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Wilkes University - Wilkes-Barre, Pennsylvania

The news of today reported by the journalists of tomorrow.

First annual leadership conference held

By Sean Schmoyer
Asst. News Editor

Student Development hosted its first annual leadership conference titled "Explore" on Sunday Feb. 3 from 9 a.m. to 4 p.m. All students were able to register to attend the event centered in the Stark Learning Center.

The conference was scheduled in intervals with breakfast being provided at 9, the keynote speaker, Charles J. Copley, speaking at 10, and then three breakout sessions for students to attend throughout the day with a lunch break at noon.

Copley, the keynote speaker, serves as the executive vice president for Golden Technologies, a medical device manufacturer. Copley is a 1998 Wilkes graduate who received both his bachelor's degree and masters degree in Business Administration.

Copley was an adjunct professor for 14 years teaching night classes on business topics focusing on leadership, sales, and marketing. Copley also served as Student Government President, President of Off-Campus Council as well as the first President of ENACTUS here at Wilkes.

Copley opened his presentation by sharing important ideas he was taught and learned throughout his life. He shared numerous phrases and ideas



The Beacon/Steffen Horwath

The Keynote speaker Charles Copley offered advice for students looking to become leaders.

throughout his presentation. One of those phrases was "The more you know, the more you understand you do not know..." a phrase that Copley said he learned from his mother.

"When I was 22 I used to get offended by that, I had my degree and then I got my masters degree. The more that I continue to unfold life the more I learn

about myself. This statement is not about reading from a book, it is about learning more about yourself as you unfold your life, and the things you learn about yourself on your own journey," said Copley.

Other ideas and concepts that Copley

LEADERSHIP, page 4

WREST: Colonels win big on senior night

By Luke Modrovsky
Editor-in-Chief

WILKES-BARRE, Pa. -- In front of a packed house in the specialized half-bowl wrestling set-up at the Marts Center, Wilkes wrestling took down the Penn College Wildcats, 36-12.

"Our guys performed well," said head coach Jon Laudenslager. "It was a great environment from our students coming. It was packed."

Senior Nick Racanelli echoed Coach Laudenslager's remarks, stating, "Just having every (Wilkes athletic) team out tonight - all of my fans here, all of the other students. Them coming out played a big factor in tonight's match.

"I'm just excited where we're at right now with our team," Laudenslager said. "I think we're clicking right now. Our guys are getting after people. It was just a great event."

In the meet-clinching bout, Racanelli won via technical fall, but it did not come without a scare. Early in the match, Racanelli found himself in a headlock from Penn College's Daniel Bergeron at 165 pounds.

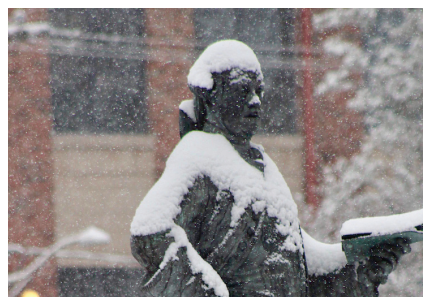
"I was a little nervous because the crowd

WRESTLING, backcover



The Beacon/ Maddie Davis

**Sordoni holds artist lecture
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Medalist instructs individuals,
page 21**

News

Have a breaking story or a press release to send? Contact either news editor: Cabrini.Rudnicki@wilkes.edu or Madelynn.Davis@wilkes.edu

Student Government notes: Jan. 30 weekly meeting

By Sara Ross
Staff Writer

On the evening of Jan. 30, the Student Government meeting began with a club report from the Choral Club.

The Choral Club president presented its report and informed SG of their upcoming events, such as their Singing Valentine's sale and spring concert. Their Singing Valentine's sale allows students to pick a song out of a list of four or five and Choral will call up your Valentine to sing it to them over the phone.

Next, the American Pharmacist Association had a non-club request from Patrick Speakman asking for funds for the annual APhA conference in Seattle for five students. The total request was for \$3,423 to

cover registration, hotel, and flight costs.

The event will provide these students the opportunity to meet other pharmacy students from different universities and to learn about the research they have done. This is also an opportunity for them to network and establish connections.

Next, Phi Beta Lambda started off the club fund requests with their President, Robert Colligan, asking for funds for the 2019 Pennsylvania Phi Beta Lambda State Leadership Conference in Harrisburg from Mar. 22 to 24. They requested \$1,650 for registration, which will cover 15 students at \$110 each. These students will be able to get involved in business workshops and internship fairs, and it will provide them with networking opportunities.

The Chemistry Club presented their club report and fund request at the same time to Student Government. In their club report, they discussed upcoming events for the club, including their Valentine's M&M's sale.


For their club fund request, Chemistry Club is looking for \$2,860.20, in order to go to the 257 American Chemical Society National Meeting in Orlando, Fl. The club is being nationally recognized as an ACS Student Chapter and will be receiving two awards at the meeting. A total of six members will be attending.

The final fund request was from the Wilkes Theater Department, who is looking to attend the Southern Theatre Conference this spring. This conference will allow its students to audition and perform

Ten students are going to be on the trip, with three of them moving onto professional auditions. They are asking for \$200 per student, which will add up to a total of \$2,000, along with \$1,500 for registration and \$1,127 for hotel costs.

The last presentation was from the Youths for Human Rights International Club, and they wanted recognition to form their club on campus.

Each class gave reminders about their upcoming fundraisers and events. Junior students discussed that starting on Feb. 5 their Valentine's Day rose sale will begin.

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Beacon Briefs: The upcoming happenings on campus

Compiled by Sean Schmoyer

BACCHUS Valentine's Day contest

BACCHUS is looking for participants for their #BACCHUS Valentine's Day contest. Take a picture with your friend, bestie, or significant other on campus. There must be a maximum of two people in your photo, one person must be a Wilkes student and the deadline is 5 p.m. on Sunday, Feb. 10. The pictures must be submitted to Juli Killian via email at Juli.Killian@wilkes.edu. Photos do not have to directly resemble a Valentine's Day theme.

The winning picture will receive a Valentine's Day gift certificate of \$100 to Ruth's Chris.

All photo submissions will be printed and displayed in the SUB during club hours on Tuesday, Feb. 12 for the Wilkes community to vote on the winner. The winners will be announced on Feb. 14.

Register for NEPA Sings


CASA of Luzerne County is hosting auditions for local singers to show of their skills and support CASA of Luzerne County. Auditions will be held at 10 a.m.

on Saturday, Feb. 9 at the Kirby Center for the Creative Arts on Wyoming Seminary's Upper Campus in Kingston. Twelve vocalists will compete for the championship at the finals scheduled for Thursday, April 11. For more information register at <https://luzernecasa.org/nepa-sings/> to audition. Walk-ins will not be allowed.

Women's and Gender Studies Conference

Proposals for the Annual Women's and Gender Studies Conference are now being accepted. Proposals are due Friday, Feb. 22 and may be submitted online.

The theme is "New Narratives of Gender in the Media" and students, faculty, staff, and community members are all encouraged to participate in the conference. Sessions will include research and poster presentations, panel discussions, video screenings and performance art. For more information about the WGS conference please contact Dr. Jennifer Thomas at Jennifer.Thomas@wilkes.edu.

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Upcoming Events: 2019 Spring Semester

February

5 - BACCHUS' Sexual Jeopardy
5 - Free Windshield Wiper Fluid (CC)
5 - Skating Night (CC)
6 - MSC Soul Party
7 - Council of the Clubs
10 - Elk Mountain Ski Trip
14 - Be Your Own Bae (WUPB)
19 - Free Emergency Car Kits (CC)
19 - Bowling (CC)
21 - Minute-To-Win-It (WUPB)
28 - Rodeo Night (WUPB)

22-23 - Vagina Monologues
24 - Mall Shopping Shuttle

March

14 - Themed Bingo (WUPB)
16 - Glow Night at Skyzone
19 - Free Tire Gauges (CC)
19 - Movie Night
22 - Medieval Times
24 - Ice Skating & Pizza
28 - Fondue Night

WUPB denotes Wilkes University
Programming Board
CC denotes Commuter Council
SG denotes Student Government

Want your event featured in the
calendar?
Email: TheWilkesBeacon@wilkes.edu

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University awarded 'It's On Us' scholarship from the state

By Sean Schmoyer
Asst. News Editor

On Jan. 28, Wilke University was awarded a \$30,000 "It's On Us" grant from the Commonwealth of Pennsylvania. Wilkes is one of 38 colleges and universities to receive the funding, and this is the second time Wilkes has received the "It's On Us" grant.

During the Obama administration, President Obama and Vice President Joe Biden established the "It's On Us" initiative nationwide. Governor Tom Wolf and the Commonwealth of Pennsylvania became the first state to set up the "It's On Us" initiative at a state level, allowing for grants like these to be established and distributed to colleges and universities.

Title IX coordinator, Samantha Hart, said, "The Red Flag Campaign uses a bystander intervention strategy to address and prevent sexual assault, dating violence, and stalking on college campuses by encouraging friends and other campus community members to say something when they see red flags in friends relationships. It is a program that helps us promote health relationships and reduce social norms that facilitate violence."

Hart broke down where the \$30,000 will be going into three sections/programs. The first is the Red Flag Campaign which was first started last spring. The event last spring was set up by Title IX, Student Government, Reslife, and student athletes. The event plans to be held again this spring, and a portion of the grant will be going towards funding aspects of the Red Flag Campaign.

"Every year we evaluate the programs we have in place and sit down and make sure that our message is consistent throughout. The Red Flag Campaign is a continuation of the messages we put out through bystander intervention programs here on campus. We wholeheartedly believe that teaching students is what makes these programs successful. Putting money towards the Red Flag Campaign benefits other programs as well based on the message being continuous and consistent in each of our programs," said Hart.

While funding has not been designated to other specific programs on campus other potential programs and events are being considered for the future.

"RAs have a lot of flexibility in what they are able to program, however based on the curriculum we do have a focus on support services as a themed month," Debbie Scheibler, director of residence life said. "There are a lot of programs I would love to see here on campus, but you have to build up and ease into events. One project is the clothing-line project where you string ropes between trees and hang up shirts that survivors of sexual misconduct have decorated. It serves as a way to promote visibility and tell stories as a cathartic process for survivors. Another program is "Take Back the Night" which is an event that allows for survivors and supporters to feel empowered through a march."

Another aspect that will receive funding from the grant is a climate survey across campus to assess the prevalence and perceptions on campus about sexual

violence. The goal is to evaluate how well the current process succeed or fail in preventing and responding to sexual violence. It also will allow students to anonymously share experiences or concerns through the survey.

Hart said, "This will allow us to provide better responses and insure confidence in our protocols here on campus. I think there is always a concern about students not coming forward and reporting sexual violence, but I think that doing a climate study will give students a different avenue to come forward anonymously. I think this will heighten awareness and communication about this on campus."

The final section that will be receiving funding are the training programs for first responders who help implement the sexual misconduct protocols on campus. First responders on campus consist of public safety, residence life, and RAs on campus as well as other faculty members on campus.

A major aspect of the Title IX programs here at Wilkes is bystander intervention. The bystander intervention presentations are presented to Wilkes students freshmen year in their FYF courses by Deputy Title IX Coordinator, Philip Ruthkosky.

Ruthkosky said, "The mission of the bystander program is to empower students to be change agents, to look out for each other and make profound difference. We do that by educating students about how to recognize signs and signals that indicate that an individual is at risk, and this can apply to sexual violence but also bullying, dating and domestic violence."

The structure of the bystander program is that faculty present the information to students about myths and truths regarding violence and sexual misconduct. The bystander program than presents the students with a video that showcases what they can do to help others in potentially dangerous situations.

Ruthkosky said, "One of the most effective and profound ways to make differences on college campuses is to have students out in front and as champions in these movements. Each year we have ten to twenty students who have the courage to be apart of the=is program and speak to their peers. We always welcome and support students when they are passionate about something, one example is "Walk a Mile in Her Shoes" coming up this spring, a student leader came to speak to me about it and we will support that student in any way."

"It is important for our campus community to realize that our administration has really dedicated and committed to Title

IX. I think it is great that both students and the administration has embraced these programs," said Hart.

At Wilkes there are both internal and external sources for students that can be confidential for them to turn to if need be. Students can report incidents or problems to campus counseling and health services in Passan Hall in a confidential manner. They can also go to public safety, any faculty in association with Title IX. Students can contact outside sources like the Victims Resource Center.



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Campus Sexual Violence

11.2% of all students experience rape or sexual assault through physical force

Among graduate students, 8.8% of females and 2.2% of males experience sexual assault

Among undergraduate students, 23.1% of females and 5.4% of males experience sexual assault.

4.2% of students have experienced stalking.

Statistics according to RAINN (Rape, Abuse & Incest National Network)



Graphic by Madi Hummer

By Cabrini Rudnicki
Co-News Editor

University given doctoral accreditation by Carnegie

Wilkes University recently announced its new categorization as a doctoral university by Carnegie Classifications.

The 2018 Carnegie Classification of Institutions of Higher Education is the highest classification for institutions in the United States.

The new classification makes Wilkes one of 14 universities with this designation in Pennsylvania.

The classification is based on the number of degrees given each year. Doctoral universities must award at least 20 research doctoral programs, nursing, education, and pharmacy.

The pharmacy doctorate program had 69 graduates, the nursing program had 30, and the education program had 23.

The school was previously classified as a large master's college.

President Patrick Leahy spoke about what the designation meant for the university.

"The change in classification places Wilkes University in the rightful company of some of the finest universities in the nation, completing our evolution from a two-year junior college in 1933 to a national doctoral university in 2019.

"Our unique mix of academic programs and robust degree conferrals across bachelor's, master's, and doctoral levels set us apart from other private institutions, both regionally and nationally. We are proud of the students we serve and look forward to continued growth."

Dr. Karim Letwinsky, department chair of the School of Education Doctoral Department, spoke about how the education doctorate played a prominent role in getting that designation.

"We have an incredible sense of community in the program," she said. "We're delivered in online and low residency format, meaning that while our students operate online they also come together once a year physically.

"I think that that delivery is unique. Other schools do it, but what we really maximize is face-to-face time through video conferencing. We are not just one or another."

Letwinsky emphasized the community that forms with the doctorate students.

LEADERSHIP, from front page

shared were that growth had to be intentional, meaning that leaders have to reach out and try new activities and learn about other cultures to grow. He also talked about how you win or learn, you cannot lose, focusing on the idea that you fail forward and can always learn from mistakes and slip-ups.

"Leaders understand how to adopt their principle and do not let it affect their psyche," Copley said. "Failure) does not mean that it does not hurt it just means that it does not stop them from moving forward."

Copley then said his own personal philosophy, one that he learned from his father.

"The only person who can give you integrity away is you. In business they can take your money, they can take your house, they can take everything, you can lose everything, but the only thing that you can never lose but only give away is your integrity," said Copley.

Copley talked about not being able to manage people but instead only being able to lead people while managing the processes those people use and work

with. To connect to this idea, Copley also talked about how leadership is a process as well, so by managing one's own leadership they can lead the people they work with effectively."

At the end of his presentation Copley took questions from the audience and answered them to the best of his ability. One of the questions asked about how to get others to step up to the position of leaders.

"I think what all of you are doing this weekend is a great start," Copley said. "I think there are a lot of people who want to be leaders for the wrong reasons. That is why I put so much emphasis on integrity. I think people are often after the title and not reaching down to pick people up. I suggest that all of you have the opportunity to change that, you are the future you have the ability to change that."

The breakout sessions were presented by Wilkes faculty, alumni and students, and by faculty from other universities. Each breakout sessions consisted of three presentations that students could attend and learn about.

Session one consisted of "Leadership Truth AND Dare," "Leadership: it's Just a Personal Thing" and "Teaching Diversity Through Critical Thinking";

"The students) persist because they feel very connected to each other and the faculty. Even though we almost tripled in size, we've maintained a very close community."

Kristin Sagedy, a student of the nursing doctorate program, spoke highly of her experiences with Wilkes.

"It is difficult work, especially when doing it all online, but I have found the faculty has been very supportive of me through this journey," she said. "Even though we are online, the other students and are in communication quite frequently off of D2L."

D2L stands for Desire to Learn, the schools' academic website used by both traditional and online learners.

The school's nursing program welcomed its first class in Sept. 2017. The school will also be providing its first doctor of philosophy degrees in 2020.

Carnegie Classification serves as framework for recognizing the levels of achievement for universities in the United States. The program started in 1970 by Carnegie Commission on Higher Education, and is updated every few years to reflect changes made in universities. Carnegie Classification utilizes its own method of classifying colleges and universities with

"Leadership Truth AND Dare" focused on practices of exemplary leadership I Really Need to Know About Leadership I Learned from Mr. Potato Head", which was an interactive presentation about communication, ability, teamwork, and intersectionality; "Live Your Why", which was focused on asking why students want to be leaders and to focus on not the title of leadership but the actions and responsibilities that the leadership brings. The final breakout sessions included: "How Failure Made Me a Better Leader", which talked about viewing failures as learning opportunities; "The 6 Thinking Hats Approach to Group Decision Making", which focused on looking at all points of views in a group or individual setting to form the best conclusions; "Peer Leadership: Making the Most of Student Opportunities", in which the student presenters focused on peer leadership.

Each of these sessions effectively showcased the importance of many topics that keynote speaker Charles Copley focused on in his presentation at the beginning of the conference.

Overall I think it was a very valuable experience because I think it is important that every individual has their own personal mission."

The second breakout sessions three presentations were: "10 Top Ways to be an All-Star on LinkedIn", which focused on what to and not to include in online profiles target at potential

Logan Biechy, junior psychology major, said, "It required us to really acknowledge aspects of our lives that we value or want to improve on. Overall I think it was a great learning experience."

"Teaching Diversity Through Critical Thinking" was a presentation that focused on exploring themes of diversity and acceptance using elements of philosophy, sociology and epistemology. "Leadership: it's just a Personal Thing" focused on building mission statements and understanding what is important to you as a leader.

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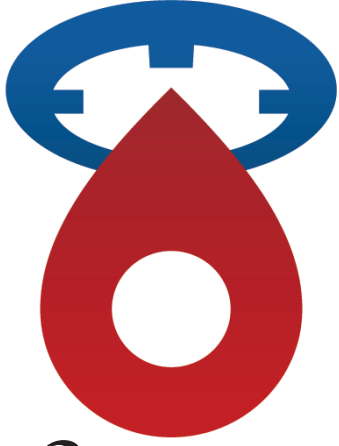
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Logo for Carnegie Classification
The Carnegie Classification program is the accepted standards of higher education in the United States.

empirical data. It is currently run by Indiana University, and the information is utilized by programs across the country on the study of higher education.

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Sordoni holds artist lecture for 'Sacred Sisters'

Maddie Davis
Co-News Editor

On Jan. 30 the Sordoni Art Gallery hosted Holly Trostle Brigham, the artist of the 'Sacred Sisters' exhibition, which is currently being showcased in the gallery.

Brigham came to the gallery to talk more in-depth about all of her works on display. She also touched on what piqued her interest to do the series, and the overall process of putting it together.

Sordoni Art Gallery Director Heather Sincavage and many of her volunteers welcomed the crowd into the middle of the gallery to hear Brigham's talk. The talk took place in the second exhibition 'Peasant War' by Käthe Kollwitz.

Sincavage also mentioned her and Brigham's personal history as artists and as friends.

"Holly and I actually go way back," said Brigham. "Our paths have taken us a lot of different places. I am excited that our paths have crossed again.

"I am thrilled to be featuring here," she added.

Jess Moraudi, a sophomore Wilkes student who is also a volunteer in the gallery talked about her thoughts on the opportunity for the artist to give lectures about the exhibitions.

"I love it because it gets everyone really involved because a lot of people tend to not be involved," said Moraudi.

"I really like it, I think it is super unique," added Moraudi about the 'Sacred Sisters' exhibition.

Brigham is a figurative painter of contemporary and historical subjects from Philadelphia, Pa whose artwork has been shown in New York, Massachusetts, Washington D.C., and Pennsylvania.

She has taught painting and drawing at the Worcester Art Museum, Worcester State College, Lebanon Valley College, Lafayette College and Pasadena City College. Brigham earned her MFA in painting from George Washington University.

She began by talking about her inspiration behind the 'Sacred Sisters' series. She accredited her fascination with Catholic nuns because of a trip she took to Rome, Italy during her junior and senior years of high school. Brigham recalled that all she had remaining of those trips were pictures

of the Catholic nuns walking around the streets.

She explained that because of gender roles in the middle ages and during the Renaissance, the nuns were not seen as artistic and would keep artwork under wraps.

These women were thought to be confined and conservative, but their paintings allowed them to be much more than that.

Brigham enjoyed researching these women and admired their secret creative lifestyles behind the convents they were in.

"In early history, women were actually able to be writers and artists and musicians and if they had been on the outside [of the convent]... it wouldn't have happened," added Brigham.

She explained that the series began as 'Seven Sisters,' where she painted herself, as the model into different nuns. 'Seven Sisters' in mythology refers to the Pleiades constellation.

"I thought what should I do next," said Brigham recalling her thoughts once she finished 'Seven Sisters.'

The first painting that Brigham talked about was her portrait of Sister Plautilla Nelli.

"Plautilla Nelli deserves to have people know about her," said Brigham.

Sister Plautilla Nelli was a nun that was in charge of her specific convent. Ten years ago a few women in Florence, Italy decided to unearth paintings by Plautilla Nelli, have them cleaned and have them exhibited.

In her own painting, Brigham painted Plautilla Nelli while she was painting her own painting, 'Lamentation with Saints,' to add a layer of depth to the sister.

The next painting she explained was of Santa Caterina titled 'Santa Caterina's Trinity.' She painted her playing a violetta in front of a golden foliage stamped background.

"When you go to art school and you paint people, you are supposed to paint the model," added Brigham, "How could I paint a historical subject if she is no longer here?"

Brigham's solution was to use herself for most of the models she resembles. For those, she did not resemble like her paintings of Renegetsu and Hilaria Batista de Almeida she found models who more resembled their ethnicities.

She went in-depth about how her series became a collaborative piece with the award-winning poet, Marilyn Nelson.

Nelson visited Brigham's daughter's school for poetry workshops and they both began talking about Brigham's nun series.

Nelson began to give Brigham advice of who to paint even suggesting a Dominican and a Japanese nun, something she didn't think to focus on as she stuck to mainly Catholic nuns.

Over that same dinner where they discussed these newer ideas, Nelson also suggested that she would write poetry to almost give a voice to these nuns as Brigham provided them with a portrait. Her poetry mimics the prayers and is written as if the nuns are talking directly to you.

Henriette DeLille was another nun suggested by Nelson who was a Creole woman from Louisiana. Brigham painted her sewing fabric onto a black baby Jesus doll.

In these days, because nuns were not allowed to have kids they would wash, dress and care for a baby Jesus doll as their own child.

She talked about the process to finish her first non-Catholic nun: Otagaki Renegetsu, a Buddhist nun.

Her other paintings that Brigham

discussed in the lecture were her paintings of Sor Juana de la Cruz, Hilaria Batista de Almeida and Andrea Maria de la Encarnacion.

Next to each of the seven paintings in the Sordoni, Brigham also paired them with a faux relic that symbolizes the nun in some way. A poem was hung on the way next to each painting.

She ended with talking about her physical piece which sits in the middle of the gallery called 'Hildegard's Box.'


This physical piece is a box painted on all sides with images of her in different parts of her life.

Inside the box are a symbolic representation of Hildegard's tongue and heart hanging in a crochet metal jewel bag. The box also plays music because Hildegard composed her own music.

The 'Sacred Sisters' and the 'Peasant War' exhibitions will be open until March 1.

On Feb. 20, the Sordoni Art Gallery and the Manuscript Society will hold a visible poetry project and poetry reading at 5 p.m. in the gallery.

The next exhibition 'Ukiyo-E to Shin Hanga' will open on Apr. 2 through May 18.

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The Beacon/ Maddie Davis
'Hildegard's Box' sits in the middle of the newest 'Sacred Sisters' exhibition.

MSC educates campus on Native American culture

By Maddie Davis
Co-News Editor

Students and faculty were invited for a native culture talk hosted by Sheylah Silva. The talk, which was supposed to be held during Native Heritage Month in November, was held instead on Jan. 29.

Silva, a sophomore English major, led MSC's ongoing 'real talk' where one person leads a discussion about a given culture.

During the discussion she talked about her Native American heritage as well as some issues facing her as one of the only native students at Wilkes. She also touched on some issues revolving around the Native American community today.

"As a native person, my experience has generally been that I feel that most people aren't educated on the topic," said Silva. "They don't learn it in school and they really just know what they see in the media.

Fantasia Rodríguez, an MSC member, commented on what MSC wants students to get out of the 'real talks.'

"We hope that students will be more understanding of different cultures," said Rodríguez. "We want to kind of eliminate

different things that can affect one another due to a lack of information.

"The more that we can inform students of what goes on in the different cultures, the better the community can come together."

"I thought that it would be a good idea for her to share her knowledge with us because when we think about Native Americans," said Dr. Evene Estwick, a communication studies professor who facilitated the discussion.

Silva began the talk by explaining the correct term for Native Americans: First people's, First Nations, native or indigenous. She added that her actual nations are Choctaw Seminole on her mother's side and Chiricahua Appachi on her father's side.

She discussed how it is difficult to live in Northeast Pennsylvania with little contact with other native people. Silva did later say that she continually finds connections with her culture through social media outlets.

"I kind of find myself that I don't fit sometimes in institutions," said Silva.

She clarified through questions that native people are not a monolith, that each of the almost seven-hundred tribes has different cultures and beliefs

Silva also mentioned that although normal



The Beacon/Maddie Davis
Silva led the discussion and answered questions about her native heritage .


public school curriculum paints an untrue picture of native culture, she mentioned that one of her English professors, Dr. Mischelle Anthony has incorporated different native texts.

The discussion later led to talks about the Dakota Access Pipeline the issue of addresses on federal reservations. In both these instances, native people are being barred from their rights to their sacred waterways and the

right to vote because reservations do not have federally recognized addresses to register.

"It is like spitting in native people's faces," added Silva.

The next MSC event, their 'Soul Party,' on Feb. 6 in the ballroom of the Henry Student center at 6 p.m.

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Profile of a professor: Julie Lartz, English Dept.

By Breanna Ebisch
News Writer

This academic year, Professor Julie Lartz joined Wilkes University as a visiting instructor in the English Department.

Originally from Clarks Summit, Pa., Lartz is dedicated to teaching, helping her students make a difference in the world and sharing her love for the English language. Before being hired as a visiting instructor for the 2018-2019 academic year, she was an adjunct professor at Wilkes and has been an educator for a total of 19 years.

Previously, Lartz earned her associate's degree from Keystone College, a bachelor of the arts degree in English from Marywood University and earned a master's degree equivalency from the Commonwealth of Pennsylvania Department of Education.

Unlike other professors on campus, Lartz is currently enrolled as a student in the graduate program at Wilkes University to earn her master's degree in education.

"I love it," she said. "I absolutely love it because I love going to school. I never want to stop going to school and I'm a student here myself," Lartz revealed happily when asked about earning her degrees and how it feels to be a student at Wilkes herself.

Her constantly growing love for learning,

education and english has been prominent through most of her life.

To Lartz, the campus offers a sense of home and belonging like no other place does.

"One student wrote in his essay in one of my English 101 classes that from the first moment he stepped foot on the campus of Wilkes University, he immediately knew he belonged here. And I felt the same exact way, I really felt like [Wilkes] is where I belong," said Lartz. "I love it here. I love the atmosphere, the students, the good work ethic and the fact that many students are just like me, where you're the first one in your family to go to college."

Outside of her teaching at Wilkes though, her hobbies include reading lots of books as often as she can and sewing.

In the past, Lartz revealed that she owned a bridal shop for 14 years where she became a seamstress. However, when she became an educator, she discovered a new love for teaching.

Above all, being an educator and helping her students understand the world around them with the power of language, is a joy for Lartz which makes her new position at Wilkes even more special.

Lartz has a special place her heart for teaching students at Wilkes University and



Dr. Julie Lartz
The Beacon/ Steffen Horwath


her love for English grows every single day. Although it is a subject every student is required to take within their time at Wilkes, many people have fallen in love with the language and its meaning similar to how Lartz has.

"Language is power and language is our power. The more you learn about language and the better you become at it, the more power you have. We don't need anything else but our language to be powerful," Lartz responded when asked about what her

favorite part about teaching English.

Lartz teaches the amazing aspects of the English language and how everyone has the power to write their own story.

While she is in the classroom inspiring students and sharing her interest in reading, writing, and English as a whole, Lartz is incredibly excited for the semester ahead.

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Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, Arts & Entertainment editor: Sarah.Matarella@wilkes.edu

New podcast airing on 90.7 WCLH highlighting internships: Career Conversations

By Sarah Materella and Natalie Stephens
LA&E Editor and Asst. LA&E Editor

Most college students tend to face the stress of finding a job after graduation. Career Conversations, the new podcast being aired on Wilkes University's radio station 90.7 WCLH, will highlight insight from alumni who have been successful through that process.

Sharon Castano, Director of Internships & Parent Programs, will be the host of the podcast. The podcast is going to be recorded every week, having guests from all fields on talking about their experiences. Guests and alumni that star in the podcast will vary as a way to accommodate as many current students as possible. Examples of guests include alumni that work in the FBI, DEA, sports psychology, engineers at Toyota & biomedical sales, pharmacy, business alumni in accounting & marketing, and communication alumni working in higher education.

"My primary goal is to allow students to truly recognize the many different values of experiences outside of the classroom. One with a purpose, career clarification and share your success. Also, maybe more importantly, that you need to maximize the connections in your life, network and always continuously learn from others," said Castano.

Castano described that through her experience as director, she discovered that internships not only give you an opportunity to work in your field but also the opportunity to make connections. Castano continued to explain that she thought it would be great if students and community members could hear the different experiences and opportunities other students have had

through internships.

This podcast will allow touch on advice for current students on various topics including, but not limited to working close to home opposed to moving with your career, how to build positive relationships at Wilkes and in the field, and how to balance life at work and a social life.

Station manager of 90.7 WCLH Wilkes University Radio, Kristen Rock, who helps facilitate the in-studio recording and post-



Photos: The Beacon/Nicholas Filipek
L to R: Marcus Magyar, Al Guari and Sharon Castano

production editing also mentioned that students would not be the only people who would reap the benefits from the podcast, but that faculty and staff members would as well.

"As the 'conversations' will focus on the experience gained through internships and other career building opportunities, it'll definitely be helpful for students. And, for faculty, it would be beneficial for them to learn about the different ways outside of the classroom that our students are preparing for their post-graduation success," said Rock.

Castano also speaks with parents and prospective students at open houses and plans to use that as an opportunity to promote the Career Conversations podcast as a way to show them that students are successful in internships.



Magyar and Guari discuss their experiences in the field with Castano. Magyar participated in an internship with Guari, which he said worked out well.

"At the next Open House I want to say, 'here is the link, on your ride home....go listen to at least one,'" Castano said.

She wants to inform them about the internships that led students to explore other options, other majors or open their eyes to a more exciting career. The message she wants to get across is that that these opportunities can lead students to a passion or a more specific piece of their major that they did not know was out there and that students really have the ability to discover what they like.

Internships also ultimately provide students with the opportunity to create professional relationships that last long beyond the duration of the internship. It could become a job offer due to that initial connection that was made.


"This show provides students with valuable

insight into the process of becoming a professional, which is their main goal after graduation," said Rock.

For more information regarding Career Conversations or internships in general, you can visit the Center for Career Development is located at the Student Center South Gateway Entrance or contact Sharon Castano at sharon.castano@wilkes.edu.



Castano stresses the importance of internships, noting how following graduation important outside experience is on top of academics.

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Center for Career Development holds Open House

By Madison Hummer
Design Editor



Freshman Pre-Pharmacy major Sarah Markovich makes her own walking taco at the "Grab 'n Go" refreshment table.



Students enter the newly renovated Center for Career Development and Internships to meet the building's faculty.



Freshmen Nick Bauer and Nick Megivern take advantage of the props set out for photo opportunities.



Students guess the number of beans in a jar for the chance to win a gift card provided by the Center's faculty members.

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Wellness at Wilkes: Balancing technology in a digital world

By Natalie Stephens

Asst Life, Arts & Entertainment Editor

Have cell phones become the drug of choice for many college students? Psychology central found that 60 percent of college students admit that they may be addicted to their cell phone because they spend eight to 10 hours on it daily.

"The only time I am not on my phone is when I am having important conversations or eating meals, but besides that I am always on my phone," said Angelina Davis, sophomore at Wilkes University.

In this technology driven world, people across the globe have never been more connected, but is too much to where people are no longer living their life off of social media? There seems to be a mix of opinions among a few students at Wilkes University, three of the four students interviewed said that they try to have a balance of time on their phone as well as time in person with

family and friends.

Usually, our phones are the main source of communication with others. However, a student from Wilkes University explained that she typically uses social media to look at photos, videos, etc. and not as much to interact with others.

"I like to look at memes," said Taryn Skinner, junior at Wilkes University.

However, since social media has become one of the primary tools for communication, some people tend to feel anxious when they are cut off from their media platforms. People can even exhibit withdrawal symptoms such as needing to incessantly check their phone or having trouble doing tasks without checking their

phone every so often. Davis continued to explain that she starts to feel anxious after being in class for a long period of time where she has to be away from her phone.

"I wouldn't say my feeling is anxious but just more of FOMO which is "fear of missing out." I feel like every time I put my phone away for class or for an extended

period of time, I get a nervous feeling that I will miss out on something," said Jamie Lapidus, junior at Wilkes University.

Although they can sometimes be a distraction, cell phones and the internet can also help to facilitate and plan in person meetings that might not have otherwise happened. Lapidus continued that he uses social media platforms and his phone to set up in-person gatherings with others.

Despite the urges and temptations, it is important to be in the moment and present and use cell phones and social media in ways that will also assist in living in the moment and connecting with more people in person. There is a balance between the two that many are still trying to figure out.

"I like to unplug during meals with family or friends. I also like to make sure to take time away from a screen by reading or doing something with friends," said Conor Durkin, junior at Wilkes University.

Helpful tips to unplug from social media

and cell phones:

1. Spend one hour before bed and one after after waking up away from technology- allow yourself to plan your day without seeing what other people are doing first. Also let your body and mind rest before bed so that you can get the best sleep possible.

2. Turn off push notifications- the buzz of notifications can be distracting so by eliminating that it might help curb the urge to check social media.

3. Take small steps- this could be turning your phone on airplane mode for 30 minutes while you read a book or setting a time that you will be on social media at night. Every little step could help to create a healthy lifestyle with less of an online life and more of a real world one.

4. Be mindful- try putting technology away at meals with family and friends.



The Beacon/ Madi Hummer



The Beacon/ Madi Hummer

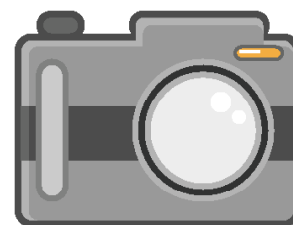
The Beacon's Featured Photos of the Week



The Colonel takes on a new persona as the snow begins to collect.



Even in the snow, the walkway leads users toward excellence.



PHOTOS
of the
WEEK




A look across campus as it's white and calm.



There's nothing like the elegance of the campus timekeeper.

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the BEACON



1969: Vote for 18 year olds advocated

Today: Should the nationwide drinking age be lowered to 18? The debate continues.

Editor's note: These articles appeared in the Feb. 21, 1969 (Vol. 28, Issue 17) and Mar. 22, 2016 (Vol. 69, Issue 11) issues of The Beacon. The Beacon has quite the storied past. The Beacon has enjoyed many years of success, publishing continuously since 1936. The newspaper began as The Bison Stampede from 1934 until 1936 before changing names to The Beacon. Curious to see more online? Check out www.beaconarchives.wilkes.edu to dig through a Wilkes University treasure.

This week, two articles, where one advocates for voting rights and the other warns of binge drinking.

In the last month two groups have formed to start a nationwide push for passage of laws lowering the voting age to 18. One, begun by students from the University of the Pacific in California, and launched on a television special with Joey Bishop, is called LUV (Let Us Vote). It claims chapters on more than 200 college campuses and 1,500 high schools.

Another handful of young people, from the National Education Association (NEA) student affiliate, have formed a Youth Franchise Coalition. With the support of other student groups, they claim to be the first national organization who have written their congressional representative seeking support for the new effort.

The Coalition has invited representatives of some 200 organizations and all members of Congress to attend a strategy session in Washington, February 25.

One of the "hack issues" of past campaigns that the students hope to redefine is the 'old enough to fight, old enough to vote' argument which has had wide emotional appeal in wartime.

"Apparently it takes war to open the eyes of America to the injustice she does her young men," R. Oliver of the Young Democrat Clubs of America has said. "It is surely unjust and discriminatory to command men to sacrifice their lives for a decision they had no part in making."

Now, with the Vietnam war, the argument takes a new twist. "Some people feel if you're old enough to vote, you ought to be mature enough to know not to fight," says NSA's Graham.

Senator Mike Mansfield feels the lower voting age is "more pertinent now than ever before, because youth is better equipped to exercise this responsibility."

"The 18-year-old has emerged, in this new

world of learning and information gathering, far more ready for responsible citizenship than the 21-year-old or even the 24-year-old was in my day," says Senator Gale McGee of Wyoming. "In fact, I'd take my chances with the 18-year olds in the political saddle today instead of their parents."

Eighteen to 21-year-olds are considered adults for many purposes. More and more are getting married earlier. Many of the three million who are married have children. Legally permitted to undertake family responsibilities, they are denied the right to vote.

More than six million young people are taxed without representation. People over 18 are subject to the same penal codes as those over 21. Young people can also enter the U.S. Civil Service at 18.

"This demand for youth power, or student power . . . stems from a growing sophistication among youth in evaluating our world, a growing realization that politics has an enormous impact, and a growing desire to assume 'adult' responsibilities at an early age," former NSA president Ed Schwartz testified, before Senator Birch Bayh's subcommittee studying the 18-year-old vote last year.

Campus unrest and other disorder stands to be lessened if the vote is granted, Senator Javits and others argue. The National Commission on the Causes and Prevention of Violence has just reported that violence occurs partly because protestors believe they cannot make their demands felt effectively through normal channels.

Limbo

The 18-year-old vote "will ease the frustrations of a generation obviously intent open having a voice in the determination of their own destinies." YD's Oliver told the

Bayh subcommittee last May.

Schwartz in his testimony took note that 18-year-olds feel themselves "in a kind of limbo." They carry adult responsibilities but are denied certain adult rights, like the vote. This tension "between what we are and what we are allowed to do," said Schwartz, "has created a revolution of rising expectations among young people every bit as profound as that of our Negro citizens and people in the underdeveloped world.

"There is only one sensible answer to the revolution of rising expectations among young people -- accordance of institutional power to us," he said.

In a study for NSA, Roland Liebert concluded that if the voting age were lowered, "political participation would increase, the political spectrum would broaden slightly, the parties would get more enthusiastic support and the depth of American political criticism would increase.

By Amanda Bialek

All it takes is one time.

A night out partying with friends and getting caught drinking underage can have some serious repercussions on your future.

"Underage drinking is a challenge on college campuses across the country, and Wilkes is certainly not immune to it," Dr. Philip Ruthkosky, associate dean of student affairs/development said.

According to the Wilkes University Clery Report of 2014, there has been a significant increase in the amount of liquor law violations on campus over the last few years. In 2011, there were 88 liquor law violations; in 2014 there were 172.

Underage drinking is a pressing issue college campuses everywhere face. Christopher Jagoe, director of Public Safety, believes that the drinking culture is heavily glorified in movies and television shows.

This ultimately leads to an expectation for underage drinking to occur in college.

When students have the opportunity to be away from their parents and support systems, they tend to be more independent, Jagoe said.

This independence may involve drinking underage for some students.

In 2015, Sergeant Seth Pesta reported that there were 106 disciplinary referrals on campus: Of them, 89 occurred in residence halls. The majority of these liquor law violations were underage drinking incidents.

"It's rare that we have a liquor law violation on campus that's not involving a student," Philip Miller, lieutenant of Public Safety said.

There are problematic behaviors that are attached to drinking underage, Jagoe said. Some risky behaviors associated with alcohol are sexual assault, damaging public property and inflicting injury upon yourself or another individual.

According to the Journal of American College Health, a 2009 study found that "more than 80 percent of campus sexual assaults involve alcohol."

Mike Lyttle, regional supervisor for the Tennessee Bureau of Investigation's Nashville crime lab, said, "Alcohol is the number one date rape drug," according to a USATODAY.com story.

Students who choose to drink underage may assume that it will not affect them later on in life.


They are wrong, officials state.

Background checks are an important part of the job application process. Even if a student does not get in trouble with the legal system, an incident that was only sanctioned through the university can still be traced when applying for a job, Miller said.

This could cause embarrassment when speaking to a potential employer.

With the competitive job market, a company will choose someone to fill a position over you if they have no alcohol incidents and you do.

"One time going out and having a couple of drinks, using a fake ID, or going to someone's apartment or doing something in one of the residence halls and you're underage, you place yourself in jeopardy if you're caught with that sort of thing," Jagoe said.

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SNACK CORNER

APPLE JACKS MARSHMALLOW TREATS

INGREDIENTS:

- 7 cups of Apple Jacks cereal
- One 10 oz bag of mini marshmallows
- 5 tbsp butter
- 1/2 tsp vanilla extract
- 1/4 ground cinnamon
- Non stick cooking spray

INSTRUCTIONS:

1. Spray a rectangular glass or metal baking dish with non stick cooking spray and set aside.
2. Combine butter and marshmallows in a large saucepan and put on a medium heat.
3. Stir continuously until the butter and marshmallows are melted.
4. Take the sauce pan off of the heat and add vanilla extract and ground cinnamon stir until combined.
5. Add the Apple Jacks and mix until the cereal is coated in marshmallow.
6. Transfer the mixture into the rectangular pan and press cereal until the surface is even.
7. Let cool completely before cutting into squares.
8. Enjoy.



Jordan Fritz, *Staff Writer*



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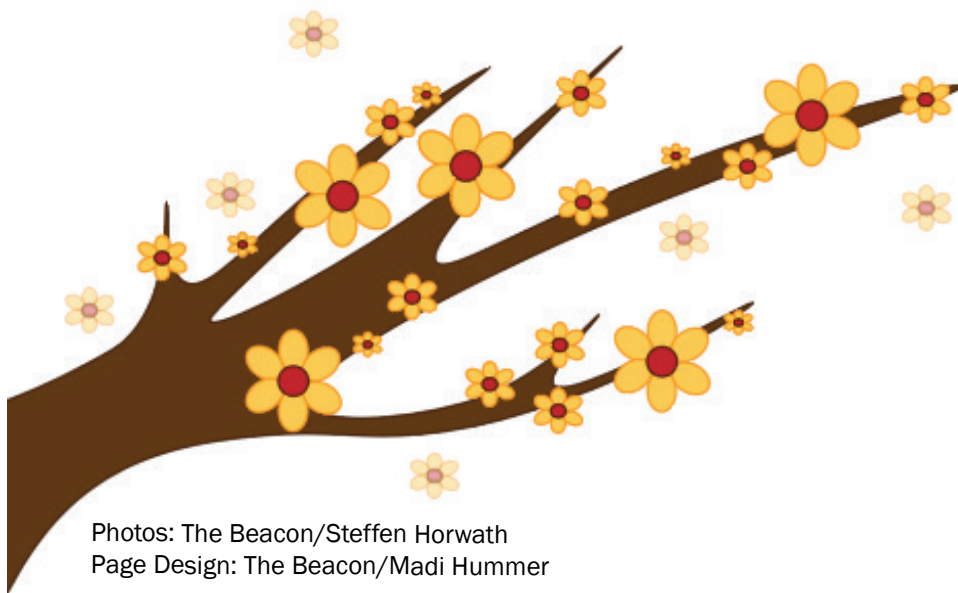
LUNAR NEW YEAR CELEBRATION



Wilkes students gather to experience a cultural Chinese performance hosted by the Asian Cultural Society.



Rynye Cui, Chengyu Chu and Pengcheng Wang pose with the celebration's performers: Nilab Mominzada, Mingzhu Yue and Victoria Morrison.




Photos: The Beacon/Steffen Horwath
Page Design: The Beacon/Madi Hummer



A group of Wilkes students enjoys traditional Chinese meals in celebration of the Lunar New Year.



Anna Culver and Lindsay Becker enjoy refreshments and food after the celebration's performance.

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Victoria Morrison makes an announcement to the crowd before the night's performance commences.



Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: Savannah.Pinnock@wilkes.edu

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Our Voice

Each week, The Beacon's editorial board will take a stance on a current issue.

Next Presidential search should be open and transparent

With current president Dr. Patrick Leahy departing Wilkes at the end of July to take on the president role at Monmouth University, it brings up several questions.

The obvious first is: Who will be Wilkes University's seventh president?

Some of the other questions include: Will the hire be internal? Will internal candidates even be considered? What goals should be put first and foremost in the next president?

One thing cannot be understated: The process for next presidential hire for Wilkes needs to be open and transparent.

The future of the university is at stake in the next hire. While every presidential hire might be deemed "important," the seventh president of the university has several challenges ahead.

It is to be noted that the successful "Gateway to the Future" campaign is scheduled to run through 2020. While it's important to note the university president is not the only person involved with these campaigns, they play a significant role in their development, with Leahy serving as chair for the previous committee.

Leahy and his team have been extremely successful in their most

recent campaign, but what's next? One of Leahy's best taglines was: "There has never been a better time to be a student at Wilkes University."

The plan for Wilkes beyond 2020 appears to be developing for now, but Leahy's successor will have to hit the ground running. Even if the position is filled in August, the new university president will be tasked with working on the next progressive campaign sooner rather than later.

It's no secret that strong universities are usually ahead of the curve, which Wilkes has been able to accomplish under the most recent comprehensive plan.

Leahy's successes are likely almost unfair to compare to a future candidate, as Leahy has had an extremely vibrant seven year period during his time at Wilkes. As his journey comes to a close, Leahy has had a lasting impact on the university, which has undergone major physical changes over the last seven years.

With mounting pressure on the overall cost of college, how will the new president respond in that regard? After all, according to the university fact book, Wilkes students have seen tuition increase at least three percent each year over the last decade with no end in sight. Wilkes is certainly not the only institution to have these type


of increases occur, but it is definitely a valid question if Wilkes intends on staying ahead of the curve.

There are these and many other important issues facing Wilkes University as a whole. That is why we are calling for transparency in this important selection process.

Open and transparent meaning a general timeline of the interview process shared with the campus community. Open and transparent meaning finalist candidates share their ideas with the campus community.

In the last presidential search, Wilkes launched sites such as wilkes.edu/PresidentialSearch and wilkes.edu/Candidates. The university also hosted site visits with the three finalists to replace Tim Gilmour in February 2012 prior to Leahy's eventual selection. We are calling on the university and the board of trustees to ensure a similar process will occur.

At the end of the day, this piece might leave you with more questions than answers, but these are some of the questions we will be asking in the near future.

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All letters to the editor must be sent using one of the following methods:

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Phone: (570) 408-5903 (Voicemail: 30 seconds or less, please.)

Mail: 84 West South Street, Wilkes-Barre, Pa. 18766 Attn: *The Beacon*

What's in a name? Defining an Age: Information and technology

By Savannah Pinnock
Opinion Editor

The concept of an age is by no means a new development. In fact, it is a definitively antiquated means of describing a time period.

In light of the technological advancements that began to gradually emerge in the early '70s, many have come to wonder what our current period should be defined as.

Defining an age proves to be a challenge as ages are often categorized on the basis of one's geographical location. On one level, this makes sense as the events that occur in a region begin to define the social atmosphere and the subsequent periods that develop.

However, on another level this begins to create a limitation in terms of international movements and changes.

One of the primary forms of movements and changes that is recognized in the United States is that of the Information Age. The Information Age has been referred to as the Computer, Digital or New Media Age.

On a national level, this label fits perfectly as we are a nation that is driven by all forms of technology ranging from smartphones, tablets, computers, laptops, 2-in-1 laptops, smartwatches and more. It is clear that America no longer runs on Dunkin' but technology.

With this being said, it is clear that the vast majority of foreign countries also exhibit similar behaviors as it pertains to technology. In fact, according to John Websell from techpartners.co.uk, "Japan, Taiwan, South Korea and China together

produce a staggering 90% of the world's digital gadgets."

This essentially means that technology is not exclusively American in any way, shape or form. However, although most regions around the world do have access to technology, they may not be as advanced as that of the United States.

It has been said that "Africa is 20 years behind the U.S., with only about 22 percent of the continent's population able to go online." These figures come from a report taken place in 2016 which was a mere three years ago.

As it pertains to the Middle East, in the country of Jordan, it was revealed that the nation desired to bring about a digital revolution.

In a letter to the *World Economic Forum* by John Chambers, the Executive Director of Cisco, the Jordanian government was "laying the foundation for a digital transformation with the National Broadband Network project, which will provide high-speed connectivity between public facilities, hospitals, schools and agencies."

On a surface level, this goal may have appeared minimal but in the larger scheme of things, this change would prove to be an occurrence that is definitive of the Information Age.

Chambers suggests that the Jordanian technological plan "called the "internet of everything" – which is the connection of people, process, data and things – will usher in a new era of growth."

Thus, it is clear that the vast majority of regions around the world are undergoing massive technological shifts that are similar to the changes that are occurring in

the United States.

Bearing this in mind, taking a quick glance at how technological ages are defined, it is clear to see that the Information Age is still exclusive to the United States.

As a Western nation, the United States holds a great deal of cultural ties to Canada and European countries. These countries may differ on a cultural level but on a technological level, they are very much alike.

Suggesting that the Information Age is exclusive to the United States with the understanding that other countries are also tech savvy and use technology in a similar way proves to be subtly ethnocentric.

Therefore, the definition of the Information Age should be changed to include virtually all regions.

It can be said that this label may be more suitable for the Western World but unfitting for some non-Western regions such as Africa and Antarctica.

The caveat here is that some of these non-Western countries are developing countries. Due to adverse historical events, climatic limitations and relatively recent exposure to globalization, these areas are just beginning to take advantage of technology as we define technology.

The truth is that virtually all countries are taking advantage of technology to a greater or lesser extent. As a consequence of this, the Information Age should be extended to Europe, Asia, the Middle East, Africa and other livable regions.

It is true that many shifts and changes in certain areas of the world are exclusive to that region. In Europe, during the Long

Nineteenth Century Age, the world bore witness to one of the most beautiful eras, the Romantic and Victorian Eras. These eras are inherently European and should stay as such.

However, the Information Age is definitely a global phenomenon. The changes marked by the Information Age can be found all over the world.

The Information Age is distinct in that it is an Age that is not limited to a region and/or geographical location. This Age is virtually all inclusive. If you are able to detect a nation's inclinations to use modern technology to its advantage, you have bore witness to the reach of the Information Age.

So next time you hear the term Information Age, ask yourself, what does it mean to you? Is this exclusively American?



Graphic by Savannah Pinnock

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What do you think? Is the Information Age exclusively American?

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By Isabella Sobejano

Staff Writer

Fashion trends: Are the 2000s the new 1990s?

which is characterized by flannels, denims and combat boots.

From mom jeans to overalls to scrunchies, the '90s were characterized by some distinguishing trends and most recently, these trends have been making a major comeback in the thousands.

The most popular trend from the '90s which has been making the biggest comeback unabridably are the use of high waisted jeans or mom jeans.

However, now we can pick up almost any fashion magazine and see any celebrity wearing a pair of these jeans. It makes sense for such a pair of jeans to make a comeback, not only because they are retro but also because they are breathable and there are a lot of variations when it comes to picking out a pair of these pants.

Whether you chose to dress these pants up or down, the mom jeans are definitely back and in style in the thousands.

Yet another popular trend from the early 1990s was the grunge movement

By Zارقا Ansari

Staff Writer

The not-so-covert effects of racism

Microaggressions are defined as statements or actions where subtle, unintentional discrimination against members of a marginalized group take place.

These are detrimental to society because they often stem from cultural upbringing or a prejudice of that a person may not know they harbor.

In order to be truly neutral about judging someone's character you must know for sure that you do not hold a prejudice of any kind against them. That being said, microaggressions are often made unknowingly by those who do not know they hold a preconception.

There are three kinds of microaggressions viewed in society; microassault, microinsult and finally microinvalidation. All three of these exemplify similar side effects that stem from one deep rooted problem, prejudice. The biggest example of microaggressions observed in society is covert racism.

Microassaults are often verbal or nonverbal attacks meant to hurt the victim through name-calling, avoiding or intentionally discriminatory actions. For instance, an elderly southern couple

that may be walking down a street when a black man turns the corner towards them. The couple could possibly cross the street to avoid passing the black man on the sidewalk.

This would be an example of a microassault. It is detrimental to the black man because he does not feel welcome, even if he happens to live in that neighborhood. It shows that people hold a prejudice against him because of his skin color without even knowing anything about him.

A personal experience I have had with microassaults is name-calling. Before people get to know me as a person, they ask me if they can make racist jokes at me. I find this to be wildly insulting.

I don't want to be the person that thin-skinned because then I become the overly-sensitive female stereotype. I usually let the person make the joke, but instantly put them in the part of my mind that I reserve for people to look out for.

Microinsults entail verbal or non-verbal actions that subtly convey partiality and demean a person's racial heritage or identity. This kind of behavior can range anywhere from rude looks to refusal of service in places such as restaurants, banks or other public

services.

For example if two white men are sitting in a coffee shop while waiting for a third friend to show up, they would not get called out for it.

However, on April 1, 2018 two black men were arrested by six police officers in Philadelphia for waiting for a third member to join them. This showed numerous problems. The first was that it was clearly a sign of discrimination.

Secondly, the police sent not one or two, but six police officers to arrest two men. This shows that the police also held a preconception about the black men; they were dangerous enough to warrant six officers to attend the arrest.

An example of a microinsult I have received from numerous people is the saying, "you're funnier than I thought you would be." This is a disguised insult. At first, I was glad that people thought I was funny. I took it as a compliment.

Upon inspection, I realized that the person meant I didn't look like I could have a sense of humor. This got me thinking. What about me struck other's as humorous? I realized then that this evaluation of my character arose from a preconceived notion about people like myself.

Microinvalidations are social cues, that are

seem to be making quite a comeback, especially by celebrities.

Overalls have always been a fashion statement version of denim, it seems that they won't be leaving the fashion industry any time soon.

While trends from the 90s may have seemed to fade out about ten years ago, they have been making a powerful comeback and many of these trends can be seen on display by famous celebrities.

It's almost impossible to not pick up a magazine while waiting at the checkout line in the supermarket and see a trend from the 90s on some celebrity. Not only can this be found in fashion magazines, but also on college campuses and around the general Wilkes-Barre area.

Clearly, some fashion trends are so nostalgic and relatable that we can just pick it up right where we left them and this just so happens to be the case with 90s trends.

Whether it's a pair of khaki overalls, short denim overalls or tight-fitting overalls, a variety have been seen and

excluded the psychological experiential reality of certain groups. By saying you are color blind or that all humans are the same, you are denying their experience of racism and your experience of privilege.

People who display microinvalidation are often afraid to talk about racism. They hold a belief that recognizing someone's color is considered racist. This behavior is toxic and instead a person's hardships should be acknowledged and the person should be viewed as an equal.

I never thought I was ever on the receiving end of a microinvalidation because they are often so subtle that they go unnoticed. After thinking about it for a while, I realized everyone practices microinvalidations.

Ignoring the hurt of other people seems like the easiest route to take. It is an awkward conversation no one wants to have. No one wants to make the conversation heavy when it is so much easier to brush past the tough to talk about topics like racism.

However, I have found that the people I do talk to about deep seated issues are the ones I have the closest relations to. I make it my goal, and hope that you make it yours.



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Meet the Majors

This week's major: Education

Interviews and Photos by
Abigail Tarway
Staff Writer

Every week, The Beacon will offer a chance for majors to be placed in the spotlight. Each student that gets chosen will have a few words to express why they chose the major and how they feel it will benefit them in the future.



Samantha Haskins

Junior

I have always dreamed of becoming a teacher. I greatly enjoy helping children learn and grow through education. I want to help improve early Elementary Education and provide all my students with a positive learning environment that they can thrive in. Wilkes University has greatly prepared me for my future. Thanks to Wilkes I know I am going to be successful in my future classroom.



Cassie Merrill

Junior

This field has always been my dream job. I have always wanted to be a teacher! I hope my Spanish skills and the pathways I have taken to learn the language can help facilitate the learning process to my future students. I hope to express the importance of foreign language studies and help students find their own passions.



Michael Brown

Junior

I decided to specialize in this field because I greatly enjoy helping children learn and become successful individuals. Children need guidance from a positive and effective teacher/role model. Within the classroom here at Wilkes, we create a variety of lesson plans and projects that we can use in our field experience or future classroom.



Lety Flores

Junior

I am a secondary education and political science double major. I chose to be an education major because I knew this is what I wanted to do since I was little. Education has taught me to be empathetic and personable. Children sometimes teach us more about life than we realize.

Smashing Pumpkins as opposed to Breaking Apples

By Parker Dorsey
Asst. Opinion Editor

RHYTHM  **REWIND**
with Parker Dorsey

Now this is the true Smashing Pumpkins reunion we have been waiting for after they came back in 2005.

With original members Jimmy Chamberlin and James Iha rejoining the band, this is the first time in 19 years they both collaborated with frontman Billy Corgan on a studio album. Is it worth the hype? Absolutely.

The album title is so convoluted it even gives *Mellon Collie and the Infinite Sadness* a run for its money. Ironically, the album is the shortest in their discography, clocking in at just 31 minutes.

Each of the eight tracks are short and concise, and it is something that really works in their favor. The songwriting is

the primary focus here and every song is sophisticated and has its own distinct flair.

Corgan sounds rejuvenated here with some of the best vocals of his career. While his voice has always been distinctive, you can hear striking passion here that was somewhat lacking in past releases.

Chamberlin subdues his drumming as well as he can, but he frequently lets it rip with jaw-dropping fills.

With Iha now back in the mix, the band has three guitarists including Corgan and Jeff Schroeder. However, that's not to say the three of them are battling for attention. They play to each other's strengths well. The balancing of sound here is truly impressive.

Warm melodies and catchy hooks are all over this album. "Knights of Malta" is a mystical swirling cacophony of strings, synths and choir, and it provides a grandiose opening track for the album.

Tracks like "Marchin' On" and "Seek

and You Shall Destroy" contain positively thrashing riffs.

The aforementioned triple guitar threat sounds its best in "Travels," with an absolutely beautiful layering of marvelous textures.

The album as a whole is a mixture between rock, acoustic, orchestral and electronic. It is a very unique and dynamic sounding release, which is something that makes the album instantly recognizable in the midst of a soon to be over-saturated year of rock releases.

Even some of Corgan's nonsense lyrics like 'she kills the empty clock' can't take away from the beauty encapsulated in this album.

Smashing Pumpkins were always an interesting band, continuously evolving but always having an alt-rock flair with classic metal influences.


This is not a return to form, but it is something special.

It's crazy to think that this band is

celebrating their 30th anniversary. It's amazing and I'm certainly looking forward to Vol. 2.

Parker's Picks: "Alienation," "Seek and You Shall Destroy," "Solara," "Kings of Malta"



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Is society becoming more liberal or conservative?

By Jennifer Boch
Staff Writer

The question of society's political leanings was thrust into the spotlight when Donald Trump was elected president of the United States in 2016.

Many viewed this as a backstep to liberal progress, while others agreed with Trump's traditional "Make America Great Again" platform.

This was not the first time this question has been asked. As long as the United States has been its own independent country, citizens have wondered which direction the nation is going.

So, is American society becoming more liberal or more conservative?

The subjective terms "conservative" and "liberal" can mean different things to different individuals, as these words are laden with political and cultural bias.

In the United States, conservative aligns itself with the Republican party and its values. Generally, these values are considerably more traditional and do not favor a strong federal government.

The word liberal is used to describe the Democratic party, and affirms progressive values, which often focus on minority group rights and equality.

Broadly speaking, Republicans are pro-life, pro-gun rights and in favor of no

centralized healthcare system. This shows the party's commitment to individual rights and less government regulation. Democrats are usually pro-choice, pro-gun control, and want to provide universal healthcare and education.

This demonstrates the party's commitment to the collective good and the equality of outcome.

However, when boiled down, these parties are not so crystal clear and separate. While they disagree on most political issues, in the end parties want a mixture of individual rights and collective rights, and believe their policies are what is best for the United States.

If we look at the elections from the past few years, this question still cannot be clearly answered. Many people see a generation gap in political ideologies, with younger individuals leaning towards liberalism.

In a recent study by the Pew Research Center, Millennials (born 1981-1996) more consistently vote Democrat, while older generations including Baby Boomers (born 1946-1964) and Generation X (born 1965-1980) tend to vote more Republican.

Post-Millennials, or Generation Z, are individuals born from 1997 onward and although there is only a small percentage of voting age within this group, many have registered as independent.

Gen Z also has picked up traction in the news as being more politically active and usually more liberal.

By using social media and attending rallies, they have become advocates for the Black Lives Matter, March for our Lives and Me Too movements.

But election results only show that the country is mostly still evenly split. In the 2018 midterms, Democrats won the House by 36 seats, and lost in the Senate by six seats.

Also, many states had very close elections, which showed that society's political views are not dramatically shifting.

Here at Wilkes, the popular opinion is that society is becoming more liberal. In a poll taken by students in Political Science classes 111 Introduction to American Government and 141 Introduction to International Relations, 60% agree that society is becoming more liberal.

When answering the poll, junior Robbie Petrovich said, "I feel as if our generation is becoming more liberal. Now there will always be conservative members, which is good, but overall liberalism is looking like it will be the belief of the future."

On the other hand, many students chose a third option-- that society is overall balanced. From this viewpoint society is not going in either direction, but rather


becoming more polarized.

Ultimately, there's no definite answer, but I think that society is instead becoming more individualistic. The tail end of the Millennials and Gen Z have grown up learning to be themselves and support their own individual interests.

The Pew Research shows most younger voters are independents and have mixed views from both political parties. This individualism and desire for less overly complicated politics has trickled to all citizens.

Therefore, Americans are not shifting to prefer conservative or liberal candidates, but shifting to prefer less political politics, which is why a seemingly authentic man who speaks his mind with no political experience managed to become the President of the United States.



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Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the Sports Editors: Benjamin.Mandell@wilkes.edu or Kirsten.Peters@wilkes.edu

WBB: Valiants defeat Colonels 81-72 in second matchup

By Kirsten Peters
Co-Sports Editor

WILKES-BARRE, Pa. -- After their victory against Delaware Valley University, the Wilkes women's basketball team has fallen in four consecutive games, bringing their record to 7-14 overall and 3-7 in conference play.

Against the University of Valley Forge and Manhattanville College, the Colonels represented themselves as stiff competition and lost by five and nine points, respectively. However, the Colonels struggled against Eastern University and DeSales University, falling by larger deficits of 14 and 33.

In the game against Manhattanville, Wilkes fell 81-72, but displayed a rejuvenated mindset in the second half of play.

According to head coach Tara Macciocco, "I think we just played with a lot more energy and effort in the second half. Then we started to realize that we were right in this game with a very good team and started to believe that we could win a bit more."

As far as the first half of play goes, the Colonels were outscored by the Valiants 45-32, with Manhattanville guard Sarah Coutu proving to be Wilkes' Achilles heel. Coutu's game-high 31 points, four rebounds, four assists and three steals were essential to Manhattanville's success.

Despite Coutu's impenetrable game play, the Colonels set the tone for the game. Senior guard Gab Giordano scored what appeared to be an effortless three-pointer ten seconds into the contest, giving way to the three-point battle that would ensue over the course of the game.

The Valiants capitalized on shots beyond the arc, securing 21 of their 81 points from three-pointers. The Colonels followed suit, scoring 15 points from the three-point line, with one three-pointer being freshman forward Stef Kramer's clutch shot to tie the game at 51-51.

"We played extremely hard, but Manhattanville made some key three-point field goals that helped them down the stretch," noted Macciocco. "We wanted to force them to shoot from the outside, and they made some big shots."

This proved to be the case from the first quarter, as the Valiants jumped out

to a 23-18 lead after securing four three-pointers. The Colonels did have a 16-12 lead following a jumper from senior forward Ashley Caster, but Wilkes' dominance was short lived, as the Valiants went on an 11-2 scoring run to close out the quarter.

Upon returning to the court for the second quarter, the Valiants continued their scoring run, capitalizing on fouls made by the Colonels to stretch their lead. Manhattanville's Coutu made two of her three free throws to open up the quarter, demonstrating the Valiants aggressive game play to shoot from the outside.

game."

Although the Colonels were able to diminish some of their deficit by pushing the lead back into single digits, the Valiants continued to command the court and ultimately finished the first half with a 45-32 advantage.

"Our game plan was to defensively keep them out of the paint and off the boards and offensively control the tempo and finish," said Macciocco, noting a similar game plan to last week's 56-45 victory against Delaware Valley University.

In the second half of the game, the

lead, scoring the next nine points to reassert their command on the court.

Giordano, who led the Colonels with 18 points, 10 rebounds and five assists, ended the third quarter with a layup, leaving Wilkes trailing seven points behind at 60-53.

"Manhattanville is tough," said Giordano. "They played a very physical and fast-paced game, and I think we matched that well. Even though it wasn't the outcome we wanted, we definitely got better as a team."

In the fourth quarter, the Colonels continued their comeback efforts with junior guard Alyssa Alfano paving the way by putting six points on the board. A Giordano three-point play and a Smicherko layup brought the Colonels within two points of Manhattanville's lead once again.

However, the Valiants went on another scoring spree, tacking on 10 points to expand their lead to 70-60, which was only stopped by sophomore guard Maddie Kelly's layup. Kelley played consistent over the course of the game, securing 13 points and six rebounds.

"It was a tough loss," said Smicherko, who contributed 12 points, seven rebounds and three steals. "But we improved so much since the first time we played them. We are improving after every game and Coach Macciocco and Coach Lindsay are working hard to make us a more competitive and successful team."

Smicherko's remarks highlight one of Wilkes' major goals this season: improvement.

This loss is not representative of the growth Wilkes has been having as a program, as the Colonels fell to Manhattanville by a significantly larger margin of 83-50 at the beginning of December.

"I'm really proud of the progress that the team has made," said Macciocco. "Two months ago, Manhattanville beat us by 33 points. For us to bounce back and play them as close as we did shows that we are making great strides and just have to continue to work on the little things each day to become more consistent and walk off the court as better players and a better team."



The Beacon/Kirsten Peters

Sophomore forward Gabby Smicherko, who contributed 12 points, seven rebounds and three steals, defends Manhattanville's Ali Mikaele who looks to take a shot from the corner.

Not only did the Valiants excel with their three-point field goals, but free throws proved to be another one of their strengths, with Manhattanville making 76.9 percent from the line compared to Wilkes' 50 percent.

Despite swishing all five of her foul shots, Giordano noted Wilkes' free throw percentage as one of their downfalls.

"Our free throw percentage wasn't great," said Giordano. "We made some mistakes down the stretch that ultimately cost us the

Colonels came out hot with sophomore forward Gabby Smicherko securing a shot from behind the three-point line. The rest of the Colonels followed Smicherko's example, as Wilkes went on a 15-4 scoring run to cut their deficit to 49-47 with 5:26 remaining in the third quarter.

With the Colonels momentum building, Kramer executed a perfectly-timed three-pointer to tie the game at 51-51 with 2:44 left in the quarter. Despite the offensive push by the Colonels, Manhattanville regained their

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MBB: Colonels secure back-to-back conference wins

By Ben Mandell
Co-Sports Editor

WILKES-BARRE, Pa. -- The Colonels men's basketball team made a statement this past week with wins over Manhattanville College and the MAC Freedom's top team DeSales University.

Following a 3-1 start in conference play, Wilkes went 1-3 in their next four games, pushing them to the edge of a playoff spot.

The Colonels have seemed to transition smoothly back into the team that found themselves in the top seed in last year's conference tournament. After starting the season as a high powered offensive team, head coach Izzi Metz has his team back to their defensive identity, and so far they have looked like a dominant team.

"We really haven't tried to change up anything," said forward Mark Mullins. "We are just slowing things down and finding the best shot we can on the offensive side. Defensively, we just want to play our best game."

On Wednesday, the Colonels handled Manhattanville without much trouble, despite a close score for most of the game.

The real test for Metz's squad came Saturday when they hosted the conference's top team.

The Bulldogs came out firing, and it looked like they were on their way to an easy road win. They took a 14-2 lead while shooting 100 percent from the field to start the game.

"We know that nobody makes every shot they take," said guard Marcus Robinson. "We knew that if we kept making them take

contested, low percentage shots, we would be able to get some stops and fight back into the game."

DeSales did cool off, and Wilkes took advantage, as they made some big plays on both sides of the court to get back into the game. One of the matchups the Colonels took advantage of was that between Robinson, one of the conference's best defenders, and Tracy Simsick, DeSales' top scorer and the third leading scorer in the MAC Freedom. Robinson was able to hold Simsick under his season average and to just two points in the first half. For the entire game, Simsick scored nine points while shooting 4-16 from the field and 1-12 from three-point range.

Going into halftime, Wilkes was able to battle back and even the score at 35.

The game continued its back-and-forth pace, as Wilkes jumped out to a 41-35 lead early in the second half with DeSales always having an answer. The Colonels spent a majority of the half leading, but the Bulldogs found a way to go up by one or two points.

Tommy Bowen and Mullins took over the paint in the second half for Wilkes, as Bowen finished the game with 17 points and Mullins added 20. Even with help though, it was Robinson who proved to be a difference-maker, as the senior put the team on his back on both sides of the floor. On top of being tasked with shutting down one of the conference's top scorers, Robinson also scored 22 points to lead his team. Robinson sparked his team with an electrifying dunk attempt that went in and out of the rim, but

he redeemed himself right after, as he went to the rim again and floated one in, plus drawing a foul for the three-point play.

"I knew I should've had the first dunk," Robinson said. "I wanted to get it right after but I saw that I could draw the foul and I took the three-point play."



The Beacon/Kirsten Peters

Junior Rob Pecorelli swishes a three-pointer against Manhattanville.

Wilkes was carried by Robinson's energy, and they took a four-point lead going into the final 1:30 in the game.

Both teams exchanged baskets, and DeSales brought the game within two points in the final 20 seconds. Robinson had the ball for Wilkes and instead of trying to foul him, the Bulldogs went for the trap. Robinson, knowing he had to get the ball out of his team's back court, threw a desperation pass over the middle that was grabbed by the Bulldogs.

"I had a million thoughts going through my head," Robinson said. "We came back to the bench and knew we needed to get a stop and it was time to make a play."

The play was the lone blemish for an almost perfect game for Robinson.

DeSales came out of the timeout trailing by one with seven seconds on the clock. They inbounded to their point guard Matt Kachelries, who was one of their leading scorers for the game. He danced past a Colonel defender and drove to the rim. Wilkes forced him to throw the ball outside to Ben Pratt, who was 0-3 from the field and 0-2 from behind the three-point arc. His last second attempt bounced off the rim and Wilkes' bench stormed the court.

Wilkes has to build on their two wins, as they are set to play local rivals Misericordia and King's. Misericordia currently sits one game behind the Colonels for the fourth and final playoff spot.



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Winter Sports Schedules

Men's Swimming

*10/6 @ FDU-Florham W 152-51
10/20 @ Mount Saint Mary W 153-46
10/27 vs Immaculata W 158-25
*11/3 Lebanon Valley W 171-19
11/3 Dickson L 107-92
11/17 Diamond Invitational 2nd
*12/1 vs Lycoming W 109-96
*12/8 vs Arcadia L 183-79
*1/13 @ Misericordia W 145-112
1/26 @ Marywood L 153-73
*2/2 @ King's L 133-72
2/14-2/17 MAC Championships
* MAC

Men's Ice Hockey

10/26 @ SUNY Canton L 6-4
10/27 @ SUNY Canton W 7-5
*11/3 @ Elmira L 5-2
*11/9 vs Stevenson W 4-2
*11/10 vs Chatham W 8-4
*11/16 @ King's W 3-0
11/20 @ Hamilton L 3-2 OT
*11/30 @ Manhattanville W 5-3
*12/1 @ Neumann W 5-4 OT
*12/7 vs Utica L 2-1
*12/8 vs Nazareth W 3-2
12/19 vs Bryn Athyn W 4-2
1/5 @ Post W 3-1

1/12 vs Anna Maria W 5-2
*1/16 @ Lebanon Valley W 6-5
*1/18 vs Lebanon Valley W 6-3
*1/21 vs Elmira TIE 4-4
*1/25 @ Chatham W 1-0
*1/26 @ Stevenson L 3-2 OT
*1/31 vs King's W 4-0
2/2 @ Bryn Athyn W 5-1
*2/8 vs Neumann 5 p.m.
*2/9 vs Manhattanville 5 p.m.
*2/15 @ Nazareth 7 p.m.
*2/16 @ Utica 7 p.m.
*UCHC

Women's Ice Hockey

10/26 @ King's L3-1
10/28 vs Oswego L 5-0
11/2 vs Nazareth L 10-0
11/3 vs Nazareth L 0-7
11/10 @ Neumann L 7-3
11/17 @ Chatham L 5-0
11/30 vs SUNY Canton L 7-1
12/1 vs SUNY Canton L 6-2
12/7 @ Morrisville L 6-0
1/5 @ Stevenson L 5-1
1/11 @ Post L 3-1
1/12 @ Post L 4-2
1/18 @ Lebanon Valley L 4-1
2/6 vs Lebanon Valley 7:30 p.m.
2/15 vs Utica 5 p.m.
2/16 @ Utica 3 p.m.



Olympic curler Tyler George visits Toyota Sportsplex

By Ben Mandell
Co-Sports Editor

WILKES-BARRE, Pa. -- It's not every day that a Team USA Olympic gold medal winner shows up at the Toyota SportsPlex in Wilkes-Barre. Tyler George, member of the 2018 men's curling team, came to town to help the Anthracite Curling Club and their open house.

"I like to travel to different parts of the country where the sport is growing," George said. "Some of these communities didn't even know they had curling clubs before this. It's nice to see people come out, and we hope they keep this enthusiasm."

George, who was born and raised in Duluth, Minnesota, has been involved in elite curling for nearly 20 years, starting with the 2001 Junior National Team. Since then, he has appeared in four world championships and the 2018 Olympics in Pyeongchang.

On the 2018 Olympic team, George's position was the vice-skip. The vice-skip is usually the player who will throw the third set of stones and helps the skip with the planning of strategy for each game.

"Winning the gold medal was really just a shock. I felt like I was standing on the the podium with a dumbfounded look," George said. "I was looking at my family in the crowd and they had the same look on their faces. I still don't think it has set in yet that I have an Olympic gold medal, and it's almost a year later."

Following the 2018 Olympics, George decided that he was going to step away from elite curling and become an ambassador for the game.

"I'm not sure yet," George said when asked about getting back into elite curling. "Right now, I can do more off the

ice than on it. I feel good about what I am doing, but if I decide I want to get back into it for the next Olympics, I will need to decide within the next year."

George's priority after winning the gold medal in Pyeongchang has shifted to helping grow the sport and help more

people get involved.

"We want to help clubs as much as we can," George said. "This is the second stop for us after going to Connecticut. Tomorrow we head to Ardsley, New York."

The Anthracite Curling Club held the event to not only bring more people into their club, but also to help more people experience curling. The members of the club welcomed their guests with open arms, helping visitors and teaching them how to throw the stones.

Immediately, the new-comers started soaking up the knowledge George and the club members were talking about. They learned about the stones and that they are much heavier than they appear. Each one is near 42 pounds and is made out of solid granite.

After going over that, they set everyone up to give it a try. With the member's assistance, they taught the proper techniques and what they wanted to do.

The Anthracite Curling Club is hoping to have more competitions with other curling clubs in the Pennsylvania area, including Bucks County, Philadelphia and Pittsburgh to name a few. They will also travel all over the northeast, with members participating in tournaments in Montreal and Utica.

The club will be holding Learn to Curl events in March for people interested in knowing more about the sport.



The Beacon/Kirsten Peters

Gold medalist Tyler George gives instruction to local curlers and newbies on the fundamentals of curling at the Anthracite Curling Club open house on Feb. 1.



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Winter Sports Schedules

Women's Basketball

11/8 @ Neumann L 85-75
11/10 vs PSU Hazleton W 93-73
11/13 vs Susquehanna L 79-66
y-11/16 @ Marywood L 82-76
y-11/17 vs #8 Scranton 69-47
11/20 vs PSU Wilkes-Barre W 89-61
11/26 @ Juniata L 89-63
12/1 @ PSU Harrisburg W 67-64
*12/5 vs Misericordia L 78-54
*12/8 @ Manhattanville L 83-50
1/3 vs Centenary W 63-51
*1/9 @ #22 DeSales L 86-46
*1/12 vs Eastern W 82-75
1/14 vs Rutgers-Camden L 90-82
*1/16 @ King's L 73-59
*1/18 vs FDU-Florham W 83-78

*1/23 vs Del. Valley W 56-45
*1/26 @ Eastern L 82-68
1/28 @ Valley Forge L 75-70
*1/30 vs Manhattanville L 81-72
*2/2 vs DeSales L 85-52
*2/6 @ Misericordia 6 p.m.
*2/9 vs King's 1 p.m.
*2/12 @ Delaware Valley 6 p.m.
*2/16 @ FDU-Florham

*-MAC Freedom
y-Cross County Challenge

Wrestling

11/3 @ Ned McGinley Invite 5th
11/10 @ Gettysburg Invite 2nd
11/17 @ Otterbein W 30-21
11/17 @ Averett W 27-12
11/17 @ Greensboro W 33-10
11/17 @ Bluefield W 49-0
12/1 @ Ferrum L 20-15
12/1 @ S. Virginia W 35-16
12/1 @ McDaniel W 34-8
12/8 @ Elizabethtown W 24-10
12/22 Wilkes Open
1/5 @ S. Maine W 18-17
1/5 @ #19 Stevens W 27-24
1/5 @ #25 Messiah L 26-16
1/5 @ Camden CC W 54-0
1/11 @ Springfield L 20-17

1/11 @ Ohio Northern W 31-16
1/11 @ #21 Wash. & Lee W 24-12
1/12 @ Wis.-EAU Claire W 22-20
1/12 @ Oswego W 34-6
1/27 vs Lackawanna W 36-12
1/27 vs PSU-Behrend W 37-9
1/27 vs Oneota W 22-19
2/1 vs Penn College W 36-12
2/8 @ Ithaca 7 p.m.
2/10 @ King's 12 p.m.
2/15 @ Scranton 6 p.m.
2/16 vs Keystone 12:30 p.m.
2/17 @ Futures Mid East 9 a.m.
2/22-2/23 @ SE Regionals 9 a.m.

Men's Basketball

11/13 @ PSU Hazleton W 80-60
x-11/16 vs Bethany W 88-68
x-11/17 vs Leb. Valley W 83-81
11/20 vs PSU W-B W 87-81
11/28 vs Drew L 67-65
12/1 @ Clarks Summit W 106-55
*12/5 vs Misericordia W 81-78
*12/8 @ Manhattanville W 91-87
12/18 vs Albright W 85-77
y-12/29 vs #25 Scranton L 74-64
y-12/30 vs Marywood W 74-70
1/2 @ Susquehanna L 88-64
1/5 @ Messiah W 80-73
*1/9 @ DeSales L 97-85
*1/12 vs Eastern W 94-74
*1/16 @ King's L 81-53

*1/18 vs FDU-Flor. W 96-53
*1/23 vs Del. Valley L 99-90
*1/26 @ Eastern L 79-69
*1/30 vs Manhattanville W 76-62
*2/2 vs DeSales W 78-77
*2/6 @ Misericordia 8 p.m.
*2/9 vs King's 3 p.m.
*2/12 @ Del. Valley 8 p.m.
*2/16 @ FDU-Flor. 3 p.m.
*-MAC Freedom
x-Lebanon Valley tournament
y-Cross County Challenge





Getting to know...

Brandon Gordon

Freshman Ice Hockey Player

The Beacon: Male Athlete of the Week Jan. 25 - Feb. 1

Why Brandon Gordon was selected: Gordon made 20 saves in a 1-0 victory over Chatham. He also stopped all 11 shots in Wilkes' 4-0 victory against King's, earning him his 12th win and third shutout.

Name: Brandon Gordon
Year: Freshman
Major: Mechanical Engineering
Hometown: Sault Sainte Marie, MI
High School: Sault Area HS
Position: Goalie

Favorite professor?

As of now my favorite professor is Dr. Kuhar. I love his intelligence and the energy he brings to class every day.

Other interests or hobbies off of the field?

Hunting, boating, snowmobiling, training and enjoying time with friends and family.

Favorite meal to eat on campus?

Southwest chicken wrap with a chocolate milk.

Most influential person in your life?

My dad. He has always been my biggest supporter in hockey and in other aspects of my life. I try my best in school and on the rink with him in mind every day.

If you could have dinner with a famous person from the past, who would it be?

Franklin D. Roosevelt. I would love to pick his brain on how he managed to get the U.S. through World War 2 and the Great Depression. In my opinion, he is one of our greatest presidents, especially at a period where the world was at a tipping point.

A quote you live your life by?

"It ain't about how hard you hit; it's about how hard you can get hit and keep moving forward. It's how much you can take and keep moving forward. That is how winning is done." - Rocky

What does "Be Colonel" mean to you?

"Be Colonel" means doing what is right in the classroom and at the rink. It means being respectful to those around me and trying my best every day.

Driving force for your decision to come to Wilkes?

After learning that the hockey program would be brand new, I knew that would be an awesome opportunity to build something special. Also, I always wanted to pursue a career in mechanical engineering. To play the sport that I love and get an education has always been a goal of mine.

Post-graduation plans in terms of a career?

I haven't thought that far ahead too much in terms of my plans for after graduation, except maybe a career close to home. I do want to pursue internships in the summers to get a feel for where a mechanical engineering degree can take me in life.

When/Why did you first begin playing?

I first put on a pair of skates when I was three and started playing goalie when I was about seven or eight. My dad was the one who introduced me to the game of hockey, and it has been my life ever since.

Hopes for this season as a Colonel?

My hopes for this hockey season is for our team to have continued success and make playoffs. I believe we have opened a lot of people's eyes on our success so far.

Favorite thing to do during practice?

Situation drills, such as the penalty kill, line rushes, goalie specific drills and breakaways.

Favorite building on campus?

I spend most of my time at the library because I like how that quiet environment motivates me to get my work and studying done.

Anyone to give a shout-out to?

My friends and family back home.

Editor's note: Athlete of the Week selections are determined by the sports staff each week. At the end of the academic year, we will post a reader poll on Twitter @WilkesBeacon to crown an "Athlete of the Year."

The Beacon/Kirsten Peters

-Compiled by Kirsten Peters, Co-Sports Editor

Getting to know...

Gabrielle Giordano

Senior Basketball Player

The Beacon: Female Athlete of the Week Jan. 25 - Feb. 1

Why Gabrielle Giordano was selected: Giordano secured a game-high 20 points in the matchup against Eastern on Jan. 25. Three days later, she recorded her eighth double-double and scored a season-high 29 points in the contest against Valley Forge.

Name: Gabrielle Giordano

Year: Senior

Major: Sports Management

Hometown: Moscow, Pa.

High School: Holy Cross HS

Position: Guard

Driving force for your decision to come to Wilkes?

I knew the business school had a very good reputation and I wanted to be able to play basketball and softball.

Post graduation plans in terms of a career?

I would like to get my CSCS and open my own gym.

When/Why did you first begin playing?

I started playing in the fourth grade, but I am not sure why I started - probably because I didn't want to go to dance anymore.

Hopes for this season as a Colonel?

This season, I would like to make the MAC tournament.

Favorite thing to do during practice?

My favorite thing to do during practice is 11-man.

Favorite building on campus?

My favorite building would have to be the Marts Center or UCOM.

Favorite professor?

My favorite professor is Dr. Lee.

What came first? The chicken or the egg?

The egg.

If you had to choose one thing about your program that you could improve, what would it be?

If I could choose one thing to change about our program, I would change other people's confidence in us. Most games people expect us to lose, and that's not the case anymore.

Other interests or hobbies off of the field?

Other than basketball, I like training for MMA.

Favorite meal to eat on campus?

My favorite meal is a turkey hoagie from Which Wich.

Coke or Pepsi?

Water.

Most influential person in your life?

It's hard to pick just one.

If you could have dinner with a famous person, who would it be?

I would have to pick Ronda Rousey.

A quote you live your life by?

"Wish it. Dream it. Do it."

What does "Be Colonel" mean to you?

To me, "Be Colonel" means to be apart of something that pushes you to be your best and gives you all the tools to do so.

Anyone to give a shout-out to?

MY DAWGS!

-Compiled by Kirsten Peters, Co-Sports Editor



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The Beacon/Kirsten Peters

MIH: Colonels dominate King's in shutout

By Tyler Aldinger
Staff Writer

WILKES-BARRE, Pa. -- The Wilkes University men's ice hockey team bounced back Thursday night after a close loss to Stevenson on Jan. 26. The Colonels improved their record to 14-5-1 overall and 10-3-1 in the conference following a shutout victory 4-0 against crosstown rival King's College.

The Colonels did not start the game on the right track, as Devon Schell got a two minute penalty for cross checking less than thirty seconds into the game. Credit due to coach Brett Riley and Tyler Heinze for emphasizing the importance of the Colonels penalty kill, as the penalty kill unit for the Colonels shut down the King's College power play.

After this power play, the Colonels got on the right track and began putting shots on net.

Despite the barrage of shots for the Colonels, they were still unable to find the back of the net at the midway point in the first period.

The Colonels tallied more shots than King's (10-3) by the end of the first period, but play was back-and-forth between the teams challenging each other's goalies.

The second period proved to be more of what the fans expected from the Colonels - a fast paced, physical, goal scoring team.

After adjusting their game play and making some improvements during the second period, the Colonels were able to get on the board.

"I think it was just respecting our game plan and keeping on working," said Brendan Logan. "We stuck to the system and kept pucks on net and pucks started to fall into the net for us."

It took nearly the first ten minutes of the second period for the Colonels to break the scoreless tie and pick apart King's goalie Brandon Daigle.

Wilkes kept their persistence on the puck in the King's zone and finally a centered shot from Logan went high and left over the glove hand of Daigle, finding the back of the net and securing Wilkes' first goal of the game.

The momentum continued to stay on the Colonels side following the goal, but Daigle and the King's defense held Wilkes to only a one goal advantage going into the third period.

Since the Colonels had over a minute and a half left on a power play they received late in the second period, Wilkes was able

to maintain their momentum and keep consistent pressure on King's defense, forcing Daigle to make saves.

Despite not scoring on the power play, Wilkes opened up the third period scoring with a beautiful centering pass from Donald Flynn to Tyson Araujo, who was able to tap the puck beyond Daigle and extend the Colonels lead to 2-0.

With the 2-0 deficit, King's continued to dig themselves into a deeper hole, as they got several costly penalties in the third period. This kept the Colonels on the power play and kept King's on their heels, wearing out their penalty killers and defense.

"We've been preaching wearing teams down," said head coach Brett Riley. "When you get pucks to the net and you come wave after wave, it may not work right away, but they stayed disciplined and stayed

committed to the game plan. We knew if we could wear their defense down and get in, eventually pucks would go our way."

This proved to be costly to King's, as Tyler Barrow extended the lead for the Colonels 3-0 at the halfway point in the third period.

With this goal, Barrow put up his 17th of the season,

just two goals shy of fellow t e a m m a t e Flynn, who is the leading scorer for Wilkes.

King's had a few opportunities later in the third period, but goalie Brandon Gordon acted as a brick wall and did not let pucks get by into the back of the net.

The Colonels, however, scored on Phil Erickson's shorthanded goal with less than a minute left in the game.

Erickson skated behind the net and had Daigle on the ice and out of position, which made it easy for Erickson to bury the puck in the back of the net.

"When we do the right things defensively, we are going to have those offensive chances because teams take the work off in

their own zone when they're on the power play," explained Erickson. "That's when we step in there and be aggressive and give ourselves a chance."

Erickson's late goal gave the Colonels a 4-0 lead with less than a minute remaining in the game.

Wilkes was able to protect the shutout and deny King's from scoring any goals in the final fifty seconds of the game, securing their second shutout victory against King's College, as they beat them 3-0 in November.

With this victory, Gordon earned another shutout on the season.

"I think, just mentally, I've been staying strong for 60 minutes," said Gordon. "The team has playing really well in front of me defensively and blocking shots."

With this win over King's College, the Colonels hold onto first place in the UCHC




The Beacon/Kyle Kraemer
The Colonels score three goals in the final period of play to solidify their 4-0 victory over King's College on Jan. 31.

standings. Behind the Colonels is Elmira and Utica.

The Colonels will face Utica on the road for their final game of the season on Feb. 16.

But, as most of the men's ice hockey players say, they take it one game at a time.

The next two games for the Colonels are this upcoming weekend, as they host UCHC competitors Neumann University on Feb. 8 at 5:00 p.m. and Manhattanville College on Feb. 9 at 5:00 p.m.

 @wilkesbeacon
Tyler.Aldinger@Wilkes.edu

WRESTLING, from front cover

was big," Racanelli said. "I got headlocked in the beginning, but I was able to come back and get the (technical fall). For me, that was just awesome. I was very happy with the outcome. It just got me and my teammates motivated to get out there and get after it."

According to the Jan. 30 Intermat Wrestle rankings, Racanelli is ranking No. 3 at 165 pounds.

"I'm looking to win that region title and for my third appearance at nationals, I want to be that number one spot," Racanelli said.

Just after Racanelli at 174 pounds, senior Ashton Gyenizs found himself in a bit of trouble as well. Penn College's Dylan Gettys nearly locked up a cradle midway through the second period, but Gyenizs was able to turn the tables and land a pin just seconds later.

"With that cradle reversal that I hit, it's a little unorthodox but I kind of practice that a little bit in the (wrestling) room," Gyenizs said. "Once he got me there, I wasn't too nervous about it. I just went back to what I know. I mean, it's a little weird, a little unorthodox but I was comfortable there. I was able to come out on top."


It was also Wilkes wrestling alumni night where past alumni gathered to enjoy a night of wrestling.

But while the dual victory is enjoyable, Laudenslager noted there are greater things ahead with the NCAA Southeast Regional tournament coming up at the end of the month on Feb. 22 and 23.

"That's what it's about," Laudenslager said. "That's what our seniors are working hard for."

"We've got some other guys that are looking to knock on that door to get to the national tournament. We've got a great three weeks to prepare for that. The dual meets just kind of keep us fresh. We want to stay healthy for in three weeks at Lycoming for when we try to qualify for the national tournament."

Prior to the match, Wilkes honored its five seniors, Patrick Miko, Tommy Stokes, John Ritter, Racanelli and Gyenizs in its senior night program. Racanelli was also presented a 100-win plaque by Vice President for Student Affairs, Dr. Paul Adams. Racanelli notched his 100th career victory in a fall back on Jan. 11 in the Budd Whitehill duals at Lycoming College. He became the fourth Colonel wrestler in the last seven years to secure a 100th win.

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