

THE BEACON

The news of today reported by the journalists of tomorrow.

New intramurals director leads program

By Kirsten Peters
Staff Writer

When going on to college, some students are focused on picking a college for its academic reputation, whereas others are more focused on athletics.

Wilkes is not only considered an exceptional academic option, but its athletics also draw attention. For those who are not interested or able to play Division III sports here at Wilkes, intramurals become an option if he or she does not want to give up their athletic career.

Currently, intramurals are set to start on Oct. 4, with three intramurals being offered in the fall: kickball, flag football and indoor soccer. The amount of intramurals can increase or decrease based on student involvement. In order to sign up, students can click the link about intramurals in their Wilkes Today email or go to the Wilkes athletic page and look under "Intramurals."

According to new intramural director Nick Doyle, only soccer has enough students signed up for student participation at the moment.

In hopes of bringing intramurals into the spotlight, Doyle said, "Try something new. It is a great opportunity to meet new people on campus and to do something fun with your friends."

Doyle is a huge proponent for creating a campus environment, in which he thinks intramurals can help to facilitate creating this community.



Beacon Archives

Intramurals players participate in a basketball game during the spring basketball season earlier this year.

Being that he played intramurals as a graduate student, Doyle notes how successful being a part of them can be.

"Bringing students together by giving them the opportunity to play a sport that they love or even ones they've never played before as well as creating a culture of family and fun

throughout the campus using sports is why I'm excited to be here at Wilkes," elaborated Doyle.

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Public Safety officer publishes book

By Megan Stanley
Staff Writer

Wilkes University Public Safety Officer Peter J. Canavan recently published a guide to college safety titled: "The Ultimate Guide to College Safety How to Protect Yourself From Online and Offline Threats to Your Personal Safety at College & Around Campus."

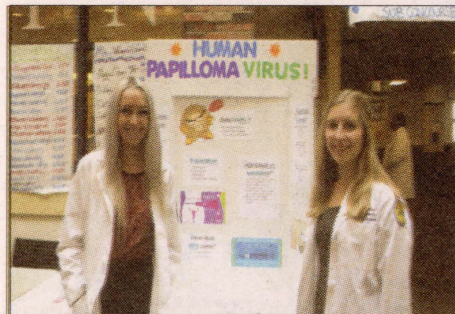
The guide focuses on issues such as residence hall safety, credit cards, alcohol and drugs, and even provides self-defense maneuvers through pictures.

The book also gives students tips on how to be healthy and self-confident, all of which can help if a students find themselves in trouble, according to Canavan.

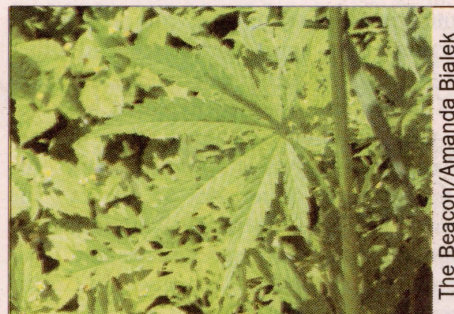
Alongside the book is website Campus Safety University, which is an online resource to help college students stay safe.

The Ultimate Guide to College Safety is Canavan's fifth published book.

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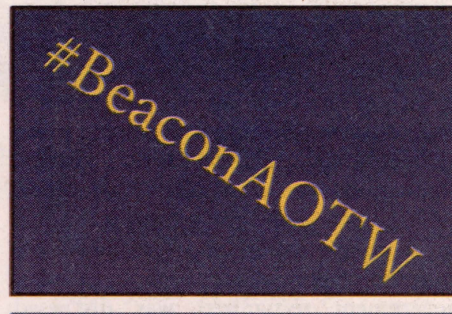


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News

Have a breaking story or a press release to send? Contact the news editor: cabrini.rudnicki@wilkes.edu

Beacon Briefs

Compiled by Cabrini Rudnicki
News Editor

Wilkes' Halloween 5K

On Saturday, Oct. 21, Wilkes will be holding its annual Halloween 5K along the levee trail in Kirby Park. The fundraiser, which is for the Geo-Explore Club, will have three categories: competitive runners, non-competitive runners and walkers. It begins at 2 p.m. The run/walk also will feature a costume contest for participants. Wilkes students can sign up in the SUB during club hours, and will receive a discount with a Wilkes ID. Any questions can be directed to ellen.mook@wilkes.edu

Be an IEP Conversation Partner

The IEP Conversation Partner program is looking for students and faculty to spend an hour or two a week speaking to international students involved in the intensive English Program. Participants do not need to plan special activities for their conversation partner, they just need to include them in some of their usual activities. For more information, contact Dr. Kimberly Niezgoda, Kimberly.niezgoda.edu.

Internship & Career Fair

On Oct. 19, from 11 a.m. to 3 p.m. in the UCOM, join Wilkes University at its Internship & Career Fair for the opportunity to network with potential employers, or to find the right internship.

Bystander Intervention Program Looking for Volunteers

The Office of Student Affairs, in collaboration with the Victims Resource Center of Luzerne County, are looking for volunteers to join a group of peer trainers who will present and discuss skills to intervene effectively when put in dangerous sexual situations. For more information, contact Associate Dean Philip J. Ruthkosky, Ph.D. at Philip.ruthkosky@wilkes.edu or Samantha Hart at Samantha.hart@wilkes.edu.

Interfaith Student Retreats

Wilkes students are invited to join the Interfaith Office in two upcoming retreats, hosted by the University of Scranton. The first retreat, The Soul Men's Retreat, is Sept. 29 to Oct. 1, for male students. The second, open to all students, is The Mystery Retreat from Oct. 20 to 22. Contact Kristin Osipower at kristin.osipower@wilkes.edu.

Scholarship Opportunity of Students of Polish Descent

Luzerne County residents of Polish descent can apply for The Polish Room Committee Scholarship by writing a brief history of their Polish heritage, and a description of what heritage means to them. Preference will be given to students who demonstrate financial need. The writings must be submitted along with the applicant's name, WIN and contact information, and given to Luciana Musto in the Alumni House. Email is also acceptable. Place "Polish Heritage Scholarships" in the subject line. The submission deadline is 4:30 p.m. Oct. 6. Late applications will not be accepted. For more information, visit wilkes.edu/polishroom.

Wilkes University Student Government notes

By Seth Platukis
Staff Writer

On Wednesday Sept. 27, Student Government held its routinely scheduled meeting.

The first item of business this week was a proposal by WEBS (Women Empowered by Science) to become an official club. The plans are to try and collaborate an already established summer program, called Adventures in Science, with the newly formed WEBS club. The overall purpose is to get students involved with helping young girls who love science in the scientific community. After presenting a constitution, rules, and ideas, the group opened the floor to some discussion and questions. The students' main reason for becoming student government recognized was discussed, which is to make fundraising more efficient and structured.

The Singapore Conference Non-Club Fund Request was next. Four biology majors, Nicole Cumbo, Jasmine Quintana, Amanda

Hedge and Leah Thomas all worked in collaboration with Dr. Gutierrez and Dr. Kalter working on research on colorectal cancer in mice. They were invited to the European Society for Medical Oncology Conference in Singapore. Their student government request was \$2,087.83, covering the cost of registration. A new Wilkes University Ecology Club requested student government recognition. The goal of the club is to provide professional preparation for non-health science biology majors. This club plans to work and collaborate with WEBS and the local communities in different events and activities that would involve fundraising, community service, and research opportunities.

The last item of business was a fund request for the Indian Cultural Association. Members asked for a total of \$600 to assist with their needs for putting on their Diwali function. The goal of the event is to spread their culture and show the diversity in our college. They also asked the Multi-Cultural

Society for some assistance with funding.

Voting for these four new proposals will occur this week.

Members continued through the meeting with some other tasks including the student outreach initiative where each class of representatives wrote down a few questions to add to the forum. The Member of the Month is Shyann Barrett for hard work and time spent on the colonel's march organization, spirit committee and other student government related items. The Club of the Month is the Geo-Explore Club.

Old Business included the Student Government retreat request and the Princess and Superhero 5K Event. The Food, FYF, and Operations committees all spoke on and discussed updates and ideas presented at their last meetings. In closing remarks, the MSC, WUPB and IRHC all gave their necessary updates.



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CANAVAN

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"My first book was a general guide about self-defense. I thought a better way to approach this would be to address different niches. The college niche seemed perfect for me being a public safety officer and having my son go off to college this year."

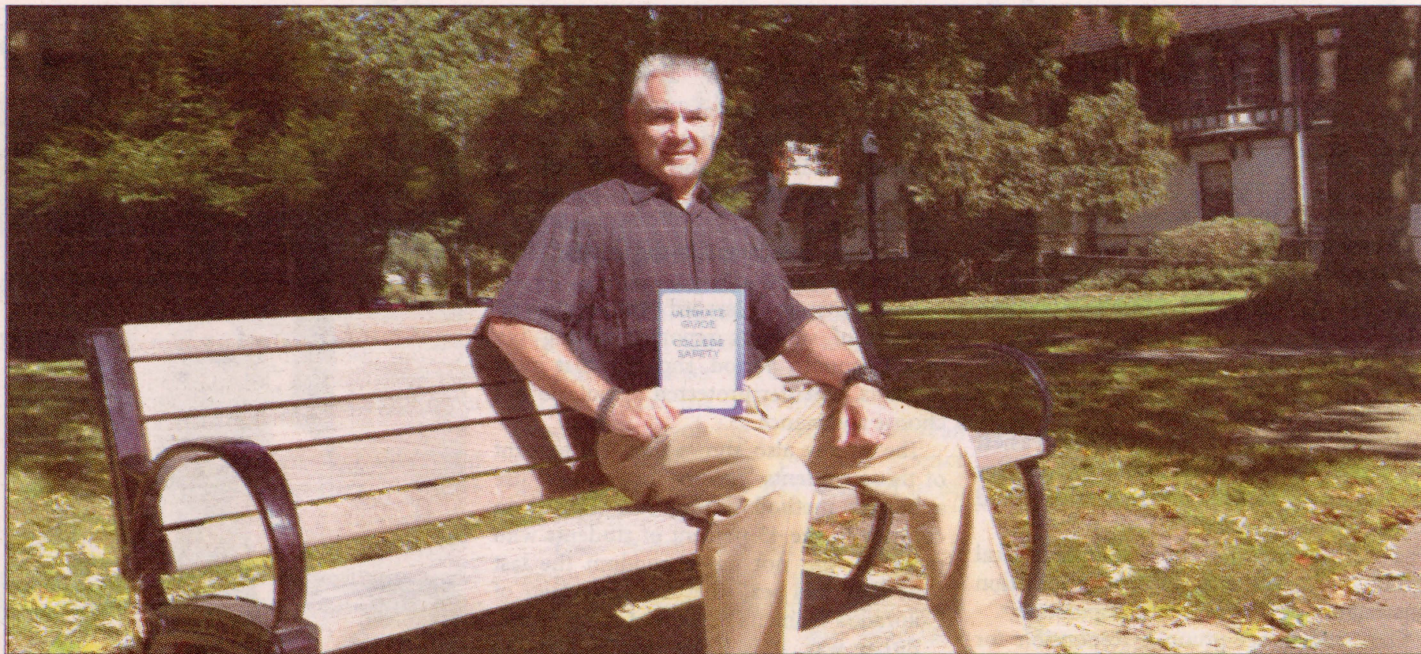
He added, "college safety is a huge problem. It's in the news all the time, and there are threats college students aren't even aware of."

Canavan also discussed the many different issues college students face.

"I tried to think of every possible subject that could be tackled. Even things like establishing personal boundaries, because most people don't even know someone has gone too far until it's too late."

"Everyone has separate safety concerns. Most people never think about it and that's a main problem," he said.

"The book covers every aspect online safety because of my experience as an IT consultant, and every aspect of offline safety based on my experiences as a self-defense instructor," Canavan explained. "My experience as a public safety officer means I can see things from a college viewpoint."



The Beacon/ Anthony D'Amico
Public Safety officer Peter J. Canavan poses with a copy of his fifth published book, "The Ultimate Guide to College Safety: How to Protect Yourself From Online and Offline Threats to Your Personal Safety at College & Around Campus."

He further added: "I'm trying to tell everyone, 'Look it can happen to you and you should think about what you can do if does happen.'"

"When you do that, you'll be way ahead

of the game, because you have actually thought about it. Your reaction time will be greatly reduced. It could be as simple as what to do if you run into trouble at a party, or something financial, or something even

a lot worse, like assault or theft."

His number one tip for students regarding safety is: "Be aware of your surroundings and the people and the places and the objects that are nearby."

Sport Management club networks in Philadelphia

By Cabrini Rudnicki
News Editor

On Sept. 22, the Sport Management Club traveled to Philadelphia to tour different sports related places in order to make connections with industry professionals.

The club toured Citizens' Bank Park (Phillies), Wells Fargo Center (Sixers and Flyers), and Lincoln Financial Field (Eagles).

The group also ate lunch at XFINITY LIVE! in the South Philadelphia Sports Complex.

Dr. Woojun Lee, the club's faculty adviser, discussed the trip's purpose in helping students' future goals in sports management.

"Students were able to meet with some professionals there to learn how to find a job like them, and were able to see some behind the scenes responsibilities and duties."

The students had a firsthand opportunity to see the nuances of the sports management work environment, as well as the kind of work they do.

"I want them to have an opportunity to learn how to organize an event. Students who graduate from Wilkes University with a Sport Management degree might be able to work in some organization where they need

to organize an entire event," said Lee.

James Dotter, a junior Sport Management major, reflected on the parts of the trip that resonated the most with him.

"We went through the tunnel where the players go on the Eagles field, and they had the music going, the lights going, and us walking out on the field. That was the coolest part for me."

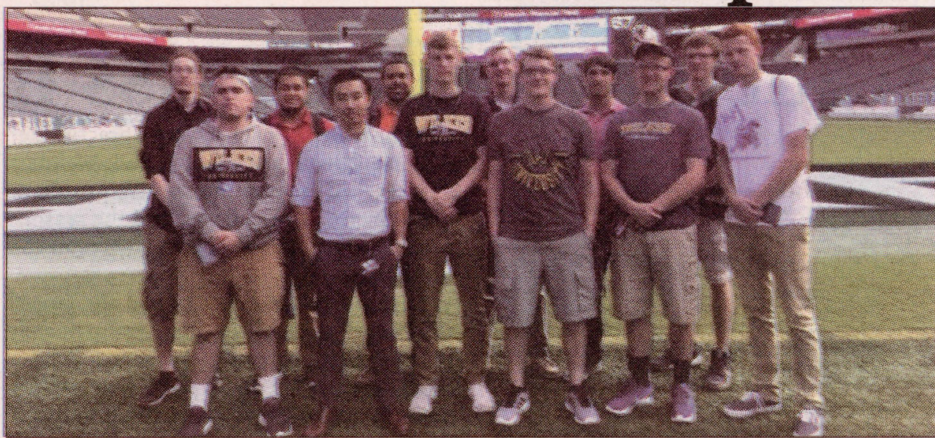
Dotter also described how the trip will make a significant impact on his future endeavors in the industry.

"All three of our tour guides gave us internship information and websites, and different team websites that we could go to in order to start to network."

After graduation, Dotter plans to get a job around the area, and use his networking skills to get to a higher level with a professional team in the NFL or MLB.

The Sport Management club's purpose is to teach students how to act as business professionals, as well as a chance for networking in the area.

"I want to encourage students to learn how to develop business plans. So when it comes to business plans, we try to participate in a



Submitted Photo

The Sport Management club visited Philadelphia in order to learn more about how to organize events, and to gain networking experience.

competition in Pocono Mountain about sport management clubs."

Launched in fall 2014, the Sports Management major is meant for students interested in business careers that focus on planning things like concerts, sporting events, and theatrical productions.

"Some might say, 'Why not just focus

on marketing or finance?' but many places are specifically looking for someone with the appropriate education in the Sport Management degree," Lee said.

More questions on the Sport Management Club can be directed to the club's president Luke Modrovsky at luke.modrovsky@wilkes.edu.

Pharm. fraternities hold sex ed & STD Health Fair

By Steffen Horwath
Staff Writer

On Oct. 27, the professional development ambassador, Kara Cooper, and multiple Wilkes pharmaceutical fraternities worked together to create the Sexual Education Health Fair.

The main focus of this health fair was to delve into the usefulness of contraceptives and the seriousness of STDs.

Sexual Education is not the easiest subject to discuss, Cooper said, but it is very important to understand that "this could happen to us," she said.

For this reason, the pharmaceutical groups targeted the student population instead of just the pharmacy population.

The student age group is responsible for 22 percent of all new HIV diagnoses and 20 million new STD reports. It may seem surprising that the most common form of contraception -- the condom -- is not used every time.

The pharmaceutical clubs said they are also hoping that the STDs that are already in circulation will not be transmitted, as more than 80 percent of those with STDs do not have noticeable symptoms, according to the University of Colorado Women's Resource Center.

The white coated pharmacy students created trifold posters to explain the ways to

prevent, notice and treat STDs.

There are some simple methods to reducing STDs, but the easiest way is through abstinence, according to health fair information.

Although this may be the easiest, is it realistic?

According to Harvard University, 60 percent of students reported having sex in a 12 month period, showing that most students, whether protected or not, do not choose abstinence.

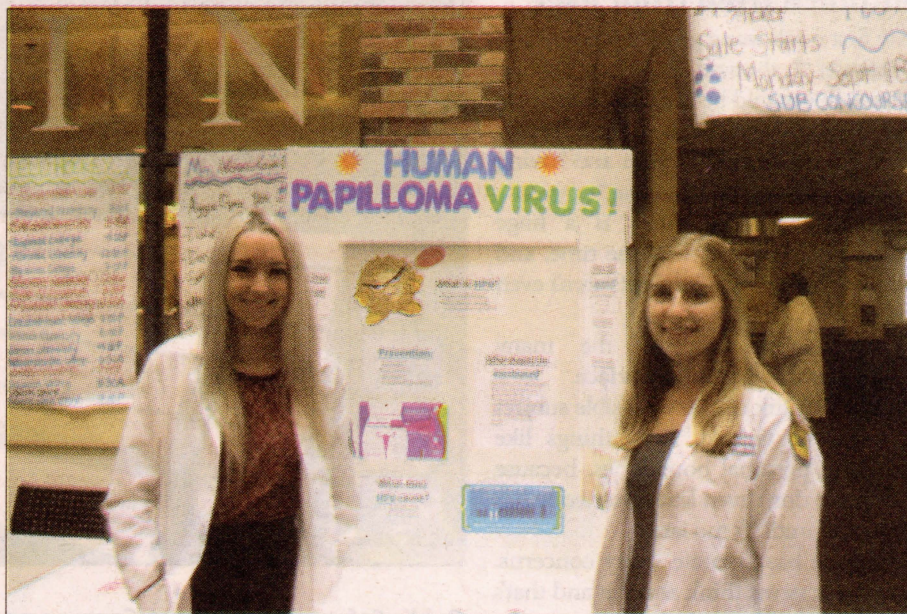
The survey also shows that "59 percent of those students 'mostly' or 'always' use a barrier method during sex. This is in contrast to the 43 percent of students who reported 'did not use a condom the last time they had sex,' that the University of Colorado's Women's Resource Center found.

Either way, it is likely that at least 40 percent of a sexually active student body that does not use protection.

The turn-out at the fair was less than hoped. According to Cooper, the time of day was at fault.

Because the fair was during class time on a warm weather day, not as many students were flowing through the lower level of the SUB. Throughout the two hours, the pharmacy students were there to help students understand the severity of this issue.

According to one student, this group



The Beacon / Steffen Horwath

Pharmacy students Katie Miller, left, and Antonia Gobo, right, stand in front of their display on the human papilloma virus, a sexually transmitted disease.

"should have given out condoms" instead of "preached abstinence."

How are students supposed to know if they have STDs?

At Wilkes University, there is free, confidential STD testing. These dates are about once a month, and include a \$5 gift

card to Dunkin Donuts. Although these tests are only done for gonorrhea and chlamydia, it is a must-do if you are sexually active.

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Students, staff discuss flu prevention, treatment

By Seth Platukis
Staff Writer

Fall is here, which means sickness season is just around the corner.

Due to inconsistent patterns that have been showing up lately, along with everyone being back together on campus, many individuals are already feeling sick -- and it is only a month into classes.

Many students may be wondering what they can do to help prevent getting sick this school year. Some items include practicing good health habits and avoiding unnecessary contact, but what happens if they are one of the unlucky ones who still come down with the dreaded flu?

The Wilkes University Health and Wellness Services aim to help prevent illness. Located in Passan Hall, across from the Marts Gym, they are offering flu shots on a first come first serve basis during regular office hours. These times and days include 8:30 a.m. to noon and 1 to 4:30 p.m. Monday through Friday.

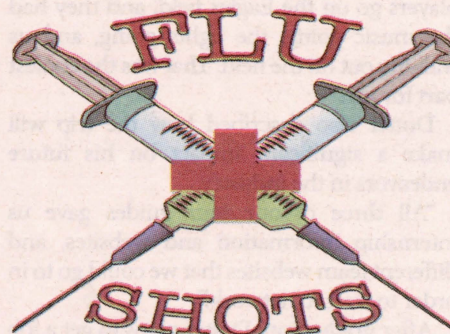
Diane O'Brien, a family nurse practitioner and the director of Health and Wellness Services, laid out how many Wilkes students suffer from the flu's effects, and the reasons as to why they should get the shots ahead of time.

"Last year, the university had the largest number of cases of the flu. Approximately 44 cases were positive."

Diane went on to explain how college students are so heavily affected because of the community style living they experience, along with attending classes and playing sports, which all tend to spread the flu more easily.

She also shared signs and symptoms along with treatments.

These signs differ from a common cold, but include high fever, chills, dry cough, body aches, headache and fatigue. Once you are tested and found to have a positive case, antiviral medication will be prescribed along with a safe amount of time at home and away from others to prevent spreading the infection.



Graphic by Kendle Peters

According to Diane, "the flu shot protects against viruses that will be the most common for that particular flu season."

It helps your body develop antibodies against the flu.

"The flu vaccine, in combination with good hygiene practices, including good hand washing, covering your mouth when coughing and sneezing and limiting

exposure to people that are sick, is the best defense against getting the flu," said O'Brien.

Kayla Broschious, a sophomore pharmacy major here at Wilkes, has some experience herself with receiving the shot.

She works as a Pharmacy Technician in the Pediatric unit of the pharmacy at Geisinger Medical Center in Danville. As a part of her job, she is required to get the vaccine yearly, otherwise the requirement is to wear a surgical mask for the whole flu season.

In jobs such as Broschious', prevention is key to avoid spreading any kind of disease, especially the flu, as well as on a college campus. This flu season, students may consider spending the \$20 to get the vaccine after weighing whether they would rather deal with a simple needle or days of severe sickness.

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'It would be just another war in another place'

Students react to the tensions that surround the U.S. and North Korea

By Isaiah McGahee
Asst. News Editor

The White House announced President Donald Trump will embark on a trip to five Asian countries and participate in regional summits this November. He will visit Japan, China, South Korea, Vietnam, the Philippines and the U.S. state of Hawaii on an 11-day trip.

"The president's engagements will strengthen the international resolve to confront the North Korean threat," the White House said.

This October also marks the 55th anniversary of the Cuban Missile Crisis. Fifty-five years later, the United States finds itself in a situation that both resembles and deviates from the crisis of 1962.

"It is insane that two men, sitting on opposite sides of the world, should be able to decide to bring an end to civilization," said President John F. Kennedy in

response to the crisis, on Oct. 27, 1962.

As tensions with North Korea rise and as rhetoric between the leaders of both countries becomes more inflammatory, citizens across the country and campus express feelings of concern, fear, patriotism and approval.

Tyler Aldinger, a second-year communication studies major weighed in on the issue.

"I think we should go over there and blow them the hell out of there... I don't like what they're doing over there (in North Korea)," Aldinger said.

Aldinger, however, did elaborate and does not believe the North Korean regime has as much firepower as it's letting on.

Students at Wilkes also consider the political affiliations and implications associated with the escalating tensions between both countries.

Alluding to President Trump, senior environmental engineering major Purvit Patel stated that the situation involving

North Korea is a delicate one, and one that must be handled through proper diplomacy.

Taking the North Korean communist regime into consideration, Patel said, "People in North Korea live in fear every day, it doesn't make sense to threaten a nuclear holocaust."

Patel wasn't the only student to voice concerns involving North Korean conflicts. Sophomore political science major Joshua Bradley also weighed in on the matter.

"The North Korean situation is obviously something very complex. We've been in this situation before ... It's reminiscent of the cold war, especially considering radical ideologies and nuclear arsenals ... although not necessarily what citizens want to hear ... I believe the best solution is to wait it out," Bradley said.

Bradley also discussed the potential negative impacts on the entire Southeast Asian peninsula, namely South Korea,

and "target cities," such as Seoul. He believes that this could, in turn, lead to a humanitarian crisis, as neighbors on the peninsula would be unwilling to accept refugees from South Korea, stemming from ideological, social, and political tensions stemming from the 1940s.

Although Bradley's concerns were not domestic, he expressed concern for US servicemen who could potentially be deployed to the immediate area, especially north of the 38th parallel.

Bradley also alluded to the notion that history is watching, and how the future generation will perceive a potential violent conflict with North Korea.

"For younger generations, it won't be a mentality shift, to them, it would be just another war in another place."



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Profile of a new professor: Dr. Ty Frederickson

By Brandon Belfonti
Staff Writer

Dr. Ty Frederickson is a recent addition to the doctor of education program in the Wilkes University School of Education. He is an assistant professor and has more than 15 years of teaching in Kansas, Oman, and Thailand.

Frederickson received a bachelor's degree in English from Emporia State University, a master's in English literature from Wichita State University and finished with a doctorate in education at Wilkes.

"I believe in Wilkes' vision. I believe in what they stand for. They have a vision to 'transform the world.' This has been my motto throughout the world as it was at Wilkes. This stands for my life both professionally and personally," Frederickson explained.

These morals stuck with Frederickson as he began a new journey in Musk, Oman, to teach an extremely diverse group of students.

When asked how challenging the emersion in a new culture was, Frederickson said, "I must say with all honesty that the diversity had no effect on how I was welcomed. The entire

community was welcoming in every aspect. The diversity was astounding. Out of 20 students, 18 were from different nationalities."

One notable theme was the way he described the environment and the students, which brought to mind a thriving, positive community yearning to learn.

Why Oman?

Wilkes has a strong relationship with this specific school, and Frederickson is a part of the international baccalaureate program. This is the program he taught through for fifteen years in Kansas until expanding across seas. Such programs then led him to Bangladesh.

This is something that Fredrickson takes a lot of pride in, he said, something that came with a lot of time and work. He created "The Bangladesh Initiative."

The initial pull to this country, smushed between India and Myanmar, came from the work problem, for mostly adult males, he said.

The issue was in the actual understanding of what the workers were getting themselves into. Their education had not provided them with the tools to read the contracts, let alone write their own names down. Frederickson said he realized this,

and took the next step of finding the source.

Frederickson explained it costs \$12 a year for a child to attend school in Bangladesh. That can be up to 20 percent of the family income, he said. One percent of all adult men could read or write their own names. Frederickson felt it was evident that the educational system needed work.

Here are only some of the things Frederickson said he has done for the situation with the help of others: provide ongoing tuition for 50 children per year; provide school materials to 1,700 kids; facilitate 50 goats a year to families in the villages of these schools (It was made clear that these were distributed by the village elders and Frederickson only arranged for the financing and transporting); and bring a team of Wilkes' undergraduate engineers to one of these schools and install a solar-powered iPad station to use the available, albeit surprising, 3G network.

This gave them access to an endless array of tools we take for granted on a daily basis. That included knowledge, instruction from teachers, and instructions on how to use the textbooks that were of no use simply for the inability to read them.

When asked, "why Wilkes?"



Submitted Photo
Frederickson

Frederickson said:

"Wilkes walks the walk. Words are one thing and action is another. Clearly Wilkes takes that action, through many different programs and fields. My colleagues and doctoral leaders were of the finest educators I have ever encountered."



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Passan School of Nursing launches Ph.D. in nursing

By University reports

Wilkes University's Passan School of Nursing has launched a doctor of philosophy degree in nursing.

The new degree addresses a critical need in nursing education: a supply of Ph.D.-prepared nursing faculty to teach in nursing programs. The Ph.D. in nursing is the only one of its kind in the region and only the second Ph.D. to be offered in Northeastern Pennsylvania.

The program is offered in a low-residency format with classes conducted online. Seventeen students representing seven states are in the first class.

"The addition of this degree further enhances the Passan School's position as a comprehensive school of nursing," said Deborah Zbegner, dean of the Passan School, noting the school now offers nursing degrees from the undergraduate through doctoral levels.

Robin Chard, Ph.D., RN, CNOR, was previously announced as the coordinator of the Ph.D. program. Chard's primary clinical experience is in operating room nursing, and her research interests are in

the areas of patient safety, communication, and perioperative nursing errors. Prior to joining Wilkes, Chard was a professor of nursing at Nova Southeastern University.

The Passan School of Nursing offers the bachelor's degree in nursing in both a traditional four-year format, as well as an accelerated format for those who already have a bachelor's degree. Wilkes offers online master's degrees in adult-gerontology primary care nurse practitioner, family nurse practitioner, and psychiatric/mental health nurse practitioner, as well as nurse executive, nursing education and nurse informatics.

It was the first in the region to offer the doctor of nursing practice degree, also conducted in an online format.

According to the American Association of Colleges of Nursing, faculty shortages are the primary reason nursing schools turn away qualified student applicants. More than 1,500 faculty vacancies were identified among 800 nursing schools in a 2016 survey. An aging faculty population, with a wave of retirements expected in coming years, is contributing to the shortage.

Wilkes President Patrick F. Leahy said that the new doctoral program - the first in university history - reflects Wilkes' commitment to meeting the nation's educational needs.

"Our Ph.D. program in nursing continues our dedication to solving societal challenges," Leahy stated. "There is a significant shortage of qualified faculty to teach the next generation of nurses and Wilkes is part of the solution."

"We have always been the institution that offers academic opportunity, and the creation of our first Ph.D. program is further proof of this enduring commitment."

To learn more about the new nursing degree, visit <http://www.wilkes.edu/academics/graduate-programs/terminal-degrees/phd-in-nursing/index.aspx>



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Hemp Hemp Hooray! Seeds take root in Pennsylvania soil

By Amanda Bialek
Life, Arts & Entertainment Editor

Editor's Note: Amanda Bialek, who was a Communications Intern at Rodale Institute is the Life, Arts & Entertainment Editor for The

In 2017, Rodale Institute received one of 16 permits to partake in the inaugural planting of hemp in Pennsylvania in more than 80 years, as part of the Pennsylvania Department of Agriculture Industrial Hemp Pilot Project. Industrial hemp, a versatile plant grown for its fiber, seed or oil, was a valuable cash crop and a major industry in Pennsylvania for more than 260 years.

Due to hemp's close relationship to the marijuana plant, hemp production became a casualty of a 1933 law banning marijuana, and was later named a Schedule 1 drug by the Controlled Substances Act of 1970. However, changes made to the 2014 Federal Farm Bill now allow for hemp to be grown for research purposes by the Pennsylvania Department of Agriculture or an institution of higher education.

"Before hemp production was banned in the United States, hemp was grown and marketed for a tremendous variety of uses. In the decades since, Pennsylvania has missed out on valuable economic opportunities. We're hopeful that these research projects spur the return of a promising crop and decreased dependence on imports," said Pennsylvania Secretary of Agriculture Russell Redding.

Rodale Institute is conducting a four-year research project that focuses on using industrial hemp as a cash or cover crop to address weed pest issues and enhance soil health in organic agriculture. The two field trials, a Variety Trial and a Weed Suppression Trial, will help to identify which varieties of hemp will be most effective for future use by farmers. In the Variety Trial, researchers aim to find which types of hemp grow best in a Mid-Atlantic climate and produce the most amount of fiber. The Weed Suppression Trial will analyze how farmers can best compete against weeds by using hemp as a rotational crop rather than tillage.

"We are going to be utilizing hemp in our crop rotation as a cash/cover crop that is going to be able to fill in the canopy rather quickly and help to be able to suppress weeds from being able to germinate and grow. From the data that we have, we see that hemp does have



The Beacon/ Amanda Bialek

Industrial hemp growth at Rodale Institute, a 501 (c)(3) nonprofit dedicated to pioneering organic farming through research and outreach.

a lot of strong interactions with the biology in soil in enhancing the nutrient content, the fertility of soil and soil structure, which are all very important to enhancing soil health," said Dr. Kristine Nichols, chief scientist of Rodale Institute.

The research project also includes a Weed Seedbank Study where soil samples collected before seeding and after harvest will be mixed with vermiculite, transferred into flats and placed in a greenhouse. The soil will be watered regularly to stimulate seed germination and then the weeds will be counted as well as identified.

"The fact that this is happening at Rodale gives a stamp of integrity and authenticity to this pilot project concerning growing hemp," said Dennis Kucinich, former Congressman and two-time presidential candidate. "This pilot project here at Rodale is going to produce information that hopefully will inform the rest of the country about the great potential that hemp has as an agricultural product."

The 333-acre farm is home to just over an acre plot of farmland reserved for the different varieties of hemp seeds. These seeds were planted in early June of this year.

"As farmers, our job is not to produce food. It's not to milk cows. It's not to grow corn. It's to produce healthy people. Everything that we do in relationship to food and soil is

all focused around making people healthy," said Jeff Moyer, executive director of Rodale Institute.

Industrial hemp has more than 25,000 reported uses. In addition to being a superfood, hemp can also be used to make body care products, fuel, paper, fabric and building materials. The seed, oil and fiber of the hemp plant may all be used to create a wide variety of products healthy for people, animals and the earth.

"I think the one message is that healthy soils not only will make healthy people, but we can also make healthy oceans, which are the number one supplier of oxygen and provide so much diversity for species on the planet. Hemp can play a great role in that," said John Roulac, founder and chief executive officer of Nutiva.

Hemp is an environmentally sustainable crop that sequesters carbon from the atmosphere, therefore mitigating the rising rate of CO2 levels that are responsible for climate change. There is significant potential for hemp to play a role in reducing market dependency on non-sustainable industrial agriculture and energy practices. This crop can be used to create environmentally friendly packaging materials and biodegradable plastics for water bottles, car parts, CD cases, bags, mobile phone cases and furniture.

Not only is hemp an extraordinary crop for the environment, but it also has nourishing health benefits for people. Hemp contains all ten essential amino acids making it a complete protein. It is also an excellent source of dietary fiber and Omega-3 and Omega-6 essential fatty acids.

"Hemp needs to be part of a mainstream conversation of what's in the American family's pantry. We need parents picking up hemp milk, picking up cereals, picking up whatever it is and understanding that it is an incredible product for their family," said Colleen Keahey, executive director of Hemp Industries Association.


Hemp is often overlooked because of its relationship to the marijuana plant. The levels of TetraHydroCannabinol (THC) in this crop are so low, it is impossible to experience euphoria from smoking hemp. Hemp contains a greater percentage of a different cannabinoid, Cannabidiol (CBD), which actually blocks the marijuana high.

"We need to educate people on the fact that hemp is not marijuana. This is a plant that can create jobs. It's a plant that can create health and something that can really benefit future generations," said Ross Duffield, farm manager of Rodale Institute.

Although industrial hemp is grown in more than 30 countries, the United States still remains a nation that imposes some restrictions on hemp cultivation.

"Here we are, we have almost a \$700 million market and almost 100 percent of that has been imported. We've got farmers in Canada, farmers in Europe, farmers all over the world that are growing this crop, and they're shipping it here to the United States. Now we are finally just beginning this breakthrough, and we are starting to see some American-made hemp products, and this is wonderful, but we need to see more of that," said Eric Steenstra, president of Vote Hemp.

The Rodale Institute Industrial Hemp research project is one step closer to breaking new ground in the movement to expand hemp farming legalization to farmers and communities across America. After this trial period, researchers hope that hemp will become a staple crop in the farming industry.

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RECIPE OF THE WEEK:

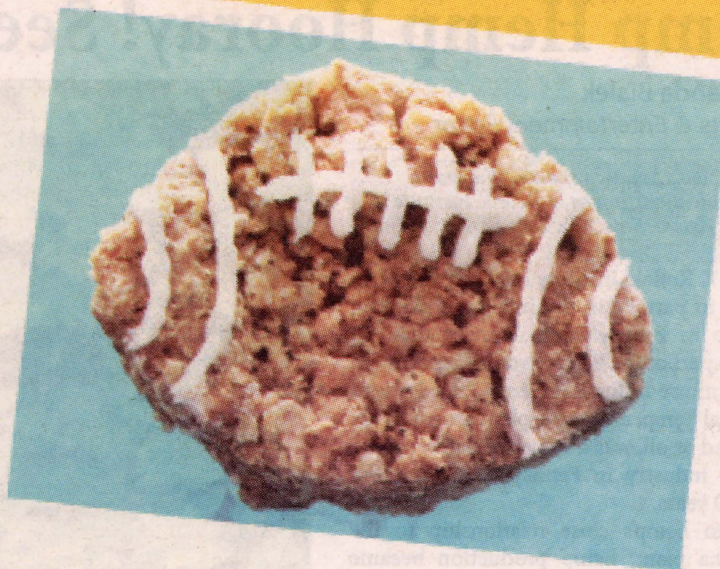
Game Day Treats

INGREDIENTS:

- 2 cups Rice Krispies Cereal
- 1 cup Peanut Butter
- 2 tbsp. honey
- 1/2 cup vanilla frosting

INSTRUCTIONS:

1. Line 15 x 10-inch baking pan with foil.
2. Place cereal in bowl.
3. In a small saucepan, combine peanut butter and honey until simmering and stir for 1 minute.
4. Transfer to the bowl of cereal and mix well to combine.
5. Press cereal mixture into prepared pan with a spatula. Refrigerate for 1 hour, until firm.
6. Cut out football shapes and decorate with vanilla icing in a pastry bag. Enjoy!!



Design by Nicole Kutos

Recipe from womansday.com


Do you have a favorite dorm room recipe that's convenient for college students always on the go?


Submit it to Amanda Bialek, Life, Arts and Entertainment Editor

amanda.bialek@wilkes.edu

Interested in writing for Life, Arts and Entertainment? Why not try all three?

Contact Amanda Bialek at amanda.bialek@wilkes.edu

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Seven tasty places to eat in Wilkes-Barre

By Shannon O'Connor
Asst. LAE Editor

Looking for a quick bite to eat that won't break the bank? Check out these places. All seven of these eateries are reasonably priced and within walking distance of campus. Go ahead and dig in.

1. Frank's Pizzeria

This restaurant has everything from pizza to pasta and all the Italian dishes in between. Located at 198 S. Main St., Frank's provides a takeout and dine-in experience for whatever you may desire. Their famous dish is the "College Kid Heart Attack," which is fries topped with buffalo bites and cheddar or blue cheese.

Frank's hours: noon to 10 p.m. Sunday, 10:30 a.m. to 12 a.m. Monday through Thursday, 10:30 a.m. to 12 a.m. Friday, 11 to 12 a.m. Saturday.

2. Letts Eat

If you're in the mood for exotic, then this Indian eatery is the place for you. Letts Eat offers a wide range of meals including Chicken Tikka Masala and Gajar Halwa, a traditional carrot dessert. They also have a free henna tattoo night every third Friday

of the month at 6 p.m. Visit Letts Eat at 78 S. Main St.

Letts Eat hours: Sunday closed, 11 a.m. to 9 p.m. Monday through Thursday, 11 a.m. to 10 a.m. Friday, 11:30 a.m. to 10 p.m. Saturday.

3. Asian Kitchen

Flavorful and quick Chinese food that's right around the corner at 121 S. Main St. From General Tso's chicken to low mein to flat noodles, Asian Kitchen has it all. They provide delivery for a minimum of \$15, so gather up some of your friends and have a Chinese food night in.

Asian Kitchen hours: 11:30 a.m. to 10 p.m. Sunday, 10:30 a.m. to 10 p.m. Monday through Thursday, 10:30 a.m. to 10 p.m., Friday, 10:30 a.m. to 10:30 p.m. Saturday.

4. Crown Fried Chicken

Looking for a good southern dish? Then 357 S. Main St. is where you need to be. If you couldn't tell by the name, Crown Fried Chicken is known for its fried chicken dishes. The company has restaurants all across the country, and Wilkes is lucky to have one right in our neighborhood, so stop by and grab a bucket of wings.

Crown Fried Chicken hours: 9 a.m. to 3 a.m. Sunday through Thursday, 9 a.m. to 4 a.m. Friday and Saturday.

5. King of King's Gyro

In the mood for the popular Mediterranean dish than King of King's Gyros is the right place for you. Located at 37 Public Square, it meets all your Greek food needs. They serve pierogies and falafel platters. But who could forget their signature dish?: The gyro.

King of King's Gyro hours: 11:30 a.m. to 10 p.m. Sunday, 10:30 a.m. to 11 p.m. Monday through Wednesday, 10:30 a.m. to 3 a.m. Thursday through Saturday.

6. Pete's Place

This Middle Eastern restaurant has some yummy food that will keep you wanting more. Whether it's your first time or you're a repeat customer, 35 E. South St. has got you covered. Known for its kabobs and platters, give Pete's a stop by and see what it has to offer.

Pete's Place hours: Sun. and Sat. closed, Mon. thru Fri. 10 a.m. to 6 p.m.

7. The Cheesesteak Factory

This may not be Philly, but it sure does

fix that craving you have for a cheesesteak. The Cheesesteak Factory carries both cheesesteak and chicken steaks. It also has gyros and hoagies, plus mac and cheese. If you're feeling that craving coming out, head to The Cheesesteak Factory at 17 E. Market St.

The Cheesesteak Factory hours: Sunday closed, 10:30 a.m. to 7 p.m. Monday through Thursday, 10:30 a.m. to 9 p.m. Friday, 11 a.m. to 6 p.m. Saturday.



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\$13.95 + TAX

large 16" 1-topping
pizza & 2-liter soda

\$7.95 + TAX

each for 5 or more
large plain pies

\$16.95 + TAX

3 hot & cold subs
mix & match

\$20.95 + TAX

large 16" pizza & 12
cut tray sicilian pizza

\$17.95 + TAX

2 large plain pizzas
toppings extra

\$20.95 + TAX

24- cut Sicilian pizza

\$17.95 + TAX

12- cut Sicilian pizza
& 1 order of wings

\$11.95 + TAX

12-cut Sicilian pizza

\$23.95 + TAX

2 tickets to Movies
14, 1 med- 1 topping
pizza & 2 drinks

\$12.95 + TAX

small 12" 1-topping
pizza & choice of
any sub

\$18.95 + TAX

large 16" pizza, 1
sub, & an appetizer

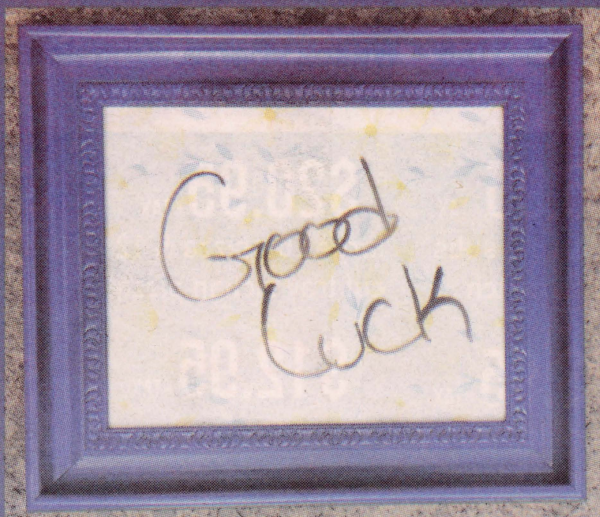
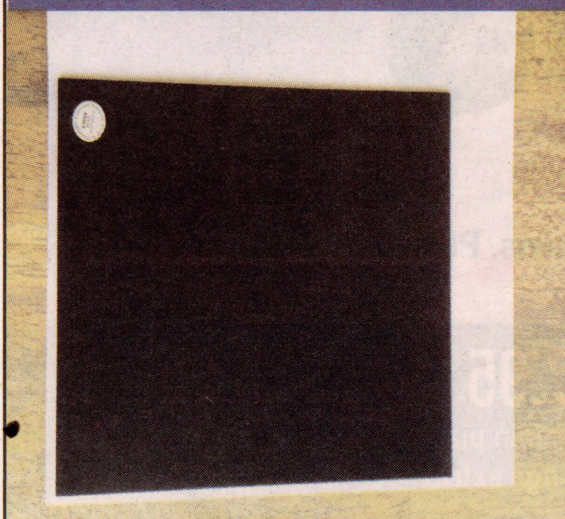
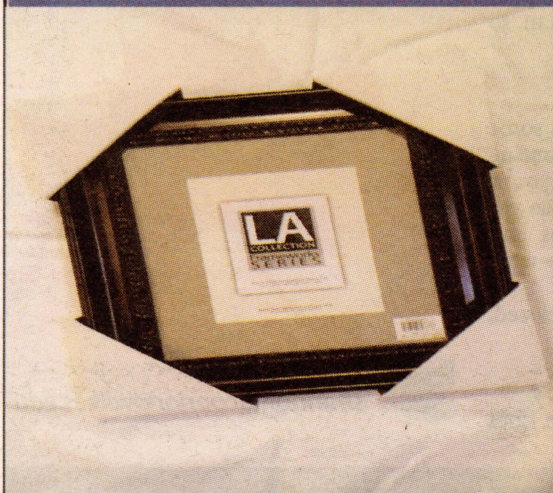
\$28.95 + TAX

3 large 1- topping
pizzas

Crafting with

MaryKate

Dry Erase Board DIY



Supplies needed:

- ♦ Old picture frame
- ♦ Garbage bag
- ♦ Spray paint
- ♦ Colored Paper
- ♦ Scissors
- ♦ Dry erase

Instructions:

1. Take the glass and backing out of a regular picture frame.
2. Place the empty frame on a garbage bag.
3. Use the spray paint to coat the top and edges of the frame.
4. Allow time to dry.
5. While the frame is drying, use the back of the frame as a template to cut a piece of paper to the correct size.
6. Once the frame is dry, replace the glass, place the paper and then lock the backing in place.
7. Hang and use dry erase markers right on the glass!

WELCOME *Fall*



The Beacon/Madison Kaminski

President Leahy's Top 7

By Amanda Bialek, *Life, Arts and Entertainment Editor*
Shannon O'Connor, *Asst. Life, Arts and Entertainment Editor*



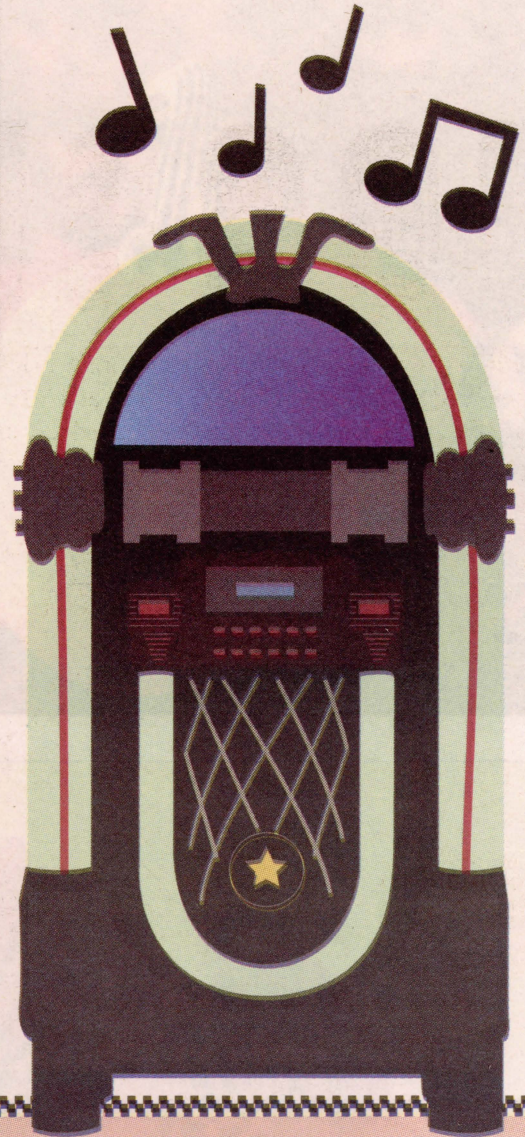
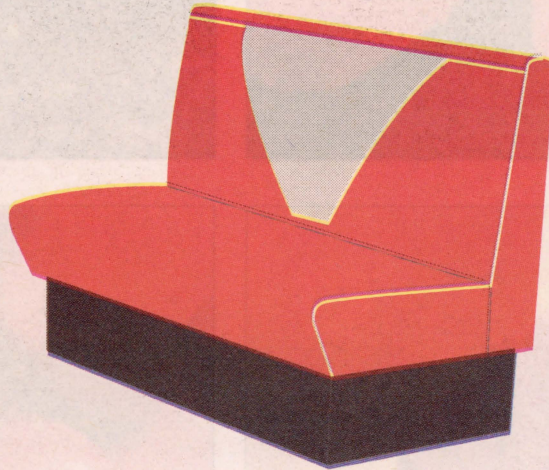
Attend breakfast with me at 9 a.m. on Saturday morning in the Henry Student Center Ballroom. There, you'll hear my State of the University address and, together, we'll engage in dialogue about our future.



Photos: The Beacon/Luke Modrovsky
Take a stroll down the beautiful Karambelas East Campus Gateway at sunset. It's a great spot from which to enjoy views of our historic campus.



Stop and grab a coffee in our totally authentic Starbucks, located in our home of the Sidhu School of Business and Leadership, the University Center on Main (UCOM).



Homecoming Schedule of Events

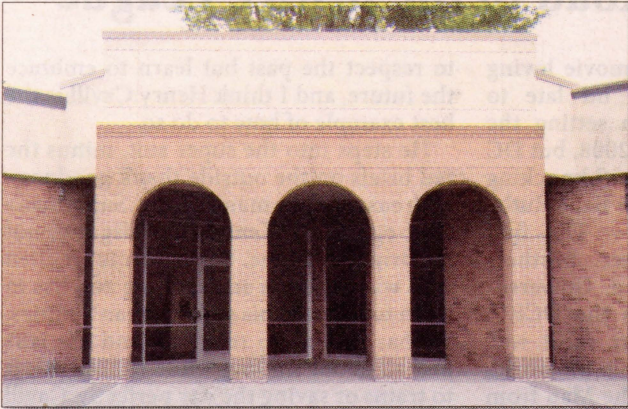
FRIDAY

- 2 p.m. Walking Tour of Campus
- 3:30 p.m. The "W Club" Reception
- 3 - 5 p.m. Environmental Engineering & Earth Sciences Gathering
- 4:30 p.m. Sordoni Art Gallery Dedication
- 5 - 7 p.m. Pints with Professors
- 7 p.m. Women's Soccer Game vs. Fairleigh Dickinson University-Florham Campus
- 7:30 - 9:30 p.m. All Reunion Party (NEW!)

SATURDAY

- 9 a.m. Breakfast with the President (NEW!)
- 10 a.m. Women's Volleyball Game vs. Lebanon Valley College
- 11 a.m. - 3 p.m. Tailgate Tent
- 1 p.m. Football game vs. Widener
- 2 p.m. Women's Volleyball Game vs. Centenary University
- 4 p.m. Manuscript Gathering
- 5 p.m. Field Hockey Game vs. DeSales University
- 6 p.m. Golden Colonels Dinner honoring the Class of 1967
- 6 - 9 p.m. Saturday Night Reunion (NEW!)
- 7 p.m. "Twist & Stout" Downtown Bar Tour
- 7 p.m. Men's Soccer Game vs. Fairleigh Dickinson University-Florham Campus

Picks for Homecoming 2017



Celebrate the rededication of the Sordoni Art Gallery in its new location at 141 South Main St. at 4:30 p.m. on Friday, Oct. 6. Be sure to see the first exhibit in this new space, "15 Minutes: from Image to Icon", which features works by Andy Warhol.



Visit the new home of our communication studies department in the Karambelas Media and Communication Center at 141 South Main St. The music you hear on the sidewalk is playing live from the WCLH radio station, which overlooks the Gateway.



Enjoy live music performed by an alumni-fronted band, The Starfires, in the newly named McHale Athletic Center on Friday night. This multi-use facility in the University Center on Main (UCOM) will also be the location for other events this Homecoming Weekend.

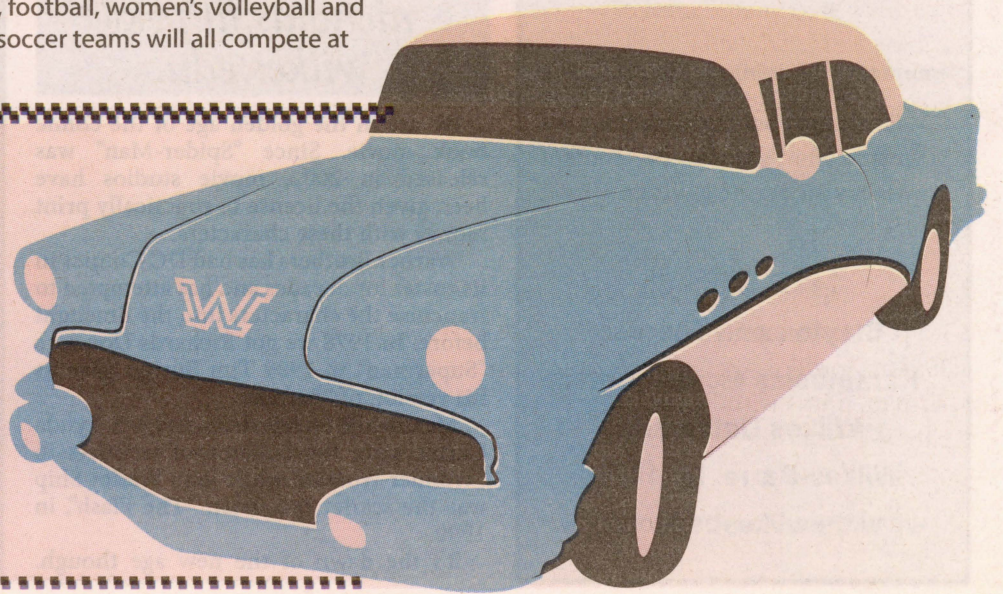
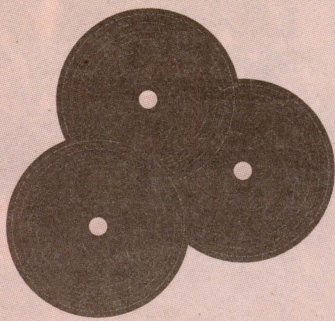


Beacon Archives

Show your Colonel spirit by cheering on our athletic teams. Field hockey, football, women's volleyball and men's and women's soccer teams will all compete at home this weekend.

SUNDAY

- 9:30 a.m. Memorial Bells Remembrance of Alumni
- 10:00 a.m. Men's Lacrosse Alumni Game
- 12:00 p.m. Women's Soccer Alumni Game



Graphics by Todd Espenshade



Opinion

Have an opinion or want to write a guest column? Contact the opinion editor: andre.spruell@wilkes.edu

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Interested in joining the Beacon?

To learn more about the positions we offer and what you can do, contact daniel.vanbrunt@wilkes.edu

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DC Comics "Extended Universe": Road to the Justice League

By Nicholas Filipek
Asst. Opinion Editor



Nick Filipek, The Beacon's resident movie buff and assistant opinion editor, will review movies each week. Want to hear about one in particular? Email Nick at: nicholas.filipek@wilkes.edu.

We are in the golden age of the comic book movie. Since "Spider-Man" was released in 2002, movie studios have been given the license to practically print money with these characters.

Warner Brothers has had DC Comics in its roster for decades and has attempted to franchise the characters into the limelight before. In 1978 we got Richards Donner's "Superman", in 1989 Tim Burton gave us his version of "Batman".

Meanwhile on television in 1975, Lynda Carter wore the bulletproof wristlets in "Wonder Woman" while John Wesley Ship was the scarlet speedster, "The Flash", in 1990.

It's the dawn of the new age though.

There is now a super hero movie loving culture, and DC/WB is a bit late to the game. Marvel has been setting the standard for the genre since 2008, but DC is stepping up to the plate and knocking out home runs as if they were Babe Ruth.

Man of Steel (2013) — The first movie to kick off Warner Brothers and DC Comics "Extended Universe", affectionately referred to as the DCEU, Man of Steel focuses on the most well known comic book character in the world, Superman. Henry Cavill ("The Man from U.N.C.L.E.", "The Immortals") does a great job bringing DC Comics oldest character into the 21st century.

It is hard not to look to the past and compare the new man of tomorrow to the 1978 silver screen version played by Christopher Reeves. Reeves portrayal is iconic and will most likely always be what future actors hope to live up to. As a new generation comes into the realm of the superhero movies though, they will have

to respect the past but learn to embrace the future, and I think Henry Cavill is the best example of how to do so.

He steps into the super suit, minus the red briefs on the outside thank goodness, with ease. Unlike many heroes, Superman's alter ego Clark Kent is the disguise, not his bright costume. Superman is an alien who was raised as an earthling and has to learn to adapt to his superhuman abilities. He has no one to relate to, and life isn't just all about smiling while running next to trains or saving the day perfectly. Cavill brings a sense of realism to this god-like character who just wants to know where he comes from, and why he was sent to Earth alone.

I adore this movie and put it high on the list of superhero flicks. This is a perfect place to start and build an entire universe off of, and who else's shoulders would you rather it sit on than Superman's?

Batman v. Superman: Dawn of Justice



JUSTICE LEAGUE

Continued

Batman v. Superman: Dawn of Justice (2016) — I remember the exact morning where I read the casting news for Ben Affleck (“Argo”, “Good Will Hunting”) to play the bat of Gotham, and rolling over wishing it never happened. To my surprise though Affleck was one of the strongest parts in that movie and absolutely crushes the role of both Bruce Wayne and The Batman.

This movie opens up on one of the final scenes from *Man of Steel*. It starts with a panicked Bruce Wayne running through Metropolis as Superman and General Zod are having a slugfest in the sky, leveling most of the city. As the vigilante billionaire comforts a little girl amidst the rubble of Wayne Tower the audience is given a clear vision of what the movie is all about.

Henry Cavill reprises his role as the hero of Metropolis that must do battle with the dark knight. This is all part of Lex Luthors’, played by Jesse Eisenberg (“Now you See Me”, “The Social Network”), plan to show the world that Superman is not who they should be putting their faith in. This is where the flick loses me, I love Jesse Eisenberg and have watched him in countless projects, but he is no Alexander Luthor. I grew up watching “Superman the Animated Series” and that version will always be the one true Lex Luthor to me. Unfortunately for me though, Jesse came nowhere close to that iteration of the character that I grew up with. He seemed more like a scared little boy than a confident man with a plan. This all is just my opinion and for all I know this is just the beginning of the arc his character will take throughout multiple movies.

I still give this movie high praise otherwise and see it as a strong entry into the “multiple superhero” film industry that they were so late to join.

Suicide Squad (2016) — Probably the most waffled over movie for fan boys, “Suicide Squad” was a play from left field that many didn’t see coming. The vision helped establish the “bigger picture” for a cinematic DC universe and also brought together a strong cast to help pull off one of the largest ensemble movies ever done in comic book cinema.

Will Smith (“I Am Legend”, “Men in Black”), Margot Robbie (“The Wolf of Wall Street”, “Focus”), Jai Courtney (“A Good Day to Die Hard”, “Divergent”), Jay Hernandez (“Crazy/Beautiful”, “Hostel”) and Adewale Akinnuoye-Agbaje (“The Bourne Identity”, “G.I. Joe: The Rise of Cobra”), play Dead Shot, Harley Quinn, Captain Boomerang and Killer Croc,

respectively, who later name themselves “The Suicide Squad”.

They are lead by Rick Flag, Joel Kinnaman (“RoboCop”, “The Killing”), with the help of Katana, Karen Fukuhara (making her film debut). They are under orders from Amanda Waller, played by the amazingly talented Viola Davis (“The Help”, “Fences”), to stop The Enchantress, aka Dr. June Moon, played by Cara Delevingne (“Paper Towns”, “Tulip Fever”), from her giant floating trash ring in the sky.

If the above line doesn’t make any sense to you, don’t worry. It confused a lot of moviegoers as well. The story gets a little convoluted in the middle and then drops all together near the very end. Director David Ayer (“Training Day”, “End of Watch”) still brings the movie as a whole in for a landing that leaves you wanting more. There have been rumors that his next project with the DCEU might not be the sequel to Suicide Squad, but a spin off called “Gotham City Sirens” which teams up Catwoman, Poison Ivy and Harley Quinn.

Wonder Woman (2017) — The latest installment from the DCEU is probably the most wonderful (pun fully intended). Gal Gadot (“Furious 7”, “Keeping Up with the Joneses”) plays the lead role of Dianna, Princess of Themyscira, so well in fact that you can hardly separate actress from role. Very few people are “born” to play characters, but it is my opinion, that Gadot is one of those examples.

After intelligence operative Steve Trevor, played by Chris Pine (“This Means War”, “Star Trek”), crash lands on paradise island, Dianna decides she must help the man who has described the war that is taking over the world. As an amazon, she believes it is her duty to stop the god of war Ares, which is the only explanation for the war in Dianna’s eyes.

She’s fierce and charming throughout the entire picture and the character Samer, played by Said Taghmaoui (“American Hustle”, “Three Kings”) sums up the entire watching experience best after watching Princess Dianna through a fella across a bar room, “I am both frightened... and aroused.”

Wonder Woman is also the biggest financial success the DCEU/WB has released, taking in over 820 million dollars worldwide. It has also just had its Blu-ray release, that promises an extra bonus scene not seen in theaters, that I’m sure will bump their profits considerably higher even.

Patty Jenkins has been officially announced as the sequels director and I can not wait to see where her and Gal Gadot take the character next.

The Justice League will hit theaters on

Nov. 17, and will bring all these characters together on the silver screen for the first time. If you just can’t wait until then, or want to know more about the team before going to the movies, the animated series “Justice League” and “Justice League Unlimited” are available on Netflix.

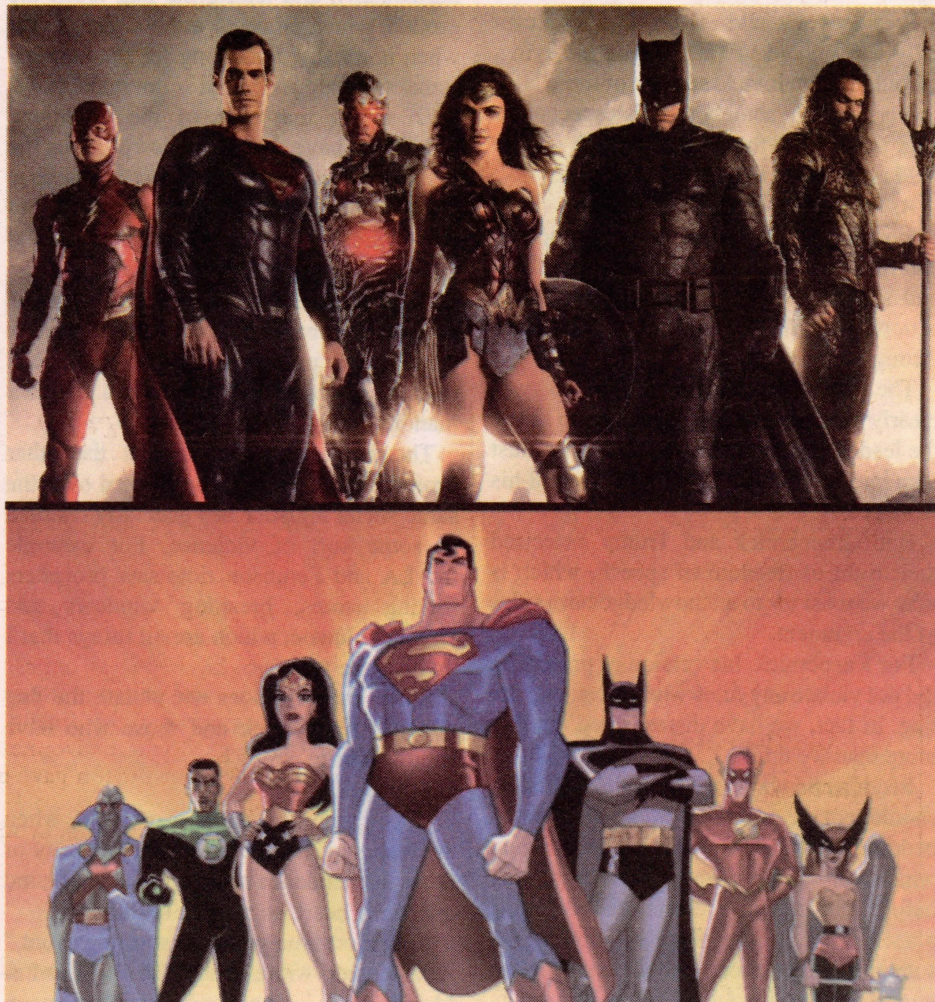
These shows are the direct reason I love DC and their characters as much as I do. The shows take the DC characters and plotlines seriously, and do an amazing job faithfully bringing them to the screen. It has an ongoing plotline rather than random one-off episodes and brings even the most obscure characters into the fold.

The Justice League animated show even premiered on the same exact day the movie is slated to release, 16 years ago, on Nov. 17, 2001. This is a brilliant move on the studios part to release the movie 16 years after its critically acclaimed animated counterpart and have even modeled the posters to look alike.

Keep on the lookout in a November issue of The Beacon for a review upon the “Justice League” release.

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Do you have opinions? Do you wish you had a platform to share them? Contact Andre Spruell to write about it and get it off your chest.



Peaceful protests creating non-peaceful outcomes

By Andre Spruell
Opinion Editor

Freedom of speech is something that we as Americans pride ourselves in, yet exercising it has sparked so much controversy.

Ex NFL quarterback Colin Kaepernick made headlines last NFL season when he took a knee while the National Anthem played. Since then, nothing has been the same.

Kaepernick taking a knee while the anthem played was viewed by many as disrespectful. When asked why he stated, "It was not an anti-american or anti-military act. It was to shine a light on the serious social issues of this country," he was quoted as saying in a New York Times piece.

His reasoning for his actions got lost in translation and kind of became forgotten about because the general public got used to it, until the leader of our country decided to make it controversial again.

President Donald Trump at a recent rally was quoted in Teen Vogue as saying, "Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say 'get that son of a bitch off the field right now. He's fired!'"

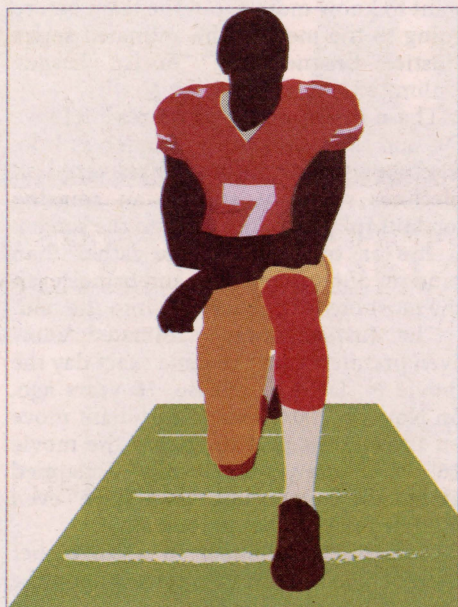
As a result, many NFL teams have responded by kneeling as a team, not entering the stadium during the anthem and standing with a fist raised up. These actions will likely continue to take place throughout the season.

The idea of freedom of speech was clearly exercised by President Trump but as the leader of a nation like the U.S., he must take into account the amount of weight his words carry.

Both Kaepernick and Trump exercised their right of freedom of speech, which is why we must try to acknowledge both sides of the argument.

For Kaepernick, his version of protesting did not violate any rules when it came to the flag. In fact, we have disrespected the flag more than we think.

Sections 8d and 8i of the code, is the flag should not be used "as wearing apparel, bedding or drapery, according to NJ.com, which was published six years ago, way before the anthem protests started taking place. Wearing the flag as clothing is something that most people have fallen victim to when the 4th of July rolls around.



Graphic by Todd Espenshade

According to Time Magazine, the U.S. flag code is violated when using the flag on athletic uniforms, carrying the flag horizontally, and letting the flag touch the ground, which all occur at NFL games. Yet when it comes to standing for the anthem, standing is suggested but is not mandatory.

To trump that side of the argument, those who have the same viewpoint as the President see it as disrespectful because standing for the anthem has been linked to those who currently serve this country and veterans who have had the same honor.

I also think that those who side with this argument probably believe that Kaepernick could have protested against the social injustices of black individuals in a different manner.

The issue with that is that the other protests that have been performed over the same social injustice has generally resulted in some sort of violence. For example the LA and Ferguson riots saw protesters looting stores, breaking windows and wreaking havoc, which are all things that I do disagree with.

Since kneeling does not violate the flag code, is Kaepernick and those who have followed suite wrong?

I think not.

If you are at a stadium or arena when the National Anthem plays, the majority of those in attendance stand up with their hand over their heart, so we like to think.

"The next time you're at sporting event," Kyle Koster, wrote in the The Big Lead in May. "Take a look around notice how many

people are locked into their phones, sipping their beer or worse during the playing of the anthem. It's impossible to know someone's inner thoughts, but the outward actions suggest someone counting the seconds until they can yell, 'play ball' instead of basking in freedoms of the First Amendment."

When the anthem is played while watching the game on TV, the average viewer just sits on their couch, waiting for the game start. If you are a big proponent of standing up for the anthem, then it should be done at all times whenever it is played, even if the flag is not physically in front of you.

There is no question that the flag is symbolic to our country, as it is to other countries and their respective flags because that cloth with our colors holds all of our morals, values and beliefs. So when we believe that someone is disrespecting the flag, it is common for people to be all up in arms.

But before we start chastising Kaepernick and those that have followed his lead, we must recognize that what they are doing is confined within legal boundaries.

This point goes back to the fact that we must do our research. I am a big believer that if someone is not knowledgeable about a certain topic, learn about it before speaking about it.

Something as simple as gathering information on a subject to gain some knowledge on it seems to not be so common. If more people just took a few minutes out of their day to get their facts right, something like getting outraged over an act of a legal, peaceful protest would cause less of an uproar.

Personally, I side with Kaepernick because if we are technically speaking, he and others that follow his lead are not violating the U.S. flag code and it is simply a peaceful means of protesting.

Frankly it is hard for me to see the light in the other side of the argument because the flag represents so much more than our soldiers, it holds our morals, values and beliefs.

If someone feels that a particular moral, value or belief is being disrespected, under the Constitution, he or she has the legal right to not stand up for what they believe in.

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Background on protests

By Brandon Belfonti
Opinion Writer

Colin Kaepernick, a black NFL quarterback, took a kneel for the first time on Sept. 1, 2016.

Three days later a white, female soccer player named Morgan Rapinoe knelt during the Star Spangled song of Mr. Kaepernick's choice. She said it was a nod of recognition. Why is it important? Mrs. Rapinoe is white. She is a female. And she has absolutely no clue what it is to be a black, male american.

This simple act of dropping to one leg became a nation-wide statement. Players and teams from high school to the professional leagues began making the same, silent statement that caused such controversy.

October 12, 2017, singer Leah Tysse was scheduled to sing the national anthem before a professional basketball game. As the first words came out of Mrs. Tysse's mouth she, a white woman, took a kneel as she sang our nation's most meaningful words.

The sequenced acts above are not the only ones that have occurred throughout the last year or so, but they are the most important. They led us to what happened at a political rally in Huntsville, Alabama just a few days ago on September 22.

Our president, Donald Trump, turned a rally meant for talk of tax and healthcare into one of race. One that it is still extremely sensitive after Charlottesville. One that seems to be everlasting as long as he sits in office. One that, somehow, still has an impact on our country.

The following days consisted of a barrage of tweets between the President and various pro-athletes throughout the nation.

This sparked a fury of action across the NFL. Every team performed some display of protest in one way or another.

The fury was so great that according to the NY Post, some fans were actually booing the players for protesting while the anthem was playing.

Although most of the camera shots were on the players during the playing of the anthem, in some games you could hear boo's in the background, particularly during the last Monday night Cowboys game.

As for the future of these National Anthem protests, it is difficult to predict what will happen because only time will tell us what will happen.

Meet the Majors

This week's major: Sociology

Interviews and photos by
Abigail Tareay
Opinion Writer

Every week, The Beacon will offer a chance for majors to be placed in the spotlight. Each student that gets chosen will have a few words to express why they chose the major and how they feel it will benefit them in the future.



Ymari Williams (left)
Junior

"I choose this major because it allows me to help people that are in need of guidance, to give them that extra push and to also supply them with the resources in order to get on the right path in life.

It will help me by knowing that I could possibly be making a difference in people's lives."

Esperanza Torres (right)
Senior

"I choose my major, because I always found law interesting. I as well alway liked working with youth, so in highschool when I had the opportunity to speak with a juvenile probation officer, it inspired me and I never regretted it.

I intend to continue my education right after graduation, and see where life takes me."



Online classes begin to make traditional classrooms obsolete

By Savannah Pinnock
Staff Writer

Within the current era of technological advancements and an influx of information technology, the nature of academia has experienced a drastic shift.

This shift has contributed to the ability to receive an accredited education without the means of a traditional classroom setting. In fact, an increased number of students are enrolling in online classes, which has proven to be greatly beneficial as well as detrimental, in a few respects. As it pertains to a traditional education, students often have a daily class schedule and receive instruction from their educators. There are a myriad of pros to this form of education.

Students who are more inclined to lose focus and require a stricter education often find that traditional classes suit their needs in particular.

In a case in which a student is evaluating whether traditional classes are suitable for them, it is necessary to take their learning styles into consideration. Also, traditional classes increase the likelihood that a

student will stay on task as there is little to no room for late assignments and leniency in regard to due dates.

Within a traditional class setting, students are also given the ability to engage with their professors on a student to professor level, which is dependent on the class size. The professor to student ratio as well as the class size is often necessary in considering whether this pro is actually a con.

Traditional classes also give the student the ability to be less distracted, if they would like to be. If a student is prone to social engagements with other students, it is a personal decision that can easily take away from the benefit of a traditional education.

On another note, online classes provide students with the ability to learn within any setting or context in which they desire, which is highly beneficial or detrimental to the student depending on their extra curricular lifestyles.

In my opinion, online classes are beginning to make the traditional education obsolete, as their pros greatly outweigh their cons. Within a traditional class setting, notions of flexibility, motivation,

distractions, and social engagement are dependent on other factors and often vague in regard to whether they are truly beneficial or detrimental in these respects.

Online classes prove to be quite clear in their potential to benefit the student in question.

As it pertains to flexibility, students have the ability to structure their education in ways that suit their often demanding schedules. Also, self motivated students who are not phased by the concept of having more limited social engagements may find this form of education greatly beneficial.

The sole con of taking an online course lies around the premise of distractions. Distractions may manifest themselves in procrastination due to the larger window of time to turn in assignments. It may also come in the form of focusing on extra curricular activities such as work and entertainment to the detriment of the students education.

With that being said, online classes are still by far the most suitable form of education. In fact, according to a study from the U.S Department of Education, "students who took all or part of their instruction online performed better on average than

those taking the same course through face-to-face instruction."

So when considering whether an online versus traditional class would be more beneficial for you, take your study habits into consideration as well as the the fact that online classes are known to be better than traditional classes.

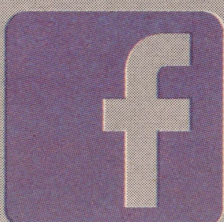
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you'd like to share?
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Sports

Want your sport covered? Deserve to be Athlete of the Week? Contact the sports editor: Luke.Modrovsky@wilkes.edu

INTRAMURALS, Continued from front page

Although Doyle is optimistic that he can help mold the campus environment through intramurals, Doyle is realistic that students are usually weary when it comes to joining them.

"There seems to be a misconception that if you play intramurals that it will take up a lot of your time and that you're making a big commitment," Doyle said. But Doyle helped to clarify this misconception, stating, "In reality, you're only making a commitment to a couple hours a week at night to play a game with your friends."

In addition to being the new director for intramurals, Doyle is also the assistant coach for the men's basketball team here on campus, which could pose some challenges. But according to Doyle, being organized is the key to managing these two positions.

"Balancing my intramural duties with being the assistant basketball coach, at first you would think would be challenging, but I really strive to plan ahead and keep everything organized so I haven't had much trouble yet," explained Doyle. "I think it's all about time management and organization when it comes to balancing these two duties."

Besides being the new director, Doyle notes that it is really the players that shape the program.

When it comes to soccer, junior Ethan Lauck and fifth-year senior Zackery Spears are both grateful for the opportunities they've had to play intramural soccer.

According to Lauck, who's played intramural soccer every semester, it has allowed him to get out of his dorm and away from the books. Lauck also notes that intramurals tend to have the misconception of lacking competitiveness, but he argues that the games can be as competitive as the team desires.

"To those who are on the fence, I would say show up to a game and see if you would like it and ask to join a team," Lauck said. "Most teams would be more than happy to make room; I know mine would be if asked."

In addition to Lauck, Spears also emphasizes the benefits of joining an intramural team.

Spears notes that individuals might think that it could be difficult to join and could be fearful of not having a friend to join with them.

"You can join and be put on a random team, that's what I actually did during my freshman year, and made friends with the people on my team that I still keep in contact with and play with today," Spears specified.

To students on the fence, Spears encourages

Wilkes Women's volleyball set more personal records

By Ashton Gyenizs
Staff Writer

Wilkes women's volleyball losing streak continues as multiple players set personal career highs in different areas of play.

The team's losing streak increases to seven losses after games against Fairleigh Dickinson University-Florham Campus, Penn State Behrend and Penn State Altoona. The Lady Colonels lost two sets to three, one to three and one to three, respectively.

In their home game Wednesday, FDU-Florham came to the Arnaud C. Marts center to meet Wilkes women's volleyball.

The first set went in favor of Wilkes, 25-18. FDU took the next two sets 25-18 and 25-20. Wilkes took the fourth set 25-21, but fell short as FDU-Florham took the win in the fifth set with a 15-8 victory over Wilkes.

"After the tough loss against FDU, we continue to work on our basic skills to build confidence, enabling us to find those key points that win close matches," said women's volleyball Head Coach Joseph Czopek.

Despite the loss, some of the Lady Colonels set some career-highs in different areas of play. Sophomores Jamey Mikovich and Juliet Betke both had great games. Mikovich set a career-high with 21 kills, while Betke earned herself a career-high of 30 digs.

"Jamey and Juliet, as well as others on the team, continue to grow through this season and set personal bests," said Coach Czopek. "Because of their hard work in practice, the coaching staff hopes the trend of career highs continues."

This loss would make their record 4-11 and 0-3 in the MAC Freedom conference until they travelled to Penn State Altoona

them to join and make friends with whatever team they're put on and to enjoy playing the sport.

Overall, intramurals give students an opportunity to be involved on campus, take

with match-ups against both Penn State Altoona and Penn State Behrend. Neither of the Wilkes women's volleyball games on Saturday went in favor of the Lady Colonels.

The team started off strong winning the first set of their matchup against Penn State Behrend 25-21, but the rest of the match was all Penn State Behrend. Penn State

Behrend took the second, third and fourth sets 25-16, 25-15 and 25-20 respectively.

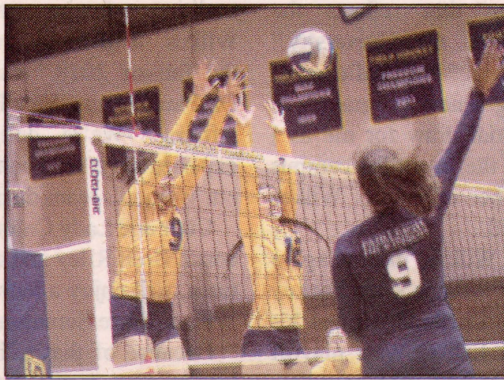
In this game, senior Kayley Schinski tied a previous career high of 12 kills and freshman Erin Silverman set her own personal record of five assists as the Lady Colonels moved on to their final game of the week which would be played against Penn State Altoona.

Penn State Altoona took the early lead winning the first set 27-

25, but Wilkes answered back by taking the second set, 25-11. The team suffered loss number 13 of the season as Penn State Altoona took sets three and four 25-23 and 25-20, respectively.

This game also continued the trend of new career-highs for Wilkes women's volleyball. Sophomore Alex Ferrier set a career high of eight digs in this matchup. Senior Madison Scarfaro set her own personal record with 12 digs. Mikovich also set a career best of 27 digs and earned herself her seventh double-double of the season with 18 kills. Schinski also tied her career high of 10 digs.

With a record of 4-13, Lady Colonel volleyball look to break their seven game losing streak as they head to King's College for a matchup Tuesday, Oct. 3.



The Beacon/ Sean Connelly

Senior Jamey Mikovich (9) and sophomore Michele Natale (12) attempt to block an FDU-Florham attack from junior Lauren Harris (9).

Men's soccer victorious in MAC Freedom opener

By Alex Kielar
Staff Writer

With a record of 5-5, the Wilkes men's soccer team has had an up and down season so far.

The Colonels opened up the season strong with an impressive 3-2 overtime victory over Penn State Berks. They would then go on to lose four of the next five, unable to find the back of the net in either of their losses. In their lone victory in those five games, they scored five times against the University of Valley Forge in their first road contest.

The Colonels bounced back in their next contest in their return home after four straight road games, with their second overtime victory of the season over Susquehanna University, 1-0. Junior Camry Huff scored the goal just over two minutes into overtime.

"Getting the game-winning overtime goal against Susquehanna was such a surreal feeling," Camry said. "I normally try to celebrate after a goal but I was just stunned that I got an opportunity like that, that I didn't know what to do."

Huff would be a huge part of the offense in the Colonels next game at Stevenson, assisting or scoring on all three Colonel goals in a 3-0 victory. Tim Gallagher was also a huge part of the two straight shutout victories as he recorded five saves against Susquehanna and six saves against Stevenson.

"As a team is approaching the net I usually scan the field to make sure that the other attacking players are being covered," Gallagher said. "I try to communicate with my teammates in order for us to be on the same page. I try to remain in an athletic position so I can react to the oppositions play."

The Colonels opened Middle Atlantic Conference Freedom play at Delaware Valley with a 3-2 victory on Saturday, improving to 5-5 on the season. Camry Huff continued his impressive start to the season, scoring two of the Colonels' three goals. Tim Gallagher came up with one save in the victory.

Huff said the goals of the team are to keep improving every game, get some conference wins under their belt, make a push for the playoffs and win more games than the past couple seasons. Huff points to a few key injuries the Colonels have been plagued with.

"I feel that if we weren't plagued with injuries to key players we would be doing a lot better," Huff said. "But we are showing adversity and toughing it out and winning big games."

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a break from academics and to make long-lasting friendships while playing a sport that they love or will grow to love.

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New women's ice hockey coach hired, program growing

Program back on track to begin play during 2018-19 academic year

By Luke Modrovsky
Sports Editor

On Aug. 3, Wilkes announced the delay of its NCAA Division III women's ice hockey program. After a stagnant period of a month and a half, Wilkes has now named Earl Utter as the new head coach.

On Sept. 26, the era officially turned from the Stephanie Newmark to the Earl Utter, as Utter's hiring was made official. Newmark was initially hired as the Lady Colonels first head coach, but was not able to meet roster requirements for the program.

On Aug. 29, 2016 Wilkes University President Dr. Patrick Leahy announced the addition of both men's and women's ice hockey programs with each sport to initially open competition in 2017-18. Both programs suffered setbacks leading to their delayed started.

On that August day, Leahy also confirmed his own enthusiasm saying, "I've always

said the most fun I've ever had was at a college ice hockey game."

The hiring of Utter will allow him to have a full year of recruiting in order for Wilkes to prepare for its first season of competition. In the hiring, the athletic department has hopes that Utter will be able to recruit and fill a roster.

"I would like to thank everyone involved in the hiring process and look forward to collaborating with the entire Wilkes University team to build an ice hockey program that reflects the values of the University," Utter said. "The challenge of starting a new program was the initial draw for me as I

was impressed with the beautiful campus setting and the number of majors Wilkes has to offer," he added.

Utter comes to Wilkes following a nine-year stint as the women's ice hockey head coach at SUNY Cortland. He led his team to two straight ECAC West playoff appearances in 2014-15 and 2015-16 where the Red Dragons combined for 19 wins.

Utter also had a highly successful run as the men's ice hockey coach at Morrisville State from 1997-2007. His overall record totaled an impressive 177-60-13. During his tenure, he also lead the Mustangs in a transition from the NJCAA (junior college) to NCAA Division III status.

"A new hockey tradition begins at Wilkes University in the fall of 2018," said Dr. Paul Adams, Vice President for Student Affairs. "We're delighted to have as experienced a head coach as Earl Utter lead our women's team during our first season."

Utter and Lady Colonels, along with head coach Brett Riley and the men's ice hockey team, will enjoy a loose affiliation with the Wilkes-Barre/Scranton Penguins.

Because of that affiliation, both Wilkes ice hockey teams will call the Toyota SportsPlex at Coal Street Park home

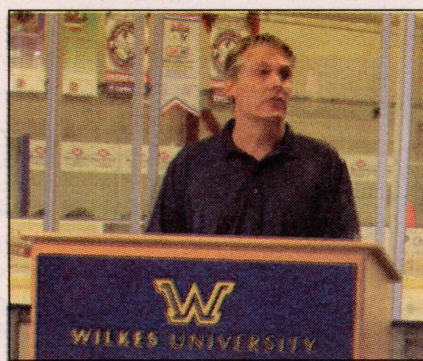
for practices and games. The Toyota SportsPlex serves as the practice facility of the Wilkes-Barre/Scranton Penguins.

"When I toured the Toyota SportsPlex I was overwhelmed with the hospitality from the Penguin representatives and their willingness to assist the Wilkes ice hockey programs," said Utter.

Utter also said he looks forward to

Beacon Archives

President Leahy addresses the media on Aug. 29, 2016.



working with new Lady Colonels in his role as team leader.

"I enjoy being a positive influence in the lives of young people," Utter explained. "Mentoring student-athletes as they bridge the gap from high school into adulthood is an awesome responsibility and a truly rewarding experience that I hope to provide to our Wilkes student-athletes," he added.

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Wilkes Fall Sports Schedules

Field Hockey

x-9/2 vs. Susquehanna, L 3-4 (OT)
x-9/3 vs. Ithaca, L 1-2
9/6 vs. Marywood, W 4-3 (OT)
9/9 @ Arcadia, L 2-5
9/13 vs. Keystone, W 4-0
9/16 vs. Alvernia, L 1-4
9/19 vs. Moravian, W 4-3
*9/23 @ Eastern, L 0-5
9/26 @ U. of Scranton, L 3-5
*9/30 @ FDU-Florham, L 2-3
10/4 vs. Elizabethtown, 7:00 P.M.
*10/7 vs. Desales, 5:00 P.M.
10/11 @ Widener, 7:00 P.M.
*10/14 vs. Manhattanville, 12:00 P.M.
*10/18 @ King's, 7:00 P.M.
*10/21 vs. Del. Valley, 11:30 A.M.
*10/26 vs. Misericordia, 7:00 P.M.
*MAC Freedom
x-Connie Harnum Classic (4th place)
Record: 3-7 (MAC-F 0-2)
Home games @ Schmidt Stadium

Football

9/2 @ Muhlenberg, L 19-62
*9/9 vs. Lebanon Valley, L 0-36
*9/15 vs. Delaware Valley, L 14-34
*9/23 @ Misericordia, L 14-43
*9/30 @ Lycoming, L 7-34
*x-10/7 vs. Widener, 1:00 P.M.
*10/21 @ FDU-Florham, 1:00 P.M.
*10/28 @ Albright, 1:00 P.M.
*11/4 vs. Stevenson, 12:00 P.M.
*y-11/11 @ King's, 12:00 P.M.
*MAC
x-Homecoming
y-Mayor's Cup
Record: 0-5 (MAC 0-4)
Home games @ Schmidt Stadium

Results as of 9/30

Men's Soccer

9/1 vs. PSU-Berks, W 3-2 (OT)
9/3 vs. Marywood, L 0-1
9/5 @ Valley Forge, W 5-0
9/9 @ Moravian, L 0-1
9/14 @ Summit, L 0-2
9/16 @ Lebanon Valley, L 0-4
9/20 vs. Susquehanna, W 1-0 (OT)
9/23 vs. Stevenson, W 3-0
9/27 @ U. of Scranton, L 0-3
*9/30 @ Delaware Valley, W 3-2
10/4 vs. Lancaster Bible, 4:00 P.M.
*10/7 vs. FDU-Florham, 7:00 P.M.
*10/11 vs. King's, 7:00 P.M.
*10/14 @ Desales, 3:00 P.M.
*10/17 @ Misericordia, 7:00 P.M.
*10/21 vs. Eastern, 2:00 P.M.
10/25 vs. Penn College, 7:00 P.M.
*10/28 @ Manhattanville, 3:30 P.M.
*MAC Freedom
Record: 5-5 (MAC-Free. 1-0)
Home matches @ Schmidt Stadium

Women's Soccer

9/1 vs. PSU-Berks, T 1-1 (2OT)
9/4 vs. Muhlenberg, W 2-1
9/9 @ Marywood, W 5-3
9/13 vs. William Patterson, W 1-0
9/16 vs. Penn College, W 3-0
9/20 @ Susquehanna, L 0-1
9/23 vs. Arcadia, W 1-0
9/26 @ U. of Scranton, T 0-0 (2OT)
*9/29 @ Delaware Valley, W 2-0
10/3 @ Stockton, 5:00 P.M.
*10/6 vs. FDU-Florham, 7:00 P.M.
*10/10 vs. King's, 4:30 P.M.
*10/14 @ Desales, 1:00 P.M.
*10/18 @ Misericordia, 6:30 P.M.
*10/21 vs. Eastern, 4:30 P.M.
10/24 @ SUNY-Cortland, 7:00 P.M.
*10/28 @ Manhattanville, 1:00 P.M.
*MAC Freedom
Record: 6-1-2 (MAC-Free. 1-0)
Home matches @ Schmidt Stadium

Colonel athletics in brief

By Alex Kielar
Staff Writer

Sept. 25

WTEN: The Lady Colonels concluded ITA Southeast Regional play hosted by the University of Mary Washington. Sophomore Dana Saliyev won in singles play in the first round 5-7, 6-1, 1-0, but then fell 6-2, 6-2 in the quarterfinals. Junior Jordan Vasarkovy went on to the singles championship but dropped both her matches. Sophomore Laura Zielinski dropped her opening match 6-1, 2-6, 1-0, and would make it to the consolation finals. Doubles team Saliyev and Vasarkovy would upset second seed Annika Kezman and Julia Kwedi of Salisbury in the championship bracket, 9-7, but would then fall 8-2 in the round of 16.

Sept. 26

WSOC: In its first game as a regionally ranked team since 2013, the Lady Colonels took on the University of Scranton. They would play the Royals to a 0-0 draw after double-overtime didn't produce a winner. Goalie Courtney Stanley earned her third shutout of the season, and the Lady Colonels held a 12-6 shot advantage and a 5-1 shots-on-goal advantage.

FH: A comeback sparked by Sophomore Sarah Smith in the 47th minute would fall short as the Lady Colonels fell to the University

of Scranton, 5-3. Smith was the first of three second-half goals for Wilkes. Junior Megan Kane, and freshman Maddie Kelley, with her first career goal, made the other two goals in the 67th and 70th minutes, respectively. Freshman Sarah Weisenfluh made eight goals in the defeat.

Sept. 27

MSOC: After winning two straight against Susquehanna and Stevenson, the Colonels would fail to find the back of the net in a 3-0 defeat at the University of Scranton. The Royals were able to get by goalie Tim Gallagher at 21:04, 30:19, and 31:00 in the victory.

WVB: In a hard fought battle with FDU-Florham, the Lady Colonels would fall in five sets, 25-18, 18-25, 20-25, 25-21, and 8-15. Sophomore Jamey Mikovich set a career high in kills with 21 and sophomore Juliet Betke set a career high in digs with 30.

Sept. 29

WSOC: The Lady Colonels capitalized on two corner kicks, one very early in the game, and the second in the 26th minute to outlast Delaware Valley 2-0. The first kick by senior Elena Denger, after being headed by two Aggie defenders, was headed in by freshman Elise Brubaker. Sophomore Haley Evans played in the second kick near freshman Catherine Gregoire, as an Aggie defender headed the ball out. Luckily enough, the ball went right

to a waiting Denger, who shot the ball in from seven yards out, for her second goal on the season.

Sept. 30

FH: Two first half goals by junior Haley Gayoski and junior Megan Kane were not enough for the Lady Colonels, as FDU-Florham scores three unanswered goals in the second half to come up with a 3-2 victory.

MXC/WXC: Men's cross country team finishes 13th of 22 and Women's cross country team finishes 21st of 25. Sophomore Franco Balbuena leads the way for the men's side finishing 33rd overall, freshman Autumn Pedron finishes 121st overall to lead the Lady Colonels.

FB: Wade Rippeon finishes 17-of-28 for 112 yards, Shane Deemer rushes 15 times for 43 yards and one score, Garrett Armstrong goes for three catches for 25 yards, as the Colonels fall to Lycoming 34-7. Jordan Stiles and Bud Moyer lead the defense with 9 tackles and 8 tackles, respectively.

MTEN: The Colonels sweep Penn College in men's tennis 9-0. Chris Maderitz opened the scoring for the Colonels with a 6-0, 6-0 victory. Ryan Simon followed with a clean sweep, Alec Levin then got the third victory. Jack Maline, Mark Ellis, and Matt Angara rounded out the victories.

WTEN: Jordan Vasarkovy opened up

scoring for the Lady Colonels with a 6-0, 6-0 victory. Also scoring in the sweep were Francesca Varela-Seri, Brittany Stanton, Sarah Malone, Courtney McCowan, and Nicole Gaetani.

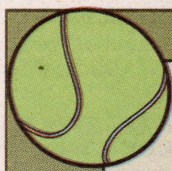
MSOC: The Colonels opened up MAC Freedom play at Delaware Valley with a 3-2 victory. Junior Camry Huff continued his impressive start to the season, scoring two of the Colonels' three goals. Tim Gallagher came up with one save in the victory.

MGOLF: Senior Alex Anderson leads all scorers with a match-low score of 82 in the Colonel's 364-384 victory over Penn State Wilkes-Barre.

WVB: Lady Colonel's fall to Penn State Behrend in their first matchup of the day 25-21, 16-25, 15-25 and 20-25. The team also dropped another close matchup to Penn State Altoona 25-27, 25-11, 23-25 and 20-25. Senior Alexis Morgan tallied 21 assists and 10 digs for a double-double against PSU-Behrend.

Note: Check out "Colonels for Pediatric Cancer Night" hosted by Wilkes women's volleyball during their home match against Lancaster Bible College on Oct. 5. First serve is scheduled for 7:00 p.m.

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Wilkes Fall Sports Schedules

Men's Tennis

9/16 vs. Keystone, W 9-0
vs. Messiah, W 9-0
9/16 & 9/17 @ Bloomsburg Tourney
9/30 vs. Penn College, W 9-0
9/30 & 10/1 @ ITA Regionals
10/21 & 10/22 @ MAC
Individual Tournament
(@ Ralston Athletic Complex)
Record: 3-0

Women's Tennis

9/16 vs. Messiah, W 9-0
9/23-9/25 @ ITA Regionals
9/30 vs. Penn College, W 9-0
10/3 @ U. of Scranton, 4:00 P.M.
10/14 & 10/15 @ MAC
Individual Tournament
(@ Ralston Athletic Complex)
Home matches @ Ralston Athletic Complex
Record: 2-0

Results as of 9/30

Men's Cross Country

9/1 @ Misericordia Invite (7th place)
9/9 @ Dutch. Invite (8th place)
9/23 @ Aggie Open (9th place)
9/30 @ Dickinson Short-Long Invite (21st place)
10/7 @ Desales Invitational
10/14 @ Gettysburg Invitational
10/28 @ MAC Championships
(Delaware Valley)
11/11 @ NCAA Mid-east Regional,
(Newville, PA)

Women's Cross Country

9/1 @ Misericordia Invite (8th place)
9/9 @ Dutch. Invite (6th place)
9/23 @ Aggie Open (4th place)
9/30 @ Dickinson Short-Long Invite (13th place)
10/7 @ Desales Invitational
10/14 @ Gettysburg Invitational
10/28 @ MAC Championships
(Delaware Valley)
11/11 @ NCAA Mid-east Regional,
(Newville, PA)

Women's Volleyball

x-9/2 vs. Widener, L 0-3
vs. Bridgewater, L 0-3
x-9/3 vs. Wesley, L 1-3
vs. Simpson, L 0-3
9/7 vs. Clarks Summit, W 3-1
9/9 vs. Haverford, L 0-3
vs. PSU-Berks, W 3-0
*9/13 vs. Eastern, L 1-3
9/16 vs. Immaculata, W 3-0
vs. PSU-Harrisburg, W 3-2
*9/19 @ Manhattanville, L 2-3
9/21 @ Moravian, L 0-3
9/23 vs. Wesley, L 0-3
@ Rutgers-Camden, L 2-3
*9/27 vs. FDU-Florham, L 2-3
9/30 vs. PSU-Behrend, L 1-3
@ PSU-Altoona, L 1-3
*10/3 @ King's, 7:00 P.M.
10/5 vs. Lancaster Bible, 7:00 P.M.

Women's Volleyball

(cont'd)

10/7 vs. Lebanon Valley, 10:00 A.M.
vs. Centenary, 2:00 P.M.
10/9 vs. Marywood, 7:00 P.M.
*10/11 vs. Desales, 7:00 P.M.
*10/17 @ Delaware Valley, 7:00 P.M.
y-10/20 vs. Morrisville State, 4:00 P.M.
y-vs. Catholic Uni. of America, 6:00 P.M.
y-10/21 vs. Kean, 10:00 A.M.
y-vs. Moravian, 2:00 P.M.
*10/25 vs. Misericordia, 7:00 P.M.
10/28 vs. Rutgers-Camden 11:00 A.M.
vs. Utica, 3:00 P.M.
*MAC Freedom
x- Puerto Rico Clasico
y-Colonel Clash Tournament
Home matches @ Marts Center
Record: 4-13 (MAC-F 0-3)



Getting to know...

Alex Anderson

Senior Golfer



The Beacon/Nicole Gaetani

The Beacon: Male Athlete of the Week 9/18-9/24

Why Alex Anderson was selected: Anderson shot a 76 against Misericordia to take Medalist Honors, which was the best score out of all the golfers of the match, helping the team remain undefeated as they take on MAC Freedom play.

Name: Alex Anderson

Year: Senior

Major: Biology

Hometown: Bear Creek Township, Pa.

High School: Coughlin HS

Driving force for your decision to come to Wilkes?

Wilkes gave me an opportunity to major in a very established biology program whereas other schools that had offered me golf scholarships did not. On top of that, Wilkes is close to home and makes me feel at home as well.

Post graduation plans in terms of a career?

I hope to one day be a dentist specializing in perio- and endodontistry.

Favorite building on campus?

Cohen or the library.

If we put jolly ranchers into a container, how many do you think you could lift?
Probably 200-300, don't underestimate Jolly Ranchers.

What came first? The chicken or the egg?

Rooster, then chicken, then egg.

Hopes for this season as a Colonel?

As a team we hope to stay undefeated after our win last week against Misericordia. As long as we keep playing well and posting good scores the sky's the limit.

When/Why did you first begin playing?

I first started when I was 5. Golf has always been a huge part of my life and I owe it all to my family for supporting me and giving me the opportunity to play. If it was not for them I would not be where I am today.

What does "Be Colonel" mean to you?

"Be Colonel" to me means going above what is expected out of someone you would think of as a typical college student.

Coke or Pepsi?

Pepsi

If you had to choose one thing about your

program that you could improve, what would it be?

One thing I would want to change is how the program is viewed. Not many people believe it, but golf is extremely mentally and physically straining and I think golf deserves more respect in general. All too often I still hear "Wilkes has a golf team?"

Other interests or hobbies off the field?

I frequently go to Bart and Urby's wing night, consume way too much Dunkin Donuts, and grow glorious mustaches.

Most influential person in your life?

Definitely my pop. He is no doubt my best friend. Whether we are going for breakfast before the sun is up or sitting and talking together, I look forward to every moment with him.

A quote you live your life by?

"You miss 100% of the shots you don't take - Wayne Gretzky" -Michael Scott

What does "Be Colonel" mean to you?

"Be Colonel" to me means going above what is expected out of someone you would think of as a typical college student.

If you could have dinner with a famous person from the past, who would it be?

Definitely Benjamin Franklin.

Coke or Pepsi?

Pepsi

Favorite meal to eat on campus?

Lucky Charms from the SUB (2% milk).

Favorite professor?

Dr. Biggers

Anyone to give a shout-out to?

Kate Jimison, you still owe me an Olive Garden date.

-Compiled by Amber Grohowski

Getting to know...

Megan Kane

Junior Field Hockey Player

The Beacon: Female Athlete of the Week 9/18-9/24

Why Megan Kane was selected: Kane had two goals against Moravian in a 4-3 victory for the Colonels, giving the team momentum going into their conference opener a few days later.

Name: Megan Kane

Year: Junior

Major: Elementary and Special Education

Minor: Reading

Hometown: Kingston, Pa.

High School: Wyoming Valley West HS

Position: Forward/Mid

Driving force for your decision to come to Wilkes?

Wilkes University has a great teacher education program, it is close to home, and I absolutely loved the field hockey team and coaching staff when I visited.

Post graduation plans in terms of a career?

After graduation, I hope to get a permanent teaching job and I plan to continue my education towards a master's degree.

Favorite building on campus?

My favorite building on campus is Breiseth. All of my education classes are there, so that is where I spend most of my time.

What came first? The chicken or the egg?

The chicken.

Hopes for this season as a Colonel?

My hopes for this season is to work our way into the MAC playoffs and win a MAC title! Our team connection on and off the field is so strong, and we have the intensity and talent to do it.

When/Why did you first begin playing?

I attended field hockey camps starting in 4th grade, and have loved the game ever since.

Other interests or hobbies off of the field?

I enjoy eating, random road trips, and cuddling with my cats.

Most influential person in your life?

The most influential person in my life is my mom. She is the most loving and supportive person I have ever met, and I am so lucky to be able to call her my mom.

A quote you live your life by?

"Live for the moments you can't put into words."

What does "Be Colonel" mean to you?

To me, "Be Colonel" means to be the best version of yourself.

Coke or Pepsi?

Pepsi for sure.

Favorite meal to eat on campus?

A spinach chicken caesar wrap from the POD.

Favorite professor?

There is no way I can pick a favorite professor. All the education department professors are phenomenal!

Anyone to give a shout-out to?

Special shout-out to my WUFH teammates, who are also my best friends. I wouldn't want to spend my college years with anyone else.

-Compiled by Amber Grohowski



Editor's note: This year's Athlete of the Week will be merit-based. Don't agree with our selection? Let us know on Twitter: @WilkesBeacon

Additionally, at the end of the academic year, we will post a reader poll to crown an "Athlete of the Year".

Full qualification criteria and more information can be found on our website: www.thewilkesbeacon.com

The Beacon/Nicole Gaetan



THE BEACON

The news of today reported by the journalists of tomorrow.

BEACON HIRES: WRITERS, PHOTOGRAPHERS, EDITORS

By:
Staff Writer

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This could be you!

If you have a passion for writing, design, or photography, join us!

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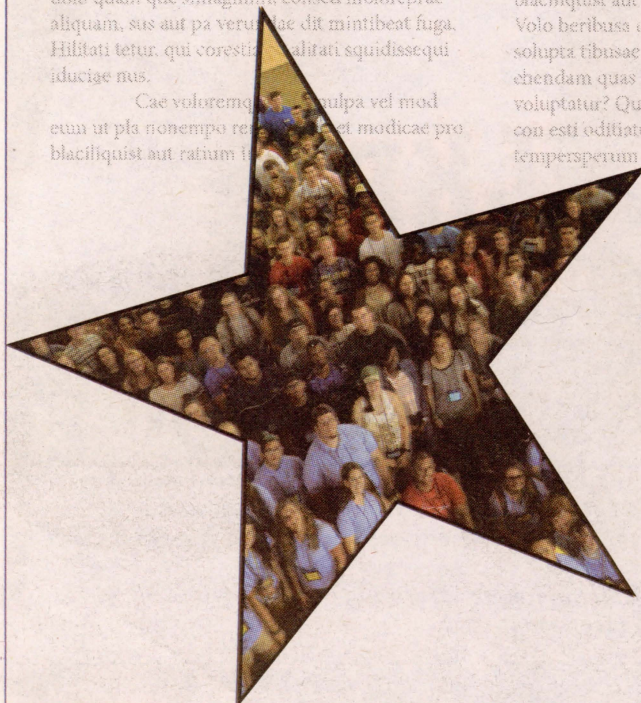
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Contact:

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toniann.pennello@wilkes.edu

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**Freshmen and all majors
welcome!**