The Beacon - March 28, 2017

W THE BEACON

The news of today reported by the journalists of tomorrow.

Students hit the beach at Spring Fling See more on pages 12 and 13

The Beacon/Gabby Glins

News

Have a breaking story or a press release to send? Contact the news editor: alyssa.mursch@wilkes.edu

Beacon Briefs

Law Day

Students hoping to become lawyers can join others in the Henry Student Center Ballroom on Tuesday, March 28 for the annual Law Day. Registration and refreshments will begin at 8:30 a.m, and the Keynote Address will be given by Ed Ciarimboli, Esq. at 9 a.m., followed by two panels about preparing for law school and becoming a successful lawyer. Contact Dr. Kyle L. Kreider at kyle. kreider@wilkes.edu or ext. 4473 with questions.

First Floor SLC Hallway Closed for Construction

Since the end of the day on Friday, March 10, the first floor east hallway of Stark Learning Center has been closed for RACP construction. The hallway will remain closed until further notice when construction is completed. In addition, the first floor west hallway is now wheelchair accessible. For use of the freight elevator, please contact Facilities at 570-408-2349 for access and assistance.

Recycle Inter-Office Envelopes

The Mailroom is accepting inter-office envelopes to be recycled in order to help reduce office expenses. Departments with an abundance of the envelopes are encouraged to drop them off at the Mailroom so other departments may use them.

Mid-term Grades Now Available

Mid-term grades are now available to all undergraduate and pharmacy students for review. These grades can be accessed via the MyWilkes portal under the Student Services tab by clicking "My Paccorde"

Please contact the Registrar's Office at 570-408-2000, Option 3, with questions.

Zebra "Eggs-traordinary Mission"

Zebra Communications, the student-run public relations agency at Wilkes, will host a fundraiser on April 1 to benefit Children's Miracle Network at Geisinger. The event will be held from noon to 3 p.m. at UCOM. The day will include Bunny Hop sack races and face painting for children, and teams of two will participate in a "You Crack Me Up" egg toss competition. The main event will be an egg hunt on the Greenway. Admission is free and open to the public with refreshments provided. Donations are accepted before and during the event with all proceeds going directly to Children's Miracle Network to benefit Geisinger's Janet Weis Children's Hospital in Danville. Contact Meghan Burns at meghan.burns@ wilkes.edu to make an advance donation. For more information contact Annelise Przywara at annelise.przywara@wilkes.edu.

Editors Note: In the March 21 issue, the center spread was written by Andre Spruell.

Wilkes University Student Government notes

By Kimberly Hein LAE #ditor

On Wednesday, Wilkes University's Student Government held its weekly meeting.

The Computer Science/Mathematics Club reported that they are continuing to meet every Thursday at noon. As a club they have been mentoring each other and helping with homework. They will be doing a hoagie fundraiser in the future.

UNICEF reported that they raised \$840 for the Wyoming Valley Children's Association through the sales of their Autism Awareness T-shirt sales. They currently have 10 active members and the club will be traveling to the United Nations Headquarters on Friday, March 31.

The American Society of Mechanical Engineers (ASME) presented that they have meetings at 11 a.m. on Thursdays approximately every two weeks. They have participated in Engine Lubricant Guest Speaker, and are looking forward to their "Improving National Health Through Energy Efficiency" guest speaker in April 2017. They have worked with Habitat for Humanity in November of 2016, and donated the remainder of their 2016 Car

Show T-shirts to the Salvation Army.

The Wilkes University chapter of Lambda Kappa Sigma presented week 2 of 2 for a conference fund request. The request was originally for \$5,208 for 12 students to attend the professional fraternity's annual conference in Atlanta, Ga. The students attending would be presenting a Core Values poster at the conference about a skin cancer awareness event that will be held later this semester. The club contended that the conference helps publicize Wilkes University's name. There was a motion to allocate \$600 and the motion passed 30-0-0.

The Pre-Professional Society presented week 2 of 2 constitution updates. They will be expanding to engineering students. They also made the change in their constitution that any undergraduate student can now enroll in the club. The club has changed it's name to the Pre-Professional Society of Science and Engineering. The motion to approve these changes was passed 29-0-1.

The American Society of Mechanical Engineers (ASME) presented week 1 of 2 of a fund request for their annual Car Show. This is a car show held in the SUB parking lot on Sunday, April 23 with a possible rain date of April 30. There is typically 200 cars entered in the show with over a thousand

people attending the event throughout the

The club requested \$1,000 to defray the costs of renting a dynamometer (dyno) for the show, as well as the show's T-shirts. The dyno is a major part of the show which helps differentiate this car show from other local shows. The club can guarantee a \$250 donation to the Make-A-Wish Foundation and will also take a portion of the proceeds from the day of the event towards the foundation as well.

The Big Event presented week 1 of 2 for a fund request. The total asking amount was \$5,913.33 which includes the cost of food, t-shirts, bags, buses to get volunteers to the destinations, marketing items and incidentals.

Upcoming events include: WUPB Murder Mystery on March 30, Casino Week Texas Hold 'Em on April 4, Casino Week Bingo on April 5, Casino Night on April 7, IRHC Field Day on April 8.

Allie Grudeski presented that the operations committee report will be addressed next week

The treasurer's report is as follows: All College: \$4,267.82, General Funds: \$5,292.17, Conference: \$0.00 and Spirit: \$0.00 for a SG total of \$9,599.99.

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Title IX update: Feb. 2 guidance will not affect Wilkes

Wilkes reacts to Title IX guidance rescinding federal protection of transgender students

By Toni Pennello Asst. News Editor

A new Title IX guidance issued by the Trump administration on Feb. 2 that reversed federal protections for transgender students will not affect protections on the Wilkes campus, administrators say.

In May, The Departments of Education and Justice jointly issued a "Dear Colleague" letter which reinterpreted Title IX to include gender identity as well as biological sex. This meant protection for transgender students, whose schools were thereby required to allow them to use facilities consistent with their gender identity.

At Wilkes, this meant the addition of 40 all-gender bathrooms on campus. These were previously single stall, "family"

As for the way this will affect Wilkes, it

"Here at Wilkes, nothing is changing. We are continuing in our efforts that we had before President Obama's administration issued their guidance, and also now after President Trump rescinded that," said Samantha Hart, Title IX coordinator.

Hart stated that the university will continue doing work to better its protection of transgender students, and the program is currently working on a brochure.

"It has been our position that students are able to utilize the restrooms that align with their gender identity... we are not changing any of our positions," she added. "We still are remaining the safe, inclusive and respectful environment that we were before this happened."

"We still are remaining the safe, inclusive and respectful environment that we were before this happened." -Samantha Hart, Title IX Coordinator

restrooms whose signs were changed to read "all-gender."

In addition to the restrooms, students were given the opportunity to use their preferred names on their email addresses and attendance rosters.

A new guidance issued on Feb. 2 rescinded this clarification, giving the decision of including protection of transgender students under Title IX to states and localities.

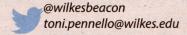
Each of these clarifications were not law, but simply guidance. The Supreme Court has yet to rule on the issue, and, in response to the Trump administration's rescinding of the original guidance, will no longer hear the case that would put federal protection for transgender students into law.

According to a New York Times article published the day the hearing was cancelled, the case "will almost certainly return to the Supreme Court, probably in a year or two."

President Patrick Leahy issued a statement on Feb. 27 that promised students the same. Leahy described the University's actions regarding Title IX as a "comprehensive approach that is dedicated to promoting and protecting fundamental rights, advancing our institutional integrity, and upholding the spirit and letter of Title IX."

Hart stated that there has been no push-back from either students or faculty regarding the efforts to remain inclusive to transgender and gender-nonconforming students.

"The university really recognizes that these are what our values are, regardless of what this guidance says. President Trump says that it's up to us to decide how we want to treat this, and that's what we are doing. We're treating it in alignment with our core values here at Wilkes."



For more information about Title IX at Wilkes, contact Samantha Hart at: samantha.hart@wilkes.edu

Dear Colleague Letter Issued by The Department of Justice and The Department of Education on Feb. 2

"Dear Colleague:

The purpose of this guidance is to inform you that the Department of Justice and the Department of Éducation are withdrawing the statements of policy and guidance reflected in:

- Letter to Emily Prince from James A. Ferg-Cadima, Acting Deputy Assistant Secretary for Policy, Office for Civil Rights at the Department of Education dated January 7,
- Dear Colleague Letter on Transgender Students jointly issued by the Civil Rights Division of the Department of Justice and the Department of Education dated May 13, 2016.

These guidance documents take the position that the prohibitions on discrimination "on the basis of sex" in Title IX of the Education Amendments of 1972 (Title IX), 20 U.S.C. § 1681 et seq., and its implementing regulations, see, e.g., 34 C.F.R. § 106.33, require access to sex-segregated facilities based on gender identity. These guidance documents do not, however, contain extensive legal analysis or explain how the position is consistent with the express language of Title IX, nor did they undergo any formal public process.

This interpretation has given rise to significant litigation regarding school restrooms and locker rooms. The U.S. Court of Appeals for the Fourth Circuit concluded that the term "sex" in the regulations is

ambiguous and deferred to what the court characterized as the "novel" interpretation advanced in the guidance. By contrast, a federal district court in Texas held that the term "sex" unambiguously refers to

biological sex and that, in any event, the guidance was "legislative and substantive" and thus formal rulemaking should have occurred prior to the adoption of any such policy. In August of 2016, the Texas court preliminarily enjoined enforcement of the interpretation, and that nationwide injunction has not been overturned.

In addition, the Departments believe that, in this context, there must be due regard for the primary role of the States and local school districts in establishing educational policy.

In these circumstances, the Department of Education and the Department of Justice have decided to withdraw and rescind the above-referenced guidance documents in order to further and more completely consider the legal issues involved. The Departments thus will not rely on the views expressed within them.

Please note that this withdrawal of these guidance documents does not leave students without protections from discrimination, bullying, or harassment. All schools must ensure that all students, including LGBT students, are able to learn and thrive in a safe environment. The Department of Education Office for Civil Rights will continue its duty under law to hear all claims of discrimination and will explore every appropriate opportunity to protect all students and to encourage civility in our classrooms. The Department of Education and the Department of Justice are committed to the application of Title IX and other federal laws to ensure such protection.

This guidance does not add requirements to applicable law. If you have questions or are interested in commenting on this letter, please contact the Department of Education at ocr@ed.gov or 800-421-3481 (TDD: 800-877-8339); or the Department of Justice at education@usdoj.gov or 877-292-3804 (TTY: 800-514-0383)."

Wilkes based program encourages young students to "SHINE" Afterschool program for elementary and middle school students receives grants

By Isaiah McGahee Staff writer

In her 1986, number one hit, The Greatest Love of All, singer Whitney Houston shared this sentiment, singing: "I believe the children are our future/ Teach them well, and let them lead the way/ Show them all the beauty they possess inside/ Give them a sense of pride to make it easier/ Let the children's laughter remind us how we used to be..."

The Luzerne County SHINE program provides academic enrichment for students from kindergarten through senior high school. The program, geared to grades K-8, focuses on a project-based STEAM (Science, Technology, Engineering, Arts, and Mathematics) curriculum. Relying heavily on a STEAM core, SHINE links schools to homes to help children build a stronger academic and social foundation.

This past week, SHINE received three monetary gifts on its behalf: A \$10,000 gift from UGI and undisclosed amounts from AllOne Foundation and Highmark Blue Shield. This was not the only victory for the program over the last week. On March 20, Wilkes celebrated the opening of the eighth SHINE after school center, at Lee Park Elementary School in Hanover Township.

According to Carol Nicholas, director of SHINE Luzerne County, the positives coming forth as a result of the SHINE program are endless.

"We're really seeing students getting enthused for education again. We're hearing from teachers that kids are excited," Nicholas said. "If they (students) miss school, they can't go to SHINE, so attendance is increasing because kids want to be in school... It's a confidence builder for kids and building a student's confidence is one of the number one ways to ensure that they succeed."

Nicholas also elaborated on the depth of the program, and it reaches much deeper than meets the eye. "It's a multi-faceted program. We only spend of our three hours with students, 20 (minutes) on homework, a movement activity, we feed every one of our students a hot meal - for many, it is the meal they get that day- and then we spend two full hours on project-based STEAM activities. We're exposing them to a number of things, they may not be exposed to during the school day."

SHINE, despite its STEAM-based curriculum, has a more holistic, fundamental message.



Courtesy of Wilkes Marketing

The SHINE program celebrated the grand opening of its eighth center at Lee Park Elementary School. Pictured is the ribbon cutting ceremony, with the ribbon adorned with images colored in by students.

Children, left to right: Reliant Hernandez De La Cruz; Faith Jones; Skyler Purta; Jaydon Skipalis; Jolene Booth. Adults, left to right: Kellie Kuhl, SHINE lead teacher; Ann Marie Kochuba-Mantione, Lee Park Elementary School principal; Andrew Kuhl, Hanover Area superintendent; Representative Eddie Day Pashinski; Tyler Brezinsky, representing Congressman Lou Barletta; President Patrick Leahy, Wilkes University; Senator John Yudichak; Carol Nicholas, Luzerne County SHINE director; Deanna Drako, SHINE assistant director of middle school programs; Marlon Pitts, SHINE assistant director of elementary programs.

"We're really trying to get them (students) to be good communicators, critical thinkers, investigators, followers of the scientific process, so that regardless of future career aspirations, we're exposing them to technology, arts and sciences, and allowing them to get a feel for all of those subject areas, so that they can start to look at 'What fits me? What do I really like?'" Nicholas said. "In my mind, finding the career you really like, is the one you do the best in."

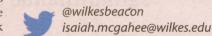
Students involved are also experiencing a great sense of preparation and an excitement for the program.

"When talking about our home-visiting students, those are kids who have a home visitor that comes in every week to their home, to help them work on school readiness, either for kindergarten or first grade. Those kids get to know their home visitors very intently and it becomes their private teacher. They (students) wait at the door with pencils ready, waiting for their home-visitor. At a very early age, we're trying to foster these kids a sense of school readiness and relationships with teachers," Nicholas said.

With its unique curriculum, SHINE also encourages students to specialize in their specific interests and encourages a continual, consistent love of learning.

"We try to link the kids to things that they're interested in," Nicholas said. "So, that if (students) are very much technology driven, we would track them that way. Kids are finding their own way, as a result we see enthusiasm. We're getting them to think outside the box, and students take this enthusiasm and carry it back to their home school(s). The goal is to get a whole, round-circle, again fostering a love of learning in kids, and letting them know, school doesn't stop at 12th grade."

Despite being only in its first year, the SHINE program has an enrollment of more than 450 students and 65 staff members, most of whom come directly from a full day's work at school. Instructors and students alike are benefitting from SHINE, hoping for the continued growth and success of the program.



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Wilkes Celebrates Women's History Month

Tracing the history of the Justice Bell with Laurie A. Rofini

By Alyssa Mursch News Editor

In honor of Women's History Month, Laurie A. Rofini visited Wilkes University on March 21 to share the history of the Justice Bell.

The Justice Bell was the main symbol of the high point of the 1915 referendum, which is remembered as the highpoint of Pennsylvania woman suffrage activity.

It was meant to be a replica of the Liberty Bell. Although it does not have the Liberty Bell's infamous crack, there is another important distinction between the two. The Justice Bell's clapper was chained, preventing it from ringing and symbolizing women's silenced voices. Suffragists vowed that the bell would not ring until the women of Pennsylvania could vote.

Tracing the history of the Justice Bell is an important piece of history to share with students, as it highlights Pennsylvania's role in the overall movement to give women the

The Beacon/Jesse Chalnick

Laurie A. Rofini presents the history of the Justice Bell to Wilkes University students. Rofini is Director of Chester County Archives and Records Services, which is administered for the County of Chester by Chester County Historical Society.

right to vote

The bell, which was bought by Katharine Wentworth Ruschenberger with her own money for \$1,200, was announced in 1914 at a convention in Scranton. The announcement speech explained that the bell symbolized women asking not for privilege, but for liberty, and begged the question: "Will you do your share to unchain?"

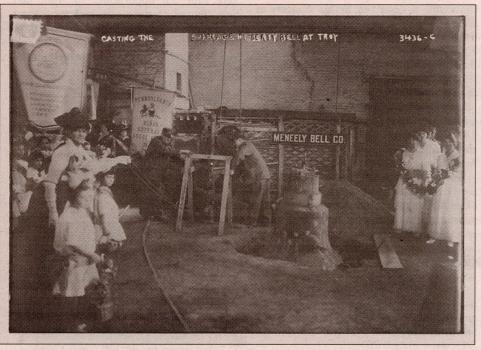
"...(T)hebell symbolized women asking not for privilege, but for liberty, and begged the question: 'Will you do your share to unchain?"

Although Pennsylvania had its Woman Suffrage Association, Rofini explained that it admittedly had a "social club" feel to it and was not particularly successful in advancing the cause. When the women weren't seeing much progress, they decided to emulate New York's approach and "take suffrage out of the parlor and into the streets."

They organized the National Woman's Party and got it on the ballot. The next step was getting Pennsylvania counties to vote "yes" to the referendum on the upcoming ballot that would give women the right to vote in the state.

In an effort to personally appeal to all counties, the bell went on a tour of Pennsylvania for 130 days. At each county line, local suffragists would come and escort the bell in. The bell and suffragists would march through the town, with people standing on the back of it and speaking on behalf of women's right to vote. These were seen as small, informal parades, and Rofini even showed pictures of the suffragists traveling through Luzerne County.

The parades were kept small in an effort to avoid the chaos seen in 1913 when Alice Paul organized a parade in Washington, D.C. the day before Woodrow Wilson's inauguration.



Courtesy of the Library of Congress

One of the photos Rofini shared from the Justice Bell's tour of Pennsylvania. The bell symbolizes Pennsylvanian Women's struggle for suffrage in the 1910s.

The parade became chaotic and even when women were being mauled, police refused to help. Although a scary occurrence, it was a big victory for suffragists in terms of public opinion, helping them gain more sympathy and support.

The tour ended in West Chester, Pa. This was chosen as the endpoint as it was seen as the bell's home due to the first Pennsylvania women's rights convention being held there in June 1852.

Although the referendum was defeated, the bell was taken to other states and used for promotional purposes. Rofini also pointed out that Luzerne County did in fact vote for women's suffrage, but the "Republican machine" in Philadelphia played a large role in the referendum's defeat. There were sample ballots given out in Philadelphia with almost every referendum being marked "yes" and the women's suffrage one marked "no."

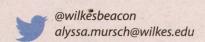
After the ratification of the 19th Amendment, Ruschenberger's niece, Katharine Wentworth, rang the bell at

Independence Hall on Sept. 25. The bell was then taken to Valley Forge National Park.

The goal is to have the bell taken to Independence Hall in 2020 for the centennial anniversary.

Rofini is Director of Chester County Archives and Records Services, which is administered for the County of Chester by Chester County Historical Society. She holds an MSLIS from Drexel University and MA in History from West Chester University.

In addition to overseeing county government records, she has curated several exhibitions for Chester County Historical Society on local women and social reform. Her publications include "The Woman Suffrage Campaign in West Chester" in West Chester, the First 200 Years: 1799-1999, which she co-authored with William R. Meltzer.



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Psychology professor finds his way through experiences

By Cabrini Rudnicki Staff Writer

Dr. Robert Bohlander, a professor in the Psychology Department at Wilkes University, is described by his students as a kind, intelligent professor whose passion shines through his eyes during every lecture.

Bohlander started as an undergraduate chemistry major at Lebanon Valley College but quickly switched to psychology after just one semester.

"In my psychology 101 honors course, we got to research and conduct an experiment. I did my experiment on sleep learning, and after that I decided psychology was for me," Bohlander said.

After becoming a professor, Bohlander continued to perform research on subjects like differentiation of self, which is the ability to separate emotions and thoughts. He also performed research on psychological well being, which eventually brought him to positive psychology, the subject of one of his favorite courses to teach.

In the past few years, Bohlander has paid most of his attention to the Neuro Training and Research Center, which he opened with fellow neuroscience professor Dr. Edward Schicatano in early 2016.

Bohlander also knew immediately that he wanted to be a college professor because he "loved his professors," but he did not plan on

also being a licensed clinical psychologist. In graduate school, he had a supplemental study in physiology of the brain. Ten years into his teaching career, another staff member gave him the opportunity to work and help counsel a person who suffered a brain trauma, and Bohlander quickly learned he loved it. He currently works full-time as a faculty member and part-time as a clinical psychologist.

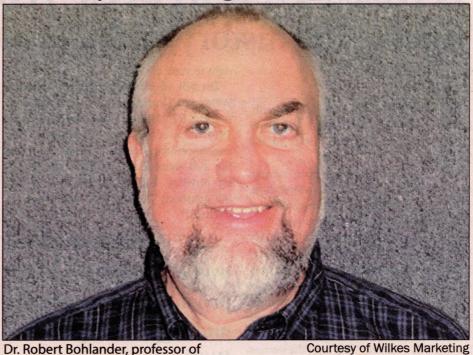
"I love the balance. It allows me to bring examples of what I do in my practice to the classroom," he said.

Outside of psychology, Bohlander enjoys outdoor activities such as camping, canoeing and fishing, but he also has a strong passion for travel. When asked about what countries he has been to, Bohlander rolled out a list of dozens of countries that would make any travel buff jealous. His list of travel experience is even more impressive when one takes into account that he only started traveling 12 years ago.

He also has a special love for the planning process and has already planned the next two summers

"It's a like a puzzle, a game, to put together logistics for each trip," he said. This summer he is planning to go Romania and Hungary.

"It's a lesson for us, and current students, that think 'I need to have my whole future planned now!' because you don't know what will happen and what new interests you'll



Dr. Robert Bohlander, professor of psychology at Wilkes University.

discover," said Bohlander. Bohlander started as I

teaching in 1979, 38 years ago, and loves it just as much as he when he started.

"I still love working with young people and

"I still love working with young people and their enthusiasm. I plan on doing this as long

as I can."

Bohlander is a great proof of how life is not a straight path. From psychology to traveling, he discovered his passions randomly and unexpectedly.



Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, A&E Editor: kimberly.hein@wilkes.edu

Spring has sprung at the Philadelphia Flower Show 2017

By Amanda Bialek Asst. Life, Arts & Entertainment Editor

The 2017 Philadelphia Flower Show, "Holland: Flowering the World," showcased exquisite plants, flowers, architecture, food and landscapes that celebrated the beauty of Dutch culture. Every year, the Flower Show is held at the Pennsylvania Convention Center during the month of March.

This year's theme was inspired by the coastal region of Holland located in the Western Netherlands. The Netherlands has a very colorful floral industry. Holland is known for its beautiful fields of tulips, windmills and bicycle paths. The Flower Show is a great opportunity to escape the dreary weather outside and experience beautiful exhibits.

"My favorite part of the show was the display gardens," Sarah Soffa, Penn State student said. "They set up the entrance of homes in the same fashion you would see in Holland. They were beautiful and for me it really hit the theme on the head."

Although this was Soffa's first year attending the Flower Show, she said, "I know it will not be my last."

"The Flower Show is a top destination and 'must experience' horticultural event, attracting 250,000 visitors annually to the Pennsylvania Convention Center, a showcase of excellence that dates back to 1829," reads their website.

This show is the world's oldest and largest indoor flower show. The 2017 show marks the 188th anniversary of the event.

"I think it is such an amazing experience to go a see the flower show. Even if you are not a fan of flowers, like me, when you walk in the entrance you are mesmerized by the stunning displays," Soffa said.

Whether people are interested in the flower displays, eating delicious food or shopping from the variety of vendors, there is something there for everyone.

"My favorite part was the Pennsylvania

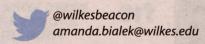
Horticultural Society's exhibit at the entrance of the show," Therese Schweyer, internal auditor said. "I enjoyed how they made us feel like we were outside and surrounded by tulips. I also love how they used a bridge that we could walk under to add to the feeling of being outside."

"The flower show gives people a chance the see the beauty of a wide variety of plants up close," Jason Schweyer, landscape architect said. "It is great for design ideas and gives everyone a preview of the upcoming spring."

For more information, visit https://theflowershow.com. If you are interested in attending the Philadelphia Flower Show next year, begin planning your visit by purchasing tickets online. All of the proceeds from tickets sold benefit the programs of the Pennsylvania Horticultural Society year-round.

The theme for the 2018 Flower Show is Wonders of Water, and will take place during the week of March 3 through 11, 2018. Stop and smell the flowers next year.

"Flowers always make people better, happier and more helpful. They are sunshine, food and medicine to the soul," Luther Burbank, American botanist said.



Plan your visit to the 2018 Philadelphia Flower Show: Wonders of Water

Website: https://theflowershow.



The Beacon/Amanda Bialek

The 2017 Philadelphia Flower Show theme this year was "Holland: Flowering the World."



The Beacon/Amanda Bialek

RECIPE OF THE WEEK:

Panko Chicken Breast

INGREDIENTS

- Chicken breasts
- Panko Crumbs
- 1 egg
- 1/3 cup of milk
- String Beans
- Lemon

INSTRUCTIONS:

- 1. Make an egg wash. Lightly beat egg with 1/3 cup of milk and a pinch of sea salt.
- Lightly coat skillet with cooking spray.
- 3. Heat pan over medium-high heat.
- Dip Chicken breasts in egg wash, until fully coated.
- Press chicken on a plate with Panko crumbs, until fully coated.
- Place Chicken breasts in skillet and cook for 6 to 9 minutes. Be sure to turn over frequently.

7. Enjoy with string beans!!



Design by Nicole Kutos

Do you have a favorite dorm room recipe that's convenient for college students always on the go?

Submit it to Amanda Bialek, LA&E Assistant Editor

amanda.bialek@wilkes.edu



Multicultural Awards Celebration 2017

Every spring, the Center for Global Education and Diversity hosts a ceremony honoring students, faculty, board members, administration, and staff who demonstrate significant contributions toward raising multicultural awareness at Wilkes University. Everyone at Wilkes is invited to attend the ceremony on April 25 at 4:00 P.M. in the ballroom on the second floor of the Henry Student Center.

For any questions regarding the event, contact Erica Acosta at: erica.acosta@wilkes.edu

The following is a brief description of the award categories:

Global Scholar and Citizen Award: A student demonstrating significant contributions toward raising international awareness at Wilkes through involvement in campus and community activities promoting cross-cultural awareness.

Diversity & Inclusion Student Award: Student who has contributed to improving the diversity climate.

Executive Diversity Award: Member of the Board of Trustees or the Administration who has contributed to improving the diversity climate.

Diversity Faculty Award: Faculty member who has contributed to improving the diversity climate.

Diversity Staff Award: Staff member who has contributed to improving the diversity climate.

Nominations for the awards will be accepted from March 1st to the 31st. Nominations can be submitted at http://www.wilkes.edu/multiculturalawards

HUMANS OF WILKES UNIVERSITY



The Beacon/Purvit Patel

"I love Programming Board because it gave me the opportunity to open up and be a more confident person. I've been able to meet and befriend a lot of people that I'm really thankful for because they've made my experience at Wilkes really great."

- Lanai Galarza, junior psychology major

Pizza Wars and Glow Bingo hosted by WUPB



Above and below: Students gather to test their luck with bingo. to win prizes such as a fit bit, movie tickets, glow globe, speaker, glow run registrations, paint sets and much more. They also sampled pizza from the area.

On March 23, the Wilkes
University Programming
Board hosted Pizza Wars
& Glow Bingo in the Henry
Student Center first floor
lounge. Students played
bingo to win prizes while
rating pizza from the local
pizza shops in the area.

All Photos: The Beacon/ Ryan Dupre





Kya Lewis announces the Bingo numbers to all of the students attending the event.

Join Programming Board every Thursday for an on-campus event

Movie Review: Logan Receives 5 out 5 stars

By Nicholas J. Filipek Staff Writer

Hugh Jackman has been gracing the silver screen for the last 17 years, bringing to life one of Marvel Comics most popular characters; Logan, or as all know him, The Wolverine.

The character of Wolverine was first introduced to comic book audiences in another popular series, The Incredible Hulk. Since Incredible Hulk #180, the super fast healing mutant has grown and developed into a beloved character. Many were afraid that Jackman could not pull off the role. These many never cited anything to do with acting ability, because no one could ever actually make that argument about Hugh Jackman. The crux of their argument lay within his height. Historically Logan, born James Howlett, was short in stature, standing only 5'3", while Jackman stood a full foot taller.

We first saw Hugh dawn the claws in 2000 for Bryan Singer's film X-Men where audiences and fanboys alike fell in love with the Australian native. He would go on to portray the Canadian mutant with an attitude for a total of nine times in 6 X-Men movies and three Wolverine standalone films, like Logan. Logan brings the end of an era! Before you think I may be exaggerating, consider this: we have had 3 Supermen, 3 Spider-Men, and 6 Batmen. It is hard to find longevity in a series and actor. For many of us, we literally grew up watching Jackman popping those adamantium claws out.

"Logan" attempts to sort out the convoluted timeline, which is Fox Studios X-Men franchise, by setting the film in the future. Though he has had his super healing ability that has granted him over a century of life, it seems like even that cannot stop Weapon-X from getting old. Riddled with scars and filled with anger and despair, Logan saves money trying to escape with Professor Charles Xavier (Sir Patrick Stewart) to a life with fewer worries. As with every hero, Logan is faced with a problem that will take him off the track that he is so close to finishing when asked to help another (help another what?). Little Laura (Dafne Keen) needs to escape to Canada from mutant persecution and learn some control of her genetic gifts but ends up teaching Wolverine the greatest lesson of all.

I left the theater with the same excitement about the character as I did all that time ago at the Roselle Park Movie Theatre when I was 10 years old seeing "X-Men" for the first time I don't share others dread in the thought of recasting the role for the future generation to enjoy. I'm happy to have been part of a chapter in comic book movie history where an actor entered and left on his own terms with full fan support the whole way. Thank you, Hugh Jackam for the last 17 years and all your dedication to the character and to the fans. *Snkit* 5/5 @wilkesbeacon

nicholas.filipek@wilkes.edu



Nicholas rated this a 5 out of 5! What would you rate it? Let us know!

Want to see Logan or any other movie?

Programming Board sells movie tickets at the information desk in the

SUB for \$3

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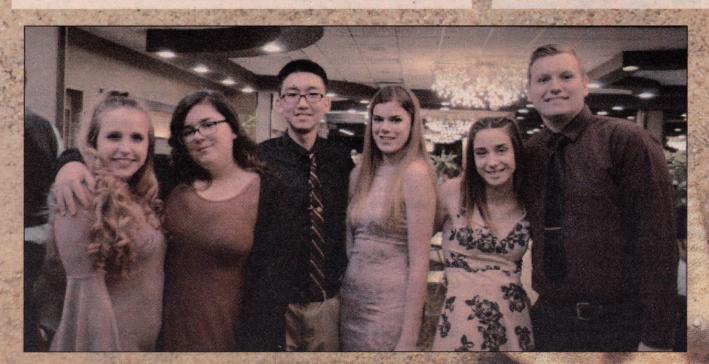
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Pictured left to right: Harry Eckert, Ashley Wojciechowski, Kyle Thomas and Caitlin Brossman.



Dinner included a choice of stuffed shells, baked Alaskan cod, or Parmesan encrusted chicken.



Pictured left to right: Kylie Dillion, Melissa Irizarry, Simon Chu, Mariah Irizarry, Rachel Accure and Christopher Simko.

Pictured left to right: Chloe Mussleman, Chris Woodly, Karissa Hensel, Jen Baron, Sarah Cole, Erin Michael, Aidan Burke and Dian McKinney.



Photos by The Beacon/Gabby Glinski

Opinion

Have an opinion or want to write a guest column? Contact the opinion editors: mark.makowski1@wilkes.edu or andre.spruell@wilkes.edu

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Our Voice

Beauty and the Beast: Romance not as beastly as before



By Gabby Glinski Co-Managing Editor

As I sat in the front row of the tightly packed theater, I noticed the numerous young children waiting to watch the live action Beauty and the Beast. Small girls were dressed in Belle's iconic dress and I nervously wondered if one day they would find themselves in Belle's place.

While the 90's cartoon Beauty and the Beast was my favorite movie as a child, I can be the first to admit that the storyline problematic with the overwhelming themes of domestic violence. In the movie, Belle stumbles upon the Beast's castle, is held captive, isolated from her father and endures several verbal fights with the Beast. The supporting characters urge her to fall in love with him, not giving her any other option.

Overall, the cartoon Belle and Beast are a recipe for an unhealthy relationship. When young children view the cartoon, these awful themes and roles are on full display for them to adopt in their everyday life.

However, the live action Beauty and the Beast separated itself from its previous bad reputation. While the Beast does give a rough first impression, he does not act gruesome after the first 15 minutes of screentime. He clearly changes himself

for Belle's sake and more time is spent role of his own, moving on from someone developing their relationship to make it a believable romance.

The Beast is actually interested in Belle as a person through her interests and desires. He shares Belle's love of books and they read together and discuss literature. The Beast takes Belle to "the place her heart desires," which is the place where she was born, to learn more about herself.

The communication between the Beast and Belle reflects that of a normal relationship. The Beast does not keep a close grip on Belle; he lets her interact with other characters in the castle. At the climax, the Beast lets Belle leave to rescue her father; and he clearly states that it's her choice and he doesn't stop her.

Belle as a character is more interactive and wholesome than in the cartoon. She has dreams and desires, stands up for herself and acts on her own. Emma Watson, who plays Belle and is a known feminist must have had a stance in this to take on this role.

The supporting characters play an important role as well. They try to make Belle feel at home while not forcing her to give the Beast a second chance. They see her try to escape out the window in the beginning of the movie and don't try to

While it is unavoidable to tell the story and make the Beast completely unproblematic, the live action Beauty and the Beast portrays healthier romantic relationships than the cartoon movie. Even in relationships outside of Belle and the

LeFou, Gaston's side-kick is portrayed as being infatuated with him. He fawns over Gaston and gets pushed around and is considered a submissive character. In the climax of the movie, LeFou turns against Gaston's posse and fights his own battle, realizing how he was mistreated.

In the end, LeFou has a small romantic

who abused him. Not only was it progressive to show a gay character, the movie successfully showed a character leaving an abusive situation.

And to anyone who boycotted the movie due to it having a gay character, would you rather expose your children an influential cartoon movie with abuse or show them a successful movie with a well developed female character and realistic relationships?

Think about all the young Belle's out there, becoming stronger women who make their own choices with the new Belle as a role model.



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Each week a Beacon editor will take a stance on a current topic.

Note: The views expressed are those of the writer.

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By Mark Makowski Opinion Co-Editor

"Back in my heyday, I would kill Michael Jordan one-on-one."

This is the quote that started the media frenzy around LaVar Ball, who is the father of UCLA basketball player Lonzo Ball. Since his son Lonzo has put on the Golden Bears jersey and has taken the team on a deep tournament run, his father believes he has become more entitled to say whatever outlandish thoughts are in his head.

Let's look back at the quote about Michael Jordan who is the current owner of the Charlotte Hornets and considered by almost everyone as the greatest player in NBA history.

I am not sure when Mr. Ball thinks his heyday was. He attended Washington State for the 1987-88 season and averaged a whole 2.2 points per game. Let's compare that to Michael Jordan's last season in 2002-03 with the Washington Wizards when then 39-year-old Jordan averaged 20 points per game. But don't worry, he's just getting started.

He then started bashing Charles Barkley who, in his prime, was a force to be reckoned with. Barkley, who is now a pre and post game broadcaster for Turner Sports, vowed to don the jersey of the opponent that UCLA is facing throughout the rest of the tournament. Barkley clarified his purpose for this, saying it is a statement against Lavar Ball and not Lonzo or the UCLA team.

I also do not understand what LaVar Ball thinks he is doing in these sound bites. In the long run they will do more damage to his son than they ever will to help him, especially when he makes comments saying that his son will only play for the Lakers.

This is something that fathers of athletes have done in the past. One example would be Eli Manning who was originally drafted by the then San Diego Chargers in 2004, when his father expressed desire for his son to not play there. Manning would be traded to the New York Giants on the same day.

But after making these statements and walking them back, he then says how Shaquille O'Neal, Kareem Abdul-Jabbar, Magic Johnson, and Michael Jordan all have sons that are "wack." Now while Mr. Ball was out camera chasing he must have neglected to notice that Shaq and Kareem are two of the best centers to ever play for the Los Angeles Lakers. And Magic Johnson also was also a monumental player in NBA history.

He is currently the President of Basketball Operations for the Lakers. So you are saying that your son will only play for the Lakers and then you bash the sons of the man who runs the Lakers. Smart move.

The one thing that bothers me overall is

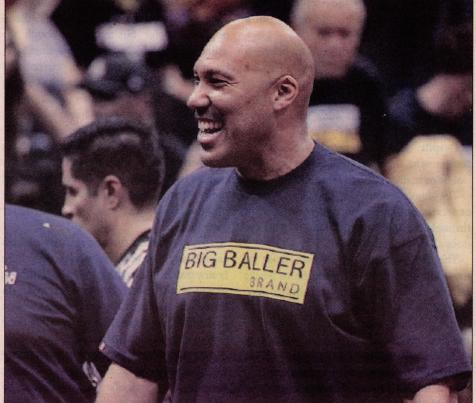


Photo from Obsev.com

LaVar Ball, father of UCLA basketball player Lonzo Ball, who gained media attention after challeging Michael Jordan and Charles Barkley.

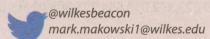
how LaVar Ball takes the spotlight away from his son and puts it on himself when that is completely wrong. Lonzo Ball has the opportunity to be a very good player in the NBA, I don't believe he should enter the draft this year but that's my opinion.

Also his overall style is also a problem. If you think your son is a great player, I'm not saying that you can't say that publicly, but don't go and say that he is better than most of the top stars in the NBA today.

If all goes right in my own life, I will be a sports broadcaster and maybe I will have a son or daughter who will be a prominent athlete.

However, I will cheer them on and root for their success, not go chase the cameras and say how they are the greatest thing since sliced bread. Hopefully as Lonzo Ball gets into the NBA and older he will space himself away from this media circus that his father has been cooking for months now.

However, there are two younger sons, so it seems like the name LaVar Ball will be floating about ESPN and other media outlets for years to come.



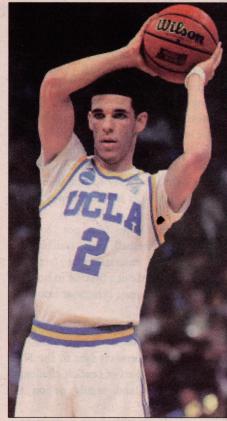


Photo from New York Daily News Lonzo Ball



Charles Barkley has vowed to wear the jersey of the team that UCLA will be playing in the tournament.

March Madness: gaining money and excitement

By Andre Spruell Opinion Co-Editor

March does not only signify the start of spring, but it also marks the start of the popular college basketball tournament known as March Madness.

Being a big basketball fan, March Madness is my favorite time of year because college basketball is very enjoyable.

The reason why is that since these studentathletes are not getting paid like their NBA counter parts, they play for the love of the game, which results in great games for the most part.

Even people who do not consider themselves basketball fans watch these games for the entertainment factor or because they filled out a bracket in hopes of winning some money, otherwise known as gambling.

Having people fill out brackets connects more people to the tournament the way fantasy football connects fans to the NFL. Many people are part of bracket challenges between friends and family or on the national stage.

In particular, gamblers can participate in ESPN's perfect bracket challenge where if someone creates the perfect bracket, they win \$1 million, but the odds are extremely low.

When it comes to making the perfect bracket just take my advice, save your money and stress and just do not fill out a bracket.

What makes it so difficult to create a successful bracket is that there are many upsets where lower seeds defeat higher seeds, which shows how competitive the tournament is and adds value to the entertainment factor.

Despite the excitement around the tournament, there are some issues that have not been really addressed that should.

The biggest issue is that the NCAA generates millions upon millions of dollars through the tournament alone, but where does all that money go?

The NCAA has had its fair share of money problems, so the question of where all the money goes is a fair one to ask. According to Econlife.com, in the 2014 March Madness tournament, 81 percent of the revenue came from TV and marketing rights, while another 11 percent comes from sales of tickets and merchandise.

It is not surprising that group gets the bulk of the money because there are four different stations that carry the games: CBS, TNT, TBS, and TruTv, with CBS carrying the more viewed rounds which are the elite eight, final four and National Championship

game.

Since the tournament gains millions of viewers from people of all ages, it is a keen opportunity for businesses to cough up millions of dollars to get their product seen by millions. Also, since the tournament has been going on for decades, certain companies like Coca-Cola and, more recently, Dove for Men have advertised their products for the last couple of years.

Another issue is the student-athletes themselves. It is a great opportunity for players to represent their school by playing their favorite sport on the biggest stage because frankly, it does not get much better than that.

That also means that the student-athletes are missing tons of class and although there is not much information out about that, it makes you wonder if they get excused, do homework while in the tournament or just make it all up depending on how far their school goes in the tournament?

One thing that is not an issue is the excitement factor that the games create. Having your school's game watched by millions of people through cable and streaming apps must be a really cool feeling for the student-athletes competing on this stage.

Playing in the NCAA tournament, at the

division I level is often a dream of every kid growing up dreaming about playing basketball for a living.

With that being said, sit back, relax and watch these young men do what they love to and happen to be really good at, and that is playing basketball.

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March Madness Fun Facts

- · A No. 16 seed has never beaten a No. 1 seed.
- The NIT tournament use to take precedence over the NCAA tournament until the 1970s, when the NCAA barred teams from playing in other postseason tournaments if they declined an invitation to March Madness. In 2005, the NCAA purchased the NIT.
- Three individuals have won an NCAA championship as a player and as a coach: Joe B. Hall as a player and coach of Kentucky, Bob Knight as a player with Ohio State and coach of Indiana, and Dean Smith as a player at Kansas and coach at North Carolina.
- The Connecticut Huskies are the only school to win his-and-her national championships in the same year. The women's team won theirs one day after the men in 2004 and again in 2014.

- The lowest seed to ever win the NCAA Tournament? Villanova as a No. 8 seed in 1985.
- Only once have all four No. 1 seeds advanced to the Final Four when Kansas, North Carolina, UCLA and Memphis met in 2008.
- In 1997, the NCAA made it a requirement that the Final Four must be held in a dome stadium with a seating capacity of at least 40,000. In 2009, the capacity minimum was raised to 70,000.
- Thirty-five different teams have won the NCAA tournament, but UCLA leads all schools with 11 titles.
- •The odds of filling out a perfect bracket are one in 9,223,372,036,854,775,808 (that's quintillion).

Colonels Talk Back

March Madness

Interviews by Peyton Neishman peyton.neishman@wilkes.edu

Photos by Jesse Chalnick jesse.chalnick@wilkes.edu

Ondre Roberts Senior Criminology

"I have Kansas State winning my March Madness bracket this year. I feel that they are a very well-rounded team. My favorite team is Syracuse. They did not make into the finals this year, so I picked Kansas State because they are one of the top teams this season."

Tejuss Kakarla Senior **Biology Pre-Med**

"I have Villanova winning my March Madness bracket this year. They did lose their last game. So, I am now rooting for UCLA to take the championship this year. I am a bit upset my favorite team Ohio State didn't make it into the tournament."

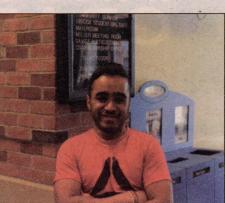
Ryan Rompolski Senior **Engineering**

"I have Kentucky State winning my March Madness bracket. I picked Kentucky and Gonzaga to play in my bracket's championship this year. My favorite team is Kansas State. I am currently in second place in my bracket tournament. I am hoping to win it all."

This week, The Beacon asked students about the March Madness basketball games. Students explained their picks for their bracket choices and what team they picked to win the championship game.

Want to be in the next Colonels Talk Back? Email peyton.neishman@wilkes.edu.











Trenton Hagen Sophomore Marketing

"I have UCLA taking home the win this year in the championship slot of my bracket. My favorite team is South Carolina. I do not think they would make it into the finals this year."

Eli Camancho Freshman Criminology

"I have UNC winning my March Madness bracket this year. They are my favorite college basketball team. I am hoping they take the trophy home. My bracket is not doing so well after Villanova and Duke lost their last games."

Senior Management

"I have Duke winning the championship this year. They did lose their last game. I had Duke and North Carolina in my bracket's championship spot. My bracket went pretty down hill after they lost. It's probably the worst in the nation at this point."

March 28, appreciate the beauty of a gardening pest

By Mark Makowski Opinion Co-Editor

March 28th is an uncommon day of appreciation.

Every year this day rolls around we celebrate weeds. Not marijuana, but the plant that people like to get rid of.

Weeds provide fantastic benefits and an amazing time for learning.

It's unusual to assign a special day for a thing like this in my opinion. Weeds are not exactly on everyone's favorite list.

Let's be honest, they get everywhere and when you try to get rid of them, they always come back. They are not the most attractive type of plant in the world.

If all of this is true, then why on earth would weeds ever be given an appreciation day?

Weeds actually have wonderful benefits. They can be used in food, drinks, and even for medical uses. One particular weed that everyone is familiar with is the dandelion. A dandelion is the small, golden colored, fuzzy looking weed that overtakes everyone's yards in the summer. Even though your parents always hated when you played with them and kicked them around because that always spread them throughout the lawn more, they have incredible health benefits.

Dandelions, according to the National Day Calendar, can be used in wines, teas and in food dishes. Since they are high in vitamin A and C, iron, calcium and fiber, the Native Americans even used them to cure medical aliments.

This shows the endless amounts of benefits that come from a dandelion.

There is another very common weed, particularly in the South, which is used in health drinks known as chicory. It is a little plant with bright blue flowers. More often than not, chicory is ripped from the ground without it being used for all the beautiful

things it can be.

As stated by Days of the Year, "Weeds are weeds only if you don't want them where you find them."

A word of warning before you go outside and start eating your lawn, make sure any weeds or plants you intend on consuming are free of any toxins that can harm you. Some of these toxins include, herbicides and pesticides, or animal urine and feces.

We want to appreciate the weeds, not die from them.

Before you go crazy and start ripping all the weeds you can find, think of what A.A. Milne, the creator of Winnie the Pooh, said, "Weeds are flowers too, once you get to know them."

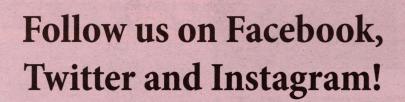
So on March 28, venture outside and appreciate all the weeds that are starting to grow in this spring weather.

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Have an opinion you'd like to share?

Email us!



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Sports

Want your sport covered? Contact the sports editor: taylor.ryan@wilkes.edu or daniel.vanbrunt@wilkes.edu

Held's 100th goal lifts Lady Colonel Lacrosse in home opener

By Luke Modrovsky Asst. Sports Editor

The Wilkes University women's lacrosse team defeated the Mount Saint Vincent Lady Dolphins in a non-conference matchup at Schmidt Stadium on Wednesday evening. Junior Jessyca Held scored five goals, including the 100th of her career, in a 15-4 victory.

Scoring their third victory of the season, the Lady Colonels saw three players combining for 13 goals. Held (five), junior Maura Brownsey (four) and sophomore Kyra Boccio (four) tallied up most of the scoring in the frigid contest. Held and Boccio also made their way onto the scoresheet with one assist each. Boccio did the same with two assists.

For Held's 100th goal, no one had a better seat in the house than Brownsey.

for her," Brownsey said. "We've been best friends since freshman year and are roommates still today. I was excited to see it all unfold."

Originally, Held came in as a defender to the Wilkes University campus, up until her time at Schmidt Stadium.

Towey credits Held's willingness and drive to make the transition to the midfielder position.

"She was willing to put in the extra work," Towey said. "She has such a unique cradle and can whiz by anybody even with sticks and bodies flying around."

Towey also mentioned Held is coachable. "She's a very coachable player that sets a good example for the underclassmen," Towey said. "She has a great shot that we've adjusted over the year. She's taken in my critiques with making her shot more consistent. She's a leader on the field for sure."

The game was delayed by 22 minutes since Mount Saint Vincent's bus was stuck in traffic. The Lady Dolphins did not arrive to the Ralston Athletic Complex until one minute prior to the scheduled starting time at 6:59 p.m. However, that issue would not affect the early portion of the game for

Mount Saint Vincent.

With the snow piled around the perimeter fencing of Schmidt Stadium, it served as a brief reminder that Winter Storm Stella had left quite a mark. At halftime, both teams quickly rushed to the locker rooms to take in the heat inside the Munson Fieldhouse. Fans from both sides were also interested in doing the same, most heading back to their

cars prior to the start of the second half.

Held kicked off the scoring an unassisted goal just four minutes into the game. From there, Mount Saint Vincent would answer with a goal of their own from Georgiana Trizano. Held would answer with another goal with 19:47 remaining in the first half assisted by Brownsey. The second answer for the Lady Dolphins was Paulina Mandujano.

From there, Held's third goal would give the Lady Colonels a lead they would never relinquish. Wilkes would score 11 unanswered goals before Mount Saint

Vincent's Shannon Dalton stopped the run back-to-back goals at 4:21 and 2:49 remaining in the second half, respectively.

Wilkes outshot Mount Saint Vincent 38-17. Freshman Sarah Carlini held her own between the pipes, saving six saves in the

The Lady Colonels left the Lady Dolphins still searching for their first victory of the season after the defeat.

Freshman Kayla Cadden and freshman Reilly Meanor rounded out the scoring with one goal each.

For Brownsey, the game seemed a little more intense than others.

"I thought it was a very physical game, but we were able to handle everything well, changing our style just a bit," Brownsey said of Wednesday's matchup.

The physicality of the game would not end up in the Lady Colonels favor, however. Both Held and Meanor were suspended for the remainder of the second half after receiving their second yellow cards each just seconds apart early in the second half.

The penalties would not play a factor

as Dalton's back to back goal would be the only scoring of the second half for the Lady Dolphins. Dalton's second goal would briefly turn the game out of a mercy rule situation, but just 36 seconds later, Lady Colonel Kyra Boccio turned the clock back on by scoring with 2:13 to play.

The Lady Colonel LAXers dropped two decisions in early March before rattling off three Photos courtesy of Gowilkesu.com victories in a row, including

Wednesday's defeat of the Lady Dolphins.

"It's always a readjustment period for the freshman," Towey said. "Looking back on our spring break trip, it was a good learning experience as we lost eight seniors, five of which were key players."

For Held, this year was an opportunity to increase her presence on the playing field. Through five games of play, she has scored 27 times, averaging just over five goals per game.

I took it as an opportunity to step up and show what I know," Held

said of her new role. "Looking forward to this year, I knew I had to step it up. We're in sort of a rebuilding year, but I think the team is coming together well."

Not only is Held seeking her own individual success, but focusing on team goals as well. "I'm hoping the freshmen can reach goals

of their own throughout the season." Brownsey agrees the team is beginning to take them shape.

"The team chemistry is quickly coming together," Brownsey said. "We are working hard at each game and are focused on winning the MAC if not this year, next year. I try to help encourage girls when having an off game, maybe not making shots or things like that. It's important to have support for the girls and be there for them."

Wilkes has one non-conference game remaining before opening their Middle Atlantic Conference Freedom schedule on Apr. 5 at 4:00 PM with the "North Wilkes-Barre School" at Schmidt Stadium.

While not trying to overlook the remaining non-conference schedule, Held said she is motivated for the game against the school on the North side of Wilkes-Barre. The Lady Colonels were victorious in the 2016 edition against the cross-town rivals, but were not as fortunate in 2015, dropping a 17-16 decision in overtime. That overtime game was the last time the two teams met in Edwardsville

"It's always a tough game with them being blocks away from us," Held said. "I'm

hoping we come out with a 'W' and I'm hoping it shows the underclassmen and upperclassmen the intensity of where we want to be."

"I look at it as more mental because it is a rivalry," Towey said.

Looking ahead to the MAC Freedom schedule, Towey said she is focused on playing a full game.

"Our conference is very tough," said Towey of the MAC Freedom matchups scheduled for this year.

"I think we are just looking for consistency to start off," Towey said. "We need to understand that [winning] draws win the

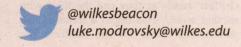
game. We haven't played a complete game from start to finish so far, but we are at able three quarters of the way there up to now. If we can put in a full game again and again, with consistency and all, we will have a good shot in the conference this year."

The Lady Colonels schedule will also feature Delaware Valley, Misericordia, Desales, Manhattanville, Eastern and Fairleigh Dickinson University - Florham.

Non-conference games remaining are The College at Old Westbury and Centenary College (NJ).

Looking forward, the Lady Colonels will try and capture one of four postseason berths to get into the MAC Freedom playoffs. Wilkes will hope to improve on their third place seed last year during the remainder of

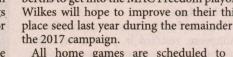
All home games are scheduled to be contested on the turf at Schmidt Stadium at the Ralston Athletic Complex just across the Susquehanna River.





Junior Jessyca Held

Junior Maura Brownsey



Fall sports athletes prepare to 'spring into action'

By Taylor Ryan Co-Sports Editor

As the height of the semester begins, winter sports have concluded, and the spring sports seasons are in full swing, fall sports have also began another season. Spring season for many fall athletes, is even more challenging than the fall season.

In the past week, both men and women's soccer, women's volleyball, and field hockey have started up practices and already began their fight in the competition for the upcoming season. The Wilkes' football team will also begin their spring season, often referred to as 'Spring Ball' in the coming weeks.

Fall athletics here at Wilkes University begin back in the heat of August and usually conclude around late November. While there is no competitive play, the fall sports teams do participate in a spring season each academic year.

The spring season is intended allow teams to get back into the swing of things, and effectively prepare as a unit for the coming fall season. This season is meant to not only keep the athletes in the shape they will need to be in, in a few short months, but also reconnect as a team after a couple months on different schedules.

An upcoming junior on the field hockey team, Alyssa Adams, was asked how spring season helps prepare for the competition in the fall. She stated, "Having a spring season ensures that we don't get "out of practice." Getting more touches on the ball during the spring season could be the difference between coming into a fall season prepared to win or coming in behind the competition."

This type of season differs from the classic fall season, in a couple of different ways. First of all, during each team's spring season, the team's are not competing on a weekly basis as they do in the fall. Most commonly, the athletic teams will each compete in one tournament towards the end of the allotted spring season. This is planned in order for teams to have the ability to see where they may stand with various teams they will face come the fall.

Due to the fact that teams are not competing each week, the practices also are different when compared to the fall practices.

According to senior captain on the field hockey team, Keighlyn Oliver, "practices are more focused on allowing us to try new things, gain skills that we may not have time to work on during the fall, and most importantly work on our team chemistry on and off the field."

Alyssa Adams, followed up with, "During the fall, we're always trying to prepare for the next game and the next win while trying to incorporate some fun. In the spring, we're trying to come together more as a team to figure out what we can change about the way we play competitively. Spring season is the time to try new things and learn from any mistakes to prepare for the fall."

Spring season is a total team effort, and each athlete must prepare just as they would for the regular season. It has to take a certain mentality to show up each practice, ready to perform and work hard, with no competition to show for it each week.

Senior captain from the field hockey team, Amanda Thompson, discussed how she and the rest of the team prepare for spring season, saying, "Preparation for spring season normally comes with a lot of heavy lifting (literally). We try to come into spring as strong as possible so that the hard-working mentality carries over into summer, when we have to work on our own. So we up the weights we lift at the gym and try our best to improve a little more every day."

Micaela Oliverio, an upcoming senior on the soccer team, talked on how the women's soccer team takes on spring season. She said, "It's a little bit more spread out just because we aren't allowed to practice with our coach as much. We only have a certain amount of weeks in the spring to practice. So we take each practice at a more intense level because we have more time to recover in the spring."

By working to improve each practice, conditioning session, and lift, as an individual, and as an entire team during this spring season, each fall athletic team hopes to see it play out in their favor come fall. They will bring the skills and consistency learned and taken from spring into the first day of preseason.

Consult gowilkesu.com to see when the Colonels will be playing at the Marts Center

The men's lacrosse lose 11-6 to Gwynedd Mercy U.

By Ashton Gyenizs Sports Writer

Wilkes men's lacrosse faced off against the Gwynedd Mercy Griffins on Wednesday.

The Colonels received only their second loss on the season after a three game win streak. Wilkes was able to maintain a close game for the first half, but a late second quarter goal by Kohler Setley of the Griffins put the momentum in Gwynedd's favor to blow the score open.

The Griffins improved on that lead with two quick scores in the second half to improve their lead to 6-3 of the Colonels. The next several series ended in turnovers for both teams until the Colonel, John Wink, scored on a close range diving shot on goal to put some hope back into Wilkes' side of the bench.

A big save by the freshman goalie, Carter Whittemore, resulted in yet another John Wink goal. The momentum seemed to be back in the Colonels' favor as they began to close the gap with the score now 6-5.

The momentum shifted back into the Griffins' hands as they end the third with another score. This began a series of five unanswered scores for the Griffins. The

Griffins defense was relentless as they prevented the colonels from scoring over a span of 12 minutes.

While the game seemed impossible to win, the Colonels still did not quit. Wilkes's Conor Daly finessed a last second shot off



Courtesy of Gowilkesu.com

#12 Matthew Bush scored five goals in the Colonel's 10-9 victory over Rosemont.

of a spin move to end the game at a score of 11-6, Griffins.

As they look ahead to future games, in the eyes of sophomore and captain, TJ Weitzel, the Colonels will use this loss to build on and grow from.

"We just gotta bring it back and be ready for next week," said Weitzel.

At first glance this matchup seemed like a big loss for the Colonels as the Griffins delivered them their biggest band aid of the season yet, but to their head coach, Curtis Jacques there were some small victories within this game.

"The improvement on playing this team from last year to this year is incredible. Last year we were out-ground balled by that team by 27 ground balls. This year we were tied at 34 ground balls."

Coach Jacques explained that the main focus is to prepare for the postseason and this loss is a big eye-opener for his team. There were a lot of positives for Wilkes men's lacrosse and a lot of aspects in this game that Coach Jacques looks to have his team build off of as they look forward to the rest of their season.

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Softball collects wins for the best start in program history

By Danny Van Brunt Sports Co-Editor

One team at Wilkes has dominated a series of early games, which has sent them on a historical run this season. At 7-1, the Wilkes women's softball team has initiated the best start in program history.

The softball team began their season in Myrtle Beach, SC, and played all eight games there. They jumped out to a four-game win streak, and the first two games ended in only five innings with Wilkes mounting eight points in both games. Following those two wins, Wilkes raised their win streak to four by claiming the next two matches 4-0 and 4-3

Their first loss of the season came from Grove City College following their fourth win, and Wilkes fell 2-6. After their first loss, Wilkes continued on to win the final three games of the Fastpitch Dreams Spring Classic. Wilkes won the first game of three with a score of 4-3, the second game ended 8-0 after five innings and their final game ended 9-0 after six innings.

After their optimal performance at Myrtle Beach, the awards came rolling in for both sophomore Caitlin Brown and first-year Gracen Staunton "It is a humbling experience to be recognized not only by the Middle Atlantic Conference but also regionally by the Eastern Collegiate Athletic Conference and nationally by the National Fastpitch Coaches Association, and Louisville Slugger. It is truly an honor to be commended for all the hard work I've put forth," Brown said.

In her second year playing for Wilkes, she has noticed the difference between her and the team's performance compared to last year.

"This year my approach to the plate is very different. I have worked a lot not only on my physical game, fundamentals and skills, but my mental game as well. This season we have a very positive and promising outlook. I see us having an improved overall record, sweeping all the teams we have split with and making it as far as possible in the post season," Brown said.

First-year player Staunton pitches for Wilkes, and she has exceeded the expectations of her fellow teammates.

"To me, the most impressive thing, through our first eight games, has been how well we are all doing our jobs on the field. My performance is really just a small part of the success of this team; the biggest part

of the accomplishments of this team are the players that defend when I am in the circle and all of us working to score runs. To be honest, I wouldn't be able to have pitching success without everyone being on the field and backing me up like they did in Myrtle Beach," said Staunton.

The softball team was chosen to place seventh in the conference out of eight, but the beginning of their season tells a different story.

"As for the future of this team: on the field, we will continue to improve as a team, and we will continue to surprise the people that voted us to finish seventh in the conference; off the field, these "team" experiences will teach us all how much we can accomplish (and succeed) when we all do our job," said Staunton.

Senior Lacey Bixler also has an interesting perspective on this season. After playing for the softball team for the four years, she thinks that this is her best opportunity to capture some wins in both the MAC and the playoffs.

"This years' team dynamics is a lot different than previous years. Our team this year clicks as a whole and we play as a unit. Our pitching is going to be a strong point this year. We have a lot of freshmen with talent.

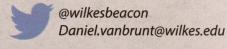
In previous years I feel as if there was always a piece of the puzzle missing, and this year I feel as if we have all the missing pieces," said Bixler.

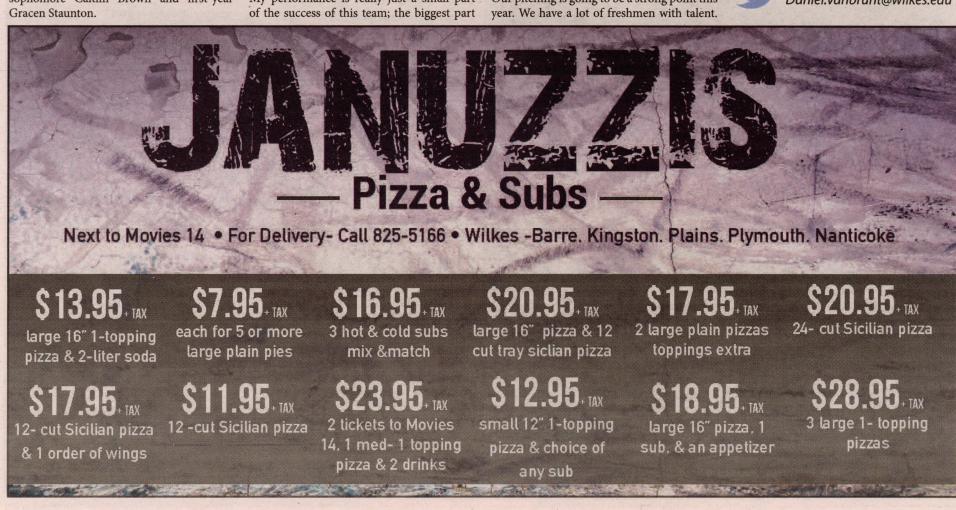
Bixler looks to Myrtle Beach as a sign that her team will perform well this season. She hopes to win the MAC, and personally, she hopes to accomplish many goals in her final season.

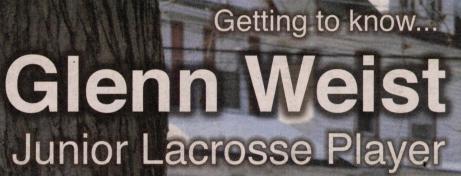
Staunton reflected on the numerous awards that she received early in her first season.

"As a first year player, I have been focused on doing the right things to get ready to contribute to the team this season. So, it was both a surprise and a very special honor the have been noticed for my performances in Myrtle Beach to start the season. But mostly, it got my attention that the hard work that we put in both as individuals and our successes and accomplishments as a team are being noticed by others," said Staunton.

The Wilkes softball team will begin their regular season with two conference games.







By Purvit Patel Sports Writer

Name: Glenn Weist
Year: Junior
Major: Criminology
Minor: Women and Gender Studies
Hometown: Frackville, Pa.
High School: North Schuylkill
Position: Midfielder

What was the driving force for your decision to come to Wilkes?

My driving force to come to Wilkes was how close it was to home, and how small the campus is.

What are your hopes for the upcoming

Hopefully we can end the season with a winning record and we have room to improve for the future.

What are your hopes for your next season as a Colonel?

Being at least a .500 team and making playoffs.

When/Why did you first begin playing lacrosse?

I first began playing lacrosse my freshman year, and I started playing because I was talked into it by my friends and Coach Jacques.

Do you have other sports/interest/hobbies off of the field?

I play football, and I like to hang out with friends, and watch Zay and Marcellus fight over 2K.

Who would you say, is the most influential person in your life? Why? My father, because he always is there for me no matter what, and shows me

A quote you live your life by? "Life's a garden, Dig it" – Joe Dirt

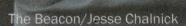
unconditional support.

What does "Be Colonel" mean to you? "Be Colonel" means doing the right thing and doing the best you can.

If you could have dinner with a famous person from the past, who would it be?

Dennis Rodman, because he definitely has some awesome stories.

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Getting to know...

Reilley Meanor

Freshman Women's Lacrosse Player

By Purvit Patel Sports Writer

> Name: Reilly Meanor Year: Freshman Majors: Finance & Psychology Hometown: Etters, Pa. High School: Red Land Position: Attack

Q: What was the driving force for your decision to come to Wilkes?

A: The girls on the lacrosse team really brought me to the school, they are more like a family then a team.

Q: What are your hopes for the upcoming season?

A: That we come together as a young team and find success in winning games.

Q: What are your hopes for your next season as a Colonel?

A: That we will continue to grow the program and the team to win the MAC [Freedom] conference.

Q: When/Why did you first begin playing lacrosse?

A: I started in 8th grade, it was a new sport to my town and looked fun!

Q: Do you have other sports/interest/ hobbies off of the field?

A: I love to run and work out with my friends.

Q: Who would you say, is the most influential person in your life? Why?

A: My dad, he has always been my biggest motivator and supporter.

Q: A quote you live your life by? A: "You do you."

Q: What does "Be Colonel" mean to you?

A: Helping other people when no one

Q: If you could have dinner with a famous person from the past, who would it be?

A: Jordan Belfort

Q: Does the lacrosse team have anything they would like to inform the student body?

A: Come out and see us play.



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By: Staff Writer

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Editor-in-Chief Sarah Bedford sarah.bedford@wilkes.edu

All majors welcome!

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