine and Audioslave.

However, his folk side project, the Watchman, shows he is unafraid of radical experimentation. Indeed, his unique playing style of kill switches, feedback noise and guitar effects can be replicated by no one.

Therefore, the release of such an album from Morello should come as no surprise to anyone. He has always been one to push boundaries.

This album is filled to the brim with guests. Artists ranging from Steve Aoki, Portugal. The Man, Gary Clark Jr, Marcus Mumford and Big Boi make an appearance on this record.

"The notion from the very start was to forge this sonic conspiracy of these artists from wide-ranging genres who are like-minded, and then curate all of it into a powerful and cohesive whole," said Morello.

What I heard in their music was very simpatico with the analog rock & roll music that I love best.

It was the tension and release, it was the huge drops, it was the communal frenzy that they created, for me in the mosh pit, for them on the dance floor."

Songs such as "Lucky One" (featuring hip-hop artists Big Boi and Killer Mike) and "Vigilante Nocturno" (featuring Carl Restivo) will become favorites of hardcore RATM fans. Morello's guitar is the driving force behind both songs.

Other songs such as "We Don't Need You" would be instantly recognizable to RATM fans due to

its lyrical content about gun violence and de facto segregation in the United States.

"Where It's At Ain't What It Is," a song about the power of the people, is the result of a guitar jam from Morello and blues legend Gary Clark Jr, mixed with the funky EDM production of Nico Stadi.

This sentiment also appears in "Find Another Way," which is Mumford's guest appearance on the album.

"Rabbit's Revenge" and "Lead Poisoning" both tackle police brutality, while "Lucky One" (featuring K.Flay) focuses on Morello deconstructing privilege with regard to growing up in affluent Chicago suburbs.

"How Long" has Rise Against vocalist Tim McIlrath spit out, "How long can we drown out the hungry mouths and burning streets while the bombs fall at our feet?"

This is a fun, yet powerful and head-spinning album. It is not for everyone, and while not all of the experimentation works, enough of

it is there to make it enjoyable. It is a wild, cacophonous blending of sounds, and it is just the unexpected kind of album we've come to expect to hear from Morello.

It wouldn't be a Morello album if it did not have incendiary lyrics on today's political climate. This is a call to arms, and what a call to arms it is.

Parker's Picks: "Where It's At Ain't What It Is," "How Long," "Lead Poisoning," "Rabbit's Revenge"



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Contact:

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Freshmen and all majors welcome!



THE BEACON

Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the Sports Editors: Benjamin.Mandell@wilkes.edu or Kirsten.Peters@wilkes.edu

WIH: Colonels drop first contest

By Tyler Aldinger and Nicholas Whitney
Staff Writers

Wilkes fell in its first ever contest to King's College, 3-1.

The Colonels came right out of the gates and played with a lot of speed and intensity. Although several opportunities presented were not enough for Wilkes to get the puck by the Monarchs netminder Kiva Sierra Stoltz.

Momentum would swing to the Monarchs after two penalties were taken by Laurenne Fraser, shortly after each other.

The second power play for the Monarchs was successful, as Margaret Gould was able to find the back of the net and gave the Monarchs the early lead in the game.

The Monarchs held their one goal lead for the rest of the first period and through the entire second period as well.

Wilkes was unable to capitalize on several power play opportunities, which they had in the first and second period.

The Monarchs and Colonels battled back and forth for the rest of the first and second period with great hockey being played.

Freshman goalie Ally Joly was able to make over 10 saves, and only let up one goal before freshman Alexa Rango took over the goalie position.

"The good thing about our team is that we have a lot of foot speed, so a lot of the saves were from either the outside or even the breakaways down the middle," said Joly, reflecting on some of the goals she made. "We caught up to them so the saves weren't too hard..."

The score in the second period remained 1-0 in favor of the Monarchs.

The third period brought about several more goals. The Monarchs started the goal-scoring in the third period, as Raeann Clancey was able to get an unassisted goal to put the Monarchs up 2-0 over the Colonels.

Wilkes would not go away easy in this contest, as freshman forward Kendall Castro scored the first ever women's ice hockey goal for Wilkes University. Castro got a pass right in front of the Monarchs goalie (Stoltz) from freshman forward Ashley Murry along the right wing, allowing Castro to find the back of net.

"The first goal was like everyone's goal,



Photos: The Beacon/Kyle Kraemer

Wilkes goalie Ally Joly making a save off a break away.

to just find the back of the net and put the puck in the back of the net," said Castro, after scoring the first women's goal for Wilkes ever. "We've been working on that all through practice these past weeks and finally I got to finish it off and get that goal, which is really exciting for us all, obviously."

This gave the Colonels a nice momentum boost, as they now only trailed by one goal with 10 minutes remaining in the third period.

The Monarchs retaliated shortly after Castro's goal, as Kellie Munro put the game out of reach for the Colonels, increasing the lead for King's by two goals.

In the final five minutes of the game, the Colonels were unable to pull off a miracle comeback and fell short of the Monarchs three goals in their opening game.

Despite the loss, Wilkes head coach Earl Utter kept a positive attitude about what he took away from the game, stating, "Smiles - we've got a team that works very, very hard. Honestly, I think we outworked King's tonight. The score may not be indicative of our performance, but in all intents and purposes, I think that game for us is a win."

Wilkes only had six skaters total, that being two goalies and one player who was not in uniform.

King's College and Wilkes University were both teams who had never won an ice hockey contest before this matchup.

Despite losing their first game, the Colonels enjoyed the experience of finally playing in their first hockey game on the ice.

Joly stated, "Just the experience overall, just being here, playing Division III hockey, this is just one of the most fun times I've had playing hockey, so just the whole experience about it."


With this loss 3-1 loss to King's, the Colonels start their season at 0-1.

"It just takes a lot to work together, be a team, and communicate. We can't get frustrated with each other at all - it just doesn't help. But being a small team, it just brings us together, we're a small family so we're just working up to it, hoping to get our other player back on the ice soon and just having a great time," said Castro.



Kendall Castro parks herself by the net hoping to put home a potential rebound

Wilkes is back in action Friday at 5 p.m. when the host Nazareth College at the Toyota Sports Complex.

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MIH: Wrap

By Ben Mandell
Co-Sports Editor

CANTON, NY-- The Colonels Men's Ice Hockey team split a weekend series with the SUNY Canton, losing game one 6-4, and winning game two 7-5.

Game one took place Friday night as Brett Riley's crew made their highly anticipated debut

The Colonels new program debuted strong, as Donald Flynn and Tyson Araujo scored the first two goals. The 'roos scored late in the first period to make it 2-1, which the Colonels followed up with a costly mistake. Michael Gurska took a five minute major penalty for spearing at the end of the period, which also resulted in a game misconduct.

SUNY Canton scored twice during the power play, giving them a 3-2 lead.

The Kangaroos would go on to score another before Chris Dalfarra cut the lead down to one with just 46 seconds remaining in the second period.


With the score 4-3 going into the third, SUNY Canton was determined to put this game away. The Kangaroos scored twice more and it wasn't until there was just three seconds left when Jay Gallagher scored to make it a 6-4 game.

The Kangaroos struck first, but the Colonels came right back scoring four unanswered goals. Nick Fea scored the equalizer for the Colonels, followed by the first short-handed goal in program history from Wade Novak. Flynn and Taylor Bommarito added goals just 44 seconds apart to put the Colonels up 4-1.

SUNY Canton continued to fight, as they scored another but Tyler Barrow answered quickly making it 5-2.

The Kangaroos grabbed three more goals including two in the second, but Wilkes continued to answer back with Novak's second short-handed goal of the game and Tyler Barrow scored with 34 seconds left in the game.

Wilkes heads up to Elmira, N.Y. to face Elmira College on Friday before their home opener on Nov. 9 against Stevenson University.

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FB: Colonels earn fifth win, beat Lycoming 14-7

By Kirsten Peters
Co-Sports Editor

EDWARDSVILLE, Pa -- On Saturday, Oct. 27, the Colonels advanced their record to 5-4 with a two-touchdown victory over Lycoming College. Since Wilkes only has one game left this season, the Colonels are now guaranteed at least a .500 record for the first time since their 2012 team finished at 5-5.

This win is indicative of the Colonels determination to have a comeback season, displaying how much improvement and growth has occurred just over the course of these nine games.

From the moment the game began, the poor weather conditions seemed to negatively impact the game play.

During Wilkes's first offensive possession, junior quarterback Jose Tabora's pass was intercepted by the Warriors along the Colonels' sideline.

After giving up the ball, the Colonels regained possession following freshman defensive back Nahjir Wood's pick-off. However, the Colonels momentum did not last for long, as the game appeared to be rough from the start with another interception in Lycoming's favor off of Tabora.

Although Lycoming got the interception, they fumbled the ball and allowed the Colonels to capitalize on one of their mistakes when junior tight end Bryce Harrison recovered the fumble and gave Wilkes another opportunity to start fresh.

With this, the Colonels finally got their act together and had four plays of 10 or

more yards on the drive, finishing off the eventful game-play with a Tabora-Steeber touchdown, as senior wide receiver Jeff Steeber caught a 19-yard pass in the endzone. The kick by freshman kicker David Kutteroff flew through the yellow posts and got the Colonels on the board first with a 7-0 lead over Lycoming and 7:43 remaining in the first quarter.

"Our offense always kills it - we have so many weapons, but with the weather we were limited to how much we could pass and the defense really stepped up to stop a pretty good running offense," said senior linebacker Michael Murphy. "We forced them to throw

the ball because they couldn't run on us at all, as they averaged .9 yards per rush."

This impressive defensive effort was displayed when sophomore defensive lineman Pat Ricci had a strip-sack that led to the demise of the Warriors offense to end the first quarter.

However, the Colonels defense was not sound, as Tabora threw his third interception of the half to open up the second quarter, allowing Lycoming to take advantage of this costly error and tie the game at 7.

After only taking the Warriors four plays to get on the board, Lycoming's Keith Batkowski ran the ball in from the one-yard

line, leaving 10:57 remaining on the clock.

Although there was ample time, neither team scored for the remainder of the first half, but junior offensive lineman Mike Osayi noted how the Colonels were able to come together after getting through their initial blunders on the field.

"Even when we take awhile to adjust on one side of the the ball, we have trust in each other that we can get the job done and that's what we saw in the game - that the team is able to lean on each other," Osayi said.

In the third quarter, the Warriors attempted a 45-yard field goal, however, a block by junior defensive lineman Dane Tarantelli kept the score even and reasserted the Colonels defensive presence.

Tarantelli's efforts provided Wilkes with the momentum-changer that they needed in order to execute their go-ahead touchdown.

After 13 plays and 72 yards that moved the Colonels down the field, Tabora found sophomore wide receiver Nick Yanik who sustained a crushing hit for a 17-yard touchdown, which proved to be monumental for the Colonels' game play, as they took the 14-7 lead and never gave it up.

"I think the weather posed a good challenge to both offenses," Tarantelli said. "It was a great defensive game and we were the team who went out there and played hard-nosed football for a full 60 minutes. The team this year is playing for each other and you can see that win-by-win."



The Beacon/Nicole Gaetani

Senior wide receiver Jeff Steeber catches a 19-yard pass in the endzone to put Wilkes on the board, giving them the 7-0 lead in the first quarter.

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Cross Country (Men's and Women's)

8/31 @ Misericordia Invitational
Men's 5th, Women's 4th
9/8 @ Stevenson Invitational
Men's 5th, Women's 8th
9/15 @ Cougar Classic
Men's 4th, Women's 4th
9/29 @ Mount Saint Mary
Men's 4th, Women's 5th
10/6 @ Desales Invitational
Men's 15th, Women's 13th
10/13 @ Inter-Regional Border Battle
Men's 41st, Women's 38th
10/19 @ LVC Last Chance Run Fast
Men's 7th
10/27 MAC Championships
Men's 9th, Women's 11th
11/10 NCAA Mideast Regional
(DeSales)

Fall Sports Schedules

Women's Volleyball

8/31 @ PSU-Hazleton, W 3-0
9/1 @ Clarks Summit, W 3-0
9/1 @ Lycoming, L 3-0
9/1 @ Penn College, W 3-0
9/4 @ PSU-Brandywine, W 3-0
9/6 vs. Lancaster Bible, L 3-1
9/8 @ PSU-Harrisburg, W 3-1
9/8 @ Shenandoah, W 3-2
*9/12 vs. Manhattanville, L 3-2
9/15 vs. Cairn, W 3-0
9/15 vs. Wesley, W 3-1
*9/18 @ FDU-Florham, L 3-1
9/20 vs. Clarks Summit, W 3-0
9/22 @ Brooklyn College, W 3-0
9/22 @ Rutgers-Camden, W 3-1
*9/26 vs. Delaware Valley, W 3-0

9/28 @ RIT, L 3-1
9/29 @ Morrisville State, L 3-1
9/29 @ SUNY Cortland, L 3-0
*10/2 @ Eastern, L 3-0
10/4 @ PSU-Berks, W 3-2
10/6 vs. New Jersey City, W 3-1
10/6 vs. PSU-Altoona, W 3-0
10/8 @ Keystone, W 3-1
*10/10 vs. King's, L 3-1
*10/16 @ DeSales, L 3-0
10/18 vs. Bryn Athyn, W 3-0
*10/24 @ Misericordia, L 3-0
10/27 vs. Maryland, L 3-0
10/27 vs. Rutgers-Camden, W 3-1
*MAC Freedom
Home matches @ Marts Center

Field Hockey

x-8/31 @ Susquehanna, L 3-1
x-9/1 vs. Kean, W 1-0
9/5 @ Keystone, W 3-0
9/8 vs. Widener, L 5-4 (SO)
9/13 vs. Cedar Crest, W 3-1
9/15 @ Alvernia, L 2-0
9/19 @ Moravian, W 3-2
*9/22 vs. Eastern, W 6-3
9/25 vs. U. of Scranton, L 3-1
*9/29 @ Manhattanville, W 3-2
10/3 @ Elizabethtown, L 2-1
*10/5 @ FDU-Florham, L 1-0 (OT)
10/8 vs. Arcadia, L 5-3
*10/12 @ Delaware Valley, W 4-1
*10/18 vs. King's, W 5-3
*10/20 @ DeSales, L 3-1
*10/24 @ Misericordia, L 4-1
** 10/31 @ DeSales, 5 p.m.
*MAC Freedom
** MAC Freedom Playoffs
x-Connie Harnum Classic





The Beacon/Nicole Gaetani

Wilkes football's head coach Jonathan Drach and his family pick out candy from one of the tables.

WILKES SAAC, from front page

"This is really the first time we have done something like this and we all wanted to do something for Halloween that showed the community all of the good things Wilkes student-athletes have to offer," Kendra said.

Before the event started, Wilkes' student-athletes flooded the Mchale Athletic Center in the UCOM building where the event was held. The each team was given a table and a costume theme, so everyone was dressed up.

There was a lot of excitement for the event, but not just from the kids. The

student-athletes were all excited to do something for the kids in the Wilkes-Barre community.

"Personally it means a lot to me, I was taught it takes a village to raise a child," Wilkes football's Richard Ermeus said. "So imagine the impact we can have on these kids when we all come together."

The entire student-athlete community has been excited for this event as it let them show their true colors to the community.

"It's big for us to show the community our culture especially with how new our program is," Phil Erickson of the brand new Men's Ice Hockey team. "For us,

what we off the ice is more important than what we do on it, so it's important to us to get involved with the community."

All of the teams that attended the event were very excited as the event turned into more than trick or treating. All of the student-athletes went to the center of the gym, and hosted games for all the kids, which the hosting athletes jumped in on as well.

"It's good that our school is coming together and giving back to the community," Anthony Marcincavage said. "Everyone was dedicated to making sure the kids had fun and it was a good time."

The mindset brought in by each of the

student-athletes that took three hours out of their busy schedule to come out a put on an event for these kids with the attitudes they had can not be overlooked. All of the student-athletes who participated wanted to make the event a good time for everyone.

Wilkes head strength and conditioning coach who is heavily involved with all athletic events came out and said "I have been here for 16 years, and I have never seen this many athletes turn out to an event. This group should be very proud of themselves."



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The Beacon/Nicole Gaetani

Families approach the table hosted by Wilkes Tennis while "Trick or Treating" at the SAAC event.



Fall Sports Schedules

Women's Soccer

8/31 @ PSU-Berks, PPD
 9/5 @ Ithaca, L 1-0
 9/8 vs. Marywood, W 3-2
 9/12 @ William Paterson, W 1-0
 9/15 @ Bard, L 3-1
 9/19 vs. Susquehanna, L 2-1
 9/22 @ #14 Arcadia T 2-2
 9/25 @ U. of Scranton, L 2-0
 *9/29 vs. Delaware Valley, W 1-0
 10/3 vs. Kean, W 1-0
 *10/6 vs. DeSales, W 2-1
 *10/10 @ King's, W 2-0
 *10/13 @ Eastern, W 5-0
 *10/16 vs. Misericordia, L 3-0
 *10/20 vs. Manhattanville, W 6-0
 10/23 vs. Oneonta, T 1-1
 *10/26 @ FDU-Florham, L 2-1
 ** 10/31 vs. DeSales, 7 p.m.
 *MAC Freedom
 ** MAC Freedom Playoffs
 Home games @ Schmidt Stadium

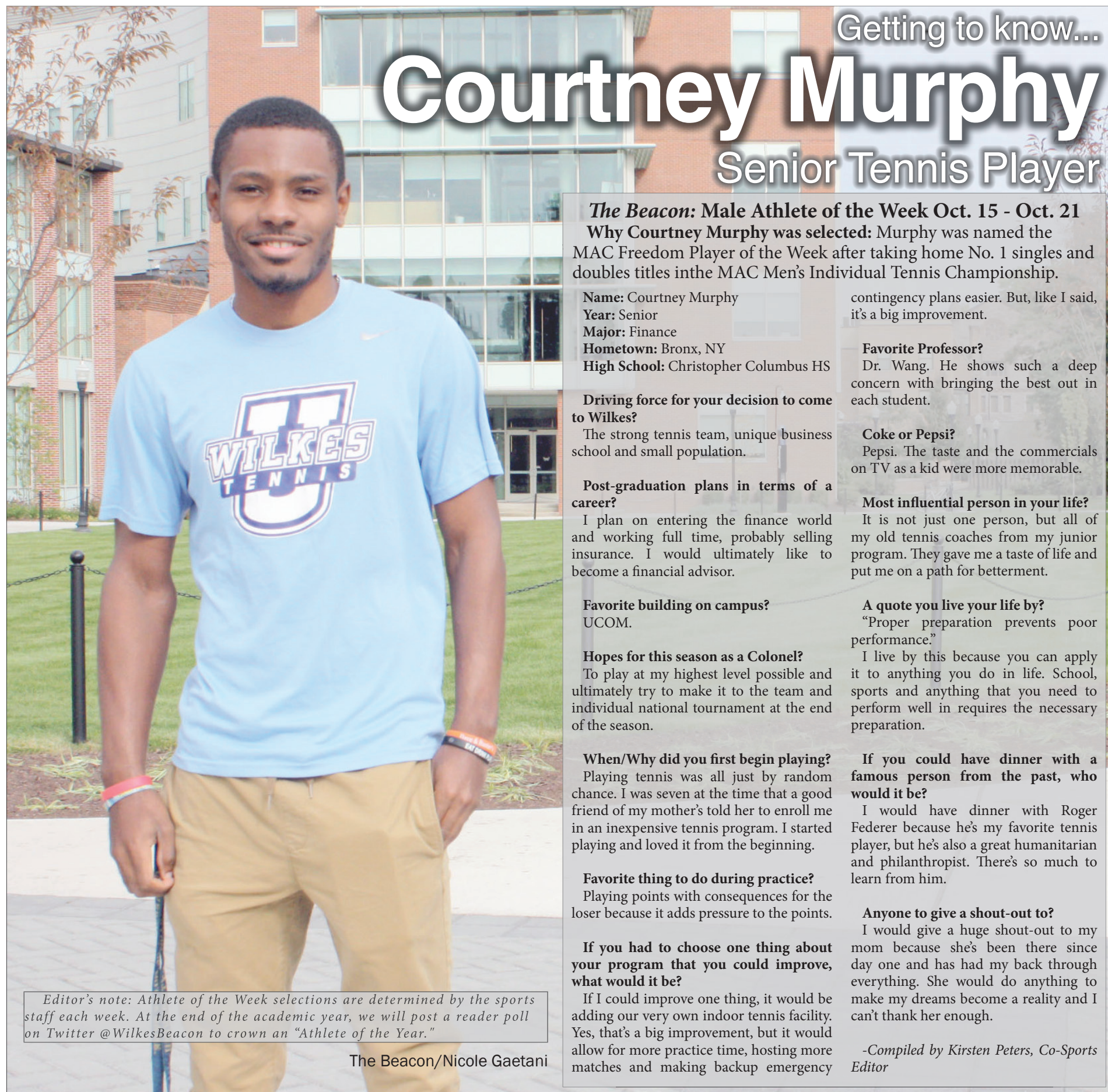
Football

9/1 vs. Hartwick, L 28-24
 9/8 @ Lebanon Valley, W 30-27
 *9/15 @ Delaware Valley, L 21-10
 *9/22 vs. Misericordia, L 47-45
 *9/29 @ Alvernia, W 34-14
 *x-10/6 vs. Albright, W 47-43
 *10/12 @ FDU-Florham, W 31-16
 *10/20 @ Stevenson, L 33-21
 *10/27 vs. Lycoming, W 14-7
 *y-11/10 vs. King's, noon
 *MAC
 x-Homecoming
 y-Mayor's Cup
 Home games @ Schmidt Stadium

Men's Soccer

8/31 @ PSU-Berks, T 1-1
 9/3 @ Marywood, W 2-0
 9/8 vs. Moravian, L 4-1
 9/12 vs. Clarks Summit, W 4-0
 9/15 @ Keystone, L 2-1 (OT)
 9/19 @ Susquehanna, W 1-0
 9/22 @ Stevenson, L 2-1
 9/26 vs. U. of Scranton, W 3-1
 *9/29 vs. Delaware Valley, W 3-1
 10/3 @ Lancaster Bible, W 1-0 (OT)
 *10/6 vs. DeSales, L 3-1
 *10/9 @ King's, W 2-1
 *10/13 @ Eastern, L 5-1
 *10/17 vs. Misericordia, L 3-1
 *10/20 vs. Manhattanville, L 3-1
 10/24 @ Penn College, L 1-0
 *10/27 @ FDU-Florham, W 4-3
 *MAC Freedom
 Home games @ Schmidt Stadium





Getting to know...

Courtney Murphy

Senior Tennis Player

The Beacon: Male Athlete of the Week Oct. 15 - Oct. 21

Why Courtney Murphy was selected: Murphy was named the MAC Freedom Player of the Week after taking home No. 1 singles and doubles titles in the MAC Men's Individual Tennis Championship.

Name: Courtney Murphy

Year: Senior

Major: Finance

Hometown: Bronx, NY

High School: Christopher Columbus HS

contingency plans easier. But, like I said, it's a big improvement.

Favorite Professor?

Dr. Wang. He shows such a deep concern with bringing the best out in each student.

Driving force for your decision to come to Wilkes?

The strong tennis team, unique business school and small population.

Coke or Pepsi?

Pepsi. The taste and the commercials on TV as a kid were more memorable.

Post-graduation plans in terms of a career?

I plan on entering the finance world and working full time, probably selling insurance. I would ultimately like to become a financial advisor.

Most influential person in your life?

It is not just one person, but all of my old tennis coaches from my junior program. They gave me a taste of life and put me on a path for betterment.

Favorite building on campus?

UCOM.

A quote you live your life by?

"Proper preparation prevents poor performance."

Hopes for this season as a Colonel?

To play at my highest level possible and ultimately try to make it to the team and individual national tournament at the end of the season.

I live by this because you can apply it to anything you do in life. School, sports and anything that you need to perform well in requires the necessary preparation.

When/Why did you first begin playing?

Playing tennis was all just by random chance. I was seven at the time that a good friend of my mother's told her to enroll me in an inexpensive tennis program. I started playing and loved it from the beginning.

If you could have dinner with a famous person from the past, who would it be?

I would have dinner with Roger Federer because he's my favorite tennis player, but he's also a great humanitarian and philanthropist. There's so much to learn from him.

Favorite thing to do during practice?

Playing points with consequences for the loser because it adds pressure to the points.

Anyone to give a shout-out to?

I would give a huge shout-out to my mom because she's been there since day one and has had my back through everything. She would do anything to make my dreams become a reality and I can't thank her enough.

If you had to choose one thing about your program that you could improve, what would it be?

If I could improve one thing, it would be adding our very own indoor tennis facility. Yes, that's a big improvement, but it would allow for more practice time, hosting more matches and making backup emergency

-Compiled by Kirsten Peters, Co-Sports Editor

Editor's note: Athlete of the Week selections are determined by the sports staff each week. At the end of the academic year, we will post a reader poll on Twitter @WilkesBeacon to crown an "Athlete of the Year."

The Beacon/Nicole Gaetani

Getting to know...

Haley Gayoski

Senior Field Hockey Player

The Beacon: Female Athlete of the Week Oct. 15 - Oct. 21

Why Haley Gayoski was selected: Gayoski has been chosen to play in the Victory Sports Tours/NFHCA Division III senior game after scoring two imperative goals in a 5-3 win over King's.

Name: Haley Gayoski

Year: Senior

Major: Early Childhood and Elementary Education

Hometown: Forty Fort, Pa.

High School: Wyoming Valley West

Position: Defense

Nothing. This program has been exceptional the past four years!

Favorite professor?

I can't pick just one. All of the professors in the education department are extremely caring and helpful!

Driving force for your decision to come to Wilkes?

I wanted to come to Wilkes because of the small campus atmosphere and the small class sizes. Also, it gave me the opportunity to be close to home and play field hockey.

Coke or Pepsi?

Coke.

Most influential person in your life?

Both of my parents. They are both extremely supportive and do everything possible for me. I wouldn't be the person I am today without them.

Post graduation plans in terms of a career?

Pursue a teaching job and become a field hockey coach.

Other interests or hobbies off of the field?

Hanging out with my friends, spending time with my family and playing with my dogs.

Favorite building on campus?

Breiseth.

What does "Be Colonel" mean to you?

To me, "Be Colonel" means to take pride and represent Wilkes University in the classroom, on the field, etc.

Hopes for this season as a Colonel?

As a Colonel, I hope to win a MAC championship with my team. Our team has so much talent and I believe we can achieve anything we put our minds to.

If you could have dinner with a famous person from the past, who would it be?

The whole field hockey team and coaching staff. I have made some of my best friends on this team and I will forever be grateful for all of the opportunities and people this sport has led me to.

When/Why did you first begin playing?

I began playing field hockey in fifth grade at a summer camp hosted by Wyoming Valley West. I fell in love with the sport and have been playing ever since.

Anyone to give a shout-out to?

The whole field hockey team and coaching staff. I have made some of my best friends on this team and I will forever be grateful for all of the opportunities and people this sport has led me to.

Favorite thing to do during practice?

Play Money Ball and joke around with my teammates.

If you had to choose one thing about your program that you could improve, what would it be?

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The Beacon/Nicole Gaetani



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