



# THE BEACON

Wilkes University

Wilkes-Barre, Pa. 18766

Volume 51 Number 11

December 3, 1998

Lycos  
sing mark



Beacon File Photo

Phillips, shown here warming up, finished the game with 510 receiving yards.

dedication of the offensive line helped senior captain Dave Kish and junior John Williams.

Defensive back Brian Hoskins led the squad in interceptions with six and Shannon led the team in tackles with 82.

## Is season

combined on a shutout with fellow freshman Brian May.

Although Nye played the majority of the time in goal, May also responded well to the time he was awarded. May saw action in four games and allowed only one goal in his 123 minutes of play. He recorded a shutout and saved 10 percent of the shots he faced.

The Colonels spread out their scoring this season as 14 different players scored goals and two more managed assists.

Sophomore Bill Schnieder ranked second on the team in goals with five and points with 16. He also managed 0.84 points per game to rank second behind Holland.

Junior Jarrad Max scored three goals and three assists. This brings his career total to eight goals, eight assists and 24 points.

Junior James Lacy played in only two games this season but scored 45 total points in previous seasons.

What if *The Beacon* staff decided not to put in the 253 hours per week that it takes to publish *The Beacon*?





# News

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Or the 3036 hours a semester?





News.....	20 hours/week
LifeStyles.....	22 hours/week
Sports.....	17 hours/week
Opinion/Editorial.....	16 hours/week
Writing.....	127 hours/week
Admin/Support.....	51 hours/week



Aren't you glad we did...



FOREC

FRI SAT

58 60

Weather courtesy

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Athletes of the  
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- Horoscopes
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# THE BEACON

Wilkes University

Wilkes-Barre, Pa. 18766

Volume 51 Number 11

December 3, 1998

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Weather courtesy WBRE.

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## Wilkes gets newchairs

By LARA LUKESH  
Beacon Staff Writer

With the university's recent restructuring, several departmental consolidations gave rise to the appointment of new chairs.

Seven new chairpersons were appointed and existing chairs' positions were reconfirmed.

Dr. Jeffrey Alves is the new chair of accounting and business administration. Alves is also the director of the Allan P. Kirby Center for Free Enterprise and Entrepreneurship and the Students in Free Enterprise.

Dr. Lester Turoczi is the chair of chemistry, biology and health sciences programs. Turoczi is a full professor of biology and was the former chair of biology.

He has also worked with the Guthrie Premedical Scholars Program with the State University of New York Health Science Center School of Medicine.

Performing a serious juggling act is Dr. Thomas Baldino who is now the chair of economics, communications, political science, sociology/anthropology and international studies.

Baldino was the former chair of the political science department and currently

serves as the advisor to the political science club and honor society.

He has served on university committees such as the Faculty Development Committee and the Strategic Planning Committee.

Baldino is also a consultant for the Upper Susquehanna-Lackawanna American Heritage River Project.

"I look forward to the challenging position as chair," said Baldino.

Education and psychology are now chaired by Dr. Diane Polachek, associate professor of education.

This is Polachek's first term as a department chair.

Polachek is most known among students for her extensive involvement with the children's television show "WOW."

She is currently collaborating on a series of educational programs to be produced at Wilkes



Photo courtesy of University Relations

New department chairs, beginning January 1, announced at Wilkes.

University's Thomas P. Shelburne

Telecommunications Center in the Stark Learning Center.

The former physics chair, Dr. Roger Maxwell, has acquired some new duties with his appointment as chair of engineering and physics.

Maxwell has also served on other major university committees such as the curriculum committee.

Maxwell is active with his students and the physics club.

Dr. Darren Fields will now chair English, history, philosophy and foreign languages.

Fields is an assistant professor of English and is up for tenure this year.

He is the current advisor for the Amnicola, serves on the

Graduate Studies Committee and the Faculty Development Committee.

Fields routinely presents papers at academic conferences, with his most recent presentation in Atlanta.

"As a grouping, the consolidated departments share a lot of foundation and I hope that we can build on our strengths as we go forward," said Fields.

Mr. Jim Harrington is the new chair of music, theatre, dance and art holding a one year appointment.

Harrington serves as the faculty advisor for ALLY, is a board member of the Diversity Institute, the League of Women Voters, and the Cultural Council.

Harrington is the instructor for pipe organ, harpsichord and keyboard literature classes.

He is the assistant to the dean of the College of Arts, Sciences and Professional Studies.

"I look forward to working with members of the art department, bright and talented faculty and students, to make the arts at Wilkes stronger," said Harrington.

Chairs maintaining their positions are: Colonel Scott Papp, aerospace studies (ROTC); Dr. Dale Bruns, geo-environmental sciences/engineering; Dr. Steven Tillman, math/computer science; and Mary Ann Merrigan, nursing.

## Music to your ears

By LARA LUKESH  
Beacon Staff Writer

The Wilkes University Jazz Ensemble will present a free concert Thursday, December 3, 1998, at 8:00 p.m. in the Edward Darling Jr. Theatre of the Dorothy Dickson Darte Center for the Performing Arts.

Percussionist Steve Fidyk, who received a bachelor's degree in music education from Wilkes in 1990 and pursued a master's degree in music performance from the University of North

Texas, is the featured guest for the concert.

He currently runs a private teaching practice, conducts clinics and masters classes, and is the director of drum set studies at the University of Maryland.

Fidyk has studied with Wilkes University percussion professor Robert Nowak and well-known jazz artists John Riley and Ed Soph.



He has performed and recorded with Michael Abene, Mark Taylor, the Chris Vadala Quartet, the Army Blues Jazz Ensemble and at the International Association of Jazz Education Convention, the Greely Colorado

Jazz Festival, the Hollywood Jazz Festival and the Walt Disney World Jazz Festival.

For more information about



the concert, call the Wilkes University department of music, theatre and dance at (717) 408-4420.

For more holiday concert information, see page two.





# News



## Tubas tootin' holiday toons

By LARA LUKESH  
Beacon Staff Writer

The Wilkes University music department will present their first Tuba Christmas celebration in conjunction with the Wyoming Valley Mall on Sunday, December 6, at 5:00 p.m.

Tuba Christmas began 25 years ago in Rockefeller Center, NY. This year, 171 cities nationwide and Walt Disney World, will host their own Tuba Christmas as licensed through International Tuba Christmas.

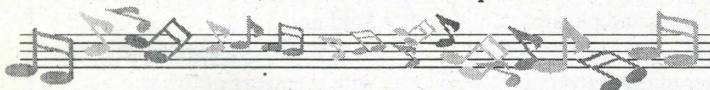
A group of 30 baritone horns and tubists will play arrangements of traditional carols such as "Silent Night," "Away in a Manger," "Good King Wenceslas," "Go Tell it on the Mountain," and "Jingle Bells." The performers include Wilkes students, middle and high school students and community musicians.

"The combination of tubas and smaller baritone horns has been compared to an all male chorus," said Charles Turner, a new addition to the Wilkes music department and the director of this year's ensemble. Phil Ioanna is the co-director.

The ensemble hopes to be accompanied by members of the audience as they are asked to sing along to their favorite carols.

Admission is free. In support of the Harvey Phillips Foundation, performers pay a registration fee which provides educational opportunities and scholarships for musicians.

For more information, contact the music department at 408-4420.



## Police blotter...



Here are some incidents that occurred right here in Wilkes-Barre:

• On November 21, 1998, criminal mischief occurred at 254 High Street between the hours of 12:00 a.m. and 11:20 a.m.

An unknown person(s) smashed the passenger side window on the victim's 1995 Chevrolet. The vehicle is assigned to Code Enforcement.

• On November 22, 1998, a burglary occurred at 221 Barney Street between the hours of 12:00 a.m. and 9:12 a.m.

An unknown person(s) entered the victim's residence and removed the following:

- one Panasonic 13" color television
- one Panasonic 20" color television
- two Panasonic VCRs
- one Emerson

microwave oven  
The value of the stolen items was \$800.

• On November 22, 1998, a burglary occurred at 417 Blackman Street between the hours of 3:30 a.m. and 5:30 a.m.

An unknown person(s) entered the victim's residence and removed a 32" television.

• Between November 24 and 25, 1998, a theft occurred at 239 North Main Street between the hours of 8:00 a.m. and 10:35 p.m.

An unknown person(s) removed the victim's white ceramic lion from her front porch.

The value of the stolen items was \$125.

## Students study soybeans

**WILKES-BARRE--** Dr. William Terzaghi, assistant biology professor, Wilkes University, from Kingston, Pa., was recently awarded a \$49,969 grant by the United States Department of Agriculture (USDA) to study fatty acid synthesis in soybean plants.

Results from the two-year project may ultimately lower the cost to the consumer.

"Fatty acid synthesis is important to study because the kinds and amounts of fatty acids in soybean seeds affect their value, and the kinds in leaves and roots affect how well the plants grow," said Terzaghi.

The grant will help Terzaghi and his team of 16 Wilkes students study one of the genes involved in fatty acid synthesis.

His previous research has focused on how plants turn genes on and off, and how plants cope with changes in temperature.

He has obtained results which indicate that one way plants adjust to changes in temperature is by altering the fatty acids they make.

In this project, Terzaghi will combine these two research interests to help determine how plants regulate fatty acid synthesis in response to temperature.

Results from this project may be useful for breeding soybeans with improved seed quality, or which are better at coping with changes in temperature.

Soybeans are the second

most important crop grown in the United States, in terms of cash value.

The part that is consumed is the seeds, which are used for both their proteins and their oils.

Soybean protein is used in a variety of different foods, and soybean oil is used in such foods as margarine, cooking oil and coffee creamer, just to name a few.

"The students will be working on all aspects of the project for course credit or as volunteers," said Terzaghi.

"Part of the grant money will be used to hire two students to work on the project over the summer for two consecutive years."

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## The Beacon

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The Beacon is the student newspaper of Wilkes University. All editorial decisions are made by the student editors. All opinions expressed within The Beacon are those of the author or source quoted. The Beacon office is located on the second floor of Hollenback Hall.

## Background Info.

•Established in 1947

•Awarded by the  
Association Scholastic Press  
Association

•Printed on Thursdays, with  
exceptions for school holi-  
days and final exams

•1,100 to 2,500 papers are  
distributed weekly

•We're on the World Wide  
Web:

<http://wilkes1.wilkes.edu/~beacon/index.html>

## Let

Letters should include  
than 250 words a  
printed in the order  
the Tuesday prior  
intercan

Dear Editor:

What do the following  
Attendance for 8:00 a.m.  
they're all lies. "Get Lucky  
the public about safe sex and  
students.

I came to Wilkes because  
The solid ethical and  
standards prompted my trans  
same values which drew  
in the students' eyes,  
characterizing Wilkes  
politically correct thinking

I first saw the article rega  
I have been proud to call  
I can only hope that the stu  
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about representing the  
education and student succe

Sincerely appalled,  
Lara Lukesh

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# Opinion

## Letters to the Editor

### Letters to the editor guidelines:

Letters should include your name and phone number. They should be no longer than 250 words and must be signed in order to be printed. Letters will be printed in the order they are received and must be submitted by 10:00 a.m. on the Tuesday prior to publication. Letters can be sent via electronic mail, intercampus mail or dropped off at The Beacon office.

Dear Editor:

What do the following statements have in common: Drunk driving is OK; No, still means Attendance for 8:00 a.m. classes is optional; and the student government represents ME? They're all lies. "Get Lucky in the Woods" night, designed by the student government to educate the public about safe sex and responsible drinking, made a mockery of Wilkes University

I came to Wilkes because the college I previously attended did not have a serious academic atmosphere. The solid ethical and moral atmosphere at Wilkes combined with its high academic standards prompted my transfer. Now a few negligent, yet influential, students have subverted the same values which drew me to Wilkes. Not only have they diminished the reputation of Wilkes in the students' eyes, but they saw fit to go public with their "Get Lucky in the Woods" night, characterizing Wilkes students as decadent, reckless and amoral. In an age of responsible and politically correct thinking, "Get Lucky in the Woods" smacks of sexual innuendo and lewd behavior.

I first saw the article regarding this event in *The Weekender* as I was waiting for my car to be towed. Imagine my horror when the children sitting across from me, ages 9 and 12, were laughing in reading about the relationship between Wilkes students and "Condoman." The student government's lack of concern for the welfare of the university troubles me greatly. What troubles me even more is the image portrayed by our alleged representatives is that the student government as a whole endorsed this event. Such remiss undermining Wilkes students' reputations has had an adverse impact on the public's perception of me and my fellow classmates. I work at a local restaurant and have had to defend myself and Wilkes to several regular guests. Until this event, I have been proud to call myself a Colonel. Now, with embarrassment and anger, I am forced to explain a situation of which I had no part and most certainly would not endorse.

I can only hope that the student government is as publicity-hungry with a retraction and apology for their reprehensible and irresponsible behavior. If the university's student government is serious about representing the students and setting the standard for excellence, then they should focus on education and student success first.

Sincerely appalled,  
Lara Lukesh

## Our differences aren't that great

### An editorial

I know that many Wilkes students feel that, in our little community of fewer than 3,000 people, we are immune to prejudice, racism and bigotry. Although I have noticed that fewer students that I interact with use racial slurs as a major part of their dialogue, the amount of hatred and uneducated bias is unbelievable.

Just a few weeks ago, I sat at a party where about 35 people were just relaxing and having a good time. About a dozen of people walked through the door and three of them happened to be black men. Thirty-four of the existing mouths in the room said nothing about the crowd, but one uneducated, annoying, selfish mouth said "What is this a multicultural coalition meeting?"

Much to my chagrin, the young lady with the strong opinions was asked to leave by the other parties, but the damage was already done. The three black men, who had never previously caused a problem during their frequent visits to the party house, were in an uncomfortable position and the residents of the house could do nothing about it.

In a separate incident this past Monday, I witnessed a cab driver refuse a ride to a professional-looking black woman who was on Public Square with her children. I was raised to believe that women and children, no matter what age, race or religion are to be treated with the utmost respect at all times. This cab driver was evidently taught differently.

The lady simply asked the driver to do his job and he refused. I could understand the man refusing the woman a ride if she had been disrespectful and rude in her approach, but she had not yet said a word. The cab driver just got out of the cab, waved his finger at the woman, her children, and a pair of black men who were using a nearby telephone and said, "I don't deal with your kind."

This is absolutely disgusting. What right does an ignorant college girl or an uneducated cab driver have to tell anyone what they can or cannot do. In my opinion, it is the right of the three black men at the party and the young, professional, black woman to tell the bigots to go to hell because they have learned that there is only one race. That one race, the human race, is one. We all work together. We all play together. We all relax together. We are one.

Humans have the ability to reason. Use it!

*Each week a member of The Beacon editorial staff writes an editorial representing the opinion of the editorial board. It is not meant to reflect the opinions of the University as a whole.*

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# Schedule of Events

## Thursday, December 3

- Inter-Residence Hall Council, SUB basement, 11:00 a.m.
- Multicultural Student Coalition Meeting, Alumni House, 11:00 a.m.
- Programming Board Meeting, COB 106, 11:30 a.m.
- Weight Management Group Meeting, Health Services waiting room, 12:00 p.m.
- Student AIDS Awareness Committee Meeting, COB 209, 12:00 p.m.
- Intramural Aerobics, Wrestling Room, 12:10 p.m.-1:00 p.m.
- Jazz Ensemble, CPA, 8:00 p.m.

## Friday, December 4

- Intramural Aerobics, Wrestling Room, 12:10 p.m.-1:00 p.m.
- "The Negotiator," CPA, 7:30 p.m.

## Saturday, December 5

- Wilkes University Chorus and Chamber Singers, First Presbyterian Church, 8:00 p.m.

## Sunday, December 6

- Luzerne County Children & Youth Services Christmas Party

## Monday, December 7

- Intramural Aerobics, Wrestling Room, 12:10 p.m.-1:00 p.m.

## Tuesday, December 8

- Intramural Aerobics, Wrestling Room, 12:10 p.m.-1:00 p.m.
- Circle K Meeting, Alumni House, 5:30 p.m.

## Wednesday, December 9

- "Talk it Out," Alumni House, 5:00 p.m.-6:00 p.m.
- Scripture Study, Alumni House, 6:30 p.m.-7:30 p.m.
- Student Government Meeting, Marts 214, 6:30 p.m.
- Martial Arts Club Meeting, Wrestling Room, 6:45 p.m.

## From the Editor's desk:

### Where would you be without the news?

Twelve weeks a semester *The Beacon* staff and writers spend an incredible amount of time complying news effecting the Wilkes community. As with most things, this work seems to go on virtually unappreciated with the exception of the stringent criticism we receive on a weekly basis. Constructive criticism is welcome, but most welcome would be our readers channeling their efforts into helping us, *The Beacon* staff - all students like you - to make this a better paper.

We are a team and we do what we can to produce the best paper possible. We pour our heart and soul into these pages, every week. But we are only six editors (students), trying to get, train and keep writers to cover the events and issues that effect us all.

While you may be watching television, spending the night hanging out with friends, studying or sleeping, we spend our night writing, editing and laying out a paper for your benefit. We are not professional journalists. We are regular students, learning and teaching each other as we go. We are not all communications majors with aspirations of becoming Pulitzer prize winning journalists. We are education, sociology, english, psychology, history and communications majors.

It is difficult to put a paper together, week after week, hearing only the negative - what we did wrong, what we should do better, what you could have done better.

We read all of the Letters to the Editor, the e-mails, listen to the voicemails and review the corrected copies of *The Beacon* we receive anonymously through inter-campus mail. And we invite each of you to spend a week with us as we create *The Beacon*. Nothing would make us happier than to have each of our critics fill our shoes for a week, better yet, for a semester. We would like to see how you handle juggling classloads, staying current with what is going on around campus, assigning story ideas to writers, assisting writers with those stories, editing the stories, arranging for pictures to coordinate with the stories, designing the pages and re-designing the pages when stories don't come in, pictures don't work, events are cancelled or postponed, all the while trying to maintain some semblance of a private life.

Do you have 17 hours a week to spare? Without *The Beacon* we would.

## ATTENTION

Fall 1999 School of Pharmacy applications are available for pick-up in Stark 115.

Deadline for applications is February 1, 1999.

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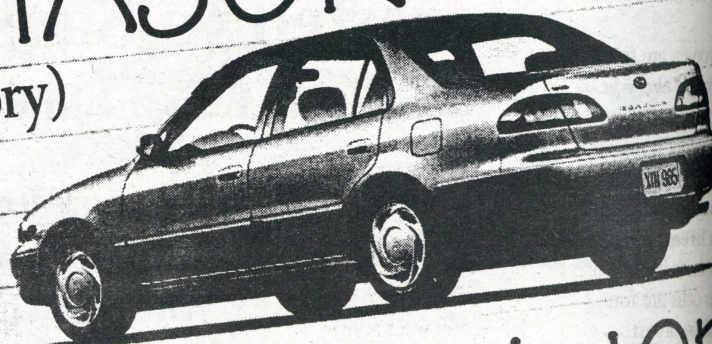
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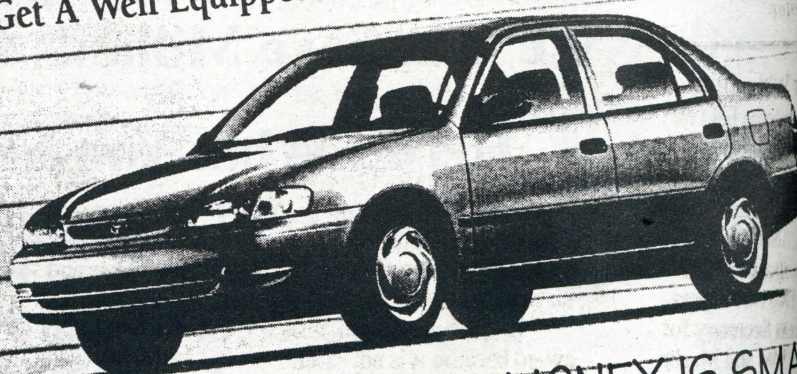
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# Li Breast

By ALYSSA KASLA  
Beacon News Editor

"It's so hard being all of this at once," said Jones.\* She has just been diagnosed with breast cancer among women. A time of year, she is thankful for.

With the Thanksgiving holiday having just passed, many also credited them with that good health. Unfortunately most people, especially women, do not go for regular check-ups or to the doctor when they think something is wrong. That was the case with Jones. She knew that she had a lump in her breast for a long time, but she just didn't want to admit that something could be wrong.

"I found the lump about a year ago, but I just thought it would go away. Then one day I was doing housework and it was much bigger than it ever had before."

"I decided then that it was time to go to the doctor," said Jones.

Many women are faced with this same struggle every year. Breast cancer has become one of the fastest growing forms of cancer, but it also one of the most curable if caught early.

**What is Breast Cancer?**  
Breast cancer is a disease in which cancer cells are found in the tissues of the breast.

Each breast has 15-20

## Chambe

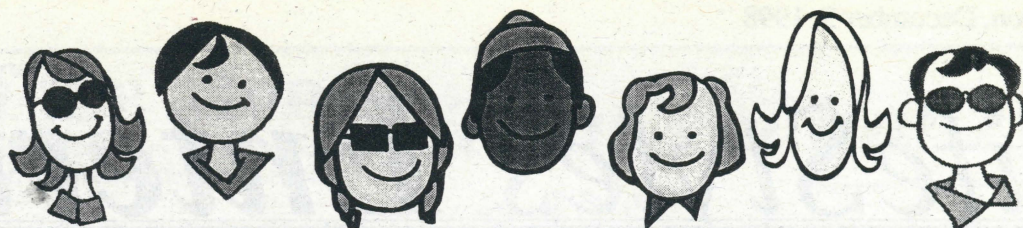
By LISA RUGGIERO  
Beacon Staff Writer

The Greater Wilkes-Barre Chamber of Commerce held its 14th Annual Dinner on November 12th at the Woodlands Inn and Resort. The theme for this year's event was "Secretaries." M&T Bank sponsored the event. Speakers included Dee Dee Myers, White House Press Secretary for Bill Clinton, 1993-94 and Marjorie White, White House Press Secretary for Presidents Reagan and Bush, 1983-1992.

The Chamber's awards and accomplishments were also presented at the dinner. The



# LifeStyles



## Breast of burden: Becoming aware of Breast Cancer

ALYSSA KASLAVAGE  
News Editor

"It's so hard being hit with this at once," said Alice Jones. She has just been diagnosed with breast cancer, one of the most popular types of cancer among women. At this time of year, she is thinking that she doesn't have much to be thankful for.

With the Thanksgiving holiday having just passed, many give thanks for their health. They also credited themselves with that good health. Unfortunately, most people, especially women, do not go for regular check-ups or to the doctor when they think something is wrong.

That was the case with Jones. She knew that she had the lump in her breast for a long time, but she just didn't want to admit that something could be wrong.

"I found the lump about one year ago, but I just thought that it would go away. Then one day I was doing housework and it felt much bigger than it ever had before."

"I decided then that it was time to go to the doctor," said Jones.

Many women are faced with the same struggle every year. Breast cancer has become one of the fastest growing forms of cancer, but it also one of the most curable if caught early.

### What is Breast Cancer?

Breast cancer is a disease in which cancer cells are found in the tissues of the breast.

Each breast has 15-20

sections called lobes, which have many smaller sections called lobules. The lobes and lobules are connected by thin tubes called ducts.

The most common type of breast cancer is ductal cancer. It is found in the cells of the ducts.

Cancer that begins in the lobes or lobules is called lobular carcinoma. Lobular carcinoma is often found in both breasts.

Inflammatory breast cancer is an uncommon type of breast cancer. In this disease, the breast is warm, red and swollen.

You should see your doctor if you notice any changes in your breasts. Women older than 40 years of age should also have a mammogram, which may find tumors that are too small to feel.

Your doctor may have to perform a procedure called a biopsy. In a biopsy, a small piece of the mass is removed to examine for abnormal cells.

Sometimes the biopsy is done by inserting a needle into the breast and drawing out some of the tissue.

### Stages of Breast Cancer

Once breast cancer is found, more tests will need to be run to determine if the cancer has spread from the breast to other parts of the body. This is called staging.

To determine what treatment plan you will be using, the doctor needs to know the stage of your cancer.

About 15 to 20 percent of diagnosed breast cancers are very early cancers called breast cancer in situ. They are sometimes called carcinoma in situ (found only in the duct area).

There are two types of breast

cancer in situ. One type is ductal carcinoma in situ (also known as intraductal carcinoma) but for the purpose of classifying the disease, it is called breast cancer in situ, carcinoma in situ or stage zero

**"...I am a fighter  
and I will not let  
this cancer get the  
best of me."**

**- Alice Jones\*  
cancer patient**

breast cancer.

Sometimes lobular carcinoma in situ is found when a biopsy is done for another lump or abnormality found on the mammogram. Patients with this condition have a 25 percent chance of developing breast cancer within either breast in the next 25 years.

Stage I cancer is no larger than two centimeters, about one inch and has not spread outside the breast.

Stage II cancer can have any of the following:

- The cancer is no larger than two centimeters, but has spread to the lymph nodes under the arm (the auxiliary lymph nodes).

- The cancer is between two and five centimeters (from one to two inches). The cancer may or may not have spread to the lymph

nodes under the arm.

- The cancer is larger than five centimeters, (larger than two inches) but has not spread to the lymph nodes under the arm.

Stage III cancer is divided into stages IIIA and IIIB.

Stage IIIA is defined by either of the following:

- The cancer is smaller than five centimeters and has spread to the lymph nodes under the arm, and the lymph nodes are attached to each other or to other structures.

- The cancer is larger than five centimeters and has spread to the lymph nodes under the arm.

Stage IIIB is defined by either of the following:

- The cancer has spread to tissues near the breast (skin or chest wall, including the ribs and the muscles in the chest).

- The cancer has spread to lymph nodes inside the chest wall along the breast bone.

Stage IV cancer has spread to other organs. Most often to the bones, lungs, liver or brain, or, the tumor has spread locally to the skin and lymph nodes inside the neck, near the collarbone.

Recurrent disease means that the cancer has come back after it has been treated. It may come back in the breast, in the soft tissues of the chest (the chest wall), or in another part of the body.

### How Breast Cancer is Treated

There are treatments for all patients with breast cancer. Five types of treatment are used to treat patients with this disease.

- Surgery, removing the

cancer in an operation

- Radiation therapy, using high-dose-x-rays to kill cancer cells

- Chemotherapy, using drugs to kill cancer cells

- Hormone therapy, using hormones to stop the cells from growing

- Biological therapy, using your body's immune system to fight cancer and bone marrow transplantation are being tested in clinical trials.

Most patients with breast cancer have surgery to remove the cancer from the breast. Usually, some of the lymph nodes under the arm are also taken out and looked at under a microscope to see if there are any cancer cells.

No matter what treatment your doctor has prescribed for you, the first step has already been taken. Going to the doctor regularly and doing self-examinations on your breasts is key in fighting this disease.

"I know that I have a tough battle ahead of me, but I am a fighter and I will not let this cancer get the best of me," said Jones.

With a strong will to live and a great support team, there is no reason that any victim of cancer will not beat the odds. It's time that all of us start to take care of what's on the inside and not just what's on the outside.

Information in this article provided by: [http://www.mediconsult.com/breast/shareware/overview\\_breast/](http://www.mediconsult.com/breast/shareware/overview_breast/)

\* name changed to protect privacy.

## Chamber of Commerce says, 'Meet the press... Secretaries'

LISA RUGGIERO  
Staff Writer

The Greater Wilkes-Barre Chamber of Commerce held its 46th Annual Dinner on November 19 at the Woodlands Inn and Resort. The theme for this year was "Meet the Press...Secretaries."

M&T Bank sponsored the speakers: Dee Dee Myers, White House Press Secretary for Bill Clinton, 1993-94 and Marlin Fitzwater, White House Press Secretary for Presidents Reagan and Bush, 1983-1992.

The Chamber's awards and accomplishments were also honored at the dinner. The

Wilkes-Barre Chamber was awarded the 1998 Small Business Administration's Eastern Pennsylvania Region Chamber of the Year, as well as numerous other honors.

Vincent J. Matteo, senior vice president, Chamber of Commerce, was given the Pennsylvania Chamber of Commerce Executives' Keystone Award for his dedication and service.

This is a very distinguished award because it is not given every year, but rather only when the executives feel it has been earned; Matteo is one of very few to merit this honor.

According to Donna Sedor, committee director, the Chamber

of Commerce tries to choose speakers who would be of interest to its members. Past guests have included the attorney for the Manson case and Joe Paterno.

Myers was the first woman and youngest person to ever hold her position.

She worked on the presidential campaigns of Walter Mondale and Michael Dukakis. She is also affiliated with the CNBC talk show "Equal Time."

Fitzwater is the only press secretary in history to be appointed by two presidents and gave over 850 briefings in six years.

During his service, he met with the Queen of England, the

Pope, Deng Xia Ping, Boris Yeltsin, Nelson Mandela and Margaret Thatcher.

Myers and Fitzwater presented their opinions on a variety of presidential issues, focusing on the Lewinsky scandal.

Although the dinner was a non-partisan event, they exchanged friendly banter about key Republican and Democrat leaders as well as the President. They both forecasted the outcome of the Judiciary Committee meetings, agreeing that President Clinton probably did commit some wrongdoing, but that he would not be impeached.

When asked why she agreed to come to the Wilkes-Barre area,

Myers said, "It's (speaking) a great opportunity to travel to interesting parts of the country. Pennsylvania is up for grabs in the presidential election and the aging population has Senate seats up for grabs. There's an interesting mix of Republicans and Democrats in this area."

Members of the Wilkes community were in attendance, including President Breiseth and freshman David Duke. Duke, a political science major, said, "It was a very worthwhile event to go to. It was a real honor and privilege to meet and talk to them and see what down-to-earth people they are after seeing them on TV."



# LifeStyles Entertainment



## Aligning the planets with Madame Zelda

**Taurus (April 20 - May 20)** Listen to your friends ideas, they will be useful later on in the week. Remember that no problem is ever too big to tackle and even the longest and darkest tunnels have a light at the end.

**Gemini (May 21 - June 21)** You are feeling that no one takes you seriously. Start showing them that you mean business and things will be better by the weekend.

**Cancer (June 22 - July 22)** You're holding back from the people closest to you this week. Take the time to talk things out with those people and let them know that you need your space and freedom to accomplish your goals.

**Leo (July 22 - August 22)** Find the time to focus on a number of different tasks. Take this weekend to spend time with your family or give them a call so they don't feel left out in your life's chaos.

**Virgo (August 23- September 22)** Your high energy will keep you on top of your work duties and responsibilities. Also, someone that owes you a favor will be paying a visit.

**Libra (September 23 - October 23)** Concentrate on personal objectives as well as career ambitions. Focus on your goals this week and keep in mind that they are most important.

**Scorpio (October 24 - November 21)** This week you feel like all you do is work and you have had zero time for relaxation. Save some time for yourself this weekend before you go nuts.

**Sagittarius (November 22 - December 21)** Friends are what you need right now. You are going through a rough spot in your life and you feel like everyone is against you. Stop beating yourself up about everything and let things work themselves out.

**Capricorn (December 22 - January 19)** This is a favorable week for planning a trip with a special someone. This secret romance will unfold and be essential in your life right now.

**Aquarius (January 20 - February 18)** Two people who mean a lot to you right now are forcing you to choose between them. Let them know that you will choose neither unless they agree to a mutual standpoint.

**Pisces (February 19 - March 20)** Just when you thought your work load was low, an unexpected project popped up. Tackle it as soon as you can or you will regret it when you're trying to get it done and cram for finals at the same time.

**Aries (March 21 - April 19)** Think about your needs first this week. You have been spending time looking out for everyone else it is time you start looking out for yourself.



## Inner peace with Ani

### Finals

### Stress...

Dear Ani,  
I'm  
wondering if you  
can give me  
some advice,  
because I feel

like I'm going nuts worrying about my problem. I have been having a really rough semester. I have a lot of hard classes, I have been sick on and off all semester and feel like I am not going to make it through my finals.

If I do well on my finals, I will do fairly well overall this semester, but if I don't, I may fail a few of my classes. The problem is that I feel like it is just too much work to do to study hard for six finals.

I feel overwhelmed knowing that there is only a week and a half until finals start and I don't know if there is enough time for me to study for so many finals. I am just so tired of school and don't feel like studying for any of them.

I was wondering if there is any advice you could give me for some motivation or something because I really don't feel like going all out and studying hard this semester.

At the same time I don't want to do bad. I am just feeling overwhelmed and bogged down with work. I have a ten page paper and a 20 minute presentation due before classes are over and just thinking about having to do both that and find time to study for finals is really getting me depressed. Can you help me out?

—Freakin' out over finals

Dear Freakin' Out,

OK, only advice I can give you: HANG IN

**\*\*send questions to inner\_peace@hotmail.com\*\***

THERE! It's totally normal to be really stressing final hey, I've been there and so have a lot of other people.

You've probably been through this before, just remember how it feels to walk out of that last final and know you have a whole month to relax and not have to crack a book.

You have to hang in there now, study hard and do well on your finals keeping in mind it will all be over a few weeks. Push hard now and work as hard as you can and you'll see the results when you receive your grades. This way, you can be happy with your grades and enjoy your break instead of being upset over poor grades and wishing you had worked harder.

If you feel you need help studying, I suggest getting a tutor from the Learning Center. The Learning Center on the 3rd Floor of the SUB. If you need a tutor to help you out in a particular class, they can give you one at no charge. Otherwise, to help you out with your anxiety, talking to some of your peers about finals.

You may find they are stressing finals just as much as you are. Maybe you could get together with friends from your classes to study in a group, which can help make studying a little less stressful. Being organized in your studying is another way to get things done and keep on track. Plan to study a certain amount of time every day from now until finals and take advantage of the weekend before finals to study, study, study!

If you have worked hard all semester to get to this point, just hang in there a little longer to finish the semester off with good grades. Get your act together, start studying, work your butt off for the next two weeks and do what you have to do! Good luck!

—Peace, Ani

## The Beacon

The Beacon Athletes of the year...  
The athletes considered for All-Tournament photographers and correspondents...  
The ultimate decision of the year...  
and the Wilkes University sports...  
All statistics are courtesy of...

## Robyn

Sophomore shooting guard Robyn Mendygral has more replaced last year's emotion...  
Kristen Cookus. She has con...  
sated for the loss by adding...  
leadership of her own.

Mendygral was named t...  
All-Tournament team in the...  
Tournament and also played...  
against the Fairleigh Dickinson...  
University of Madison Lady...

For her efforts, Mendygral...  
The Beacon female Athlete of...  
Month for the month of Novem...

Although the Lady Color...  
had only three games in the m...  
of November, Mendygral and...  
teammates have proved that th...

## Dave J

Dave Jannuzzi has lead th...  
Colonels men's basketball team...  
scoring in each of their first th...  
games. He has averaged 27 po...  
per contest and has nailed 13 th...  
pointers in the club's three vic...  
These scoring efforts have earn...  
Jannuzzi The Beacon male Ath...  
of the Month for the month of...  
November.

In the season opening...  
Dickinson College/Pizza Hut T...  
Off Tournament, Jannuzzi scor...  
points. In the two games, Jannu...  
knocked down nine three-point...  
and was named to the All-Tourn...  
ment Team. Jannuzzi was also...  
named the Tournament's Most...

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# The Beacon Athletes of the Month

The Beacon Athletes of the Month is a decision-making process that has been implemented by this year's Beacon staff. The athletes considered for Athlete of the Month are recommended to the editorial staff by Beacon staff writers, editors, photographers and correspondents.

The ultimate decision of who earns the Athlete of the Month award is decided upon by Scott Veith, Beacon Sports Editor and the Wilkes University sports information department.

All statistics are courtesy of John Seitszinger, director, sports information.

## Robyn Mendygral: Basketball

Sophomore shooting guard Robyn Mendygral has more than replaced last year's emotional leader Kristen Cookus. She has compensated for the loss by adding some leadership of her own.

Mendygral was named to the All-Tournament team in the Hunter Tournament and also played well against the Fairleigh Dickinson University of Madison Lady Devils.

For her efforts, Mendygral is The Beacon female Athlete of the Month for the month of November.

Although the Lady Colonels had only three games in the month of November, Mendygral and her teammates have proved that they

have the ability to play against top competition.

Mendygral, a mathematics major from Askem, Pennsylvania, has worked her 5'2" frame into the Lady Colonel starting lineup after being a key reserve for last season's squad. Despite her limited size, Mendygral is not afraid to crash the boards for rebounds and fall to the floor to pick up a loose ball.

Other athletes that were nominated for the female Athlete of the Month were field hockey and basketball player Jill Wilson and basketball players Katie Watkins and Angela Collins.

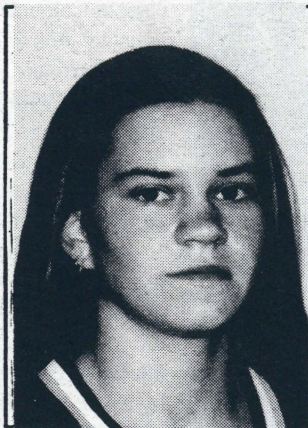


Photo courtesy sports information

Robyn Mendygral is named The Beacon female Athlete of the Month for November, 1998.

## Dave Jannuzzi: Basketball

Dave Jannuzzi has lead the Colonels men's basketball team in scoring in each of their first three games. He has averaged 27 points per contest and has nailed 13 three-pointers in the club's three victories. These scoring efforts have earned Jannuzzi The Beacon male Athlete of the Month for the month of November.

In the season opening Dickinson College/Pizza Hut Tip-Off Tournament, Jannuzzi scored 54 points. In the two games, Jannuzzi knocked down nine three-pointers and was named to the All-Tournament Team. Jannuzzi was also named the Tournament's Most

Valuable Player.

Jannuzzi, a pre-season all-American, was named the Middle Atlantic Conference Freedom League Player of the Week for the initial week of the season as he lead the Colonels to the Dickinson Tournament Championship.

Against the Marywood Pacers in the squad's final game of November, Jannuzzi scored 27 points and nailed four three-pointers.

Also considered for The Beacon Male Athlete of the Month were football players Brian Miller and Mike Hankins and Jannuzzi's teammates Brian Gryboski and Scott Cleveland.

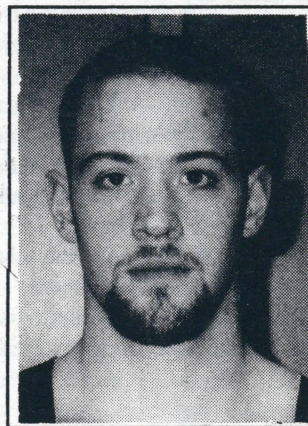


Photo by Derek Bleiler

Dave Jannuzzi is named The Beacon male Athlete of the Month for November, 1998.

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## That's what I say



with SCOTT VEITH

Every year, college students feel the need to get in shape during the month between Thanksgiving and Christmas. The gym at the Marts Center, no matter what time of day, is full with people who have never touched a weight in their life and it only happens at this time of year. I don't understand what makes these people think that 15 workouts are going to turn them into Arnold or Kiana.

I just can't comprehend what goes through these people's heads when they think of going to the gym. It must be something like, "I might as well go work off the extra 20 pounds I put on over Thanksgiving break."

Do they really think this will happen in a matter of days? I know that some people are just not into the whole sports thing, but any moron who paid attention to their high school health or science teachers knows that this is just impossible.

Maybe they say to themselves, "I have to look good in a bathing suit this summer, so I'll get in 10 good workouts before Christmas and I'll be alright."

Hate to break it to you guys, but it takes almost six weeks of hard work to see good results from a workout plan. This stuff doesn't happen overnight. As a wise man (well, my high school football coach actually) once said, "If a perfect body came in a bottle, don't you think I would have one by now?"

My favorite part of these useless workouts is when one fat lard tries to convince three scrawny dudes that his arms took a lot of work to get as big as they are, or that his legs are huge because he's been lifting and running since he was 10 years old.

Let's be honest with ourselves. The fat guy's arms are huge because every time he gets out of bed, he has to bench press 400 pounds of his own body weight just to stand up. His legs are not huge from lifting weights. His legs are huge because they have to carry around his big arms and big gut. Chances are, if the lard had been lifting and running on a regular basis for the past ten years, he wouldn't be a fat lard in the first place. These guys are only embarrassing themselves.

Maybe these workouts are not about getting in shape at all. Maybe these three weeks of workouts are all about something that we weight room regulars would never understand. Maybe these out of shape people who want to be in shape go to the gym to meet other out of shape people who want to be in shape and form some kind of bond. Maybe they come together and comfort each other by saying, "No, it's O.K. to be out of shape. I've done it for years and I don't look that bad, do I?"

If this works for them, then so be it. Everyone is entitled to their fair share of fun. Just let me make one suggestion.

Do it somewhere else.

Of course, there are the faithful regulars who have been there at least twice a week since the beginning of school and the casual lifters who just want to get in a good workout once in a while. These people get the big thumbs up. It's difficult to map out a workout plan and stick to it.

The most common complaint that I hear from the regulars when I'm at the gym is that it's too crowded. A hard worker will overlook the fact that the facility is not the best gym in the world, do their thing and get in a good workout. The people that complain about the poor equipment are the same people that wouldn't understand how to use the equipment if they tried.

The weight room is not for people who played sports in high school and want to prove to their buddies that they are still as strong as they think they are. The weight room is not a place for girls who have just bathed in perfume to come and see if there are any hot guys working out. (I'll give you perfume-bathing girls a hint: there are no hot guys down there, so stay home.) The weight room is for people who truly want to get in shape and stay in shape.

Please don't show up if you're looking for a date or an excuse not to study. If that's your objective, play a few games of beer pong or maybe some other drinking games. They are a whole lot easier than lifting weights or riding the stationary bike and you may actually score a date. I'm sure you can find dozens of students to play along. Just stay out of the gym if you don't really want to be there.

The ideas expressed in this column are generated through everyday interaction with Beacon readers and members of the Wilkes community.



# Sports

## Men's hoops blow out first three opponents

By SCOTT VEITH  
Beacon Sports Editor

The Wilkes University men's basketball team has had an easy time with their first three opponents. The Colonels, who are ranked as high as third in national Division III college hoops polls, are coming off a Final Four appearance last season. They have had no trouble living up to their preseason billings as they made short work of three non-conference opponents.

The Colonels beat Beaver College and Elizabethtown College on consecutive days in the annual Dickinson College/Pizza Hut Tip-Off Tournament. The Colonels won the tournament decidedly.

This was the first of three tournaments that the Colonels will participate in this season. The next will be the York Tournament on December 11 and 12. The final tournament of the regular season will be the Colonel Classic that takes place on January 8 and 9.

Against Beaver, the Colonels managed 73 points. The squad was lead by junior guard Dave Jannuzzi who knocked down 18 points and had five rebounds. Junior forward Scott Cleveland scored six points and grabbed six rebounds. Senior

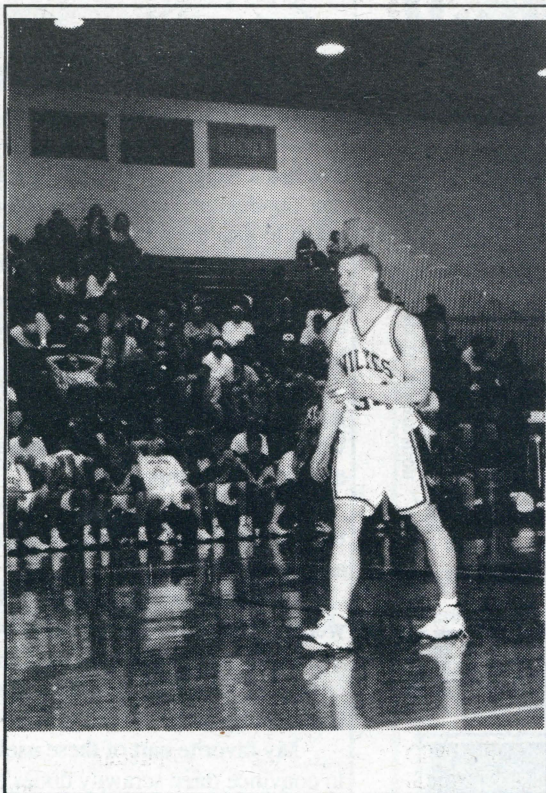


Photo by J.J. Fadden

Senior forward Brian Gryboski makes his way to center court in recent action in the Henry Gymnasium at the Marts Center.

forward Brian Gryboski had 16 points and six boards of his own in the win.

Freshman Greg Barrouk, the

brother of former Wilkes star and current Colonels assistant coach Mike Barrouk, chipped in with eight points and two steals in his first game at the collegiate level.

In the championship game of the Dickinson tourney, the Colonels wiped out Elizabethtown by a score of 87-69. The Colonels were once again led by Jannuzzi who led all scorers with 36 points. This scoring effort proved to be Jannuzzi's career high and pushed the All-American over the 1,000 career point mark.

Jannuzzi hit eight three-pointers against the Blue Jays which is also a career high.

Cleveland added to the scoring as he poured in 17 points and grabbed six rebounds. Junior guard Chad Fabian also chipped in with

seven points.

In their latest action, the Colonels broke the century mark as they beat the Marywood University Pacers by a score of 104-58. Every member of the Colonel roster saw playing time in the contest and freshmen Mike Ferkler and Brad Sechler scored their first points of the season.

The squad was once again led by Jannuzzi who contributed with 27 points including four three-pointers. Gryboski chipped in with 13 points and was a perfect 4-4 from the free throw line.

Sophomore transfer Mike Fitzgerald came off the bench to score 12 points including two three-pointers. Fabian added 10 points of his own highlighted by two three balls.

Junior center Jason Sheakoski has started each of the first three games for the Colonels. Although Sheakoski is not a dominant scorer, he contributes to the team with rebounding and is a strong defender. He recorded six rebounds against both Elizabethtown and Marywood.

New faces that have also contributed to the Colonel effort this season include freshmen Kevin Walsh and Wes Kovach, junior transfer T.J. Ziolkowski and sophomore guard Bob Morcom,

who sat out last season as a redshirt.

Juniors Bill Gallagher and Damon Heller, both of whom contributed to the Colonel effort the Final Four last season, look to see time at the forward and center spots. Sophomore Artie Gomez, who also contributed to the team last season will also try and contribute to the Colonel front court.

The Colonels see action tonight against Baptist Bible College at 8:00 p.m. and again Saturday against the Fairleigh Dickinson University (FDU) Madison Devils.

The game against FDU-Madison is the only Middle Atlantic Conference (MAC) Freedom League game that the Colonels will participate in during the holiday recess. The Colonels will resume their MAC Freedom League schedule against King's College on January 13.

The most grueling part of the season for the Colonels will be the month of January. The squad will play nine games over a span of 15 days. These games include six MAC Freedom League matches and two games in the Colonel Classic.

## Ladies start slow, hope to find rhythm

By SCOTT VEITH  
Beacon Sports Editor

The Wilkes University Lady Colonels basketball team has been faced with many of the difficulties that they expected to take on from the beginning of the season. The squad is often outsized and they have played against three teams that equal or better the Lady Colonels in experience.

On the first day of the season, the squad traveled to New York to participate in the Hunter Tournament. The squad beat Rutgers

University of Camden, New Jersey in the first game of the tourney to advance to a championship game against The Hunter College Lady Hawks.

In the Hunter game, the Lady Colonels fought a tough battle, but came up on the short end of a 49-48 game. On the bright side, sophomore guard Robyn Mendygral and junior forward Katie Watkins were named to the All-Tournament Team by tournament officials.

Just before Thanksgiving recess, the Lady Colonels took to the road again to face off against

Middle Atlantic Conference Freedom League foe Fairleigh Dickinson University of Madison, New Jersey. The ladies could not handle the Lady Devils and once again fell in a tight battle.

Although the team has lost two games that could have gone in their favor if the ball had bounced the right way, the squad is still optimistic.

Sophomore reserve guard Jill Wilson said, "Despite our two losses, we are still focused on accomplishing the team goals that we set for ourselves at the begin-

ning of the season."

The squad will be in action again this Saturday and Sunday as they travel to Nazareth, Pennsylvania to participate in the Nazareth Tournament with Curry University and Frostburg State University.



Photo by J.J. Fadden

Guards Angela Collins and Robyn Mendygral work on dribbling at a recent practice.

### December 3

\*Men's Basketball @ Baptist Bible, 8:00 p.m.

### December 5

\*Men's Basketball vs. FDU-Madison, 7:30 p.m.  
\*Women's Basketball @ Nazareth Tournament, 6:00 p.m.  
\*Wrestling @ York Tournament, 10:00 a.m.

### December 6

\*Women's Basketball @ Nazareth Tournament, 1:00 p.m.

### December

\*Men's Basketball @ Allentown, 8:00 p.m.  
\*Women's Basketball @ Allentown, 6:00 p.m.



FORECAST  
THU FRI  
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Weather courtesy V

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