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Volume 70 Issue 06

THE BEACON

The news of today reported by the journalists of tomorrow



Accessibility at Wilkes

ACL surgery patient reflects taking campus for granted

Full story on page 15

News

Have a breaking story or a press release to send? Contact the news editor: alyssa.mursch@wilkes.edu

Beacon Briefs

Spring 2017 on-campus parking applications

Commuter and resident parking permit applications for the Spring 2017 Semester will be online starting Tuesday, Nov. 1, until Friday, Dec. 16 at 4:30 p.m. Any applications received after that point will not be considered for round one of spring semester parking applications.

Information session on Malaysian course

An information session will be held at 11 a.m. Tuesday, Nov. 1 in Breiseth 108.

Malaysia's Alternate Modernity (HST 298) is a three credit course offered in the spring semester that will introduce students to the unique type of modern society found in Malaysia. This course can be taken with or without the two-week trip in May, which would cost \$2,875.

For more details about the course requirements or travel itinerary, students can contact associate professor of global cultures Dr. Gina Zanolini Morrison at gina.morrison@wilkes.edu.

Wilkes University Student Government notes

By Meghan Burns
Staff Writer

Wilkes University's Student Government held its weekly meeting on Wednesday evening.

To begin the meeting, there was a guest report from the Resident Dining Hall Manager. He came in to introduce himself and to get better acquainted with the students. His goal, he said, is to create a better relationship between the students and the dining hall staff.

The Wilkes University Ultimate Players Club came in for Week 1 of 2 to present their constitution revisions.

The revisions include clear descriptions of responsibilities for each executive board member. The nomination was also more clearly outlined. The club added Article 6, which states reasons for officer removal and the process behind the actual removal.

Recall of officers was amended as well as adding the allowance of officers possibly being removed if so needed.

Article 8 was amended as well, in which it was added that the co-captain would take over if the captain is not present, which removes the possibility of allocating too much power to the president.

Amendments were made to the practice and scheduling article as well. The amendment article was also revised. The club will return next week with updates and revisions.

NSO came in to present its fund request for week 2 of 2. The club is requesting funds to attend a conference. The total amount requested was \$3,170.64 including program registration, banquet registration, hotel rooms, gas, meals and parking for 15 students.

A motion was made to allocate \$2,146.64 to the NSO Club for everything except food, with the stipulation that any money not used is to be returned to student government. The board voted and the motion was passed.

The Student Government then voted on its shirt design. The group voted and approved a T-shirt costing \$8.90 per shirt with their logo and a Wilkes colonel.

No Shave November event came in to present for week one of two. Student government will hold a No Shave November contest. The rules state that a participant cannot shave for 30 days, but can groom and trim. Men and women can participate in the event. Donations will also be accepted.

Participants will sign up and then have a picture taken of them at the beginning and end of November and the winners will be voted on based on these photos. The winner will win a gift card. T-shirts will be either \$5.05 or \$7.05 for larger sizes. People not participating can buy shirts for \$10. That money will be allocated as a \$5 donation and \$5 back to SG. Donations will go to four different organizations.

Student Government decided that the event starts on October 31st.

The Spirit Committee came in to present for week one of two. The committee wants to sponsor the Mayor's Cup football game held at 12 p.m. Nov. 11 at Schmidt Stadium. Giveaway ideas include T-shirts and beanies and possibly girls ear warmer headbands. The total estimated cost for the event was \$1,200.

The Spirit Committee wants to focus on the It's on Us campaign with this as well. Discussion was made with suggestions and comments about their ideas. The Spirit Committee will return next week with updates.

Student Government voted on their Member of Month and Club of the Month. The Members of the Month were John Scalse, Michaela Chidiac and Shyann Barrett. The Club of the Month was the Education Club.

Operations Committee reported that construction for the new media center is starting. Therefore, the 141 N. Main Street parking lot will be closed until its completion.

The committee is also working to get signage up. They reminded everyone that the last shuttle leaves at 6:45 p.m.

MSC reported that club members participated in the community Halloween party. The club will also be hosting a real talk event at 11 a.m. Nov. 3 in the Savitz Lounge. The theme is "Two Peas in a Pod; Social Injustice and Citizenship."

MSC will be hosting its One World Party on 4 p.m. Dec. 2. They are also holding a canned food drive for Thanksgiving. If you give a donation you get ticket and can use to get a prize at One World Party.

Commuter Council reported its New York City bus trip tickets are selling very fast. Tickets are \$25. The trip will be on Nov. 19.

Programming board reported that it will hold one concert in the spring semester. Members reminded the SG about the Freakfest event as well.

The IRC reported their Paint and Cider event went very well. They will also be holding cake challenge at 6:15 on Friday. The theme is fall with special ingredient is chocolate. Immediately following this event will be mansion tours with RAs.

The Treasurer's Report stands as follows: All College: \$2,167.46; General Funds: \$1,665; Conference: \$5,000; Spirit: \$2,000 for a SG total of \$10,832.46.

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Pretty darn key: Experts weigh in on importance of PA general election

By Toni Pennello
Asst. News Editor

Wilkes University's chapter of Pi Sigma Alpha, the national honor society for political science, held a panel discussion entitled "Election 2016: How Key is the Keystone State?" on Oct. 25 to help inform Wilkes students as to why Pennsylvania is such a key state for the 2016 election.

The discussion was led by Borys Krawczeniuk, a 28-year reporter for The Scranton Times-Tribune. Krawczeniuk has been covering politics for the newspaper since 2001. Krawczeniuk was joined by several nationally recognized political scientists.

Panelists included Dr. Lara Brown, interim director of the Graduate School of Political Management at George Washington University; Berwood Yost, director of the Center for Opinion Research at Franklin and Marshall College and head methodologist of the Franklin and Marshall Poll; and Wilkes' own Dr. Thomas Baldino, professor of political science.

The panel was originally planned to be moderated by MSNBC's Chris Matthews, but he cancelled his appearance the previous day.

Pennsylvania is a swing state, which makes it an important state for candidates to win.

U.S. Politics defines swing states as those "in which neither major political party holds a lock on the outcome of presidential elections." The term can also be used to describe a state whose electoral votes have a high probability of being the deciding factor in a presidential election, the site added.

It also said that in the 2016 presidential election, Pennsylvania is likely to be the state that determines the winner.

According to brookings.edu, 33 states have voted for the same party in the last five elections, while 40 have voted the same since 2000. Pennsylvania, along with Colorado, Florida, Iowa, Michigan, Nevada, New Hampshire, North Carolina, Ohio, Virginia and Wisconsin have not been quite so predictable.

About 75 percent or more of a presidential candidate's spending goes to these states. The unpredictability of Pennsylvania's voting is what made the panel discussion so important.

Krawczeniuk laughed as he apologized for not being Chris Matthews before asking Brown about her book, *Jockeying*

for the American Presidency: *The Political Opportunism of Aspirants*. With this, he opened up the discussion in which Brown explained her research that examined what makes a politician successful or not.

Since ambition isn't what is lacking for losing candidates, Brown ultimately found that it had a lot to do with "opportunism," which she defined as the ability to perceive and pursue opportunities.

To study opportunism, Brown looked at the number of years a politician spent in office in relation to how many different positions they have held. The more positions held, the higher the opportunism that can make or break a politician's success, according to Brown.

Brown concluded that Clinton has the lead as far as opportunism goes, and cited Trump's candidacy as yet another sign that "politicians are becoming less and less experienced," as he is running with no prior political experience.

She suspects that Americans have been disappointed by politicians since Lyndon B. Johnson and Richard Nixon's presidencies, with the Vietnam War and Watergate Scandal destroying their trust.

Yost discussed Trump's appeal in Pennsylvania, saying that he might have had a solid chance if not for the areas surrounding Philadelphia which have big populations and are largely Democrat.

"You don't need a lot of counties to win [Pennsylvania]," Yost explained.

Yost also explained the point in the election when he saw young, white college students, especially women, move away from Trump, which he said was after the first debate.

Yost also debunked the claim that there are more Republicans than Democrats in Pennsylvania, citing statistics that portrayed quite the contrary.

All of the panelists agreed that Clinton's approximate five point lead could be attributed to the superiority of the organization of her campaign.

Brown, who teaches many graduate courses on campaigning to aspiring politicians, campaign managers and more, explained that Trump had done everything wrong in his campaign.

She claimed that his success in the primaries could be partially due to the fact that he is a celebrity, explaining that the primaries are more "character-based" for voters.

She described the primary polls as a ton



The Beacon/Jesse Chalnack

Berwood Yost, Lara Brown, Borys Krawczeniuk and Thomas Baldino held a panel discussion about Pennsylvania's crucial role in the 2016 election.

of beige names with one in bright green; voters are more likely to choose familiarity in the primaries. However, Brown said that this familiarity alone might not be enough for Trump to win the general election in November.

"Had [the Republican party] nominated someone else, they'd be winning," Brown said.

As for Luzerne County, Baldino predicted that Trump may win by a small margin.

He discussed how the Republican party has changed, drifting further from primarily fiscal conservatism toward social conservatism, and how that might affect the way that Luzerne County republicans vote.

"The population is older, the education level is not keeping up, unemployment is below the state and national averages... these things tie into Trump's message," Baldino said.



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**Take a look
at this week's
center spread
covering the
stances of each
presidential
candidate**

Living with ALS: Losing muscle but not his spirit

By Alyssa Mursch
News Editor

Approximately 5,000 people are diagnosed with ALS every year. The odds of being diagnosed are three in 100,000. Of those diagnosed, 61 percent are male and 39 percent are female.

Paul Miller provides a face to put to the disease and was eager to share his story with Wilkes University students last week, hoping to raise awareness, advocate for a participation in fundraising and, maybe most importantly, just have a chance to have someone to talk to about the terminal illness that turned his life upside down.

Miller, 59, was diagnosed with amyotrophic lateral sclerosis (ALS), more commonly known as Lou Gehrig's disease, in August 2012. His first symptom was in December 2011 when he tried to run to his car to shield himself from the rain and was unable to, something uncommon to a previous half marathon runner. More recently, his shoulders experience pain and his arms feel heavier, a sign that it is spreading to the upper half of his body.

According to the ALS Association, ALS is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. The progressive degeneration of the motor neurons in ALS eventually leads to their demise. When the motor neurons die, the ability of the brain to initiate and control muscle movement is lost. This can cause people to lose the ability to eat, speak, move and breathe.

During the seminar hosted "Awareness, Learning and Speaking for Those That Can't About ALS," Miller shared his story with Wilkes students.

Miller did not have the gene for ALS, meaning he did not inherit it. Although the cause for ALS has yet to be determined, studies are getting closer to possible explanations. One explanation that Miller believes triggered his ALS, although it has not been cited by medical professionals, is stress. A statistic he used to support this claim is that veterans, who experience immense amounts of stress, are diagnosed with ALS twice as often as other people. Miller also has his own experience to support this belief.

Two years prior, his 21-year-old son was killed in a car accident in which the other driver was distracted. Since then, he and his wife have educated people about distracted driving and advocated against it. The stress

and pain of this was vast, and he believes it triggered his ALS. As he continues to battle with the disease, he noticed that his worst moments are in times of stress or depression. For example, when he was told by doctors that he could no longer drive, he became depressed for two weeks. He had to snap himself out of it, however, as he said he could "feel his muscles dying," a sign of his ALS spreading.

ALS is different for everyone, Miller explained. It is predicted that ALS patients

weather or in air conditioned rooms. Muscles grow weaker and heavier and there are no exercises or physical therapy to counteract it. He has been using a motor chair for 90 percent of the time since April. He experiences excess mucus, which can lead to pneumonia. It is a disease that has no cure and will eventually claim the lives of those that have it, but Miller learned early on that a positive attitude was everything.

"I'm a fighter," Miller said, explaining that he tries to remain himself in every aspect

have to worry about every step."

Although Miller has an illness that currently has no cure, he remains optimistic and upbeat. He chooses to spend his time raising awareness about this disease rather than letting it control him. Even though he has no say in how it affects his body, it's clear that he is very careful as to how he lets it affect his mind. He explained how he tries to keep his mind occupied, tries to get out of the house as much as he can, and loves to socialize.

His wife and caregiver, Eileen, joined him at the seminar and gave a brief look into her role in his life. When he stood to demonstrate what walking looks like for him, she was close behind holding onto his belt loops as a way to stabilize him. She spoke of common fears she has, such as him choking. One particular hardship they have had while adjusting to her husband's diagnosis, she said, is the reactions of her friends and family.

"They distance themselves... I just think they don't know how to treat us," she explained.

This is one of the hardest parts, and that she wants people to know the best thing they can do is just show up. Any little bit helps, as even tasks such as shoveling snow or bringing in groceries is now extremely difficult. They also just want to have any sense of normalcy and socialization, which is something they have lost as people don't know how to react to the trauma that they have faced, both with their son's death and Miller's diagnosis.

"We chose not to sit around and cry about it but to go out and fight and raise awareness," Eileen said.

Miller gave in-depth explanations about how ALS affects the body. About how muscles slowly die, about how in the end stages patients cannot feed themselves, cannot dress themselves, cannot speak and cannot breathe. He explained the difficult reality of the disease, but he also demonstrated the hope, strength and spirit that counteracts ALS.

Miller's attitude portrayed the one thing that ALS cannot take away, if you are persistent in not allowing it to.



The Beacon/Jesse Chalnack

Paul Miller and his wife, Eileen, speak to Wilkes students about ALS to raise awareness.

will have approximately two to five years to live, and fifty percent of patients die within two years of their diagnosis. There are people that he knows, however, that have been living with it for over 10 years. It can progress slowly or quickly. In Miller's case, it is progressing more slowly, as four years post-diagnosis he is still self-sufficient. He is able to feed and dress himself, and even goes golfing occasionally.

But his life is much different than other's.


He shared that he was getting winded speaking to students, and that when he stands up he experiences severe muscle spasms, which get even worse with cold

until it is too dangerous for him to do so, such as driving and golfing.

ALS does not affect patients' senses, heart, liver, kidneys or mind. In other words, even in the end stages when they are completely paralyzed and need constant help by their caretakers, they are completely aware of what is going on. Miller described this as being "trapped" in their own bodies.

Miller described how difficult it is to live with ALS, as even when it is manageable he lives in constant fear. If he is short of breath or has muscle aches, he immediately worries that his ALS is progressing.

"ALS dominates my life," Miller said. "I

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Wilkes University welcomes newest colonel

Brian Dalton named vice president for enrollment services

By Zachary Smith
Staff Writer

On Oct. 10, Dr. Brian Dalton joined the Wilkes University staff as vice president of enrollment services. Dalton will use his 25 years of experience in higher education and recruitment to oversee recruitment of undergraduate and graduate students as well as supervising the admissions staff.

"Identifying and attracting good matches to Wilkes University is a complex undertaking," Dalton said, "In admissions, our goal is to communicate and consistently reinforce the Wilkes University value proposition. If we are effective in doing so, we will be increasingly successful in achieving momentum for the university."

Dalton is notably excited to be joining the Wilkes University community and is eager to cultivate relationships with students, he said.

"I find inspiration in interacting with students," Dalton said, "Wilkes' commitment to a broadly educated student is reassuring to me because, if anything, the world needs more Wilkes graduates."

Regarding the faculty he would be joining, Dalton said, "I'm so impressed with the commitment of the academic leadership here, from the provost on down. Faculty that I've met love it here not because what they do with students, seems to impact them greatly."

"I'm proud to become a member of such a committed community of students, faculty and administrators," Dalton said, "I love the uniqueness of (Wilkes University), its

challenges and its potential for the future."

Dalton formerly served as vice president for enrollment and college relations at Allegheny College in Meadville, Pa., where he was instrumental in producing strong enrollments, particularly in the areas of domestic and international diversity and out-of-state students.

Prior to his tenure at Allegheny, Dalton served as senior vice president for enrollment management at Mercer University in Macon, Ga., during which time Mercer enrolled the university's largest freshman classes in a decade and its largest-ever incoming class of international students.

Dalton also served for 10 years as vice president for enrollment management and associate academic dean for program development at the College of St. Scholastica in Duluth, Minn. Prior to that, he worked at the University of the Incarnate Word/ Incarnate Word College in San Antonio, Texas, as dean of enrollment management. He began his career in admissions at his alma mater, Gannon University in Erie, Pa. In 2011, the American Association of Collegiate Registrars and Admissions Officers honored Dalton with its award for outstanding leadership in strategic enrollment management.

He holds a bachelor of arts degree in political science and a master of public administration from Gannon University.



Courtesy of Wilkes University



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Alyssa Mursch, News Editor, alyssa.mursch@wilkes.edu

Wilkes' Nesbitt School of Pharmacy marks 20 years of pharmacy education

By Alyssa Mursch
News Editor

Wilkes University's Nesbitt School of Pharmacy rededicated its CVS Pharmacy Care Lab at a special event on Oct. 22. The event also marked the 20th anniversary of the founding of the pharmacy school at Wilkes. The event was held at the Stark Learning Center and included a ribbon cutting and rededication.

The first class of pharmacy students began studying at the school in 1996. The event coincided – almost to the day – with the formal dedication of the school on Oct. 23, 1996, affirmed by a congratulatory note from then-President Bill Clinton that still hangs in the school. It is northeast Pennsylvania's only pharmacy school.

The Care Lab has been an integral part of training for over 1,100 Nesbitt School of Pharmacy graduates and will continue providing future students with a state-of-the-art, collaborative learning space. The rededication is the culmination of significant renovations that have taken place over the past nine months at a cost of over \$85,000.

According to Bernard Graham, dean of the Nesbitt School of Pharmacy, facilities

such as the care lab reflects the pharmacy schools' commitment to adapt to changes in health care and in the pharmacy profession.

"As the profession of pharmacy continues to evolve so does our educational methods and programs. Pharmacists are an integral part of the healthcare team and our students of pharmacy must be collaborative and continued learners," Graham said. "This newly reconfigured space will help to facilitate the learning process by encouraging the students to learn together as a team and use the current available technology."

The Care Lab represents the backbone of the curriculum within the Nesbitt School of Pharmacy. Students learn to apply the knowledge gained in other classes to patient care.

Within the five-semester lab series that are required, student pharmacists develop skills in preparing intravenous medications in accordance with United States Pharmacopeia standards, learn to counsel patients on prescription and over-the-counter medications and acquire knowledge of the Pharmacists' Patient Care Process.

The lab classes also help students gain skills in applying the principles of evidence-based



Courtesy of Wilkes Marketing Department

Left to right: Associate pharmacy professor Dr. Jon Ference, Vice President/Provost Dr. Anne Skleder, and Dean of Pharmacy Dr. Bernard Graham



Courtesy of Wilkes Marketing Department

Students pose with Dr. Bernard W. Graham, Dean of the Nesbitt School of Pharmacy. Left to right, front row: Eileen Friery, Erika Zarfoss, Bernard Graham, Keri Diehl and Cameron Low. Left to right, back row: Alex Shreiber, Hillary Harris, Troy Lewis, Jimmy Steigerwalt, Dana Achenbach and Jaden Hensley.


medicine as well as helping them become familiar with the use of an electronic health record. They also teach students how to perform medication therapy management consultations and aids them in participating in the American Pharmacists Association immunization training program. Through these classes, students work as a member of an interprofessional healthcare team and learn to provide patient-centered care in a variety of practice settings, such as ambulatory care, acute care and managed care pharmacy.

"The care lab is similar to that of a biology or chemistry lab in that it gives us a chance to apply our knowledge and learn valuable hands-on skills that we will regularly use in our future profession," said pharmacy student Felicia Snyder. "As future healthcare providers, it is vital for us to be able to apply these skills quickly and the care lab gives us an opportunity to learn how to do this."

The Nesbitt School of Pharmacy was first imagined by the late Umid R. Nejib,

then dean of the Wilkes' College of Science and Engineering. Nejib saw the need for a pharmacy school in northeastern Pennsylvania, advanced the idea at Wilkes and in 1994 hired Graham from Idaho State University to serve as dean.

The first pharmacy students entered Wilkes in fall 1994, and the professional pharmacy program started in fall 1996. Two years of pre-pharmacy education lead to guaranteed seating for the four years of study leading to the Doctor of Pharmacy degree. In 1999, the school was named the Nesbitt School of Pharmacy in honor of Abram Nesbitt 2nd, the late husband of Geraldine Nesbitt Orr, who made a generous gift to the University.

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Life, Arts & Entertainment

Have a story or want your event to be featured? Contact the Life, A&E Editor: kimberly.hein@wilkes.edu

Going trayless saves more and wastes less

By Amanda Bialek

Asst. Life, Arts and Entertainment Editor

The Wilkes Dining Hall strives to "go green" and meet the needs of the community as a whole.

"On a corporate level we use all sustainable seafood, we do a lot of sustainability in our cleaning products as we can," Jerry Bogdan, the general manager of Wilkes University Dining Services said. "Even our floors are cleaned with electrically charged water."

The dining hall also uses its own recycled napkins.

However, the greatest sustainability issue the dining hall faces is the trays said Bogdan.

Currently the dining hall is trying to implement "Trayless Tuesday" to help reduce our carbon footprint throughout campus Bogdan said.

"We have taken a lot of steps to do sustainable practices, but there's always more you can do," Bogdan said.

Is it possible that trays may become a thing of the past in time to come?

"That's really going to be driven by the student body and the faculty and staff. If

they do it, we are here to serve them and meet their requirements," Bogdan said.

Some students are in support of going completely trayless whereas others enjoy the convenience and hope that the trays do not disappear from campus.

"I don't think it would be a good idea to go trayless because although it would be greener for the environment, a bigger hassle would be created in order to move food from point A to point B," George Benjamin, freshman biology major said.

Although there are many students who choose to use trays, Catherine Sarver, senior pharmacy major, believes that going trayless is an adjustment that could be made.

There was a study done by a professor and environmental engineering students at American University of Washington, D.C. Dining hall trays were made unavailable to students and the dishes were collected for weighing food waste.

The results of the 360 diners surveyed showed that going trayless caused a 32 percent reduction in food waste and a 27 percent reduction in dish use. (American. edu)

"I would love to see Wilkes go trayless," Sarver said. "You're making extra trips, everyone's getting more exercise, they're taking less food."

More money is saved and less food is wasted by going trayless. The environment and the University both could benefit from this approach.

"We're always welcoming student feedback," Bogdan said.

If you have a suggestion or would like to see further improvements, be sure to fill out a comment card in the dining hall.

Wilkes dining encourages students, faculty and staff to fill out their online survey. This will allow them to better understand on your preferences and overall experience with campus dining.

Visit <http://www.collegesurvey.com/wilkes> to complete the survey by Nov. 4.



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November 7



Jason Klientop whips up delicious food for the students to put onto their tray.

The Beacon/ Purvit Patel



The Dining Hall has a lot to offer the students that walk through the door.

The Beacon/ Purvit Patel

RECIPE OF THE WEEK:

Downeast Maine Pumpkin Bread

INGREDIENTS:

- 1 can pumpkin puree
- 4 eggs
- 1 cup vegetable oil
- 2/3 cup of water
- 3 cups white sugar
- 3 1/2 cups all-purpose flour
- 2 teaspoons baking soda
- 1 1/2 teaspoons salt
- 1 teaspoon ground cinnamon
- 1 teaspoon ground nutmeg
- 1/2 teaspoon ground cloves
- 1/4 teaspoon ground ginger

INSTRUCTIONS:

1. Preheat oven to 350 degrees
2. Grease and flour loaf pan
3. In a large bowl, mix together pumpkin puree, eggs, oil, water and sugar until well blended
4. In another bowl, whisk together the flour, baking soda, salt, cinnamon, nutmeg, cloves and ginger
5. Stir the dry ingredients into the pumpkin mixture until blended
6. Pour into the prepared pan
7. Bake for 50 minutes in the preheated oven
8. Enjoy!!



Recipe taken from: allrecipes.com

Design by Nicole Kutos

*Do you have a favorite
dorm room recipe that's
convenient for college
students always on the go?*

*Submit it to Amanda
Bialek, LA&E Assistant
Editor*

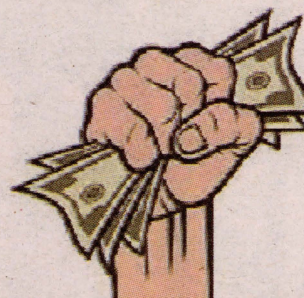
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2016 Casino Night teams up with the backpack project

By Kylie Dillon
Staff Writer

Student government will host Casino week in the Henry Student Center from Nov. 1 through Nov. 4.

Student Government is teaming up with Pharmaceutical Sciences professor Dr. Roke Thomas, and the backpack project to deliver warm clothes and other supplies to homeless people in the surrounding areas.

Socktober is Student Government's fun way of getting everybody involved in the donation process. Donations include socks, gloves, hats, and scarves. Each item donated is worth five tickets for casino night, with a maximum of earning fifty tickets per student.

The kickoff to casino week begins with Texas Hold 'Em on Tuesday November 1st in the ballroom, starting at 6pm. The prizes are 8 gift cards, balances ranging from \$250 to \$15. The following day, Wednesday November 2nd will be Bingo at 8pm in the Henry Student Center Lounge.

Each game of bingo will have the opportunity to win a \$20-25 gift card, or tickets for Casino Night.

To wrap up the week on Friday November 4th at 7pm in the Henry Student Center ballroom will be Casino Night.

Dylan Fox, Student Government Executive

Treasurer mentioned that students have the opportunity to win great prizes. These include a Macbook, iPad, GoPro Hero 5, Apple Watch, GPS Watch, Fitbit Charge 2, Kylie Jenner Lip Kit, Naked Smoky palette, Subscriptions to Dollar Shave Club, Sprezza, and the Birch box, a Gift Card to Pep Boys, Kalahari Water Park passes, Vera Bradley and Michael Kors items, watches, and more!

When asked what she is most excited about, freshman English Major Melissa Irizarry said, "I'm hoping to win the MacBook because I'm definitely in need of a new computer!"

Freshman Pre-Pharmacy Major Haylee Jadush said, "The Kylie Jenner Lip kit and the Naked palette are definitely two items I'd love to win. You can never have too much make-up!"

Students can donate to the Socktober event to get Casino Night tickets. One student, Havi Rodriguez has really great luck at this event on Campus.

In the past, he has won the MacBook Pro and a GoPro throughout his time at Wilkes during Casino Night. He mentioned that he will return for his final Casino Night and he hopes to win gift cards or the GoPro again.



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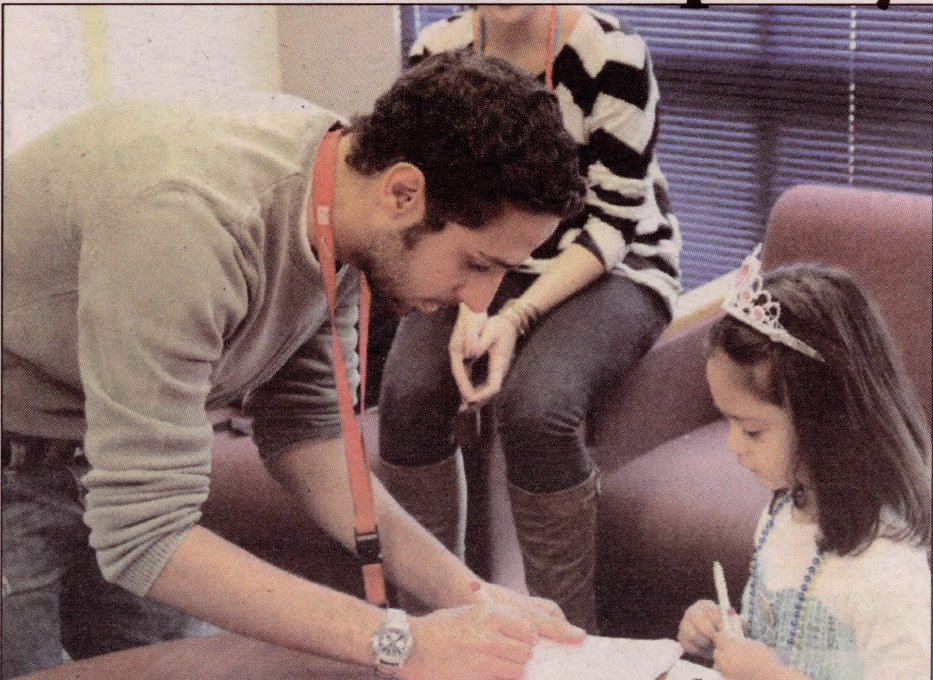
The Beacon/ Purvit Patel

Prizes for Casino Night are pictured above including Michael Kors, Apple products, Roku TV, watches, Vera Bradley, Play Station, Kylie Jenner Lip Kit, and a Naked palette.


Global Coffee Hour hosts Halloween party



Wilkes University/ The Global Education and Diversity Office
Mr. Jonathan Summers and Hussain Alrumaym pose at the Halloween party.





Wilkes University/ The Global Education and Diversity Office
The Global Coffee Hour is every Wednesday from 2 to 4 p.m. for students. The event features free coffee, snacks and beverages.



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HUMANS OF WILKES UNIVERSITY



The Beacon/Purvit Patel

*"I transferred here from down
 the street, changed my major
 from business to nursing and
 never looked back"*

-Ron Espinosa
 Senior Nursing major

Students get freaky during “Freak Week” 2016



Programming board held “Freak Week” on Oct. 27 where students were encouraged to pick a pumpkin and decorate it how they wish.



Bianca Coccoziello let her creative side show when creating her pumpkin masterpiece to mirror sully from Monsters Inc.



Kya Lewis poses with her pumpkin that she painted at the event.

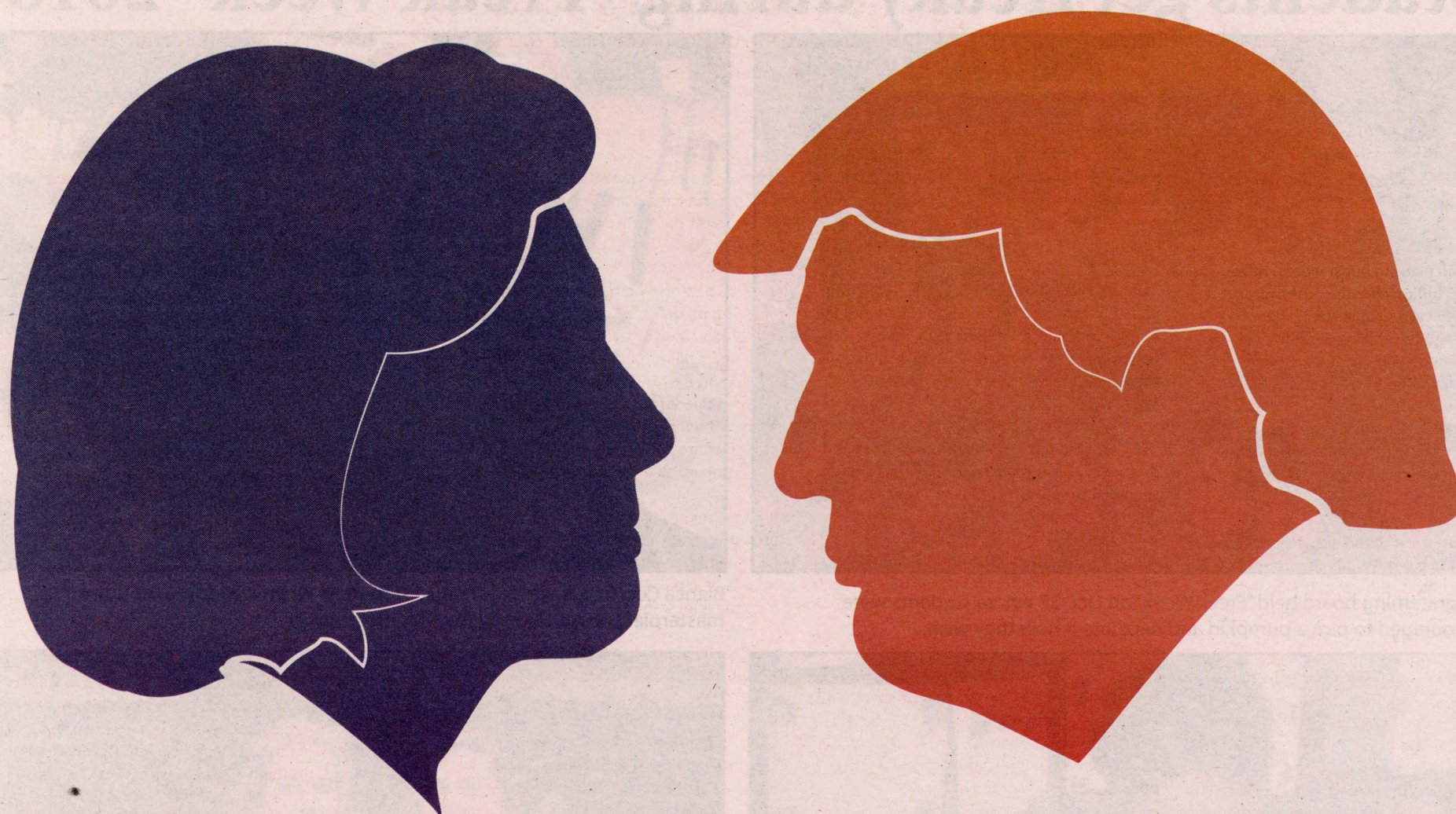
Photos by The Beacon/Teresa Couchara



Caitlin Klinger and Emily Taylor drink their drinks from the “toxic” potion bar.

Next Programming Board Event:

Wing Wars- Thursday, November 10



Getting to Know the Candidates:

Find out where they stand before casting a vote

Everyone is well aware of Hillary Clinton's email scandal and Donald Trump's perceived lack of tact, but when it comes to the candidate's policies, the public is vastly uneducated. This can affect who turns out to vote. Pew Research Center found that political knowledge is key, as six out of ten inter-

mittent voters, or those who don't always vote, said they often feel as though they don't know enough about the candidates to make an educated choice. The mainstream media has been criticized for choosing to cover the scandalous aspects of this election, and although that successfully grasps the

attention of audiences, it does not adequately inform them about who they are choosing to elect to the most powerful job in the world.

So the question begs – where, exactly, do Clinton and Trump stand on the issues that voters care most about? And what about their other

opponents, independent Gary Johnson and Green Party candidate Jill Stein?

Pew Research Center found that registered voters said the top three issues most important to their vote in 2016 are the economy, terrorism and foreign policy.

Where do the candidates stand?

A bipartisan site known as PolitiPlatform seeks to track the candidates' political policies and put them into understandable terms. Based on this site, here are where the candidates fall on each issue:

The Economy

Regarding the tax code, one of Clinton's biggest initiatives will be requiring that the wealthy pay their "fair share." Clinton also sees infrastructure as the foundation of a strong economy and plans to boost federal infrastructure by \$275 billion over the next five years. Her policy discusses expanding public transit options to both lower transportation costs and creating economic opportunity, as new jobs will be needed to build roads and bridges.

Clinton also hopes to raise minimum wage, provide a focused safety net to assist family businesses and expand social security for those who need it.

These are just a few of the initiatives Clinton plans to put in place. What's important however, is how effective the plan is when put into reality. That is what Moody's Analytics Report seeks to predict.

Under Clinton's economic policy, the report predicts that the economy would create 10.4 million jobs, which is 3.2 million more than under current law.

"There are still some obvious gaps in her economic proposal... nonetheless, the upshot of our analysis is that Secretary Clinton's economic policies when taken together will result in a stronger U.S. economy under almost any scenario," read the report's conclusion.

Trump, on the other hand, did not receive the Moody stamp of approval.

Trump seeks to reduce or eliminate any tax loopholes made available to the very wealthy, as well as eliminate income tax for single individuals earning less than \$25,000 or those married and jointly earning less than \$50,000. He also seeks to create a 15 percent flat tax on businesses.

He also hopes to impose a 35 percent import tax on the Mexican border and a 45 percent tariff on Chinese exports to the U.S., as well as mandate a 15 percent tax for outsourcing jobs.

He plans to bring China to the bargaining table by immediately declaring them a "currency manipulator" and forcing them to uphold intellectual property laws.

Moody's Analytics calls Trump's economic plan "fiscally unsound" saying that only 2.8 million jobs will be created over four years, which is about half as many as would be created if there were no changes to current economic policy.

"All taxpayers will receive a cut under Trump's plan, but most of the cuts go to those with the highest income," the report read, adding that taxpayers in the bottom 99 percent of income earners will receive a tax cut of less than \$2,500.

"The U.S. economy will be more isolated and diminished," the report read. "His tax and spending proposals will result in very large deficits and a higher debt load."

Although not listed on the PolitiPlatform website, Jill Stein and Gary Johnson's policy stances can be found at ontheissues.org.

Stein plans to reduce spending via military cuts and preventative health. She also plans to make the wealthy pay their "fair share" and seeks predatory capitalism, in which wealth will be concentrated and democracy lost. She also plans to impose a 90 percent tax on bonuses for bailed out bankers.

Johnson hopes to create a process for state bankruptcies, as well as put an end to bank bailouts, farm subsidies and stimulus. He plans to cut the federal budget by 43 percent to balance it, which he plans to accomplish by cutting entitlements and defense.

Terrorism

A three-step plan to combat terrorism is laid out on Clinton's campaign website. First, she plans to defeat ISIS intensifying the coalition air campaign against ISIS fighters, leaders and infrastructure, stepping up support to protect civilians and pursuing a diplomatic strategy aimed at resolving Syria's civil war and Iraq's sectarian conflict between Sunnis and Shias.

Second, she aims to work with the U.S. allies in order to dismantle global terror networks. Finally, she seeks to harden the U.S. defense by putting initiatives in place such as providing first responders, law enforcement and intelligence officers with the right tools, resources

and training to prevent attacks before they happen, as well as allowing the FBI to stop gun sales to suspected terrorists, enacting background checks and keeping military weapons off the streets in an effort to keep assault weapons out of terrorists' hands.

Trump's platform on terrorism specifically zeroes in on defeating ISIS. He plans to work with Arab allies, as well as pursue aggressive joint and coalition military operations to "crush and destroy" ISIS, establish international cooperation to cut off their funding, expand intelligence sharing and put in place cyberwarfare in order to disrupt and disable their propaganda and recruiting.

He also intends to temporarily suspend immigration from some of the most "dangerous and volatile" regions of the world that have a history of exporting terrorism, according to his campaign website.

Overall, he plans to "defeat the ideology of Islamic terrorism just as we won the Cold War."

Stein contends that "pro-war means anti-feminist" and that the blowback across the Middle East is due to the United States' immoral war policy. She also wants to stop the flow of arms to Syria on both sides and contends that ISIS is the result of the chaos from Iraq.

In a previous interview with Real Clear World, she said that it's clear that the U.S. meddling in Syria is just throwing fuel on the fire.

"I call for principled collaboration in bringing a weapons embargo to the region, freezing the bank accounts of countries that continue to fund terrorist groups, promoting a cease-fire, and supporting inclusive peace talks," Stein said in her interview.

Johnson has similar views, arguing that ISIS has grown as a result of the U.S. intervention in the Mideast, and believes that there should be no military intervention into Syria by the U.S. He also plans to cut funding, involve Congress and create an impenetrable national defense.

"At the end of the day, regarding all of these military interventions, that boots on the

ground, dropping bombs, uh, and flying drones that kill thousands of innocent people," Johnson said in a recent interview with Penn Jillette.

Foreign Policy

Politiplatform provides a broad outlook on Clinton's platform, which includes never allowing Iran to access nuclear weapons, strengthening alliances and investing in partnerships in Latin America, Africa and Asia.

Trump's platform discusses increasing cooperation between the U.S. and Russia. He also plans to strengthen the U.S. military and deploy it appropriately in the East and South China Seas, seeking to discourage Chinese adventurism. He seeks to enforce stronger protections against Chinese hackers and counterfeit goods as well as put an end to China's illegal export subsidies and lax labor and environmental standards.

Stein aims to focus on human rights, international law and diplomacy. She also plans to stop U.S. funding and support of the Israeli occupation and wants to "go back to the drawing board" on the U.S. relationship with the Mideast. In addition, she hopes to end CIA-supported coups and regime change in Latin America and end foreign aid to countries with human rights abuses. Finally, she wants to take 65,000 Syrian refugees immediately.

Johnson wants the U.S. to stay in the United Nations but stay out of foreign interventions. He also wants the U.S. to take their "fair share" of Syrian refugees but not an excessive amount. Overall, he wants America to be at peace with the world and avoid foreign entanglements.

To get more informed about the candidates' stances on other policies, students can visit the PolitiPlatform website to get nonbiased information. Votesmart.org is also a beneficial website as it walks viewers through a step-by-step process to see what candidate their views most closely align with.

Opinion

Have an opinion or want to write a guest column? Contact the opinion editors: mark.makowski1@wilkes.edu or andre.spruell@wilkes.edu

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Our Voice

The Service Industry: always there to help

By: Taylor Ryan
Sports Co-Editor

I have been a waitress since I was 16 years old, now 21, still waitressing while being a full time student. While some things have stayed the same, things have definitely changed. When I was 16, I had no real sense of money, so any tip I walked away with was appreciated.

Now older and wiser (at least I'd like to think so), waitressing is not something I do once or twice a week so I can have some pocket change.

Waitressing is what I have to do, to make sure I am able to pay rent, continue going to a private university, and provide for myself while away from home.

I work 20 or more hours a week while carrying a full course load, staying involved in extracurricular activities, and playing a college sport. I pride myself in being able to handle this, and I know it will pay off at some point. It has to right?

Some days I really love waitressing. I meet such a variety of people, I am able to work and meet some amazing people and make decent money doing it.

I don't have to wait every two weeks for a pay check, I walk out each shift, with money in my hand. So what do I really have to complain about?

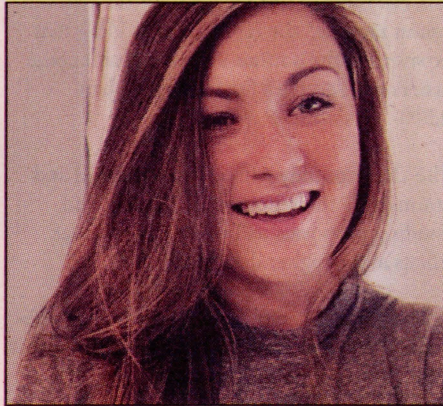
Everyone has seen the Facebook posts about what 20 percent means when it comes to tipping your waiter or waitress, how a server makes about \$2 an hour, and that's all before taxes are taken out.

While tipping is one of my biggest pet peeves and is what my job as a waitress revolves around, it isn't what this article is about.

Time after time, I have had guests come in and treat me like absolute dirt, they look at me like I have no talent, no aspirations and no future. A server to them, is someone that is just getting by, this is their end result.

While there is nothing wrong with that, especially since so many people make a

career out of the service industry, who are you to make all of those assumptions,



especially when I'm at your call from the time I greet you at the table (in 30 seconds or less because I don't want you to complain).

I have had people tell me I am too pretty to be serving tables my whole life, or I seem too smart to be stuck here, or my personal favorite, what do your parents think of you being a waitress?

While I never feel the need to explain myself, sometimes I do choose to just to shut them up.

So I explain I'm actually in school at the local university, and this is just my part time job until I graduate. It's almost equivalent to me telling them that I'm secretly a brain surgeon doing this in my spare time. The guests will do a complete 180 and treat me like I am almost equal to them.

They feel bad for me, ask me more about my school, everything else I do outside of work, and act like I am a qualified person to serve their food.

One experience that has stuck with me, was when I was talking to one of my regular tables that come in more than once a month and sit in my section. They have gotten to know me, so I was talking to them about school this semester and field hockey among other topics.

Then I walk to my other table, a table

that hasn't been the most pleasant. All of a sudden they are kind, and at first I'm unsure what has changed, then it clicks.

They over heard me at the other table and now in some crazy turn around I have earned their respect because they have found out that no, I'm not just a server.

Not only do people treat me differently as I am serving them, they tip me better too. Because I am in school, you feel that I deserve the 20 percent that I have just rightfully earned by busting my butt so you can enjoy your dinner out.

My issue is simply, why does it matter what I am outside of a server, I am working, working for my money.

Why are you worried whether or not I am in school, why is the world looking down upon servers? Treat everyone with respect, simple as that. Especially the people who



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Each week a Beacon
editor will take a
stance on a current
topic.

Note: The views
expressed are those
of the writer.

Accessibility on the Wilkes University campus

By: Andre Spruell
Opinion Co-Editor

Walking around campus to get to class is a simple task for many students, but for other students it can be a daily struggle.

The simple, everyday things that most people can do could sometimes be taken for granted, especially if they have never had anything serious done to alter those daily routines.

Little things that can alter daily activities are things like getting a type of cold, jamming a finger, or stubbing a toe to name a few examples.

Unfortunately for other people, there are bigger issues that limit their mobility, and seriously alter everyday life and draws all eyes on them.

For people who must deal with this reality, they must figure out how to go about certain things differently that most people would have no difficulty with, like getting to class, especially on college campuses.

Being handicapped accessible is something that college campuses have had to do adapt to overtime. In my opinion, at Wilkes University, the campus is pretty accessible for students with a disability, but there are certain buildings that have issues.

One building with the biggest issue is Kirby Hall. The building itself has been on campus since the university officially became called Wilkes University in 1941. Renovations were made in 1992 to restore the tradition and historical aspects of the building making it one of the older and more majestic buildings on campus.

The biggest issue with the building is that the only way to navigate through the different levels of is through stairs. Due to this, students who use a wheelchair or are on crutches or even on a scooter for an injured ankle have no access to Kirby Hall. Even to enter the building, there are only stairs, which limits those same students.

English classes take place at Kirby Hall and if a student with a disability wants to take an English class but is not able to walk up the stairs, then by law, that professor must move the entire class to a handicapped accessible building on campus to accommodate that student.



Cohen Science Center

This is true because I am experiencing what it is like to have to maneuver my way around campus in different ways on crutches.

I had reconstructive knee surgery for a torn ACL, which is a six to nine month recovery process and have to walk on crutches for almost two months.

Just this past week that I have been going to class, my English class had to be moved because it took place in Kirby Hall. The first couple of days were difficult to adjust, but now I can get around better.

There were two other minor issues that I encountered. One of those issues was at

of door is hidden behind two tables that I must maneuver through the tables to tap the last blue button.

The only other minor issue is that in the main entrance leaving Breiseth Hall, one of the buttons to manually open the door does not open the door at times.

Despite those few inconveniences, the Wilkes campus seems to do a pretty good job of being accessible. Personally, I live off campus so I do not know how well the accessibility is or not, but I do know that if a student was a disability that student will be placed in a dormitory that is accessible.

Though I have had walk on crutches through campus, I will say that the support of those on campus has been overwhelmingly great. Every time I leave a class, there are students and faculty who are so quick to give out a helping hand without any hesitation, and having that support is so helpful and means so much that it is hard to put into words.



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Cunningham Hall includes a handicapped accessible ramp to enter and exit.

All Photos: The Beacon/ Jesse Chalnack

times, I was not able to locate certain door buttons, especially those on the first floor of the student union building (SUB).

To get to class, I have to walk through the SUB and before entering the building, the blue handicapped accessible button is on the left-hand side and opens both sets of doors, but after entering those two doors, the next blue button to open the last two sets of doors are all the way on the far-right hand side which is kind of an inconvenience.

On the way back through the SUB, the first blue button is on the left-hand side and the second one for the last two sets

Top 10 restaurants to try in the Wilkes-Barre area

By: Peyton Neishman
Opinion Writer

One thing college students cannot go without is food. We all need food to keep our bodies healthy, and to help us stay motivated during this stressful time of the semester. Here is a list of many different styles and well known restaurants around Wilkes-Barre, where you can go to relax or celebrate after a tough exam.

1. Ruth's Chris Steak House- Mohegan Sun at Pocono Downs

Ruth's Chris steak house is located inside the Mohegan Sun casino. It is known for its upper price cuts of beef steaks and high quality cuisine. This a chain restaurant that has several locations across the nation. Most people enjoy eating the grilled steaks and don't forgot about the baked potatoes. The setting is high class elegant setting. Most people go here to celebrate birthdays or special occasions. Talking to some students on campus, they enjoy the food and said the service is outstanding. If you are at the casino and want to get a bite to eat, I would advise you to check it out.

2. Le Manhattan Bistro

Le Manhattan Bistro is located on South Main Street. It is a French restaurant known for French cuisine and cocktails. An interesting fact about this restaurant that is located in an old bank, the interior is pretty awesome to look it. The owner, Chef Gwen was trained to cook right in France. The bistro is mixture of traditional French dishes, modern dishes from the City of Paris, and even a New York City cooking twist on some dishes. If you looking for quiet peaceful lunch or dinner of French classics, this is the place for you.

3. Cafe Toscana

Cafe Toscana is a Tuscan upper class Italian restaurant. It is located right in the downtown square of Wilkes-Barre. Italian restaurants are known for the homemade pastas, pizzas, tomato sauces, and tons of garlic. These recipes are passed down to each generation over the years. The have a wide variety of dishes and bottles of wines. This one of my favorite especially because I am of Italian descent. Everyone has to go try the cannolis.

4. Thai Thai

Thai Thai is a Thai restaurant located on

the Main Street in Wilkes-Barre. It is known for Thai culture dishes. There dishes are range in taste from mild, to hot spicy foods. The large portions and outstanding service. This makes this restaurant setting enjoyable. Thai Thai will not disappoint especially with their BYOB policy.

5. La Tolteca

La Tolteca is a Mexican style restaurant. It is located by the Wyoming Valley Mall on Mundy Street. They feature traditional Mexican dishes. The food is prepared fresh every day. They have a casual family oriented atmosphere in their inside, and outside dining area to relax while having one of their refreshing cocktails. The burritos and fajitas and fantastic. For all the people who enjoy spicy and hot food, this one is for you.

6. Mirakuya Japanese Restaurant

Mirakuya is a Japanese style restaurant. They are located by the Wyoming Valley Mall. Mirakuya is known for its hibachi and sushi dishes. The dishes include a choice of meat or seafood served with rice or noodles and huge portions of fresh grilled vegetables. The consumers enjoy sitting around the hibachi fire grill. They advertise several lunch and dinner specials. This a great place to celebrate someone's birthday. The birthday guest receives the special dessert the tempura dipped fried ice cream with a candle on top.

7. Rodano's

Rodano's is a bar and grill style restaurant located right on the square. They feature American and also Italian dishes and great appetizers. Their burger and fries are a big hit, alongside their variety of flatbread pizzas. I especially enjoy their David Blight flat bread pizza. They have outside patio eating area. They have tons of drink specials and cocktails for the over 21 crowd. They even accept Wilkes Flex Dollars.

8. Frank's Pizzeria


Frank's Pizzeria is an Italian based restaurant. They are known for their round and Sicilian style pizzas. The strombolis are giant. Their chicken francaise and marsala over pasta is a big hit. Each dinner is served with their homemade bread and fresh house salads. The stuffed pepper soup is out of this world. They serve American style dishes as well. They have a casual dining area, but also offer take-out and delivery service. If you have flex dollars left, I recommend you check this place out.

9. Oyster Restaurant

The Oyster restaurant is located on East Market Street in Wilkes-Barre. This is an upscale restaurant. They have an elegant and ornate dining room setting. Their top dinner dishes consist of prime cut meats and seafood. They do have a lunch buffet daily. If you like lobster and scallops as much as I do, then you have to go here for your lunch break.

10. Angelos

If you like pizza, then you have to go to Angelo's. It is located on Hazel Avenue in Wilkes-Barre. They are known for their cheese pizza pies with their variety of toppings. Talking to some students, they responded that the sweet sauce gives it a different, but great taste. This is what makes Angelo's unique and stand out from other pizza places.

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Have a favorite
restaurant you'd
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Beacon review?
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Colonels Talk Back

2016 Election: "Why are you voting for Donald Trump?"

Interviews by
Luke Modrovsky
luke.modrovsky@wilkes.edu

Photos by
Jesse Chalnack
jesse.chalnack@wilkes.edu

Americans will head to the voting booths on Nov. 8 to cast their ballot for President. Although every Presidential Election will generate some buzz, this particular one leaves some voters truly puzzled on how they will vote. In this week's Colonel Talk Back, we talked to committed voters about why they support their candidate.

The Beacon asked members of the Wilkes Community why they are voting for Donald Trump.
Want to be in the next Colonels Talk Back? Email luke.modrovsky@wilkes.edu

Election Coverage: Week Two of Three

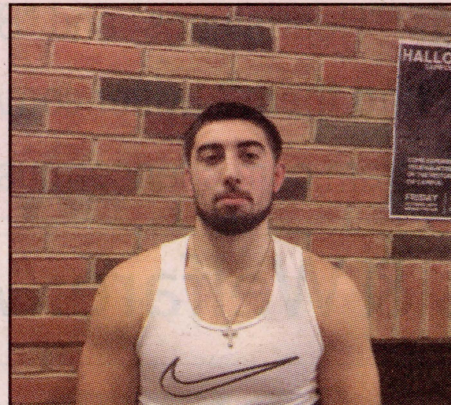
Tom Bordi
Sophomore
Communication Studies

"I support Trump because he can be very effective for this country. I like his foreign policy. Others he has are good to but that stands out to me. I see that Hillary wants to bring in a bunch of refugees and I don't feel safe with some of them coming in."



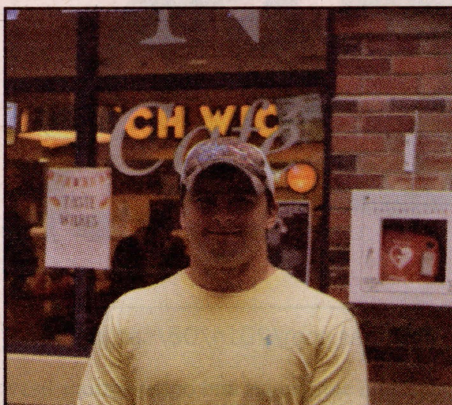
Brandon Latierno
Junior
Sports Management

"I feel strongly that Donald Trump will be a great President for the United States. I feel that he can be a very strong leader. Now with everything that's going on in the world, terrorist attacks and such, I feel our military is at one of our weakest points. If he's our next President of the United States, he will strengthen our military."



Ethan Longstein
Senior
Business Management

"He's a business man. We've also had many years of political correctness and long where's it gotten us. We have jobs leaving the country, immigration hoarding the country. Political correctness is just spewing out the ears and we need a re-upped cabinet."



Note: Although *The Beacon* found many other Donald Trump supporters on campus, all others declined to comment for this section. As always, please email luke.modrovsky@wilkes.edu if you wish to be apart of Colonel Talk Back.

This year's Colonel Talk Back will feature three weeks of election coverage.

Next week: We feature members of the Wilkes community with their thoughts of this year's election chaos.

Artist of the Week

Name: Spencer Sutherland

Bio: Spencer Sutherland is a male solo singer/songwriter, age 24. His incredible vocal range and tone creates his own unique combination of Pop meets R&B. He has opened for Emblem3, MKTO, Ariana Grande, Big Time Rush and was also a co-writer on Emblem3's EP "Forever Together". Spencer was also signed to Ford Modeling Agency in November of 2016.

Where is he from? Columbus Ohio

What type of music does he make? Pop and R&B

Popular songs: "Heartstrings" and "Bad Influence"

Where can you find them? twitter.com/spencermusic1
[instagram.com/spencermusic1](https://www.instagram.com/spencermusic1)

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want to write a guest
column?**

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Animal Rights & Welfare: "A Voice for the Voiceless"

By: Shannon O'Connor
Opinion Writer

Imagine not being able to speak for yourself. You would never be able to tell someone you love them, that you miss them, or that you're in pain. Your whole life, from what you eat, to where you sleep, to when you get to go outside all lies in the hands of someone else.

This is the harsh reality for animal world. They have no say in their well-being. They just hope that the person who holds their small and precious lives in their hands, is that of a caring soul.

With so many topics being discussed in the political world today, animal welfare and animal rights is often pushed under the rug and goes unnoticed. However, it is a very important subject matter because of the amount of responsibility we hold as humans in determining how they are treated.

Animal welfare refers to the well-being and treatment of the animal. This includes animals used for testing, consumption, clothing and for work and entertainment. Animal rights is what protects them from harsh and cruel treatment found in these areas.



Photo Credit: <https://hrexach.files.wordpress.com/2014/08/spc.jpg>

When it comes to ending animal cruelty and ensuring the welfare of the animals, more often than not, the government does nothing to stop it. According to a survey taken by Lynn A. Addington of American University and Mary Lou Randour of the Animal Welfare Institute, two-thirds of the states that receive animal cruelty data are only collected when an arrest has been made.

This leaves the door open for all those who do not get charged or their terrible crimes are never discovered, they are living their lives and committing the same sickening acts.

Certain companies and organizations have become involved in the fight of bringing justice to these animals. One such company is LUSH, a UK based cosmetic store that sales only handmade, 100% vegetarian products, none of which are tested on animals.


They have dedicated a portion of their website to educating the public on the importance of putting an end to the testing of products on animals. They state, "Our extremely strict policy against animal testing is unique, and we want our peers in the cosmetics industry to adopt the same stance."

Popular lobbying groups are also trying to do their part in helping the cause as well. The American Society for the Prevention of Cruelty to Animals, or the ASPCA are known for educating the public on topics that include puppy mills, dog fighting, and many more domestic issues.

Another organization that works on an international scale is the World Wildlife Fund, or WWF, they help to preserve those animals on the endanger species list as well as create a fun and interactive way of educating children and their parents on ways they can become involved.

In today's day and age, every single animal should feel loved and not have to live in fear for their lives. Simply being educated on the manner is not enough to end animal cruelty, however being involved and advocating for animal rights and welfare can really make a difference.

Look at your pet or any animal for that matter, and tell me you don't want the best for them. So what's stopping you helping end animal cruelty and advancing animal rights?

 [@wilkesbeacon](https://twitter.com/wilkesbeacon)
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Sports

Want your sport covered? Contact the sports editor: taylor.ryan@wilkes.edu or daniel.vanbrunt@wilkes.edu

Paskas siblings born to compete; now representing the Colonels

By Pankil Chander
Staff Writer

When you have a father who played college football and a mother who swam at the collegiate level, it almost seems as if there isn't much of choice other than to aim to compete at a high level.

MBA student Mike Paskas and senior Ally Paskas have upheld their family's tradition as they've become household names in the Wilkes Athletics community. Come graduation of spring 2017, Ally and Mike will have letters for four distinct athletic programs at Wilkes University.

Mike was a middle linebacker for the Colonels for the past four years and after a four year hiatus from the mat, the graduate student will be scrapping for Wilkes this winter in his first ever collegiate wrestling season.

An early childhood and education major, Ally has continued to play a vital role in the Colonels' volleyball and softball squads throughout her athletic campaign.

Whether it was playing cards at a young age in their home in Rutherford, NJ, or battling to lead their teams to a playoff bid in the MAC tournament, their innate competitive nature has led them to become standout student-athletes at Wilkes.

With the guidance of their parents, the New Jersey natives both started their athletic careers at a young age. Mike started wrestling and playing football at the age of 6. Same went for his sister, Ally as she started playing softball and soccer at 6 years old. Once she got to high school, Ally decided to venture into a new pursuit in volleyball.

Since their adolescent years, the siblings have leaned on each other to move through challenges and flourish as individuals.

"Mike and I would argue and try to beat each other in card games, tag, or goofing around outside with a kickball. In the house, we were always talking about sports or how practice went that night," said Ally.

When discussing their upbringing, the two Rutherford high school graduates credit their success to their parents, especially their father, Mike Sr.

"My father was always my coach in everything I did and I can not put into words

the wisdom I have gained from him. He passed down his knowledge of each game and all our success in athletics is a product of his teachings," stated Mike.

The proximity from Rutherford to Wilkes-Barre had a considerable amount of influence on the Paskas' decision to commit to Wilkes. Mike was in freshman year while Ally was a senior in high school on her college search.

Ally knew her college decision would be predicated off her ability to participate in both of the sports she committed her teen years to. Her choice became clear once she found out she would be able to compete for the Colonels in volleyball and softball.

Ally found solace in knowing she would have the opportunity to continue to nurture her relationship with her older brother.

"Having Mike at Wilkes with me made the transition so much better and easier. Meeting people was easier, learning the campus was easier, and having someone who went through their first year already so he knew what I should expect was great. It really shows how close of friends we are and that we have each others backs," said Ally.

Mike jokes he was a bit skeptical of his sister to join him at Wilkes University, yet now knows he would not trade it for the world.

"At first I was a little hesitant with the decision for her to attend Wilkes but I can honestly say I can't imagine going to school without her now," said Mike.

Mike has developed a stronger drive simply by witnessing the sheer tenacity Ally has displayed while balancing the schedule of being a dual sport student-athlete throughout her collegiate career.

"Ally really does not have an off season and her consistent success has taught me that if you put your head down, dedicate yourself to your craft and work hard, you will always find a way to excel. I have always wanted to set an example for her and give her someone to look up to; an older brother she can look at be proud of," stated Mike.

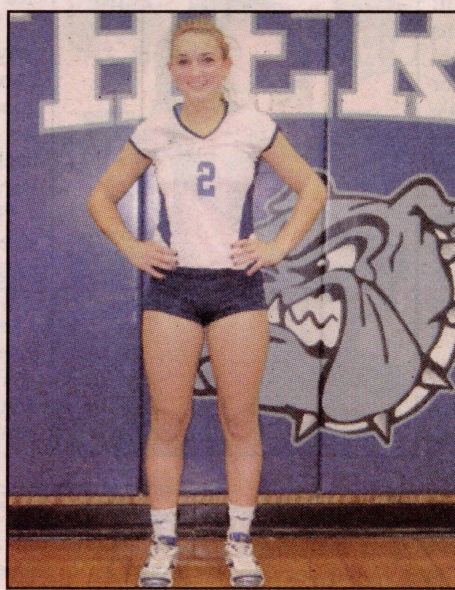
The two feed off each other in pursuit of excellence. They carried their tight knit relationship into their training, as they would

train at the same gym in the summer amid several other collegiate athletes in North Jersey.

The siblings continue to integrate the values their parents taught them at a young age to become models in the Wilkes University community. Although they are away from home, the Paskas family remains close as Mike and Ally get to enjoy their company and support from the stands during their respective athletic events.

"They are our biggest fans and off the top of my head, I can only count a handful of games they have not attended in both our times at school. That is truly amazing and something I cherish," said Mike.

As Ally follows her aspirations to become an educator and Mike starts his career at



Courtesy of Michael Paskas

Senior Ally Paskas, after a high school volleyball game at Rutherford High School.

PricewaterhouseCooper next year, the two take pride in the journey they are enjoying at Wilkes and will use their competitive edge to fulfill each other's potential.

"My favorite part about going to college together is getting to share all the memories we are making together and being there for each other when we need it. We have so much pride for each other. We want each other to be successful in whatever it is we do," said Ally Paskas.

Both Ally and Mike Paskas continue to work hard for their

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Mike Paskas as he represents Rutherford in high school.

Courtesy of Michael Paskas

Parfianowicz twins return to the pool for Wilkes swimming

By Luke Modrovsky
Asst. Sports Editor

For Dominic and Jacob Parfianowicz, choosing one sport to play was extremely difficult. Getting to eventually play both favorite sports was special.

The Parfianowicz twins had always participated in tennis and swimming for most of their lives. When it came time to look at collegiate athletics, they had a decision to make.

They were originally recruited to Wilkes University by tennis coach Chris Leicht, since Wilkes did not offer swimming just yet.

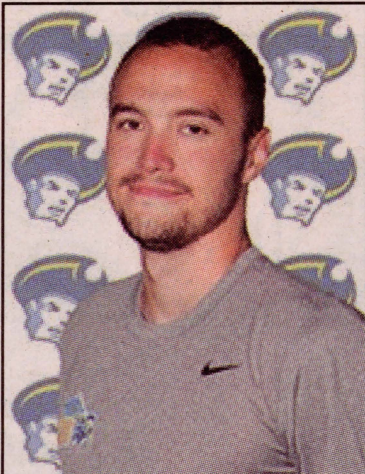
The duo began playing tennis after their fourth grade physical education teacher suggested the idea.

The addition of the swimming program in the 2014-15 academic year peaked the twins' interest, as swimming was their first love at seven years old. The pair would decide to give it a go and came out the the Wilkes

swimming program.

They dove into the pool and shattered a few records, but would decide to give it up and concentrate on the tennis side of things.

Jacob Parfianowicz



Now seniors, Dominic and Jacob decided to return to one of their roots at Wilkes, swimming for the Colonels.

"When they asked if they could come back, I was surprised in a good way. For starters, we were missing a key backstroke," said Coach Barnes.

"Boosting the [roster size] is a huge help to our program."

The roster now totals at 17 swimmers, topping last year's total of 12.

The return to the pool would not be easy as most people would think.

"Being in shape out of the water is completely different than being in shape in the water," Dominic said.

Both Dominic and Jacob hope to return to their peak swim shape as soon as possible.

Being seniors, they also hope to present

themselves as role models as well.

"We are looking to help the younger swimmers, especially getting them prepared for next year and beyond," Dominic said.

"We are looking to be great mentors and break some records while we are at it," Jacob said.

With regard to team records, they hope to make a name for themselves by the end of the season.

"We are hoping to get our names back on the (record) board," Jacob said.

Lastly, Coach Barnes hopes to have them contribute in a bigger way.

"We hope to have them help us build a winning streak," said Wilkes swimming head coach Mark Barnes.

The Colonels have strung together back-to-back wins this season. This past Saturday, the Parfianowicz twins were key in splashing past Stevenson University, a Middle

Atlantic Conference opponent, for their first conference win of the season.

Against Stevenson, Dominic scored a second place finish in the 50-meter freestyle

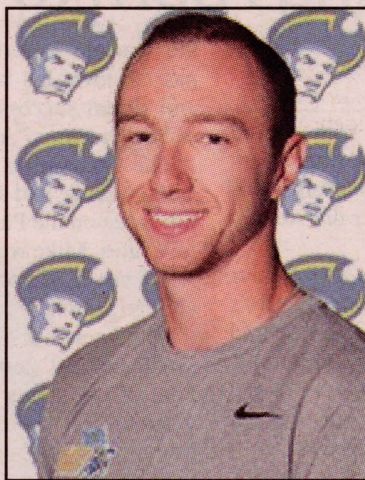
in his first action of the season. His time was 23.91.

Dominic would also take first in the 100-meter backstroke in 1:00.52, just tenths shy of breaking the record he set in 2014 as a sophomore. That record stands at 59.19.

Jacob, also put points on the board for the Colonels, securing a third place finish in the 50-meter freestyle with a time of 24.04.

The twins, along with the Colonel swimming team, return to action against Lebanon Valley College on Nov. 5 in a pivotal conference meet at the Catholic Youth Center in Wilkes-Barre, beginning at

Dominic Parfianowicz



Photos courtesy of GoWilkesU.com

1 p.m.



@wilkesbeacon

luke.modrovsky@wilkes.edu

Wilkes Intramurals

Indoor Soccer:

Standings: (as of 10/28)

Team	W	L	%
Warriors	1	0	1.00
Drunkies	1	0	1.00
Mean Machine	2	0	1.00
Team Domino's	1	0	1.00
Are Hands Allowed?	1	0	1.00
We Are Waller	1	1	.500
Huff'N'Puff	1	1	.500
South Franklin	0	0	.000
The Sea Bears	0	1	.000
Balls Deep	0	1	.000
Not In Shape	0	1	.000
The Boys	0	1	.000
We Suck	0	2	.000

This week's Indoor Soccer schedule:

Tuesday, Nov. 1

We Suck vs. Drunkies, 9 p.m.
The Boys vs. Not In Shape, 10 p.m.

Wednesday, Nov. 2

We Suck vs. The Sea Bears, 7 p.m.
Balls Deep vs. Not In Shape, 8 p.m.
Warriors vs. Are Hands Allowed?, 9 p.m.
Mean Machine vs. Team Domino's, 10 p.m.

Thursday, Nov. 3

The Boys vs. Are Hands Allowed?, 7 p.m.
Warriors vs. Mean Machine, 8 p.m.
Huff'N'Puff vs. We Are Waller, 9 p.m.
Drunkies vs. Team Domino's, 10 p.m.

Outdoor Flag Football:

Standings: (as of 10/28)

Team	W	L	%
Balor Club	3	0	1.00
Wentz Wagon	1	1	1.00
Drunkies	1	1	1.00
Tommy Tuff Nutz	0	1	1.00
OSU	0	2	1.00

Remaining regular season games:

Tuesday, Nov. 1

Balor Club vs. OSU, 7 p.m.
Drunkies vs. Tommy Tuff Nuts, 8 p.m.

Sunday, Nov. 6

Wentz Wagon vs. Drunkies, 6 p.m.
OSU vs. Tommy Tuff Nuts, 7 p.m.

Indoor Soccer games are played in the UCOM.

Outdoor Flag Football games are played at Schmidt Stadium.

Late season shut-outs lift women's soccer into the MAC playoffs

By Danny Van Brunt
Sports Co-Editor

After shutting-out Eastern, DeSales and then SUNY Cortland, the Wilkes women's soccer team has found a rhythm entering the playoffs. The team's record is now 6-10.

Senior goalkeeper Alyssa Young kept all three of the teams off the board, which led Wilkes to win each game 1-0.

"Shutting-out three teams in a row is a huge bonus for me as a goalkeeper. It not only gives me a boost of confidence, but also my teammates because they are the ones who help me out there. To have any shut-out in a game is priceless," said Young.

The confidence boost should carry over into their final conference game against Manhattanville on Oct. 29. A win would be important for their confidence going into their first playoff game, and also important because a win would rank them higher in the tournament.

Senior forward Caroline Connor scored the lone goal in their recent victory over DeSales. Last year, Wilkes lost the championship game to DeSales. As seniors, both Young and Connor are hoping to contend for MAC Championship title.



Senior goalkeeper Alyssa Young recorded five saves in the shut-out against SUNY Cortland. The Beacon/Purvit Patel

"Scoring the goal against DeSales was much more meaningful than any other goal in my opinion. They are the team that stole the MAC Championship from us last year, so being able to say we beat them this year is

truly rewarding," Connor said.

"At the end of the season, I'm looking forward to receiving the title of the MAC Championship. My team and I have worked so hard to where we have become, and being

a few games away from winning it would be a dream come true for me personally as well as my teammates," Young said.

The soccer team was at 3-10 before its three-game win streak. They faced being turned away from the playoffs, but players like Young wouldn't let it happen.

"Although we may not have the best record out there, we as a team are much more than that. Our team chemistry is positive and we work hard in training to try and achieve wins throughout our season. We may have our ups and downs throughout the season, but we accomplish anything because we are a family," said Young.

Connor is not only excited to play in a playoff game, but she is excited for the people who haven't played in the playoffs yet.

"I think everyone is extremely excited to get back to the playoffs and to finally win. I know that our first-year players are excited and they don't even know the feeling yet. These games are going to be so intense and I can't wait for it!" Connor said.

Consult www.Gowilkesu.edu to find where the Lady Colonels will play their semi-final playoff.



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Getting to know...

Jose Tabora

Freshman Football Player

By Purvit Patel
Sports Writer

Name: Jose Antonio Tabora Jr.

Year: Freshmen

Major: Undeclared

Hometown/High School:

Egg Harbor Township, NJ

St. Augustine Prep

Position: Quarterback

Q: What was the driving force for your decision to come to Wilkes?

A: Wilkes is where I felt most accepted and comfortable.

Q: What are your hopes for the upcoming season?

A: This upcoming season I look to improve my team and me.

Q: What are your hopes for your next season as a Colonel?

A: Next season my hopes are high, trying to be the best in the country.

Q: When/Why did you first begin playing [Sport you play]?

A: Next season my hopes are high, trying to be the best in the country.

Q: Do you have other sports/interest/hobbies off of the field?

A: I enjoy music, working out, and watching Netflix.

Q: Who would you say, is the most influential person in your life? Why?

A: Most influential person in my life is my father, he overcame a lot of adversity.

Q: A quote you live your life by?

A: "Take the road less trebles upon." - Robert Frost

Q: What does "Be Colonel" mean to you?

A: Be Colonel can mean whatever you want it to mean, in a good way.

Q: If you could have dinner with a famous person from the past, who would it be?

A: Jesus, So we wouldn't have to pay for the wine.

Q: Does the football team have anything they would like to inform the student body?

A: On behalf of the football team, we will get better.



The Beacon/Purvit Patel

Getting to know...

Kaitlin Sitch

Junior Cross-Country Runner

By Purvit Patel
Sports Writer

Name: Kaitlyn Sitch
Year: Junior
Major(s): Electrical Engineering
Hometown/High School:
Weatherly, PA and MMI Prep
Position: varsity runner

Q: What was the driving force for your decision to come to Wilkes?

A: I came to Wilkes due to the welcoming community, everyone made me feel so comfortable and I knew then that Wilkes was the right place for my second home. Coach Wadas made me feel as though I was already part of the team and definitely made my decision to come to Wilkes easier.

Q: What are your hopes for the upcoming season?

A: Although this season is almost coming to a close, the coaching staff and the team have been so encouraging. I hope that as a team we place better at MACs than last year and I am always looking to beat my personal record.

Q: What are your hopes for your next season as a Colonel?

A: Next season is going to be very bittersweet as it is my senior year running cross country. I hope that we can continue to stay a cohesive

group during the offseason and we can work on more team building activities to welcome the new members.

Q: When/Why did you first begin running cross country?

A: I started running cross country my senior year of high school. My sister convinced me to run because our team only had four girls and none of their scores would count unless one more girl joined. After a lot of persuasion, I joined and have loved it ever since.

Q: Do you have other sports/interest/hobbies off of the field?

A: I love all things Disney; my favorite movie is the Lion King and my family vacations to Disney World every year. I also enjoy binging on Netflix, when I can find time in my busy schedule and spending time with my friends. Every summer I enjoy lifeguarding at the lake in my hometown, which is nice way to stay in touch with old friends.

Q: Who is the most influential person in your life? Why?

A: Dr. Nazzal told me that he can see me going to graduate school and pursuing a Ph.D. I feel that if that conversation never happened, I would not be involved in many of the activities I am today.



The Beacon/Purvit Patel

The Beacon - November 1, 2016



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